

12TH EDITION A PRESTIGIOUS ART FAIR IN SOUTHEAST ASIA

Featuring 65 Galleries from 22 Countries



12-14 **OCTOBER 2018**

12 - 13 October 11.00am - 8.00pm 14 October 11.00am - 7.00pm

MATRADE Exhibition & Convention Centre (MECC)

Jalan Sultan Haji Ahmad Shah, 50480 Kuala Lumpur, Malaysia

Enquiries

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Art Talks

Schedule available in our official website

www.artexpomalaysia.com f (o) artexpomalaysia

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President, Malaysian Association
of Hotels (MAH)



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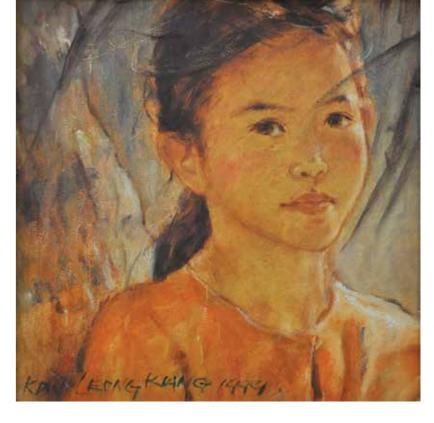
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ART FEATURES

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To celebrate 7 illustrious years of KLAS, we feature our 7 top-selling and legendary artists from Malaysia and Singapore.

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A renowned figurative artist, Kow draws his inspiration from the scenic landscapes of the Malaysian Peninsula's East Coast. Check out his works on page 78.

80 SENAYAKA SENANAYAKE

Sri Lankan-born artist, Senanayake depicts the plight of the Sri Lankan rainforests and has fuelled many of his beautiful works.

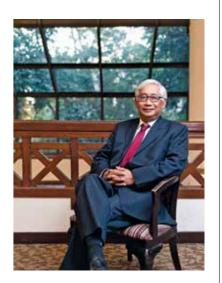
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KL Lifestyle Art Space (KLAS) saw another triumphant art auction where famed artworks were snagged up by lucky bidders.

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ON THE COVER

TAN SRI DATO' DR YAHYA BIN AWANG



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THE BEST SUV IN THE BUSINESS, NOW WITH THE BEST LIMITED-TIME, ZERO GST OFFERS!

3008

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PEUGEOT

MUST VISIT PUBLIC ART GALLERY



KL LIFESTYLE ART SPACE

KL Lifestyle Art Space (KLAS) is an art gallery that boasts modern and contemporary artworks from Malaysia and around the region. Through its gallery, KLAS intends to inculcate awareness about Malaysian artists and their works. This establishment will also provide the service of receiving consignments from artists or individual collectors, thereby making their artworks available to interested parties. Today, KLAS is one of the leading auction houses in Malaysia that sells high volumes of prized artworks during every auction.





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Now exclusively available for sale at KLAS @ Jalan Utara
RM 260

FOR ENQUIRIES CONTACT INFO@MEDIATE.COM.MY T: +603 2093 2668 | F: +603 2093 6688 FREE ADMISSION



FOR MORE INFO VISIT WWW.KL-LIFESTYLE.COM.MY

CALENDAR OCTOBER 2018



NATIONAL GEOGRAPHIC: SYMPHONY FOR OUR WORLD

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UPIN & IPIN WITH THE MPO

OCT 14 DEWAN FILHARMONIK PETRONAS

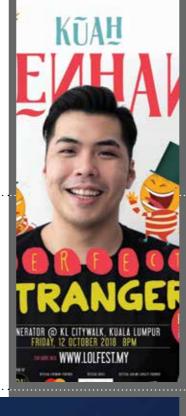
SUNDAY

01

MONDAY

KL TOWER INTERNATIONAL JUMP MALAYSIA 2018 OCT 1 TO 31 KUALA LUMPUR TOWER

SHORT L SWEET T STAND-UP COMEDY MALAYSIA



TUESDAY

05

THE MOSCOW CIRCUS MALAYSIA TOUR

OCT 5 TO 21 JURU AUTO CITY

FRIDAY



SATURDAY

10

WEDNESDAY

MACC: RESET
- REMEMBER THE 9th
OCT 9 & 10
STAGE 1, PERFORMING
ARTS CENTRE OF PENANG



THURSDAY

LOLFEST 2018: PERFECT STRANGER OCT 12 IENERATOR, KL CITY WALK

LOLFEST 2018: SHARUL CHANNA IS A POTTYMOUTH OCT 13

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THE SECTION OF CONTROLS OF THE PARTY OF THE



LOLFEST 2018: LAUGHATHON
OCT 20
JENERATOR, KL CITY WALK
RUSSIAN RHAPSODY
OCT 20 & 21
DEWAN FILHARMONIK PETRON



MEMORY OF AN ANGEL
OCT 26 & 27





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PINK MARTINI- ONE NIGHT ONLY OCT 22 DEWAN FILHARMONIK PETRONAS



FAMILY FUN PACKAGE AT SUNWAY CITY ONGOING TILL DEC 31 SUNWAY CITY

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- PUBLIC HOLIDAY

31 JALAN UTARA, 46200 PETALING JAYA, SELANGOR



FAMILY FUN PACKAGE AT SUNWAY CITY

Ongoing till Dec 31 Venue: Sunway City

Sunway Resort Hotel & Spa's Family Fun Package for two adults and two children offers an exciting prospect for an activity-filled break for the whole family. Located within the vibrant 800-acre Sunway City, the destination offers a collection of 1,433 guestrooms, suites and pool villas within the flagship Sunway Resort Hotel & Spa, Sunway Pyramid Hotel and Sunway Clio Hotel, in addition to a host of leisure pursuits and facilities that combine to make it a truly memorable family vacation. The Family Fun package offers guests a selection of two-day, one night stay up to six days and five nights with rates starting from RM688 for two adults and two children below the age of 12, inclusive of one complimentary rollaway or extra bed, complimentary welcome drinks, buffet breakfast and single entry pass for two adults and two children aged 12 and below to Sunway Lagoon theme park.

Website: www.sunwayhotels.com



KL TOWER INTERNATIONAL JUMP MALAYSIA 2018

Oct 1 to 31

Venue: Kuala Lumpur

Tower

Every year, more than 100 daredevils make repeated jumps from the tower and make three-second free falls before opening their chutes, leaving spectators breathless.



MACC: RESET-REMEMBER THE 9th

Oct 9 & 10

Venue: Stage 1, Performing Arts Centre of Penang (penangpac)

Ticket: RM60

Website: www.lolfest.my



NATIONAL GEOGRAPHIC: SYMPHONY FOR OUR WORLD

Oct 6 & 7 Venue: Dewan Filharmonik Petronas

From vast oceans, lush jungles and lofty mountain peaks, National Geographic presents 130 years of ground-breaking footage condensed into one incredible multimedia symphonic experience. In this unique fusion of science and artistry, stunning visuals merge seamlessly with the glorious sounds of 'live' orchestra and choir. This original symphony by Bleeding Fingers Music evokes nature in all its splendour, each movement a powerful homage to the wonders and beauty of Planet Forth

Tickets: RM113 to RM226



NATIONAL GEOGRAPHIC



MUST VISIT MUSEUM



LOLFEST 2018: PERFECT STRANGER

Oct 12 Venue: Jenerator, KL City Walk

A show that is close to his heart, Kuah Jenhan brings 'Perfect Strangers' back to Malaysia after touring the show in Australia. The Australian media referred comedy star Kuah Jenhan as "hirarious", in a bizarre brain snap of not-so-casual racism. A show born from an impulse trip to Uzbekistan; Jenhan's got a truly hirarious, wry and sophisticated discussion to share with you about race, privilege, switching your perspective, and some hot tips on Central Asia's currency black markets.

Ticket: RM60 Website: www.lolfest.my

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SASANA KIJANG GALLERY

BANK NEGARA MALAYSIA MUSEUM AND ART GALLERY

The Art Gallery provides a rotating display of the Central Bank of Malaysia's art collection. Selected paintings, prints, drawings and sculptures which chart the nation's milestones and highlight the Central Bank's support for the arts include works by early masters such as Hossein Enas and Yong Mun Sen, continuing up to the present day.





THE NAUTILUS ICON

One of the most striking features in Bank Negara Malaysia Museum and Art Gallery is the Nautilus Staircase that begins from the lobby and links every floor. This structure is the inspiration for the main graphic icon. The icon is actively applied and prevalent across all of Bank Negara Malaysia Museum and Art Gallery's communications material.

SASANA KIJANG, 2 JALAN DATO' ONN, 50480 KUALA LUMPUR EMAIL: INFOMUSEUM@BNM.GOV.MY FREE ADMISSION

OPEN DAILY FROM 10AM TO 6PM.

CONTACT: +603 9179 2784

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LOLFEST 2018: SHARUL CHANNA IS A POTTYMOUTH Oct 13

Venue: Jenerator, KL City Walk

Last year, Sharul Channa was a pottymouth. This year, Sharul Channa still is a pottymouth.

In LOL Fest 2018, Sharul Channa will take the stage with her brand new one-woman stand-up comedy showcase. Sharul will tackle topics like the psyche of the Asian man, the funny sides of life and death, some stories from her extensive travel, her Indian family, and of course, she will bring back everyone's favourite "Aunty Sunita".

Come join Sharul in her 2nd edition of this solo show as she recaps an eventful 2017 and shares her plans for 2018.

Ticket: RM60 Website: www.lolfest.my

RUSSIAN RHAPSODY Oct 20 & 21 Venue: Dewan Filharmonik

Petronas

Award-winning conductor Mark
Wigglesworth and renowned pianist
Stephen Hough return to Kuala Lumpur
with two quintessential Russian works.
Paganini's Violin Caprice No. 24 lends its
famous theme to Rachmaninoff's Rhapsody
on a Theme of Paganini, a lyrical and
virtuosic set of variations for piano and
orchestra. The programme concludes
with Shostakovich's monumental Eighth
Symphony, a work which reflects the
tenacity of the human spirit against the evils
of war and oppression.

Tickets: RM56 to RM141 Website: www.lolfest.my



UPIN & IPIN WITH THE MPO Oct 14

Venue: Dewan Filharmonik Petronas

Malaysia's favourite twins are back – and boy, are they excited to make their very first appearance at Dewan Filharmonik Petronas! With a bit of help from their friends in the MPO, the mischievous brothers are all set to travel from idyllic Kampung Durian Runtuh to the hustle and bustle of the big city. Bring along the whole family, meet Upin and Ipin, and be captivated by the screening of colourful animations with 'live' music by the MPO.

Tickets: RM47 to RM122



PINK MARTINI- ONE NIGHT ONLY Oct 22

Venue: Dewan Filharmonik Petronas

Dubbed as one of the world's most elegant 'live' bands, Pink Martini takes centre stage at DFP for an exclusive one-night-only performance. Known as the 'little orchestra' that crosses the genres of classical music, classic pop, Latin music and jazz, they will be in their element delivering multilingual songs from around the world and across the decades. Together with the sultry vocals of lead singer China Forbes, the concert promises to conjure a fantasy of ageless alamour, full of romance and charm.

Tickets: RM141 to RM358

MEMORY OF AN ANGEL

Oct 26 & 27 Venue: Dewan Filharmonik Petronas

Hailed by the Globe and Mail as "the Jascha Heifetz of our day", star Canadian violinist James Ehnes makes a highly anticipated return to Dewan Filharmonik Petronas to perform Alban Berg's Violin Concerto, a work dedicated "to the memory of an angel". Giuseppe Verdi's dramatic Overture to The Force of Destiny and Jean Sibelius' sunny Second Symphony frame this exciting evening with the MPO led by acclaimed British conductor, Mark Wigglesworth.

Tickets:RM56 to RM141



THE MOSCOW CIRCUS MALAYSIA TOUR

Oct 5 to 21 Venue: Juru Auto City

For over 100 years, Russian circus acts have thrilled audiences around the world with dazzling performances that amaze, amuse and inspire. And now, for the very first time in Malaysia, elite performers from Moscow's two most famous circus companies - Bolshoi and Nikulin - are joining forces to captivate Malaysians on a never-before-seen eight-month nationwide tour! Proudly animal-free, each performance will feature a twohour long world-class programme involving nearly 40 professional performers, and will take place under a 2,700-seater, fully air-conditioned circus Big Top, the largest circus tent in Malaysia. Let the show begin!

Tickets: RM50 to RM280

05-21

MUST VISIT PUBLIC ART GALLERY



ILHAM GALLERY KUALA LUMPUR

ILHAM is a public art gallery committed to supporting the development, understanding and enjoyment of Malaysian modern and contemporary art within a regional and global context.



LATIFF MOHIDIN: PAGO PAGO (1960-1969) VENUE: ILHAM GALLERY KUALA LUMPUR

ILHAM Gallery is presenting Latiff Mohidin: Pago Pago (1960-1969) exhibition which commenced on Aug 12, 2018 with a curatorial tour highlighting his key works by curator, Shabbir Hussain Mustafa. Only on its first day of opening, the exhibition had an extraordinary turnout and of art fans who all came to see Latiff's masterful creations.

Latiff Mohidin (b. 1941) is Malaysia's leading modernist painter and poet. This exhibition traces a formative period in the artist's practice in the 1960's as he journeyed across Europe and Southeast Asia. Latiff coined the phrase "Pago" to evoke the consciousness that emerged through these travels.

The exhibition is also organised in collaboration with the National Gallery Singapore and Centre Pompidou, Paris and will go on until Dec 30, 2018.

LEVELS 3 & 5, ILHAM TOWER, NO 8, JALAN BINJAI, 50450 KUALA LUMPUR

EMAIL: INFO@ILHAMGALLERY.COM FREE ADMISSION

OPENING HOURS
TUESDAY – SATURDAY (11AM – 7PM) SUNDAYS (11AM – 5PM)
CLOSED ON MONDAYS AND PUBLIC HOLIDAYS

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TOP

** ••••••••••••••••

OCTOBER





VENOM OCT 4

Venom is an upcoming American superhero film based on the Marvel Comics character of the same name, produced by Columbia Pictures in association with Marvel. Following a scandal, journalist Eddie Brock attempts to revive his career by investigating the Life Foundation, but comes into contact with an alien symbiote that bonds with Brock, giving him superpowers as long as they share the same body.

Genre: Action / Horror / Science Fiction Cast: Tom Hardy, Michelle Williams, Jenny Slate.

OCT 11

Based on the international bestselling autobiographic books "Papillon" and "Banco", Papillon follows the epic story of Henri "Papillon" Charrière (Charlie Hunnam), known for the butterfly tattoo on his chest. He is a safecracker from the Parisian underworld who is framed for murder and condemned to life in the notorious penal colony on Devil's Island. Determined to regain his freedom, Papillon forms an unlikely alliance with quirky convicted counterfeiter Louis Dega (Rami Malek), who in exchange for protection, agrees to finance Papillon's escape.

Genre: Crime / Drama Cast: Charlie Hunnam, Rami Malek, Roland Moller, Tommy Flanagan.



REELVIEW

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PRODUCTION

CHARLIE HUNNAM

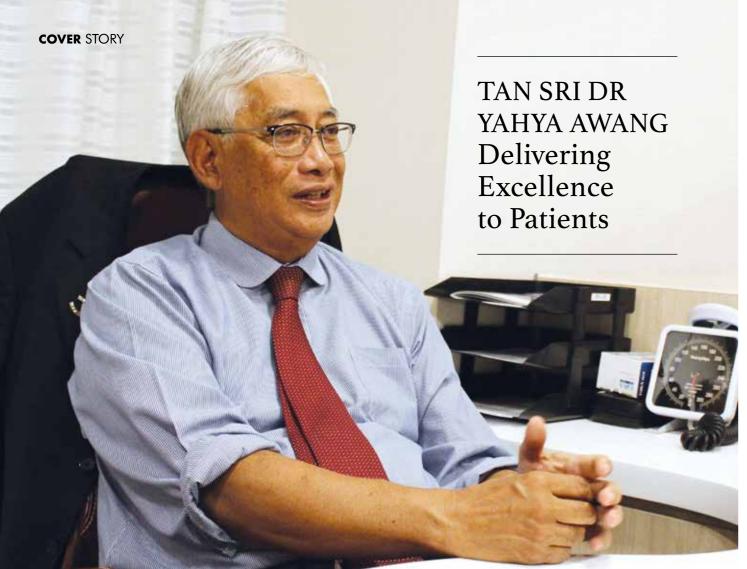
PAPALLON

RAMI MALEK

DIRECTOR SCENE TAKE



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Prioritizing staff wellbeing is also part of CVSKL's key elements as they represent the hospital in providing excellent service to patients and their family. In order to practice the patient safety culture, CVSKL actively involves the patients and their family members as true partners in care together with the staff, in line with the International Patient Safety Goals (IPSGs). To date, CVSKL has an outstanding track record of successfully conducting over 80 heart bypasses, more than 300 vascular procedures, treated thousands of patients and still counting. The aim of CVSKL is not only to be a private hospital but also to do its duty by the nation by helping government hospitals reduce their long waiting lists by offering them the facilities, expertise and strength.

COVER STORY

Pulse Point Pharmacy acts as a one-stop retail pharmacy to supply a wide range of pharmaceutical products including customised preparations for both inpatients and outpatients. Walk-in customers with external prescriptions can be served by the Pharmacy. What's more, a Satellite Pharmacy is available to prepare medication orders for the Emergency Department, Health Scan Malaysia and Executive Health Screening centre.

Tan Sri Yahya is an extraordinary innovator, and his leadership in all aspects of his career has been formidable. When asked what drives this passion even till now, Tan Sri Yahya opined, I'm a very passionate guy about my vocation, and every day I get up looking forward to what I do and what I have to do in ensuring we have the best heart treatment facilities in Malaysia.

He continues to be an inspiration and a role model for aspiring medical doctors and surgeons in the country.

hey call him the 'Man with Magic Hands', and at 68 he is quoted to have said "My hands are still steady. I think I can continue to operate for another 10 years."

Yes, he is the legendary and dapper Tan Sri Dato' Dr Yahya bin Awang - Malaysia's leading Consultant Cardiothoracic Surgeon, a man who is not only charming and witty but with a vision and passion. As a young cardiac surgeon in the 70's, he saw many patients with heart diseases requiring surgical intervention. Cardiac surgery was in its infancy then with inadequate facilities and medical personnel to cope with the number of patients requiring open-heart surgery. The fact that many patients were turned away as they could not survive the wait for treatment troubled the young surgeon tremendously and it was then that he promised himself that he would devote his life in pioneering the development of cardiac surgery in Malaysia.

Caring for the patients and ensuring they are within reach of the best heart treatment was his top priority. He spent more than three decades treating and performing surgeries on as many patients as possible with heart ailments. He performed more than 5,000 open-heart surgeries over the years. Realizing he could not do this alone, Tan Sri saw the need to train and educate more doctors and medical personnel and can proudly say that he has trained more than 50 Cardiac Surgeons to meet the needs of the nation.

Performing the first Heart Transplant in Malaysia in the nineties, establishing cardiac centers throughout Malaysia, pioneering the establishment of the National Heart Institute (IJN), the publishing of numerous scientific papers in the local and international journals put Tan Sri Yahya and Malaysia on the regional map and enhanced the confidence of the Malaysian public to have cardiac surgical procedures locally.

"Our country has one of the highest mortality rates for cardiovascular diseases in the world, and there is a great need for cardiac and vascular facilities. We have one of the lowest numbers of cardiologists in the world with only about six cardiologists per one million citizens. So the momentum to provide the best care and treatment must be relentless for the younger doctors and surgeons to follow. For a long time, it was my aspiration and dream to open a private heart hospital, and he was fortunate to meet the right investor and get the right people on board to agree to the idea to build a heart hospital at KL Sentral," he says.

His ambition finally became a reality when the Cardiac Vascular Sentral Kuala Lumpur (CVSKL), one of the first private cardiac and vascular care hospital in Malaysia made its public debut in November 2017. Initially set up to reduce the country's cardiac patient load, a walk into CVSKL will showcase the comprehensive cardiology services, encompassing

screening, diagnostic and therapeutic procedures for a wide array of cardiac conditions.

CVSKL cultivates patient safety at the apex of its clinical care by providing around the clock care of general facilities for patients with urgent to simple but pressing medical conditions. Led by a team of esteemed cardiac surgeons, the hospital features a host of important services for patients with disorders pertaining to coronaries, abnormal heart rhythms, heart failure and others using interventional cardiology services. Its emergency department have experienced medical officers and nurses trained in emergency and critical care that are also specialised to stabilise and resuscitate referred patients prior to emergent therapeutic procedures in the hospital.

Fully equipped with modern operating theatres, CVSKL is specially featured with a hybrid operation theatre to provide an advanced medical imaging technology

that enables simultaneous percutaneous and surgical intervention procedures in the same location. The hospital also has two catheterization labs to perform various procedures, including one that is equipped with the electrophysiology technology for the treatment of electrical heart disorders.

Upholding the safety and fulfilling the needs of patients are always at the forefront of its modus operandi. In ensuring optimal efficiency and seamless operational flow, the hospital is manned by a team of experienced anaesthetists, surgeons and nurses skilled in a wide range of surgical procedures. One of their first tasks, after the official launch, was to spearhead a safety culture by launching their very first Patient Safety Campaign. "Provide Safe Care, Free from Preventable Harm "will be the Mantra in their quest for Quality Improvement and Patient Safety Plan. Emphasis on the six International Patient Safety Goals will be the priorities to ensure SAFE delivery of

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Meet the Hearts behind the pulse of CVS Kuala Lumpur



Anaesthesiology



DATO' DR. SHARIFAH SURAYA SYED MOHD TAHIR

Consultant Anaesthetist

MD, M.MED (Anaesthesia), FFARCSI



DATO' DR. SHARIL AZLAN ARIFFIN

Consultant Anaesthetist

BMedSci (UK), BMBS (UK), FRCA (UK), FFICM (UK)

Cardiology —



DR. CHOO GIM HOOI

Consultant Cardiologist

MBBS (Mal), MRCP (UK), FNHAM (Mal), FASCC (Asean), FACC (USA), FSCAI (USA), FAPSIC (Asia – Pacific)



DATO' DR. DAVID CHEW SOON PING

Consultant Cardiologist

MBBS, FRCP, FNHAM, FAsCC

DATUK DR. KIM TAN

Consultant Cardiologist

MBBS (Lond) (Honours), MRCP (UK), FRCP (Lond), MD (Lond), FACC (USA), FNHAM, AM



DR. LAWRENCE CHAN HON WAH

Consultant Cardiologist

MBBS (Hons 1)(UNSW), MRCP (UK), FNHAM



DATUK DR. RAZALI OMAR

Consultant Electrophysiologist & Cardiologist

MD, M.MED, FNHAM, FACC, FHRS



DATUK DR. ROSLI MOHD ALI

Consultant Cardiologist

MD, MRCP, AM, FNHAM, FASCC



DR. SUREN THURAISINGHAM

Consultant Cardiologist

MBBS (Lond), FRCP (Lond), FACC (USA), AM, FNHAM



DATO' DR. TAMIL SELVAN MUTHUSAMY

Consultant Cardiologist

MBBS (Mal), MRCP (UK), CCST Cardiology (UK)

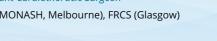
Cardiothoracic Surgery



TAN SRI DATO' DR. YAHYA BIN AWANG

Consultant Cardiothoracic Surgeon







DR. JOHN CHAN KOK MENG

Consultant Cardiothoracic Surgeon

BMedSci (Hons), BMBS (Nottingham, U.K.), MSc (London), PhD (London) FRCS (Edinburgh), FRCS (England), FRCS CTh (U.K.)

Gastroenterology -



DR. AIZAN HASSANUDDIN

Consultant Gastroenterologist & Physician

MBBS (Malaya), MRCP (UK), M.MED (Int Medicine) (UKM), Fellow in Gastroenterology (Seoul), AM (Mal)



DATO' DR. GANESANANTHAN SHANMUGANATHAN

Consultant Gastroenterologist & Physician

MD(UKM), MRCP(UK), FRCP(Glasg.) FRCP (Lon.), FRCP(Edin.), FASGE, FAMM, Fellowship in Gastroenterology (MOH, Adelaide, Melbourne, Sendai)



DR. GAN ING EARN

Consultant Gastroenterologist & Physician

MBBS, MRCP (UK), FRCP (Glasgow), CMIA, Fellowship in Endoscopy (Kyushu, Japan), Fellowship in Gastroenterology (Mal & Melbourne, Australia)



DR. NGIU CHAI SOON

Consultant Gastroenterologist & Physician

MD. (UKM), MRCP (UK), M.MED Int Med (UKM), FRCP Edin





DR. JEYABALAN VELAYUTHAM

Consultant Nephrologist & Physician

MD, M.MED (UKM), MRCP (UK), AM (Mal)



Radiology —



DR. MARIAM ISMAIL

Consultant Radiologist

MBBS, M.MED (Radiology), AM (Mal)



Vascular and Endovascular Surgery -



DR. LEONG YEW PUNG

Vascular and Endovascular Surgeon MBBS (Monash), FRCS (Ed), FRCS (Eng)



DR. TAN KONG HEAN

Vascular and Endovascular Surgeon

MB BCh, BAO (Belfast), FRCS (Ire), FRCS Vasc



FEATURES FEATURES









What's

for FUN

When Learning and Playing Collide

BY HIRANMAYII AWLI MOHANAN

What's For Fun is a result of a stayat-home mum ever since having her first born. Two boys later, they have been having tonnes of fun playing, learning and exploring at home with easy-to-set-up, taste safe and child-led activities. It comprises homemade, taste-safe playdough for children. It's tested, tasted and proven to be the best playdough yet. Join in on the learning and playing at the organised playgroups where sensory play is explored.

