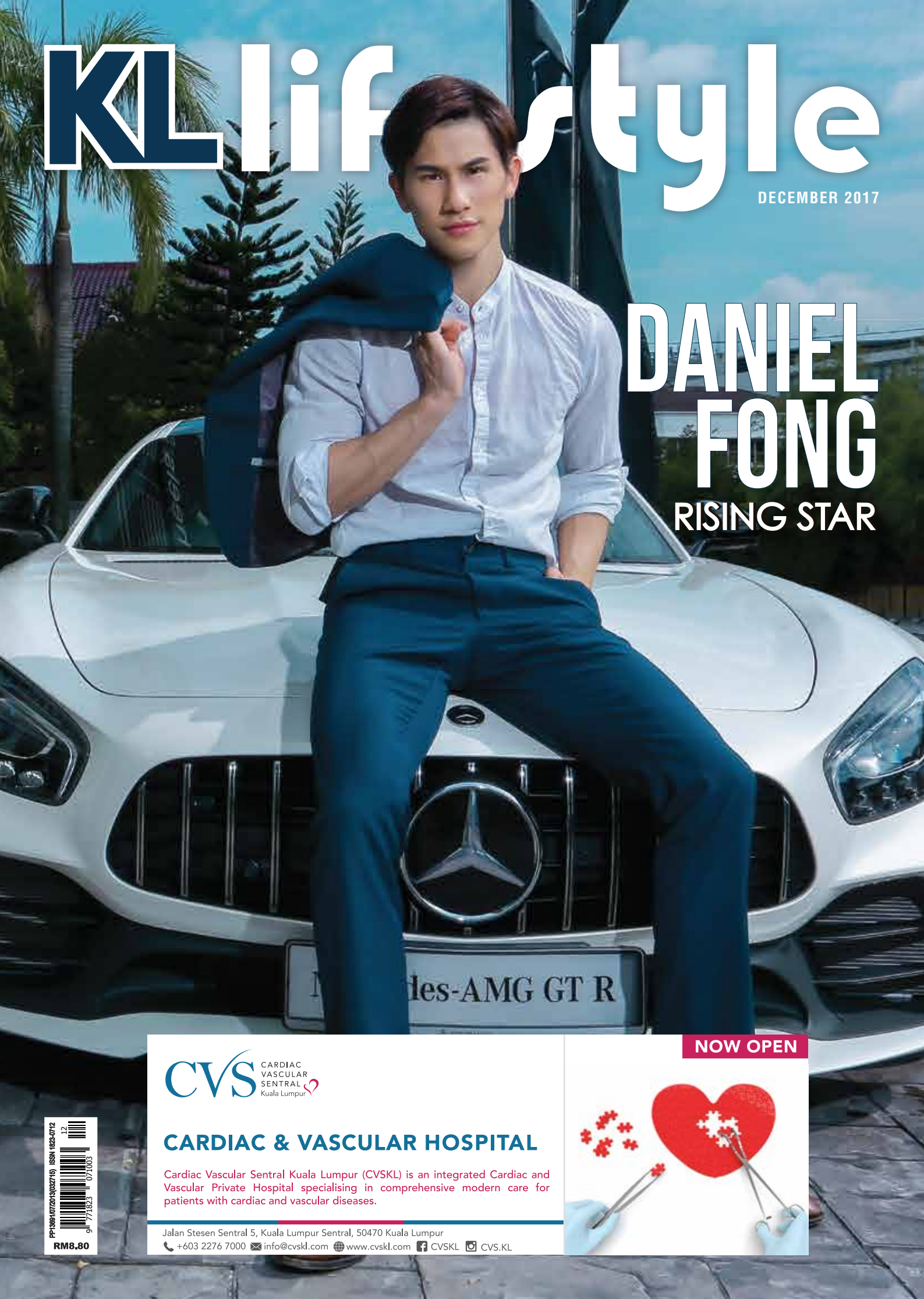


# KL lifestyle

DECEMBER 2017

## DANIEL FONG

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WHAT'S HAPPENING THIS MONTH?

- 6 Calendar
- 8 Entertainment In The City  
We feature key happenings throughout the month.
- 14 Reelview  
Get reeled in with our blockbuster picks for your viewing pleasure.

COVER STORY

- 18 Daniel Fong  
We catch up with Daniel Fong, a rising star in the acting scene. Read on to learn about his journey so far.

FEATURES

- 24 Mercedes-AMT GT R  
Mercedes Benz unveils the Beast of Green Hell. Get a gist of the car by flipping to the mentioned page.
- 26 Unconventional Ways to Celebrate Christmas  
As times change, so do traditions. How about trying something different for Christmas this year? Find out how here.
- 28 Top 3 Wallet-Friendly Destinations  
Plan your 2018 holidays on a budget with these helpful tips.

MAKAN-MAKAN

- 32 Makan-Makan with the Stars – Megan Tan  
Her enthusiastic and bubbly quality is infectious. We chat with Megan Tan about her hankerings and pregnancy fitness regime.

This month we went to:

- 34 Precious Old China
- 36 Symphony by Chef Jo
- 38 Kaya Kaya Café
- 40 CMCR

And we sought after:

- 42 Christmas Dining Venues

And ventured to:

- 44 Seapark, PJ

Indulged in the sweetness of:

