

# KL lifestyle

JULY 2018

## PATRICIA K

Channeling Vibes and Music



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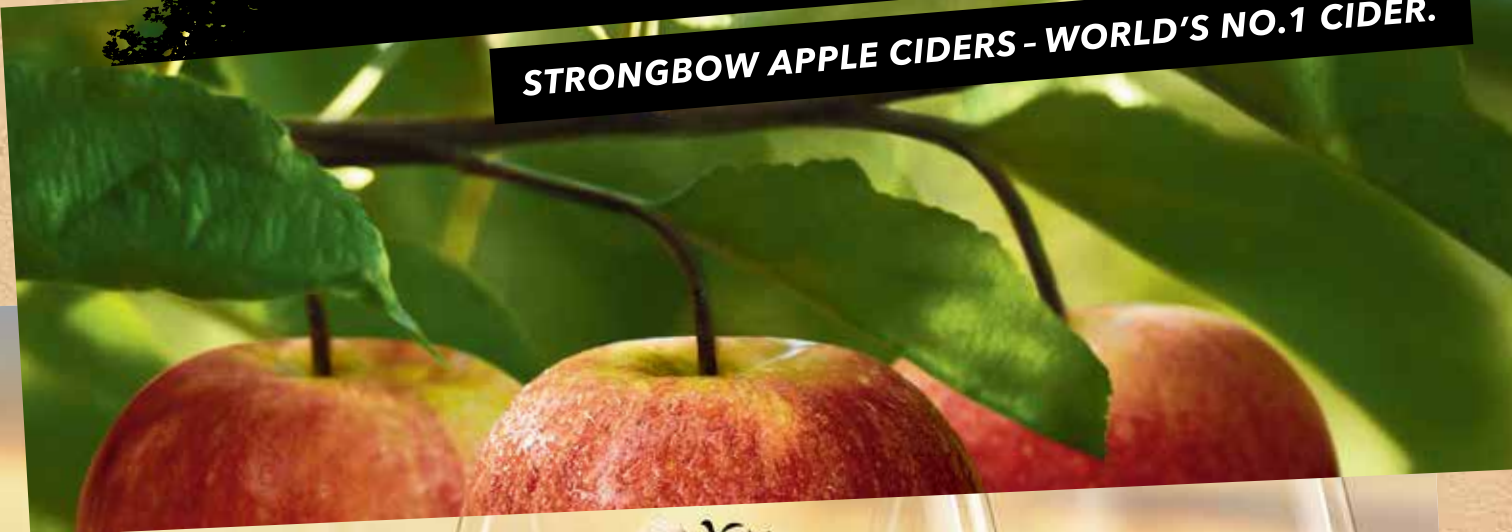


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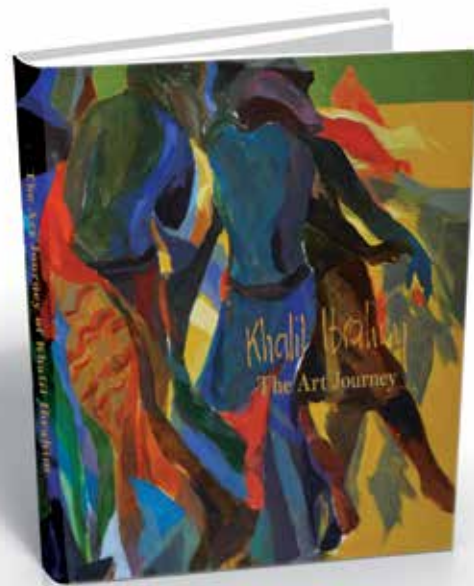
PATRICIA K  
Photographer : J.Redza  
Hairstylist : Derek Tan @ Anagen  
Make-up : Ryen  
Photoshoot Venue : Sunway Resorts Hotel and Spa  
Background : Syed Ahmad Jamal, Datuk Hujan Pelangi, 1988  
305 x 109 cm Songket



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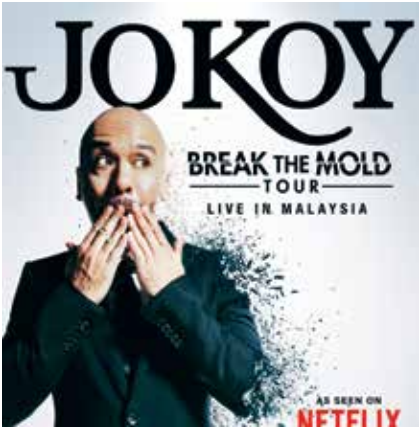
# CALENDAR JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01  JO KOY: BREAK THE MOLD JULY 1 PLENARY HALL, KUALA LUMPUR CONVENTION CENTRE (KLCC)				05  HANSEL & GRETEL JULY 5 TO 8 PENTAS 1, THE KUALA LUMPUR PERFORMING ARTS CENTRE (KLAPAC)  HARDER THAN THIS- THE MUSICAL JULY 5 TO 8 KUASH THEATRE, TTDI KL		07  COMEDY CENTRAL STAND-UP ASIA, LIVE! JULY 7 HGH CONVENTION CENTRE, KL
	10  COSMOBEAUTÉ ASIA 2018 JULY 9 TO 12 PUTRA WORLD TRADE CENTRE, KUALA LUMPUR			12  PAN COMPANY JULY 12 TO 14 PENTAS 2, THE KUALA LUMPUR PERFORMING ARTS CENTRE (KLAPAC)  MALAYSIA COFFEE FEST JULY 12 TO 15 UTAMA SHOPPING CENTRE		14  11TH SABAH WOMEN ART EXHIBITION JULY 12 TO OCT 10 SABAH ART GALLERY, KOTA KINABALU
				19  THE MAGIC LIBRARY- THE NEW CHAPTER JULY 19 TO AUG 26 MYTOWN@TOWN PARK, KL		21  GOOD VIBES FESTIVAL JULY 21 TO 22 THE RANCH @ GOHTONG JAYA, GENTING HIGHLANDS  PAU MAN CONCERT GALA 2018 JULY 21 MEGA STAR ARENA, KUCHAI LAMA, KUALA LUMPUR
22  INDICINELIVE! V JULY 19 TO 29 INDICINE, THE KUALA LUMPUR PERFORMING ARTS CENTRE (KLAPAC)		25  10TH KOTA KINABALU INTERNATIONAL FILM FESTIVAL (KKIFF) JULY 21 TO 29 MBO IMAGO MALL AND BLACK BOX KK, SURIA SABAH, KOTA KINABALU				
29  TEENAGE DREAM: T4YP 2018 FINAL SHOWCASE JULY 26 TO 29 PENTAS 2, THE KUALA LUMPUR PERFORMING ARTS CENTRE (KLAPAC)						

 - PUBLIC HOLIDAY



MISCELLANEOUS



**JO KOY: BREAK THE MOLD**  
JULY 1  
VENUE: PLENARY HALL, KUALA LUMPUR CONVENTION CENTRE (KLCC)

“Break The Mold” is Jo Koy’s latest tour, and fans can look forward to brand new hilarious material from the funnyman.

Jo Koy has come a long way from his modest beginnings performing at a Las Vegas coffee house. As one of today’s premier stand-up comedians, Koy sells-out shows at comedy clubs & theatres across the nation with his infectious and explosive energy onstage. The comedian pulls inspiration from his family, specifically his son, with material that has universal appeal.

Tickets: RM120 to RM320



**HANSEL & GRETEL**  
JULY 5 TO 8  
VENUE: PENTAS 1, THE KUALA LUMPUR PERFORMING ARTS CENTRE (KLPA)

Hansel and Gretel in three acts and sung in English with Chinese subtitles. The opera tells the story of two mischievous children who were punished by their mother and while picking berries in the forest, encounter the Sandman, Dew Fairy and the evil Witch, who turns children into gingerbread. Catch the opera to know the fate of the siblings.

Tickets: RM108-RM148



**HARDER THAN THIS - THE MUSICAL**  
JULY 5 TO 8  
VENUE: KUASH THEATRE, TTDI KL

Harder Than This - This is a new musical production that has been conceptualised and inspired by true stories of aspiring artists from the UK and S.E.A.

Creative people can become chronically frustrated because their idealism and reflective nature make it impossible for them to accept their own failures or those of society. Others without such a creative inclination may be saddened in the moment. But they’ll be far less likely to tie themselves up in knots, imagining and re-imagining alternative histories that could have happened but didn’t, or should happen but never will.

05-08

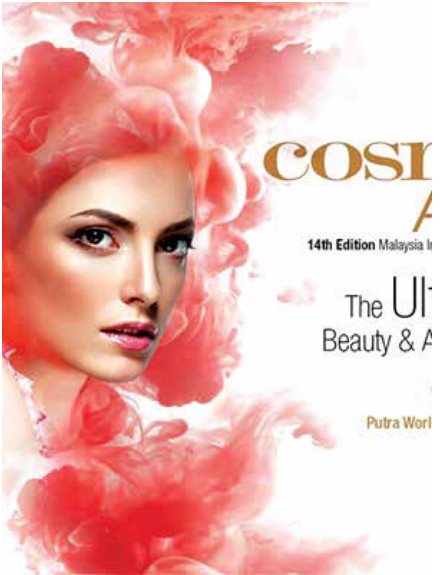
CLASSICAL



**COMEDY CENTRAL STAND-UP ASIA, LIVE!**  
JULY 7  
VENUE: HGH CONVENTION CENTRE, KL

Brace yourself as 14 of the hottest boldest, and funniest comedians from across the world will have you laughing beyond stitches!

Tickets: RM100-RM220



**COSMOBEAUTÉ ASIA 2018**  
JULY 9 TO 12  
VENUE: PUTRA WORLD TRADE CENTRE, KUALA LUMPUR.

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**PAN COMPANY**  
JULY 12 TO 14  
VENUE: PENTAS 2, THE KUALA LUMPUR PERFORMING ARTS CENTRE (KLPA)

PAN Productions presents one of Broadway’s most acclaimed musicals, “Company”, by the legendary Stephen Sondheim, a musical comedy about bachelorhood, marriage and middle age. The story follows five married, once married and soon-to-be married couples and their mutual friend, Robert, a 35 year-old bachelor who has been unable to connect in a long-term relationship. What follows are scenarios in which Robert gets to observe his friends in their relationships while drawing his own conclusions on the pros and cons of singlehood vs marriage.

Tickets: RM127-RM143

09-12



# CLAS SICAL



**INDICINELIVE! V**  
JULY 19 TO 29  
VENUE: INDICINE,  
THE KUALA LUMPUR  
PERFORMING ARTS  
CENTRE (KLPAAC)

The much-hyped and consecutively sold-out INDICINELIVE! revue returns after a six-year hiatus with brand new sketches and parodies, crafted by a revamped team of the old and new. As the country embarks on overdue repairs, we find hope again through some real life, fun-sized.

INDICINELIVE! V is presented by The Actors Studio Seni Teater Rakyat and supported by The Kuala Lumpur Performing Arts Centre.

Tickets: RM50-RM60



**THE MAGIC LIBRARY- THE NEW CHAPTER**  
JULY 19 TO AUG 26  
VENUE: MYTOWN@TOWN  
PARK, KL

This July, The Magic Library opens a new chapter and is set to bring another set of great performance of world class magic shows and illusions right here in KL.

Tickets: RM34-RM84



**PAU MAN CONCERT GALA 2018**  
JULY 21  
VENUE: MEGA STAR  
ARENA, KUCHAI LAMA,  
KUALA LUMPUR.

Pau Man concert gala 2018 will present the first Malaysia K-pop concept dance with electronic dance music EDM, live music and dance fashion show and collaborations with other famous Malaysian celebrities.

Tickets: RM269 to RM480

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**KYS ORCHESTRA CONCERT 2018 CELEBRATING 20 YEARS OF PERFORMANCES**  
JULY 21  
VENUE: PENTAS 1,  
THE KUALA LUMPUR  
PERFORMING ARTS  
CENTRE (KLPAAC)

KYS Junior Orchestra  
Highlights from Jungle Book  
Highlights from the Broadway Musical 'ANNIE'  
Theme from Overture 1812  
KYS Orchestra  
Centuria  
Moon Represents My Heart  
Tong Hua  
Suriram  
INTERMISSION

Tickets: RM150-RM380



**GOOD VIBES FESTIVAL**  
JULY 21 TO 22  
VENUE: THE RANCH  
@ GOHTONG JAYA,  
GENTING HIGHLANDS

For its fifth edition, Malaysian-made music festival #GVF2018 returns to its verdant venue of The Ranch for a weekend getaway of good vibes and good times.

Toyota presented the much-loved Malaysian music festival, the Good Vibes Festival once again, celebrating its homecoming to the rolling greenery of The Ranch at Gohtong Jaya in Genting Highlands by championing international chart-toppers and cutting-edge local acts.

Tickets: RM348 to RM529



**TEENAGE DREAM: T4YP 2018 FINAL SHOWCASE**  
JULY 26 TO 29  
VENUE: PENTAS 2,  
THE KUALA LUMPUR  
PERFORMING ARTS  
CENTRE (KLPAAC)

The klpac's Theatre for Young People (T4YP) programme has set the bar high for youth theatre in this country. Its highly-anticipated final showcases have often sold out and its 2016 production of Still Taming even toured to Russia and Singapore.

Teenage Dream will feature three stories of finding love, finding self, and finding home.

Ticket: RM40



# MOVIES



## JULY

### ANT-MAN AND THE WASP JULY 5

As Scott Lang balances being both a superhero and a father, Hope van Dyne and Dr. Hank Pym present an urgent new mission that finds the Ant-Man fighting alongside The Wasp to uncover secrets from their past.

Genre: Action / Adventure / Science Fiction  
Cast: Hannah John-Kamen, Evangeline Lilly, Michelle Pfeiffer.



### THE FIRST PURGE JULY 5

Behind every tradition lies a revolution. Next Independence Day, witness the rise of the country's 12 hours of annual lawlessness. Welcome to the movement that began as a simple experiment: The First Purge.

Genre: Action / Horror / Science Fiction  
Cast: Marisa Tomei, Luna Lauren Velez, Melonie Diaz.



### SKYSCRAPER JULY 12

Former FBI Hostage Rescue Team leader and U.S. war veteran Will Ford now assesses security for skyscrapers. He's on assignment in China when he finds the tallest, safest building in the world suddenly ablaze, and he's been framed for it. A wanted man on the run, Will must find those responsible, clear his name and somehow rescue his family, which is trapped inside the building, above the fire line.

Genre: Action  
Cast: Dwayne Johnson, Pablo Schreiber, Neve Campbell.

### HOTEL TRANSYLVANIA 3 JULY 19

The Drac pack embarks on a vacation on a luxury monster cruise ship so Drac can take a summer vacation from providing everyone else's vacation at the hotel. It's smooth sailing for Drac's Pack as the monsters indulge in all of the shipboard fun the cruise has to offer, from monster volleyball to exotic excursions, and catching up on their moon tans. But the dream vacation turns into a nightmare when Mavis realises Drac has fallen for the mysterious captain of the ship, Ericka, who hides a dangerous secret that could destroy all of monster kind.

Genre: Animation, Comedy, Family  
Cast: Adam Sandler, Andy Samberg, Selena Gomez, Kevin James, Fran Drescher, Steve Buscemi, Molly Shannon, David Spade.



### The Mermaid: Lake of the Dead JULY 19

An evil Mermaid falls in love with Marina's fiancé Roman and aims to keep him away from Marina in her Kingdom of Death under water. The Mermaid is a young woman who drowned a few centuries ago. Marina only has one week to overcome her fear of the dark water, to remain human in the deathly fight with the monsters and not to become one herself.

Genre: Horror  
Cast: Viktoriya Agalakova, Igor Khripunov, Efim Petrunin.

### PRODUCTION

DIRECTOR

SCENE

TAKE

TICKET

ADMIT

### GHOST STORIES JULY 12

Arch skeptic Professor Phillip Goodman embarks upon a terror-filled quest when he stumbles across a long-lost file containing details of three cases of inexplicable 'hauntings'.

Genre: Horror  
Cast: Martin Freeman, Andy Nyman, Paul Whitehouse.



### MAMMA MIA! HERE WE GO AGAIN JULY 19

In this sequel to Mamma Mia! Sophie learns about her mother's past while pregnant.

Genre: Musical  
Cast: Lily James, Christine Baranski, Meryl Streep.



### MISSION IMPOSSIBLE - FALLOUT JULY 26

Ethan Hunt and his IMF team, along with some familiar allies, race against time after a mission gone wrong.

Genre: Action / Adventure / Thriller  
Cast: Rebecca Ferguson, Vanessa Kirby, Tom Cruise







# PATRICIA K

## BRINGING MUSIC TO LIFE

Patricia K is beautiful, worldly and has a passion for music, which drove her to become one of the hottest and talented DJ's in the KL club scene. While Patricia is a multi-talented entertainer, she is an everyday woman who loves games, socialising and of course, her daughter Sophia. Just before a photoshoot with KL Lifestyle magazine, we catch up on her humble beginnings and her projects including Hygge Babies.

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WORDS BY HIRANMAYI AWLI MOHANAN  
PHOTOGRAPHER : J. REDZA  
HAIRSTYLIST : DEREK TAN @ ANAGEN  
MAKE-UP : RYEN  
VANUE: SUNWAY RESORTS HOTEL AND SPA



**TELL US SOMETHING ABOUT YOURSELF PEOPLE DON'T KNOW ABOUT.**

I played classical piano for nine years when I was younger. Another trait people aren't aware about me is that I was an introvert before this, and it might be weird because my line of work involves me being sociable. I love reading and gaming. I'm a bit of a nerd even though it doesn't seem like it.

**TELL US ABOUT YOUR HERITAGE.**

My mum is a Chinese from Melaka and my dad is Danish. I was born in Hong Kong and continued to live there for about 7 years. Then, I lived in Japan for 3 years and later in Denmark for 10 years and finally returned to Malaysia.

**WHAT DO YOU DO FOR FUN?**

I game a lot; I just bought the new Nintendo switch. I like to do a lot of things actually, and I work out a lot, I'm with friends a lot. I like to socialise, so I do a lot of things with my friends, for example, I'm going glamping with them. I like to travel a lot, so I'm planning more trips now although it's a bit hard when you have a child.

**WHEN DID YOU START DJ-ING - AND WHAT OR WHO WERE YOUR EARLY PASSIONS OR INFLUENCES?**

I actually wasn't a fan of any DJ because I didn't know much about them. My introduction to DJ-ing began through Joey G. I also realised at that point of time that there wasn't any female DJ. Being used to listening to a completely different style of music such as indie, rock and classical music, it was a slight challenge to play house songs and learn about mixing and beats. But then again, I love music and I'm musically inclined, so it was easy to get into the groove of the house genre. It was also interest that drove me to learn about DJ-ing because as an audience, you never really know what they're doing on the deck and how hard it actually is, which became a challenge for me, so I practised every day and here I am today.

**WHAT DO YOU LOVE MOST ABOUT BEING A DJ?**

I love finding music and playing that favourite song to people and one can create the vibe and ambience by choosing the right song. To me, to be the person to set the vibe is a very big deal. One is I love the challenge and second is I just love music. There are times where I get caught up in the music and forget about my surroundings but I think as a DJ, it's important to find the balance.

My favourite part about being a DJ is obviously the music and also sharing it with the crowd.

**WHAT DO YOU USUALLY START WITH WHEN PREPARING FOR A SET?**

I like to start out my set on a more positive pace, and that sets the vibe for the whole set. Because I'm quite musical, I believe that the music played need not be loud and fast-paced in order to have a good time. I prefer to play my sets in a progression, almost like a journey that I take people on.

**DO YOU READ YOUR AUDIENCE TO DETERMINE WHAT SETS TO PLAY?**

Yeah, I have to. Despite having a set in mind, I have to sense the surroundings and their vibes. It is also really about the event and the style of what you're going for. For me, I like to do a lot of events because I like the fact that I kind play chill, deep house.

**YOU HAVE YOUR OWN ONLINE RADIO SHOW ON AFO RADIO. TELL US MORE ABOUT IT.**

That started awhile back and it was continuous from when I was doing Capitol FM. Capitol FM was all indie music that I brought. I remember people saying the choice of songs played there was unheard of. Indie music is independent music for artistes who are not very well known. I like looking for new music for myself and sharing it. There's so much good music and artistes out there who aren't exposed and as lucky to be able to have a platform that is widely popular compared to others. I love looking for those people. The fact that I can play whatever I want on AFO Radio is what drives me to do this show. It's like a personal platform to share the music I love.

**HOW IS MOTHERHOOD TREATING YOU?**

Right now, Sophia is not with me so I tend to get a little lonely. With motherhood right now, I have realised that it's going to be worrying for the rest of your life. Secondly, it's definitely something that I'm enjoying way more now than the beginning. It was really hard for me at the start; I had postnatal depression in London, where I was away from friends and family. I had a tough three months. When I came back to Malaysia, I faced a different set of challenges because the industry I work in is not so forgiving which means if I had gained weight I would need to lose it and look good. There was a lot of pressure to get jobs again but that said, people have been very supportive. Motherhood is good so far but it's not easy.







#### HAS MOTHERHOOD CHANGED YOU IN ANY WAY?

Yes, it has. I'm way more responsible now, having to think and take care of someone other than myself. That said, I feel as a mum, it's important to take care of oneself too and not give up who you were before you had a child. I think that realising the fact that you want to secure things for your child's future is life-changing because you don't want your child to suffer. When Sophia's around, I have a little less time for myself and it's really about finding balance. That has been the toughest challenge for me so far to find balance.

#### WHAT IS SOPHIA LIKE?

Sophia is amazing, she's the best baby in the world (but I'm sure all parents say that about their child). She is great, hilarious and very smart. She has no hair yet though. She is super cute, very kind but has a temper. Sophia cracks me up all the time but can be a handful- she is very active.

#### TELL US ABOUT HYGGE BABIES AND ITS INCEPTION.

Hygge Babies (pronounced hue-gah) came along because when I came back to Malaysia, I noticed that there weren't many choices of baby food that were freshly made. So that came along as an idea that I could include Sophia in. Finding something that I could have her included was very important to me because with DJ-ing and hosting, I couldn't include her at all; she didn't fit into the equation. This brand is on hold now and in the process of expanding. Ili Sulaiman is no longer part of it so I'm looking for my own kitchen and I have changed the recipes as well and they're coming out in a more upgraded and different way. It's resuming soon. Hygge is basically a Danish word that isn't meant to be translated, rather felt. It is a form of togetherness, and a highly-valued everyday experience of safety, equality, wholeness and a spontaneous social flow that result in satisfaction or well-being.

#### YOU ARE A CERTIFIED XTEND BARRE INSTRUCTOR. HOW DID THAT COME ABOUT?

I'm really into sports and I have swum for about 10 years, kickboxed for five, danced for six and competed in horse riding for six. I am very much someone who loves sports and new challenges, to try something new. Xtend Barre was just one of those things I heard about, they then contacted me to enquire if I wanted to take a course and teach. I took a 10-hour a day, week-long class, subsequently had my certificate and I was

teaching at Urban Springs but I got pregnant. I will be teaching Xtend Barre again very soon.

#### FAVOURITE HOBBIES?

It's so funny because when people ask me that now, it's so hard to name one because when you're a mum, your hobby is your child- there's no time for anything else. I wake up with her at 8 and I don't eat until she's asleep for her nap at 2pm because I'm so busy taking care of her and entertaining her. By 2pm, I have like an hour for myself and then she wakes up and the cycle begins again. But at the same time, I want to be able to watch a series or do something for myself so I end up sleeping later. Hobbies that I'm thinking of picking up again is painting (I love it) and I have been thinking of new things to pick up such as cooking and other things I'm hoping to get back into.

#### YOU LOVE TO TRAVEL. WHAT IS YOUR FAVOURITE HOLIDAY DESTINATION AND WHY?

It's hard to pin down a specific spot. I like extreme activities so I like skiing holidays and snowboarding. I also love a beach escapade. For me, an ideal holiday always involves exploring, backpacking, skiing, trekking. I'm planning to hike Mount Kota Kinabalu soon. Again, it's hard to just choose one destination. Australia is one of my favourite countries, having been to many states there. I also love Asia, of course, because it's easy and rich in culture but I love Europe too, so it's really hard for me to choose.

#### WHAT IS NEXT FOR YOU, CAREER-WISE?

So Hygge Babies is definitely something I want to be focusing on, hopefully, more now. I am still of course, continuing DJ-ing and hosting for a little while longer. I am also thinking about travelling like going to China to learn Mandarin. The main thing though, revolves around Sophia for now. I have a lot in store for me.

#### FINALLY, WHAT FUELS YOU IN LIFE?

Honestly, it's just about what I want to be for her that fuels me. I am striving to be a better person, healthier, and to show her how it is to be a strong, independent woman, not needing anyone other than herself. That is also something I'm working on because I want to be able to prove to myself that I can do things myself and not needing anyone. At this point of my life, I'm focusing on personal growth, stability and making sure we're surrounded by positivity. She will always be my motivation.



# MELBOURNE WINTER MASTERPIECES FROM MOMA

130 Years of Modern and Contemporary Art from the Museum of Modern Art, New York at the National Gallery of Victoria, Melbourne.



**Pablo Picasso (Spanish, 1881–1973)**  
*The Architect's Table*, early 1912 Oil on canvas mounted on panel 28 5/8 x 23 1/2" (72.6 x 59.7 cm) The Museum of Modern Art, New York. The William S. Paley Collection  
© 2016 Estate of Pablo Picasso / Artists Rights Society (ARS), New York

In an international exclusive, the National Gallery of Victoria (NGV) in Melbourne, Australia presented a major exhibition of modern and contemporary masterworks from New York's iconic Museum of Modern Art (MoMA) in the world-premiere exhibition, MoMA at NGV: 130 Years of Modern and Contemporary Art, which opened on June 9. Co-organised by the NGV and MoMA, the exhibition features more than 200 works – many of which have never been seen in Australia – from a line-up of 19th and 20th artists, including Vincent van Gogh, Henri Matisse, Pablo Picasso, Marcel Duchamp, Salvador Dalí, Frida Kahlo, Georgia O'Keeffe, Edward Hopper, Louise Bourgeois, Jackson Pollock, Mark Rothko, Diane Arbus, Agnes Martin and Andy Warhol. Bringing the exhibition up to the present are works by many significant 21st century artists including Jeff Koons, Cindy Sherman, Olafur Eliasson, Andreas Gursky, El Anatsui, Rineke Dijkstra, Kara Walker, Mona Hatoum and Camille Henrot.