ENLIGHTEN US ABOUT WHAT'S FOR FUN.

"Children learn as they play. More importantly in play children learn how to learn" - O. Fred Donaldson I decided to be a stay-at-home mum ever since having my firstborn. Two boys

ever since having my firstborn. Two boys later, we have been having tonnes of fun playing, learning and exploring at home with easy-to-set-up, taste-safe and childled activities. I have been making my own sensory materials, particularly homemade taste safe playdough for my two boys. They have been tested (and tasted!) and proven to be the best playdough yet. Try it for yourself, or better yet, come and join me and my friends at our playgroups where we will have a go at more sensory play materials (and my playdough too!)

WHAT IS SENSORY PLAY AND WHAT DOES IT ENTAIL?

Sensory play basically involves activities that use pretty much all of the kid's senses, hence its name. It is visually inviting and most of the time it involves the sense of sound. For example, the rice bin, a very simple and stimulation sensory play involves uncooked rice in a shallow tub and you can throw in empty bottles, cans and ladles. All the children do is scoop and dump repeatedly for a good 10 minutes, while learning the different sounds made when rice falls into a plastic container or can. It's fun for the children as well as the parents. They always look forward to the sensory play segment.

Sometimes, I would add scents in the sensory bin toe of smell. It's basically learning through play. Depending on how old the child is, I would hide some alphabets in there for them to mix and match, so it utilises their left and right brain at the same time. That's basically

a gist of sensory play. In one of the play groups that I conducted, the book for the day was entitled, 'We're on a bear hunt' which was amazing for sensory play because it started off with kids going through muddy ground, cold river and the forest. So what I did was literally went through all of the adventures in the book involving lots of sensory in simply one play.

HOW DO YOU DEVISE THE PLAY FOR THE DAY?

Most of the time, I devise the sensory play according to the theme or book for the day. It's not difficult when I have a theme to follow. Sensory play is so wide that I can literally incorporate anything so it's much easier to go by the book for some structure.

HOW DO YOU PICK THE BOOKS FOR THE PLAY GROUPS?

The books I pick are random, however, the age group for the play group is two to five years, so it shouldn't be so lengthy and it shouldn't be boring for a 5-year-old as well. The books picked are usually picture books as they are kids' favourites. Big pictures with vibrant colours get them entertained and to sit and listen for a good five minutes. For example, recently, in conjunction with Malaysia Day, we had a play group named the Jalur Gemilang play group. The book chosen was 'The Wild Tree House of Borneo' written by a local storyteller. As the author hails from Sabah, I used it as an opportunity to introduce to them, children of the Kadazandusun tribe. The play group also involved the kids making the Malaysian flag playdough using long strips and matching them onto the Malaysian flag play mat.







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FEATURES FEATURES

5 Crazy Rich Asians Set Locations in Malaysia

Authentic, Posh and well...Asian

BY JACQUELINE BENITA PAUL

Initially, the Crazy Rich Asians production team had intended to shoot the entire movie in Thailand. However, a producer from a production company based in Petaling Jaya, Biscuit Films, convinced them that Malaysia is the better choice as it shares more similarities with Singapore in terms of food, locations and people.

After watching the movie, the producer of Biscuit Films certainly deserves our gratitude for featuring the best of what Malaysia has to offer. Each location gives the audience a taste of Malaysian culture and unearths some of the most luxurious places we've ever seen.

Warning: Spoilers head



THE NEW YORK RESTAURANT SCENE Location: BLVD House, Naza Tower at Platinum Park, Kuala Lumpur.

The beginning scene of the movie shows Nick Young (Henry Golding) and Rachel Chu (Constance Wu) discussing plans on spending their summer in Singapore to attend the wedding of Nick's close friend, Collin (Chris Pang). Ironically, BLVD House already has a reputation for serving crazy rich Malaysians from Tan Sri's to famous celebrities way before its involvement in Crazy Rich Asians. So, be sure to make reservations at BLVD House if you'd like to experience the scene for yourself.

ARAMINTA BACHELORETTE PARTY SCENE

Location: Four Seasons Resort, Langkawi, Kedah

The Fours Seasons Resort is certainly an apt choice to paint the picture of a luxurious Asian getaway. The hotel sits idyllically at the Andaman Sea tucked between a lush rainforest and sandy beach. The movie features the hotel's opulent facilities with Malay-style pavilions and villas. Time to place your bookings, to enjoy fun-filled activities and scenic views at this posh retreat.



Known as the Blue Mansion, the building is one of the most famous heritage buildings in Penang. The Blue Mansion offers various luxurious facilities with authentic and posh Chinese-themed fixtures and furniture. Following its participation in Crazy Rich Asians, you can experience the Blue Mansion and the iconic scene for yourself with the One Night at the Mansion experience which includes lavish welcome gifts, Nyonya afternoon tea, mahjong session (just like in the movie), cocktails, private guzheng performance, fine dining dinner and champagne breakfast for up to 36 guests with the starting price of RM 50,000.

INTRODUCING ASTRID TEO SCENE Location: Astor bar, St Regis, Kuala Lumpur

We meet the illustrious Astrid Teo, as she makes her entrance into Astor bar which has been completely transformed into an opulent jewelry store. The bar already had most of what the scene needed from the custom-made gold wine cellar fridges (which were converted into the jewelry display cases) and old-meets-new world elegance with golden fixtures and rich interior details to make you feel like royalty as soon as you enter. While you're there, be sure to try the new house cocktail in conjunction with its participation in Crazy Rich Asians. The Astrid is made with Jose Cuervo silver tequila, pomegranate juice, lemon bitter and elderflower foam.



8 Things to Do Before 9am Start the Day Right BY HIRANMAYII AWLI MOHANAN

some" I mked

"No," she said, "in every other was he's past wonder

and effort to see if Eric can learn to become a sympathotic in

Is it Possible to Become a Sympathetic Lastener?

I told Carol that I was going to be teaching a class in two weeks Avesome Power of the Labening Ear." I suggested that she and I tend as a first step in dealing with this issue.

Here are some of the practical ideas I shared in that class Ti designed to help you become a sympathetic listener

1. Maintain eve contact when you are lestening to y your mind from wandering and communicates that the person la full attention. Refrain from rolling your eyes in dogset. closing) when they give you a low blow, looking over their head, or stating a shoes while they are talking

2. Don't capage in other activities while you ordevidual. Remember, quality time is giving someone not subm affection. If you are watching, reading, or doing senictions the asian not give them your aftention immediately, tell the person the net positive approach might be "Tknow you are fiving to talk to me union very interested. Intil I want to give you my full attention I carried to right now, but if you will give our ten monates to found the Π stars and intento you." Most people will respect on havegord.

3. Listen for feelings. Ask yourself: "What are this person control

I thank my God every time

revenued to defend

Describe your perfect morning. For me, it's breakfast in bed on a tray with a nice book in hand. It may be a dream but not far from reality. Yes, some of us face exasperating commute and have to get all our ducks in a row before getting to work and in those instances, it's important to keep your mind and body on track. Following is a list of a few things you can incorporate into your morning routine to start the day on a positive note.

1. Get up as soon as your alarm goes off We are all guilty of hitting the snooze button just to slumber for 10 more minutes. However, that's not the right way to start the day. Try waking up as soon as the alarm goes off and you will realise the difference in energy levels and mood. According to research by neuroscientists, say hitting snooze repeatedly causes a cardiovascular assault on the body and nervous system.

2. Workout

The best time to workout is in the morning, to aid in boosting your metabolism, subsequently making it easier to digest food and conserve energy throughout the day. In addition, working out earlier during the day helps send signals to your brain to switch off in the evenings too. Not to mention, working out in the morning before work sets the tone for the day and kick-starts the day on a productive frame

> 3. Catch up with the néws

Another treat to waking up on time is being able to stay on top of current affairs and news. While it makes for a good conversation starter, it gives you a deeper understanding and perspective of the world.

With Mr Google on our constant back and call, information is literally at our fingertips. Get a news bulletin to your inbox or a flash briefing from multiple sources. This will give you a rundown of the worldly happenings.

4. Feed your mind

It's so important to feed your mind, especially in the morning when your mind is at its freshest. It's beneficial to feed your mind with knowledge, be it during the commute to work or when you're getting ready. Since everything is online these days, enrol yourself in a course or download an app to learn languages or interesting facts.

5. Speak to a friend

When you lead a busy life, staying in touch with your friends and family can take a back burner. Balance is everything. One of the activities to take on in the morning include sending texts or making phone calls to your family or best friends. Don't underestimate the power of a phone call because it can put that extra bounce to your step.

6. Write in a journal

Christina Baldwin once said that journaling is a voyage to the interior and let's be honest, it's a great outlet. There's something about waking up in the morning and writing about your emotions and thoughts that frees you of any stress or burden and evidently, it's a great way to start the day.

7. Try a digital detox

While a health detox is very common, a digital detox is hardly practised because we are so reliant on technology. Rather than performing a feat like embarking on a digital detox for the entire day, try going an entire morning without any tech once or twice a week.

8. Go outside

Before you start your day, make a cup of tea or coffee and try to spend a few minutes immersing in the sun at your balcony or front yard and take in your surroundings. Go for a quick walk, sit in the garden, take ten minutes of air and get yourself ready for the day.



Showroom Location

Klang Valley • Glenmarie (03 5566 3685) - Puchong (03 8076 1788) - Bangsar (03 2282 5630) - Sungai Besi (03 9222 2126)

Penang • Butterworth (04 332 2001/7001) Johor • Plentong (07 351 6778/353 7000) - Skudai (07 595 3112) Melaka • Malim Jaya (06 335 6845)

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DS OWNERSHIP EXCLUSIVES:







Cassidy La Creme

Talent beyond borders

BY SITI WAJIHAH KHOLIL

Born into a family of entertainers in Melbourne, Australia with a legendary stunt coordinator in the Australian and international stunt Industry for a father, a bass player for a brother and cousins who are entertainers, Cassidy La Creme is not very behind in making her own mark in the entertainment world. With a strong performing arts background of being a professional dancer and singer since her teens, having viralled videos with overwhelming viewership and a ravishing beauty to boot, she is indeed a talented force to be reckoned with as she is flourishing in a foreign country, Malaysia. Thus, making her entry into Malaysia's music scene extraordinarily fascinating and a unique one.

YOU'RE KNOWN FOR SINGING MALAY SONGS AND MALAYSIANS LOVE IT. WHAT WAS YOUR FIRST MALAY SONG YOU WERE EXPOSED TO? IS THERE A REASON WHY YOU PURSUE TO SING IN MALAY?

I feel so blessed to have stumbled into such a unique path. At first, it was not a conscious decision to try and tackle the market. At the time of the release of my first Malay song cover, 'Ombak Rindu', in 2012, I was living in Singapore and was working at the Universal Studios there as Marilyn Monroe (2009-2012). At the time, I didn't speak any Malay and had just been introduced to the film Ombak Rindu by friends, who also dared me to make a cover of the theme song. The rest is kind of history. Shortly after that, I moved back to Melbourne for fouryears and making Malay covers became like a hobby for me. I released a cover song every three to six months and eventually, I became so fortunate to have numerous viralled videos and a number of offers from record deals that the hobby soon shifted into a passion and a new career path.

YOUR SINGLE, "SEPERTI DIA". TELL US THE STORY BEHIND THE SONG.

'Seperti Dia' is a power ballad about a heartbreak. Something I have experienced a lot in my life. This song is a great opportunity for me to channel those emotions. It was very therapeutic. The lyricist is Hael Husaini and the song was produced by Ezra Kong and Mike Chan. It's about a woman (the singer) who is in love with her partner and adores him, but he's in love with his ex and expects her to be like the ex instead of seeing and loving her for who she is. It's a powerful song that requires a lot of energy and vocal technique, so it's a good personal challenge to perform it. But I am very proud of the result.

HAVING SUNG MANY MALAYSIAN SONGS, WHAT IS YOUR ALL-TIME FAVOURITE?

Without hesitation, 'Sudah Ku Tahu' by Projector Band. There is something about that song that drew me in the second I heard it. I felt overcome with the desire to learn it and challenge myself to sing it. I sang it for the first time at a Malaysian festival in Sydney and the response was overwhelming. So I decided to produce a cover version for YouTube which has become one of my calling cards. I spent three weeks making the head piece for the video. I always laugh thinking about the shoot as the 13 candles atop of my head melted very rapidly and fused to my scalp and hair during the shoot. It took four hours of re-melting with a hairdryer to get it off of my head. Overall, I will always have a super special place in my heart for this song. The song itself is just magic and it is an honour every time I get to sing it.

WHO IS YOUR FAVOURITE MALAYSIAN SINGER AND WHY?

This is always such a hard question because Malaysia has so many talented artists across such diverse genres. In the more Malay music genre, I would say Datuk Seri Siti Nurhaliza and Amy Search. In the more urban music scene, I am a huge fan of Mimi Fly and Yuna, as well as Hip Hop artistes such as Malique, Alif (Sleeg), Joe Flizzow, etc.



MAKAN-MAKAN WITH THE STARS MAKAN-MAKAN WITH THE STARS

Datin Harveen Kaur

A gorgeous beauty queen is spearheading the Mrs Malaysia World 2018 pageant as the Pageant's Country and National Director and she is also the reigning queen of Mrs Malaysia World 2017. She is Datin Harveen Kaur.

BY HIRANMAYII AWLI MOHANAN

Tell us about yourself.

Born and bred in Ipoh, Perak, I am 39 years of age and happily married with three gorgeous children comprising a pair of identical twin boys aged (14) and a daughter

I graduated with a degree in nursing and did my post basic, specialising in operation theatre at the University of Curtin, Australia.

As a professional operating room nurse, my job requires me to be competent in assisting surgeons during operations and keep the operating room sterile at all times. Hence, possessing phenomenal efficiency and attention to detail with a strong knowledge of operation procedures and patient safety are key to my job. At the same time, being compassionate and sensitive is a prerequisite for the profession as well as being a critical thinker, and fast to act in emergencies.

During my free time, I dabble in parttime modelling as a mode of de-stressing. Currently, I am the reigning queen of Mrs Malaysia World when I won the said title in 2017. I have also been appointed by Mrs World Inc. to be the Country and National Director for Mrs Malaysia World 2018.

What inspired you to partake in the Mrs Malaysia World Championship in 2017?

I made the decision to take part in this pageant because I believe in what it stands for and I wanted to use this platform to become the voice to motivate others.

Roti Canai

Alas when I first joined in 2016, I didn't take home the crown but that didn't stop me from achieving my dream as I believe, if you really want it, nothing is impossible, which led me to rejoin the pageant in 2017 and the rest is history.

I believe everything I am, every obstacle I have faced, and everything I have achieved, has led to this point. Being Mrs Malaysia World 2017 has allowed me to reach out to more married women than I was able to before. I want to motivate women to rise to the challenge of building a better and brighter future as Malaysians.

How did it feel winning the title?

I felt truly blessed and happy that I won the title. I truly believe destiny has something planned for everyone! I haven't ever experienced so much love and affection.

What is the aim behind Mrs Malaysia

Mrs Malaysia World was established in early 2018 with the purpose of imparting to each and every participant on the importance of giving back to society. Our mission is to empower these women to become role models to their peers, family and community. This is because we do not want to produce models but to produce role models.

I believe that pageants, if done ethically and responsibly, can help promote values of good self-esteem and self-confidence. Not

only that, they can also help to emphasise excellence, achievement and personal growth and more importantly, it promotes female

In short, Mrs Malaysia World is more than a beauty pageant ... it is a platform for women who are passionate spokespersons and advocates for a cause.

What does it take to be Mrs World Malaysia?

Mrs World Malaysia must not be one who has just style, grace, beauty and intelligence but equally important if not more, she must be sensitive towards the community or society, that is, we want someone who has a compassionate heart.

What are the aspects that contestants are judged on?

Confidence, authenticity and contestants must also be able to articulate their ambitions as a title holder. Their aspirations and experience in giving back to the community will also be showcased and evaluated by our esteemed

You are now spearheading the pageant as the Pageant's Country and National Director. What this role entail?

As the Pageant's Country and National Director, I oversee the national pageant for Malaysia. I am responsible for holding a national-level pageant and mentoring/



Sambal Tempoyak

managing the pageant, initiating events of

my own and responsible for helping the contestants to prepare for the national-level pageant. Once the winner is chosen, it is also my responsibility to assist her to prepare for the international level pageant.

This role requires me to inspire others to reach their own goals and dreams, and lead others on their path to achieve them.

Enlighten us on the inception of Mrs World Pageant.

Mrs World was created over 30 years ago and draws contestants from over 50 countries, celebrating married women and family values with both alamour and respect. It started as an event that recognised the contribution of a women to the community and country, and it now showcases the modern married women who have imbibed style, grace, beauty and intelligence. All the participants from around the world are living testimony to the continuously evolving empowered women who strive and achieve unprecedented balance in their multifaceted lives, contributing significantly both to the family and society as a whole.

While beauty pageants are very glamourous, what are some of the challenges faced.

Among the challenges faced are the followina:

- Not being able to understand that beauty is skin-deep and is not everything. Equally important is intelligence and one's aspirations to help one's community or society.
- Some contestants are also being duped into 'buying' their titles.
- -Lack of exposure and grooming by organiser after winning the title thus you have to juggle yourself on the preparations for the international-level pageant.

What do you do to wind down after a long

Switch off all my social media, go for a slow and guiet walk in a bird park, then look for a bench to write down my thoughts for the day in my lil' note book and then end up in a foot reflexology spa for a light feet massage.

Favourite local dishes you can't live without

I absolutely love roti canai, sambal belacan and tempoyak... oh yes, I am a true-blue Malaysian!

What is your message or advice to aspiring beauty queens out there?

Define your goals, have a "blueprint" for success and muster the determination to see your goals through. Above all, believe in yourself, follow your heart and believe me, you will get there!



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A Medley of Anak Baba's Highlights

Anak Baba

KEDAI MAKAN UNTUK SEMUA

BY HIRANMAYII AWLI MOHANAN

t was a rainy evening when we arrived at Anak Baba. Situated in Jalan Sultan Abdul Samad, this eatery emanates retro and quaint aesthetics, from its signboard to the vintage bicycle parked at its entrance, as well as its interior. Almost immediately, one is transported to a time before the Internet, when life was simple.

Anak Baba is essentially an extension of Baba Low's in Lorong Kurau, offering authentic Peranakan cuisine in a cosy ambience. Victor Low, founder of Baba Low's and now Anak Baba is carrying forth his father's legacy of being the purveyor of Baba Nyonya cuisine in a contemporary setting.

The interior of Anak Baba is clean and effortless while preserving the heritage of the building it calls home. It was

renovated in a way that allowed the natural lights stream in, boosting its bounteous and airy space. This establishment lives by the tagline 'Kedai Makan Untuk Semua' (Eatery for All)and strives to be a community restaurant for people from all walks of life to enjoy simple, good food.

What we love about Anak Baba (besides its fare) is how it truly embodies the tagline by making its price point affordable for all economic classes. In addition, its straight forward menu boasts some familiar dishes from Baba Low's while also introducing ones that scream the Peranakan culture.

MEE GORENG SEJUK

Albeit named mee goreng sejuk, it does not come cold. Don't be fooled by its humble appearance because it packs a punch. We envision ourselves eating this dish on a rainy day while watching time fly by. This comfort food is made of yellow noodles fried with Anak Baba's signature hot and spicy sambal and finally garnished with fried egg. We recommend squeezing lime for that extra kick.

NYONYA LAKSA

Patrons who frequent Baba Low's already know that this dish is their signature and a classic Melakan choice. This bowl of goodness comprises a choice of noodles that is submerged in lip-smacking spicy gravy that emits a hint of coconut milk with chopped cucumber, bean sprouts, generous helpings of shrimp, cockles, fish balls and egg. Absolutely yummy.

AYAM SEKBAK

Avam Sekbak is the latest addition to Anak Baba's alorious menu and it is an interesting dish that's packed with piquancy. Leaning towards more of Chinese flavours, this dish owes it savouriness to the amalgamation of dark soya sauce, onions, cinnamon and aromatic galangal. Order a bowl of steamed rice and it's the perfect

IKAN GERANG ASAM

From the seafood section, we tried the Ikan Gerang Asam. It was our first time trying this dish and boy, we fell in love with it. It was fascinating how this simple dish exuded such robust, spicy flavours. We couldn't stop ourselves from diving in and leaving a spotless bowl.

UDANG MASAK NANAS

Let us start off by saying that the Udang Masak Nanas comes with bountiful big prawns as well as pineapple. To those sceptics who think pineapple and prawns don't go together, Anak Baba is happy to prove you wrong. It is the fusion of sweetness from the 'nanas' and the spicy gravy that makes this dish what it is.

Having tried Anak Baba's cendol, we can officially say that it's one of the best in town and we're drooling as we reminisce about it. The gula Melaka took centre stage in this dessert along with homemade dark green pandan cendol and fresh coconut milk that got our taste buds dancing.



DELIRIUM CAFFEINATORS

A worldly café

Menara Manulife, 6, Jalan Beringin, Bukit Damansara, 50490 Kuala Lumpur

BY SITI WAJIHAH KHOLIL

'Delirium' sure has a unique ring to it. Apparently, the name behind this eatery was thoroughly thought out. The word itself means somewhat crazy or out of control; in this case, referring to the cuisine. Alun Evans is the mastermind behind the café who also established Antipodean Coffee, the leading Kiwi-themed café chain in Southeast Asia with outlets in Indonesia, Malaysian and the Philippines.

What is it about Delirium Caffeinators that captivates patrons? For one, it's the unique range of food. Though it's a café-style concept, the menu is comprises of items that are a mixture of various delicacies inspired from around the world. The food has a sophistication that is incredibly distinct as well as friendly to the palate. Every dish you order is an adventure.

A dish that is engraved in my mind is the orzo risotto with mushroom and cheese. Despite being in the pasta category, it's very light and easy to eat. Taste-wise, very pure of the ingredients it's made with. You can taste the freshness of the mushroom and cheese. The orzo pasta is very well coated with all the flavours and is very well coaled with all the flavours and is very gentle in texture. Personally, I thoroughly enjoyed the dish and finished it all.

Another go-to dish at Delirium is definitely the salmon pizza. Perfectly-cooked crust topped with a generous amount of mozzarella, capers, tomato, coriander and sour cream, it was heaven in my mouth. What more with

the salmon, it added more depth to the flavour. Again, you can immediately tell how fresh the ingredients are just after one bite. One thing I've got to say is how well the mozzarella and salmon taste when combined together. So rich in taste and texture, a slice or two of the pizza isn't

Me being a meat eater, I couldn't pass up the chance to taste their lamb burger. I was amazed with the flavours as it had a Mediterranean taste to it. The lamb patty on its own was immensely savoury. The bun had a little crisp on the outside but then softened as I chewed away. Speaking of bread, their panini selections are also hot sellers. From their Reuben on rye with corned beef, melted cheese, sauerkraut and Russian mayo to as simple as sun-dried tomato and cheese, they're all simply scrumptious. Especially popular during lunch time, their panini is a must try.

One item in their menu that unexpectedly surprised me was the taco belle - hard shelled tacos filled with cheese, tomato and meats, and seasoned to perfection. The taco shells are crunchy. When eaten together with its fillings, it's a burst of flavours. Truly, Delirium is a global café because even when producing a foreign dish such as this Mexican-inspired dish, they sure do it right.

Of course, you can't go to a café without trying its coffees. At Delirium, you are spoilt



These are the symphony of delicious dishes that won us over at Delirium

DINING IDEAS

for choice with a variety of selections. From the usual café latte, cappuccino and mocha to the underrated cohete, ristretto and espresso cubano, coffee lovers will surely appreciate the beverages. Not to mention, the tea selections include a variety of the usual and other flavours such as Moroccan mint, rooibos orange and morgentau. If you prefer iced drinks, you can also enjoy their New Zealand iced sodas, fresh juices and

When it comes to the interior, the concept is actually going for the moods of two parts of the world which are New Zealand and the Mediterranean. There is a sense of warmth and summery feel to the atmosphere. Even their plates are bright and vibrant in colours, which fit well with the overall concept of the café as well as the freshness and healthiness of the food presented.