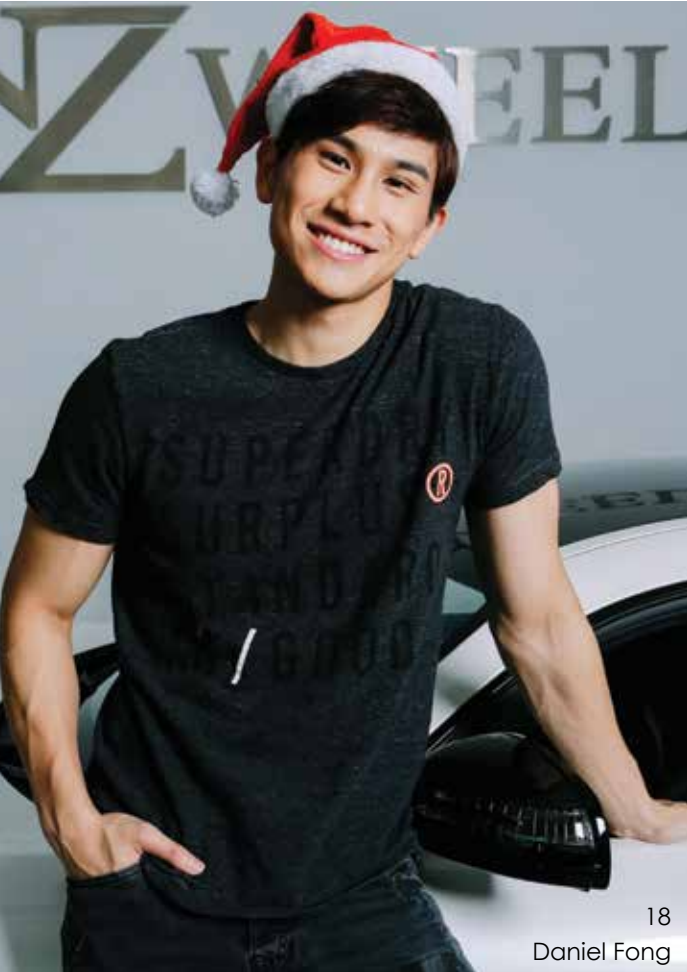
- 46 Nutella Desserts

And ended the night at:

- 48 Ren

SHOPPING

- 50 For HER
- 51 For HIM
- 52 Dance Floor Domination
- 53 DIDA Cosmetics



18  
Daniel Fong



46  
Nutella Desserts



66



69

Airport Talk

- MAHB strengthens strategic partnerships 66

Aviation News

- Triumphant Gathering at the KLIA Awards 68
- Grow your business with AVIAREPS 69
- ERL Tops It 70
- From Qatar to Exotic Penang 71
- Etihad Announces New CEO 72
- Korean Air Brings in the Jumbo 73
- Umrah Options with Nesma Airlines 74
- Fly Baghdad Goes International 74
- Air Canada Gains Recognition 75



72



75

Airport Shopping

- KULinary Dining Discovery Raises the Culinary Bar 76
- Big Wins at Eraman 77



76





90  
Village Hotel Albert Court

## BEAUTY & HEALTH

### 56 Hair Cottage by Juno's

A maestro with a pair of scissors, Juno will tend to your hair needs.

### 58 POSH Nail Spa

This nail spa offers more than just perfect manicures and pedicures. Intrigued? Read on.

### 60 HIIT2Fit KL

We get mean to get lean at the first heart-rate tracking studio in Malaysia.

### 63 AIRLINK

### 80 Expat Living

- Sebastien Delnatte

With a dream to learn and for an adventure, he crossed continents to Malaysia.

### 82 Ismail Latiff

Dive deep into the man behind the moon.

### 86 Tay Bak Koi

We reminisce about the illustrious life of this artist.

## HOTELS

### 90 Village Hotel Albert Court

### 92 The Settlement Hotel Melaka

## LIFESTYLE GUIDE

### 102 KL Map

### 104 Getting Around KL

## ON THE COVER



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# CALENDAR

# DECEMBER 2017

SUNDAY

31

1MALAYSIA YEAR END SALE 2017  
NOV 1 - DEC 31

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

01

PENANG ISLAND JAZZ FESTIVAL  
NOV 30 - DEC 3  
BAYVIEW BEACH RESORT GARDENS, BATU  
FERRINGHI, PENANG

SATURDAY

02

TALE OF CHRISTMAS  
NOV 30 - DEC 2  
STAGE 2, PENANGPAC

03

ELLA LIVE WITH THE MPO: A ROCK QUEEN'S  
JOURNEY  
DEC 2 - 3  
DEVAN PHILHARMONIC PETRONAS



08

CLASSICS AT THE MOVIES  
DEC 8 - 9  
DEVAN PHILHARMONIC PETRONAS

GALLERY WEEKEND KUALA LUMPUR  
DEC 8 - 10  
GREATER KUALA LUMPUR

09

REFLECTIONS FROM MY HEART: SOLO  
EXHIBITION OF CHEUNG POOI YIP  
NOV 18 - DEC 10  
SOKA EXHIBITION HALL, GROUND FLOOR,  
WISMA KEBUDAYAAN SGM, 243, JALAN BUKIT  
BINTANG, 55100 KUALA LUMPUR

10

ELIXIR OF YOUTH  
DEC 10  
DEVAN PHILHARMONIC PETRONAS



12

LOSETOWN  
DEC 7 - 17  
STUDIO 9, THE KUALA LUMPUR PERFORMING  
ARTS CENTRE (KLAPAC)



15

EXPO NEGARAKU  
NOV 15 - DEC 15  
DATARAN MERDEKA



16

COMIC FIESTA 2017  
DEC 16-17  
KUALA LUMPUR CONVENTION CENTRE

17

PEKING MAN  
DEC 14 - 17  
PENTAS 2, THE KUALA LUMPUR  
PERFORMING ARTS CENTRE (KLAPAC)  
  
LILLIAN TOO'S FENG SHUI EXTRAVAGANZA  
DEC 17  
GRAND MAHKOTA BALLROOM, HOTEL ISTANA



21

MUSICSYNTHESIS FESTIVAL  
DEC 20 - 21

KL BIENNALE 2017  
NOV 1 - MARCH 31  
NATIONAL ART GALLERY

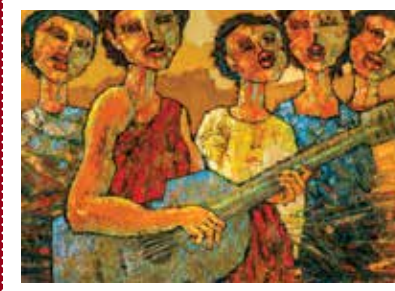


23

FAMILY CHRISTMAS CONCERT  
DEC 22 - 23  
PENANGPAC



25





**TALE OF CHRISTMAS**  
NOV 30 - DEC 2  
STAGE 2, PERFORMING  
ARTS CENTRE OF PENANG  
(PENANGPAC)

Delightful tales of Christmases past and the true meaning of Christmas present.