MoMA at NGV is the largest instalment of the Melbourne Winter Masterpieces exhibition series to date, for the first time encompassing the entire ground floor of NGV International. Showcasing MoMA's multi-disciplinary approach to collecting and the breadth of its collection, the exhibition features works drawn from the museum's six curatorial departments: Architecture and Design, Drawings and Prints, Film, Media and Performance Art, Painting and Sculpture, and Photography. MoMA at NGV explores the emergence and development of major art movements, and represents more than 130 years of radical artistic innovation.



**Roy Lichtenstein (American, 1923–1997)**  
*Drowning Girl*, 1963 Oil and synthetic polymer paint on canvas 67 5/8 x 66 3/4" (171.6 x 169.5 cm) The Museum of Modern Art, New York. Philip Johnson Fund (by exchange) and gift of Mr. and Mrs. Bagley Wright  
© Estate of Roy Lichtenstein/Licensed by Viscopy, 2016



**Andy Warhol (American 1928–87)**  
*Marilyn Monroe 1967* screenprint, edition of 250 91.5 x 91.5 cm (image and sheet) Publisher: Factory Additions, New York Printer: Aetna Silkscreen Products, Inc., New York  
The Museum of Modern Art, New York Gift of Mr. David Whitney, 1968  
© The Andy Warhol Foundation for the Visual Arts, Inc. / ARS. Licensed by Viscopy, 2018

The exhibition also reflects the wider technological, social and political developments that have transformed society during this period, from late 19 century urban and industrial transformation, through to the digital and global present. In recognition of both MoMA and NGV's long-standing dedication to the study and presentation of architecture and design, the exhibition explores the deep-seated

connections between 20th art and design practice, with a particular focus on developments that shaped Europe in the 1920's and 30's and the globalised world of the 1960's and 70's. Unfolding across eight loosely chronological thematic sections, the exhibition opens with 'Arcadia and Metropolis', examining how artists at the dawn of the 20th century responded to the rise of cities.

'The Machinery of the Modern World' highlights the simultaneity of foundational avant-garde movements (Futurism, Cubism, Orphism, Dada) and references MoMA's 1934 Machine Art exhibition, while 'A New Unity' presents the cross-media manifestations of the Russian avant-garde, de Stijl, the Bauhaus and Joaquín Torres-García's School of the South. In 'Inner and Outer Worlds', iconic Surrealist paintings are seen alongside contemporaneous works that negotiate the relationship between interior and exterior landscapes. 'Art as Action' highlights key examples of Abstract Expressionism and expands to include other forms of kineticism in the 1950's.

The exhibition's largest section, 'Things as They Are', encompasses the varied production of the 1960's and 70's, from Pop art to Minimalism and Post-Minimalism, followed by 'Immense Encyclopedia', focusing on gestures of appropriation and reflections of identity from the 1980's and 90's. The last section of the exhibition, 'Flight Patterns', considers contemporary ideas of movement, migration, and globalisation. Installation and performance works (Olafur Eliasson's Ventilator, Simone Forti's Huddle, and Roman Ondak's Measuring the universe) will also run throughout the course of the exhibition. MoMA at NGV will be on display at NGV International from June 9 to Oct7.

Tickets and information are available via the NGV website: NGV.MELBOURNE



**Mark Rothko (American, born Russia (now Latvia). 1903–1970)**  
*No. 3/No. 13*, 1949 Oil on canvas 7' 1 3/8" x 65" (216.5 x 164.8 cm) The Museum of Modern Art, New York. Bequest of Mrs. Mark Rothko through The Mark Rothko Foundation, Inc.  
© 1998 Kate Rothko Prizel & Christopher Rothko / Artists Rights Society (ARS), New York

**Salvador Dalí (Spanish, 1904–1989)**  
*The Persistence of Memory*, 1931 Oil on canvas 9 1/2 x 13" (24.1 x 33 cm) The Museum of Modern Art, New York. Given anonymously  
© 2016 Salvador Dalí, Gala-Salvador Dalí Foundation / Artists Rights Society (ARS), New York





# SYED AHMAD JAMAL'S *Songket*

Syed Ahmad Jamal's incorporation of geometric motifs or the 'tumpal' is synonymous to his name and are ubiquitous in his works. His 1980's iconic series shows the late artist's continuous use of pyramids and triangles, which is said to symbolise the mythological Gunung Ledang mountain. Hence, the pyramid formations and peaks are evident and is the centralised theme for these iconic and rare songket masterpieces.

BY HIRANMAYI AWLI MOHANAN

## PRIMORDIAL DAYS

Born in Bandar Maharani, Muar, Johor on Sept 19, 1929, Syed Ahmad Jamal had a carefree childhood. But even at a very young age, he had a deep sense of observation and appreciation for the natural milieu of his environment. His family lived in a small community where rubber plantations were abundant. With a keen eye for observation, Syed Ahmad used to find himself gazing at the clouds and sky in fascination and speculated that perhaps God lay amongst those clouds. He was also an inquisitive and eager-to-learn young lad. He relished simple things in life like playing with his siblings while also spending a lot of time on his own, thinking.

It was much later when he realised that the early discoveries and awareness developed as a young boy sharpened his sense of sight and hearing, which played a pivotal role in his artistry. Syed Ahmad noted that he might not have cultivated the sensitivity to his surroundings had he stayed in Kuala Lumpur. An incident that jolted Syed Ahmad's young life was the death of his grandfather - his first encounter with the harsh reality of the impermanence of life. That black mark triggered a curiosity on the subject of life and death.

## HUJAN PELANGI, 1988 SONGKET 305 X 109 CM

Unlike 'Adelaide', one can discern that the play of colours in 'Hujan Pelangi' (1988) is relatively vibrant and warm. The geometric patterns also differ from the former painting; half of the songket work features slanted lines that look like rain, resonating its namesake while the other half portrays carefully-placed straight lines that when looked at a certain angle, appear as stagnant water.

## SYED AHMAD JAMAL AND SONGKET

Throughout his career, Syed Ahmad's artistic style had been through various changes. His landscape and (early) portrait paintings were stamped with his personal input and style, with traces of analytical Cubism and Abstract Expressionism, before his art matured into Symbolism.

During the roaring 1960's and 70's, his style leaned towards abstracts, while from the years 2000, his paintings became more spiritual. His abstracts were marked sometimes by Jawi and later, Naskh calligraphic strokes and gestures (Naskh is a cursive Arabic script).

It is evident that to him, it was the landscapes and happenings around him that gave him his 'topics'. In later years, he delved into socio-political issues, like anti-nuclearism, the environment, Palestine and Bosnia, in which he expressed his thoughts through symbolism. Syed Ahmad's art resonated with the spirit of the age and marked historic events in the country. Despite his reputation then, Syed Ahmad remained a true artist, one who created art neither for recognition nor wealth, but merely as a form of self-expression.

A repetitive theme that was shared with his other outputs was nature. Everything in the natural world was an inspiration to this man who examined his surroundings which such rare intensity. One could also discern that a triangle shape or 'tumpal' became ubiquitously present in his works (including his songket works), perhaps symbolising Gunung Ledang or something religious. Revolutionising the songket format, Syed Ahmad seemed to breathe life into his loomed works using wave-like patterns and sprawled triangles, straying away from the restrictive format of songket.

No geometric form, dictated by the songket medium, could diminish the vigour that was ever evident in Syed's paintings. It was clear to him that he didn't feel he was entering less expressive territory when he relocated from canvas to loom. 'Form' and 'Soul' (Rupa dan Jiwa) were central to his creative vision and he found these qualities in traditional Malay art and strove throughout his life to convince others of its importance. There could be no better repository of this passion than the textiles that inspired him and which, in turn, he transformed into works of art that many observers still consider to be among his finest creations. Throughout his career, he was committed to removing the distinction between artist and craftsman.

## SYED AHMAD JAMAL AND HABIBAH ZIKRI

Syed Ahmad learnt of Habibah Zikri during one of her exhibitions on songket at Kraftangan Malaysia. She certainly made an impression on him as not long after, Syed Ahmad and his family travelled to Habibah's humble factory in Terengganu to order a piece of songket artwork. Merely bearing a sketch and a vision in mind, he entrusted Habibah to materialise the sketch onto songket, featuring colours matching his unique taste. Among the works created, most of them comprised wall panels featuring geometric designs. One of the said panels is proudly displayed at the Islamic Arts Museum Malaysia.

The diverse collectors and corporations of Datuk Syed Ahmad Jamal's works include ExxonMobil Malaysia, Balai Seni Visual Malaysia, the Islamic Art Museum Malaysia, Muzium Seni Asia and Istana Budaya. Bank Negara Malaysia is proud to have one of his largest and most striking works in the lobby of its head office.



## ADELAIDE, 1985 SONGKET 263 X 100 CM

In Syed Ahmad Jamal's maverick manner, he strayed from the norm of a songket format and instead, featured geometric designs that looked almost as if he had sprinkled them about in a contemporary manner. Its base showcases deep, ombre hues of purple, blue, green and brown, immediately capturing the eye of its beholder.



## LANGKAH 30, 1987 SONGKET 452 X 103 CM

The 'Langkah 30' is aesthetically pleasing for its playground of colours, Syed Ahmad's niche. Earthy colours lay underneath repetitive triangle-like pattern that runs throughout the songket. The gold silk thread amalgamates with its base colours and its shape forms waves. Looking at contrasting perspective, one might view the lines as a series of mountain ranges.





# 6 WAYS TO KEEP YOURSELF LOOKING YOUNG

AGE IS JUST A  
NUMBER; IT  
SHOULDN'T  
REFLECT YOUR  
BEAUTY. LOOK  
YOUNGER!

BY HIRANMAYI AWLI MOHANAN

*We all want to stay young and beautiful. If I could, I'd stay forever 21. Unfortunately, a fair amount of potions we put on our skin tend to be superficial quick fixes. The good news is that this article isn't just skin-deep, it's all about natural things you can do to keep looking and feeling younger. If you're looking to upgrade your appearance, these six tips will help you in your quest to look more vibrant and radiant.*

## 1. Get More Sleep

Experts endorse we get about six to nine hours of sleep each night. Light sleepers should consider means such as hypnotherapy, guided relaxation audio books or even meditation before bed to ensure you're getting the deep sleep you require. It is during our deep sleep that the brain's frequencies slow down and the body replenishes and repairs in the aftermath. It can take up to six weeks to feel the effects of getting a good night's sleep, but once you do, you will see a reduction in the dark circles around your eyes and will feel a profound increase in your energy levels. A good way to make sure you fall asleep on time is to slowly wind down your evening. Try not to watch TV, or be on your phone or laptop, just before going to bed; while many experts recommend reading from a book (not a backlit digital device) as a good way to wind down.

## 2. Nurture Your Skin

Many have been preaching the importance of moisturising, especially with our harsh weather conditions. Moisturising helps replenish the skin on a daily basis to keep it soft and looking young. It works even better when you moisturise with a natural and organic product like aloe vera. However, moisturising isn't the only aspect of skin care; it's important you protect your skin from the sun's harmful and ageing rays, with a safe sunscreen. The saying 'you are what you eat' is absolutely true, so if you want younger-looking skin, then ensure you're eating plenty of Omega 3, 6 and 9 oils to supplement your body with important nutrients to replenish your skin and hair.

## 3. Get Plenty of Exercise

Working up a sweat doesn't necessarily mean you have to turn yourself into a gym bunny; it could be as simple as starting the morning with yoga or a brisk walk around the park. Cycling and swimming about three times a week does the trick too. Exercise helps in keeping you fit, mentally sharp, and proven to boost energy levels, subsequently ensuring that you feel and look younger. If you don't fancy going to your local gym, then head out for a walk or run with your music or get a group of friends together in order to motivate each other.

## 4. Drink 8 Glasses of Water a Day

It is appalling that very few people drink enough water to the extent of only a few sips a day. Water is vital for the function of all our organs, hence the need to drink sufficient water on a daily basis. What's more, H<sub>2</sub>O aids the skin stay hydrated, as dehydration often leads to tired looking, dull skin. In fact, did you know that one of the causes for dark circles around your eyes is dehydration – which is why they tend to be much more pronounced when hungover.

## 5. Get a New Hairstyle

It does not hurt to keep up with the times, especially if it works in your favour. Getting a trendy haircut isn't only great for your self-esteem and personal pride, it's a fantastic way to look and feel younger. That being said, it is also essential to get an age-appropriate haircut or it might make you look older. The best option is to leave your crowning glory in the hands of professional hairdressers and let them work their magic. Keeping on top of your personal appearance is one of the most fundamental things you can do to look and feel younger.

## 6. Choose Your Wardrobe Wisely

In a similar vein to keeping your hairstyle current and trendy, it's important to choose your wardrobe wisely – as the clothes you wear are a reflection of who you are on the inside. Don't underestimate the power of fashion because it can do wonders for your self-esteem and even your looks. Dress your age and let your personality shine through your garment.



# 6 Mind Habits to Feel Young

A healthy body is important, but a healthy mind is crucial

BY SITI WAJIIHAH KHOLIL

**1. Off with the tech!**

Take a technology Sabbath and pick a day or two to stay away from all things technology. Unplug and live a more wholesome life without any use of social media or games even. Being offline allows you to reconnect with yourself and allows you to think and act without the influence of others. You're left with your own thoughts and you'll be able to focus more on what really matters in your life rather than endless scrolling on things like viral videos or trending topics. You'll be surprised how fulfilling your day is after being unplugged for a day.

**2. Read a book**

Whether it's a few pages a day or a whole book a week, read! If you don't like reading, listen to an audiobook. Reading aids in mental stimulation and for a long-term benefit, studies have shown that it helps curb memory-related illnesses such as dementia and Alzheimer's disease. It's the best way to expand our mind with more vocabularies and helps improve our memory. Books have shown to bring various positive effects to its readers. There is a certain kind of relaxation that comes with reading. It's known to reduce stress, improve focus and help you develop stronger analytical thinking skills.

**3. Read the news**

Get yourself in touch with what's going on not only in your community but also in the world. Poverty, famine, war and corruption exist in other parts of the globe. Knowing of these happenings puts your mind into perspective and brings forth your gratitude towards the life you currently have. Not only will you be more appreciative, you will also gain vast knowledge as the news you absorb will help you to develop an open and critical mind.

**4. Essential oils**

Your sense of smell is one that is most powerful. A scent is able to govern the emotions. Many people today resort to aromatherapy essential oils to relax and de-stress. Whether through a massage or vaporiser, make time to find absolute zen by enjoying the calming scents of essential oils. Each essential oil produced serves a purpose. For instance, lemon oil reduces mental fatigue, lavender reduces anxiety while rosemary oil is great for memory and brain function. Fragrances have the power to alter your mood and your mind. Utilise them. Remember, the less you stress, the less you age.

**5. Go outside**

If you've been too busy at work and too cooped up at home, it's time for you to go outside. Clear your mind with a serene view, whether it's nature or the city night light. Go on a hike and walk to places that give you a chance to breathe and disconnect from your reality, even if it's just for a moment. This allows you to refresh and rejuvenate your mind so you're able to better focus once you get back into your norm.

**6. Listen to instrumentals**

Be it a saxophone, guzheng, tambura or seruling, you should listen to some instrumentals. Tackling your senses and surrounding yourself with the most euphonious of sounds is calming to the mind, body and soul. It elevates your mood to a more positive note as the brain releases a chemical known as dopamine, which makes you happier.

*It's vital to feel young by maintaining a healthy mind. How? Here are habits you need to start incorporating into your daily life for a healthier body and mind.*





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# KAVIN JAY

“Everybody Calm Down!”

BY HIRANMAYII AWLI MOHANAN

Kavin Jay is one of Southeast Asia’s most sought-after comedians; an integral part of the comedy revolution in Malaysia. He’s a rapid-fire, joke-telling machine. He may be grouchy but does it with panache that you can’t help but laugh. His intense sense of humour has tickled ribs and charmed audiences of all shapes and backgrounds.



Cendol Durian



Nasi Lemak

## Tell us about yourself.

I am a stand-up comedian and world-class idiot. I like the colour black and I like cartoons too. I have a face only a mother can love, a body fit for diabetes and a burning desire to be as lazy as possible.

## Tell us about your foray into comedy.

I was fascinated by comedy when I was studying in the UK, having seen a few shows there. I came back to Malaysia and wanted to watch comedy but there were only a few shows and far between, so one day I thought, why not start a show on my own? How hard could it be? The answer to that question was “very hard”, because my first attempt of telling jokes to a few of my friends in a pub (with my cousin Andrew Netto, who did really well) went horribly wrong. I didn’t know what I was doing and no one laughed. I even heard one of my friends go, “what the hell is he doing?” while I was on

stage. But I kept on doing it and with the emergence of more stable and frequent shows like Time Out Comedy Thursday and Comedy Club KL, I became a better comedian and 12 years later, here I am.

## What was the transition from a former marine engineer to a comedian like?

The transition was not that hard. I try to keep the two lives separate to be honest. I mean, my parents wanted me to be an engineer and I wanted a simpler life, like being a professional bum. After my graduation, I looked for opportunities to get into the arts. I auditioned for Malaysian Idol (Season 1) and failed miserably, so I figured, I couldn’t sing nor could I dance, so what else could I do? I eventually thought comedy was it. But it took many years of work before I became a full-time comedian.

## What inspires your material?

I tell stories of real life, my real life. I do embellish, but they’re mostly true. So, I look back and find the deepest, darkest secrets that people have trouble sharing in public and I share them with the world. To quote someone else, “Comedians are people who make bad choices in life and tell the stories on stage”. So that is what I do; I tell stories about my life, and most people seem to relate to them. I have so many stories I want to share and I guess my embarrassments will hopefully make people laugh.

## How did it feel landing your own Netflix special?

To be honest, it was a bit of a shock to get a Netflix special. I thought to get a special I had to be a comedy God, like Chapelle or Seinfeld, but it happened. It still hasn’t sunk in completely. I initially thought it probably wouldn’t go very far and not many people from outside of Southeast Asia would see it, but I have been getting plenty of love and appreciation from all over the world and it has been great. It is a great boost, not only for me, but for the entire Asian stand-up comedy community where they have a goal of getting a Netflix (or any other network) special, which is not completely out of reach.

## Your favourite comedian of all time is?

That has got to be Rhod Gilbert. He is probably one of the first comedians I saw live in the UK. His style and jokes resonate with me the most. I have a list of heroes too that include Robin Williams, Simon King, Dave Chapelle, Hariith Iskander, Bung Mokhtar, Ahmad Maslan, etc.

## You have performed all over the world. What’s the highlight of your career thus far?

I am not sucking up to people when I say this, but no matter where I go in the world, my favourite place to perform has got to be Malaysia. Places like Penang and Kota Kinabalu have always been my favourite as it feels like home and the people appreciate me that much more. Being the first Malaysian comedian to have a show at the Edinburgh Fringe Festival is also a highlight. It was such a great feeling for me to be at the biggest festival, and having my jokes go down great there. It really showed me that the Malaysian flavour can travel, and my jokes on Malaysia are well appreciated.

## What is your goal, career-wise?

After a Netflix special, I got to travel the world, bringing the Malaysian brand of comedy. I am doing a Malaysian tour in August and we are talking to a few people about touring in Europe and North America. So really, it is about being seen all over the world, and who knows, I could be in Hollywood, as a sidekick. I mean, you’ve got to be real, no one is going to offer a main role to a Malaysian overweight comedian, right?

## What do you do for fun?

Usually I spend some time with my family. As you can imagine, when I travel and do comedy tours, I don’t get to spend a lot of time with my family (my daughter is 5 and my wife is completing her PhD). So, whenever I get any time at home, I try to spend as much of it with my daughter. She is so much fun at this age.

## Favourite Malaysian fare you can’t live without are..

Nasi Lemak and durian. I get withdrawal symptoms when I don’t get them. I am really craving a durian chendol now!!!

## Favourite restaurants/cafes in Kuala Lumpur?

Wow! There are so many... OK for starters, Satellite Chicken Rice in Jalan Gasing, my favourite chicken rice joint! Restaurant Insaf in Jalan Tuanku Abdul Rahman (next to SOGO) is great for Briyani. Capital Café, also in Jalan Tunku Abdul Rahman (opposite to SOGO) is great for nasi padang, and Devi’s Corner in Bangsar (upstairs) for Banana Leaf Rice.



# Wan Chun Ting

## A Regal Dining Experience

BY HIRANMAYII AWLI MOHANAN

**W**an Chun Ting, which translates to Ten Thousand Springs Pavilion is the ultimate location for sophisticated Cantonese and Imperial dining in Kuala Lumpur. Elegantly designed, the main dining area reflects the refined blend of the East and West with rich dark timber note complimented with a soft touch of architectural detail. Elements of Chinese-inspired silhouettes and luxurious textures with accents of traditional pieces add the exclusivity and further elevate one's dining experience.

At the helm of Wan Chun Ting dining is Chinese head chef Lee Siew Hong, who serves up a rich and intricate art of Cantonese and Imperial cuisines that demonstrate a myriad of culinary techniques while observing tradition, balanced with thoughtful innovation. While many turn towards a Western brunch during the weekends, we suggest treating your palate to an oriental Sunday brunch that includes dim sum and a wide range of a la carte delights. In addition to the exquisite Cantonese Imperial fare, Dim Sum chef Chong Chin Kee showcases his creativity through a selection of incredible handcrafted steamed, fried and baked dim sum.

To enhance the dining experience, Wan Chun Ting offers guests a selection of Chinese tea. The restaurant also has a modest range of wines to complement the delectable cuisine it serves.

In addition to the main dining area which can seat 120 guests, Wan Chun Ting has four private elegant dining rooms, the largest of which can accommodate up to 18 guests, perfect for social gatherings or business meetings.



Wan Chun Ting Trio Combination



Wok Fried Noodle with Fresh Water Prawn, Ginger and Onion with Egg Sauce



Herbal 'Gui Ling Gao' Pudding



The imperial interior of Wan Chun Ting

### Steamed Shrimp Dumpling 'Har Kao'

No dim sum meal is complete without the 'Har Kao'. Brimming with evidence of Dim Sum chef Chong's mastery, the steamed shrimp dumpling comes in the typical dim sum basket and it showcases three chunky pieces that are generously loaded with savoury prawns.

### Pan-fried Beancurd Roll with Mozzarella Cheese

One might not agree that mozzarella cheese pairs well with a dim sum but the skilled chefs at Wan Chun Ting will gladly prove the naysayers wrong. The beancurd is fried to crisp perfection and upon biting into it, you are greeted with subtle notes of cheese that contribute a creamy consistency and flavour to this dish. It was sinfully delicious.

### Green Chive Dumpling Topped with Red Cabbage and Ebikko

As the waiters opened the lid to the dim sum basket, what we instantly noticed was the flower-looking aesthetic and the pop of colour from the red cabbage and ebikko. Instantly, we understood why the chive dumpling is one of the highlights at Wan Chun Ting. It owes its savouriness to the fresh ingredients and their pairing with seafood such as prawns and ebikko to garnish.

### Prawn Crispy Bean Curd Roll wrapped in Rice Roll

Presented ever so elegantly, this intriguing dish is fit for royalty. Its humble

appearance carries waves of flavours and textures. The silky rice roll envelops the crispy bean curd and when you bite into the heart of this dish, the prawn, you experience a wash of ecstasy. It is impressive that an unassuming dish exudes tremendous piquancy.

### Deep Fried Giant Grouper with Chef's Special Sauce topped with Shredded Cucumber and Onion

Magnificent it came, surrounded by a moat of chef's special sauce, garnished with shredded cucumber and onion. The deep-fried giant grouper, while crisp on the outside, was tender inside and almost melted in our mouths. Just like the wind, it immediately disappeared into our stomachs and the taste was divine.

### Wan Chun Ting Trio Combination

From Wan Chun Ting's new menu came a glorious dish, inspired by Lee's creative juices. On a beautiful plate sat a Meat Ball with Dried Scallop Sauce, Grouper Fish Roll with XO Sauce and Crispy Bean Curd Roll with Prawns and Cheese. There was a fusion of wonderful and frisky tastes that teased the taste buds and tempted us to indulge further.

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# SOUTHERN ROCK SEAFOOD

Finest food of the oceans

BY SITI WAJIAH KHOUL

**A**long Jalan Kemuja, Bangsar Utama is a breezy Sydney-style beach restaurant established in 2008 known as Southern Rock Seafood. This is a family-run specialist fishmonger eatery with a dedication to provide the finest imported fishes and other seafood from around the world, mainly from the pristine southern oceans around Australasia and the cold waters of northern Europe.

One of the reasons Southern Rock Seafood is a trusted eatery among its patrons is the fact that it practises traceable and sustainable fishing, sourcing directly from fishermen and oystermen. Hence, maintaining their quality and freshness. Even the best oysters in the world, which are the Premium and Gallagher Special oysters, are sourced weekly and directly from Edward Gallagher to Southern Rock Seafood. Therefore, guests are able to enjoy the best of all seafood right here in Kuala Lumpur.

I had the privilege of experiencing the range of food offered and I was thoroughly impressed. Starting off with their complimentary fish soup served with bread, grated cheese and mustard sauce, which to my surprise, blended incredibly well together. Followed by the appetisers, I was offered a few selections. I would say that my top highlight would be the Smoked Ocean Salmon & Marinated Goat Cheese, where the goat cheese was wrapped

around by the smoked salmon. The creaminess of the goat cheese and salmon just melted in the mouth, leaving behind a tinge of smokiness. Another favourite which I highly recommend is the Smoked Mackerel Pate which you spread on a piece of toasted baguette. The pate blew my mind as it was so smooth in texture, bursting with flavour and a shocking zest that hit my palate and the smokiness lingered in my mouth as a savoury aftertaste.

The Legendary Laksa was new, simple and delicious. With a choice of either mussels or clams, the amount was abundant. An amazing local dish made right. You should also try the Roasted Mixed Seafood of baby octopus, salmon bits and clams with garlic, lime, chilli and thyme cooked in their special fruit wood charcoal oven. Each bite of the seafood was different on its own, yet delicious with a satisfying texture. However, I would say that the salmon bits were the most flavourful and deliciously infused with the seasonings.