DINING IDEAS

DINING IDEAS





Hong Kong Bei Fong Tong-Style Crab

Hong Kong Fried Glutinous Rice with Chinese Sausage

Pang's Kitchen

Purveyor of Shun De Cuisine

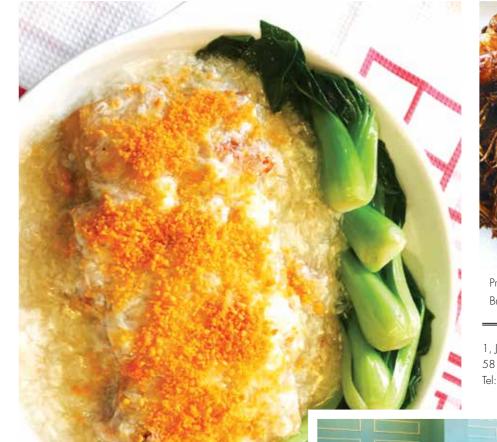
BY HIRANMAYII AWLI MOHANAN

uala Lumpur, the vibrant capital of Malaysia has everything around its corners, especially when it comes to food. What I personally love about KL is the sea of flavours one can experience, be it the local cuisine or international ones. You just think of any cuisine, google it and there is a list of restaurants on the screen of your smartphone that serve the delicacies.

It was one rainy afternoon when we had a hankering for authentic Honky cuisine and it was then when we came across Pang's Kitchen in Taman Desa, off Old Klang Road. Having a foothold in the F&B industry for three years now, this establishment offers patrons a Michelinstar star dining experience in a serene ambience.

Pang's Kitchen flagship store in Happy Valley, Hong Kong was originally founded by Chef Pang, hence its namesake and it's noteworthy that this restaurant was awarded the recognition of One Michelin Star six years ago. The inception of its Malaysian counterpart began with a trip to Hong Kong by a group of partners who was introduced to Chef Pang himself and they were immensely fascinated by the simple yet delectable dishes at the flagship store and well, the rest is history.

Pang's Kitchen in Taman Desa is humble in its façade and interior. Patrons are greeted with a glass of cascading waterfall as they enter this eatery and are





Premium Soy Sauce Pan-Fried Prawn Braised Crab Meat Beancurd with Vege

1, Jalan 2/109E, Taman Desa Busines Park, 58100 Kuala Lumpur Tel: 012-631 7971

given a teaser of the highlights at this exclusive restaurant by the images of dishes adorning the restaurant's walls. One is spoilt for choice at this restaurant as more than 150 types of dishes are available on the menu, ranging from premium dishes, such as goose palm and bei fong tong crab to simple stirfried items, such as fried rice and Hong Kong-style fried beef ho fun.

Intentionally set in a neighbourhood locale, Pang's Kitchen aims to introduce the surrounding community to the Shun De Cantonese cuisine. Shun De is a province in Guangzhou and offers piquancy and dishes unique to this region. Health buffs will nod in appreciation that the food prepared here is without MSG, and contains less oil and salt.

While featuring the best Shun De has to offer, the piquancy of dishes here is tweaked to cater to the Malaysian palate. You know you have chosen the right place to dine at when the chefs manning the kitchen are sent to the flagship store in Hong Kong to train under headchefs in the art of Shun De cooking.

In line with providing patrons a One Michelin star experience, quality is an integral part of Pang's Kitchen. Hence, the man behind the namesake himself along with the head chefs from Hong Kong occasionally drop by to dot the T's and cross the I's. In addition, most of the dishes are made from scratch and with meticulous skill. Pang's Kitchen will be opened its Macau outlet in September 2018, making it a unique chain of restaurants with only one outlet in each country thus far.

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DINING IDEAS



Fahrnheit 600's bountiful and delectable offerings

FAHRENHEIT 600

Food Fresh Out of The Oven

BY JACQUELINE BENITA PAUL

ecently, we paid a visit to Fahrenheit 600 after having noticed that the place was packed during the weekday lunch hours. As we entered, we were welcomed by the chefs who were preparing the pizza and calzones. The ambience was elegant and youthful with the exposed bricks, metal chairs, wooden floor and tables. We walked all the way to the back of the room to discover a true marvel for coffee lovers, a coffee bar. This space was designed with the intention to connect coffee lovers with their favourite beverage through a holistic tasting experience from conversations to palate.

We decided to take our seat outside to enjoy the Publika people-watching scenery while we ordered our dishes. There is plenty to explore with the Fahrenheit 600 menu from All Day Breakfasts, Oven Signature Pizzas, Artisan Pasta, Salads, Calzones, Darling Oven Specials, Toasts, Sandwiches, Finger Food, Tacos and Burgers. So, do bring your appetite or a crowd to do justice to your experience here. Our course began with the Greek Hummus with Hot Pita from the Finger Food section. For four people, the portion was just right to get our appetite going. The hummus was creamy and rich which was perfectly complimented with the aromatic pita bread made from the oven like most of the food here.

The hummus was the perfect built-up for the next dish we tried, Fire Cracker.

Another great sharing dish, we tingled our taste buds with the tinge of spice from the hot and spicy chicken with sriracha sauce enveloped in colourful greens and fresh pita bread. The spiciness was almost playful as it lingered in my mouth for some time. This led to our decision to dig into the salad dish presented to us, the Buddha Bowl.

Before that, we took a sip of the house mocktail concoction, Hawaii de coco. As the name implies, the drink features the use of tropical fruits such as pineapple, orange and coconut with a zesty twist of lemon to provide a refreshing and delicious balance to the mix. With refreshed palates, we now dug into the Buddha bowl, the salad dish that tasted as impeccable as it looked.

In my general dining experience, I've never ordered a salad but I would come back to taste the delicious roasted pumpkin with edamame and ferociously consume the smooth beetroot hummus with the quinoa and vegetables topped with tangy tahini dressing. The chef nailed the contrasting colours and textures of each element in the dish to complement one another.

As a coffee lover, you could imagine my excitement to try out the Coffee Tasting Platter which came with a single shot expresso and a 5 oz flat white. The owner of Fahrenheit 600, Mary, shared that this was to provide her customers with a comprehensive coffee

drinking experience. The platter also comes with a short note of the origins and tasting profile of the beans. The coffee beans for the tasting platter are changed every week so that customers can enjoy a new brew weekly. During our visit, we savoured the taste of the Ethopia Guji Peaberry Purple by Cloud Catcher Roastery. Due to the unique nature of the Ethopian Heirloom varietal and natural processing, the prominent flavour of mango and strawberry graced our palate with an undertone flavor of lychee and passionfruit. The contrasting flavours worked together harmously to create the smooth espresso that we fell in love with in both added milk and pure espresso form.

For non-coffee drinkers, the Single Origin Hot Chocolate is worth ordering. You can even enjoy a little bit of both with the Valhorna Ice Expresso Shaken which is my regular order when I am in the Publika area. We ended our meal with the most popular dish, Kawaii Nemo. Unlike conventional pizza, the Kawaii Nemo features the use of Bechamel sauce and garlic butter as the base. It's then complimented with the creaminess of gouda and mozzarella to envelop the fresh flavours from the smoked salmon and prawns to bring delight to our taste buds. Topped with Bonnito flakes to add an extra layer of depth to the flavours that brought life to the pizza.

A4-G2-05, 1, Jalan Dutamas, Solaris Dutamas, 50480 Kuala Lumpur Tel: 03-6206 3417

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Big Bad Bountiful BULGES

BITE INTO THE BEST, FORGET THE REST

BY JACQUELINE BENITA PAUL



OHANA BURGER

myBurgerLab (halal)

Missing the holiday feeling? Well, bite into the Ohana burger and be transported to a tropical holiday by the beach with its perfectly arilled grass-fed beef patty on a bed of shiitaki & enoki mushrooms, topped with pineapple for a tangy twist and get a sneaky hint of spice with the ol' spicy red sauce. Dig in to take your palate to a Hawaii vacation.

myBurgerLab Seapark branch 14, Jalan 21/22, SeaPark, 46300 Petaling Jaya, Selangor 010-369 5275

RA-FT BURGER

Ra-ft Café and Bistro (non-halal)

Tucked within Arcoris Plaza, Mont Kiara, this café is a hidden gem which serves freshly roasted coffee and delectable Italian cuisine. The Ra-ft burger features a juicy mixture of pork and beef stuffed with mozzarella and mushrooms. Though only a few ingredients are involved in the process but everything is handmade here which certainly makes a difference in creating complex yet delicious flavours. Come here for the coffee, stay for the food.

Lot G16 & G17, Ground Level,

Arcoris Plaza, 10 Jalan Kiara, 50480, Mont Kiara, Kuala Lumpur

(+60) 3 6412 2127

SEOUL

Killer Gourmet Burger (halal)

Satisfy your gourmet burger cravings at Killer Gourmet Burger (KGB). The burger joint offers an extensive menu rom grilled, crust-seared, grilled and fried patties. Change your usual burger order with a taste of Korea, which features parmesan-crusted chicken, caramelised kimchi, sunny side egg and kimchi mayo. 107, Jalan Aminuddin Baki,

Taman Tun Dr Ismail, 60000 Kuala Lumpur 03-7733 2284

TRIPLE BEEF BACONIZER Burger Bakar Kaw Kaw (halal)

From homemade bread to homemade patties, the pioneers of Monster Burgers, the team at Burger Bakar Kaw Kaw has brought on a new monstrously delicious Turkey Burger for your pleasure. You can choose your meats between beef, chicken and lamb to enjoy your burger, just the way you like it. Beef lovers can sink their teeth into the Triple Beef Baconizer, with three homemade patties layered on top of one another and slathered

with cheese and beef bacon. This is the ultimate delight for burger fans. Jalan 4a/27a, Wangsa Maju,

53300 Kuala Lumpur 017-325 0244

APRICOT LAMB BURGER

HALE (halal)

Made with homemade whole meal bun, apricot chutney, cheddar, tomato, lettuce, hale sauce and salad pot, this is not only a tantalising burger but it's healthy too! All the food prepared at HALE is made without any use of MSG and chemicals. In fact, everything is cooked only by baking, poaching or boiling. This helps keep the burger patties juicy and delicious.

Lot 1-20, First Floor, Menara Hap Seng, Jalan P. Ramlee, Kuala Lumpur 03-2785 0595



LISTINGS OF CITROEN **SHOWROOMS** & SERVICE CENTRE

NAZA EURO MOTORS HQ (GLENMARIE)

NEM Glenmarie Showroom(1S) No 15, Jalan Pelukis U1/46 Seksyen U1, Glenmarie 40150 Shah Alam Selangor www.citroen.com.my

Sales: 03-5566 3685

NAZA EURO MOTORS (PUCHONG)

Lot No. 18, 19 & 20GF, IOI BUSINESS PARK, Persiaran Puchong Jaya Selatan, Bandar Puchong Jaya, 47170 Puchong, Selangor

Sales: 03-8076 1788

SING HUAT PREMIUM SDN BHD

No. 11, Jalan Satu, Off Jalan Chan Sow Lin, Sungai Besi, Wilayah Persekutuan, 55200 Kuala Lumpur Sales: +60 3-9222 9126

CITROEN SERVICE CENTRE

NAZA EURO MOTORS SDN BHD (PUCHONG 2S)

No: 10, Jln Serindit 3, Bandar Puchong Jaya, 47170, Puchong, Selangor After sales - 03-5891 1310

STREET FOOD HUNT STREET FOOD HUNT

Taman Megah

The land of mighty meals

BY JACQUELINE BENITA PAUL

Once homed the infamous food court, Ming Tien, Taman Megah maintains its foodie haven reputation with various popular food joints in the area. Though you would find mostly Chinese cuisine in the area, there are several gastronomic gems featuring Malay dishes and a touch of Western that we came across during our visit to the area. Here are some of the food joints we visited.



Dim sum @ Key Hiong

Do you sometimes find that there just isn't enough filling in your char siew pau? Well, that isn't the case here. Key Hiong is well raved about by foodies for its generous char siew pau filling and dim sum varieties, especially on weekends. The restaurant has been around since the 1980's which provided ample time for them to perfect the delicate art of making dim sum. However, it can get pretty crowded downstairs. We suggest heading upstairs to the air-conditioned seating area, where the staff will still make their rounds and reach your table with amazing dim sum selections.

21, Jalan SS 24/8, 47301 Petaling Jaya, Selangor 03-7804 6912



Steamed Crab @Restoran Fatty Crab

Though it seems simple, there are a lot of technicalities involved when cooking crab. Restoran Fatty Crab promises to serve consistently well-cooked and fresh crabs for its customers to enjoy. If that sounds good to you, be sure you get here ahead of the intended time to eat as the restaurant's reputation attracts has earned time guite a gueue on a daily basis. While waiting for your crab to arrive, you can try out the juicy satay or fried chicken wings.

2, Jalan SS 24/13, Taman Megah, Petaling Jaya, Selangor 03-7804 5758



House Special Veggie Burger @ Lohas Vegetarian Bistro

Taman Megah is not a carnivore-exclusive foodie haven. Vegatarians can enjoy various vegan dishes such as chicken rice, Chinese noodles, fried rice, nasi lemak and more. The restaurant also sells various ingredients for their customers to prepare delicious and wholesome vegetarian meals in the comfort of their own homes.

No. 84, Jalan SS 24/2, Taman Megah, 47301 Petaling Jaya, Selangor 03-7886 1727



Sweet and Sour Crab @ Pangkor Village Seafood

Enjoying the taste of fresh crab is one thing but to have a perfectly balanced sweet-and-sour sauce to complement the freshness of the crab is another level that was achieved by Pangkor Village Seafood. Once you're done with the crab, you can dip your mini buns in the sauce and indulge in the rich sweet and sour flavours. Don't be shy and ask for more buns if you'd like.

59, Jalan SS 24/8, Taman Megah, 47301 Petaling Jaya, Selangor 03-7803 6577





Nasi Lemak with Fried Chicken and Herbs @ Bayu Timor

Nestled in the epicentre of Taman Megah, the family-own edrestaurant serves up an extensive menu featuring Malay favourites. The customers seem to be in love with the Rojak and Nasi Lemak. Most diners would linger a little longer after their main meal to savour the feeling of being in a relaxing ambience with hints of nostalgia all around. Be sure to get over there to enjoy a well-brewed cup of tea with local cakes to delight the senses.

13 & 15, Jalan SS 24/8, Taman Megah, 47301 Petaling Jaya, Selangor 03-7804 2960

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Cendol

Malaysia's Favourite Dessert

BY JACQUELINE BENITA PAUL

THERE'S SO MUCH TO LOVE ABOUT CENDOL. IT HAS ICE, COCONUT MILK,
PALM SUGAR SYRUP AND FUN, WORM-LIKE GREEN RICE FLOUR JELLY TO MUNCH ON.
WITH MALAYSIA'S TROPICAL WEATHER, IT'S NO WONDER CENDOL IS ONE OF THE MOST SOUGHT-AFTER
DESSERTS. LUCKILY, IT'S PRETTY EASY TO GET A BOWL OF CENDOL AROUND THE KLANG VALLEY
BUT HERE ARE A FEW SPOTS YOU COULD TRY OUT FOR YOUR FIX.



MEL'S CORNER, BATU CAVES

The latest craze on Cendol is adding on the King of Fruits, durian, to provide a creamy twist to the sweet dessert. It's one of those combinations that you could either love or hate. The durian used is a local durian tembaga known for its slight bitter and sweet taste. While you're there, be sure to pick up a durian shake made from 100% durian flesh, gula Melaka and ice cream which is then topped with chocolate candies.

Jalan TIB 3, Taman Industri Bolton, Kg. Gombak Indah, Batu Caves 019-617 4272

PANDAN CENDOL, BATU CAVES

Staying true to the classic flavours of Cendol, Pandan Cendol is highly favoured by patrons for its rich coconut milk and sticky Gula Melaka that makes the Cendol so delicious. You can choose to enjoy your Cendol in a cup or bowl, either way, you won't be missing out on the fun of mixing everything together and get exciting flavours in each bite. By the way, Pandan Cendol does catering, so if you'd like to share the delighful taste of cendol with your friends and colleague, give them a call.

1030, Jalan Samudera Utama, Batu Caves, 68100 Batu Caves, Selangor 011-3256 4403





KANIPPAN'S CENDOL, ABC & ROJAK

Known to be the first Cendol and Rojak stall in Bukit Tinggi, Kannipan's Cendol offers its own twist to the classic Malaysian favourite. The Cendol here is set apart from the rest by simply adding a touch of salt to the coconut milk. This provides a layer of savoury flavour to keep you from feeling overwhelmed with the sweetness of the dish.

Jalan Batu Nilam 2, Bandar Bukit Tinggi 1, 41200 Klang

ANAK BABA

Making its debut in Brickfields, Anak Baba offers an enticing menu featuring Nyonya favourites. The restaurant offers a nostalgic ambience from childhood treats to even the dining ware. The Cendol, made with real pandan juice, is the perfect cold delight to enjoy at any time. If intuitive service, amazing food, reasonable prices and a taste of Peranakan home-cooked meal are what you're after, then this is the right place to be.

159, Jalan Sultan Abdul Samad Brickfields, Kuala Lumpur 03-2276 2815





LIMA PULO: BABA CAN COOK

One of the most popular Nyonya restaurants in KL, known for it's delicious menu, tiny yet charming interior and now the Cendol. The recipes have been passed down from one generation to another, which explains why the food tastes amazing, as it has been perfected throughout. Plus, with Uncle John in the kitchen, you know you are in good hands.

26 Jalan Doraisamy, 50300 Kuala Lumpur 03-2698-3268

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Knowhere Bangsar

Home to Lip-Smacking Cocktails and Scrumptious Fare

BY HIRANMAYII AVVLI MOHANAN





appiness takes many forms; for us, it's utterly irresistible food accompanied by love-at-first-sip cocktails in hand at Knowhere Bangsar.

Smack in the prime locale of Bangsar, this establishment vows to be your new go-to spot with its webbed sky of fairy lights drawing you in from the main road to a cosmic fantasy wonderland - stay for the cocktails, we promise the gravity in each glass will keep you grounded.

Don't let the unassuming façade of this restaurant and bar fool you because as soon as you step in, you're transported to a realm where fairy lights mimic the starry night sky and stunning wall murals within key holes which give its viewers a peek to various places in time hand-painted by local artists, muralists and graffiti guru. Knowhere Bangsar's main feature, its bar, is swanky, sexy, stylish and bedecked with a curated range of spirits.

At Knowhere Bangsar, there's something for everyone. Their drink menu features an extensive array of spirits that comprise renowned whisky, rum and gin, as well as wines from Australia, New Zealand and France. There is a selection of draft and bottled beers, lip-smacking cocktails, mocktails and even juices for the health buffer.





Kudos to the creative genius behind

this drink because it is, till today, vividly

etched to my memory. Naturally served in a whiskey glass, a spherical ice ball is enveloped by whisky stirred with a dash

of caramel popcorn syrup and combined with grapefruit bitters, then smoked with

wood chips adding a hint of sweet and

smokiness to the drink. The presentation is

half the charm, wowing us with a bell jar

SCRUMPTIOUS FARE

Seafood Platter

We visited Knowhere Bangsar in a group of three so we can testify that the Seafood Platter is the perfect starter for a group of friends. The magnificent platter is abundant with seafood, featuring Tiger prawns in a garlic tomato salsa, Mediterranean grilled calamari with a side sambal belacan salsa, sambal mussels and baby shrimp. It was absolutely fingerlicking good, we found it our duty to leave the platter spotless.

Smoked Plume and Plum

The Smoked Plume and Plum was my colleague, Shamila's favourite. The house-smoked duck was juicy and tender and fell apart by slight teasing of the knife. What captivated us were the bursts of flavours experienced from the homemade plum and peach salsa, mango sauce and

onion marmalade that complemented the duck perfectly, like PB&J. The duck was prepared so beautifully that it is scrumptious to eat it on its own.

50, Jalan Maarof, Bangsar,

Facebook: knowherebangsar

Instagram: knowherebangsar

59100 Kuala Lumpur.

The mystical realm of Knowhere Bangsar

Duck Confit and Al-Funghi Pizza

One can never go wrong by ordering the ultimate comfort food, pizza. We custom-ordered our pizza to be half and half, one half Duck Confit and the other, Al-Funghi pizza. The duck took centre stage that evening as the Duck Confit pizza was also a winner in our books. That said, the Al-Funghi pizza which comprised creamy wild mushrooms was also exquisite and we can honestly say that we have had dreams about it. Overall, Knowhere Bangsar lives up to its hashtags of #knowherebetter and makes it mark #outofknowhere.

TIME TO SHINE

Sequinned Stunners





PETER PILOTTO

Striped metallic silk-blend chiffon maxi skirt RM7,818

JOSEPH

Rupert silk-satin shirt RM1,605

FENDI

Logo-print velvet slides RM2,416

HALPERN

Backless sequined tulle top RM4,285

RE/DONE

+ Levi's distressed high-rise slim-leg jeans RM1,431

GUCCI

Haines braided metallic leather slingback sandals RM3,557

RACIL

Gilda sequined tulle midi dress RM5,295

GIANVITO ROSSI

Portofino 85 suede sandals RM2,374

HUNTING SEASON

Tula velvet shoulder bag RM1,985

CLUB MONACO

Maddox Slim-Fit Houndstooth Slub Linen Shorts RM439.14

INCOTEX

Slim-Fit Cotton Polo Shirt RM680.71

COMMON PROJECTS

WEAR IT WITH

Original Achilles Leather Sneakers RM1,361.55



Loopback Supima Cotton-Jersey Drawstring Shorts RM505.08

SHORTY SHORTS

Feel light and easy as you walk out the door with these simple, yet classy, looks

ACNE STUDIOS

Tent Denim Jacket RM1,405.62

CONVERSE

1970's Chuck Taylor All Star Canvas Sneakers RM351.34



TOD'S

Pleated Stretch-Cotton Twill Shorts RM1,163.75

TOD'S

Camp-Collar Striped Silk-Twill Shirt RM1,229.79

RIVIERAS

Cotton-Mesh and Canvas Espadrilles RM241.52

WEAR IT WITH



BALENCIAGA

Printed textured-leather camera bag RM5,253





SARAH & SEBASTIAN

Lunette 14-karat gold diamond bracelet RM1,804



AMOUAGE

Love Tuberose 100ml EDP RM1,360.00



4cm Black and Brown Reversible Full-Grain Leather Belt RM2,217



TIMEX Navi Harbor Stainless Steel and Nylon-Webbing Watch RM633



GUCCI

Engraved Sterling Silver Cuff RM2,086.22

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Just like clothes, owning the perfect pair of shoes does wonders for a woman's confidence and it might even allow her to run the world. While these spanky, sporty and stylish sports shoes are primarily used for running, the light-as-feather shoes should be considered as part of your OOTD.



RM4.219

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BEACH BRONZE

Arsenals for a Tanned Look

BY HIRANMAYII AWLI MOHANAN

Bronzer, also known as a girl's best friend gives you that sun-kissed look without having to step foot on the beach. We took it upon ourselves to list down the best bronzers a lady needs.



HOURGLASS AMBIENT LIGHTING BRONZER RM226

This bronzer fuses the illuminating effects of Photoluminescent Technology with bronze pigments to deliver a natural, sun-kissed glow while exhibiting depth and dimension. This sheer, airy formula sweeps on softly for a healthy-looking, radiant finish to the skin and to achieve subtle contouring. It can be used alone or paired with Ambient® Lighting Powder for unprecedented control to create depth and dimension.

BENEFIT COSMETICS **HOOLA BRONZER** RM75

Hoola Bronzer is a matte bronzer that creates a soft glow or tan without leaving behind shimmer or shine. Sweep Hoola bronzer over your chin, cheeks and forehead to create a warm tan. Or use the natural-bristle cheek brush to contour, chisel and define

A bronzer with either a creamy sunkissed finish or darker for contouring. Get a sunkissed glow or sculpted look with a bronzer from RMS Beauty. Buriti Bronzer creates the appearance of glowing, healthy skin with a creamy formula that works on all skin tones and doubles as a luminiser on darker skin tones. Contour Bronzer adds definition to your complexion with a warm, radiant bronze hue perfect for contouring.

illuminating bronzer combines Sunlit

Bronzer with the beloved Shimmering

Skin Perfector® Pressed Highlighter for a naturally radiant, sun-kissed glow.

COVER FX

BRONZER

RM136

HEALTH & BEAUTY



fter completing her first fellowship training in the aesthetic field, Dr Ginny Ooi started her own clinic in Alor Setar in 2009.

With an amazing track record in the last ten years and qualification to boot, she was appointed as the trainer of MAC (Malaysian Aesthetic Certification) programme, training aspiring aesthetic doctors. Due to the constant need of her expertise and services in Selangor, she was inspired to open an aesthetic clinic there on Nov 24, 2017. Thus, the commencement of Dr Ginny Clinic.

After six months since the clinic's inception, the response from the public has been extraordinary. People come from all walks of life, men and women, seeking professional help with regard to their worries relating to their physique.

One of the reasons why Dr Ginny Clinic is highly entrusted is not just due to its vast experience, but also the fact that each individual is tailored a package with specific treatments that are suitable for the individual, as each person's condition varies. The clinic believes in evidence-based treatments which give fantastic results and is on a mission to restore one's youth with a vision to be the aesthetic centre of excellence. Most importantly, the clinic guarantees one's safety through FDA-approved protocol and state-of-the-art equipment.