Tickets: RM30



**PENANG ISLAND JAZZ FESTIVAL**  
NOV 30 - DEC 3  
BAYVIEW BEACH RESORT  
GARDENS, BATU FERRINGHI,  
PENANG.

A number of musical activities will be held at various venues on the island such as an opening performance at 23 Love Lane and an exhibition at The Black Box - Penang House of Music in Georgetown, Fringe Stages in the lobbies of Hard Rock Hotel, Penang and Bayview Beach Resort, the early morning Sunrise@ Tropical Spice Garden in Teluk Bahang and the "Jazz By The Beach" stage in the gardens of Bayview Beach Resort. Besides musical performances, there will also be workshops conducted by participating artistes, the Island music forum on topics revolving around other aspects of the music industry, gallery exhibitions and the after-hours jazz jam.

Tickets: RM85



**KL BIENNALE 2017**  
NOV 1 - MARCH 31  
NATIONAL ART GALLERY

The National Art Gallery is holding its inaugural edition of the Kuala Lumpur Biennale from November 2017 to March 31, 2018 at various sites in the federal capital, with the theme of Belas that recognizes, embraces and echoes societal values.

Central to the KL Biennale are stories of Belas, presented through a specially-curated exhibition of modern and contemporary artworks. These include, love for Nature or Belas Alam, love for heritage or Belas Warisan, love for the people or Belas Insan, love for animals or Belas Haiwan and love for our legendary icons.

Tel: +603 40267000



**1MALAYSIA YEAR  
END SALE 2017**  
NOV 1 - DEC 31

1Malaysia Year End Sale is part of the country's thrice yearly nationwide sales campaign to promote Malaysia as a world-class shopping destination to domestic and international tourists.



**ELLA LIVE WITH  
THE MPO: A ROCK  
QUEEN'S JOURNEY**  
DEC 2 - 3  
DEWAN PHILHARMONIC  
PETRONAS

Ella, the legendary Malaysian rock icon will rock the Dewan Filharmonik PETRONAS in a special concert with the MPO celebrating her illustrious 30-year career. Ella is the region's first woman in rock and has earned the title "Queen of Rock" with her many successful multi-platinum records, and her songs ruled the radio stations since the 1980's. This event marks the first solo concert featuring a local rock artiste with the MPO at the prestigious hall presented in full symphonic splendour. Experience musical frisson as Ella rocks you down memory lane with her biggest and most memorable hits you have grown to love.

Tickets: RM150 - RM380



**SERENE YOON:  
IMMORTAL  
EVERGREEN**  
DEC 7  
STAGE 1, PERFORMING  
ARTS CENTRE OF PENANG  
(PENANGPAC)

Penang's renowned soprano Serene Yoon will be presenting some famous art Songs and Chinese Classics in her latest concert: Immortal Evergreen alongside famous local chief conductor Datuk Woon on the violin leading the chamber orchestra, local pianist Valentino Loh, and harmonica musician Owen Ho.

Tickets: RM50 - RM90





GALLERY WEEKEND  
KUALA LUMPUR

DEC 8 - 10  
GREATER KUALA LUMPUR

Gallery Weekend Kuala Lumpur is a novel, annual 3-day celebration of aesthetic and cultural diversity in Malaysia’s capital city. Having launched successfully last year, GWKL returns this December (8-10) bringing together galleries, institutions, restaurants and hotels across Greater Kuala Lumpur.

Coinciding with Malaysia’s 60th year of Independence, Gallery Weekend 2017 aspires to promote Malaysia’s dynamic cultural scene, whilst creating connections across the globe. This year’s edition welcomes a partnership with other international gallery weekends, including Brussels and Barcelona.

GWKL offers a unique inter-disciplinary programme, which sees collaborations between textile museums, leading contemporary art galleries and restaurants.

Tel: +603-7932 4740



08-10

CLASSICS AT  
THE MOVIES

DEC 8 - 9  
DEWAN PHILHARMONIC  
PETRONAS

Conductor Naohisa Furusawa and the MPO join forces with the MPYO to bring us musical Hollywood highlights. Enjoy Finlandia, the triumphant closing music to Die Hard 2, followed by catchy music from Pirates of the Caribbean. James Horner’s evocative Oscar-winning Titanic theme song never fails to lift one’s spirits while Wagner’s Ride of the Valkyries accompanies a famous battle scene in Apocalypse Now. John Williams’ Superman March and music from Star Wars ensures that “The Force is with you!”

Tickets: RM60 - RM150



ELIXIR OF YOUTH

DEC 10  
DEWAN PHILHARMONIC  
PETRONAS

The MPYO and conductor Naohisa Furusawa celebrate youthful Malaysian musicians. Nineteen-year old Tengku Irfan is better known here as a formidable concert pianist but he conducts his new composition (an MPYO commission) in a world premiere performance as well as Barber’s Essay No. 2. Rising violinist, 13-year-old Low Zi Yang then performs Ravel’s virtuoso violin showpiece Tzigane and the concert concludes grandly with Dvořák’s most popular Ninth Symphony.

Tickets: RM60 - RM100

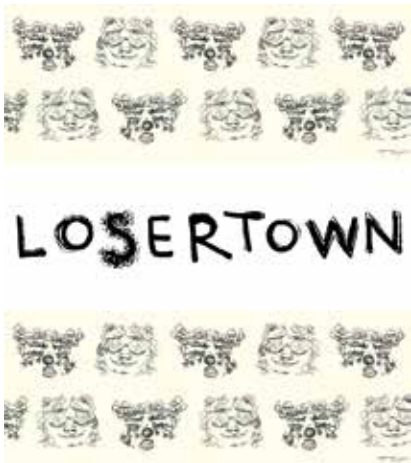


LOSERTOWN

DEC 7 - 17  
STUDIO 9, THE KUALA  
LUMPUR PERFORMING ARTS  
CENTRE (KLPA)

Losertown is a devised and original musical piece of theatre taking on the Hero(ine)’s Journey from The Call to Adventure to a tragi-comical stumble into the Belly of the Whale. Featuring award-winning (HK International Comedy Festival) and internationally touring (Edinburgh Fringe) stand-up comedian, performer, and musician, Hannan Azlan.

Tickets: RM38



PEKING MAN

DEC 14 - 17  
PENTAS 2, THE KUALA  
LUMPUR PERFORMING ARTS  
CENTRE (KLPA)

Presented by The Actors Studio Seni Teater Rakyat & MUKA Space in conjunction with the 110th anniversary of the birth of Chinese drama. From the director of the multi-award winning The Dawns Here Are Quiet & Richard III, comes yet another ground-breaking production. “Peking Man” was considered the most satisfying work from Cao Yu. Written in 1940, it was also his final work, devoid of his signature Anton Chekhov-inspired psychological realism.