My favourite main was the Baramundi served with sweet potato mash and broccoli, topped with fried leeks. The fish was immaculately tender and seasoned, with the skin perfectly toasted, giving you a crunch with every bite. Adding the sweet potato mash and fried leeks to the fish gave sweetness and a slight smoky taste, making it even better. The classic Fish & Chips is also a must-try. Unlike most places, their batter is specially made and

their fish is much thicker than the ones you would usually have elsewhere, giving you more delicious fish meat. Most importantly, the fish is not frozen and fried fresh each time. Their Lemon Sole is also a massive hit.

What I really admire most about Southern Rock Seafood is their care for the less privileged. Their range of desserts are actually made by people with disabilities from Bake With Dignity, a social enterprise providing basic culinary skills for sheltered employment. Every tart, brownie, cake and loaf of bread that rolls out of the kitchen is made by these heroes. So the money you spent buying their dessert is actually a contribution to the organisation. I had the honour of tasting their Salted Caramel Fudge Brownie. It was rich, decadent and beautifully made.

Last but not least, we have to talk about the star and main focus of Southern Rock Seafood, and that is the oysters. Here is where you get the finest quality oysters

you can ever imagine, imported from the best parts of the world. Whether it's the sweet and satisfying Irish nuggets of Trageanna Bay, the famously slender Fine de Claire from France's Atlantic coast or an Edward Gallagher's masterpiece which is the Gallagher Special oyster, they have it all. Fresh, meaty and succulent, it was nothing like I had ever tasted before. You can even pair it up with a selection of fine wines to match each oyster for an even better oyster-eating experience.

The eatery mimics the feeling of being by the sea coast. It has a shabby chic feel, complete with sea-weathered planks, fish-trap light shades, an iconic sea blue sharing table and fish art from graffiti artist, lamMay. The fresh seafood around makes the feeling all the more real and the scent is similar to the sea breeze. Adding to the beach-like feel, is their range of cocktails and mocktails to set a vacation mood as you dine with your peers, family or friends. Southern Rock Seafood indeed gives you the finest food of the sea.



Prawn Cocktail Open Sandwich



Roasted Mixed Seafood



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MTR Special Meals

69, Jalan Thambipillay,  
Brickfields, 50470 Kuala Lumpur  
Tel: 03-2276 4924

# MTR 1924

Serving Quality with Passion

BY HIRANMAYII AWLI MOHANAN

New to the epicentre of Indian cuisine, Brickfields, is MTR 1924, a purveyor of authentic South Indian vegetarian food. Its ideal locale draws the multi-ethnic folk who work at and patronise Brickfields for its distinct offerings.

The inception of MTR dates back to 1924 when three Brahmin brothers decided to open a small restaurant in Bengaluru, India called the Brahmin Coffee Club, serving coffee and idlis. Under the direction of Yagnanarayana Maiya, the eatery attained accolades and fame and soon after, the restaurant was renamed to Mavalli Tiffin Rooms (MTR). This vegetarian restaurant went on to grow in stature and name, becoming a culinary symbol of excellence in Bengaluru. Today, MTR has spread its wings, having branches in Singapore, Dubai, and recently, Kuala Lumpur.

What makes MTR distinct from every other purveyors of Indian cuisine is their attention to sourcing their ingredients- which largely come from India, besides their diligence to minute details that make their fare top notch. For example, their coffee beans have been obtained from the same coffee plantation in Chikmangalore, Karnataka for the past 70 years.

Evident of their integrity and quality, the chefs helming the kitchen at all branches (within India and overseas) are trained for seven to eight years at the main MTR outlet (at Lalbagh Road) to master the techniques and well-guarded recipes. Renowned for their dosa, patrons are introduced to the tastes of Karnataka and the various batter and grains used to make dosa.

Being one of the first few restaurants in India to embody an open-kitchen concept, it provides MTR's customers with transparency and honesty where customers can develop a relationship with their chefs knowing where their food is coming from and the hygiene practised at this establishment.



Masala Dosa

### Masala Dosa

The Masala Dosa here is divine and our favourite. Crisp on the outside and fluffy on the inside, this dosa is laden with spiced potatoes and topped with their signature, organic thimble of ghee. The aromatic and flavourful ghee acts as a garnish to the flavourful dosa.

### Rava Idli

Take it from a non-idli lover, this is the best idli I've ever tried. This recipe is exclusive only to MTR as it was invented during World War 2 when there was a shortage of rice. Instead, they made use of semolina, complemented by spices to render the utterly delicious Rava Idli you can taste today at MTR. This healthy dish is steamed with a mix of yoghurt, coriander, cashew nuts, curry leaves and mustard seeds.

### Special Meals

The South Indian vegetarian thali is a complex combination of vegetarian savoury and sweet dishes. It usually comprises salads with pulses and fresh vegetables called 'kosambari', seasoned with coconut and spices. It is interspersed with Indian sweets and puddings.

### Coffee

Coffee lovers should not miss the chance to taste an Indian coffee. It just might get you addicted. The coffee beans at this establishment are roasted and ground on a day-to-day basis to ensure the flavour is contained. Sourced from the same coffee plantation in Chikmangalore for decades and you will find no chicory is added. The coffee at this eatery is in its purest form and we can guarantee that you will keep coming back for more.



# Pretz n' Beanz

The hub of pretzel and coffee goodness

BY SITI WAJIAH KHOLIL

Jalan Solaris 4, Solaris Mont Kiara,  
50480 Kuala Lumpur



BBQ Streaky Pizza

Along the main street of Solaris lies an eatery that is the perfect place for leisure where you can enjoy an array of amazing dishes with friends and family. Pretz n' Beanz is a café concept eatery where the atmosphere is deemed comfortable and casual. Its logo features a pretzel on the left and a coffee bean on the right that are tied together in a heart shape as a means of expressing the brand's love and passion for its food, especially pretzel and coffee.

Based on the name of the brand itself, the café's expertise is in producing a variety of pretzels and coffee. Recently, it launched a new menu with more exciting and unique themes. One of the pretzels I enjoyed the most was the Cheesy Nachos Pretzel. The pretzel was subtly crusty, but very soft inside. The cheese dip, mayonnaise-cheese swirl and nacho chip bits made the pretzel immensely flavourful. The topping of chopped scallions and tomatoes gave a fresh tinge to the flavours

altogether. What I love about it is the overall soft, chewy yet crunchy texture. There are many other choices of pretzels that you will find just as enjoyable such as Al Funghi, Satay, Alia Caprese and Pepperoni Beef.

Pretz n' Beanz also has scrumptious mains that will fill and satisfy you. If you need a little kick of spice, the Peri-Peri Chicken Chop is the ideal choice for you. Bursting with flavours of savoury, spicy and a tad of zest, it ought to please your explorative palate. The chicken is well cooked with a level of moist that makes it perfectly tender. If you're more of a cream-and-cheese person, you should opt for the Garlic Chicken with Cheese served with fries. The fries are thick and crispy, packed with the softness of perfectly cooked potato mash on the inside. They also have the Cheesy Mushroom Chicken with Rice for those who mainly eat rice as their staple food. If chicken isn't your preference, you can opt for the delicious Smoked Salmon Cheese Baked Rice or Fish and Chips.

Other than the mains, their pretzel burgers are also a hit. I highly recommend the Southern Fried Chicken Burger. The bun is heavenly soft with bits of pumpkin seeds laid on top of the buns. The fried chicken is tender and crispy topped with coleslaw, cheese, lettuce and tomatoes which together make a delectable combination. If you prefer something lighter, there is also a choice of the P n' B Club Sandwich. If you omit meat in your daily diet, the Vegetarian Burger is the choice for you.

Pretz n' Beanz also pulls the crowd with its all-day breakfast menu items that are familiar and comforting. From savoury breakfast meals such as the Royale Eggs Benedict and Baked Eggs Con Carne to the sweet Banana Parfait with Cereal, you will surely be able to enjoy the best breakfast. Any pasta fans? Of course, Pretz n' Beanz wouldn't leave out Italian-style meals with the choices of pastas available. Patrons have a selection of the Mushroom Goma Carbonara, Creamy Red Salmon Pasta, Prawn Spaghetti Aglio Olio and more.



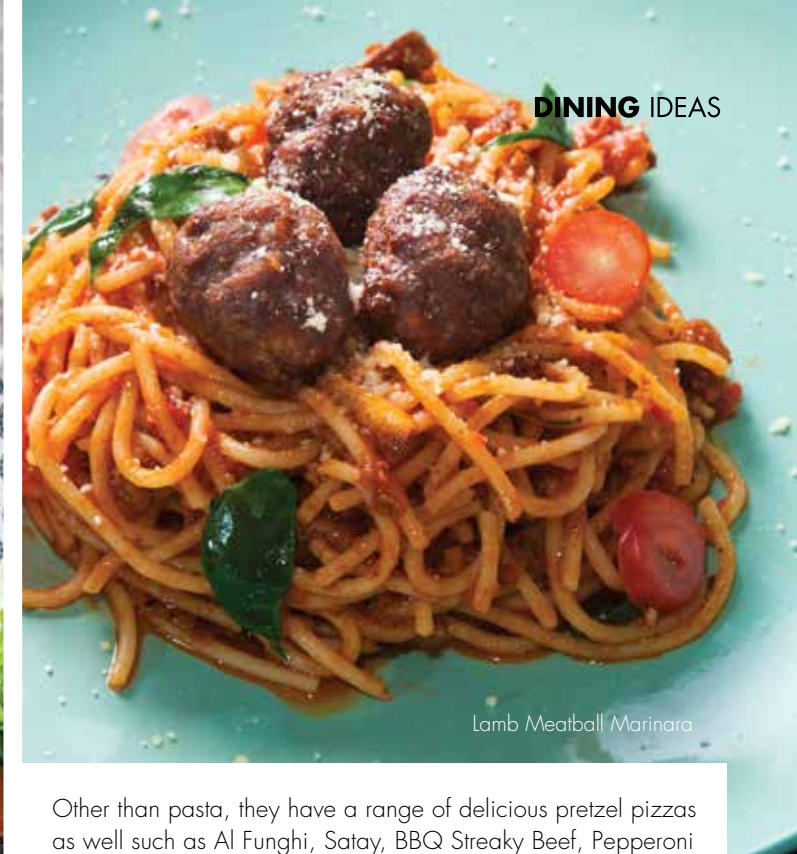
Savoury Pretzel Dippers



Royale Eggs Benedicts



Texas Style Lamb Burger



Lamb Meatball Marinara

Other than pasta, they have a range of delicious pretzel pizzas as well such as Al Funghi, Satay, BBQ Streaky Beef, Pepperoni and Alla Caprese.

To all sweet tooth, be sure to have a taste of their Oreo & Salted Caramel or Apple Cinnamon Filled Pretzel. If you prefer non-pretzel desserts, they have waffles and decadent cakes such as the classic American Baked Cheese Cake and their popular item, Volcano Chocolate Cake with Ice Cream. Pair your desserts with their range of aromatic coffee house blends. Whether it's a cup of Cappuccino, Chocolate Cookie Latter or Caramel Macchiato, these beverages will definitely get you hooked with their richness and taste. For something more refreshing, however, their array of fruity refreshers and healthy juices are incredibly thirst-quenching.

The ambience is simple and inviting. It has an interior where people feel familiar and relatable, as if one is at home. Pretz n' Beanz is a place where friends, family and peers can come together to enjoy the food and drinks. It's an ideal place for meet-ups where people can eat, relax and enjoy long conversations.



Oreo's Salted Caramel Pretzel





# JAPANESE CUISINE

## A ubiquitous fare

BY SITI WAJIAH KHLIL

### *Sashimi & Sushi*

Who doesn't know the very famous sushi and sashimi that people from all around the world have continued to enjoy. Sashimi is thinly sliced raw meat or seafood, mainly fish such as salmon or tuna, that is served and eaten on its own. Sushi, on the other hand, is not raw, rather it has been infused with vinegar or mixed with other ingredients, and sometimes smoked and served with glutinous rice. Invigorate your palate with the best of sashimi and sushi selections in places such as Ozeki Tokyo Cuisine, The Fat Fish, Eatomo Food Co and Kuriya.

### *Soba*

Soba noodle has become part of Japan's noodle identity. Made from buckwheat flour, it has a strong, nutty flavour and is dark brown-grey in colour. The best of Soba is the one that is made of pure buckwheat flour as it is even more delicious and gluten-free. For the best Soba experience, have a go at the Sobaya Shige. It has a range of the most delicious Soba dishes known in Kuala Lumpur. Menya Hanabi is also a favourite for fans of scrumptious dry Soba.

### *Tempura*

Tempura is a dish that uses the deep-fried technique. Usually using vegetables, shrimp or other seafood, the special batter made by combining flour, corn starch, salt and sparkling water produces an end-result that is very enjoyable to eat. Fried in hot oil, the batter turns golden yellow. A bite of it creates a satisfying crunch while the inside is soft and tender to eat. For a tantalising taste of Tempura that is close to being as authentic as the ones in Japan, you can visit Niji or Yoshinoya Hanamaru.



### *Okonomiyaki & Takoyaki*

One of my personal favourites is of course, Okonomiyaki – a pancake-type dish that is made of cabbage, flour, eggs, seafood and other ingredients, all mixed into a batter, then grilled on an iron plate. Topped with mayonnaise and fish flakes, it's incredibly tasty and appetising. Takoyaki, on the other hand consists of similar ingredients and toppings, except that it's in the form of little balls and mainly stuffed with octopus. These are considered Japan's best casual fast food or snack. You can find the best Okonomiyaki at Koikeshoten and Takoyaki at Gindaco.

### *Shabu-Shabu*

Shabu-shabu is a type of Japanese steamboat where thinly-sliced beef and vegetables are boiled in a pot of dashi broth and served with dipping sauces. Steamboat is a trend loved by many Malaysians. One of the reasons being is that the thin slices of beef or other meats don't take long to cook. When you pair it up with mushrooms, vegetables and other accompaniments such as cheese tofu and you dip it into its special hot sauce, it's more than just delicious. It's filling, comforting and highly satisfying. When you have hot pot with a group of friends and family, it's just the absolute best. My personal recommendation for a great Shabu-shabu is Suki-Ya at Mont Kiara.



# Tapak PJ

Urban Street Food Dining

BY SITI WAJIAH KHOLIL

A foodie hub that’s making a name with popularity that’s spreading like wildfire, Tapak PJ is the urban street food dining that is the talk of the town. Since it’s recent opening, many have flocked to the scene to experience delicious offerings from a variety of food trucks. KL Lifestyle too had the privilege to get on with the hype of dining in the great outdoors, surrounded by the twinkling night lights.



## Chicken Tacos

Mexican dishes are also available at Tapak PJ. The Chef Patrol food truck offers Italian and Mexican dishes, but people seem to be more intrigued with the range of Mexican items. There are burritos, nachos and tacos. We decided to try the chicken tacos, which were savoury with tender chicken bits topped with cheese sauce. Add a little lime for a little zest in the palate. If Mexican isn’t your preference, the food truck also serves pasta dishes such as the Carbonara, Bolognese and even Aglio Olio.



## Everything Burger

The name itself is already self-explanatory. When its name says ‘everything’, it really means that it has everything you would expect to have in your burger. Juicy meat patty with tomato, lettuce, onions, delicious beef bacon and melted cheese between a warm bun. Filling and packed with real meat, carnivorous patrons would really find this burger from the Big Bear Handcrafted Burger food truck thoroughly satisfying and enjoyable. You can opt for their other delicious items such as The Big Bear, Triple Monster burger and more.



## Calamari Rings with Garlic Butter Rice

For more of a seafood fare, the Rice Pot food truck is one you should go to. The calamari were crispy and thick. I love the slight chewiness of it. The Garlic Butter Rice is fragrant and flavourful. Their fish and chips as well are just as great. However, I must point out that the secret weapon is actually their special spicy sauce. It is the perfect condiment to the fish, calamari, rice and even the fries. Do note that it’s best eaten warm.



## Milky Mango

One of the food trucks that you can’t help but notice is the First Order food truck which offers pure mango juice in different styles. You have the pure mango juice, milky mango and mango float. We opted for the milky mango and it was absolutely thirst-quenching and incredibly delicious. Rich and creamy, purely tasting of mango, it’s a must-try drink. No wonder the First Order food truck was such a hit!



## Nasi Daging Kunyit

Mat Rock Ayam Goreng was a major hit with the longest queue at Tapak PJ. Luckily we were the first to purchase our food from this food truck and we selected the Nasi Daging Kunyit. With rave reviews from friends and acquaintances who have tried, it’s no surprise that people are willing to wait in the long line. Though the dishes are simple, you can never go wrong. The beef was so tender and it was so pleasant to eat with the rice. The soy sauce and sambal too made it even more delicious than the already tasty, savoury beef. Their other items such as the chicken are just as amazing and deliciously put together.



# FROM CHOCOLATE, MOCHI TO CHEESECAKE

## TOP FAVOURITE DESSERTS FROM THE ‘LAND OF THE RISING SUN’

BY SITI WAJIAH KHOLIL

### Anmitsu

Perfect for a hot summer’s day, Anmitsu is made of small cubes of agar, a white translucent jelly made of red algae. It is often served with the likes of red beans, Mochi balls, fruits and agar jelly. Served cold in a bowl, you can also include additional toppings of seasonal fruits such as peach slices, pieces of pineapple, mikan (tangerines), cherries, rice flour dumplings, and ice cream. A small pot of sweet black syrup, known as mitsu (refers to the ‘mitsu’ part of Anmitsu), is served on the side. Refreshing and revitalising, you can get a bowl of delicious Anmitsu goodness at Kakigori in Gardens Mall.



### Mochi

Mochi is Japanese rice cake made of short-grain japonica glutinous rice. The rice is pounded into a paste and moulded into the desired shape. Mochi can be stuffed with various fillings such as sweet red or white bean paste (Daifuku) or the most popular currently, ice cream. Sticky on the outside, yet deliciously sweet on the inside, the combination makes it fun to eat and oddly satisfying. Traditionally, the dessert is usually made for a ceremony called Mochitsuki, a Japanese new year celebration. Now the dessert is celebrated throughout the world. For the best Mochi experience, Mochi Sweets and Minamoto Kitchoan are the places to go.



### Japanese Cheesecake

Japanese cheesecake is a breed between a cheesecake and a sponge cake. The cake has elements of both a rich custard and a light, airy sponge cake. The texture is incredibly cotton-soft like a soufflé almost. That’s what makes it the more enjoyable to eat. It’s simple and a tall, single-layer cake topped with sugar dusts that adds a gentle sweetness to the remarkably moist cake. For the best experience of a Japanese Cheesecake done right, Miki Ojisan No Mise at Bangar Village is known to have the best.



### Nama Chocolate

If you haven’t tried Nama Chocolate all of your life, you’re missing out on probably one of the best chocolates in existence. I have not met a person who’s tried Nama Chocolate disliking it. This Japanese creation is heaven-sent with its velvety texture that melts in your mouth. It’s fine and delicate, comprising chocolate and fresh cream that is simply irresistible. There’s a hint of bitterness due to the dark chocolate. Do note that most Nama Chocolates include liquor, but you can opt for non-alcoholic ones. ROYCE is among the brands known for producing one of the best Nama Chocolates.



### Dorayaki

Those who grew up with the famous anime Doraemon would probably know of Dorayaki, one of the most popular Japanese confectioneries. It’s basically red bean paste (Anko) sandwiched between honey pancakes. It is a Japanese sweet beloved by people of all ages. This traditional dessert can also be enjoyed in other ways other than the common red bean filling. Some would fill the in-between soft, sweet pancakes with delicious custard cream, chestnut or other creams such as chocolate, vanilla or fruity. You can find good quality Dorayaki at Minamoto Kitchoan.





RedTail interior top view

## An exhilarating Time Lies Ahead at RedTail Bar by Zouk

BY HIRANMAYIL AWLI MOHANAN

**R**esorts World Genting, a formidable and renowned lifestyle hub up in the sky is a purveyor of enchantment and extraordinary things. Recently adding to the scene, is RedTail Bar by Zouk. Created by the team behind Asia's best nightclub, Zouk Singapore, Zouk Genting is set to revolutionise Malaysia's nightlife scene with four distinctive destination zones- Empire, Zouk Club (opening in Q3 2018), a Vibe Dining concept and RedTail Bar by Zouk (RedTail), all under one roof, allowing patrons to enjoy endless luxury in an array of ambience.

RedTail, spanning over 4,289 sq ft, is able to accommodate up to 150 guests and while it is designed to be a millennial magnet, it appeals to patrons of all ages. Its vibrant mural, bounteous space and not to mention its charming mascot, Xiao Hong the Red Panda boy, is definitely a crowd pleaser as he embodies a fun, popular, sociable, adventurous and playful personality—matching the vibe of the place.



Interior



RedTail Xiao Hong



Interior

This contemporary gaming bar, opened its doors early January, adding enjoyment to the vibrant nightlife scene of the resort as it redefines how the chic and sophisticated spend their leisure hours. RedTail offers a perfect setting for pre-club drinks and group celebrations, boasting exciting features along with light meals and snacks. This bar also regularly hosts competitions and opportunities to go head-to-head against players across the world with exciting, real time e-gaming tournaments. One thing is for certain, you will never be bored at RedTail.

The pinnacle of RedTail is being able to indulge in savoury and exciting libations while indulging in a variety of exhilarating games such as Xbox E-Games, Beer Pong, Shots & Ladders, Battle Shots, Giant Pong, darts, and pool. Patrons looking to wind down can simply sit back and relax while listening to cool live music or watching their favourite sports on ubiquitously-placed screens.

Besides its groovy music playlist, RedTail has brought forth many unique concoctions



and dishes. One that we particularly love is the Zouk-inspired sour plum shot, a bestseller in Singapore and part of the Zouk DNA. Another unique offering at RedTail are cocktail classes for patrons, perfect for those who would like to learn the craft and it makes for an excellent team-building activity for corporations.

Proving itself to be more than an entertainment spot, its atmosphere was created in celebration of culture and arts. This gaming lounge is a big supporter of the Southeast Asian art scene, evident from its interior. The décor showcases murals, graffiti art, handcrafted lighting and sculptures, and bespoke pieces by up-and-coming local talents for guests to feast their eyes on.

### THE BRAINS BEHIND REDTAIL

The entertainment-driven social gaming lounge was conceived by the brains behind Genting Hong Kong's Lifestyle division, Hui Lim (executive director of Genting Hong Kong) and Andrew Li (Zouk Consulting Pte Ltd's CEO). The duo wanted the perfect pre-game spot to hang out; a pre-drinking spot offering patrons the opportunity to build up to a big night in a lively and fun atmosphere.

Additionally, Zouk Consulting Pte Ltd's general manager, Joseph Ryan, who is currently spearheading the development of several Zouk-branded entertainment outlets and festivals for Resorts World Genting, has a formidable track record that includes managing tour events for superstar Madonna.

"While being an obvious millennial magnet, thanks to its varied offerings, RedTail can cater for all age groups. The venue is perfectly equipped for celebrations and group gatherings of all sizes, and lovers of all kinds of music, games and sports," said Ryan.

SkyAvenue, Genting Highlands, 69000 Genting Highlands, Pahang  
Tel: +603 2718 1118  
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Imitation Woman is a floralcy aldehyde fragrance paying tribute to the unforgettable era from the narrative of Amouage’s very own Creative Director, Christopher Chong. The heart notes of Blackcurrant Buds, Aldehyde and Liquorice take you back to the heady days at the iconic nightclub. The bright florally heart notes of Rose, Ylan Ylang, Orange Blossom and Jasmine are inspired by the diverse ethnicities of New York City, while Incense, Sandalwood and Patchouli represent the eternal sensuality and seductive sillage projected by the never ending party at Studio 54.

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RM4,102

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Amphora mini leather tote  
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## LADIES' BODY SHAPE: PART V OF VI

Christian Dior once said "A dress is a piece of ephemeral architecture, designed to enhance the proportions of the female body". There are techniques you can use to visually manipulate your natural silhouette to appear how you want it to be! Ladies are usually desire for an hourglass silhouette that appear more womanly and attractive.

What do you do when you have a Rectangle body shape but want to appear more hourglass? To do that, basically you will need to find ways to increase volume at your bust and derrieres, at the same time keeping a suck-in waistline.

First of all, adding a belt to your loosely structured outfit will instantly give you a more defined waistline and form a visually hourglass silhouette. When comes to dress or skirt, opt for A-line or flare design that constructs a small waist and at the same time making your hips appear larger than it actually is. Blouse with lots of ruffles be it at the collar or sleeves will add volume to your bust! While peplum cut jacket or blouse can add more volume to your derrieres!

Follow me at this space to find out how to dress an **Apple body** next month!

**Eng. Soo Hua**  
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[www.stylebyosh.com](http://www.stylebyosh.com)

# Beauty Tools You Shouldn't Live Without

Use the Right Tool for the Right Job

BY HIRANMAYI AWLI MOHANAN



**TARTE**  
Minutes to Mermaid Brush Set (Limited Edition)  
RM205

This beauty is a vegan, cruelty-free collection of five fin-tastic makeup brushes complete with whimsical mermaid tail handles and plush bristles. Tarte's limited edition mermaid full-sized set features every tool you'd need for a full-face look.

**Large Powder Brush:** Fluffy head dusts on loose powder, setting powder or bronzer all over the face.

**Cheek Brush:** More tightly-packed bristles are ideal for sweeping on blush.

**Highlighter Stippling Brush:** A dual-fibre brush blends cream illuminators flawlessly onto skin.

**Domed Eyeshadow Brush:** Lays shadow down over the entire lid and blends pigment into the crease.

**Pencil Brush:** Smokes out shadow or liner for a smoldering masterpiece.

**BEAUTYBLENDER**  
Beautyblender® Original + Mini Solid Cleanser Kit  
RM115

It may look like an ordinary sponge, but it is a beauty necessity for that flawless foundation finish. The beautyblender® original is a makeup applicator with a unique shape that achieves streak-free makeup and coverage even on hard-to-reach areas. Blendercleanser® solid: This natural formula cleanses away excess makeup residue and skin impurities for a flawless makeup application. Designed with a custom grid, it dries your beautyblender® and scrubs dirt from brushes effectively.