Living in Malaysia with a tropical climate and summer throughout the year has its cons, one of which is that pigmentation is a major problem among the people. Dr Ginny Clinic specialises in treating various forms of

pigmentation problems. The crowd puller is none other than the Radiant Smooth Laser, a treatment which gives fast results to better skin condition, treating problems such as freckles, melasma, nevus of ota and even hori's nevus.

The Radiant Smooth Laser is very straightforward. First, the nurse will thoroughly cleanse your face. Then, your eyes are covered for protection from the beaming lasers. When the treatment begins, you will feel a nice, warm and gentle massaging motion throughout your face. As for the areas that need extra attention, you will feel the dark spots being zapped away with a tinge of subtly sharp heat. After what feels like 15 to 20 minutes, a cooling gel mask is placed on your face followed by a moisturiser and sunblock application. Then you're all done.





Before and after the treatment



vaginal dryness and improves stress incontinence which in turn, will improve family quality of life.

With men, on the other hand, the biggest problem is male pattern baldness. The clinic does provide hair loss treatments such as hair peptide mesotherapy, hair stem cell transplant and hair transplant. Regardless of your background and skin colour, whether you have a problem with saggy skin, wrinkles, double chin, acne or acne scars, Dr Ginny Clinic will have you covered.

The Radiant Smooth Treatment is fast. easy and highly recommended. Within a few days after the treatment, you can see a lot of difference. Your pores are tightened and your skin tone becomes more even. The dark spots specifically tackled by the laser will turn dark, dry up, and peel on its own within two weeks of its healing period. The result is satisfying because your skin glows. After your treatment, Dr Ginny will then briefly advise on how to care for your treated skin during the healing phase, which is crucial, for optimum result. Future prevention care will also be advised in order to assist you on how to keep your skin radiant in the long run, so you will remain looking youthful for a long period of time.

Another problem faced by many ageing Malaysians is dark eye circle. For such

problem, Dr. Ginny Clinic offers three treatments which are Crystal Eye Laser, Dark Eye Circle Remodelling and Total Beauty Eye Injection. The use of each of these treatments are meant for different pathology. Clients are assessed during consultation and the opted treatments will rely on the individual's eye condition. Whether your problem is dark eye circles, eye bags or under eye wrinkles, the clinic will design a treatment package specifically suited for you to rid of those under-eye problems.

Dr Ginny Clinic is a one stop for aesthetic treatments as it offers a variety of treatments and services. New to the scene, there is even the laser vagina tightening treatment which solves vagina looseness problems, especially among women who have just given birth. This treatment also fights



Lot 3A, Jalan USJ 10/1J, Taipan Triangle, 47620 UEP Subang Jaya, Selangor

phone: 03 - 8011 5455 011 - 2383 1988

e-mail: info@drainnyclinic.com

Tue - Sun: 10.00am - 7.00pm

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MEET YOUR MATCHA

Why you need to start drinking green tea!

BY JACQUELINE BENITA PAUL

ollowing the coffee craze, green tea has been picking up in popularity, especially among the health-conscious for its amazing health properties. There are two ways to consume green tea, from a tea bag or in powder form known as Matcha. Though it comes from the same plant, Matcha is the healthier choice compared to consuming green tea leaves because it comes in powder form which means you'd be consuming whole leaves filled with minerals and antioxidants. If you've been wondering about what this superdrink can do for your beauty and health, we've listed out the benefits right

1. Crazy Rich Antioxidants

Studies revealed that one cup of Matcha tea has as many antioxidants as 10 cups of brewed green tea. If that isn't a powerful enough comparison, experts at Tufts University conducted a test which revealed that Matcha has 20 times more antioxidants than pomegranates and blueberries. Antioxidants help your body defend itself against infections and diseases. More than that, it is a chemical compound which helps to keep your skin youthful and healthy.

2. Cancer Fighter

Free radicals is no matcha against the Japanese tea which is rich with a potent class of antioxidant known as catechins EGCg (epigallocatechin gallate). A 2003 study conducted at the University of Colorado even found that consuming just one cup of this tea provides a whopping 137 times the amount of EGCG than regular green tea.

3. Energy Booster

Unlike when drinking coffee, you can enjoy a steady energy level for up to 36 hours. It also contains the amino acid L-theanine, which can work synergistically with caffeine to improve brain function. The drink is less likely to make you jittery and anxious than other energy-boosting drinks, because it contains lower levels of caffeine than other teas or coffee.

4. Promotes Weight Loss

In one study, men who took green tea extract and exercised burned 17percent more fat than men who didn't get the supplement. Several studies show that green tea leads to decreases in body fat, especially in the abdominal area. Another study suggests that green tea can boost the fat burning effects of exercise. There are several studies that agree with this. Green tea selectively boosts the burning of fat, which may lead to reduced body fat in the long

5. Combats Acne and Puffy Eyes

Thanks to its high polyphenols called catechins, the catechins in green tea reduce irritation, redness and swelling. It also fights against infections and bacterial growth which causes acne. It helps kill systemic bacterial inflammation for smoother, toned skin. Even the caffeine and tannins can help shrink the blood vessels around the eyes to treat puffy eyes and dark circles.

E, the essential nutrients for healthy skin. levels for youthful skin structure and firmness. Vitamin E supports new skin



HEALTH & BEAUTY HEALTH & BEAUTY

An Enlightening Interview with Vascular and Endovascular Surgeon

DR TAN KONG HEAN

BY HIRANMAYII AWLI MOHANAN



DR TAN, TELL US HOW DID YOU GET INTO MEDICINE.

I stumbled along. To tell you the truth, as a teenager, I never talked about what I wanted to pursue. I was only 17 years old when I had to make this difficult decision. These kind of decisions are not made by 17-year-old boys, rather by parents or the school. In school. my twin brother and I were performing well in the exams and were guided to apply for medicine. That's how I ended up in medical school. It has been a fun journey so far, I enjoy my work but it can be hectic and tiring at times

WHAT WAS IT ABOUT VASCULAR AND **ENDOVASCULAR SURGERY THAT PEAKED** YOUR INTEREST?

Vascular surgery precedes endovascular surgery. Vascular surgery used to be big and open operations while endovascular is non-invasive and uses little needles, balloons or stents. When I was in England, at the time, the vascular surgery department was a huge department. Old people in the Western world smoke, drink and have lots of vascular diseases. The vascular disease surgeries were very glorified like cardiac surgeons and neurosurgeons. It was like something out of an exciting movie, involving lots of blood, mortality and the fate of the patients. At that age, young and inquisitive, it was such a rush and amazing; it was glory. But as we got older, we realised the importance of the work we did in treating our patients and with time, the field has evolved and resulted in endovascular repair, which is a more elegant way of treating patients. That's why I'm doing vascular sugery although initially, it was merely for the fun of it but things have evolved now and we are focused on doing endovascular work.

ENLIGHTEN US ABOUT THE VASCULAR SYSTEM.

The vascular system is basically what is connected by the heart pumping blood supply to the rest of the body which then travels back to the heart. So, a vascular surgeon traditionally deals with problems beyond the heart which are the blood vessels, however, not involving ones in the heart and the brain.

WHAT ARE THE CHALLENGES FACED BY A VASCULAR AND ENDOVASCULAR SURGEON?

The challenge that I persionally face is that patients come to see me quite late during their disease. It is a challenge to educate patients and the general public that diseases are easy to treat when they are in the early stage. That said, I do understand why they see me late because firstly, they believe in traditional medicine. Secondly, they are very hopeful and lastly, it's the cost. The cost of medical care increases exponentially and most of the time, their income isn't sufficient for the rise in medical cost. That is unfortunately the problem with healthcare

YOU TREAT PATIENTS WITH DIABETES. HOW DOES DIABETES AFFECT THE VASCULAR SYSTEM?

Diabetes does affect the vascular system. Seventy percent of my patients are diabetic which shows the severity of this disease. The increase of diabetic patients I receive can be attributed to time, age, society, eating habits, etc. Most of the patients who visit the vascular clinic at CVSKL have complications from diabetes. It's an unavoidable fact that 70-80 per cent of our patients are diabetic. We know that Malaysia has one of the highest incidence of diabetes in Asia and unfortunately, it doesn't seem like it will improve and therefore, I can predict that our number of patients might increase with time. This is the sad truth about our society.

WHAT IS PERIPHERAL ARTERIAL SISEASE (PAD) AND WHO'S MORE LIKELY TO GET IT?

Peripheral arterial disease is disease of the blood vessels that are beyond the heart. So it could involve blood vessels coming out from the heart to the tissues of the body or the blood vessels leading back to the heart. Arterial refers to the blood vessels from the heart while the venous system carries blood from the organs to the heart. The venous part is less dangerous because there is no mortality involved but the disease affecting arteries is where the danger lies as no blood supply to the limbs would mean the limbs will eventually die. Those who are elderly, diabetic, overweight and smoke are likely to get the

WHAT ARE THE SYMPTOMS OF PAD AND **HOW DO YOU TREAT IT?**

With PAD, the blood going down to the limbs are insufficient, so the first symptom presents itself when patients walk. They can't walk far, the muscle cramps and there is pain; this is the first stage. The second stage occurs when the pain is bad and the leg hurts even when patients are sitting and then progresses to form ulcers and gangrene. The treatment for this disease can be reduced by simply not smoking, while you can't expect the patients to live longer, because it is a disease of the elderly. Unfortunately, the reality is that if you live long enough, there is a tendency for you to get PAD. The first thing to do is to educate or get educated, subsequently cutting down on smoking, taking care of your diet, blood pressure management and so on. The next thing to do is to get it treated before ulcers the size of holes set in.

WHAT ARE THE DEVELOPMENTS MADE IN **ENDOVASCULAR SURGERY?**

From the early years of vascular surgery, for example, involving peripheral arterial disease since we're on that subject, to save the leg, we do an angiogram, then take a vein from the ankle to the groin and use that vein as a replacement for that blocked artery. The operation takes four to five hours. The patient patient is admitted for two days and the operation hurts. But the benefit of it is its durability, a vein as a new artery. Endovascular surgery is the evolution of vascular surgery and is more elegant. It involves only small holes and we basically open up the blood vessels that are blocked and try to replace these with a plastic or metal replacement to restore blood supply. The surgery is usually performed with the patient conscious; he can walk in and out of the hospital with minimum pain. That's the difference.

DR TAN, WHAT DO YOU DO TO WIND DOWN? DO YOU HAVE ANY HOBBIES?

I'm very active in sports and I don't smoke or drink that much. Every day, I alternate between running, cycling, swimming and playing tennis to keep fit. That and controlling



CARDIAC & VASCULAR HOSPITAL

Cardiac Vascular Sentral Kuala Lumpur (CVSKL) is an integrated Cardiac and Vascular Private Hospital specialising in comprehensive modern care for patients with cardiac and vascular diseases.

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As Malaysia's leading operator of aviation gateways, we take pride in providing travellers with a seamless experience the minute they step into our 16 domestic airports and five international hubs. Our continuous efforts to elevate our services and facilities in order to et our customers and passengers' satisfaction have resulted in a er of our airports being transformed.

I am pleased that the year-long expansion of the Langkawi International Airport (LGK) to raise its capacity to handle 4 million passengers per annum (mppa) from 1.5 mppa previously was completed on schedule in September. This will help to support Langkawi's growth as a tourist destination besides acting as a catalyst to its economic development.

Delegates who flew into Langkawi to attend the PTM 2018, which was held for the first time on this legendary island, had the opportunity to see how we have upgraded LGK's terminal facilities which were aimed at reducing congestion and improving the operational efficiencies

With 23,000 sq m of total gross floor area now available at the terminal building compared to 15,000 sq m previously, we are thus able to provide a much more comfortable and smoother experience at our check-in and immigration counters as well as boarding gates.

Airport upgrades have always been a key focus in our business plan. We have allocated RM363 million for capital expenditure (CAPEX) this year alone to carry out 252 projects at all our airports, including our newly refurbished short take-off and landing airport in Bario. This amount, however, excludes the CAPEX for our flagship KL International Airport (KLIA).

Acting CEO Speaks

leading corporate leader with strong financial background and extensive experience in various fields, he is currently steering Malaysia Airports to greater

This month, Raja Azmi Raja Nazuddin shares how Malaysia Airports has been strengthening its brand presence by being a partner in major events like the recent Malaysia International Gastronomy Festival (MIGF) and PATA Travel Mart (PTM) 2018. The airport operator has also been implementing a number of improvement initiatives nationwide. LGK and Kota Kinabalu International Airport have recently seen the installation of a new automated in-line hold baggage handling system that comes with three-tier security screening for more efficient check-in that is similar to KLIA's.

Such upgrades have been planned in anticipation of the growth at our airports. At the prestigious World Routes 2018 in Guangzhou, our marketing team were in negotiations to bring more foreign carriers to fly to Malaysia's capital city, Kuala Lumpur and popular destinations such as Langkawi, which has weekly frequencies of 242 local and international flights.

To grow our brand presence, Malaysia Airports recently partnered in several major events such as PTM 2018, which has been touted as the biggest tourism trade platform in Asia Pacific. As MIGF Festival Partner this year, we helped to raise Malaysia's gastronomic profile by offering a spread of iconic dishes for foodies to savour during the two-day Taste Malaysia.

Showcasing our country's culinary delights is not new to us. We have been featuring Malaysia's signature satay at our booth during the World Routes events that we participate in and it has been a crowd puller!

AIRPORT TALK AIRLINK AIRPORT TALK



Propelling Aviation Growth in China

The recent 24th World Route Development Forum or World Routes 2018 held in China's third largest city, Guangzhou from September 15-18 attracted over 3,000 delegates from the world's leading and fastest-growing aviation organisations.

They included senior management from route development and the aviation industries who were here to network and discuss the future trends affecting the industry. During its three-day conference, among the topics discussed was how airports can become economic and innovation hubs for a city, country and region.

Guangzhou Baiyun International Airport, China's third largest airport and one of the world's fastest-growing hubs, was cited as an example. It is an integral part for the Belt and Road Initiative (BRI) that connects to 48 cities in 29 countries, including Malaysia, along the routes.

Guangdong Airport Authority president Zhang Kejian said at World Routes 2018 that it would seize the strategic opportunities from the BRI and make full use of the construction of the airports within the Guangdong-Hong Kong-Macao Greater Bay Area.

"We will share the benefits of urban development with the rest of the world and advance the building of the world-class aviation hub."

With China set to displace the United States' top position by 2022 to become the world's largest aviation market, Routes brand director Steven Small forecast the former to have 1.5 billion passengers a year by 2036.

Sharing his optimism, Civil Aviation Administration of China deputy director Wang Zhiqing said China is expected to have more than 130 new airports by 2025, thus bringing its total number of airports to 370. Last year, China launched 382 new international air routes with its international air routes totalling 1,634, twice that of 2015 while the 550 million trips made by aircraft accounted for 16.3% of its global total figure.

On air travel between China and Malaysia, OAG Schedules Analyser showed Chinese airlines operating at only 28% capacity of the total airline seats in the 12 months to May 2018, signifying there is room for further arowth.

Malaysia Airports General Manager of Airline Marketing Mohamed Sallauddin Mat Sah affirmed that it is targeting the unserved secondary and tertiary points in China, India, Northeast Asia (NEA), Association of Southeast Asia Nation (ASEAN) member countries and the European markets to further strengthen connectivity to airports in Malaysia.

Looking at the top 10 country movements of its flagship KL International Airport (KLIA), which received 58.5 million passenger movements last year, 42.4 million of them came from





Of this, China registered 29% growth, Taiwan (24.3%), Indonesia (19.8%), Japan (16.7%), Thailand (13.8%), India (9.2%), Australia (8.2%), Singapore (6.4%), United Arab Emirates (3.2%) and Hong Kong (2.9%).

Breaking down further KLIA's international passenger movements by sector, Southeast Asia, led by Indonesia, Singapore and Thailand, accounted for 47.1% of the total international passenger movements.

NEA, which constituted 23.3% of the total passenger movements, saw China, Hong Kong and Japan taking the top three positions while South Asia, which made up 12.4% of the composition, had India taking the lead followed by Bangladesh and Sri Lanka. Asia represented 82.9% of the passenger movements last year while the rest came from the Middle East (7.4%), Australia and New Zealand (6.7%), Europe (2.7%) and Africa (0.3%)

Mohamed Sallauddin, who was at World Routes 2018 with his marketing team to expand and strengthen its airports' network, said, "We are looking at a few more new

airlines to come to Malaysia this year as we push for KLIA to be the global hub.

"Don't forget the world's largest terminal serving low cost carriers is in Malaysia, a destination with diverse offerings."

Other new routes

Come November, Condor Airlines will be commencing its thrice weekly direct service from Frankfurt to Kuala Lumpur. This German airline is part of the British Thomas Cook Group.

Coupled with the fly-cruise programme by Tui Group, based in the United Kingdom (UK), to be introduced from December to March 2019, this will further boost European tourist arrivals to Malaysia. Tui's passengers arriving by direct fortnightly flights to Langkawi International Airport from the UK's three airports in Birmingham, Gatwick and Manchester will spend a night in Langkawi.

This legendary island has been selected to be the home port for Tui's 14-night cruise to Penang, Port Klang, Melaka, Singapore, Cambodia, Vietnam and Thailand. Mohamed Sallauddin said this fly-and-cruise programme is a beneficiary of the Joint International Tourism Development Programme (JITDP), which Malaysia Airports is collaborating with Tourism Malaysia where their combined contribution of RM15 million will be matched "dollar-to-dollar" from the airlines, trade and business partners.

JITDP's objective is to assist local and foreign airlines in promoting the local destinations in Malaysia to the oversea markets via tactical promotional campaigns. Scheduled carriers, charterers, destination management companies and tour operators keen to participate in the programme can submit their applications or business plans to Tourism Malaysia's oversea offices.

Following Qatar Airways' direct flight from Doha to Penang on 6 February, discussions are underway to extend this sector to Langkawi, which will be a fillip not only for the newly expanded Langkawi International Airport (LIA) but also for this legendary island.

Besides JITDP, Mohamed Sallauddin said the airport operator also has a support programme for airlines operating at LIA, which includes landing fee waiver for new airlines and existing ones that have either increased their flight frequency or introduced a new route.

With World Routes heading to Adelaide, Australia next year, Adelaide Airport has expressed interest to have a direct service to the US and also plans to increase the capacity of its key Asia routes to Singapore, Guangzhou, Bali, Kuala Lumpur and Hong Kong.

We are looking at a few more new airlines to come to Malaysia this year as we push for KLIA to be the global hub.

MOHAMED SALLAUDDIN MAT SAH General Manager Airline Marketing Malaysia Airports Holdings Berhad

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AVIATION NEWS AIRLINK AVIATION NEWS



It has been one-and-a-half years since Himalaya Airlines launched its non-stop flights to Kuala Lumpur (KL), which has been like a second hub for this premium carrier from Nepal.

"Within this short period of time, we have become one of the preferred choices for this route," Sunil Dahal, Himalaya Airlines Pvt Ltd country manager for Malaysia tells Airlink.

"With good support and cooperation from both our Malaysian travel partner and valued passengers, we are operating this route with 85% to 90% occupancy. Leisure traffic from Malaysia coupled with the labour and leisure traffic from Nepal account for the high occupancy rates."

Reminding that these two countries are leisure destinations, Sunil says the Nepalese travel to Malaysia not only for work, a huge number of them are also here as tourists.

"Likewise, lots of Malaysians visit Nepal despite the lack of promotion, which explains why the destination is still unknown to many travellers."

He feels that more coordination is needed between the two governments in promoting both destinations and cross-border investment, adding that the Kathmandu-based airline's will add daily frequency flights from 28 September for its KL route.

Using the brand-new Airbus 320, its aircraft configuration is eight business and 150 economy seats. The economy passengers are allowed to upgrade to business class seats for an extra charge of between US\$150 and US\$200.

Other features onboard the plane include an overhead screen of 43-inch pitch, an aisle of 26.9-inch with comfort leg space and modern interior colour palette in both cabins.

"You can feel the Nepali hospitality with us. We offer comfortable seats, inflight service and special meals as per request on board besides having various nationality crew members," quips Sunil.

Calling for more private sector involvement in terms of coming up with attractive tour packages, he observes that tourism is the interest of all people with the different kinds of culture and environment as its main selling



"The climate of Nepal and Malaysia is suitable for travel throughout the year. We have major attractions such as the world's highest mountain (Mount Everest), lakes and serene natural beauty that are just a five-hour flight from Malaysia."

Sunil says Nepal is looking at receiving two million tourists by 2020, which has been declared Visit Nepal Year. He adds, "Muslim travellers looking for halal food can find them easily in Nepal. There is also a Malaysian restaurant here in Kathmandu!"

Himalaya Airlines is a Nepal-China jointventure. Its general sales agent in Malaysia is Carnival Travel Sdn Bhd.

For enquiries and ticketing, please call 03 – 2070 7055



As of August 2018, Malindo Air flies twice weekly from both KL International Airport and Penang International Airport to Nanning.

Nanning is the capital of Guangxi region, located near Vietnamese border. The city is named the green city for its verdant tropical greenery and recreation opportunities. The city also offers vibrant dining and shopping that reflects the diverse culture of the city.

Promotional fares are offered at RM599 for Economy Class and RM1,099 for Business Class one way from Kuala Lumpur, whereas fares from Penang is RM400 for Economy Class and RM899 for Business Class.

Flight OD2100 from KLIA departs at $5:45 \,\mathrm{pm}$ and arrives in Penang at $6:45 \,\mathrm{pm}$. OD0696

departs from Penang at 7:45pm for a 3 hours and 15 minutes journey and is estimated to arrive at Nanning at 11:00pm.

The return flight from Nanning OD097 departs on the following day at 12.05am and arrives in Penang at 3:20am. For passengers returning to KLIA, flight OD2111 departs from Penang at 4:30am and arrives at KLIA at 5:30am. Deployed on this route is the narrow-body Boeing 737NG aircraft that comprises of 12 Business Class and 150 Economy Class seats.

Chandra Rama Muthy, CEO of Malindo Air said, "We have been receiving great responses for our flights to China between a few key cities in Malaysia, i.e. Kuala Lumpur, Penang, Langkawi, Johor Bahru and Kota Kinabalu. Nanning represents the eighth city that we fly from Malaysia to China. Our flights from Kota Kinabalu to Nanning have begun since 13 August 2018. We are kicking off flights from Kuala Lumpur and Penang twice weekly and we are anticipating higher demand to urge for more frequencies in the near future".

He added, "Aside from our continuous effort to expand our network, we aim to bring in more passengers to Malaysia to support the growth of the local travel industry as well. This new service will also promote multiple cities of Malaysia and encourage travellers to travel beyond their arriving city".

Passengers will enjoy 25kg baggage allowance for Economy Class and 40kg for Business Class, meal onboard and spacious legroom.

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For further information, please call 03 – 7841 5388

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AVIATION NEWS AIRLINK AVIATION NEWS

ATW Ranks Korean Air as World's Best Performing Airline

According to Air Transport World's (ATW) annual World Airline Report published in August, Korean Air was ranked as the world's best performing airline in 2017.

The airline posted a net profit last year of \$850 million, about a \$1.4 billion positive change over 2016. Korean Air was also ranked by ATVV as one of the world's top 20 airlines in operating revenues and top 25 in operating profit and revenue passenger kilometres (RPK).



John Jackson, Korean Air's managing vice president of the Americas said, "Korean Air is a remarkably strong airline both financially and in our global operations. We are the largest transpacific carrier and have become the strongest transpacific alliance with our joint venture with Delta. We also are in a position along with our partner, Delta, to open new markets like Boston and Minneapolis/St. Paul next spring. This is an exciting time for our airline".

ATW has been ranking the world's airline for decades and is a sister publication of Aviation Week. For over 50 years, the publication has been the leading monthly magazine serving the global airline and air transport manufacturing community.

For more information, please visit www.koreanair.com



Sichuan Airlines Spreads Panda Culture

Sichuan Airlines is known as one of China's most distinctive airlines for the way it commits to providing service that is infused with 'Chinese Elements and Sichuan Charm'. In July, the airline adopted a baby panda from the Chengdu Research Base of Giant Panda Breeding ('the Base') to further promote its brand while developing the region's 'Panda Culture'.

The baby female, named '3U' and nicknamed 'YouYou' was born on 15 July 2017, and has now become the official ambassador of the airline's 'Panda Route' international flight development programme. The programme, which was launched in 2016 was intended to enrich the airline's domestic and international route network, enhance passengers' transfer service experience and introduce more destinations in Southwestern China to the world.

The airline operates from Chengdu, mainly to destinations in East Asia, Australia and North America. Malaysian travellers flying with Sichuan Airlines in these regions will get to experience the 'Panda Culture'.



Shi Zuyi, General Manager of Sichuan Airlines said, "We're excited to take this opportunity to introduce more people to Sichuan and pandas in a fun way. Adopting pandas is one of our public welfare activities which supports the protection of endangered animals. It is also part of Sichuan Airlines' commitment to protect Sichuan culture and to promote it to our international passengers and partners".

Zhang Zhihe, Director of the Chengdu Research Base of Giant Panda Breeding, noted at the adoption signing ceremony that the collaboration with Sichuan Airlines highlights the significance of panda culture in China and that the company's support will allow both parties to share the treasure with the world. He added, "We expect to welcome more than 6 million visitors to the Base this year, with more than 80 percent of them coming from outside Sichuan province.