Tickets: RM88



EXPO NEGARAKU

NOV 15 - DEC 15  
DATARAN MERDEKA

Expo Negaraku is to showcase the nation’s development success stories especially the infrastructure that was built by the Malaysian Government from 2009 up to the present day - and to help Malaysians visualise the planned projects in the future, for a better quality of life for all citizens.

Dataran Merdeka has been chosen as Expo location due to its strategic location, access to public transport facilities such as MRT, LRT, KTMB and busses, to ease visitors to visit the Expo.

The Expo, which will be opened to the public from 10am to 10pm everyday will also have different themed events throughout the one-month period.



15-15



COMIC FIESTA 2017  
DEC 16 - 17  
KUALA LUMPUR  
CONVENTION CENTRE

This time around, Comic Fiesta is heading back to familiar territories, or in other words KLCC Convention Center, right smack dab in the middle of the city.

Tickets: RM30

LILLIAN TOO'S FENG SHUI EXTRAVAGANZA  
DEC 17  
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Tickets: RM72 - RM128

REFLECTIONS FROM MY HEART: SOLO EXHIBITION OF CHEUNG POOI YIP  
NOV 18 - DEC 10  
SOKA EXHIBITION HALL,  
GROUND FLOOR, WISMA KEBUDAYAAN SGM

Renowned Malaysian artist Cheung Pooi Yip presents 60 oil and acrylic artworks, all of which were created after the year 2000. Each reflects the world Cheung sees around him and the beauty of natural scenery, while telling a unique story with great depth. He deftly combined painting techniques, bringing together delicate Chinese strokes with the vibrant hues of Western paintings.

MUSICSYNTHESIS FESTIVAL  
DEC 20 - 21

The trend of music consumption in Malaysia seems to be leaning towards international music, leaving our local music at a head-scratching position whereby we struggle to clamour at our local youth's attention.

This music festival aspires to bring forth local music to fellow Malaysians, showcasing original material from various singers-songwriters that are different in genre, background and identity.

Tickets: RM80 - RM120

FAMILY CHRISTMAS CONCERT  
DEC 22 - 23  
PERFORMING ARTS CENTRE  
OF PENANG (PENANGPAC)

Penangpac's annual Family Christmas Concert returns!

Tickets: RM40

CHRISTMAS  
DEC 25

The Christmas spirit is made merrier with Malaysia's tropical weather and friendly people. Visitors will be spoilt for choice as there are many restaurants, bistros, shopping malls and hotels that offer great promotions planned specially for the occasion. Join in the celebration and have a sunny Christmas in Malaysia!

Nationwide

COMIC FIESTA 2017

16-17 December 2017

Kuala Lumpur Convention Centre

2017comicfiesta.org

PACKAGE	NORMAL TICKETS	EARLY BIRD TICKETS	MAGIC CUBE
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PRICE	RM100 each day RM160 for both days	RM80 for tickets to both days	RM120 per set
ENTRY TIME	10:00am	9:30am	9:30am
QUEUE TIME	Normal queue	Priority queue	Priority queue
HOW TO BUY	Walk in ticket counter on event days	Online pre-order, retail partners** and on-site event appearances**	Retail partners** and on-site event appearances**
AVAILABILITY	15,000 sets	5,000 sets	500 sets

\* Subject to change without notice

For more information visit [ticketing.comicfiesta.org](http://ticketing.comicfiesta.org)

16-17

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penangpac's annual Christmas concert returns!

Family Christmas 2017 Concert

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Special Musical Feature: Soka Mahkam CAM

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★★★★★  
DECEMBER

MOVIES



**I, DANIEL BLAKE**  
DEC 7

Daniel Blake, 59, is a carpenter who lives according to his own common sense moral code. After recovering from a heart attack, he requires state welfare but the system fails him. Daniel decides to fight for his dignity by leading a one-man crusade for compassion, where he is joined by single mother Katie and her two young children, Daisy and Dylan.

Genre: Drama  
Cast: Dave Johns, Hayley Squires, Dylan McKiernan, Briana Shann.

**FERDINAND**  
DEC 14

Ferdinand is a little bull that prefers to sit under a tree smelling flowers rather than butting heads with other bulls. He still remains mellow as he develops into a big and strong bull, but one day he gets mistakenly chosen for the bullfights in Madrid.

Genre: Family  
Cast: John Cena, Kate McKinnon, Gina Rodriguez, Daveed Diggs, Gabriel Iglesias.



**JUMANJI: WELCOME TO THE JUNGLE**  
DEC 21

Four teenagers who couldn't be more different from each other get sucked into a video game called Jumanji while cleaning up their school's store room during detention. In the world of Jumanji, they take after the whacky avatars of the characters they have chosen and try to overcome their differences to make it out of the crazy wilderness in one piece.

Genre: Adventure / Family / Fantasy  
Cast: Dwayne Johnson, Kevin Hart, Jack Black, Karen Gillan, Nick Jonas, Alex Wolff, Rhys Darby, Bobby Cannavale, Robin Williams.



**ALL THE MONEY IN THE WORLD**  
DEC 7

Following the kidnapping of her 16-year-old son John Paul Getty III, devoted mother Gail turns to her wealthy oil tycoon father for money to pay the ransom. When the latter refuses, Gail is forced to team up with his father's business manager and former CIA operative Fletcher Chase to again convince Getty Sr. to change his mind and rescue his young grandson.

Genre: Crime / Mystery / Thriller  
Cast: Michelle Williams, Kevin Spacey, Mark Wahlberg, Charlie Plummer.



**SLUMBER**  
DEC 7

Alice is a rational-minded sleep doctor but has always been haunted by the mysterious death of her younger brother. While making an examination on a family with sleeping problems, Alice is attacked by the father in his sleep. Deemed as the cause of his family's sleep issues, the father is arrested and thrown into prison. However, the problem only gets worse for the family, and Alice must now abandon her scientific teaching, accepting that the family is being terrorised by the Night Hag, a parasitic demon that feeds on its victims while they sleep. To fight against the evil spirit, Alice must go deep inside her nightmare and confront her own childhood demons.