**DYSON**  
Supersonic  
RM1,799

The hair dryer re-invented, Dyson Supersonic helps prevent extreme heat damage to protect hair's natural shine. The ground-breaking new device keeps temperature under control by measuring and adjusting to air temperature every 20 seconds. Thanks to the Supersonic's focused airflow, you can style one section at a time without worrying about disturbing the rest. Dyson has turned convention on its head and put the motor in the handle, completely rebalancing the dryer's weight and shape. Magnetic attachments allow you to adjust quickly and easily, while a wide smoothing nozzle dries and styles hair gently. With three speed settings and four heat settings, precision and control are in your hands like never before.

**REFA**  
4 Carat Massager  
RM1,300

In need of a radiant glow from within? You shouldn't live without Refa 4 Carat, a micro-current lymphatic massager. It features four multi-angular rollers that provide 360-degree coverage to replicate continuous lymphatic massage motion. The four rollers effectively draw in the skin from all angles, efficiently tightening not only the face, but also the neck, hips and waist. Combined with micro-current technology, it stimulates collagen and elasticity production and leaves the skin lifted and with a radiant glow. It comes with a cleansing cloth and handy travel pouch.

**FOREO**  
Luna Play Plus  
RM235

The famed Foreo is a waterproof facial cleansing device that channels T-Sonic™ pulsations through soft silicone touch-points for deep and gentle cleansing. The LUNA™ play plus is the bigger version of LUNA play with longer bristles for extra deep cleansing and replaceable batteries for a longer life. The thicker touch-points deeply and precisely cleanse oilier skin, particularly on the T-zone, and the thinner touch-points gently channel pulsations, suitable for sensitive or dry skin. Combining T-Sonic pulsations with a non-abrasive silicone brush, this compact yet powerful device gently removes dead skin cells, and lifts away dirt, oil and makeup residue. It enhances the absorption of skincare products to refine, brightens, and even out the complexion.



# THE ROOM

*Urban, yet homey and affordable*

BY SITI WAJIAH KHOUIL



There is no denying that there are so many waxing salons around. The beauty industry is growing so rapidly that both women and men are spoiled for choice. However, our job here is to recommend not only the trendiest, but also the most advanced beauty technology in the market. The current beauty centre that is the hype recently is The Room. What is it about The Room that stands out amongst others?

One of the biggest crowd-puller services The Room offers is the Brazilian IPL (Intense Pulse Light). Permanently removing the hair is a dream come true for most people, especially in the private area. Gone are the days where you have to continuously shave or wax every few weeks or months. Usually most IPL treatments only cater to those with fair skin. However, with the latest technology from the United States, The Room's Brazilian IPL treatment is suitable for all skin types and colour. Whether you're white, ivory, tan, brown or black, the Brazilian IPL treatment does not discriminate and everybody is given the opportunity to achieve smooth and soft skin that is free from ingrown hair.

Truthfully, I was quite anxious at first but the beautician at The Room explained how painless the Brazilian IPL was in comparison to waxing. She talked me through the process which was very straightforward. First, you are told to wipe the targeted area thoroughly and then the beautician will shave off any excess hair. Then the cool gel is applied onto the area followed by the IPL treatment. It does not hurt at all. I just felt a small tinge of heat. If I were to compare the experience against Brazilian waxing, the pain with this treatment is only three percent of that. However, do note that it differs with people, depending on your tolerance for pain.

You can also have a whole body treatment. It will take at least up to seven sessions or more, depending on your hair, to have your hair permanently removed with IPL. In all honesty, it really is worth it as you can go on many months without the nuisance of constantly shaving or waxing later on. More importantly, if the area of

your skin was darkened over the years from shaving, especially in the underarms area, over time it will gradually lighten to match your origin skin colour. This is the best way to walk out in your sleeveless confidently without being too self-conscious of your underarms.

The first trial Brazilian IPL promotion at The Room is as low as RM88. Affordable and safe, there is no need to delay your appointment. The Room does not only cater specifically for women. The treatments for women can be applied to men. According to the head beautician at The Room, many men also visit to get hair removal treatments as well. So even men can enjoy the benefit of IPL treatments.

The beauty centre does not shy away from informing the clients the ingredients used for its services. In other words, it is very transparent. At the entrance you will see a display of pink and blue candies in a cylindrical glass bottle which is used for waxing. An alternative to the IPL is waxing which significantly decreases hair growth and thickness. Every time you wax, it damages the hair follicles which in turn result in the hair being much finer and lesser in growth. For some, it may even not grow back. However, the result is not always the same because of hormonal-related hair growth, especially the chin and lip area.

If you are used to Brazilian waxing, The Room has a first trial promotion where the soft wax is only RM28 while the hard wax costs RM48. Men too are no exception to their first trial promotion. First timers for Boyzilian, chest and stomach waxing are only charged RM58. If you have a spouse or significant other, bring your partner along to get a 20 percent discount for both of any ala carte services. As a couple, why not groom yourselves together for each other?

There are other services as well. One of which is their popular Korean Natural Mist or 6D Eyebrow Embroidery for those who would like fuller and neat eyebrows. The Korean trend of having straight, natural-looking eyebrows is the rave these days. The process is painless and you can be assured that there is no bleeding or swelling. Also, if you would like to extend your eyelashes, The Room offers a range of the softest and most natural lashes to make you look naturally dolled up. Feel free to try their lip tint and facial which have had positive reviews as well.

Unit G-02 Cova Square, Jalan Teknologi  
Kota Damansara, 47810 Petaling Jaya,  
Selangor  
Tel: +6012-666 2154



The staff are really friendly and the beauticians at work are professionally trained to ensure your safety. The equipment used are sanitised and all the sheets of the waxing table are changed after every client. So all procedures are conducted in a clean environment and in the most hygienic manner.

The interior is casual and urban, yet homey and comfortable featuring current upbeat songs in the air. Bringing you the latest and most affordable services that is suitable for all, The Room is definitely worth a visit.



# Superfoods of 2018

The up and trending superfoods you need to know

BY SITI WAJIAH KHOLIL

Kale, acai berries and chia seeds were among the superfoods that had once become a global hit as the choice of beneficial dietary consumption for many health enthusiasts. However, as time progresses and with new discoveries taking place, there are new superfoods that have climbed and are still climbing the trending charts for their powerful nutritional benefits.

## MORINGA

Moringa is mainly in the form of velvety powder originating from the fast-growing Moringa tree. It's usually served by sprinkling it on smoothies, yoghurts and juices. Do note that it has a very strong earthy flavour with a slight peppery taste, therefore it's advisable to just add a tad bit before you get used to the taste. The superfood is packed with vitamin C, amino acids, calcium and potassium. It's totally caffeine-free and makes a great energy booster. It also aids in balancing blood sugar and stabilise histamine production.



## MAQUI BERRY

There's a new berry in town, the maqui berry. The berry is known to be less bitter and contains very high antioxidants, vitamins, minerals, and fibre, and has anti-inflammatory properties. Maqui berry helps regulate blood sugar, enhances one's metabolism and improves digestion. Like most berries, maqui berry can be consumed in smoothies, juices and be an accompaniment to your breakfast bowl.



## SUMAC

Sumac is a spice primarily used in Middle Eastern cuisine. The spice is red-fuchsia in colour with a tart flavour similar to vinegar or lemon. It's part of the superfood category due to its sky-high level of antioxidants that even beats kale by 176 times more, according to the ORAC (Oxygen Radical Absorbance Capacity) chart. The superfood has the ability to neutralise free radicals that can cause cancer, heart disease, and signs of ageing. Sprinkle a bit of sumac to your salads, pastas or any dish for a delicious lemony-salty taste as it makes a great anti-inflammatory diet, warding off illnesses like coronary heart disease and lowering the risk of cardiovascular disease for those with Type 2 diabetes.



## ELDERFLOWER

Elderflower is the flower of a tree and it's the extract of the flower that is used for health and consumption purposes. It's in the superfood category due to its unrivalled antiviral effect. It's great in treating sore throat, swollen sinuses, colds, influenza, swine flu, bronchitis, diabetes and constipation. Usually served as a cordial and flavouring in cooking, it's a good superfood must-have in your home.



## PINK PINEAPPLES

Pink pineapples are real and gaining popularity each day in the Americas. Just as how rich they are in colour, they are also packed with health benefits. The fruit is genetically-engineered through the addition of lycopene, the pigment that gives tomatoes and watermelons their red hue, so it is commonly and safely consumed. Not only it is great for your skin, it also plays a role in preventing cancer. This fruit, however, is only produced by one company, Del Monte, located in Costa Rica.

## BAOBAB

The baobab fruit hangs in hard pods upside down from the baobab tree. The fruit is usually dried and the seeds will then be removed and the fruit is then ground into a powder. It's rich in vitamins A, C, D, E, and F, plus fatty acids, minerals, and B complexes. It keeps the skin and hair healthy, protects and repairs cells, controls blood sugar, aids gastrointestinal health and regulates body fluids as it also contains high levels of potassium, magnesium and calcium. You can add the baobab in powder form into your smoothies, soups, sauces and baked stuff for overall health daily dietary consumption.



## SWITCHEL

What is a switchel, you ask? It's a drink mixture of water, apple cider vinegar, fresh ginger and maple syrup. The combination is known to restore electrolytes in the body. Not only is it thirst-quenching and refreshing to drink, the ginger helps lower cholesterol, improve blood circulation, reduce blood sugar levels, and ease the symptoms of indigestion such as heart burn, bloating and nausea. The apple cider vinegar helps balance the body's pH levels, keeps blood sugar levels balanced, aids in digestion by fostering the growth of healthy gut bacteria, protects the heart, and promotes healthy weight loss. The pure maple syrup is a great alternative to artificial sweetener or sugar, and contains calcium, manganese, riboflavin, zinc and potassium.



## ASHWAGANDHA

Native to India, Ashwagandha is an adaptogenic ancient herb used in Ayurvedic healing. The herb is known to have healing effects which can be used to de-stress, improve the immune system as well as fight anxiety and insomnia. This powerful herb has shown incredible results for lowering cortisol levels and balancing thyroid hormones, and has been used for mood disorders and in the prevention of degenerative diseases. Therefore, the benefits have made it into the superfood list. Usually, Ashwagandha can be added to your tea via powdered form or taken as a supplement in the form of pill or capsule.

## SORGHUM

Move over quinoa, we have come to the sorghum era. Originally from Africa, sorghum is a wheat-type food which can be eaten like rice or ground into flour for baking. What makes sorghum different is that it's gluten-free and allergies to it are unheard of, therefore, making it consumable for those with wheat allergies. It's a great source of protein with vitamins like niacin, riboflavin and thiamin, as well as has high levels of magnesium, iron, copper, calcium, phosphorus, potassium and fibre. Thus, it helps to prevent certain types of cancer, control diabetes, improve digestive health, build strong bones, promote red blood cell development, and to serve as an energy booster.







# A Hearty Tête-à-Tête

WITH  
DR. SUREN THURAISINGHAM  
OF CVSKL

BY HIRANMAYI AWLI MOHANAN

**FIRSTLY, TELL US ABOUT YOURSELF.**

I am an “ageing cardiologist” (laughter ensues). I am 56 years old and was born in Penang. I attended the oldest English-medium school in Southeast Asia, Penang Free School and then went to complete my schooling in the UK before studying medicine in London. I trained at St. Thomas’s Hospital Medical School (University of London), a large National Health Service teaching hospital in Central London. I returned to Malaysia in 1992 as a lecturer in Cardiology & Medicine at the University of Malaya Medical Centre. I moved to Sunway Medical Centre in 1999 as part of the pioneer gang who started it. My partner, Dr. Kim Tan and I started Healthscan Malaysia in 2004 and transmigrated it and ourselves into CVSKL.

**WHAT INSPIRED YOUR PASSION FOR CARDIOLOGY?**

I was always more science-based. I wanted something that could incorporate that background with a human factor and hence, medicine made good sense. My father, a physician himself, had exposed us from young to the life (or lack thereof) of a doctor. So I got stuck in medicine, fully aware of what it entailed. I was attracted to Cardiology as it was pretty black and white regarding making diagnoses and didn’t appear as ‘wishy washy’ as some other areas in medicine. The excitement of watching TV depictions of cardiac arrests and heroic/glamorous doctor interventions too had their place in my psyche somewhere that I’m sure played their role in my decision-making. Cardiology also has the attraction of hands-on procedures and being less dependent on other areas of medicine to function effectively.

**HOW HAVE YOU ENJOYED THIS JOURNEY OF BEING A CARDIOLOGIST SO FAR?**

I have enjoyed it thoroughly. I wouldn’t do anything else in medicine if I had to make the choice again.

**ENLIGHTEN US ON THE IMPORTANCE OF HEART SCREENING.**

Heart screening is very important to enable at-risk individuals identify their status and allow them to take charge of their own heart health with our input and treatment when required. Screening is recommended because many heart attacks and sudden cardiac death occur without any symptoms or warning. Very often, just eating healthily and exercising is insufficient to guarantee heart health. Heart screening helps us determine an individual’s risks, stratify them and reduce the risks. This beats treating the problem once it has already happened. Prevention is.....

**HOW OFTEN IS IT ADVISED TO UNDERGO HEART SCREENING?**

If you don’t have a family history of premature heart disease and you have done a check-up in your thirties and have since been deemed extremely at low-risk, then once in two or three years would suffice. However, if you have a high risk of heart disease, you would need to get screened more frequently and be monitored closely by your doctor.

**WHAT ARE THE SYMPTOMS TO LOOK OUT FOR WHEN ONE EXPERIENCES A HEART ATTACK?**

The symptoms of heart disease related to heart attack or coronary artery disease are divided into stable and unstable symptoms. Majority of people with stable symptoms experience chest tightness and discomfort with exertion which is relieved by rest. This is a relatively benign condition but needs formal assessment. The pain usually emanates from the central region, NOT the left side, arm or your shoulders and only appears when you exert. That is a stable angina. Heart attack has the same kind of features but is much, much worse, occurring at rest and it’s usually associated with breathlessness, sweating and frequently a feeling of doom. Here

one needs to act fast. Sometimes, before a heart attack, you may get crescendo angina or unstable angina where you experience symptoms when you do minimal/simple activities and this may serve as a harbinger for worse to follow.

**WHAT ARE THE RISK FACTORS OF HEART ATTACK?**

Most importantly, a family history of premature heart disease in a first degree relative (male family member below 55 or female below 65). You have to be very aware of your risk status in this situation, no matter how healthy you think you are. If you have high blood pressure, diabetes, high cholesterol and if you smoke, your risk is going to be significantly higher.

**WHEN DOES ONE NEED TO WORRY ABOUT ONE’S HEALTH?**

After 20 years of age.

**WHAT IS HYPERTENSION?**

Hypertension is high blood pressure.

**WHAT CAUSES HYPERTENSION?**

Ninety five percent is due to genetics. Of course if you eat unhealthily, are overweight and do not exercise, even if your parents do not have high blood pressure, chances are when you hit the age of 50, you might develop it. However, if your parents have severe hypertension and even though you lead a healthy lifestyle, you are very likely to develop high blood pressure. It’s a combination of genes and your lifestyle; if your family history is bad, you are probably going to get it anyway.

**HOW DOES ONE OVERCOME HYPERTENSION?**

Drugs. I think if your base risk is moderate and you live healthily, you could probably avoid/delay it. Keeping your weight down and reducing salt, starch and saturated fat will help. Aerobic exercise for at least 30 minutes a day is also advised.



## CARDIAC & VASCULAR HOSPITAL

Cardiac Vascular Sentral Kuala Lumpur (CVSKL) is an integrated Cardiac and Vascular Private Hospital specialising in comprehensive modern care for patients with cardiac and vascular diseases.

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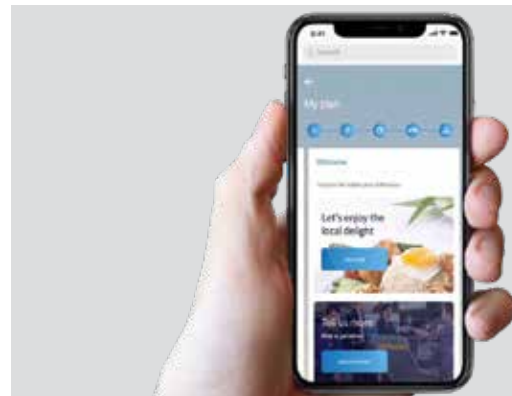
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## A Step Closer Towards **Airports 4.0** Digitalisation Journey

**Malaysia Airports' digitalisation journey towards Airports 4.0 is on-going now for slightly over a year, has reached another milestone with the recent debut of its MYairports mobile app aimed at offering its passengers a seamless experience right from their home until the boarding gate of its flagship KL International Airport (KLIA).**

Launched by the Ministry of Transport deputy secretary general Khairul Adib Abd Rahman on 4 June at KLIA Experience Lab, the airport operator is looking at receiving over 10,000 downloads of MYairports by end-2018. The app can be easily downloaded on Google Playstore and App Store depending on whether you are an Android or iOS user respectively.

Anchored by its Big Data Analytics (BDA) initiative, Chief Strategy Officer Azli Mohamed says MYairports is one of the end results of its Customer Engagement cluster in advancing airport digital technologies.

This cluster includes the use of beacons, avatars, digital and interactive displays that go beyond customer relationship management and the flight information display systems.

"Obviously, it does not stop there. We are looking at multiple solutions from the other clusters," adds Azli.

The remaining six clusters are Flow Monitoring and Management; Process Automation; Airport Collaborative Decision-Making (ACDM); Sustainable and Intelligent Building; Predictive Solutions and Prescriptive Solutions.

"Each of these clusters crosses all the fundamentals of our airports' operations", Azli points out, citing the ACDM cluster as a good example.

Here, all the stakeholders within the airport environment, including airlines, will have access to comprehensive end-to-end real time information under a total airport management centre.

He quips, "Another thing we can look forward to is having a unified digital platform that will enable us to connect all the tools into one cloud of information that will benefit us in terms of servicing our customers."

In the spirit of being more efficient and to ensure the sustainable management of its airport operations, Azli says predictive maintenance solutions have also been incorporated into its broader Airports 4.0 framework.

If KLIA's transformation is to become a smarter airport, the emphasis will be on better real-time energy and utility management. Thus,

an automated planning management system for key airport resources which will minimise disruptions in its daily operations will be set into motion. All these measures are designed to ensure more efficient management of its airport operations in order to serve its passengers better.

The benefits of its digitalisation process are also extended to the airport's entire ecosystem and stakeholders, including the airlines and its other strategic partners like the retailers, which explains why the MYairports app has captured flights information details and the list of the shops at KLIA at the outset of its roll out.

Malaysia Airports general manager of airline marketing Mohamed Sallauddin Hj. Mat Sah believes the predictive analytics showing the number of passengers going through the various airlines' check-in counters will be most helpful.

"This is where the airlines can find out how many optimal counters are required to be opened. From the passenger flow, we can also identify the countries of origin of these passengers due to the data captured from the cameras and video analytic systems that will be installed at the airport.

"Such data collected on the processing and waiting time can also be forwarded to other operations and immigration teams to help them address the queue monitoring and congestion issues."

Azli says the airport operator will be making some collaborative digital framework announcements with technology providers at the Farnborough International Airshow in the United Kingdom from 16-22 July. The areas of focus will be on passenger flow, information technology and video analytics.

Under the timeline mapped out by Malaysia Airports in its digitalisation journey until 2022, a company-wide roll out of the launch of Airports 4.0 and its Internet of Things strategy is marked for the fourth quarter (4Q) of 2018.

These will be followed by a comprehensive BDA initiative launch involving the implementation of a unified digital platform emphasising on artificial intelligence and advanced analytics capabilities by the second quarter (2Q) 2019.

Azli says the introduction of a single token, taking advantage of biometrics or facial recognition technology at touchpoints, to help ease passenger flow will kick-start with KLIA and klia2 and extended later to the other international airports in Malaysia. Its launch is slated for 4Q 2019 while its total implementation is expected to be completed by the third quarter of 2020.

Under the timeline schedule for Airports 4.0, Malaysia Airports will be focusing on Airport CDM in 2Q 2020 and working closely with parties such as the Civil Aviation Authority of Malaysia, government agencies, air traffic controllers, ground handlers and airlines.

To mitigate the asset-based challenges faced by the airport operator, a new baggage handling system using the latest BHS technology with real-time baggage tracking capability will be introduced by 4Q 2021 while new aerotrains using up-to-date technology with predictive maintenance system will be in place by the first quarter 2022.

Safety and security at the airports are also paramount to its operations. To strengthen its strategies in these areas, Malaysia Airports has included security and surveillance enhancement using video analytics with facial and characteristics identification capabilities under its digitalisation journey. This will be implemented by 4Q 2022, taking the passengers' experience at its airports up several notches.

“Another thing we can look forward to is having a unified digital platform that will enable us to connect all the tools into one cloud of information that will benefit us in terms of servicing our customers.”



**AZLI MOHAMED**  
Chief Strategy Officer  
Malaysia Airports Holdings Berhad





## Malindo Air Operates Langkawi-Guiyang Route



**Malindo Air has come a long way since it first took to the skies in 2013. It began with domestic routes and has since grown exponentially to operate routes to all major airports in Malaysia and across the continents of Asia and Oceania. The airline has its main hubs in KLIA and Subang Skypark.**

Today the airline operates 800 flights weekly across a continuously growing network of about 49 routes in the region.

In May, Malindo Air commenced its maiden flight from Langkawi to Guiyang, China. This marks the third China city that Malindo Air flies to from Langkawi, after Chengdu and Kunming.

As a major contributor to bringing more inbound tourists to Langkawi, Malindo Air now operates a total of 12 weekly flights from China – 4 weekly flights from Chengdu and Kunming respectively and 3 weekly flights from Guiyang. The flights are operated with Boeing 737-800 with a total seating capacity of 162, out of which 12 are Business Class seats and 150 Economy Class seats.

Chandran Rama Muthy, CEO of Malindo Air said, “We are committed to boost the tourist arrival into Malaysia to jointly develop our economy towards greater heights. Our recent focal point is on Langkawi, and

we are happy to not only fly in tourist from KLIA, but also extend direct connection from overseas destinations to Langkawi”.

He added, “Our current capacity from China has the potential to contribute an average of additional 60% international arrival to Langkawi monthly. We look forward to strengthen the connection for more frequencies, as well as to have more new direct destinations flying in to Langkawi”.

Malindo Air flight OD630 is scheduled to depart from Langkawi at 7:00pm and the 4-hour flight is estimated to arrive in Longdongbao International Airport at 11:00pm. The flight operates every Tuesday, Thursday and Saturday.

The return flight from Guiyang to Langkawi starts on the following day, every Wednesday, Friday and Sunday. Flight OD631 departs from Guiyang at 12.05am and arrives at 4:05am.

Malindo Air flies to 11 cities in China from Kuala Lumpur, Penang, Langkawi and Kota Kinabalu, namely Guangzhou, Guiyang, Sanya, Changsa, Haikou, Chengdu, Tianjin, Zhengzhou, Kunming, Beijing and Nanning.

For more information, please call 03-7841 5388



## Royal Brunei Thrives with Non-Stop London Flight and New A320neo



**Royal Brunei Airlines (RB) stamped its mark of progress with two milestone announcements in May. It affirmed its long-standing ties with United Kingdom with the announcement that effectively from October 2018, RB would be making non-stop flights between Brunei and London.**

Karam Chand, RB Chief Executive Officer said, “The introduction of RB’s non-stop flight to London Heathrow will be a significant milestone as for the first time Brunei and

England will be seamlessly connected by a direct air link. With the strong cultural, economic and political ties between the two countries, it is only natural to provide the seamless non-stop connection.

“The through flight via Dubai has served us well. However, with the demand for more direct routing from our guests, it becomes an important commercial imperative to provide the non-stop service. The approximate fourteen-hour flight will have the best inflight service, entertainment (1,000 entertainment options) and guest friendly features of B787 Dreamliner such as lower cabin altitude, less noise and turbulence to help reduce jet lag. More product and service innovations will be announced later in the year”.

Malaysian passengers would equally benefit with this new seamless connection if they have a stop-over at Brunei.

Also in May, RB announced another of its milestone with the delivery of the first A320neo aircraft with a ceremony in Toulouse, France. The aircraft is the first of seven firm aircraft and three option aircraft ordered by RB as part of its fleet renewal programme back in 2014.

Mr Chand explained the reasons for the purchase of the aircraft: “Airbus A320neo

comes equipped with Leap-1A26 CFM engines with the best fuel, noise, emission and operating efficiency in its class and will allow RB to achieve significant cost savings and reduce its emissions footprint. We are based in Brunei on the island of Borneo which has some of the most pristine environment on earth and we are pleased to be playing a part in preserving this”.

RB’s current fleet consists of 10 aircraft; four 787-8 Dreamliner and six A320ceo. Eight new aircraft will join its fleet by December 2018 (a fifth B787 and seventh A320neo). RB will have one of the youngest fleets in the world with an average age of 2 years by the end of 2018.

RB’s continuous progress for its long-haul flights gained recognition in November 2017, when it received a bronze award for Best Eastbound Long-Haul Airline by The British Travel Awards. In 2018, RB received the APEX Official Airline Ratings Four-Star Award and the TripAdvisor Traveller’s Choice Economy Class – Asia and Travellers’ Choice Regional Airlines – Asia awards.

For more information, please call 03-2070 7166





## Markhor is PIA's New Livery



**Pakistan's national animal, the Markhor, also known as the screw horn goat has been officially adopted as the new livery for Pakistan International Airlines (PIA) since April this year. The animal which was on the list of highly endangered species, has made a remarkable come back in recent years through concerted efforts by the stake holders and mainly due to its resilient and tencious nature.**

This is precisely why the symbol of Pakistan's national animal, the Markhor, is chosen to represent PIA's future. A change in livery is the visual equivalent of this new direction as PIA is working towards reforming and transforming the airline with the values of the Markhor: resilience, agility, steadfastness, fortitude, resolve and grace.

There is a lot of excitement in PIA team for the new livery, which is already getting accolades from regular passengers to airline enthusiasts and professional photographers, due to the refreshing design and vibrant colour theme.

The excitement echoes PIA's new direction to become a modern, progressive and at par with the other prominent airlines in the industry, if not better.

Passengers flying between Kuala Lumpur and Islamabad can experience the new livery in coming days. Pakistan International Airlines operates five times weekly between Kuala Lumpur and Karachi.