In addition to adopting YouYou, Sichuan Airlines will carry out panda-themed flights in the future, with more panda elements to be integrated into aircraft cabins and flight meal service, "providing passengers from around the world with improve service quality and comprehensive cultural experience".

An Airbus A350 painted with eight pandas, one of which has been inspired by YouYou, will be assigned to the Chengdu-Beijing route in August 2018 and will become a part of Sichuan Airlines' expansion strategy towards intercontinental routes going forward.

For more information, please visit global.sichuanair.com

Lucky Air Offers More Room with Extra Seat

From August, Malaysian passengers flying with Kunming-based Lucky Air will have an opportunity to get more space by purchasing a special 'extra seat'. The airline calls this strategy a 'multiple seat' product.

The extra seat ticket costs less than the passenger's main seat with savings of up to 80%. With the small additional cost, passengers have extra room to stretch and a place to put their personal belonging during the flight. There is no additional fee or tax on the additional seat except for fuel surcharges if applicable.

Lucky Air Chief Marketing Officer, Chen Mingqiong said, "The tickets are only available for sale within 24 to 72 hours before the flight with passenger loads of less than 70%".

"The extra seat must be purchased together with the regular seat ticket. The price of the extra seat is based on seat availability and time of purchase. When the seat capacity utilisation is high or the ticket is purchased in advance, normal fare applies."

Lucky Air flies thrice weekly from Kuala Lumpur to Lijiang and four times a week from Kuala Lumpur to Kunming. Lucky Air also flies to Kunming from Penang and Kota Kinabalu.



In Malaysia, APG Malaysia is the General Sales Agent (GSA) for Lucky Air.

For more information, please call 03 - 2141 4540

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Air China's Brand New Airbus A350-900

AIRLINK



By taking delivery of its first brand new A350-900 on 8 August, Air China became the first airline in Mainland China to take ownership of one of the world's newest, and according to Airbus, the most efficient twin-engine widebody aircraft.

The aircraft is powered by the impressive Rolls-Royce Trent XWB engines, which in February 2018 completed 1.3 million flight hours with 99.9% dispatch reliability. Operational efficiency includes a 25% reduction infuel burn and emissions, and significant lower maintenance costs.

Air China's delivery on the eighth day of the eighth month of 2018 was symbolically auspicious in Chinese culture, where the numeral '8' is considered to represent prosperity and good fortune.

The airline started utilising with the aircraft with daily flights between Beijing and Chengdu, Beijing and Shanghai and later to other domestic cities. The routes will later be swung to international destinations. Air China currently operates four flights weekly from Kuala Lumpur to Beijing. However, by January 2019, flights will operate daily. Consequently, passengers transiting at Beijing can experience the brand new Airbus.

The airline has ten A350-900 on order, of which six are scheduled for this year, and the remaining four due next year.

four due next year.
As of July 2018,
Air China operated
an Airbus fleet of
202 aircraft including
143 A320 and 59
A330 aircraft.
Air China configures its

A350 with three classes, offering a total of 312 seats. The business class cabin has 32 seats laid out in a 1-2-1 reverse herringbone format, with all passengers having direct access to the aisle, The premium economy cabin has 24 seats laid out 2-4-2 and the economy cabin offers 256 seats in a nineabreast configuration.

The spacious business class seats are adjustable to a lie-flat bed configuration, with the Super Diamond model from B/E Aerospace. To increase the sense of space in the cabin, Air China has opted to remove the central overhead bins and have very large side bins for passengers' carry-ons.

The new premium economy seats match a 38-inch pitch with a wide, comfortable design and an integrated leg-rest. The seat is also from B/E Aerospace.

The regular economy seats are set further apart than previous configurations to increase legroom.

For more information, please call 03 – 2166 1999

TREMENDOUS THREE

Anniversary Sale at the Mitsui Outlet Park KLIA Sepang



In light of the 3rd anniversary of the outlet mall's official launch, Mitsui Outlet Park KLIA Sepang spared no effort in celebration of this important day. A range of promotions and activities were hosted for its patrons and their children.

As part of this celebration, the Mitsui Outlet Park KLIA Sepang ran a promotional campaign, called the 'Spend, Tweak & Win' campaign where shoppers with a minimum spend of RM200 in a maximum of two (2) receipts were entitled to tweak the 'Gacha Gacha machine' and win shopping vouchers worth over RM80,000. This campaign ran from 28 July until 19 August 2018. In their endeavour to get the ball rolling, on 28 and 29 July, shoppers were able to redeem a personalised mug with a minimum spend of RM300 and above in a single receipt.

And to top it all off, there were mall-wide discounts ranging up to 80% from 27 July to 2 September 2018.

Officially launched on 29 July 2015, the Mitsui Outlet Park KLIA Sepang houses many of the selected global brands. In addition, it is the only factory outlet shopping mall located within Klang Valley. Phase 2 expansion of the outlet mall was officiated

on 8 February 2018. The new phase introduced a good mix of tenants that diversify into entertainment and amusement as well as the occupation of specialty based tenants.

Deputy Managing

Director of MFMA
Development Sdn. Bhd.,
TJ Cheah stated, "For special
occasions such as this, we take
the opportunity to reward our
customers with more savings
and memorable experiences. For
travellers with time to spare, the
Mitsui Outlet Park KLIA Sepang is
the perfect place for that last minute
shopping as well as to experience

culture. Catering specially to
the needs of travellers, the
outlet mall boasts Flight
Check-In Services, Flight
Information Display Systems,
and free baggage storage facility.
Additionally, the outlet mall also
provides free shuttle bus service to
and from KLIA & klia2".

a flavour of local and Japanese

TJ Cheah added, "The Tremendous Three Anniversary Sale dovetails with the 1 Malaysia Mega Sale Carnival 2018. The retail offerings with extra special discounts, delectable cuisines, services and facilities; all have been designed to create a lifestyle destination for the surrounding community as well as travellers to shop, dine and unwind".



AIRLINK AIRPORT SHOPPING **AIRLINK** AIRPORT SHOPPING

Danson's Innovative **Durianmisu Chocolates** at Malaysian Airports and Premium Outlets



From August onward, Danson brought the world's first Durianmisu coated chocolates to major chocolate and confectionery outlets in KLIA, klia2, Penang International Airport, Langkawi International Airport, Kuching International Airport and Labuan Airport. It is also available at Mitsui Outlet Park, Genting **Highlands Premium Outlet &** First World Plaza in Genting and Johor Premium Outlet. Air travellers passing through the Malaysian airports can now get their hands and tastebuds on the unique durian chocolate product.

The brand introduced Danson Durianmisu coated chocolate, a new range which is a unique combination of fine real chocolate with

100 percent Genuine Musang King Durian powder. Whole almond nuts were chosen to coat with the chocolate as this variant is generally the preferred consumers' selection under the coated chocolates category.

Each whole roasted almond is coated with either milk, dark or white chocolate and the chocolate is dusted with a thick layer of Musang King Durian powder. Musang King is one of the most sought after durian variety in Malaysia. The memorable experience with Danson Durianmisu is carried by the tagline, "Truly Duricious! Duriannovation At Its Best".

Among the in-store consumer sales promotions are 'Free Product with Purchase' offer, whereby consumers who purchase a certain number of units within the same packaging range are entitled to a free unit of the same packaging range and 'Gift with Purchase' promotion, whereby consumers who purchase RM188 of any of Danson products are entitled to an exclusive Danson Durianmisu bag. Sampling

activities are also conducted to create awareness of the unique product. Customers will also experience impactful merchandising displays to highlight Danson Durianmisu products, as well as Point of Sale materials like display cube platforms, product display standees, cut out display stands, hanging mobiles and lightboxes.

Danson is produced by Quantum Supplies (M) Sdn Bhd, which has come a long way since it commenced chocolate manufacturing operations in 2001. Since then, it has become one of the leading chocolate manufacturers in Malaysia, mainly serving in the retail and tourist outlets as well as export markets. In 2004, Danson was awarded the Winner of The Most Innovative Chocolate by the Malaysian Cocoa Board for a durian chocolate product and till today, it continues to be popular.







In light of the influx of high spending-power travellers through KLIA and klia2, Eraman has pulled out all the stops to elevate the commercial landscape of the two airport terminals. This means that since the beginning of September, Eraman has launched new stores and boutiques across the two terminals under two categories: 'Perfume & Cosmetics' and 'Lifestyle'.

In Eraman's endeavor to bring

in high-end brands to KLIA; 'Jo Malone', 'Gucci' and 'M.A.C.' have been introduced as of 7 September 2018. Zulhikam Ahmad, General Manager points out, "We have observed an increase of 15-18% in sales of the perfume and cosmetics department in 2017. Thus, we have deduced that travellers passing through KLIA are of higher buying power and that they are more inclined to premium brands."

The location of the new boutiques are situated at Contact Pier - KLIA Main, in between the immigration checkpoint and the Aerotrain doors.





Meanwhile, in the 'Lifestyle' category, Eraman has taken to klia2 to set up two excitina European brands- 'Bally' from Switzerland and 'Coccinelle' from Italy. Opened recently on 25 August 2018, 'Bally' offers a line of shoes, bags, scarfs, belts, men's wallets, unisex handbags and bag-packs. While, 'Coccinelle' offers purses, handbags, wallets, bag-packs; all catered for the ladies. Furthermore, a store displaying a brand new collection of sunglasses by

Dolce & Gabbana and Michael Kors has been installed for travellers seeking to fly off to a warm and sunny destination.

The location of the new lifestyle area is in Eraman Duty-Free Emporium just before the escalators to the departure aates in klia2.

Zulhikam also adds, "Besides the auamentative steps that we have just mentioned. Eraman will consolidate the establishment of new stores throughout both KLIA and klia2. This will take place from the end of 2018 to end of 2019, under the RESET Plan with Malaysia Airports. We have redefined our approach to enhance the diversity of products and to change the commercial landscape in KLIA and klia2 as well as in other airports to capitalise on the increase of travellers from China that come through these airports".

On the other hand, Eraman has completely reskinned its bar in klia2. Bar Metropole now features a newly revised menu consisting of draft beers, hot drinks, cocktails, burgers, finger foods, as well as freshly installed interior and whiskey vapes that have an industrial, rustic touch. All spirits are served in 60ml, which also includes a free mixer.

Bar Metropole is located at the sky bridge area just before the Eraman Duty-Free Emporium in klia2.

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AIRPORT SHOPPING AIRLINK AVIATION INTERVIEW

Aerote - The First of its Kind



Over 150 guests and dignitaries were treated to a high-energy ride at the grand opening of Aerotel Kuala Lumpur. It is the first and only airport hotel situated in an airport terminal shopping mall in Malaysia. Located in gateway@klia2 in Terminal klia2, KL International Airport (KLIA), guests arrived to a welcoming reception of scrumptious finger foods and refreshments as they awaited the Founder and **Chief Executive Officer** of Plaza Premium Group (PPG), Mr Song Hoi-see and distinguished guest, Yang Berhormat (YB) Anthony Loke Siew Fook, the Minister of Transport, Malaysia.

The arrival of the two esteemed figures was accompanied with a lion dance performance; this was followed by a speech from Mr Song

Hoi-see and YB Anthony Loke. "2018 marks the 20th anniversary of Plaza Premium Group and our partnerships with Malaysia Airports, and launching Aerotel, our global airport hotel brand in Kuala Lumpur, our maiden location, is the best way to commemorate this auspicious milestone. We look forward to transform the stay at the airport by bringing added value, convenience, and comfort to all travellers with Aerotel." says Mr Song Hoi-see.

Mr Song added, "Terminal klia2 is an important transit hub, handling 30.3 million passengers in 2017 whilst 17.16 million passengers have already come through this terminal as of July 2018. The transit travellers market segment is significant to our business, hence, it augured well for the Group to build and operate Aerotel here in klia2".

YB Anthony Loke indicated, "Malaysia's passenger traffic in 2018 is expected to grow at 6.3%, with international and domestic passenger traffic growing at 8.3% and 4.2% respectively. I am positive that Aerotel Kuala Lumpur will be able to cater to all the needs



of the travellers and will be a welcome option when they travel through KLIA and klia2".

After the speech, guests were 'ambushed' by a flash mob performance; sportingly, Mr Song Hoi-see joined in the upbeat hip-hop dance showing that he had more than just the right business moves. After the end of the press conference, guests were invited for a tour around the hotel. The serving of refreshments at the new Plaza Premium Lounge and Aerotel BAR respectively then marked the end of the event.

The Plaza Premium Group has set up the hotel at the landside (before security and immigration clearance) of klia2, within gateway@klia2 (the airport shopping mall). The hotel is within 5 minutes' walk from the departure and arrival halls as well as the KLIA Ekspres' train station. The strategic location of the hotel provides easy access to travellers who are arriving at or departing from klia2. With the flexible booking hours, guests have the convenience of booking according to their needs with flexible checkin time for a minimum of 6 hours per stay.





Interview with Sam Cheah Swee Hee CHA

President, Malaysian Association of Hotels (MAH)

Seasoned hotelier Sam Cheah, 60, has been in the hospitality and tourism-related industry for 42 years. Ever jovial, he will be ending his two-term presidency next year to serve as advisor to this 44-year-old association.

Sam started in the hotel, transport, travel and tour industries at the outset of his career. He was also involved in the construction industry seating on the board of two class A construction companies. Lending his expertise, he was elected as the President of ASEAN Tourism Association (ASEANTA) which he currently holds and is also the Immediate Past-President of ASEAN Hotel & Restaurant Association (AHRA). He embarked into hotel consultancy services and is also the owner's representative for UCSI Hotels Sdn Bhd that operates the Le Quadri Hotel, Kuala Lumpur and UCSI Hotel Kuching, Sarawak.

To him, every industry is interesting if you enjoy

what you enjoy what you are doing. The man is unafraid to face headon issues affecting the industries he is involved in. Having served as MAH board member before becoming its secretary-general for six terms and now as its MAH president over the last five years, he has witnessed its growth and many of the challenges faced.

Please share some highlights of your career history.

One project I was very passionate about was Culinaire Malaysia, which aims to equip the local culinary and food and beverage service talents with world class standards. I took over as the organising chairman in 2001 when I was MAH secretary-general. This culinary competition, held in conjunction with Food & Hotels Malaysia, has grown from 269 contestants in 1993 to about 1,300 today. This biennial event is endorsed by the World Association of Chefs Society (WACS) making it a world-class event. Today, Culinaire Malaysia is one of the biggest international culinary competitions in the region.

I saw MAH grew from just over 260 members to surpass the 1,000 mark, representing 70% of the inventory in Malaysia. We subsequently formed a chapter in each state except for Perlis, which combines with Kedah. MAH is the only association in Malaysia that accepts membership from any category of hotels provided they are legally licensed. We work closely with other related trade associations to drive industry matters and the betterment of the stakeholders.

What are some of the challenges faced by hotel operators?

Time has changed and there are many business models in the industry, ranging from unlicensed accommodation premises to AirBnB. Uncontrolled development of hotels and serviced apartments has created a glut in supply in certain geographical locations in the country. This too has created a shortage of competent human capital and service standards have been compromised.

MAH inked a memorandum of understanding with the Malaysian Association of Tour and Travel Agents (MATTA) last December to promote inbound tourism into the country. Can you update us on the status of this development?

The two associations are now working with the National ICT Association of Malaysia (PIKOM) to come up with an online B2B platform that can provide technology solutions for both our members to be more competitive as well as to boost domestic and inbound markets.

In dealing with unlicensed hotels like Airbnb, what headways have been achieved thus far?

After our recent discussion with Ministry of Tourism, Arts and Culture (MOTAC), where we had requested all accommodations, whether legal or illegal, be registered with them. We were informed that MOTAC is in talk with AirBnB on the matter. This will enable us to know the total supply in the market. Demand and supply is the basic rule of economics. We have asked the authorities for some time be given to those facing difficulties in meeting certain licensing requirements in the regulations after registering with MOTAC. Once the grace period is over, we have no choice but to shut them down if they are still persistent in refusing to conform.

MAH also reportedly expressed hopes for KL International Airport (KLIA) to become a hub. Can you elaborate on

We recognise Malaysia Airports as a key player in the tourism industry, where the most important thing is all about connectivity. KLIA sells as a destination by itself. Thus, it is important for the airport operator to build up KLIA's reputation in terms of credibility of its services. While the airport's administration and operations have been taken care of, an important area to look at is immigration as we often receive feedback from our guests on the long wait at the immigration counters.

How has MAH contributed to the collaboration between airlines, airports and tourism?

At the ASEANTA level, MAH and MATTA are Malaysia's official representatives together with Tourism Malaysia. We play an active role in shaping the tourism policies of the Association of Southeast Asian Nations (ASEAN).

Within the integrated ASEAN economic community, we try to promote travel to at least two or three countries within the region to long haul tourists. The ASEAN Pass by AirAsia is already promoting intra-ASEAN travel but we need the support of more ASEAN airlines to do so besides AirAsia.

As the voice for our industry, we are asking the government not to charge the sales and service tax on the domestic air tickets to promote domestic tourism. Over and above that, we are seeking for the deregulation of visa in order to boost tourist arrivals into Malaysia. To go for higher yield market, we must focus more on business tourism.

On a personal front, how do you unwind?

I travel extensively and play golf whenever I have the opportunity. After finishing 18 holes on a golf course, I will head for the 19th or watering hole. I enjoy clubbing and meeting up with friends from all walks of life to reminiscence on the good old days. While I find karaoke boring, you can find me singing in the shower.

ARPORIS 69







Once Upon A Dance, 2018 Oil on canvas 152 x 152cm

Richard Koh Fine Art from Malaysia, Seah Ze Lin,

Mixed media on copper 200 x 60 cm



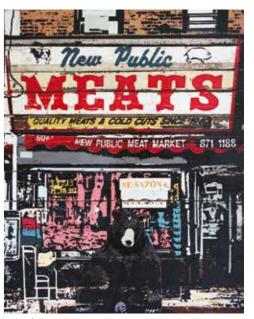
A+ Works Of Art from Malaysia, Chang Fee Ming Kais Pagi Makan Pagi, 2017 Watercolour on paper 56 x 76 cm

THE 12th INTERNATIONAL **ART EXPO MALAYSIA** (AEM) 2018

The 12th International Art Expo Malaysia (AEM) 2018 promises to be the most exciting yet with chockfull of highlights like the Special Exhibition Area of curatorial projects for selected reputable Southeast Asian galleries, besides a Japanese Pavilion housing the biggest representation of Japanese artists.

The Art Expo Malaysia 2018, the 12th edition since 2007, will be held at the Matrade Exhibition and Convention Centre (MECC), Kuala Lumpur, from October 12-

Some 65 exhibitors (mainly galleries) exhibiting 1,500 pieces of quality artworks (including paintings, sculptures, installation, photography) of various style, expression and medium, representing a wide spectrum of artists from 34 countries will pack Matrade Exhibition and Convention Centre (MECC) in the biggest art event of commerce and networking.



Taksu from Malaysia, Najib Ahmad Bamadhaj Acrylic and bitumen on jute 153 x 153 cm



Mazel Galerie from Singapore, Antoine Rose, St Tropez Study 1, 2016 Photoprint on diasec 150 x 150 cm

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KL Lifestyle Magazine October 2016 issue

KLAS CELEBRATES ILLUSTRIOUS YEARS IN 2018

BY SITI WAJIHAH KHOLIL

L Lifestyle Art Space (KLAS) is a leading force in the promotion of modern and contemporary Malaysian art since the gallery's inception in 2011. It has actively served as a platform for the art masters and modernists to showcase their

glorious artworks as well as provide art collectors and enthusiasts an expansive space to fully enjoy the beauty of Malaysian art.

KLAS auction activities have meanwhile has made us a transitional home to

many artworks as the commercial space has encouraged a secondary market for artworks by senior artists and masters in Malaysia and by some major regional masters which have exchanged hands through us.

We are resolute in ensuring that the public and art aficionados are aware of which major artworks and by which artists are sought after in the market as the Malaysian visual art scene is growing rapidly.

The distinction of KLAS that sets us apart is that we are highly dedicated not solely to featuring the art itself or highlighting the credentials of the artists, but we conjointly give our utmost commitment to educating the audience on the provenance of the artworks and the background of the artists as well as provide our experience and observation when coming across their magnificent their masterpieces.

KLAS Philosophy

Since our foray into the art scene in Malaysia in 2011, we have always been very rigid in the selection process of the artists and their artworks auctioned through us and this applies more so to the artworks by emerging and contemporary artists in Malaysia.

KLAS believes that it is vital that the pioneer and senior artists are appreciated and their timeless works cherished deservingly as can be clearly seen with the endorsement given in the collections of major institutions, corporate organisations and private homes both in Malaysia and Singapore.

Naturally, KLAS is very selective on the artists and their artworks we exhibit in our auction line up as our selection is based on their outstanding contribution to the art fraternity, immaculate artistry and notable merit, as well as their relevance to the local art scene.

These great pioneers and masters paved the way for a new generation of established contemporary artists such as Bayu Utomo, Ahmad Zakii Anwar, Ahmad Shukri, Jailani Abu Hassan, Amron Omar, Chong Siew Ying, Kow Leong Kiang, etc. The latter enjoyed the new surge of interest in the late 1980's and 1990's when an influx of institutions and corporate collectors made

a comeback to update their collections in support of the art movement in Malaysia. The era undoubtedly witnessed growth in the art scene and found immense potential in countless local and regional talents to aid in the development of art, leading to its soaring heights.

Today, KLAS with the establishment of KLAS Art Auction is able to provide the service of receiving consignments from artists or individual collectors, thereby making their artworks available to interested parties. This will no doubt increase the chances of serious collectors acquiring those hard-to-secure, rare and old masterpieces from specific periods, series or individuals and in the process encourage fresh, young collectors.

With every auction, we are mindful of who we plan to feature as it is crucial to maintain our standards with the market.

KLAS continuously aspires to set new standards for the presentation of art in the country. Despite our many successes in past auctions, we do believe that there is still much room to propel the local art scene to similar heights achieved by numerous of our Asian neighbours: China, India, Indonesia, as well as Thailand. The paramount purpose and backbone at KLAS is to advance the country's visual art scene alongside, or possibly, surpass those of our neighbours.

KL Lifestyle Magazine

Apart from the gallery, KLAS is affiliated with a lifestyle magazine, KL Lifestyle which is owned by the parent company, Mediate Communications Sdn Bhd.

Mediate was established in the year 2000 while KL Lifestyle was acquired by the latter in 2007.

KL Lifestyle, the magazine owned by us has taken the lead in being the only magazine in the country to dedicate six to ten of its pages on highlighting Malaysian art on a monthly basis. This enables KLAS to provide updates on upcoming auctions and the artworks that will be featured for art followers and as a means to reach new audiences through our readers.

Nevertheless promoting art, the magazine serves as an ultimate guide for city dwellers and travellers alike. Packed with

information on all essentials for the best city experience, providing readers with colourful information from sights and sounds to international gastronomical flavours to be found in the city. An indispensable monthly guide to Kuala Lumpur, dedicated to being the onestop reference to happenings, dining, shopping and places to relish.

KLAS Milestone

KLAS first opened its commercial gallery space at Tropicana City Mall in February 2011. As an art mover, we endlessly find ways to improve in terms of providing a prime space where our audiences are able to wholly appreciate art. Therefore, subsequently opening a flagship art space in Jalan Maarof in September, the same year. In August 2015, KLAS moved to lalan Utara to a purpose built full-fledged gallery specially designed by the founder and chief executive officer, Datuk Gary Thanasan. The gallery aims to present art in a 'mini' international art museum environment which has encouraged countless art galleries in the country to raise the bar, forging its standards to be at par with international standards. The gallery's interior is spacious with an atmosphere that emits a contemporary, calming feel due to its minimalistic build The open, serene space allows viewers to whole-heartedly appreciate the artworks on display, thus, giving them an aesthetically pleasing experience

The "777" KLAS Project

To celebrate our 7th Anniversary, KLAS is collaborating with KL Lifestyle magazine in the project of "777", proudly presenting our top seven Malaysian and seven Singaporean artists whose works were sold and exhibited over the seven years at KLAS.

This project also gives us the opportunity to highlight to friends of KLAS and art aficionados alike, the journey we have had at KLAS in the 7 illustrious years of our existence. A publication of the same name will be published in anticipation of our showcase for the '777' project. This book will feature articles KL Lifestyle has produced since 2011 with our first major article being on Khalil Ibrahim in 2010.

For this month's art feature, we unveil a

sneak peek of the top artists and their artworks which were exhibited and sold by KLAS since 2011. We have seized the opportunity to additionally include prestigious masterpieces which will soon be showcased in our forthcoming exhibition in December to commemorate our 7 Illustrious Years as we move into the year 2019.

We thank everyone who has walked through our doors at KLAS for the words of encouragement and support shown to us for our commitment to the Malaysian art landscape.

We look forward to welcoming you to our next event!