Genre: Horror  
Cast: Maggie Q, Will Kemp, Sylvester McCoy, William Hope.

**STAR WARS: THE LAST JEDI**  
DEC 14

The movie is the 8th instalment in the "Star Wars" franchise that serves as the follow-up to 2015's "Star Wars: The Force Awakens".

Genre: Action / Adventure / Fantasy  
Cast: Mark Hamill, Daisy Ridley, Oscar Isaac, John Boyega, Carrie Fisher, Adam Driver.



LAST CALL  
PITCHES



**PITCH PERFECT 3**  
DEC 28

The third film in the "Pitch Perfect" franchise that follows a team entering singing competitions, starring Anna Kendrick, Rebel Wilson and Brittany Snow in recurring roles.

Genre: Comedy  
Cast: Anna Kendrick, Rebel Wilson, Hailee Steinfeld, Brittany Snow, Elizabeth Banks.

**BATTLE OF THE SEXES**  
DEC 28

One of the most watched televised sports events of all time, the 1973 tennis match witnesses the clash between top ranking female tennis player Billie Jean King and former men's champion Bobby Riggs. While both are rivals in the public eye, off-court each is dealing with a more personal struggle with King having a hard time coming to terms with her sexuality and Riggs having to deal with his gambling addiction.

Genre: Biography / Comedy / Sports  
Cast: Emma Stone, Steve Carell, Sarah Silverman, Bill Pullman, Alan Cumming, Elisabeth Shue, Austin Stowell.



THE  
GREATEST  
SHOWMAN



**THE GREATEST SHOWMAN**  
DEC 28

The musical is based on the true story of P.T. Barnum, back when he founded the three-ring circus, Ringling Bros. and Barnum & Bailey Circus, which eventually made him a famous showman. The movie also focuses on his obsession with the so-called Swedish nightingale, singer Jenny Lind.

Genre: Drama / Musical  
Cast: Hugh Jackman, Zac Efron, Rebecca Ferguson, Michelle Williams.

PRODUCTION

DIRECTOR

SCENE

TAKE

TICKET





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# DANIEL FONG

## Steering towards stardom

BY HIRANMAYI AWLI MOHANAN

*A musician turned actor, Daniel Fong's innate talent for the show business is blossoming. You probably recognise his clean-cut, dapper appearance from TV commercials or his toned physique from men's physique competitions. This talented economics graduate is paving his way to become one of Malaysia's stars yet remains down to earth and his charm is evident in the following interview.*



**TELL US ABOUT YOURSELF.**

I am 24 years of age. I was born and raised in Kuala Lumpur. I am an actor, singer and also a fitness lover. I was exposed to the entertainment industry when I was 19 after I was introduced by a friend to try out commercial shoots and that's when my journey started. After appearing in a few commercials, I was introduced to a local media company and I landed a role in a local TV sitcom as one of the lead roles. I was still pursuing my studies in economics at that time and hence, was juggling acting and studies at the same time. Not long after, I pursued my studies in Australia for a couple of years. I came back in 2016, thinking I would join an accounting firm or pursue something related to economics. I was scouted while attending a commercial casting and then was given the opportunity to go over to Beijing for a shoot. After coming back from Beijing, I tried to release my first ever music single but was unsuccessful. In 2017, I focused more on fitness and have competed in a men physique competition and also acting. I recently shot a local Chinese web drama as one of the leading roles.

I started playing the guitar at the age of 13 and specialised in bass at 16. I was involved in various band competitions during my high school days as the bassist for my band and started singing only at the age of 22. I have listened to various genres of music since young such as jazz, rock, ballads and many more, but I love jazz the most as it speaks to my soul. I fell deeply in love with music as a teenager. Music is my sanctuary, a way to escape from reality.

**YOU HAVE APPEARED IN MANY TV COMMERCIALS FOR BIG BRANDS. HOW DID IT FEEL BEING ON TV?**

My first go at TV commercials for big brands was initially a learning curve and slightly awkward. But that weird feeling went away eventually. I would say that what helped me overcome my nervousness was simply more exposure and experience. It also helped that I got to meet so many kinds of people in my line of work. Now, it is like second nature to me and I feel proud of myself.

**WE HEAR THAT YOU'RE WELL-VERSED IN MANY MUSICAL INSTRUMENTS. WHAT INSTRUMENT DO YOU FIND YOU PLAY THE MOST AND WHY?**

You know the saying "Jack of all trades but master of non". It works that way for me too. I wouldn't say I am well-versed in many instruments because well-versed would mean mastering the instruments. I feel comfortable playing the guitar most.