For more information, please call 03-2142 7344

## MATTA Welcomes ECTAA Delegates to Malaysia



**The Malaysian Association of Tour and Travel Agents (MATTA) welcomed 46 delegates from its affiliate member, the European Travel Agents and Tour Operators Association (ECTAA) on 7 May 2018.**

ECTAA presently represents the national associations of travel agents and tour operators of 27 European Union (EU) member states, of 2 EU accession countries as well as Switzerland and Norway, and 3 international members. ECTAA is actively collaborating with EU institutions and various international bodies. ECTAA has been a MATTA affiliate member

since 2017. This is vital because it allows for the promotion of Malaysian tourism in more than 27 European countries, through over 70,000 European travel agencies, to focus on over 700 million potential visitors from Europe.

According to Datuk Seri Mirza Mohammad Taiyab, the Director General of Tourism Malaysia, "The selection of Malaysia as meeting venue of ECTAA's 117<sup>th</sup> Semi Annual Meeting 2018 was made in light of Malaysia being the ECTAA Preferred Destination Partner for 2018." He continued, "We are genuinely interested to strengthen our presence in this market. We hope to serve our European partners better and to give complete assurance of our commitment to tourism growth."

Malaysia's status as the ECTAA Preferred Destination Partner for 2018 was formalised by a Memorandum of Understanding (MOU) that was entered into between ECTAA and Tourism Malaysia on 9 March 2017 in Berlin, Germany.

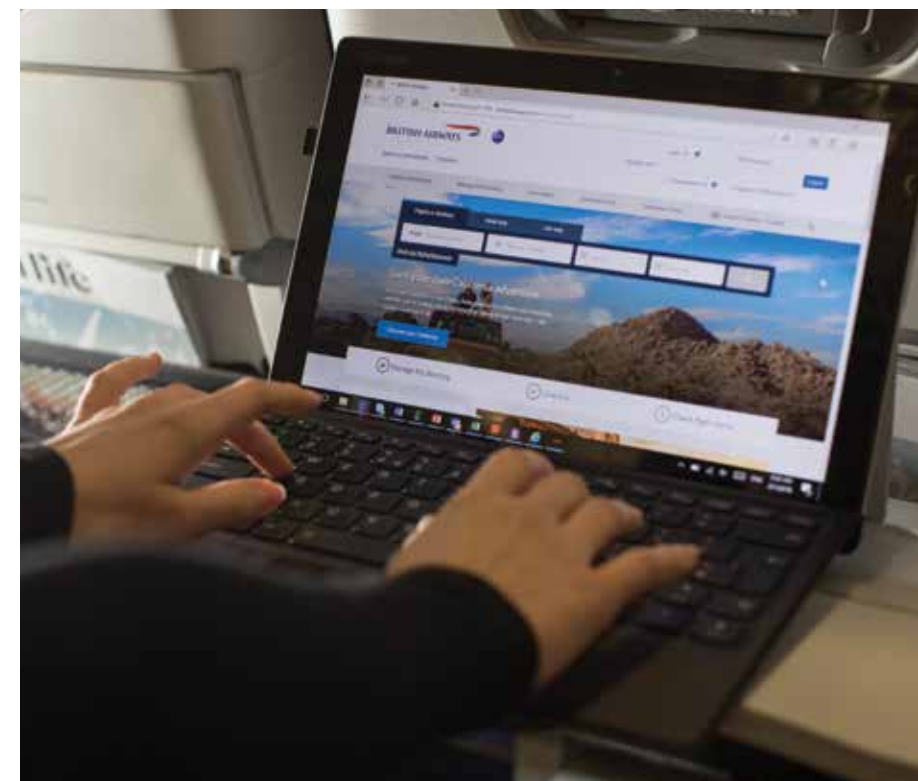
To accelerate the growth of Malaysia's tourism industry, MATTA has worked closely with overseas travel agents to promote tourist attractions in Malaysia.

Visitors from Europe were predominantly from the United Kingdom, Germany, France, the Netherlands, Sweden, Italy, Switzerland, Spain, Denmark, Ireland, Poland, Norway and Belgium. In 2017, visitors from these European countries to Malaysia amounted to 906,641, a slight drop compared to 955,836 in 2016.

MATTA is optimistic the ECTAA gathering in Malaysia will spark renewed interest of European visitors and assist domestic tourism promotions more efficiently in the aspiration to attract 36 million tourists and RM168 billion in tourist expenditure by 2020 in line with Visit Malaysia Year (VMY) 2020.

## British Airways' Survey Reveals Impact of Technology

**What is generally known about technology is largely based on experience, heresay and observation. However, in April, British Airways put together the result of a survey to show the impact of technology on modern lives and, how it would use the survey to guide its future investments.**



The airline's future plans would likewise impact its operations in Kuala Lumpur as the airline operates daily non-stop flights between Kuala Lumpur and London with its state-of-the-art aircraft, the Boeing 787-9 Dreamliner, the most technologically advanced in its fleet.

The British Airways commissioned study found that 58% of people revealed that the majority of their activities now rely heavily on technology. The average adult spends over four hours each day on the internet, with almost one in five admitting they are never more than a few feet away from an internet-enabled device.

54% of those polled said that being able to connect to Wi-Fi is important when travelling to keep them content at all times. It also emerged that reliance on the internet and technology has made life easier, with 48% of those polled saying there is now less need to know their timetables off by heart and 43% don't miss having to fax documents.

Two thirds say that they are often looking for Wi-Fi hotspots when they are away from home, with the average adult admitting they would struggle to last longer than seven hours without the internet before they start to feel anxious.

Carolina Martinoli, British Airways' director of brand and customer experience, said, "Technology and the internet has evolved so much in recent years that tasks we once considered to be regular parts of our day are done for us online. The results show us how dependent we have become on the internet and being connected at all times – even while travelling".

"We know how cut-off people can feel if they can't get online, and we are happy to announce that by 2019, we expect to have 90% of our aircraft connected with the latest generation of Wi-Fi, and customers will be notified once on board a connected flight".



The survey found that 40% of Britons would use one hour of Wi-Fi on a flight to check social media, 37% said they would e-mail friends and family and three in ten would read the news. Others would do online shopping, download and listen to music and watch catch-up TV.

British Airways is investing £4.5 billion for its customers over the next five years, covering the installation of the best Wi-Fi and power in every seat, fitting 128 long-haul aircraft with the new interiors and taking delivery of 72 new aircraft. The airline is also investing £600 million specifically in its Club World business class. In addition to the new catering and luxurious White Company bedding, a new seat with direct aisle access will also be introduced in 2019.

For more information, please visit [www.britishairways.com](http://www.britishairways.com)



## World's Busiest International Air Route



**As Malaysia and Singapore continue to race towards greater development at top speed, the business link between the two nations is continuing to flourish with great vibrancy. The volume of travellers that jet between Kuala Lumpur, Malaysia's capital, and Singapore is also gaining significant momentum.**

Amazingly, a recent study that was conducted by air travel intelligence firm, OAG, revealed

the journey between Kuala Lumpur and Singapore is the world's busiest international air route. There were more than 30,500 flights between the cities in the 12 months leading up to the end of February 2018. In comparison, there were 28,887 flights for the Hong Kong-Taipei route while the Singapore-Jakarta route had 27,304 flights.

On average, there were 84 flights daily with every trip lasting approximately one hour.

The cultural hotspots and natural attractions of Kuala Lumpur attract a multitude of tourists from

Singapore, while island city-state continues to draw visitors from Kuala Lumpur with its spectacular array of shopping and high-life experiences.

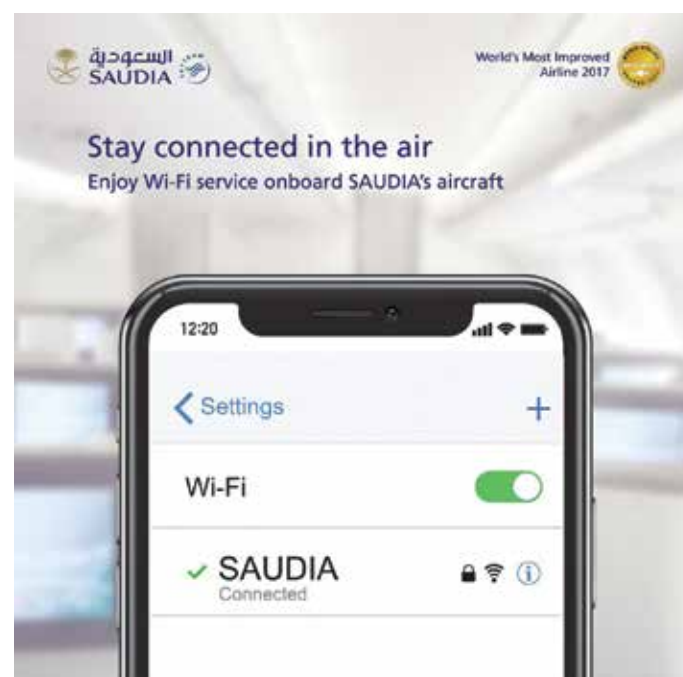
The impressive volume of air travel between the two destinations bodes well for the future of both countries. Clearly, it will spur closer relations while strengthening economic ties. In the future, the air route between Kuala Lumpur and Singapore is likely to grow indefinitely as the dynamic relationship between both cities continue to intensify.

## Saudia Passengers Get Free **WhatsApp Plan** in the Middle East

**Saudi Arabian Airlines (SAUDIA) passengers flying from KLIA to various cities in Saudi Arabia can now use the WhatsApp messaging app inflight at no cost at these cities, thanks to pioneering partners between SAUDIA and SITAONAIR.**

Since May, passengers flying domestically within Saudi Arabia, as well as a few international routes with SAUDIA have access to a free WhatsApp service for 10MB of text message usage. This is a significant advancement towards enriching their passengers' experience to stay in contact with their friends and families on the ground.

With its proven connected aircraft service expertise, SITAONAIR was commissioned by SAUDIA to deliver the popular social media application inflight to passengers. The application demonstrates



SITAONAIR's capabilities. Engr. Saleh bin Nasser Al-Jasser, Director-General of Saudi Arabian Airlines said, "WhatsApp needs no introduction – it is one of the most popular social media messaging applications in the world, and a favourite of the Middle East. To be now offering WhatsApp as a free service to thousands of passengers everyday, truly reflects SAUDIA's position as the airline carrier for the digital age, and an airline which provides the latest technological advancements onboard. Once more, it is SITAONAIR's flexible approach and digital harmonisation mastery that has enabled us to advance our ambitions, and

deliver the inflight connection experience now".

For more information, please call 03-2166 4488

## SilkAir to be Merged into Singapore Airlines



*The Regional Wing of Singapore Airlines*

**In May, SilkAir, the regional wing of Singapore Airlines (SIA) announced that it is to undergo a programme to upgrade its cabin products as part of a multi-year initiative that would see it merged into SIA.**

SilkAir currently flies to 49 destinations in Asia and Australia, including KLIA, Penang International Airport and Kota Kinabalu International Airport. With a fleet of 11 Airbus A320-family aircraft and 22 Boeing 737-800 and 737 MAX 8 aircraft, the funding to upgrade the cabin products require significant investment.

The amount set aside for upgrading is S\$100 million, with the upgrade of new lie-flat seats in Business Class, and the installation of seat-back in-flight entertainment systems in both Business Class and Economy Class. This will ensure closer product and service consistency across the SIA Group's full-service network.

Due to lead time required by seat suppliers, which includes completing certification processes, aircraft cabin upgrades are expected to start in 2020. The merger will take place only after sufficient number of aircraft have been fitted with the new cabin products.

Consistent with ongoing efforts to optimise the SIA Group's network, there will also be transfers of routes and aircraft between the different airlines in the portfolio.

Mr Goh Choon Phong, SIA's CEO said, "Singapore Airlines is one year into our three-

year Transformation Programme and today's announcement is a significant development to provide more growth opportunities and prepare the Group for an even stronger future."

He added, "Importantly, it will be positive for our customers. It is another example of the major investment we are making to ensure that our products and services continue to lead the industry across short, medium and long-haul routes."

SilkAir was launched in 1989 as Tradewinds the Airline, initially focusing on holiday destinations in Southeast Asia. Renamed SilkAir in 1992, it expanded progressively across Asia in subsequent years to a full-fledged, full-service regional carrier.

For more information, please call 03-2618 6333



## Live TV on Board with Thai Airways



**In May, Thai Airways (THAI) received approval from the Office of the National Broadcasting and Television Commission (NBTC) Board to broadcast "LIVE TV on Board" which allows THAI to broadcast streaming television programmes on its aircraft.**

Malaysian passengers travelling with THAI on the routes with the service would welcome the experience to stream for news for continual updates while onboard with the airline. The service began on 14 June on 12 Airbus A350-

900 aircraft that operate flights to and from Chiang Mai, Singapore, Seoul, Tokyo, Osaka, Beijing, Shanghai, Rome, Milan, and Brussels and on eight Boeing 787-8 and Boeing 787-9 aircraft that service flights to and from Tokyo, Taipei, Dubai, Vienna, Brisbane, Auckland and Manila.

Panasonic Avionics Company is entrusted to provide inflight connectivity via satellite transmission from the ground.

Mrs Usanee Sangsingkeo, THAI Acting President, said, "Digital era helps viewers to keep abreast of the latest news through

various online media. THAI is fully aware that passengers need to keep informed of the latest news while travelling on board and has launched a new "LIVE TV on Board" service that enables passengers to watch broadcast television programmes, such as news channels and sports competitions. Available television channels are CNN, BBC, NHK, and Sport 24. Passengers can watch real time news with viewers around the world and enjoy exciting live telecast sport matches just as they did at home".

Mr Wiwat Piyawiroj, THAI Acting Executive Vice President, Commercial, said, "LIVE TV on Board" makes it possible for THAI, a premium national carrier, to offer more products and services for passenger comfort and satisfaction. Passengers can watch real time news and sports competition for free, while some airlines may require additional payment for such services. This service helps strengthen THAI's marketing strategy and increases ticket sales. Passengers who board THAI's flight can enjoy the added convenience of keeping abreast of world news".

For more information, please call 03-2034 6999



## Cathay's Green Commitment with New Aircraft and Alternative Jet Fuel



**According to the United Nations Intergovernmental Panel on Climate Change (IPCC), aviation is responsible for 2% of manmade CO<sub>2</sub> emissions worldwide. IPCC forecasts that its share of global manmade CO<sub>2</sub> emissions are anticipated to increase to 3% in 2050. It is for this reason that the aviation industry is at work to limit greenhouse gas emission.**

Cathay Pacific is at the forefront among the airlines committed towards carbon neutral growth. With its new aircraft and alternative jet fuel, the airline targets carbon neutral growth from 2020.

The airline has 20 technologically advanced Airbus A350-1000 on order for delivery over the next four years, the first of which was delivered on 19 June. A further seven aircraft are due to be delivered by the end of 2018.

Cathay Pacific CEO Rupert Hogg said, "We have been at the forefront of many initiatives to reduce the impact of greenhouse gas emissions. Achieving carbon neutral growth from 2020 is an important target that we take seriously and using alternative fuels is one of the key strategies in helping us to do so. We will continue to support the development and usage of biofuel to reach mainstream commercial viability".

Cathay Pacific operated the longest biofuel delivery flight at the time when taking delivery of its first Airbus A350-900 aircraft in 2016. 22 of the aircraft have been delivered using a 10% blend of alternative biofuel. Compared to traditional jet fuel, biofuel can reduce life cycle greenhouse gas emissions by up to 80%.

Frederic Evchenne, Head of New Energies at Airbus said, "Through the use of the A350-1000 and low carbon fuels, we continue to demonstrate our commitment to support the aviation sector and our customers to reduce their carbon footprint".

Cathay Pacific is the world's first airline to invest in an aviation biofuel company. In 2014, it became an equity investor in US-based Fulcrum BioEnergy Inc., which focuses on turning municipal solid waste into sustainable aviation fuel. The airline will be one of the first airlines to fly on fuel produced from this facility when the plant begins operations in 2020.

Cathay Pacific's presence in Malaysia is represented by Cathay Dragon since 2017. It currently operates 4 daily direct flights from Kuala Lumpur and 2 daily direct flights from Penang to Hong Kong respectively, offering customers choice and flexibility when connecting onto their worldwide network. In the near future, passengers connecting at Hong Kong with the airline will get to experience the new aircraft.

For more information, please visit [www.cathaypacific.com](http://www.cathaypacific.com) or call 03-6207 4989



## Malaysia Airports Spread Joy During Ramadhan with DDEC and Boost



**Ramadhan has always been special at Malaysia Airports and during the period between 22 May and 24 June, travellers passing through KLIA, klia2, Langkawi International Airport, Penang International Airport, Kuching International Airport and Kota Kinabalu International Airport would have noticed the festive spirit and joy celebrated at these airports. Special decorations were also in place to enhance the atmosphere.**

Malaysia Airports Senior General Manager for Commercial Services, Nazli Aziz said, "We believe such thematic events help to enhance the experience of travellers to Malaysia.

"The welcoming atmosphere that we create underlies our friendly Malaysian hospitality and culture. This is very much in line with our objective to provide the best experience

for all as part of our Total Airport Experience initiative".

During the month long celebration, Malaysia Airports collaborated with the Malaysian Design Development Centre (DDEC) and e-wallet service provider Boost.

In collaboration with DDEC, Malaysia Airports created a platform to support the country's cottage industries and small entrepreneurs. Promoted under the banner of KUEHKITA, the initiative showcased some of Malaysia's favourite cookies, biscuits and snacks produced by local entrepreneurs.

On offer through the KUEHKITA brand were traditional biscuits like kuih Semprit, kuih Batang Buruk, kuih Bangkit as well as modern cookies such as cornflakes cookies and chocolate dates. Various types of kerepek, keropok, jeruk and serunding were also available.

During the period, Malaysia Airports partnered with e-wallet service provider Boost to create

a seamless payment experience without cash or cards. Users performed services such as buying prepaid top ups and digital vouchers as well as gifting them, free money transfers and could also use its split bills feature. Users also received cash back when using the service.

Additionally, Malaysia Airports and Boost gave away free air tickets for two worth RM3,000. Three weekly winners were selected, and shoppers participated by spending a minimum of RM20 using Boost App during the period.

Also as part of the seasonal festivities, travellers and shoppers at Malaysia Airports could redeem Hari Raya packets when they spent a minimum of RM250 at any of Malaysia Airports' retail and F&B outlets. Malaysia Airports also distributed dates, bottled water, buns and doughnuts sponsored by Dunkin Donuts every Friday across all international airports except Langkawi, when distribution fell on Saturday to travellers who were breaking fast at the airport.

## Interview with Uzaidi Udanis President, Malaysian Inbound Tourism Association (MITA)

Uzaidi, who also sits as a director in Tourism Malaysia's board, is all for getting new markets and improved connectivity in order to grow the inbound arrivals into the country. Fully conscious that inbound is the least attractive segment that most travel agents would want to get into, he explains that a lot of commitment and investment are expected from the operators. That's not forgetting the "headaches" that come with having to deal with certain fussy or troublesome markets.

Since he took over the presidency of this non-government organisation whose membership now stands at 1,500, Uzaidi has been pushing to establish new boundaries. He unabashedly admits that it has not been easy as many of the perimeters governing old regulations and the way of thinking remain very much entrenched.

Nevertheless, MITA has been working closely with Tourism Malaysia to promote various foreign markets and domestic tourism in the country. Uzaidi looks forward to see some changes taking place to grow Malaysia's tourism sector in the coming years.

**Please share your thoughts on the possible causes in the short fall of inbound tourist arrivals of 25.9 million and receipts of RM82.1 billion for 2017 when Tourism Malaysia had set the target for 31 million arrivals and a yield of RM114 billion amidst a weak Ringgit which is supposed to attract more tourists to visit Malaysia?**

It is wrong to assume that tourists will flock to Malaysia just because our Ringgit was weak. Our tourist arrival figures were down last year from 2016's 26.76 million arrivals and the target set for 2017 partly because other Asean countries like Vietnam and Thailand were more aggressive in their promotions.

**What are the recovery plans that MITA is looking at now that the inbound target has been set at 31.8 million tourist arrivals for 2018 with an expected yield of RM118 billion?**

We have to do more promotions. If not, nobody will know we have good products. We need also to differentiate your products from others and engage more with the local communities. Currently, we do a lot of hard selling not only via business-to-business but also through business-to-consumers.

We cannot just depend only on certain markets like China although its inbound numbers are growing. With 75% of our inbound tourist arrivals from ASEAN, we need to diversify and look into new markets.

**MITA organises a number of roadshows, with your latest one to Brunei. What are your objectives and results?**

Since 2017, we have organised six roadshows to China's secondary-tier cities such as Guilin, Fuzhou, Xiamen, Nantong and Wuyishan in the Fujian province. This year, we went to Xian. So far, we have signed six memorandums of understanding with these cities.

We are also focusing on the ASEAN market. Our first roadshow in April was to Brunei, which receives lots of tourists from China, who are keen to visit Miri in Sarawak but they have to apply for visa to enter our country. These are some of the issues we discussed. Given the high air traffic volume from Brunei to Malaysia, we hope there will be more flight frequencies. Singapore will be the next ASEAN destination, where we look forward to work with expatriates club and international corporation.

**Please share the headways made from MITA's overseas sales and promotions trips to travel trade shows like World Travel Mart (WTM) in London and the Arabian Travel Mart (ATM) in Dubai to woo more inbound tourists to Malaysia.**

We encourage our travel agents to participate in such travel trade shows not only to gain more exposure but also to see the bigger picture that the inbound business is not just limited to car or coach rentals. Such shows push our new agents to come up with innovative activities and packages. At the recent ATM, we are happy that one of our

travel agents secured some group business from Somalia.

**Malaysia Airports works hard to attract more foreign airlines to fly into the country. Any suggestions how MITA can help improve the passengers' load factor for inbound and outbound so that airlines are able to sustain their routes?**

More air connectivity into Malaysia has always been a top agenda for us. At the WTM last year, MITA held talks with TUI Group and a few airlines, including a low-cost carrier from India. We see Malaysia as a good source market with our attractive products. Malaysians' love to travel will help to fill up the seats for the outbound flights once we have the airlines bringing in foreign tourists to Malaysia.

Recently, we discussed with Ethiopian Airlines on increasing frequencies and how we can tap into the North African market. MITA can lend its support in terms of products and services, organising familiarisation trips and doing promotions. Although the US is too far for us to promote, we have been working with Philippine Airlines on this where the airline does the hard selling while we create the familiarisation trips.

We also managed to sign a MoU with Jin Air of Korea and convinced the airline to fly direct to Johor Bahru.

**What are the priority sectors that MITA hopes to promote for inbound arrivals?**

China is our top priority as most of our members serve this market. My job is to resolve the problems like the recent shortage of tour guides during Chinese New Year where we managed to get the Ministry of Tourism and Culture to give a temporary three-month license to 500 Mandarin speaking tour guides during this period when some 300,000 visa applications were issued to tourists from China, who were entering Malaysia via Singapore.

**What's the composition of MITA members like?**

About 70% are travel agents while the rest are operators of souvenir shops, buses, jet skis and hotels. We try to provide a total solution for our members.

**How do you maintain a work-life balance?**

My work takes me away from my family most of the time much as I would like to spend more time with them. I make it a point to accompany my wife, who is an active participant of the annual Ironman event. As a result, I have been spending some time in Langkawi each time it is held there. For relaxation, I love to watch movies.







# ERAMAN SHOPPING EXTRAVAGANZA

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# KLAS ART AUCTION SALE XXXII

SUNDAY, 8 JULY 2018 . 1 PM . KLAS @ JALAN UTARA



**LIU KANG**  
Blue Landscape, 1976  
Oil on board 49 x 74 cm  
RM120,000 - RM 200,000



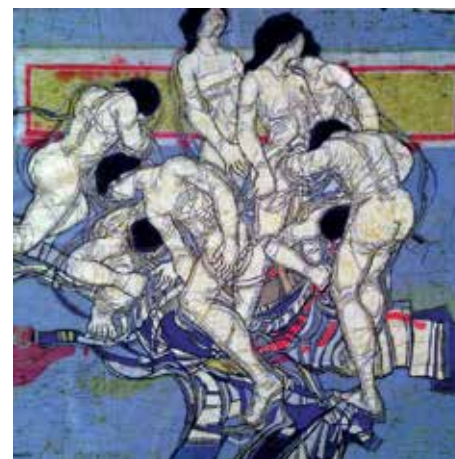
**CHUAH THEAN TENG, DATO'**  
Mother and Children, 1980s  
Batik 74 x 52 cm  
RM 35,000 - RM 60,000



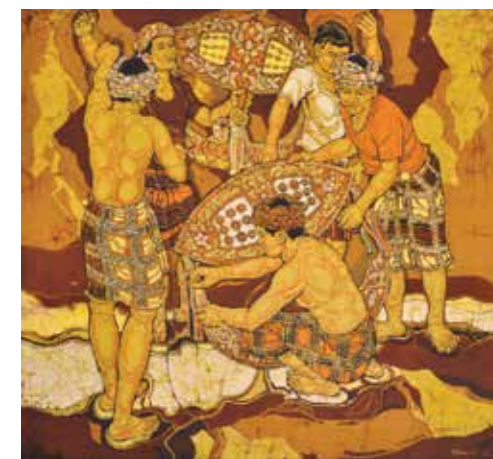
**CHEONG SOO PIENG**  
Fishing Village, 1960  
Chinese ink and watercolour  
on paper 94.5 x 43.5 cm  
RM 50,000 - RM 120,000



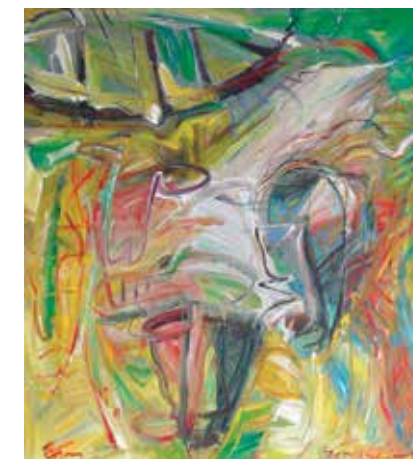
**ABDUL LATIFF MOHIDIN**  
Pago-Pago Sculpture, 1970  
Copper Sculpture 74 x 37 x 35.5 cm  
RM 150,000 - RM 350,000



**KHALIL IBRAHIM**  
Nude Movement, 1983  
Batik 93 x 103 cm  
RM 80,000 - RM 150,000



**ISMAIL MAT HUSSIN**  
Wau Series, 1983  
Batik 94 x 105 cm  
RM 22,000 - RM 36,000



**YUSOF GHANI**  
Siri Topeng, 1996  
Oil on canvas 137 x 122 cm  
RM 18,000 - RM 40,000



**AWANG DAMIT AHMAD**  
EOC - Rumbia Dan Pucuk Paku, 1992  
Mixed media on canvas 76 x 61 cm  
RM 40,000 - RM 70,000



**KHALIL IBRAHIM**  
East Coast Night Series, 2009  
Acrylic on canvas 101 x 122 cm  
RM 40,000 - RM 70,000



**KHOO SUI HOE**  
Figure in Day Light, 1970  
Oil On Canvas 89 x 41 cm  
RM 18,000 - RM 30,000



**IBRAHIM HUSSEIN**  
Untitled, 1964  
Acrylic ink and collaged paper on paper  
laid to card 33.02 x 20.32 cm  
RM 28,000 - RM 55,000





# ONG KIM SENG

## Capturing Life through Watercolour

BY HIRANMAYI AWLI MOHANAN

Ong Kim Seng came from humble beginnings, growing up in a village in Tiong Bahru, Singapore and has been a full-time artist since 1985. He has participated in both group and solo exhibitions in Singapore and around the world including, the United States, China, United Kingdom, Japan, Australia, Belgium, Germany, France, Middle East, Taiwan, Hong Kong, and ASEAN countries.