OUR TOP SELLING MALAYSIAN ARTISTS





1. ABDUL LATIFF MOHIDIN A modernist legend

Born in 1941 in Negeri Sembilan, Latiff Mohidin was once a child prodigy and now a legend on his own accord, known for his eve-catchina modernist art works. He made history by being the first Southeast Asian artist to showcase at the renowned Centre of Pompidou, Paris on Feb 28, 2018. Latiff's primary source of his imagination came from the memories of the place he had travelled to. He fuses his emotional and poetic vision of those memories and translates them through his art masterpieces. His art style, rather than replicating what is seen, he interprets it and expresses it. His mastery in art techniques through his expressionist strokes proves his pure talent, showcasing great eminence in his style.





2. DATUK IBRAHIM HUSSEIN The innovative master

Ibrahim Hussein was born in 1936 in the village of Sungai Limau Dalam in the Yan district of Kedah. It was his thirst for self-discovery which landed him at Nanyana Academy of Fine Arts, Singapore first, then London, to study at the Byam Shaw School of Art. In 1963, Ibrahim walked into a gallery on a whim in London and showed his paintings to its owner. The owner was in such awe with his works and prompted him to have his first one-man exhibition. Needless to say, the exhibition was a raging success and all of his paintings were sold out by the end of the night. Truly, Ibrahim never failed to captivate art enthusiasts by proving his mastery in abstract which is often deemed futuristic due to the complexity in the way he expressed the forms and dimensions of his creations, apparent even during his



3. YUSOF GHANI The artistic messenger

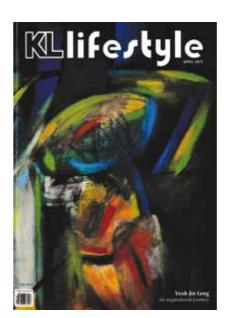
The artistic messenger
Yusof Ghani is a writer, sculptor,
professor, curator and a painter. There
is no denying that he is a man of many
talents. Born in 1950 in Johor, he was
originally a graphic artist. In 1979,
he received a scholarship from the
Malaysian government to pursue graphic
arts at George Mason University,
Virginia and furthered his education for
a master's degree at Catholic University
in Washington D.C. His hands have

created amazing masterpieces such as the Serian, Hujan Series (2001), exhibiting a flavourful and free use of colours with mainly blues and whites with hints of orange and a splash of red. His strong expressive brushstrokes encapsulate mood, movement and expression simultaneously. His other prominent works include the Hijau and Tari series. He has had successful exhibitions in Singapore, San Francisco, London, Abu Dhabi, New Delhi, Tokyo and Madrid.



4. YONG MUN SEN The Father of Malaysian Painting

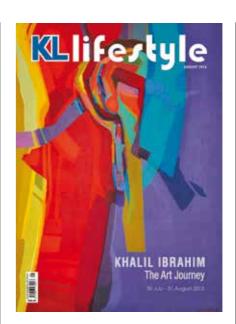
The late Yong Mun Sen, born on Jan 10, 1896 was one of Malaysia's pioneer artists. The country's art scene wouldn't be what it is today if it wasn't for his contributions. The artist was born in a coconut estate in Kuching, Sarawak with the forename of Yen Lang. In 1901, he travelled to Tai-Pu, in Kwangtung Province, China to attain a formal education in the proper use of brush and calligraphy. He returned to his hometown in 1910. Yong familiarised himself with the works of prominent European artists through books, particularly those of Van Gogh and Gauguin. Gauguin and his works spoke to Mun Sen, which explains the strong influence on the development of his style, especially in his oil paintings. He was one of the founding members of the Penana Chinese Art Club subsequently becoming its president.



5. YEOH JIN LENG A traveling maestro

Yeoh Jin Leng was born in 1929 in Ipoh and began his career as a school teacher. He later joined the Malayan Teachers' Training College, Kirkby, Liverpool in the United Kingdom in 1952. It was during this period where his love for art grew and thus, received the first federal scholarship to further his art studies at the Chelsea School of Art as well as the Institute of Education, University of London. Art was always something that was innately natural to him. He travelled a lot and even went backpacking to the northern mountains of Thailand, Laos, Nepal and more. As seen in most of his works, he's always had a soft spot for landscapes and abstract expressionism is his forte. To Yeoh, his art has never had a reason behind it. Through his inspiring landscape encounters, he just





6. KHALIL IBRAHIM The icon of batik painting

Khalil Ibrahimwass indeed a legendary icon in the Malaysian art scene. Born in 1934 in Kubang Krian, Kelantan, he was by far one of the few Malaysians who received a state scholarship to attend art training at the prestigious Central St Martins School of Art and Design in London. He held solo and group exhibitions in Malaysia, Singapore, Indonesia and Switzerland, with most of his works centred around figures and were heavily influenced by the scenes of East Coast fishermen and women. Whether he illustrated the figures of beautiful women walking about, a mesmerising landscape that encapsulated the artist's reminiscence and nostalgia, Khalil Ibrahim knew how to share his vision with versatility and style. Not to mention, his sought-after and immaculate batik artworks.



7. CHEONG LAI TONG The intuitive artist

Born in 1932 in Guanazhou, China, Cheona Lai Tona moved to Malaya when he was a child with his mother and two sisters in 1938 to avoid the Japanese Occupation in China. He started learning the English language when he was 18 years old and pursued his education at Skowhagen School of Printing and Sculpture in Maine, USA (USIS Exchange Scholarship) in 1961 and London County Council Central Art School, London. After returning from studying overseas, he immersed himself with the trends and art movements of the West. With that, he began to tailor his own art style – a portion of abstract expressionism mixed with a healthy dose of Malaysia's principles and outlook. There is an East-meets-West approach in his works, as his layering, contrast of colours, markings and subsequent masterpieces make it possible for various interpretations. He is also said to be an artist that goes by instinct, and his canvases are the result of the expression of his emotions.





ART FEATURES

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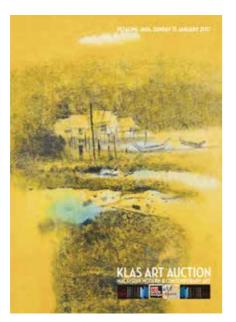
TOP 7 SINGAPOREAN ARTISTS

1. CHEN WEN HSI A Nanyang style pioneer

Born in 1906 in Guangdong, China, Chen Wen Hsi was heavily influenced by traditional Chinese paintings, and the early Cubist works of Pablo Picasso and Paul Klee. Between 1923 and 1992, he conducted 38 one-man exhibitions in Singapore and other countries such as China, Taiwan, Malaysia, Japan, Australia, New Zealand and Hong Kong. Chen was adept at both traditional Chinese ink and Western oil painting. He experimented with various styles and techniques ranging from Fauvism to Cubism as well as acrylic, viscous paints and sand on canvas. He had great interest in human figures and perceived them in the simplest of manner by merely depicting them as a pattern of images. He was also keen on nature and animals for his still life studies and abstract compositions. His attention to detail and sensitive transcription of illustrating his subject on canvas, especially his work on the gibbon paintings where he was inspired by Mu Xi's works, were highly noted by art experts and aficionados in his time.

2. CHEONG SOO PIENG A Nanyang artist of versatility

Cheong Soo Pieng was born in Amoy, China in 1917. According to art historian T.K. Sabapathy, Cheong's presence was very significant in the



formative period of Singaporean modern art. His brushstrokes were described as almost 'sketch-like' and 'rough'. His works also have an unfinished, raw quality especially from the dry brush technique and ink washes inside his thick and thin outlines. There are certain coloured spots of red, blue and grey strategically placed within his works. As a result, there is a striking contrast and cubistic nuances to his otherwise monochromatic Chinese ink landscapes. His artworks may be viewed as a visual representation of the history of Singaporean modern art, for the artist worked with abstract expressionism, realism, cubism, and traditional landscape painting, all throughout his career.

painter, a committed educationist and a generous supporter of social charities. His contributions and efforts since the 1950's has made him a cherished icon in the world of art. He gained his welldeserved and exceptional reputation through his extraordinary traditional oil paintings of landscapes, animals and nature, inspired mostly from his travels and exposure. He tends to combine two different styles of Western impressionism and rules of perspective with traditional Chinese brushwork. Often, his bird paintings featured them descending in a spectacular vision, amidst swirling mists, to nest in foliage. His artistic signature touch also exudes romantic and atmospheric visuals that carry powerful symbolic values with technical virtuosity, which is why he is well-known as the 'Painter of Doves and Pigeons'.





3. CHOO KENG KWANG The painter of doves and pigeons

Choo Keng Kwang, born in 1931 in Singapore, is a highly accomplished

4. LIM TZE PENG Documenting history through art

Lim Tze Peng was born on the Sept 28, 1923 in Singapore. He started his art career in the 1950's, during which he would create a series of oil paintings on Chinese junks. Best known for his numerous drawings using Chinese

ink, and paintings of Chinatown and the Singapore River, these artworks were produced mainly when urban development was on the rise. He was often haunted by the changing streets of Singapore, what it was like then and now. He was painting history, filled with recollections of the days gone by. Lim's artworks are typically 'wetlooking' and dream-like. His vintage atmospheric paintings capture vividly the old warehouses, hawkers, vendors and residents, shophouses, bicycles, trishaws and all the traditional elements - most of which centred around Chinatown.



5. LIU KANG The founder of Nanyang style

Born in 1911 in Yongchun, Fujian Province, famed Singaporean artist, Liu Kang was hailed. as "a pillar of the southern sky" in the art scene. Liu Kang graduated from Shanghai Xinhua Arts Academy in 1928, and soon after, he left for Paris. It was during his five-year stay at Shanghai Xinhua Arts Academy that he established his personal style - an integration of Western and Chinese art. His works involved the use of Western painting materials and tools but essentially, his style and substance are Chinese and the realms of his paintings are typically Oriental. The artist's works embody a repeated theme, the scenes of tropical life. On the account of this, he was considered the founder of "Nanyang" or Southern Sea style and presented his own interpretation of the genre. In 1952, Liu Kang, Chen Chong Swee, Chen Wen Hsi and Cheong Soo Pieng went on a historic field trip to Bali in search of a visual expression that was Southeast Asian. Liu drew much inspiration from this trip which inspired some of his latter figurative works.

6. NG ENG TENG

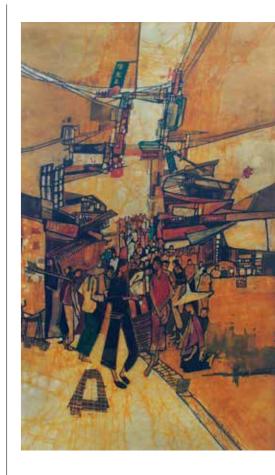
The grandfather of Singapore sculpture

Ng Eng Teng was born in Singapore in 1934 and was dubbed the grandfather of Singapore sculpture. After training his painting skills under the mentorship of Georgette Chen and Liu Kang, he went on to study ceramics in England. Upon his return, he began to actively and creatively produce large sculptures, most of which became notably famed such as Wealth, Mother and Child and

The Explorer, These sculptures are still displayed in public spaces in Singapore. A recipient of Singapore's Cultural Medallion Award and ASEAN's Cultural Award for Visual Arts. he believed in free creation and education. The human figure was Eng Teng's principal source of inspiration and, no matter how

abstract, his works, from the earliest, tentative explorations to the mature, masterful creations, always retained some link with figuration.



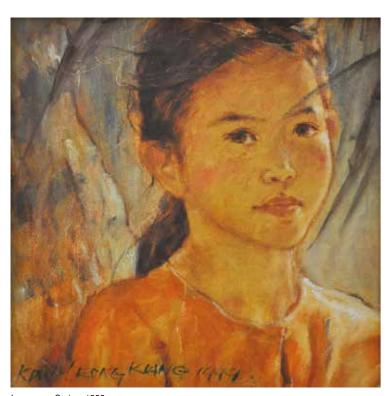


7. SEAH KIM JOO A lover of batik art

Born in 1939 and raised in Terengganu, Seah Kim Joo was very much exposed to the art of traditional batik-making during the early stages of his artistic career. As Terengganu is known as Malaysia's biggest producer of batik, it is no wonder that batik-painting played a major influence in his craft. Seah began to be popularly known for his use of the dye-and-resist technique in batik. His popularity was even more evident as his murals have adorned the Singapore Pavilion, and one of his paintings was even selected for Singapore's commemorative stamp series. When one observes most of Seah's art masterpieces, his batikpainting illustrations portray a lot of the environment, mainly nature and people. If you observe his 1960's piece known as 'Stilt Houses' as well as the 'Buffalo Tender' (undated). for instance, these artworks clearly depict the milieu of the local culture.

ART FEATURES

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Innocence Series, 1999 Oil on canvas 23.5 x 23.5 cm Private Collection



Portrait of a Lady, 2013 Oil on canvas 51 x 41 cm Private Collection

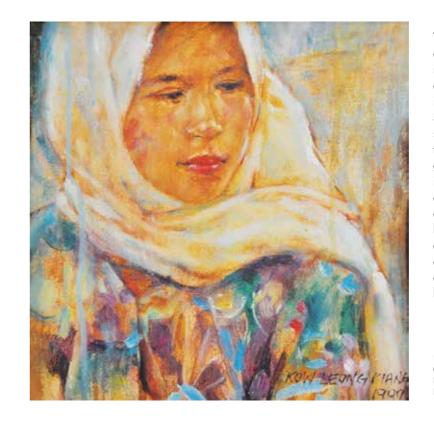
KOW LEONG KIANG

The Master of Emotions

BY HIRANMAYII AWLI MOHANAN

ow Leong Kiang is one of the most renowned Malaysian figurative artists. A native of Petaling Jaya, Kow who was born in 1970, has firmly established his place in Malaysia's art scene ever since he won the Grand Prize at the Philip Morris Asean Art Awards in 1998. Kow did his country proud again when he was the first Malaysian to be awarded the Asian Artist Fellowship by the 11th Annual Freeman Foundation in 2004. This talented artist has participated in numerous international and solo exhibitions around the world, including the United States of America, United Kingdom, Taiwan, Korea and many more. his works have also made their way into some of the permanent collections of corporations, individual collectors and galleries such as the National Art Gallery of Malaysia.

In 1991, Kow graduated with a Diploma in Fine Arts from the Kuala Lumpur College of Art. Since then, his artworks have been showcased at public and private galleries in Malaysia as well as overseas. The hallmark of his works is his exploration of personal expression, which is usually depicted with a blur motif. In addition, his niche is the ability to capture and portray human emotions perceptibly using his masterful technique. Kow is widely renowned for his portraits of the Malaysian Peninsula's East Coast. The beauty of the East Coast's pastoral sceneries, its people and their day-to-day antics fuelled much of the artist's work which he has meticulously illustrated on canvas.



The East Coast, above all, appeals to Kow's sentiments and because of that, he found himself returning numerous times to soak in its timeless and unhurried ambience, finding an affinity with the landscape and its people. It was the East Coast that his 'Innocence Series' was derived upon. The subjects of this sublime series revolve around rural Malay women and is aptly titled to showcase their purity. Rural preadolescent girls of Malay descent especially, are Kow's subject of interest as they portray female values based on Malay culture - the ideals of modesty, innocence and naivety are ingrained from childhood. In this series, Kow uses his masterful, gentle strokes and his niche of capturing emotions to bring to life the East Coast women on canvas. His skillfulness in portraiture and figurative drawings sets him apart from his contemporaries with his delicate strokes and rustic palette.

Innocence Series, 1999
Oil on canvas 23.5 x 23.5 cm
Klas Art Auction 7 July 2013



Transition, 2003
Oil on canvas 122.5 x 244.5 cm
Klas Art Auction 23 September 2018
Sale XXXIII

'Transition', comprising Kow 'Floating World' Series, is a diptych illustrating the simple pleasures of life that are viewed from the sky. A girl is seen swimming in the sea, her laughter ringing and she is echoed in the next panel while another swimmer lies submerged between the two panels, gently moving towards the left. In this composition, the artist has made time and space overlap and continuous. Through a gradual layering of colours, Kow achieved this in his painting with emanating effects of depth and translucence and figures bathing in glowing light. One can notice in this work that there is tranquillity and monumental silence. The contraction of details allows viewers to respond to the painting's poetic and emotional content.

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ART FEATURES

SENAKA SENANAYAKE

BY HIRANMAYII AWLI MOHANAN



Farmers
Oil on canvas 93 x 93 cm
KLAS Art Auction 23 September 2018
Sale XXXIII

Senaka Senanayake was born to paint. He was celebrated as a child prodigy, whose artwork were first exhibited in Colombo in the late 1950's. Subsequently, at the tender age of 10, he held his first international one-man show in New York. Senanayake's innate talent led him to continue painting and as a teenager, he held numerous exhibitions in Sri Lanka as well as Europe, the USA and Asia.

However, it was only after he received formal training at Yale University, where he studied Art and Architecture, that he decided to surrender to art and painting. Soon after graduating, he moved back to his roots in Sri Lanka, where he has since established himself as one of the region's most important living artists.

Fuelled by the plight of the Sri Lankan rainforests, his recent works revolved around the subject, including intense deforestation to make way for tea plantations. Senanyake's related that his main focus was on the endangered flora and fauna in Sri Lanka's rainforests, which have become his muse for many of his shows.

It's no wonder that Senanayake draws inspiration from this for his wonderfully vibrant canvases. His work studio in Colombo is situated next to the house he grew up in, surrounded by a lush tropical garden comprising exotic plants, colourful birds and iridescent insects. Instead of portraying the ugly and negative aspects of destruction, Senanayake chooses to portray happy, positive paintings.

The objective of his works is to establish a connection with everyone that encounters them. He wants his paintings to speak and relate to the viewers, from street sweepers to professors, instead of them blindly passing these by. His artwork takes approximately two to three weeks to complete. Layer upon layer of paint is added, creating an incredible depth to the colours and imparting richness that also exude an almost luminescent quality to it.

KLAS ART AUCTION MALAYSIAN MODERN & CONTEMPORARY ART



SALE XXXIII

AUCTION RESULTS: SUNDAY, 23 SEPTEMBER 2018. 1 PM. KLAS@ JALAN UTARA



ABDUL LATIFF MOHIDIN Siri Pago-Pago, 1966 Oil on board 46 x 44 cm SOLD RM 425,000.00



IBRAHIM HUSSEIN
San Rafael California
Mixed media on magazine paper laid on board
23 x 22.5 cm
SOLD RM 54,400.00



JOLLY KOH
Palms at Titiwangsa ,2005
Oil and Acrylic on canvas
170 x 107 cm
SOLD RM 72,800.00



ABDUL LATIFF MOHIDIN Pago Pago, 1969 Acrylic on cardboard 27.5 x 26.5 cm SOLD RM 76,160.000



CHEONG SOO PIENG
Malay Fishing Village, 1957/58
Chinese ink and watercolour on paper 44 x 92.5 cm
SOLD RM 123,200.00



ISMAIL ABDUL LATIFF Tioman Merah...Senja Sita, 2011 Acrylic on canvas 75 x 75 cm SOLD RM 9,520.00



YUSOF GHANI
Wajah Series, 'Contemplation II' 2008
Mixed media on canvas 126.5 x 96.5 cm
RM 28,000.00



NG ENG TENG Bust of Frank Sullivan, 1970's Patinated clay on marble base 40 cm (Height)



CHOO KENG KWANG Angkor Watt, 1961 Oil on Canvas Board 60.5 x 45 cm SOLD RM 17.360.00



ABDUL LATIFF MOHIDIN
Pago Pago, 1969
Acrylic on cardboard 33.2 x 30.5 cm
SOLD RM 112.000.00



KHALIL IBRAHIM Mother and Child, 1968 Batik 46 x 36 cm SOLD RM 23,520,00

80 | KL LIFESTYLE



EVOLUTION **EVO**LUTION

NZ WHEELS DISPLAYS ULTIMATE LUXURY AND PERFORMANCE AT BANGSAR AUTOHAUS



Dato' Samson Anand George, Group CEO, Automotive Group,
Naza Corporation Holdings delivering a speech on behalf of NZ
Wheels Sdn Bhd.

Z Wheels, the sole importer for Mercedes-Benz CBU models in Malaysia and an authorised dealer for Mercedes-Benz Malaysia, presented four top-of-the-line Mercedes-Benz models at 'The Ultimate Luxury and Performance', an exclusive customer event at NZ Wheels Bangsar Autohaus recently.

NZ Wheels' Bangsar Autohaus became the glittery backdrop to an impressive set-up on display – the ultra-luxurious Mercedes-Maybach S560 and Mercedes-Benz S450L, the iconic Mercedes-Benz CLS 450, and the high-performance Mercedes-AMG GT C.

Apart from the opportunity to get up close and personal with the impressive Mercedes-Benz cars, guests were also entertained by a live band.





EVOLUTION **EVO**LUTION



MERCEDES-BENZ

ercedes-Benz Malaysia launched its Dream
Cars collection in Kuala
Lumpur recently. The beautiful collection are the embodiment of the brand's design philosophy of sensual purity, passion and alluring desire. These cars offer pure performance, breathtaking style, state-of-the-art engineering and absolute luxury, specially crafted to fulfil the dreams of Mercedes-Benz's passionate fans.

The Mercedes-Benz Dream Cars range is represented by the powerful AMG range, the ultimate luxury Maybachs, and the undeniable connoisseurs' choice of elegant coupes and cabriolets.

At the launch, Mercedes Benz Malaysia unveiled three new models, namely the CLS-Class Coupe, AMG GT C and the E-Class Cabriolet, giving more options within the Dream Cars range for the

passionate and discerning Mercedes-Benz customer.

The Mercedes-Benz CLS-Class Coupe is offered as a range-topping Mercedes-AMG CLS 53 alongside a Mercedes-Benz CLS 450 and CLS 350, featuring an all-new engine family, while the E-Class Cabriolet comes in E 300 specification.

"From the seductive design of the Mercedes-Benz CLS-Class, which was the original four-door coupe, to the AMG GT C which adds yet another thrilling facet to the AMG GT family and the E-Class Cabriolet, a masterpiece of intelligence now with the liberation of topless motoring, the Dream Cars offer the utmost indulgence for every kind of driver. In other words, we invite you to Risk an Affair," said Mark Raine, Vice President Sales & Marketing Passenger Cars, Mercedes-Benz Malaysia.

The E-Class Cabriolet features all the intelligent innovations of the E-Class limousine and more, including the Widescreen Cockpit with COMAND Online infotainment, extended intelligent safety functions, 19inch alloy wheels and MULTIBEAM LED headlights.

The Mercedes-Benz E-Class Cabriolet is available in Malaysia as an E 300 specification and presented in sporty AMG Line.

MERCEDES-BENZ E 300 CABRIOLET AMG LINE

Displacement

Output

180 kW (245 hp) at 5,500 rpm

Peak torque

370 Nm at 1,300 - 4,000 rpm

Fuel consumption

NEDC combined 7.9 I/100 km Acceleration

0-100 km/h 6.5 s

Top speed - 250 km/h
Price (OTR without Insurance)

RM588,888

*Price is with 0% GST, subject to change upon implementation of SST.

Mercedes-Benz CLS enters its third generation with a bold claim of creating a four-door coupe segment. CLS range consists of the CLS 350 and CLS 450 Edition 1, while the Mercedes-AMG CLS 53 adds a further dimension of performance to the class and comfort

Edition 1 specification of the CLS 450 and the AMG CLS 53 adds even more exclusivity to the superlative expression of style with a COPPER ART interior concept and interior trim in open-pore black ash wood with Edition 1 laser engraving as standard.

THE MERCEDES-BENZ CLS: Mercedes-AMG CLS 53 Mercedes-Benz CLS 450 Mercedes-Benz CLS 350 Displacement

of this iconic model line.

2999 cc in-line six- cylinder 2999 cc in-line six- cylinder 1991 cc in-line four- cylinder

Output

320 kW (435 hp) at 6,100 rpm 270 kW (367 hp) at 5,500 – 6,100 rpm 220 kW (299 hp) at 5,800 – 6,100 rpm

Peak torque

520 Nm at 1,800 – 5,800 rpm 500 Nm at 1,600 – 4,000 rpm 400 Nm at 3,000 – 4,000 rpm

Fuel consumption NEDC combined

8.9-8.7 I/100 km 8.0-7.8 I/100 km 7.1-6.9 I/100 km

Acceleration 0-100 km/h

4.5 s

4.8 s 6.0 s

Top speed

250 km/h 250 km/h

250 km/h

Price (OTR without Insurance)

*Price is with 0% GST, subject to change upon implementation of SST.

RM806,638.35

(RM811,355.33 with designo paint option)

RM650,034.58 (RM654,751.56 with designo paint option)

Est. RM530,000

(with design paint as an option)









EVOLUTION **EVO**LUTION







Mercedes-AMG welcomes the GT C Coupe into the growing AMG GT family.

The GT C Coupe is a class between the AMG GT S and the AMG GT R.

Powered by a 4.0 litre biturbo V8, engineered by AMG and mated to an AMG Speedshift DCT 7-speed transmission, the GT C produces 557 hp and 680 Nm of torque. It is 47 hp and 30 Nm more than the AMG GT S. Good for a 0-100 km/h sprint time of 3.7 seconds and a top speed of 316 km/h.

"The brutal Mercedes AMG GT C is an exciting addition to the AMG GT collection and, of course, to the World's fastest family. Incredibly powerful and dynamically superior, the AMG GT C is also the complete aesthetic package with the intimidating Panamericana grille, wide stance and low, purposeful silhouette.