**TELL US ABOUT YOUR EXPERIENCE BEING COACHED BY TWO EXPERIENCED MUSIC PRODUCERS, PENG XUE BIN AND CHRIS SEAH.**

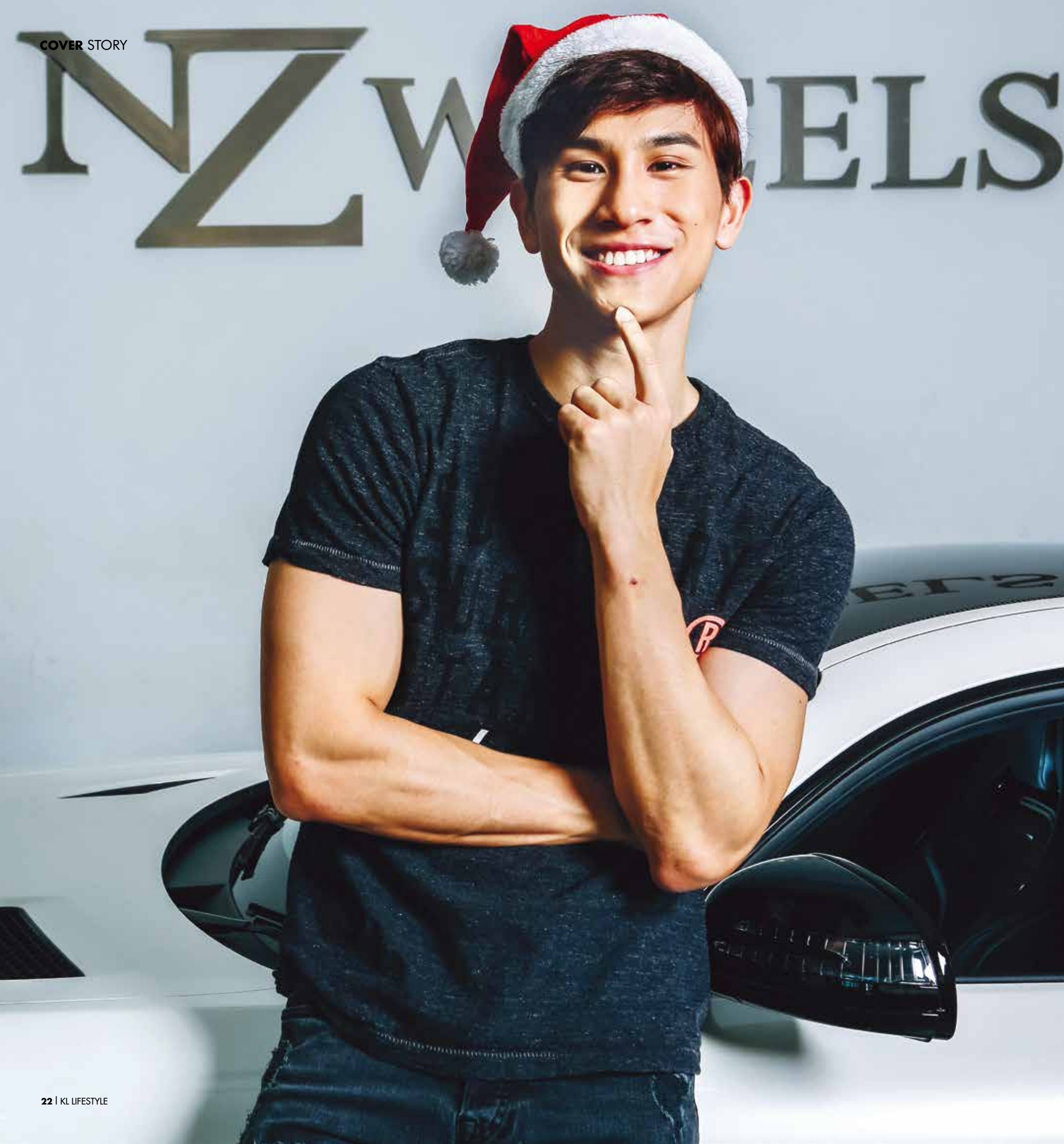
It was an incredible experience working with them. I admire both Peng Xue Bin and Chris Seah for their passion for music. It is so inspiring. The knowledge about music that they taught me is invaluable. It was a great learning curve for me, especially in terms of understanding the mechanics of recording and producing a song. If this experience taught me anything, it is that a single song takes hours, days and maybe even months to prepare. It is necessary to always push my boundaries physically and mentally. That is, just for one song.

**ANY UPCOMING PROJECTS YOU'RE WORKING ON?**

I recently wrapped up shooting a web drama entitled, "May I Love You" that will be available soon. I have also been involved in various commercials shoots for brands I can't talk about yet. In addition, there are a few movies and drama projects in the works but we're still at the discussion and planning stage.





**WHO IS YOUR FAVOURITE MUSICIAN?**

As I mentioned earlier, Jazz speaks to my soul so I definitely look up to John Mayer. Though I also enjoy the contemporary sounds by Jay Chou and Wang Lee Hom. I love their voices and their showmanship.

**IF YOU COULD COLLABORATE WITH ANYONE, WHO WOULD IT BE?**

If my wildest dream could come true, it would be an experience of a lifetime to share a stage or even a moment with either John Mayer, Jay Chou or Wang Lee Hom or them all. A guy can only dream, right?

**IF YOU AREN'T A MUSICIAN, WHAT CAREER PATH WOULD YOU HAVE CHOSEN?**

At this point in time, I choose to be an actor. I feel vested in this underrated art form. If you think about it, it is a form of storytelling. Drama lies in the extreme exaggeration of the feelings, an exaggeration that dislocates flat, everyday reality. It is basically losing yourself to a character. It is a great outlet.

**WHAT ADVICE WOULD YOU GIVE TO ASPIRING MUSICIANS OUT THERE?**

Chase your dreams and never give up. The ones that are successful are those who persevere through hardship and stay true to their dreams and goals.

**YOU HAVE A STRONG PHYSIQUE. IS BODYBUILDING SOMETHING YOU'RE PASSIONATE ABOUT?**

I actually started hitting the gym when I was 13 along with my dad. My dad is like those rare middle-aged men you read about with rock-solid washboard abs at that time. He is my inspiration in many aspects and fitness is one of them. Back then, I was a short and fat kid who girls wouldn't even look twice at. I must say, I am really proud of my physical transformation from back in the day. I work out four to five times a week, focusing on different muscle groups, but I never spend more than an hour in the gym as I believe too much is never good. I thank my dad for my fervour in bodybuilding. I would say that fitness has certainly changed my lifestyle and physique.

**WHAT IS YOUR BIGGEST GOAL IN LIFE?**

I think given my past experiences, especially being in the music industry, I would say that what got me through the challenges were words of encouragement from my mentors and peers. On that note, my biggest goal in life is to share the same encouragement and for people to bear in mind that they might get scarred during those difficult times but there is always a light at the end of the tunnel and they will eventually come out victorious.

**WHAT ARE YOUR PLANS FOR CHRISTMAS THIS YEAR?**

The Christmas spirit is essentially about love. So I would want to bask in love and spread the Yuletide cheer with my family and friends.

**DO YOU HAVE ANY TRADITIONS DURING CHRISTMAS?**

I don't have a tradition in particular, but, I make it a point to visit my friends every year at their homes.

**WHAT DO YOU LOVE MOST ABOUT CHRISTMAS?**

I think the best thing about Christmas is that spirit of togetherness and just enjoying the company of the people I hold dearest to me. It also helps that the festive season often offers a spread of amazing food to indulge in.

**WHAT MORE CAN WE EXPECT FROM DANIEL FONG?**

As I mentioned earlier, the career path I am treading on is an acting one and I plan to see this through. Thus, I am working towards expanding my repertoire. It is my mission to attain roles in major film productions, both locally and internationally, in the years to come. You can definitely expect more from me. The sky is the limit.