This watercolourist enrolled at Radin Mas Primary School in 1959 and later on at Pasir Panjang Secondary School. Ong had innate interest in art since he was young but his mother had envisioned him having an office job, being either a clerk or teacher;

it was a ludicrous thought for her son to become an artist. Not paying heed to his mother's dissatisfaction with his interest, Ong began experimenting with painting, beginning with pastels and oil and moving on to watercolour painting earnestly since 1960. It was during this period when he became a regular participant in a painting group at the Singapore River led by artist, writer and lecturer, Chia Wai Hon.

In 1962, Ong left school to join an advertising agency where he worked as a bill collector. He left the agency after four years and found his next job as a policeman at the British Naval Base in Sembawang. He lost his job in 1971 when the British withdrew their troops from Singapore. He subsequently worked as a

welder in Pulau Bukom, a line technician at an electronics firm, National Semiconductor, and an audio-visual/graphic technician at the Colombo Plan Staff College for Technician Education.

While undertaking many stints in his working life, he had never stopped painting. In 1974, lady luck was on Ong's shoulders when he was presented with the opportunity to present his watercolour works at a group show with fellow artists Wan Soon Kam and Tan Jeuy Lee at Meyer Gallery. When the Colombo Plan Staff College relocated to Manila in 1986, Ong made the bold decision of becoming a full-time professional artist in spite of having to care for an elderly mother, and being married with three children.



Himalayan Panorama, 1982  
Watercolour on paper 77.5 x 113 cm  
**Sold RM 56,000.00**  
Klas Art Auction 28 September 2014  
Edition XI

The subjects of his works revolve around inanimate objects, architectural forms, masonry, foliage and landscapes. He seems to have a way in materialising exactly what he sees on canvas, capturing the complexities and minute details of the buildings and the realistic play of light and shadow. Ong's exemplary use of watercolour and the balance between subject and space truly make his work a gem.



Man With Opera Masks, 1985  
Watercolour on paper 52 x 72 cm  
**Sold RM 29,120.00**  
Klas Art Auction 10 August 2014  
Edition X

### Accolades

This talented artist has seen many accolades, being the first and only Singaporean to have won six awards from the prestigious 138-year-old American Watercolor Society (AWS), of which he was conferred membership in 1992. He is also the only Asian artist outside the US to be admitted into AWS. Ong's collectors include Queen Elizabeth II of England, the Prime Minister of the People's Republic of China, Secretary-General of the United Nations, President of the Republic of Korea, Prime Minister of Thailand, the President of the Philippines, Prime Minister of Japan, Prime Minister of India, the Governor of Hokkaido, Singapore

Arts Museum, Singapore Maritime Museum, Agung Rai Museum and Neka Museum in Bali, Indonesia, the Ministry of Foreign Affairs headquarters and foreign missions and embassies of the Republic of Singapore.

### Ong's Style

Ong Kim Seng's style is described as being "naturalist-cum-impressionistic" and "a combination of post-impressionist colour and the outlook of the American realist masters". He paints en plein air and has stated that in order for him to paint a place, he has to feel it first. "I believe that inspiration comes naturally when there's a link between the artist and his subject," he said.

For a masterpiece to come alive, there has to be a special connection between the artist and the subject. In his breath-taking painting of street scenes, Ong Kim Seng captures the depth, the contours, the shadows and the beauty that is the architectural scenery. It is stunning, and although simple in its execution, it shows the meticulous and methodical use of fine brush strokes and skills. Ong said, "I have to feel a place before I paint it. If I have good feelings for a scene - just as I may have good feelings for someone I meet - I know I'll have the will to paint it well. For me, and for all painters, I believe, inspiration comes naturally when there's a link between the artist and his subject."

### ONG KIM SENG IN KLAS ART AUCTION XXXII

#### 'Old Bridge' 1990

Merging concepts with finesse of execution, Ong presents representative images which are also ethereal in their beauty, flawless in their elemental flow and appropriation of light. This is evident in 'Old Bridge' 1990 where his masterful strokes are in full display, portraying his grasp of shadows and light. In addition, as seen in this painting, the artist's use of hues of green captures the serenity of the rural landscape.

#### 'Chinatown' 1979

In his usual prowess, Ong brings forth the exquisite rendition of Chinatown and the immaculate detailing from the clothes hung outside the window to the antics of people walking about. As a plein-air realist painter, he stays true to his subject matter, but continues to add an element of intrigue to it by varying the vantage points of his paintings.



# CHOONG KAM KOW

Ace of artistic symbolisms and academia

BY SITI WAJIAH KHOLIL



Kinta Series, 1970's  
Chinese Ink and watercolour 28 x 41 cm

Born in 1934 in Ipoh, Dr. Choong Kam Kow is a prominent contemporary artist well known not only for his enchanting works, but is also a highly-respected academician as a leading art and design educationist. His works often echo the cultural components and norms of the Chinese community in Malaysia. He portrays the cultural practices and values in the contemporary life of the Chinese community through the use of silkscreen techniques and acrylic colours in the form of visual symbolisms.

**Academic background**

Choong started his career as an artist and an art teacher by participating in a teacher’s training scheme and was awarded the position of a qualified primary school teacher, teaching mainly art subjects. He later spent four years in Taiwan studying western and oriental fine art and gained a BA in Fine Art from the National Taiwan Normal University in 1961.

He was the first Malaysian fine artist to be awarded a Fulbright Scholarship to study in the USA at the Pratt Institute in New York where he obtained a master’s degree in Fine Art in 1968. At this time, he was also appointed as head of the Art Department of the United Nations International School in New York.

In 1969, he returned to Malaysia and joined UiTM (formerly known as Institute Technology Mara) where he was known as a notable figure for his art knowledge and expertise. His academic career continued until his retirement in 1989, head of the Fine Arts Department. In 1980, he was again awarded a Fulbright Scholarship and became an ACLS-Fulbright Research Fellow until 1981. In 2006, he was conferred an honorary degree of Doctor of Arts by Robert Gordon University, Scotland for his contribution in education and achievements in fine arts.



Kinta Series, 1970's  
Chinese Ink and watercolour 53 x 28 cm

**Educational legacy**

Being academically successful, Choong became the dean of Fine Arts at LASALLE-SIA College of the Arts in Singapore in which he played a role in revamping the structure of the school before he returned to Malaysia in 1994. This was when he dedicated his time fully to his art. His attraction towards academia did not hinder him from being the vice president of the Malaysian Institute of Art (MIA) in 1995, a position he held for five years and was appointed the president in 2000.

It was during his years at MIA that he sought to enhance and develop the teaching techniques, syllabus and the administrative structure of the art subject. He fully utilised his overseas experience and knowledge to ensure that what was taught to students with regard to the arts remain fresh and current so that aspiring artists do not fall behind. From the rationale,

prerequisite, description of the course, weekly syllabus, assignment assessment method, evaluation system to the assigned credits, he ensured the restructuring of all these aspects. He revamped eight departments and over 400 subjects. Choong has also been instrumental in developing international links with universities in the UK, Australia, New Zealand and China.

**Choong’s works of art**

Choong’s works are often synonymous with symbolisms. His exposure to nature and his upbringing influenced his artistic talent from a very young age and these influences are highly visible in his works. During his time in New York in the 1960’s and early 80’s, he was highly influenced by abstract expressionism, pop art, hardedge, conceptualism and international art movements. He exhibits the connection between traditional values and contemporary life, depicting the co-existence between cultural identity and modernisation. Having been brought up in a multi-racial and multi-cultural society, he was exposed to ample cultural symbols of the diversity in Malaysia and uses these elements to transform them into art symbols in his creative art pieces.

His notable works include the saga of the following four series - Festival series, Rhythm of Growth series, Rockscape and Earthscape Series. These series are fused with hidden traces of Choong’s philosophic thinking and metaphoric content of cultural symbols, amalgamated with the realisation of sensuality, sensitivity, thought, imagination and distinctive artistic quality.

**The Kinta Series**

The Kinta Series comprises Choong’s range of works in the 1960’s. He described it as a “period of exploring, experiment and searching”. He channelled his inspiration from art masters such as Chen Wen Hsi, Cheong Soo Pieng and Zao Wou-Ki to produce the series, working with oil, water colour and Chinese ink via expressionistic art approach. It was a time in which he narrated a story of his childhood, depicting scenes of villages and tin mines in Perak.

His choice of colours used for this series sets the nostalgic theme as he shares with his audience a part of his past memory. He brings forth a feeling of reminiscence with a gush of mystique and wonder to those who set their eyes on his pristine pieces. You can’t help but be in awe with the alluring way he strokes his brush and expresses his story with remarkable power and aesthetic impact. He successfully presents the contrasts and cohabiting between East and West, tradition and modernity as well as nature and humanity.

**Achievements and accolades**

Choong has had 18 solo exhibitions to date at various prominent venues around the world including the Fukuoka Asian Art Museum, Guangdong Museum of Art Japan, Taipei Fine Arts Museum and Taiwan Museum of Art. He has also joined nearly a hundred of other local and major exhibitions to add in his repertoire.

He has won competitions such as first place in drawing and second place in watercolour at the Virginia Art Show, second place in landscape in the PNB Art Competition and third place in the Association of Banks Art Competition.

Having gained international recognition, art devotees will be able to find his works in numerous art museums including the National Art Gallery Malaysia, Metropolitan Museum of Art in New York City, Fukuoka Asian Art Museum, Singapore Art Museum, Taiwan Museum of Art, Frederikshavn Museum of Art, Taipei Fine Arts Museum and Guangdong Museum of Art, and private collectors.



SITI WAJIAH KHOUL SPEAKS TO

# Gabriel Lynch

In Malaysia for the love of music

*Down-to-earth with an immense load of passion for music, his perseverance should be praised and admired as he has brought his music beyond borders. Gig after gig through his travels in Southeast Asia, he then landed at Maveriq Studios in Petaling Jaya doing what he loves, composing and producing. With numbers such as “Drink Your Love Away” and “Language of the Affair” in his repertoire, his recent release of “Love Can Conquer Anything”, a comedic-driven YouTube channel and a short cameo in the upcoming film, “Crazy Rich Asians”, Gabriel Lynch shows no sign of slowing down.*

**Tell us a bit about yourself.**

I’m from Melbourne, Australia but I’ve spent the last five years living in Asia. Historically, I’ve always worked jobs like customer service and answering calls in order to save money and fund my music. I would use that fund to record my songs or an album. If I had any extra money after that, I would use it to tour. So once a year I would take up a job, save money, work on a CD, print the CD and then take to the road.

**Why do music in Malaysia?**

In my early 20’s, I discovered very quickly that Australia is a massive land with very few people in it. So when you’re touring in Australia, it means you’re travelling vast distances in a car only to play to around twenty people. It’s not very cost-effective. Then I discovered Asia, Southeast

Asia particularly, where there wasn’t an abundance of live original music happening. But there seemed to be a demand for it, so I started reaching out to venues in Asia and I got connected with people. One thing led to another and finally I came here three years ago. It’s amazing what’s happening now in Malaysia. We have Merdekarya, The Gaslight KL, and The Bee opened, where I played my first ever show.

**At what age did you realise your passion for music?**

When I was four years old, my brother pranked me. He told me this famous band was coming to make me become their lead singer. I was so convinced that I packed a little backpack and I sat by the door for about five hours straight.

When my mom came home, she found out what was happening. She then had this awkward task of explaining to me that it wasn’t going to happen. That’s how into music I was at that age.

**What’s the first music you remember?**

When I was 11 years old, I heard the song “No Surprises” by Radiohead. It was playing in a shop. I thought it was beautiful. It was like a lullaby. The song made me realise that even a rock n’ roll song could be pretty. That triggered me somehow, musically. It also clarified the kind of music I wanted to do. I decided that I wanted to do music that was pretty and sweet, even if it was tackling sad or troubled subject matter. The main thing for me is that the music makes you feel less alone, connected.

**You made a cameo in the upcoming film, “Crazy Rich Asians”. What was it like?**

A funny story behind my experience in “Crazy Rich Asians”. We were given instructions on what to do. We were also told not to make any eye contact with the stars. So in between takes, I was just keeping to myself. Then the main actor, Henry Gouling, who was very nice, talked to me but I responded very carefully. Then the lead actress, Constance Wu, greeted me. I was so frightened about breaking the rules that I didn’t say much to her and just looked away. I was so rude. I felt so bad.

**What’s your next project?**

I just released a single on May 25 called “Love Can Conquer Anything”. The next one would probably be in early August. What I’m trying to do is be more radically different. I want to throw a bunch of different stuff as I possibly can. I want to see what sticks and see the people’s inclination to which of my work they like more than others, then

do more on that. It’s important to have variety because when you’re touring and performing, you need to build momentum with a mixture of songs so the audience doesn’t get bored.

**Having lived here, what’s your impression of Malaysia?**

What I learned when I was young was that first, deep down we’re all the same. Second, we’re all immensely different. The most perfect real-life demonstration of those two facts is Malaysia. It’s very special.

**What do you love about Malaysia?**

What I love about Malaysia is the fact that it’s a salad bowl. It can be frustrating also

in a sense that it makes you feel like you don’t belong, but it’s also the thing that makes you feel like you belong. If you think you’re the only cherry tomato in this giant salad bowl, you’re not the only cherry tomato. So it’s definitely the people. You will not find this kind of variety in any part of the world. It’s so special that everyone is able to coexist here. It’s quite breathtaking in that sense and it’s exciting to be a part of it. It feels like this country is young and just starting in a way. That’s the impression I get as an outsider looking in.

Catch Gabriel Lynch and his amazing musical works on major digital platforms such as Spotify, YouTube and Deezer.





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# THISTLE JOHOR BAHRU

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BY SITI WAJIAH KHOLIL



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Jalan Sungai Chat,  
Sri Gelam,  
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Poolside

If you're ever down south in the Malaysian peninsula, in the city of Johor Bahru is a luxury hotel known as Thistle, located in an important business and tourist centre known as the Iskandar development region. Thistle is a 5-star hotel with guests having had their fair share of a delightful and wonderful experience during their stay. Many return and remain as loyal guests and regulars.

Thistle has 381 fully refurbished rooms, including 125 executive luxury rooms with spectacular views of the Straits of Johor. Each room differs in layout, depending on the type of room selected. However, each of the room types portray sophistication with its exquisite furnishings. Equipped with amenities to fulfill your needs for a comfortable stay such as complimentary toiletries, daily newspaper, iron & ironing board, hair dryer, as well as a flat screen LCD TV and free WiFi.

The room I stayed in has an apartment-style to it, which is like a mini home. The bedroom is separate from the living room with a kitchen. The kitchen is complete with a stove, cooking utensils, cups, plates, water boiler, bowls, a fridge, freezer and even a coffee machine with coffee capsules. The hotel also offers other complimentary beverages. If you're not planning on eating out, you can grocery shop and just cook in your room. Feel like you're right at home.

The main reason why Thistle is a preferred hotel when visiting Johor

Bahru is because, not only are its staff friendly and hospitable, the hotel also offers a convenient mode of transport to all the hot spots in the city. There is a free shuttle service available every Friday to Sunday for in-house guests to such venues as the city square, Johor Premium Outlet and Legoland Malaysia. Being only ten minutes from the Johor-Singapore Causeway, it's a great destination for meetings and events. The hotel is an ideal base from which to explore this fascinating part of Southeast Asia, with Singapore just a few minutes' drive away. There is even limousine transfer and car rental service available.

If there is a word to describe the ambience of Thistle, the first word that comes to mind is majestic. The high-ceiling entrance has lavish décor. Clean and bright, just the lobby itself is enchanting. What more with the grand staircase that looks like it has come out of a Cinderella movie, located in the centre of the lobby's space, leading to the lower level lounge known as Glass. Open daily from noon to 11pm, Glass is an all-day dining restaurant set in the heart of Thistle, taking you on a culinary journey with an array of delightful local and international cuisines. Experience blissful dining by enjoying the spectacular feeling of being surrounded by glass windows with a view of lush trees and the serene pool.

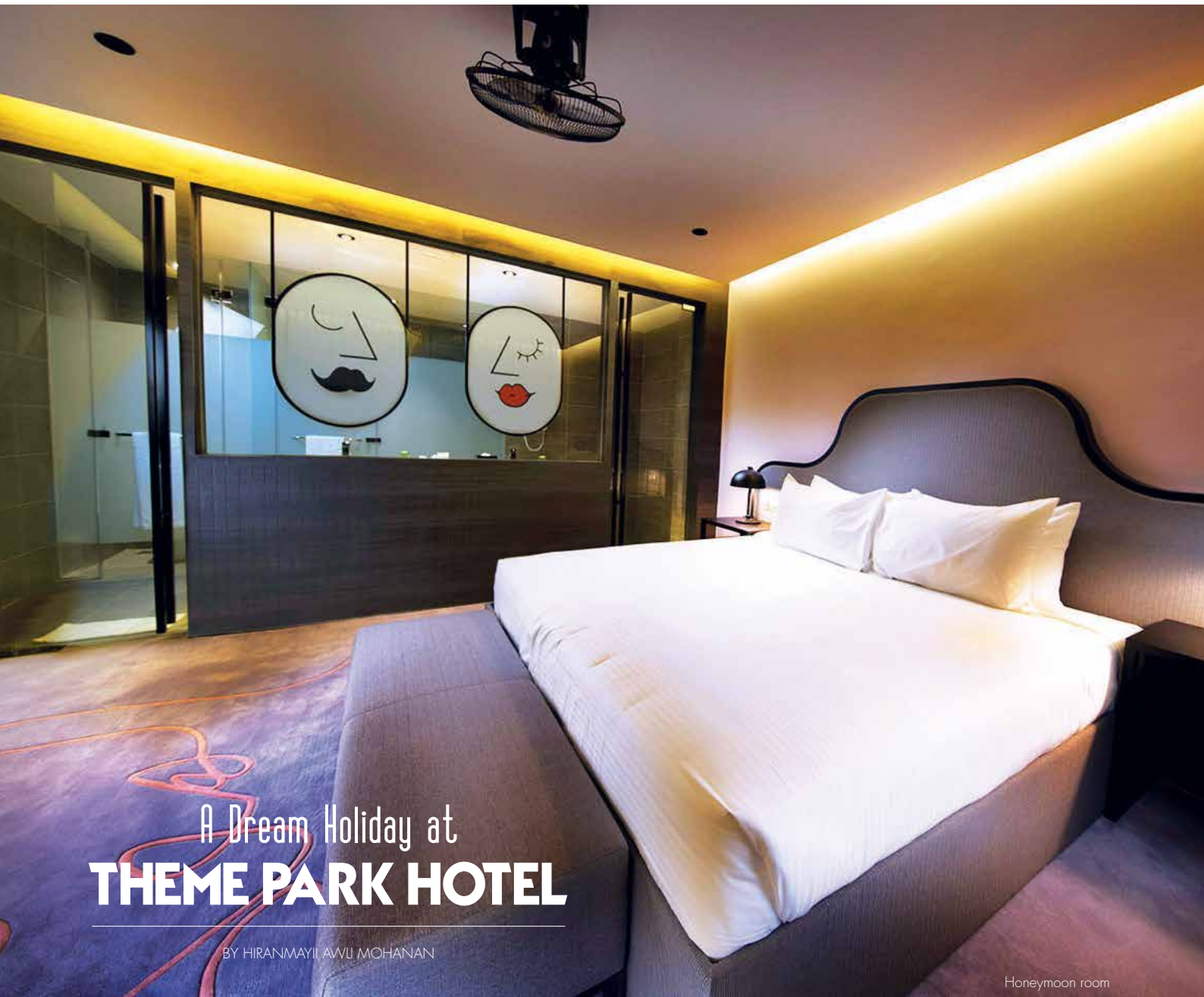
Breakfast is a wide variety of local and continental offerings. You can also have coffee breaks at Thistle's cosy lounge at the lobby level in Steps. For

dinner, enjoy a delicious spread of contemporary Italian and Japanese fusion cuisine at the Oasis by the swimming pool. If sports bar is your preference, make your way to level one and enjoy live sports telecast at The Hive. The restaurants and bars at Thistle offer a variety of cuisine and dining options, whether you're entertaining business associates, enjoying a quiet dinner for two or simply spending time with your family.

Thistle has all the facilities you could wish for such as swimming pools, business centre, and fitness centre & spa. It also has superb meeting and event facilities, thus making the hotel a prime destination for business. Thanks to its beautiful landscaped grounds, sea views and tropical climate, it has become a popular venue for weddings. It is the perfect choice for a multitude of function types and floor spaces to cater to your meeting or event requirement, be it classroom, theatre or banquet-style.

Thistle offers you first-class service and hospitality that will ease and satisfy your travelling needs. Comfort and convenience at its best, it also is an accommodation of class and grandeur with prominent clientele among its guests. A gem of a hotel with a hidden paradise where you can enjoy the perks of being in absolute relaxation and peace, despite its location in the hustle and bustle of the city. Perfect for business or family trip, a delightful stay at Thistle Johor Bahru is a definite guarantee.





# A Dream Holiday at THEME PARK HOTEL

BY HIRANMAYIL AWLI MOHANAN

Honeymoon room

Resorts World Genting,  
Genting Highlands, 69000  
Bentong, Pahang Malaysia  
TEL: 03-2718 1118

The Theme Park Hotel in Resorts World Genting has recently gone through refurbishment and it is now back, better than ever. This quirky boutique hotel is doused with charm with a chilled atmosphere, friendly vibe and beautiful architecture to go with it. Being a vibrant and exciting township that is Resorts World Genting, the Theme Park Hotel adds to its stunning landscape and offers patrons an abode close to the heart of everything exciting.

Its setting is calm, relaxing and it offers more than you could ask for on a city break. Taking into account that a lot of families and groups of friends patronise Genting, the Theme Park Hotel is the only hotel in the vicinity that offers room to accommodate up to six people. So put your separation anxiety aside because each Sixers feature three queen-sized beds in a 300 sq ft space, suitable for a Full House-like family who

can't bear to stay apart; the more the merrier.

It is marvellous that this hotel has something for everyone, exhibiting the management's thoughtfulness. Should you travel is slightly smaller groups, fear not because there is something for you too. The quads room boasts two queen-sized beds and embodies the Japanese tatami-style that can accommodate up to four people.

Meanwhile, for those travelling in pairs, you might want to opt for the King. Royally suited for a couple, this room also demonstrates a Japanese tatami concept with facilities that will make your stay a pleasant one. Romantic couples who recently had their nuptials and are looking for a special room with a big space may consider the luxury of the Theme Park Hotel's 550 sq ft Honeymoon Suite. Its bounteous and intimately cosy space is a perfect setting to celebrate love and a perfect place to take a loved one when you want to treat her somewhere special.

What we found immensely delightful is the establishment's interior. At every point of your stay, you will find quirky and playful décor such as hopscotch murals on the floor that is bound to bring a smile to your face. The rooms especially are well appointed, cosy, cute and unique for their doodles across the wall that would make the experience an intriguing one.

Formerly known as the Hotel on the Park, Theme Park Hotel is located at the doorsteps of the Arena of Stars and the upcoming Twentieth Century Fox World Malaysia. In addition, its prime positioning is also not far from the SkyAvenue lifestyle mall where patrons can shop till they drop and after, fill their stomach at the plethora of F&B outlets. Another highlight to look forward to is the new SkyCasino that sprawls up to three levels for guests to get their winning streak on.

Needless to say, with 448 rooms available at the Theme Park Hotel, you can be assured of a comfortable stay and a good night's rest with family or friends after a fun-filled day at the Resorts World Genting.



Theme Park  
Hotel - Sixers





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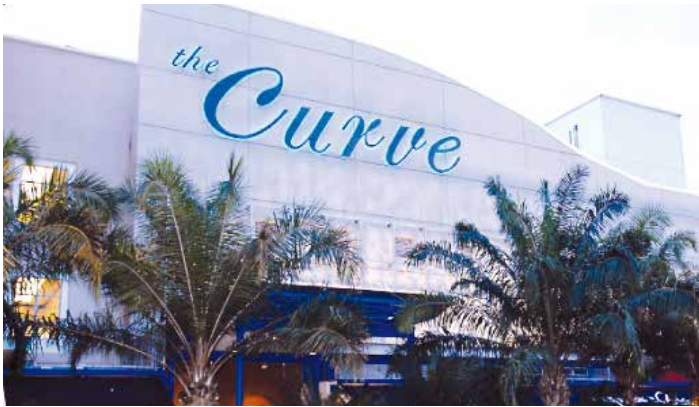


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Developer: Mayfair Ventures Sdn Bhd (1046201-T) • Developer's License No.: 14157-1/11-2017/0941(I) • Validity Period: 10/11/2015 - 09/11/2017 • Advertising & Sales Permit No.: 14157-1/11-2017/0941(P) • Validity Period: 10/11/2015 - 09/11/2017 • Approving Authority: Majlis Bandaraya Petaling Jaya • Approval Plan No.: MBPJ/120100/7/P1079/2015 • Land Encumbrances: United Overseas Bank (Malaysia) Bhd • Land Tenure: Leasehold 99 years (Expiry 30 December 2114) • Expected Date of Completion: June 2019 • Type of Property: Serviced Residences • Total Units: 372 • Selling Price: RM809,200.00 (Min) - RM1,952,303.00 (Max) • Built Up: 862sqft (Min) - 2,218sqft (Max) • Bumiputera Discount: 10% • SOHO: Total Units: 62 • Selling Price: RM550,000 (Min) - RM 700,000 (Max) • Built Up: 441sqft (Min) - 452sqft (Max) • Restriction in Interest: This land cannot be transferred, leased or charged without prior consent from State Authority.