With the new GT C, the AMG GT family has options for all passionate AMG aficionados, but all carrying the same superior motorsport DNA and coming from the same high-performance bloodline for the ultimate in AMG performance, "said Mark Raine, Vice President Sales & Marketing Passenger Cars, Mercedes-Benz Malaysia.

Mercedes-AMG GT C

Displacement 3982 cc Output 410 kW (557 hp) at 5,750 - 6,750 Peak torque 680 Nm at 2,100 - 5,500 rpm Fuel consumption NEDC combined 12.5 l/100 km CO2 emissions 284 g/km Acceleration 0-100 km/h 3.7 s Top speed 316 km/h Price (OTR without Insurance) *Price is with 0% GST, subject to change upon implementation of SST. RM1,461,605.60



ASTON MARTIN VANTAGE

t is almost every men's dream to be
James Bond and be seen driving the
MI5 secret agent's iconic car, the
Aston Martin. Right now, you have
a chance to own one that is not only
inspired by the super performance Aston
Martin Vulcan but also by the iconic
DB10.

Wearnes Malaysia recently launched the latest Aston Martin Vantage in Kuala Lumpur. This new Vantage is inspired by the track-only Vulcan and the purpose made DB10 that appeared in the James Bond film Spectre. The titanium front grille, which is un-mistakeably Aston Martin design is also inspired by the Vulcan.

The power plant of the Vantage is derived from Mercedes-Benz AMG's M177,

4-litres, V8, Twin Turbo. Churning out 503 bhp with a century sprint time of 3.6 seconds. Stopping the Vantage is through a Ø400mm front and Ø360mm rear disc brakes with loads of electronics assistance like ABS, EBD, DSC, EBA and HBA (refer to specifications)

Gripping the roads are huge 20 inches wheels with 255mm & 295mm width tyres. Handling department is impressive with the Skyhook technology in place.

Seats and steering wheel are luxuriously covered in Alcantara leather with fine stitching workmanship.

Photos and words do not do justice. So, go over to a Wearnes Aston Martin showroom to have a feel of your own or better still, book one and be the eye candy of town.

EVOLUTION **EVOLUTION**

SPECIFICATIONS

Body

- Two-door body style 2+0 seating. Extruded bonded aluminium body structure with steel panels.
- LED high and low beam headlamps with integrated direction indicator, daytime running lights, position lamp, lock/unlock graphic theatre Signature full width LED tail lamp with stop tail and dynamic indicator functions.
- Clamshell bonnet. Side gill

Engine

- All-alloy quad overhead cam, 4.0 litre twin turboV8 Water-to-Air charge cooling.
- Front mid-mounted engine, rear wheel drive.
- Compression ratio 10.5:1
- Fully catalysed stainless steel exhaust system. Electronically controlled exhaust
- Dual Variable Camshaft Timing
- Fully CNC machined combustioned chambers
- Maximum power: 510PS / 503 BHP / 375kW at 6000rpm.
- Maximum torque: 685Nm from 2000-5000rpm.
- Acceleration: 0-62mph (0-100kmh) in 3.6 seconds / 0-60mph in 3.5 seconds.
- Maximum speed: 195 mph (314

European Fuel Economy Figures (estimated figures)

• C02 245 g/km

Urban:

19.7 mpg. 14.4 litres / 100 km.

Extra Urban:

34.3 mpg. 8.2 litres / 100 km.

Combined:

26.8 mpg. 10.5 litres / 100 km.

Transmission

- Rear mid-mounted ZF eight-speed automatic transmission.
- Alloy torque tube with Carbon Fibre propeller shaft.
- Electronic differential (E-Diff).
- Final drive ratio 2.93:1

Steering

- Electric power assisted steering rack with 13.09:1 steering ratio.
- Speed-dependent rack and pinion powerassisted steering, 2.4 turns lock-to-lock

Suspension

- Front independent double wishbone design coil springs, anti-roll bar.
- Rear multi-link, coil springs, anti-roll bar.
- Adaptive Damping System (ADS) with Skyhook technology modes Sport, Sport + and Track

Wheels and Tyres

- 20" 'Y' spoke wheels Silver.
- Front 20" Pirelli P Zero 255/40/20.
- Back 20" Pirelli P Zero 295/35/20

Brakes

- Front ventilated two-piece steel brake discs 400 mm diameter.
- Rear ventilated co-cast brake discs 360mm diameter.
- Electric park brake.
- Dynamic Stability Control (DSC).
- Anti-lock braking system (ABS).
- Electronic Brakeforce Distribution (EBD).
- Emergency Brake Assist (EBA).
- Traction Control (TC).
- Hydraulic Brake Assist (HBA).
- Positive Torque Control (PTC).
- Dynamic Torque Vectoring (DTV).

Dimensions

- Length: 4465mm
- Width (incl. Mirror Caps): 2153mm.
- Width (excl. Mirror Caps): 1942mm.
- Height: 1273mm.
- Wheelbase: 2704mm.
- Fuel tank capacity: 73 litres.
- Min Dry Weight: 1530 kg (inclusive of lightweight options).
- Weight Distribution: 50:50.

Standard Specification

- Primary exterior paint colour.
- Graphite painted exterior body pack.
- Graphite painted rear diffuser insert and blades.
- Red tail lamps.
- Twin Stainless-Steel Silver exhaust tailpipe finishers.
- Titanium front grille.
- Bright window surround finisher.
- Silver under bonnet cross brace.
- Exterior body coloured side gill.
- Exterior body coloured mirror caps.
- Exterior body coloured roof.

- Dark Anodised brake calipers.
- Enamel wing badges.
- Sports seats.
- Strathmore leather and Alcantara® environment.
- Black leather steering wheel.
- Carpeted cabin.
- Satin Silver interior jewellery.
- · Gloss Black trim inlay.
- · Automatic temperature control with dual zone climate control.
- Keyless start / stop.
- Front and rear parking sensors.
- Tyre pressure monitoring.
- Alarm and immobiliser.
- Memory seats.
- Heated rear screen.
- Manual steering column adjust.
- Side mirror tilt down on reverse
- Parking distance display and park assist.

In Car Entertainment

- Aston Martin Audio System.
- 8.0" LCD screen.
- iPod® and iPhone® integration and USB playback.
- DAB & AM / FM Radio.
- A2DP Bluetooth® audio and phone streaming.
- Integrated satellite navigation system.

OPTIONAL FEATURES

Interior

- Sports Plus Seats.
- Sports steering wheel.
- 2x2 Twill Gloss Carbon Fibre steering
- Full leather interior.
- Caithness or Balmoral leather.
- Colour keyed boot carpet.
- Floor mats.
- Tread plates with sill plaques Satin Silver, Dark Chrome, 2x2 Twill Satin Carbon Fibre
- Embroidered headrest Vantage logo or Aston Martin wings.
- Embossed headrest Vantage logo or Aston Martin winas.
- Placed perforation.
- Optional trim inlays Lime Essence painted, Hyper Red painted, White Stone painted, 2x2 Twill Carbon Fibre.
- Optional interior jewellery Dark Chrome, Dark Chrome with 2x2 Twill Satin Carbon Fibre.
- Alternative seat belt colours Flint, Champagne, Spicy Red, Mocha, Graphite.

Exterior

- Exterior Body Pack finishes Gloss Black painted, 2x2 Twill Gloss Carbon Fibre.
- Q Exterior Graphics Pack.
- Rear diffuser inserts and blades Body colour.
- Roof panel finishes Gloss Black painted, 2x2 Twill Gloss Carbon Fibre.
- Matte Black exhaust finishers. - Front grille meshes - Magnum Silver,
- Matte Black. - Window surrounded finishers - Bright, Matte Black.
- Side gills Matte Black perforated, 2x2 Twill Gloss Carbon Fibre.
- Exterior door handles 2x2 Twill Gloss Carbon Fibre.
- Mirror caps Gloss Black painted, 2x2 Twill Gloss Carbon Fibre.
- 20" 'Y' spoke wheel Gloss Black Diamond Turned. - 20" 'Y' spoke wheel - Graphite
- Duotone. - 20" forged wheel - Silver Diamond Turned.
- 20" forged wheel Gloss Black Diamond Turned.

- Black under bonnet cross brace.

- 20" forged wheel Textured Dark.
- Alternative brake caliper colours -Black, Red, Grey, Yellow, Satin Silver, Orange, Vivid Red, Blue, Madagascar.

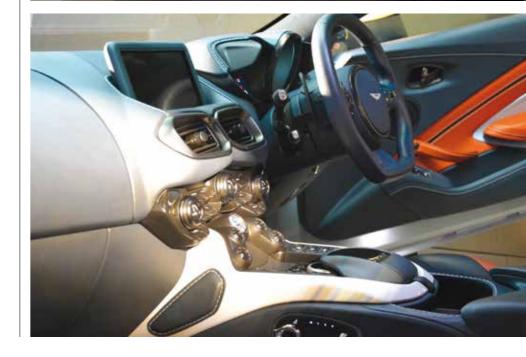
- **Functional** - Aston Martin Tracking by Vodaphone Automotive UK Ltd (Category 5).
- Garage door opener.
- Aston Martin Premium Audio System.
- Ventilated seats.
- Heated seats.
- 16-way seat adjust.
- Closed stowage and armrest.
- Keyless entry.
- Blind spot monitoring. - Auto park assist.
- Touchpad - Glass switches
- Electronic steering column and cruise control.
- 360-degree camera.
- Second Jewellery Key.
- Umbrella and holder.
- First aid kit.

Option Packs

- Sports Plus Pack.
- Exterior Black Pack.
- Tech Pack. - Comfort Pack.











Tinggi

fahrenheit88

Tel: 03-2148 5488

• Sunway Pyramid • LG14 Subang

Parade • One Utama PH\$ 2 • KLCC

• Mid Valley Megamall • Alamanda

Putraiava • Pavilion KL • Jusco Bukit

179, Jalan Bukit Bintang • 🗑 B Bintang

A hot spot for Fashion, Food, Gadgets

and Entertainment with 200 retails stores

over 7 levels of shopping space. Shop at

South East Asia's largest Uniqlo store, the

Floor, or buy aifts and souvenirs. Discover

entertain at CEO Karaoke Box and Club

1 Lebuh Bandar Utama, Bandar Utama,

under one roof. The old wing has Jusco

as the main anchor tenant while the

new extension houses many designer

brands and has U Parkson, MPH & Jusco

asanchor tenants • 10am - 10pm daily.

The biggest in Southeast Asia, this mall

which measures 7.5 million sq ft, is an

integrated shopping-cum-entertainment

centre with a hotel, the region's biggest

indoor theme park and bowling centre.

A new generation shopping centre

which satisfies all shopping needs

latest Shoes, Bags, Accessories on First

new concept cafes and restaurant or

Vellin. • 10am-10pm daily

P.I Tel: 03-7710 8118

Berjaya Times Square

Tel. 03-2117 3111

1 Jalan Imbi • 🕫 Imbi

the Curve

Mutiara Damansara, PJ Tel: 03-7710 6868 Situated in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.

Bangsar Village

Jalan Ara, Bangsar • 角 Bangsar Tel: 03-2282 1808 Located in happenina Banasar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Alamanda Putrajaya

Jalan Alamanda, Precinct 1, Putrajaya Tel: 03-8888 8882 Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Álamanda offers a new resort-style shopping to suit the needs of all - with Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

CapSquare

Jalan Munshi Abdullah • 🕫 M Tuanku Dang Wangi Tel: 03-2697 7662 Strategically located in the heart of KL's midtown grea. CapSquare is an eclectic mix of signature offices. Manhattaninspired residences, a shopping centre and a vibrant 300-metre retail boulevard It also houses intimate eateries, chill-out

spots and a TGV cinema. • D6

Publika Shopping Gallery No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur Tel· 03-6211 7877 www.publika.com.mv www.facebook.com/ publikashoppinggallery

Suria KLCC

Petronas Twin Towers • 🗯 KLCC Tel: 03-2382 2828 / 2430 / 2431 Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Sunway Pyramid

Bandar Sunway Tel: 03-74943100 Impressive giant sphinx statue greets you at the entrance of this Eavotian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park,. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

Pavilion KL

168, Jalan Bukit Bintang • 🗑 B Bintang Tel: 03-2118 8833 The shopping centre blends the best of the international retail world with 450 stores – ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts, 20% of its tenants represent debut brands in Malaysia, Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm

Bangsar Shopping Centre Jalan Maarof, Bangsar

Tel: 03-2094 7700 Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

Maju Junction Mall

1001 Jalan Sultan Ismail • 🗑 Tel: 03-2697 9312 Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail. the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

IPC Shopping Centre (Formerly Ikano) 2, Jalan PJU 7/2, Damansara Mutiara, PJ

Tel: 03-7730 0333 Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

indoor theme park and bowling centre.

• 10am - 10pm daily. • F8

KLIA

KL International Airport, Sepang
KLIA
Ekspres-KLIA Tel: 03-8777 8888

One of airports with value-for-money shopping, it offers an excellent selection of acods like souvenirs, tobacco, liquors,

Pertama Complex Jalan Tuanku Abdul Rahman

M Tuanku Bandaraya • 🖛 Bank Negara Tel: 03-2691 6599 One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware,

Sogo KL

Jalan Tuanku Abdul Rahman

→ 🗑 M Tuanku

9pm daily. • D5

• 🖺 Bandaraya • 🖛 Bank Negara Tel: 03-2698 2111

clothes, shoes and stationery. • 9am -

This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery

181 Jin Bkt Bintang • 🗑 B Bintang Tel: 03-2782 3800 Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. •10am -10pm daily • E9

Sungei Wang Plaza

Jalan Sultan Ismail • 🗑 B Bintang Tel: 03-2142 6636 Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products. mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers

10am - 10pm daily • F8

Subana Parade

Subang Jaya • GKTM Subang Tel: 03-5633 2530 This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson, Carrefour hypermarket is located next door. 10am - 10pm daily

Great Eastern Mall

303 Jalan Ampang Tel: 03-4259 8090 Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.

Hartamas Shopping Centre Plaza Damas, 60 Jalan Sri Hartamas 1

Tel: 03-6201 6553 Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

Lot 10

50 Jalan Sultan Ismail • 🗑 B Bintang Tel: 03-2143 6092 Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

Low Yat Plaza

Off Jalan Bukit Bintang • 🗑 B Bintang Tel: 03-2148 3651 Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair Centre Seri Kembangan • GKTM Serdang

Tel: 03-8949 6288 Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal augy alfresco dining, IT & mobile addaets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. 10am - 10pm daily.

Mid Valley Megamall
Lingkaran Syed Putra • GRTM Mid Valley Tel: 03-2938 3333 The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am 10pm daily.

The Gardens Mid Valley City • KTM Mid Valley Tel: 03-2297 0288 10am - 10pm dayly

Sunway Putra Mall (Formerly The Mall)

100 Jalan Putra, KL • PWTC Tel: 03-2786 9333 Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am -10pm daily • B5

Chinese

Celestial Court

Renaissance Hotel

Dynasty Dragon

Imbi Palace

Lai Po Heen

Cantonese • D8

Kim Ma

03-2717 9988 @ M Tuanku •

• Halal • Casual Dining • C6

• Halal • Casual Dining • H3

03-2264 2264 € KL Sentral • Hilton KL

03-2771 6773 • B Nanas • East Wing,

03-4280 5666 Ampang Water Front
• Non-Halal • Casual Dining • F8

03-21431907 🗑 Raja Chulan 6 Jalan Kia

Peng • Non-Halal • Casual Dining • E9

03-2143 1128 • Jalan Bukit Bintang

03-8946 2333 • Palace of the Golden

Horses • The Mines Resort City • Halal

Fine Dining • Cantonese cuisine

03-2179 8885 9 KLCC • Mandarin

Oriental Hotel • Halal • Casual Dining •

Pavillion • Non-Halal • Casual Dining • F8

Non-Halal • Casual Dinina • D7

Sheraton Imperial Hotel



ANAK BABA

159, Jalan Sultan Abdul Samad, Brickfields, 50470 Kuala Lumpur.



KNOWHERE BANGSAR

50, Jalan Maarof, Banasar, 59100 Kuala Lumpur.

03-2148 8744 • B Bintang • 2/F, Federal

Hotel • Non-Halal • Casual Dining • F8

03-2614 8056 Bandaraya • Quality

Hotel City Centre • Jalan Raja Laut

Halal
 Casual Dinina
 Szechuan

03-2161 8888 @ Ampana Park • Corus

Hotel, Jln Ampana • Casual Dinina

03-2284 8822 € Bangsar • Bangsar

Shopping Centre • Non-Halal •

03-2144 9911 @ B Bintana • 84-88

Jalan Imbi • Non-Halal • Casual

03-2272 3090 · Maharajalela ·

Selangor Chinese Assembly Hall, 1 Jln

Maharajalela • Halal • Casual Dining

03-2144 2200 B Nanas • Concorde

Hotel • Non-Halal • Private Dining

Oriental Noble House

Mandarin Palace

Halal • Casual Dinina • E8

Marco Polo

Ming Palace

Ming Room

Casual Dinina

Dining • F10

Overseas

Dining • F8

Purple Cane

French

Café Café 03-2141 8141# Maharajalela • 175 Jalan Maharajalela • Halal • Fine Dining • Fr & Italian • H7

Fusion

03-2179 8082 • MiCasa All Suite Hotel. 368B Jalan Tun Razak • Pork-Free • Halal • Fine Dining • D10

03-2782 3875 • B Bintang • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Indian

Estana Curry House

03-2141 1958 Raja Chulan • 23D, Jln Sultan Ismail • Halal • Casual Dinina

Passage Thru' India

03-2145 0366 • 4. Jln Delima.kl Halal • Casual Dining • E10

Spice Garden Imperial

03-2142 2220 @ B. Bintang • 205 Jln Bkt 03-2141 2233 Raig Chulan • 1/F. Wisma Lim Foo Yong, Jalan Raia Chulan • Non-

International

03-2717 9900 • M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

The Resort Cafe

03 - 7495 2009 . Lobby Level, Sunway Resort Hotel & Spa *Pork-Free Restaurant

Eight Gourmets Gala (EGG)

017 948 8684 . Suite G-01, Ground Floor, Pinnacle Annexe, Persiaran Lagoon, Bandar Sunway, 47500, Selangor

03-2145 8822 = Imbi • 19 Jalan Delima, 03-2711 8866 B Nanas KLCC Off Jalan Imbi • Non-Halal • Casual Hotel Maya KL • Halal • Casual Dining • Nyonya & International • D8

Melting Pot

012-399 0734 **B Nanas Concorde** Hotel, 2 Jln Sultan Ismail • Halal • 24hour • Casual Dining • D7

Still Water Restaurant 03-2333 1360 € B Nanas € KI CC •

Hotel Maya KL • Halal • Casual Dining • Japanese & Western • D8

PNB Darby Cafe

03-7490 3838 **Ampana Park • G/F.** PNB Darby Park, Executive Suites, 10 Jalan Binjai • Halal • Casual Dining

Li Yen

03-2782 9033 • B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

Maiu Palace

03-2691 8822 @ M Tuanku S Ismail • Level 5, Maju Junction Mall • Halal • Casual Dining • C5



Sentral CARDIAC & VASCULAR HOSPITAL CARDIAC & VASCULAR HOSPITAL

Cardiac Vascular Sentral Kuala Lumpur (CVSKL) is an integrated Cardiac and Vascular Private Hospital specialising in comprehensive modern care for patients with cardiac and vascular diseases.

Jalan Stesen Sentral 5, Kuala Lumpur Sentral, 50470 Kuala Lumpur

92 | KL LIFESTYLE

KL LIFESTYLE I 93

The Majestic Hotel Kuala Lumpu

Italian

Cellini's 03-2715 1000 • B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal •

Tamarind Springs

Casual Dinina • F9

03-4256 9300 • Jalan 1 Taman Tun Abdul Razak, Ampang Halal . Fine Dinina

La Risata

03-4252 6269 • 26, Persiaran Ampang • Halal • Casual Dining

03-2773 8338 • B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli

03-2717 9922 @ M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

Tatsu Japanese Restaurant 03-2782 6118 @ Ampang Park InterContinental Hotel Halal . Casual Dining . C9

Gen

03-4042 9888 PWTC • Sunway Putra Hotel • Halal • Casual Dinina • B5

Nobu Kuala Lumpur

03-2164 5084 • Menara 3 Petronas Persiaran KLCC . Fine Dining

Fukuva Restaurant

03-21-44 1022 • 9, Jalan Delima, Imbi, Kuala Lumpur • Casual Dining

Haru Japanese Restaurant

03-2011 8783 • 124A, Jalan Kasah, Medan Damansara • Casual Dining

Iketeru

03-2264 2264 @ Stesen Sentral KL Hilton Kuala Lumpur, 3 Jln Stesen Sentral

03-2148 9608 Raja Chulan • Pavilion KL

Kokufu

03-4049 4412 • Sri Pan Pacific KL Halal • Fine Dinina

03-2161 8888 € Ampang Park Corus Hotel

• Casual Dining • C9 Ozeki Tokyo Cuizine

03-2166 4263 • B Nanas • Menara TA One • Halal • Fine Dining • D8

03-2284 7663 • The Gardens, Mid Valley City . Casual Dining

03-2162 2233 ⁹ B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

Da On

03-2141 2100 @ B Bintana • Pavilion KL • Halal • Fine Dining • Korean • E8

Koong Jung

03-2166 7181 @ Ampang Park • PNB Darby Park • Halal • D9

Korvo Won

03-2143 2189 @ Bukit Bintang • Starhill Gallery • Halal • Casual Dining • E8

Thai

Rama V Fine Thai Cuisine

03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dinina

HOTEL & RESORT ****

Ascott KL

03-2718 6868 9, Jalan Pinang • • R Chulan • From

Berjaya Times Square Hotel & ntionCentre

03-2117 8000 • 1 Jalan Imbi • 🖷 Imbi • Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl.

Seri Pacific Hotel Kuala Lumpur

03-4042 5555 • Jalan Putra PWTC Zende (Int'I), Kokufu (Jap), lounge to Cher From RM198++ to RM3,000 • B5 www.seripacifichotel.com

Grand Hyatt Kuala Lumpur

03-2182 1234 • Jalan Pinang THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

The Westin KL

03-2731 8333 199 • Jalan Bukit Bintang B Bintang • Prego (Ita), Living Room (Int'I), Qba (Bar & Grill), Treats (gourmet bakery), Eest (Pan Asian) • From RM480-RM7,000 • E9 • www.westin.com

Grand Millennium KL

03-2117 4888 • 160, Jalan Bukit Bintang • Bukit Bintang • Zing (Chi), The Mill (Int'l)From RM300-RM5,600 • www.millenniumhotel.com

Hilton KL

03-2264 2264 • 3, Jln Stesen • Sentral, KL Sentral • @ @ GKTMKL Sentral • Chynna(Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 www1.hilton.com

03-7955 9122 • 2 Jalan Barat, PJ • € Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genii (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

Holiday Inn Kuala Lumpur

03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam •Fu-Rin (Jap), Kites (Int'I), The Mix Restaurant & Bar • From RM290 • www.holidavinn.com/alenmarie



KL Tower

03-2020 5499 ■ Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



Istana Negara, Jalan Duta

Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Isnic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



Jalan Tugu, off Jalan Parlimen Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



Little India

Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes &



03-2267 1111 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 vrs & students



Jamek Mosaue

Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a . Opens 8am-1:30pm & 2:30pm-6pm.

Sheraton Imperial KL 03-2717 9900 • Jln Sultan Ismail • • M Tuanku • Essence (Int'I), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5,825 • D6

Hotel Istana

03-2141 9988 • 73, Jalan Raja Chulan • • R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'l) • From RM299-RM5000 • E8 • www.hotelistana. com.mv

Hotel Maya KL 03-2711 8866 • Jalan Ampang • ⊕ Bukit Nanas ⁹ KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325-RM1,800 • D8

www.hotelmaya.com.my

InterContinental KL

03-2782 6000 • 165, Jalan Ampang • Ampang Park • Serena Brasserie Tao (chi) , Tatsu (Jap), Bentley's Pub, Lobby Lounge & The Deli • From RM330-RM12.500 • C9

www.intercontinental.com

JW Marriott Hotel KL

03-2715 9000 • 183 Jalan Bukit Bintana • • B Bintang • 3rd Floor (Int'I), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'I), Havana Club • From RM400- RM8,000 • E9

Le Meridien KL

03-2263 7888 • 2, Jin Stesen Sentral 5, KL Sentral • • • € GKTM KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5.500 • H3 www.lemeridienkualalumpur.com

Mandarin Oriental Hotel

03-2380 8888 • KL City Centre • € KLCC •Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409(internet)/RM499(phone) • D8 www.mandarinoriental.com

Philea Mines Beach Resort

03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • GRTM Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA

03-8787 3333 • Kuala Lumpur International Airport • SKLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++

Parkroyal Kuala Lumpur

03-2147 0088 Jln Sultan Ismail • • B Bintana • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Klix Lounge • From RM270 • www.parkrovalhotels.com

PNB Darby Park Executive Suites

03-7490 3333 • 10, Jln Binigi • @ Ampana Park •The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350-

www.pnbdarbyparksuites-kl.com

Pullman Kuala Lumpur

03-2170 8888 • 4, Jalan Conlay • • Raja Chulan •Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9 • www.princehotelkl.com

Renaissance KL

03-2162 2233 • Corner of Jln S. Ismail/ Jin Ampang • • B Nanas • Sagano (Jap), MED@Marche(Med), Vogue (Int'I) • East Wing: Dynasty (Chi), TEMPTationS (Int'l) • From RM215-RM6,000 • D7

The St. Regis Kugla Lumpur

03-2727 1111 . Jalan Stesen Sentral 2. Kuala Lumpur Sentral • From RM850

Shanari-La Hotel KL

03-2032 2388 • 11 Jalan Sultan Ismail • • B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'I), The Pub • From RM364-RM12,000 D7 • www.shanari-la.com

Sheraton Imperial Hotel

03-2717 9900 Jin Sultan Ismail • 🖥 M Tuanku • Essence (Int'I), Villa Danieli (Ita), Calestial Court (Chi) • From RM300-RM5.8250 • D6

The Gardens Hotel & Residences

03-2268 1188 • Mid Valley City • Grm Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtlres.