**FINALLY, WHAT INSPIRES YOU IN LIFE?**

Seeing people who go through the mud and still rise above their circumstances. People who relentlessly chase after their dreams with fiery passion have a special place in my heart.





# BEAST OF GREEN HELL, THE NEW MERCEDES-AMT GT R

The Mercedes-AMG GT R spearheads the AMG GT family with 585 hp and 700 Nm from its twin-turbo V8 engine, conquering 0-100km/h in 3.6 seconds on to a top speed of 318km/h. Its power is transferred to the rear wheels via an AMG speedshift DCT 7-speed dual clutch transmission. Under the skin, an extensively modified suspension, improved aerodynamics and intelligent lightweight construction translate into an exceptionally dynamic driving experience. Having spent most of its development time on the Nordschleife of the Nürburgring

racetrack, the exceptional lap time of 7:10.92 in the Green Hell comes as no surprise. A prominent fixed wing accentuates the racing DNA of the AMG GT R while a new AMG Pan-Americana direct from the AMG GT 3 customer racing car grille dominates the front fascia. From the world's most demanding racetrack directly onto the road, never before has Mercedes-AMG packed so much motorsport technology into a production car than into the new AMG GT R.

"The Mercedes-AMG GT R is a street-legal race car which spearheads the AMG GT family, featuring many desirable characteristics of the GT3. It has exceptional driving dynamics and boasts benchmark performance statistics including a 0-100km/h acceleration of 3.6 seconds and a top speed of 318km/h. This beast is without a doubt a true testimony to AMG's racing DNA, the driving performance brand of Mercedes-Benz," said Mark Raine, Vice President, Sales & Marketing Passenger Cars, Mercedes-Benz Malaysia.



Datuk Samson Anand George with guests



Datuk Samson Anand George with Mark Raine and guest



Datuk Samson Anand George with Mark Raine, Vice President, Sales & Marketing Passenger Cars, Mercedes-Benz Malaysia.



Guests checking out The Beast at the launch party

## CLOSE COLLABORATION BETWEEN DESIGN AND AERODYNAMICS EXPERTS

Aerodynamics engineers and designers worked together more intensively than ever during the development of the new AMG GT R. Form follows function, and function supports form: All elements have an inherent technical benefit and contribute to the enhanced driving dynamics, while the aerodynamics experts have made the designers' wishes a reality. This networking even resulted in an innovation that now has a patent pending. Apart from the powerfully sculpted body and the motorsport components, the new AMG Pan-Americana grille is a real eye-catcher. This unique feature also comes from the world of motorsport and

is celebrating its standard-production première in the AMG GT R: Its 15 chrome-plated vertical fins cite the look of the new AMG GT3 racing car. The basic form of the new radiator grille goes back to the Mercedes Benz 300 SL racing car that won the legendary Pan-Americana road race in Mexico in 1952.

## POWERFUL AND LONG: THE SIDE VIEW

The side view additionally benefits from the new AMG 10-spoke forged wheels in titanium grey, sized at 10.0 J x 19 ET56 at the front and 12.0 J x 20 ET52 at the rear. The lightweight design of the wheels has three advantages: it reduces the overall weight, the rotatory mass and the unsprung masses.

The wheels afford a clear view of the brake callipers, which are painted in yellow exclusively for the AMG GT R. New side sill panels make the vehicle look even lower stance on the road, while inserts in high-gloss black set an individual tone. The same applies to the high-gloss black caps on the housings of the door mirrors.

## READY TO RACE: THE INTERIOR DESIGN

To give the driver of the new AMG GT R ideal conditions in which to drive, the interior is also strongly inspired by motorsport. The AMG Performance seats come as standard while the extremely light, manually adjustable AMG sports bucket seats upholstered in nappa leather and Dinamica microfibre are available as an exclusive, track-focused option.





## Unconventional Ways to Celebrate the Festive Season

### Time to Spice Things Up

BY HIRANMAYII AWLI MOHANAN

December is the month where the festive season is afoot. Christmas jingles echo throughout shopping malls while stores would bust out every festive storefront decoration known to mankind. Basically, we are all Santa's willing accomplices for the next few weeks. But don't you worry, should you feel like spicing up your Christmas, there are still ways for you to spend your vacation days and have an awesome time. Following are unconventional suggestions for you to ponder upon.

#### Go on a family trip

If an all-out unconventional Christmas is something that is too drastic, pack your family up to London to experience winter (if you haven't already) and the merry-making there since our tropical weather can be a bore sometimes. This way, you get the best of both worlds; an unconventional yet traditional Christmas. From glittering Christmas lights and ice skating to traditional markets and Christmas shows, London is a Christmas wonderland you and your family could enjoy.



#### Give back

Since tis' the season to be jolly, how about spreading the joy to those who actually need it? This year, give back to the community by volunteering at the nearest soup kitchen or non-governmental organisation and spread the Yuletide cheer through the means of your company, food and presents!

#### Games

We love card games, and we've always loved board games and stuff like that as a kid, and we think it's that part of your brain that's engaged in con movies. It's like who is outsmarting whom? Board games are underrated. It is a great means to bring people together, spark ideas and laughter. Monopoly and Scrabble are our favourites. What's yours?



#### Hiking Mount KK

Embark on an adventure you will never forget this December. Whether you are celebrating Christmas or not, hiking is an adrenaline rush and an adventurous way to spend your Christmas. That and being able to boast to friends and practically everyone you meet that you hiked Mount Kinabalu, the highest mountain in Southeast Asia. We suggest this as an option to end the year at soaring heights and to tick off your bucket list.



#### Bake

Families who bake together stay together. This way, you can get some treats ready for the post-holiday season. Also, nothing is quite as nice as a freshly baked cookie, no matter what you're celebrating or not this season.

#### Read

The last option is by far our favourite, reading. If you have a book you wanted to catch up on, but you are constantly waiting for the right time, this is it. A whole day where you can curl up on bed or your favourite chair and read a nice long book you've been setting aside with a glass of your favourite wine on standby for occasional sips and the people will feel too guilty to bother you because it's Christmas. Yes, Christmas is a day for family but we're thinking about an unconventional mean to celebrate it. Reading, be it anti-social is perfect for those who wish to break free from the merriments.