**the Curve**  
Mutiarra Damansara, PJ  
Tel : 03-7710 6868  
Situating in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.

**Bangsar Village**  
Jalan Ara, Bangsar • 📍 Bangsar  
Tel : 03-2282 1808  
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

**Alamanda Putrajaya**  
Jalan Alamanda, Precinct 1, Putrajaya  
Tel : 03-8888 8882  
Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Alamanda offers a new resort-style shopping to suit the needs of all - from Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and ToyCity tagged with ARL Bowl.

**CapSquare**  
Jalan Munshi Abdullah • 📍 M Tuanku  
📍 Dang Wangi  
Tel: 03-2697 7662  
Strategically located in the heart of KL's midtown area, CapSquare is an eclectic mix of signature offices, Manhattan-inspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

**Publika Shopping Gallery**  
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur  
Tel: 03-6211 7877  
www.publika.com.my  
www.facebook.com/publika  
publikashoppinggallery

**Suria KLCC**  
Petronas Twin Towers • 📍 KLCC  
Tel : 03-2382 2828 / 2430 / 2431  
Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

**Sunway Pyramid**  
Bandar Sunway  
Tel : 03-74943100  
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

**Pavilion KL**  
168, Jalan Bukit Bintang • 📍 B Bintang  
Tel : 03-2118 8833  
The shopping centre blends the best of the international retail world with 450 stores - ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

**Bangsar Shopping Centre**  
Jalan Maarof, Bangsar  
Tel : 03-2094 7700  
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

**Maju Junction Mall**  
1001 Jalan Sultan Ismail • 📍  
Tel: 03-2697 9312  
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichil Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

**IPC Shopping Centre (Formerly Ikano)**  
2, Jalan PUJ 7/2, Damansara Mutiara, PJ  
Tel: 03-7730 0333  
Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

**Pertama Complex**  
Jalan Tuanku Abdul Rahman  
📍 M Tuanku  
📍 Bandaraya • 📍 Bank Negara  
Tel: 03-2691 6599  
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

**Sogo KL**  
Jalan Tuanku Abdul Rahman  
• 📍 M Tuanku  
• 📍 Bandaraya • 📍 Bank Negara  
Tel : 03-2698 2111  
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

**Starhill Gallery**  
181 Jln Bkt Bintang • 📍 B Bintang  
Tel: 03-2782 3800  
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. • 10am - 10pm daily • E9

**Sungei Wang Plaza**  
Jalan Sultan Ismail • 📍 B Bintang  
Tel: 03-2142 6636  
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers • 10am - 10pm daily • F8

**Subang Parade**  
Subang Jaya • 📍 Subang  
Tel: 03-5633 2530  
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door. • 10am - 10pm daily.

**Great Eastern Mall**  
303 Jalan Ampang  
Tel : 03-4259 8090  
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.



**Hartamas Shopping Centre**  
Plaza Damas, 60 Jalan Sri Hartamas 1  
Tel: 03-6201 6553  
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

**Lot 10**  
50 Jalan Sultan Ismail • 📍 B Bintang  
Tel : 03-2143 6092  
Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

**Low Yat Plaza**  
Off Jalan Bukit Bintang • 📍 B Bintang  
Tel : 03-2148 3651  
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

**MINES Shopping Fair Centre**  
Seri Kembangan • 📍 Serdang  
Tel: 03-8949 6288  
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. • 10am - 10pm daily.

**Mid Valley Megamall**  
Lingkaran Syed Putra • 📍 Mid Valley  
Tel : 03-2938 3333  
The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

**The Gardens**  
Mid Valley City • 📍 Mid Valley  
Tel : 03-2297 0288  
10am - 10pm dayly

**Sunway Putra Mall (Formerly The Mall)**  
100 Jalan Putra, KL • 📍 PWTC  
Tel: 03-2786 9333  
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

## DINE



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### Chinese

**Celestial Court**  
03-2717 9988 📍 M Tuanku •  
Sheraton Imperial Hotel  
• Halal • Casual Dining • C6

**Chynna**  
03-2264 2264 📍 KL Sentral • Hilton KL  
• Halal • Casual Dining • H3

**Dynasty**  
03-2771 6773 📍 B Nanas • East Wing, Renaissance Hotel  
• Non-Halal • Casual Dining • D7

**Dynasty Dragon**  
03-4280 5666 📍 Ampang Water Front  
• Non-Halal • Casual Dining • F8

**Hakka**  
03-21431907 📍 Raja Chulan 6 Jalan Kia Peng • Non-Halal • Casual Dining • E9

**Imbi Palace**  
03-2143 1128 📍 Jalan Bukit Bintang  
Pavilion • Non-Halal • Casual Dining • F8

**Kim Ma**  
03-8946 2333 • Palace of the Golden Horses • The Mines Resort City • Halal Fine Dining • Cantonese cuisine

**Lai Po Heen**  
03-2179 8885 📍 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

**Li Yen**  
03-2782 9033 📍 B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

**Maju Palace**  
03-2691 8822 📍 M Tuanku S Ismail • Level 5, Maju Junction Mall • Halal • Casual Dining • C5

**Mandarin Palace**  
03-2148 8744 📍 B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

**Marco Polo**  
03-2141 2233 📍 Raja Chulan • 1/F, Wisma Lim Foo Yong, Jalan Raja Chulan • Non-Halal • Casual Dining • E8

**Meisan**  
03-2614 8056 📍 Bandaraya • Quality Hotel City Centre • Jalan Raja Laut • Halal • Casual Dining • Szechuan cuisine

**Ming Palace**  
03-2161 8888 📍 Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

**Ming Room**  
03-2284 8822 📍 Bangsar • Bangsar Shopping Centre • Non-Halal • Casual Dining

**Oriental Noble House**  
03-2145 8822 📍 Imbi • 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

**Overseas**  
03-2144 9911 📍 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

**Purple Cane**  
03-2272 3090 📍 Maharajalela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

**Xin Cuisine**  
03-2144 2200 📍 B Nanas • Concorde Hotel • Non-Halal • Private Dining • D7

### French

**Café Café**  
03-2141 8141 📍 Maharajalela • 175 Jalan Maharajalela • Halal • Fine Dining • Fr & Italian • H7

### Fusion

**Cilantro**  
03-2179 8082 • MiCasa All Suite Hotel, 368B Jalan Tun Razak • Pork-Free • Halal • Fine Dining • D10

**Shook!**  
03-2782 3875 📍 B Bintang • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

### Indian

**Estana Curry House**  
03-2141 1958 📍 Raja Chulan • 23D, Jln Sultan Ismail • Halal • Casual Dining • C6

**Passage Thru' India**  
03-2145 0366 • 4, Jln Delima,kl  
Halal • Casual Dining • E10

**Spice Garden Imperial**  
03-2142 2220 📍 B. Bintang • 205 Jln Bkt Bintang.

### International

**Essence**  
03-2717 9900 📍 M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

**The Resort Cafe**  
03 - 7495 2009 . Lobby Level, Sunway Resort Hotel & Spa  
\*Pork-Free Restaurant

**Eight Gourmets Gala (EGG)**  
017 948 8684 . Suite G-01, Ground Floor, Pinnacle Annexe, Persiaran Lagoan, Bandar Sunway, 47500, Selangor

**Maya Brasserie**  
03- 2711 8866 📍 B Nanas KLCC • Hotel Maya KL • Halal • Casual Dining • Nyonya & International • D8

**Melting Pot**  
012-399 0734 📍 B Nanas Concorde Hotel, 2 Jln Sultan Ismail • Halal • 24-hour • Casual Dining • D7

**Still Water Restaurant**  
03-2333 1360 📍 B Nanas 📍 KLCC • Hotel Maya KL • Halal • Casual Dining • Japanese & Western • D8

**PNB Darby Cafe**  
03-7490 3838 📍 Ampang Park • G/F, PNB Darby Park, Executive Suites, 10 Jalan Binjai • Halal • Casual Dining • D9



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Italian

**Cellini's**  
03-2715 1000 🚗 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

**Tamarind Springs**  
03-4256 9300 • Jalan 1 Taman Tun Abdul Razak, Ampang Halal • Fine Dining

**La Risata**  
03-4252 6269 • 26, Persiaran Ampang • Halal • Casual Dining

**Prego**  
03-2773 8338 🚗 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

**Villa Danieli**  
03-2717 9922 🚗 M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

**Tatsu Japanese Restaurant**  
03-2782 6118 📍 Ampang Park InterContinental Hotel Halal • Casual Dining • C9

**Gen**  
03-4042 9888 📍 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

**Nobu Kuala Lumpur**  
03-2164 5084 • Menara 3 Petronas Persiaran KLCC • Fine Dining

**Fukuya Restaurant**  
03-2144 1022 • 9, Jalan Delima, Imbi, Kuala Lumpur • Casual Dining

**Haru Japanese Restaurant**  
03-2011 8783 • 124A, Jalan Kasah, Medan Damansara • Casual Dining

**Iketeru**  
03-2264 2264 🚗 Stesen Sentral KL • Hilton Kuala Lumpur, 3 Jln Stesen Sentral Halal • Casual Dining

**Kampachi**  
03-2148 9608 🚗 Raja Chulan • Pavilion KL

**Kokufu**  
03-4049 4412 • Sri Pan Pacific KL Halal • Fine Dining

**Komura**  
03-2161 8888 📍 Ampang Park Corus Hotel • Casual Dining • C9

**Ozeki Tokyo Cuizine**  
03-2166 4263 🚗 B Nanas • Menara TA One • Halal • Fine Dining • D8

**Yuzu**  
03-2284 7663 • The Gardens, Mid Valley City • Casual Dining

**Sagano**  
03-2162 2233 🚗 B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

**Da On**  
03-2141 2100 🚗 B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

**Koong Jung**  
03-2166 7181 📍 Ampang Park • PNB Darby Park • Halal • D9

**Koryo Won**  
03-2143 2189 🚗 Bukit Bintang • Starhill Gallery • Halal • Casual Dining • E8

Thai

**Rama V Fine Thai Cuisine**  
03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

★★★★★

**Sheraton Imperial KL**  
03-2717 9900 • Jln Sultan Ismail • 🚗 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300- RM5,825 • D6

**Hotel Istana**  
03-2141 9988 • 73, Jalan Raja Chulan • 🚗 R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'l) • From RM299-RM5000 • E8 • www.hotelistana.com.my

**Hotel Maya KL**  
03-2711 8866 • Jalan Ampang • 🚗 Bukit Nanas 📍 KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325- RM1,800 • D8 • www.hotelmaya.com.my

**InterContinental KL**  
03-2782 6000 • 165, Jalan Ampang • 📍 Ampang Park • Serena Brasserie, Tao (chi) , Tatsu (Jap), Bentley's Pub, Lobby Lounge & The Deli • From RM330- RM12,500 • C9 • www.intercontinental.com

**JW Marriott Hotel KL**  
03-2715 9000 • 183 Jalan Bukit Bintang • 🚗 B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400- RM8,000 • E9 • www.marriott.com

**Le Meridien KL**  
03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • 🚗 📍 🚗 KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 • www.lemeridienkualalumpur.com

**Mandarin Oriental Hotel**  
03-2380 8888 • KL City Centre • 📍 KLCC • Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409(Internet)/RM499(phone) • D8 • www.mandarinoriental.com

**Philea Mines Beach Resort**  
03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • 🚗 Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

**Sama-Sama Hotel KLIA**  
03-8787 3333 • Kuala Lumpur International Airport • 🚗 KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ • www.samasamahotels.com

**Parkroyal Kuala Lumpur**  
03-2147 0088 Jln Sultan Ismail • 🚗 B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Klx Lounge • From RM270 • www.parkroyalhotels.com

**PNB Darby Park Executive Suites**  
03-7490 3333 • 10, Jln Binjai • 📍 Ampang Park •The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350- RM686 • D9 • www.pnbdarbyparksuites-kl.com

**Pullman Kuala Lumpur**  
03-2170 8888 • 4, Jalan Conlay • 🚗 Raja Chulan • Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9 • www.princehotels.com

**Renaissance KL**  
03-2162 2233 • Corner of Jln S. Ismail/ Jln Ampang • 🚗 B Nanas •Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTations (Int'l) • From RM215-RM6,000 • D7

**The St. Regis Kuala Lumpur**  
03-2727 1111 • Jalan Stesen Sentral 2, Kuala Lumpur Sentral • From RM850

**Shangri-La Hotel KL**  
03-2032 2388 • 11 Jalan Sultan Ismail • 🚗 B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

**Sheraton Imperial Hotel**  
03-2717 9900 Jln Sultan Ismail • 🚗 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Calestial Court (Chi) • From RM300- RM5,8250 • D6

**The Gardens Hotel & Residences**  
03-2268 1188 • Mid Valley City • 🚗 Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtres.com

**Sunway Putra Hotel (Formerly The Legend Hotel)**  
03-4042 9888 • Putra Place, 100 Jalan Putra • 📍 PWTC • Museum (Chi), Di-Atas Brasserie (Int'l), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www.legendhotelkl.com

**The Ritz-Carlton KL**  
03-2142 8000 • 168, Jalan Imbi • 🚗 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

**The Ritz-Carlton Residences**  
03-2142 9000 • 🚗 B Bintang • From RM950-RM1,330 • F9

**The Royal Chulan**  
03-2688 9688 • Jalan Conlay • 🚗 R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

★★★★

**Aloft Kuala Lumpur Sentral**  
03-2723 1000 Jalan Stesen Sentral KL Sentral • 🚗 📍 🚗 KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • www.starwoodhotels.com/aloft-hotels

**Ancasa Hotel KL**  
03-2026 6060 • Jln Tun Tan Cheng Lock • 📍 Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

**Boulevard Hotel**  
03-2295 8111/2295 8000 🚗 Mid Valley City, Lingkaran Syed Putra • Mid Valley • Wild Rice (Int'l) • Rates from RM290Nett – RM420Nett • www.blvhotel.com

**Concorde Hotel**  
03-2144 2200 • 2 Jalan Sultan Ismail • 🚗 B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178+- RM320++ • D7

**Coronade Hotel KL**  
03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 🚗 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge • From RM208- RM500 • F8 • www.coronade.com

**Corus Hotel KL**  
03-2161 8888 • Jalan Ampang • 📍 Ampang Park • Ming Palace(Chi), Dondang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotelkl.com

**Dorsett Regency**  
03-2716 1000 • 172, Jalan Imbi • 🚗 B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200 onwards • F9 • www.dorsettregency-kl.com

**Seri Bukit Ceylon**  
03-20201708 • No 8, Lorong Ceylon off Jalan Raja Chulan • From RM250-RM480 • E7



The Majestic Hotel Kuala Lumpur  
5 Jalan Sultan Hishammuddin, 50000 Kuala Lumpur, Malaysia.  
03-2785 8000  
www.majestickl.com

**Federal Hotel**  
03-2148 9166 • 35, Jalan Bukit Bintang • 🚗 B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 • www.fh-hotels.com

**Grand Seasons**  
03-2697 8888 • 72, Jalan Pahang • 🚗 Chow Kit 📍 KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

**Impiana KLCC Hotel & Spa**  
03-2147 1111 • 13 Jln Pinang • 🚗 R Chulan • Tonka Bean Cafe (Int'l) • From RM219- RM368 • D8 • www.impiana.com

**Novotel City Centre KL**  
03-2147 0888 • 2 Jln Kia Peng • Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260- RM660 • E8 • www.novotel.com

**Pacific Regency Hotel Suites**  
03-2332 7777 • Menara PanGlobal, Jalan Punchak • 🚗 B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290- RM500 • D7 • www.pacific-regency.com

**Sunway Resort Hotel & Spa**  
03- 7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

**Quality Hotel City Centre**  
03-2614 8000 • Jalan Raja Laut • DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150- RM550 • C5 • www.qualifi.com.my

**Swiss Garden Hotel**  
03-2141 3333 • 117, Jln Pudu • 🚗 Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From470+

**The Royale Bintang KL**  
03-2143 9898 17-21 Jalan Bukit Bintang • 🚗 B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

**The Royale Bintang Damansara**  
03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 • www.royalebintang.com.my

**The ZON All Suites Residences on the Park**  
03-2164 8000 • 161D Jalan Ampang • 📍 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 • www.zonhotel.com.my

**Traders Hotel**  
03-2332 9888 • Kuala Lumpur City Centre • 📍 KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

**Vistana KL**  
03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 🚗 Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

**Hotel Capitol Kuala Lumpur**  
03-21437000 • Jalan Bulan Off Jalan Bukit Bintang • www.capitol.com.my

★★★

**Alpha Genesis**  
03-2141 2000 • 45 Tingkat Tong Shin • 🚗 B Bintang • Tee Box Café • From RM150-RM380 • F7 • www.alphagenesishotel.com

**Cititel Mid Valley**  
03-2296 1188 • Mid Valley, Lingkaran Syed Putra • 🚗 Mid Valley • Citl Café • Rates from RM205Nett – RM320Nett

**Corona Inn**  
03-2144 3888 • 22, Jalan Tong Shin • 🚗 B Bintang • Corona Café • From RM130- RM180 • F8 • www.coronainn-kuala-lumpur.com

**Grand Continental**  
03-2693 9333 • Jln Bella/Jln Raja Laut • 📍 PWTC M Tuanku • Grand Star (Chi) , Lai Marble Coffeehouse • From RM135- RM800 • C5 • www.ghihotels.com.my

**First World Hotel**  
03-6101 1118 • Genting Highlands • ristorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 – RM460

**Midah KL**  
03-2273 9999 • 8, Jalan Kampung Attap • 🚗 Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café • From RM145-RM250 • G5

**Prescott Inn**  
03-2713 7887 • 23 Lrg Medan Tuanku 1, off Jln Sultan Ismail • 🚗 M Tuanku • Makana Restaurant • From RM110-RM170 • C5

HOTEL & RESORT

★★★★★

**Ascott KL**  
03-2718 6868 9, Jalan Pinang • 🚗 R Chulan • From RM380-RM790

**Berjaya Times Square Hotel & ConventionCentre**  
03-2117 8000 • 1 Jalan Imbi • 🚗 Imbi • Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl.com

**Seri Pacific Hotel Kuala Lumpur**  
03-4042 5555 • Jalan Putra • 📍 PWTC Zende (Int'l), Kokufu (Jap), lounge to Chereza From RM198++ to RM3,000 • B5 www.seripacifichotel.com

**Grand Hyatt Kuala Lumpur**  
03-2182 1234 • Jalan Pinang • 📍 KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

**The Westin KL**  
03-2731 8333 199 • Jalan Bukit Bintang • 🚗 B Bintang • Prego (Ita), Living Room (Int'l), Qba (Bar & Grill), Treats (gourmet bakery), Eest (Pan Asian) • From RM480- RM7,000 • E9 • www.westin.com

**Grand Millennium KL**  
03-2117 4888 • 160, Jalan Bukit Bintang • 🚗 Bukit Bintang • Zing (Chi), The Mill (Int'l) • From RM300-RM5,600 • www.millenniumhotel.com

**Hilton KL**  
03-2264 2264 • 3, Jln Stesen • Sentral, KL Sentral • 🚗 📍 🚗 KL Sentral • Chynna(Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 • www1.hilton.com

**Hilton PJ**  
03-7955 9122 • 2 Jalan Barat, PJ • 📍 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

**Holiday Inn Kuala Lumpur Glenmarie**  
03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam •Fu-Rin (Jap), Kites (Int'l), The Mix Restaurant & Bar • From RM290 • www.holidayinn.com/glenmarie



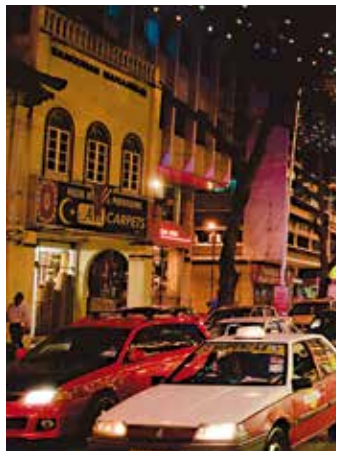
**KL Tower**  
03-2020 5499 🚗 Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



**Istana Negara, Jalan Duta**  
Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



**National Monument**  
Jalan Tugu, off Jalan Parlimen • Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



**Little India**  
🚗 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



**National Museum**  
03-2267 1111 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



**Jamek Mosque**  
Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am- 1:30pm & 2:30pm-6pm.



**Swiss-Inn KL**  
03-2072 3333 • 62, Jln Sultan • 🇲🇾  
Maharajalela  
• Café Petaling • From RM130-RM175  
• G6

**The Plaza Hotel**  
03-2698 2255 • Jalan Raja Laut • 🇲🇾 Sultan  
Ismail • Pago-Pago Café (Continental),  
Plaza Court (Chi) • From RM110-RM178  
• C5

SIGHTSEEING

**Aquaria KLCC**  
03-2333 1888 • 🇲🇾 Raja Chulan 🇲🇾 KLCC •  
All 60,000 sq ft of Aquaria encompasses  
Evolution, Jewels of the Jungle, Deep  
Forest, The Coasts and Touch Pool, The  
Livingb Oceans and The Living Reef, with  
over 5000 aquatic and land-bound animals  
representing over 150 different species.  
Don't miss the 90-metre underwater tunnel.  
Opens daily from 11am-8pm. (Including  
weekends, school and public holidays) Last  
admission at 7pm. Entry RM38 (adult), RM26  
(children) • D8



**Craft Complex**  
03- 2164 8344  
🇲🇾 Raja Chulan • 63, Jalan Conlay, •  
Showcases ethnic handicrafts, batik  
printing and pottery from the 13 states  
of Malaysia. • Opens 9am- 6pm daily.  
• E9 FREE

**Lake Gardens**  
Jalan Parlimen • Located near the city  
centre, this 9.2ha landscaped garden is  
built around a lake. Several attractions  
are found within the park including an  
Orchid Garden, Hibiscus Garden,  
Butterfly Park, Bird Park, Deer Park,  
National Monument and the Asean  
Sculpture Garden • F3

**Malaysian Tourism Centre**  
03-9235 4848 • 🇲🇾 B Nanas • 109  
Jalan Ampang • This is a one-stop  
tourist service centre comprising the  
information counter (7am-10pm)  
Transnasional Executive Coach counter,  
domestic tour booking counter, money  
changer, restaurant and craft demo  
centre. Built in 1935, the building was the  
home of wealthy tin-miner and planter,  
Eu Tong Seng. Cultural shows are on Tues,  
Thur, Sat & Sun 2-2.30pm. • D7

**Merdeka Square**  
🇲🇾 Masjid Jamek • Jalan Raja •  
Opposite the Sultan Abdul Samad  
Building, this is the site where the  
independence of Malaya was declared  
on 31 August, 1957. The 100m high  
flagpole is the tallest in the world. Live  
entertainment and cultural shows are  
staged here on festive occasions. The  
Royal Selangor Club and St. Mary's  
Cathedral are located nearby. • E5

**Batu Caves**  
03-6189 6284 • This popular Hindu  
temple draws hundreds of thousand  
of visitors during Thaipusam. It  
consists of three grand caves: the  
Dark Cave,the Museum Cave and the  
Temple Cave with brilliant rock  
formations. The Museum Cave at  
the foothills has interesting display  
of Indian mythology. To reach the  
main Temple Cave, one has to climb  
272 steps.

**Bird Park**  
03-2272 1010 • Located at the Lake  
Gardens, this 8.4ha bird park is the  
world's largest free-flight walk-in  
aviary. It is home to more than  
3,000 birds from approximately 200  
species. Opens daily from 9am-  
6.00pm . F4

**Butterfly Park**  
03-2693 4799 • Over 120 species  
of butterflies can be found in this  
park located at the Lake Gardens'  
vicinity. Admission is RM9 for adults  
and RM2 for children. Camera: RM3.  
Opens 9am to 6pm daily. • F4



**Telekom Museum**  
03-2031 9966  
🇲🇾 Raja Chulan • Jalan Raja Chulan  
• Displays interesting exhibits of  
telephones and evolution of their  
designs over the years.  
• Opens 9am-5pm. Closed on Mondays  
• E6 FREE

**National Science Centre**  
03-2092 1150 • Persiaran Bukit Kiara •  
Houses 9 galleries with different scientific  
themes. Offers interesting interactive  
displays for learning and entertainment.  
• Opens 10am-5pm. Closed on Friday.