Sunway Putra Hotel (Formerly The Legend Hotel)

03-4042 9888 • Putra Place, 100 Jalan Putra • PWTC • Museum (Chi), Di-Atas Brasserie (Int'I), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www. legendhotelkl.com

The Ritz-Carlton KL

RM950-RM1.330 • F9

03-2142 8000 • 168, Jalan Imbi • 🗑 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

The Ritz-Carlton Residences 03-2142 9000 • • B Bintang • From

The Royal Chulan 03-2688 9688 • Jalan Conlay • # R Chulan • Deli Cafe (Ita), Bunga Emas

theroyalchulan.com.my ***

Aloft Kuala Lumpur Sentra

(Mas), L'Heritage (Fr) • F6 • www.

Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 •

Ancasa Hotel KL

03-2026 6060 • Jin Tun Tan Cheng Lock • ■ Plaza Rakyat • Saffron Brasserie and BabaReeba! • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

Boulevard Hotel

03-2295 8111/2295 8000 СТТ Mid Vallev City, Lingkaran Syed Putra • Mid Valley
•Wild Rice (Int'l) • Rates from RM290Nett - RM420Nett • www.blvhotel.com

Concorde Hotel

03-2144 2200 • 2 Jalan Sultan Ismail • B Nanas • Spices (Western), Meltina Pot (Int'l), Xin (Chi) • From RM178++-RM320++ • D7

Coronade Hotel KL

03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • • B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge. • From RM208- RM500 • F8 www.coronade.com

Corus Hotel KL

03-2161 8888 • Jalan Ampang • 🥯 Ampang Park • Ming Palace(Chi), Dondang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www. corushotelkl.com

Dorsett Regency 03-2716 1000 • 172, Jalan Imbi • • B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200 onwards • F9

www.dorsettregency-kl.com

Seri Bukit Ceylon

03-20201708 • No 8, Lorong Ceylon off Jalan Raja Chulan • From RM250-RM480 • E7

03-2148 9166 • 35, Jalan Bukit Bintang • 🖩 B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (Furopean) • From RM170-RM600 • F8 www.fhihotels.com

HOTEL MAJESTIC

Grand Seasons

Federal Hotel

03-2697 8888 • 72, Jalan Pahang •

Chow Kit

KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

Impiana KLCC Hotel & Spa

03-2147 1111 • 13 Jin Pinang • 🗑 R Chulan • Tonka Bean Cafe (Int'l) • From RM219-RM368 • D8 • www.impigng.com Novotel City Centre KL

Qing Zhen (Chi Muslim), The Square

(Int'I), Fun Pub, Al Fresco • From RM260-RM660 • F8 www.novotel.com

Pacific Regency Hotel Suites

03-2147 0888 • 2 Jln Kia Peng •

03-2332 7777 • Menara PanGlobal, Jalan Punchak • • B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290-RM500 • D7

www.pacific-regency.com

Sunway Resort Hotel & Spa 03-7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre 03-2614 8000 • Jalan Raja Laut • DBKL Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150-RM550 • C5 • www.qualiti.com.mv

Swiss Garden Hotel 03-2141 3333 • 117, Jln Pudu • # Hang Tuah • Blue Chip Lounge (Int'I), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6

Restaurant (Int'l) • From470+ First World Hotel 03-6101 1118 • Genting Highlands •

The Royale Bintang KL 03-2143 9898 17-21 Jalan Bukit Bintang • B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara

03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l). Mystery Pub & Café • From RM195 www.rovalebintana.com.mv

The ZON All Suites Residences on the Park

03-2164 8000 • 161D Jalan Ampang • 👮 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 www.zonhotel.com.mv

03-2332 9888 • Kuala Lumpur City

• © KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL

03-4042 8000 • 9 Jalan Lumut, off Jalan lpoh, Kuala Lumpur • 🙃 Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

Hotel Capitol Kuala Lumpur 03-21437000 . Jalan Bulan Off

Jalan Bukit Bintang www.capitol.com.my

Alpha Genesis 03-2141 2000 • 45 Tengkat Tong Shin • ■ B Bintang • Tee Box Café • From RM150-RM380 • F7 • www. alphagenesishotel.com

Cititel Mid Valley

03-2296 1188 • Mid Valley, Lingkaran Syed Putra • GKTM Mid Valley • Citi Café Rates from RM205Nett – RM320Nett

Corona Inn

03-2144 3888 • 22, Jalan Tong Shin • B Bintana • Corona Café • From RM130-RM180 • F8 • www.coronainn-kuala lumpur.com

Grand Continental

03-2693 9333 • Jln Belia/Jln Raja Laut • PWTC M Tuanku • Grand Star (Chi), Lai Marble Coffeehouse • From RM135-RM800 • C5

· www.ghihotels.com.my

istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The

Patio (Wn) • From RM85 – RM460 03-2273 9999 • 8, Jalan Kampung Attap • • Maharajalela • Attapia Coffee

Rolling Good Times Café • From RM145-RM250 • G5

House (Int'l),

03-2713 7887 • 23 Lrg Medan Tuanku 1,off Jln Sultan Ismail • • M Tuanku • Makana Restaurant

• From RM110-RM170 • C5

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KL LIFESTYLE I 95

SIGHTSEEING **ART** GALLERIES

Swiss-Inn KL

03-2072 3333 • 62, Jln Sultan • • Maharajalela

Café Petaling • From RM130-RM175

The Plaza Hotel

03-2698 2255 • Jalan Raja Laut • ■ Sultan Ismail • Pago-Pago Café (Continental), Plaza Court (Chi) • From RM110-RM178

SIGHTSEEING

Aquaria KLCC 03-2333 1888 • ⊕ Raja Chulan FKLCC • All 60,000 sq ft of Aquaria encompasses Evolution, Jewels of the Jungle, Deep Forest, The Coasts and Touch Pool, The Livingb Oceans and The Living Reef, with over 5000 aquatic and land-bound animals representing over 150 different species. Don't miss the 90-metre underwater tunnel. Opens daily from 11am-8pm. (Including weekends, school and public holidays) Last admission at 7pm. Entry RM38 (adult), RM26

Batu Caves

03-6189 6284 • This popular Hindu temple draws hundreds of thousand of visitors during Thaipusam. It consists of three grand caves: the Dark Cave, the Museum Cave and the Temple Cave with brilliant rock formations. The Museum Cave at the foothills has interesting display of Indian mythology. To reach the main Temple Cave, one has to climb

Bird Park

03-2272 1010 • Located at the Lake Gardens, this 8.4ha bird park is the world's largest free-flight walk-in aviary. It is home to more than 3,000 birds from approximately 200 species. Opens daily from 9am-

Butterfly Park

03-2693 4799 • Over 120 species of butterflies can be found in this park located at the Lake Gardens vicinity. Admission is RM9 for adults and RM2 for children. Camera: RM3. Opens 9am to 6pm daily. • F4

Bukit Nanas Forest Recreational

03-2306 3421 / 2064 4741 • • Bukit Nanas Nestled in the heart of KL, the virgin forest-clad hill is a 10.5 ha park offering a 10-minute & a 20-minute walk trails from the Forest Information Centre at Jalan Raia Chulan to KI Tower • F7

Central Market

03-2274 6542 • Pasar Seni Once the city's biggest wet market, it is now a centre for food and cultural activities. Cultural performances are staged during weekends at the riverside amphitheatre. Handicraft, souvenirs, art & portrait paintings are sold at bargain prices. The Annexe Gallery at CM is a progressive art centre. • Opens 10am to 10pm daily.

Deer Park

03-2693 0191 • Enclosed within a 2-ha ground at the Lake Gardens, the deer. fawns and does roam freely in a cool and peaceful habitat with lush trees and shrubs and ponds. • F3

Istana Neaara

Official residence of Malaysia's King, visitors can witness the changing of the royal guards daily. The Rulers Conference, various royal and national ceremonies, investitures and official banquets are held at this palace. • H5

Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass. jewellery, sarees, Indian handicrafts to perfumes & spices. • E5

Jamek Mosque

Masjid Jamek • Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am-1:30pm & 2:30pm-6pm.



03-21648344 🛮 Raja Chulan • 63, Jalan Conlay. • Showcases ethnic handicrafts, batik printing and pottery from the 13 states of Malaysia. • Opens 9am-6pm daily.

Jalan Parlimen • Located near the city

centre, this 9.2ha landscaped garden is

built around a lake. Several attractions

are found within the park including

an Orchid Garden, Hibiscus Garden,

Butterfly Park, Bird Park, Deer Park,

National Monument and the Asean

Malaysian Tourism Centre

03-9235 4848 • • B Nanas • 109

Jalan Ampang • This is a one-stop

information counter (7am-10pm)

Thur, Sat & Sun 2-2,30pm. • D7

Merdeka Square

✓ Masjid Jamek • Jalan Raja •
Opposite the Sultan Abdul Samad

Building, this is the site where the

on 31 August, 1957. The 100m high

flagpole is the tallest in the world. Live

entertainment and cultural shows are

staged here on festive occasions. The

Royal Selangor Club and St. Mary's

Cathedral are located nearby. • E5

tourist service centre comprising the

Transpasional Executive Coach counter.

domestic tour booking counter, money

centre. Built in 1935, the building was the

home of wealthy tin-miner and planter,

Eu Tong Seng. Cultural shows are on Tues

independence of Malaya was declared

changer, restaurant and craft demo

Sculpture Garden • F3

Craft Complex

Lake Gardens

- Displays interesting exhibits of telephones and evolution of their
- designs over the years.

03-2031 9966

- 🖩 Raja Chulan Jalan Raja Chulan
- Opens 9am-5pm. Closed on Mondays

National Science Centre

03-2092 1150 • Persiaran Bukit Kiara • Houses 9 galleries with different scientific themes. Offers interesting interactive displays for learning and entertainment. Opens 10am-5pm. Closed on Friday.

National Mosque 03-2693 7784 • 🛲 KL • Jalan Perdana • This mosque embodies contemporary designs, together with traditional Islamic art, calligraphy and ornamentation. The main dome with its 18-point star. represents the 13 states of Malaysia unified by the Five Pillars of Islam. Visitors must dress conservatively and remove their shoes before entering the mosque • Opens 9am to 12noon; 3pm to 4pm; 5:30pm to 6:30pm daily. • F4

National Planetarium

03-2273 4303 • Lot 54 Jalan Perdana • Located close to the National Mosaue. the attractions include space science and astronomy exhibits, a theatre screening 3-Dimensional movies, a viewing gallery and an observatory • Admission is RM1 for adults and children over 12 years [extra charges for all shows]. Opens 9:30am to 4:15pm daily Closed on Monday except public & school holidays • G4



Sultan Abdul Samad Building

💋 Masjid Jamek • Jln Sultan Hishamuddin • Also known as the Big Ben of KL, this historical landmark and heritage building is well known for its Moghul architecture dating back to 1897. Originally the offices of the Colonial Secretariat, it then housed the Supreme

03-4108 3427 / 4108 3422 • Located in Hulu Kelang, 12km from the city centre, the zoo is home to 400 species of local birds, mammals, reptiles and fishes. • Opens 9am - 5pm daily. Night Zoo is on Saturdays 7.30am - 10.30pm, Admission RM 32 for adults and RM11 for children 3 to 12 years old

Old KL Railway StationJalan Hishammudin • Built in 1910, the Moghul-inspired building was a hub for Malaysian rail transport until it was replaced by the new KL Sentral Station. It remains a landmark and the refurbished Heritage Hotel is still open for business. Across the road, the Malaysian Railway administrative building is also a breathtaking architectural showpiece

Petrosains, The Discovery Centre

03-2331 8181 • F KLCC • Petronas Twin Towers, Level 4 Suria KLCC • Focusing on Malaysia's oil and gas industry, it offers an interactive approach to learning. It takes you through a unique voyage of discovery of science. • Opens daily 9.30am to 6pm. Last admission 4.30pm. Closed on Monday • D8



PETRONAS Twin Towers 03-26158188

KLCC • KL City Centre • The 88-storey Petronas Twin Towers stand at 451.9 metres. Seated in the heart of KL and amidst a 50-hectare landscaped park, a skybridge on the 41st floor is open to visitors between 9am-7pm daily, closed on Monday • D8

Royal Selangor Visitor's Centre

03-4145 6000 • 4, Jalan Usahawan Enam, Setapak Jaya • Located 15 minutes from the city centre, the Royal Selangor which is internationally known for its fine designs and craftsmanship, offers a complete visitor experience, enabling them to see, hear, touch and learn how pewter is made. • Opens daily from 9am-5pm.

Royal Selangor Club

03-2692 7166 • Amasjid Jamek • Jalan Raja • Once nicknamed 'The Spotted Dog' during the colonial days, this club which features Mock Tudor architecture. is one of the oldest membership clubs in KL. • E5

Thean Hou Temple

03-2274 7088 • 65 Persiaran Endah, off Jalan Syed Putra • A beautiful blend of Chinese and contemporary architecture, this is one of the largest and most ornate Buddhist temples in the region and a venue for major religious festivals. Also check out the herbs garden, wishing well and souvenir stall . Opens 9am to 9pm daily.

MUSEUMS

Asian Arts Museum Universiti

03-7967 3805 • Uni. of Malaya • A unique collection of Asian art & sculptures, ceramics, including Islamic & Malay art and textiles • Opens Mon - Sat. Closed on Sunday & public hols.

Forest Research Institute Malaysia 03-62797 000 • Kepong • Located within the 1,500 hectares of natural land reserve, the institute showcases Malaysia's rich forest heritage. • Opens 8am-4pm, Fri 9am- 12pm,

Heritage Centre

03-2144 9273 • 2 Jln Stonor • Showcases Malaysia's architectural heritage, the centre also conducts 2 guided tours a day (11am & 3pm) of the Rumah Penahulu or Village Head's abode which has been furnished to reflect a house in the early thirties • E10

Islamic Arts Museum

03-2274 2020 • Jalan Lembah Perdana • Opened in 1998, the museum focuses on the rich diversity of Islamic arts and culture. Miniature replicas of Taj Mahal and other islamic architectural wonders are on display • Tickets at RM12 (adults), RM6 (under 18, students & senior citizens) • Opens 10am to 6pm daily. • G4

Museum Orang Asli 03-6189 2122 • Km 24 Gombak • Displays a collection of over 3,000 artifacts showcasing the history, culture & lifestyle of indigenous tribes of Peninsular Malaysia. • Opens 9am-5pm. Closed

National Museum

03-2267 1111• 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

ARTS & CULTURE

National Theatre (Istana Budaya)

03-4026 5555 • Jalan Tun Razak • Designed by Malaysian architect Muhammad Kamar Ya'akub, this modern theatre is one of the world's most sophisticated theatres with state-of-the-art stage equipment. It holds drama, dance and musical performances regularly. • A7

Petronas Philharmonic Hall

03-2331 7007• KLCC • Located within the Petronas Twin Towers, it is home to the Malaysian Philharmonic Orchestra and the National Choir. It features performances of highest quality by visiting orchestras and world-renowned soloists. besides performances by the MPO which now ranks among the top orchestras in

OTHER FUN-TASTIC THRILLS & SPILLS

03-2718 1118 • Genting Highlands Hotel

03-2141 1934 • Royal Selangor Flying Club

Horse Racing

03-9058 3888 • Selangor Turf Club, Jin Sungai Besi

Horse Riding

03-4256 4531 • Royal Selangor Polo Club, Jln Ampang Hilir

03-2094 1222 Bukit Kiara Equestrian Club. Jin Bukit Kiara, Kuala Lumpur

Theme Parks

Berjaya Times Square Theme Park 1 Jalan Imbi, Level 5 & 7, Kuala Lumpur Tel: 03-2117 3118

Sunway Lagoon Theme Park 3 Jalan Pjs 11/11, Bandar Sunway Petalina Java . Tel: 03-5639 0000

Genting Highlands Theme Park Genting Highlands Resort Tel: 03-2718 1118

District 21

Level 1, IOI City Mall, Putrajaya Tel: 03-8328 8888

National Library

03-2687 1700 • 232 Jalan Tun Razak. • This 7-storey building which blends traditional design with modern architectural elements houses more than 1.5 million books, some of them extremely rare. • Opens daily except Monday • A8 FREE

Galeri Petronas

03-2051 7770 • 🌈 KLCC • Level 3 Suria KLCC. • Exhibits artworks by local and international artists. Opens 10am to 8pm. Closed on

ADVERTISE

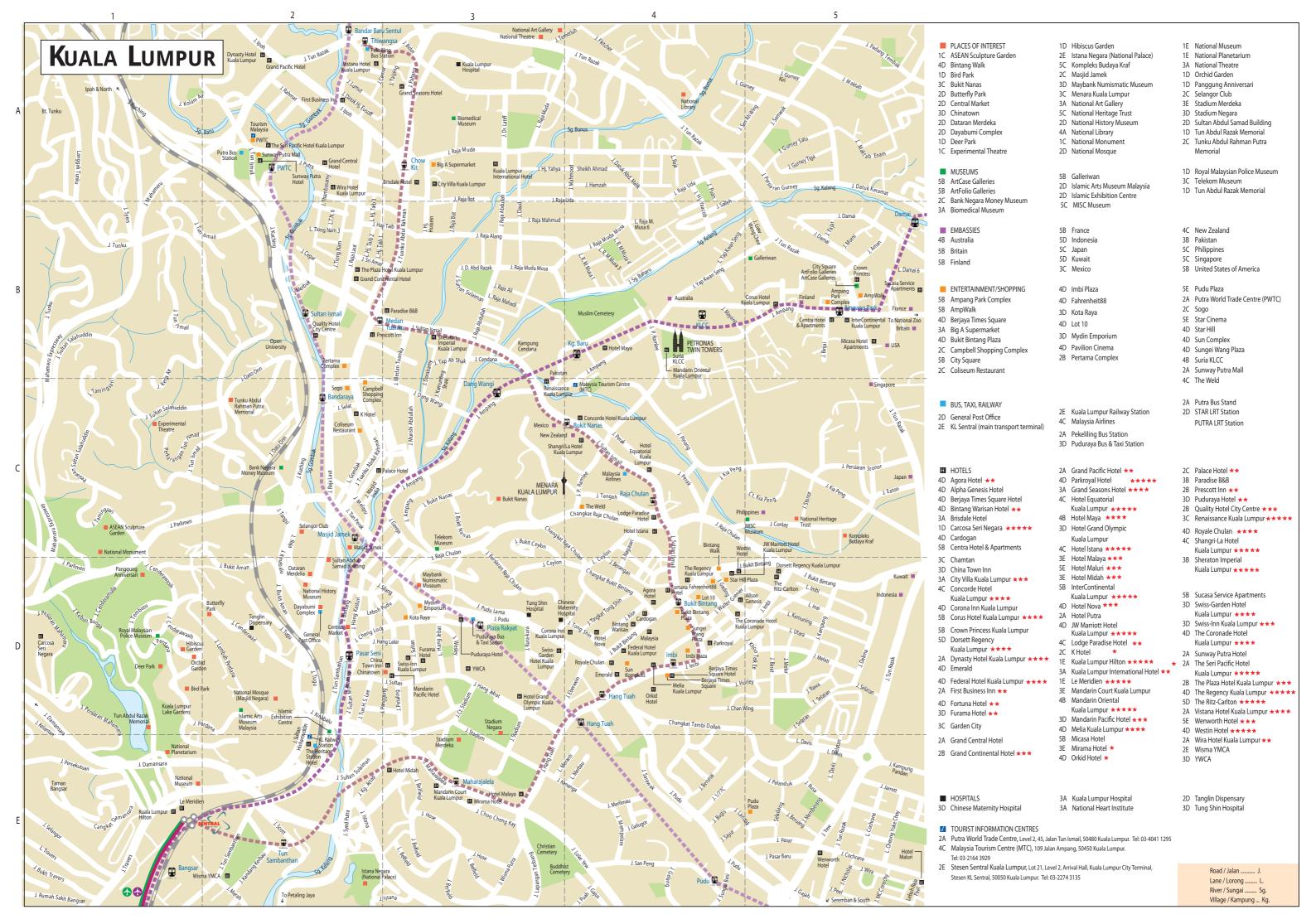
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SPACE

CONTACT:

KL Lifestyle 31 Jalan Utara. 46200 Petaling Jaya, Selangor, Malaysia

Tel: +603 7932 0668 Email: info@mediate.com.my



Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.

By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RMO.90 to RM2.80 per single

By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RMO.25 for every 115 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM2 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.

By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in

KL Hop-on/Hop-off Bus

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm, Ticket: RM38 with discounts for locals, senior citizens, students and children. 03-2691 1382

GETTING TO THE AIRPORT

KLIA Ekspres: The journey takes about 28 minutes from KL Sentral and another 3 minutes to KLIA2. The fare is RM55 per person per way. There is also check-in facility at KL Sentral for some airlines

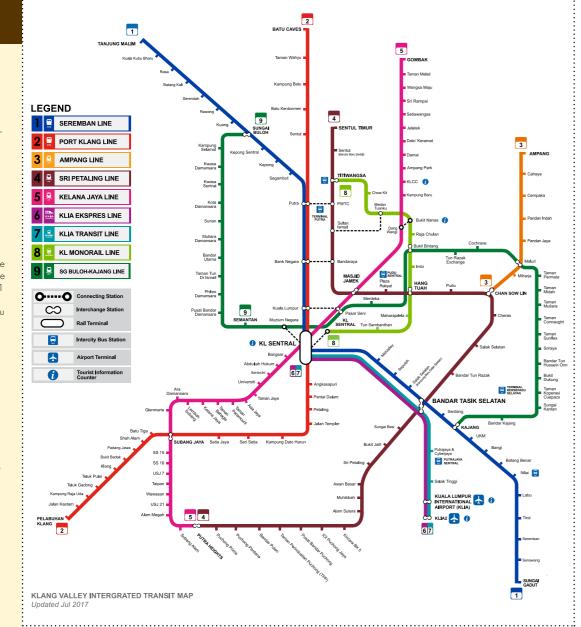
Taxi: The fare from the city the airport is RM90 - RM120 per

Eco Transit: Eco Transit can

accommodate up to 5 adults and has a fixed fare of RM130/ trip.

Limousine: Can be arranged with the hotel concierge and fare range from RM100 - RM200.

Klang Valley Rail Transit Map



COACHES TO KLIA AND/OR LCCT

- Airport Coach +603-6203 3067
- Sky Bus +6016-217 6950
- Aerobus +603-3344 8828
- The Star Shuttle +603-4043 8811
- **TRANSPORTATION**

Air Travel

- Kuala Lumpur International Airport +603 8776 2000
- Klia2
- +603 8778 5500
- Sultan Abdul Aziz Shah Airport +603-7845 3245

Domestic Airlines

- MAS +603-2161 0555 • MAS Reservation Number
- +603-8890 3702
- AirAsia +603-2171 9333

- FireFly +603-7845 4543
 - Malindo Air +603-7841 5388

Rail

- KL Sentral 03-2274 7435
- KLIA Ekspres 03-2267 8000
- KTM 03-2267 1200
- Rapid KL 03-7885 2585
- KL Monorail 03-2273 1888

Car Rental

- Galaxy Asia 012-368 0117
- AVIS +603-5885 2300 • ORIX Auto +603-9284 7799 +60 3-2161 5161
- Eazy Peezy +6011-1166 6545 • WS Rent-A-Car 03-4256 6999

Taxis

- Sunlight Cab +603-9200 1166 • Public Cab +603-6259 2929
- MyTeksi +601-300-80-5858

- Saujana Teksi +6011-1929 0976
- Grab Malaysia +601-300-80-5858

Emergency Services

- KL Tourist Police (24 hours) 03-2166 8322
- Police & Ambulance
- 999 or 112 (mobile phones)
- Fire & Rescue 994
- KL City Council 03-2691 6011

Tourism Offices

- Ministry Of Tourism Malaysia
- Pusat Pelancongan Malaysia (MATIC)
- +60 3-9235 4827 • Tourism Malaysia +603-8891 8000
- Melaka +60 6-288 1549
- Putrajaya Tourism Malaysia State Office +60 3-2615 8188







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