**National Mosque**  
03-2693 7784 • 🇲🇾 KL • Jalan Perdana  
• This mosque embodies contemporary  
designs, together with traditional Islamic  
art, calligraphy and ornamentation.  
The main dome with its 18-point star,  
represents the 13 states of Malaysia  
unified by the Five Pillars of Islam. Visitors  
must dress conservatively and remove  
their shoes before entering the mosque  
• Opens 9am to 12noon; 3pm to 4pm;  
5:30pm to 6:30pm daily. • F4

**National Planetarium**  
03-2273 4303 • Lot 54 Jalan Perdana •  
Located close to the National Mosque,  
the attractions include space science  
and astronomy exhibits, a theatre  
screening 3-Dimensional movies, a  
viewing gallery and an observatory •  
Admission is RM1 for adults and children  
over 12 years [extra charges for all  
shows]. Opens 9:30am to 4:15pm daily.  
Closed on Monday except public &  
school holidays • G4

**Bukit Nanas Forest Recreational  
Park**  
03-2306 3421 / 2064 4741 • 🇲🇾 Bukit Nanas  
• Nestled in the heart of KL, the virgin  
forest-clad hill is a 10.5 ha park offering a  
10-minute & a 20-minute walk trails from  
the Forest Information Centre at Jalan  
Raja Chulan to KL Tower. • E7

**Central Market**  
03-2274 6542 • 🇲🇾 Pasar Seni Once the  
city's biggest wet market, it is now a  
centre for food and cultural activities.  
Cultural performances are staged during  
weekends at the riverside amphitheatre.  
Handicraft, souvenirs, art & portrait  
paintings are sold at bargain prices. The  
Annexe Gallery at CM is a progressive  
art centre. • Opens 10am to 10pm daily.  
• F5

**Deer Park**  
03-2693 0191 • Enclosed within a 2-ha  
ground at the Lake Gardens, the deer,  
fawns and does roam freely in a cool  
and peaceful habitat with lush trees and  
shrubs and ponds. • F3



**Sultan Abdul Samad Building**  
🇲🇾 Masjid Jamek • Jln Sultan  
Hishamuddin • Also known as the Big  
Ben of KL, this historical landmark and  
heritage building is well known for its  
Moghul architecture dating back to  
1897. Originally the offices of the Colonial  
Secretariat, it then housed the Supreme  
Court. • E5

**National Zoo**  
03-4108 3427 / 4108 3422 • Located in  
Hulu Kelang. 12km from the city centre,  
the zoo is home to 400 species of local  
birds, mammals, reptiles and fishes. •  
Opens 9am - 5pm daily. Night Zoo is on  
Saturdays 7.30am - 10.30pm. Admission  
RM 32 for adults and RM11 for children  
3 to 12 years old

**Old KL Railway Station**  
Jalan Hishammudin • Built in 1910,  
the Moghul-inspired building was a  
hub for Malaysian rail transport until it  
was replaced by the new KL Sentral  
Station. It remains a landmark and the  
refurbished Heritage Hotel is still open for  
business. Across the road, the Malaysian  
Railway administrative building is also a  
breathtaking architectural showpiece  
• G5

**Petrosains, The Discovery Centre**  
03-2331 8181 • 🇲🇾 KLCC • Petronas Twin  
Towers, Level 4 Suria KLCC • Focusing on  
Malaysia's oil and gas industry, it offers  
an interactive approach to learning.  
It takes you through a unique voyage  
of discovery of science. • Opens daily  
9.30am to 6pm. Last admission 4.30pm.  
Closed on Monday • D8

**Istana Negara**  
Official residence of Malaysia's King,  
visitors can witness the changing  
of the royal guards daily. The Rulers  
Conference, various royal and national  
ceremonies, investitures and official  
banquets are held at this palace. • H5

**Little India**  
🇲🇾 Masjid Jamek • Jalan Masjid India  
is a colourful street with numerous  
wholesale and retail Indian traders  
who sell everything from Indian brass,  
jewellery, sarees, Indian handicrafts to  
perfumes & spices. • E5

**Jamek Mosque**  
🇲🇾 Masjid Jamek • Jalan Tun Perak  
• Situated at the confluence of the  
Klang and Gombak rivers, this grand old  
mosque was designed by British architect  
AB Hubbock in 1909. It incorporates  
many features of Moghul architecture  
a • Opens 8am-1:30pm & 2:30pm-6pm.  
• E5



**PETRONAS Twin Towers**  
03- 2615 8188  
🇲🇾 KLCC • KL City Centre • The  
88-storey Petronas Twin Towers stand at  
451.9 metres. Seated in the heart of KL  
and amidst a 50-hectare landscaped  
park, a skybridge on the 41st floor is  
open to visitors between 9am-7pm  
daily, closed on Monday • D8

**Royal Selangor Visitor's Centre**  
03-4145 6000 • 4, Jalan Usahawan Enam,  
Setapak Jaya • Located 15 minutes from  
the city centre, the Royal Selangor which  
is internationally known for its fine designs  
and craftsmanship, offers a complete  
visitor experience, enabling them to see,  
hear, touch and learn how pewter is  
made. • Opens daily from 9am-5pm.

**Royal Selangor Club**  
03-2692 7166 • 🇲🇾 Masjid Jamek • Jalan  
Raja • Once nicknamed 'The Spotted  
Dog' during the colonial days, this club  
which features Mock Tudor architecture,  
is one of the oldest membership clubs  
in KL. • E5

**Thean Hou Temple**  
03-2274 7088 • 65 Persiaran Endah, off  
Jalan Syed Putra • A beautiful blend of  
Chinese and contemporary architecture,  
this is one of the largest and most ornate  
Buddhist temples in the region and a  
venue for major religious festivals. Also  
check out the herbs garden, wishing  
well and souvenir stall • Opens 9am to  
9pm daily.

MUSEUMS

**Asian Arts Museum Universiti  
Malaya**  
03-7967 3805 • Uni. of Malaya • A unique  
collection of Asian art & sculptures,  
ceramics, including Islamic & Malay art  
and textiles • Opens Mon - Sat. Closed  
on Sunday & public hols.

**Forest Research Institute Malaysia**  
03-62797 000 • Kepong • Located  
within the 1,500 hectares of natural  
land reserve, the institute showcases  
Malaysia's rich forest heritage. • Opens  
8am-4pm. Fri 9am- 12pm.

**Heritage Centre**  
03-2144 9273 • 2 Jln Stonor • Showcases  
Malaysia's architectural heritage, the  
centre also conducts 2 guided tours  
a day (11am & 3pm) of the Rumah  
Penghulu or Village Head's abode which  
has been furnished to reflect a house in  
the early thirties • E10

**Islamic Arts Museum**  
03-2274 2020 • Jalan Lembah Perdana  
• Opened in 1998, the museum focuses  
on the rich diversity of Islamic arts and  
culture. Miniature replicas of Taj Mahal  
and other islamic architectural wonders  
are on display • Tickets at RM12 (adults),  
RM6 (under 18, students & senior citizens)  
• Opens 10am to 6pm daily. • G4

**Museum Orang Asli**  
03-6189 2122 • Km 24 Gombak • Displays  
a collection of over 3,000 artifacts  
showcasing the history, culture &  
lifestyle of indigenous tribes of Peninsular  
Malaysia. • Opens 9am-5pm. Closed  
Fri. FREE

**National Museum**  
03-2267 1111 • 29 Jalan Raja • Displays a  
unique permanent collection of artifacts  
and materials showcasing the history  
and heritage of Malaysia • Opens 9am  
to 6pm daily • Admission RM1. Free for  
<12 yrs & students

ARTS & CULTURE

**National Library**  
03-2687 1700 • 232 Jalan Tun Razak. • This  
7-storey building which blends traditional  
design with modern architectural  
elements houses more than 1.5 million  
books, some of them extremely rare.  
• Opens daily except Monday • A8 FREE

**Galeri Petronas**  
03-2051 7770 • 🇲🇾 KLCC • Level 3 Suria  
KLCC. • Exhibits artworks by local and  
international artists.  
• Opens 10am to 8pm. Closed on  
Monday. • D8 FREE

**National Theatre (Istana Budaya)**  
03-4026 5555 • Jalan Tun Razak •  
Designed by Malaysian architect  
Muhammad Kamar Ya'akub, this  
modern theatre is one of the world's most  
sophisticated theatres with state-of-the-art  
stage equipment. It holds drama, dance  
and musical performances regularly. • A7

**Petronas Philharmonic Hall**  
03-2331 7007 • 🇲🇾 KLCC • Located within  
the Petronas Twin Towers, it is home to  
the Malaysian Philharmonic Orchestra  
and the National Choir. It features  
performances of highest quality by visiting  
orchestras and world-renowned soloists,  
besides performances by the MPO which  
now ranks among the top orchestras in  
the region • D8

OTHER FUN-TASTIC  
THRILLS & SPILLS

**Casino**  
03-2718 1118 • Genting Highlands Hotel

**Flying**  
03-2141 1934 • Royal Selangor Flying Club

**Horse Racing**  
03-9058 3888 • Selangor Turf Club, Jln  
Sungai Besi

**Horse Riding**  
03-4256 4531 • Royal Selangor Polo Club,  
Jln Ampang Hilir

03-2094 1222 • Bukit Kiara Equestrian Club,  
Jln Bukit Kiara, Kuala Lumpur

Theme Parks

**Berjaya Times Square Theme Park**  
1 Jalan Imbi, Level 5 & 7, Kuala Lumpur  
Tel: 03-2117 3118

**Sunway Lagoon Theme Park**  
3 Jalan Pjs 11/11, Bandar Sunway,  
Petaling Jaya . Tel: 03-5639 0000

**Genting Highlands Theme Park**  
Genting Highlands Resort  
Tel: 03-2718 1118

**District 21**  
Level 1, IOI City Mall, Putrajaya  
Tel: 03-8328 8888



**KL Lifestyle Art Space**  
31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia

Tel: +603 2093 2668, +603 2094 2668  
Email: info@mediate.com.my

Open Monday - Friday, 10am - 7pm  
(Closed on Weekends and Public Holidays)



**Bank Negara Malaysia Museum and Art Gallery Sasana Kijang**  
No. 2, Jalan Dato Onn, 50480 Kuala Lumpur  
Opening Hours: 10am to 6pm daily  
For Enquiries Call: 03-9179 2784



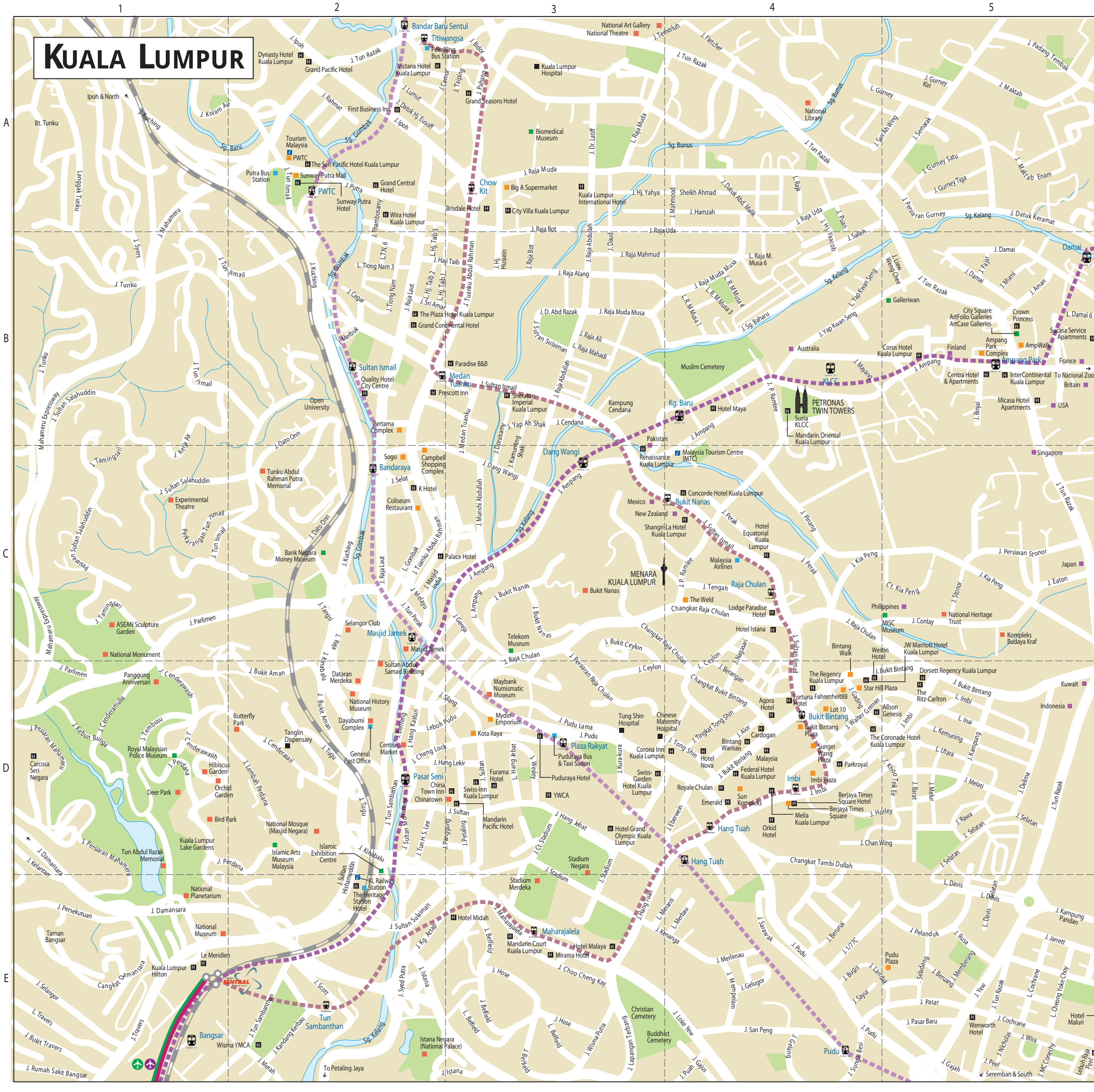
**University of Malaya Art Gallery (UMAG)**  
Tingkat 5, Bangunan Canseleri, Universiti Malaya, Petaling Jaya  
Tel: 03-79671061  
Opening Hours: 9.00am to 4.00pm  
Closed on: Saturday and Sunday



**Galeri Tenaga**  
Wisma TNB, Jalan Timur, Petaling Jaya  
Tel : +603-2296 5566  
Fax : +603-2282 3274  
Opening Hours: Monday – Friday : 10 am – 3 pm.



# KUALA LUMPUR



- PLACES OF INTEREST**
  - 1C ASEAN Sculpture Garden
  - 4D Bintang Walk
  - 1D Bird Park
  - 3C Bukit Nanas
  - 2D Butterfly Park
  - 2D Central Market
  - 3D Chinatown
  - 2D Dataran Merdeka
  - 2D Dayabumi Complex
  - 1D Deer Park
  - 1C Experimental Theatre
- MUSEUMS**
  - 5B ArtCase Galleries
  - 5B ArtFolio Galleries
  - 2C Bank Negara Money Museum
  - 3A Biomedical Museum
- EMBASSIES**
  - 4B Australia
  - 5B Britain
  - 5B Finland
- ENTERTAINMENT/SHOPPING**
  - 5B Ampang Park Complex
  - 5B AmpWalk
  - 4D Berjaya Times Square
  - 3A Big A Supermarket
  - 4D Bukit Bintang Plaza
  - 2C Campbell Shopping Complex
  - 5B City Square
  - 2C Coliseum Restaurant
- BUS, TAXI, RAILWAY**
  - 2D General Post Office
  - 2E KL Sentral (main transport terminal)
- HOTELS**
  - 4D Agora Hotel ★★
  - 4D Alpha Genesis Hotel
  - 4D Berjaya Times Square Hotel
  - 4D Bintang Warisan Hotel ★★
  - 3A Brisdale Hotel
  - 1D Carcosa Seri Negara ★★★★★
  - 4D Cardogan
  - 5B Centra Hotel & Apartments
  - 3C Chantan
  - 3D China Town Inn
  - 3A City Villa Kuala Lumpur ★★
  - 4C Concorde Hotel Kuala Lumpur ★★★★★
  - 4D Corona Inn Kuala Lumpur
  - 5B Corus Hotel Kuala Lumpur ★★★★★
  - 5B Crown Princess Kuala Lumpur
  - 5D Dorsett Regency Kuala Lumpur ★★★★★
  - 2A Dynasty Hotel Kuala Lumpur ★★★★★
  - 4D Emerald
  - 4D Federal Hotel Kuala Lumpur ★★★★★
  - 2A First Business Inn ★★
  - 4D Fortuna Hotel ★★
  - 3D Furama Hotel ★★
  - 3C Garden City
  - 2A Grand Central Hotel
  - 2B Grand Continental Hotel ★★
- HOSPITALS**
  - 3D Chinese Maternity Hospital
- TOURIST INFORMATION CENTRES**
  - 2A Putra World Trade Centre, Level 2, 45, Jalan Tun Ismail, 50480 Kuala Lumpur. Tel: 03-4041 1295
  - 4C Malaysia Tourism Centre (MTC), 109 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2164 3929
  - 2E Stesen Sentral Kuala Lumpur, Lot 21, Level 2, Arrival Hall, Kuala Lumpur City Terminal, Stesen KL Sentral, 50050 Kuala Lumpur. Tel: 03-2274 3135
- PLACES OF INTEREST**
  - 1D Hibiscus Garden
  - 2E Istana Negara (National Palace)
  - 5C Kompleks Budaya Kraf
  - 2C Masjid Jamek
  - 3D Maybank Numismatic Museum
  - 2C Menara Kuala Lumpur
  - 3A National Art Gallery
  - 5C National Heritage Trust
  - 2D National History Museum
  - 4A National Library
  - 1C National Monument
  - 2D National Mosque
- MUSEUMS**
  - 5B Galleriwan
  - 2D Islamic Arts Museum Malaysia
  - 2D Islamic Exhibition Centre
  - 5C MISC Museum
- EMBASSIES**
  - 5B France
  - 5D Indonesia
  - 5C Japan
  - 5D Kuwait
  - 3C Mexico
- ENTERTAINMENT/SHOPPING**
  - 4D Imbi Plaza
  - 4D Fahrenheit88
  - 3D Kota Raya
  - 4D Lot 10
  - 3D Mydin Emporium
  - 4D Pavilion Cinema
  - 2B Pertama Complex
- BUS, TAXI, RAILWAY**
  - 2E Kuala Lumpur Railway Station
  - 4C Malaysia Airlines
  - 2A Pekeliling Bus Station
  - 3D Puduraya Bus & Taxi Station
- HOTELS**
  - 2A Grand Pacific Hotel ★★
  - 4D Parkroyal Hotel ★★★★★
  - 3A Grand Seasons Hotel ★★★★★
  - 4C Hotel Equatorial Kuala Lumpur ★★★★★
  - 4B Hotel Maya ★★★★★
  - 3D Hotel Grand Olympic Kuala Lumpur
  - 4C Hotel Istana ★★★★★
  - 3E Hotel Malaysia ★★★★★
  - 5E Hotel Maluri ★★
  - 3E Hotel Midah ★★
  - 5B InterContinental Kuala Lumpur ★★★★★
  - 4D Hotel Nova ★★
  - 2A Hotel Putra
  - 4D JW Marriott Hotel Kuala Lumpur ★★★★★
  - 4C Lodge Paradise Hotel ★★
  - 2C K Hotel ★
  - 1E Kuala Lumpur Hilton ★★★★★
  - 3A Kuala Lumpur International Hotel ★★
  - 1E Le Meridien ★★★★★
  - 3E Mandarin Court Kuala Lumpur
  - 4B Mandarin Oriental Kuala Lumpur ★★★★★
  - 3D Mandarin Pacific Hotel ★★
  - 4D Melia Kuala Lumpur ★★★★★
  - 5B Micasa Hotel
  - 3E Mirama Hotel ★
  - 4D Orkid Hotel ★
- HOSPITALS**
  - 3A Kuala Lumpur Hospital
  - 3A National Heart Institute
- TOURIST INFORMATION CENTRES**
  - 2A Sunway Putra Hotel
  - 2A The Seri Pacific Hotel Kuala Lumpur ★★★★★
  - 2B The Plaza Hotel Kuala Lumpur ★★
  - 4D The Regency Kuala Lumpur ★★★★★
  - 5D The Ritz-Carlton ★★★★★
  - 2A Vistana Hotel Kuala Lumpur ★★★★★
  - 5E Wenworth Hotel ★★
  - 4D Westin Hotel ★★★★★
  - 2A Wira Hotel Kuala Lumpur ★★
  - 2E Wisma YMCA
  - 3D YWCA
- PLACES OF INTEREST**
  - 1D National Museum
  - 1E National Planetarium
  - 3A National Theatre
  - 1D Orchid Garden
  - 1D Panggung Anniversari
  - 2C Selangor Club
  - 3E Stadium Merdeka
  - 3D Stadium Negara
  - 2D Sultan Abdul Samad Building
  - 1D Tun Abdul Razak Memorial
  - 2C Tunku Abdul Rahman Putra Memorial
- MUSEUMS**
  - 1D Royal Malaysian Police Museum
  - 3C Telekom Museum
  - 1D Tun Abdul Razak Memorial
- EMBASSIES**
  - 4C New Zealand
  - 3B Pakistan
  - 5C Philippines
  - 5C Singapore
  - 5B United States of America
- ENTERTAINMENT/SHOPPING**
  - 5E Pudu Plaza
  - 2A Putra World Trade Centre (PWTC)
  - 2C Sogo
  - 5E Star Cinema
  - 4D Star Hill
  - 4D Sun Complex
  - 4D Sungei Wang Plaza
  - 4B Suria KLCC
  - 2A Sunway Putra Mall
  - 4C The Weld
- BUS, TAXI, RAILWAY**
  - 2A Putra Bus Stand
  - 2D STAR LRT Station
  - PUTRA LRT Station

Road / Jalan ..... J.  
Lane / Lorong ..... L.  
River / Sungai ..... Sg.  
Village / Kampung ... Kg.



Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.



By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.90 to RM2.80 per single journey.



By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.25 for every 11.5 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM2 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.



By Ecovans

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.



By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.



KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children. 03-2691 1382

GETTING TO THE AIRPORT



**KLIA Ekspres:** The journey takes about 30 minutes from KL Sentral and the fare is RM35 per person per way. There is also check-in facility at KL Sentral for some airlines.



**Taxi:** The fare from the city centre to the airport is RM90 – RM120 per taxi.



**Eco Transit:** Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.

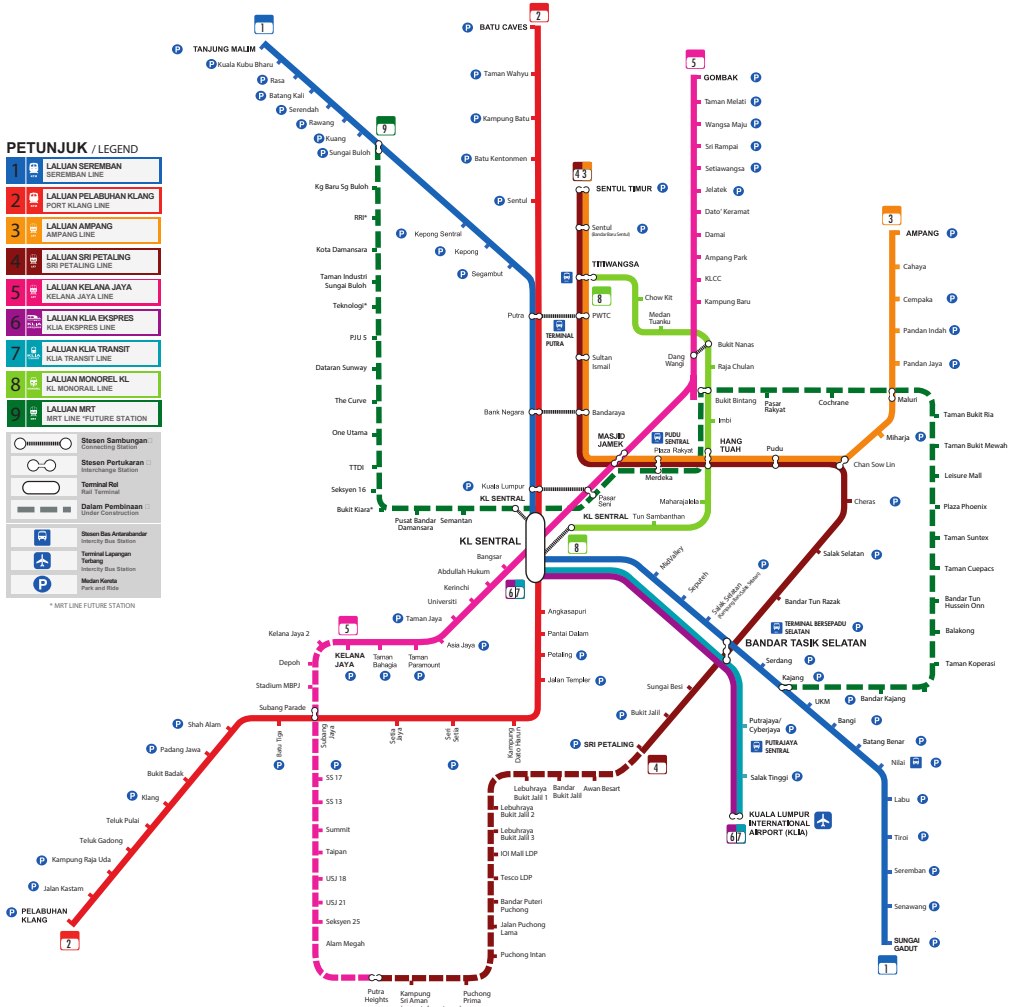


**Limousine:** Can be arranged with the hotel concierge and fare range from RM100 – RM200.

COACHES TO KLIA AND/OR LCCT

- Airport Coach - +603-6203 3067
- Sky Bus - +6016-217 6950
- Aerobus - +603-3344 8828
- The Star Shuttle - +603-4043 8811

# Klang Valley Rail Transit Map



TRANSPORTATION



Air Travel

- Kuala Lumpur International Airport +603-8776 2000
- Domestic Airport - Subang +603-7845 3245
- Kuala Lumpur City Air Terminal +603-2267 8000



Domestic Airlines

- MAS +603-2161 0555
- MAS Reservation Number +603-8890 3702
- AirAsia +603-2171 9333
- Berjaya Air +603-7847 1338
- FireFly +603-7845 4543
- Malindo Air +603-7841 5388



Rail

- KL Sentral 03-2274 7435
- KLIA Ekspres 03-2267 8000
- KTM 03-2267 1200
- Rapid KL 03-7885 2585
- KL Monorail 03-2273 1888



Car Rental

- Galaxy Asia 012-368 0117
- AVIS +603-5885 2300
- ORIX Auto +603-9284 7799
- Eazy Peezy +6011-1166 6545
- WS Rent-A-Car 03-4256 6999



Taxis

- Sunlight Cab +603-9200 1166
- Public Cab +603-6259 2929
- MyTeksi +601-300-80-5858
- Saujana Teksi +6011-1929 0976
- Grab Malaysia +601-300-80-5858

Emergency Services

- KL Tourist Police (24 hours) 03-2166 8322
- Police & Ambulance 999 or 112 (mobile phones)
- Fire & Rescue 994
- KL City Council 03-2691 6011

Tourism Offices

- Ministry Of Tourism Malaysia +60 3-2161 5161
- Pusat Pelancongan Malaysia (MATIC) +60 3-9235 4827
- Tourism Malaysia +603-8891 8000
- Melaka +60 6-288 1549
- Putrajaya Tourism Malaysia State Office +60 3-2615 8188

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