# Top 3

## WALLET FRIENDLY DESTINATIONS

Satisfy your wanderlust for under RM1,500

BY JACQUELINE BENITA PAUL

There is always an insatiable appetite to satisfy when it comes to travel. However, travel does involve costs such as airfare, accommodation and some activities. Cultural notions have led most to believe that travelling is always expensive but in truth, you can travel on a budget and enjoy gorgeous sights.

The rule of thumb to travel cheap is planning and making the necessary bookings well in advance. This way, you can take advantage of the best hotel and flight prices and enjoy more holidays for less. You’ll also want to choose the right holiday destinations in Asia, so your ringgit goes further. Avoiding big cities is always a good guideline, but you can still visit popular holiday spots on a budget.

Here are some great places that will satisfy your wanderlust spirit without breaking the bank.

### Ho Chi Minh

**RETURN FLIGHT: RM350**  
**ACCOMMODATION IN HO CHI MINH: AROUND RM150–RM180 PER NIGHT.**

Ben Thanh Boutique Hotel is a quaint hotel which is just a short walk away from the Ben Thanh Market and the Museum of Fine Arts.

Food: RM200 (RM50 per day for food). Check out Restoran Hj Osman or Phoo Mee Vietnam for delicious food.

Activities: Visit War Remnants Museum, Water Puppet Theater, Ben Thanh market, Saigon Flower Market, Buu Long pagoda. (RM150–RM200 for taxi fares.)

Transportation: Up to RM20 per person from airport to hotel by taxi.

Tip: Beware of taxi touts! The Vinasun or Mai Linh taxis are a much safer option.

### Cebu

**RETURN FLIGHT: RM230**  
**ACCOMMODATION IN CEBU: AROUND RM150–RM180 PER NIGHT.**

As the name implies, the Southpole Central Hotel is located in Cebu City. The night market is just a few minutes’ walking distance.

Food: RM200 (RM50 per day for food). Be sure to venture to the night market to try out a variety of local delicacies such as duck embryo, red hotdog, glutinous rice and conch.

Activities: Whale shark watching, visit Tumulog Falls, Sumilon Island, Kawasan Falls and canyoneering

Transportation: The meter starts with RM8 then for every 1 km it will cost RM2.60.

Tip: Remember to have some extra pesos of 750 (approximately RM164) to pay supervising departure tax at the airport.

### Trincomalee, Sri Lanka

**RETURN FLIGHT: RM700**  
**ACCOMMODATION IN TRINCOMALEE: RM150–RM180 PER NIGHT**

Dyke Rest is located in the heart of town in Trincomalee. All access are in close proximity. The famous, historical Koneswaram temple is located in high rocks. Dyke rest is just on the private, calm and clean sea beach. The upper top floor wooden rooms and balcony provide great sea view. Guests can enjoy sunrise, sunset, traditional fishing and the beauty of the beach while enjoying their breakfast, tea and meals all day long.

Food: RM200 (RM50 per day for food). Be sure to take the opportunity to dine in Dyke Rest or in the little shops around the area.

Activities: Visit Koneswaran temple, fishing and swimming.

Transportation: Kangaroo Cab costs RS55 (RM 3.50) per 1 km and waiting time is RS100 (RM 6.37) per hour.

Tip: Do take up the taxi packages as these are more reasonably priced than changing taxis.

\*Please note that all the information provided by the writer is based on recent research on Skyscanner, Booking.Com and Google Currency converter in November 2017.





**STORE HOUR:**

**TUESDAY-SUNDAY (11:00 - 20:00)**

**MONDAY (DAY OFF)**

**NO.150, JALAN MAAROF, BANGSAR, 59200 KUALA LUMPUR | 03 2201 8993 | FB: FACEBOOK.COM/SPECIALIZED.KL**





# Megan Tan

## Soon To Be Mummy

BY HIRANMAYI AWLI MOHANAN

**Tell our readers something they do not know about you.**

I was born in Penang and I'm part Thai, which probably explains why I love my spicy food!

**What do you do for fun?**

I love travelling. Exploring new places is always fun! Oh, and I also love karaoke.

**How does being pregnant make you feel?**

It was a pleasant surprise in the beginning and I was slowly learning to embrace the idea of being a mother and all the bodily changes. At this point, I'm beyond amazed at what my body can do to make way for a baby. It's quite a miracle and I'm absolutely enjoying my pregnancy journey. I'm grateful that the baby has been good to me because I still feel pretty much like myself for the most part. And the best part is being able to feel the kicks.

**Describe your pregnancy in three words.**

Exciting. Enjoyable. Blessing.

**How do you stay in shape?**

I try to work out every other day. I alternate between a prenatal yoga and hitting the gym where I would do light weights and work on my upper and lower body strength. Other times, if I can't make it to the gym or yoga, I would just follow a fitness video designed for pregnancy.

**Has your fitness routine changed since your pregnancy?**

Definitely. I used to do cycling classes and HIIT sessions but ever since I got pregnant, I sort of had to put that aside because it was too intense for my body.

**What does your diet look like since being pregnant?**

To be honest, it hasn't really changed much but I'm more aware of eating enough fruits and vegetables. Of course, I have to make sure the food I consume are well cooked. Thankfully, I didn't have any food aversions. Whatever I used to like to eat, I still do now that I'm pregnant and that includes spicy food!

**Three local dishes you can't live without are... and why?**

Nasi lemak, char kuey teow and banana leaf rice. I think it's pretty obvious that they're all very flavourful staples. I love my spices! Whenever I travel for more than a week, I would miss having these and they would be the first thing I'd want to eat upon coming home. I think being a girl from Penang, I pretty much grew up with hawkker food and curry has always been a staple in my household.

**Favourite places to dine in Klang Valley?**

Yong Len for Hokkien mee (or better known as prawn mee in KL), Wan Shoon coffee shop in Damansara Kim for char koay teow, Fat Spoon in Damansara Uptown,

Marmalade Bangsar Village, Ming Room in BSC, Yap Kee in Klang for banana leaf rice and Jao Tim, KL for coffee and pastries.

**What do you crave for at the moment?**

I've been wanting to drink a lot of milk tea lately. LOL

**Any peculiar cravings so far?**

Not really. But I've had my midnight cravings for nasi lemak and pan mee.

**What excites you about motherhood?**

Delivering a healthy baby into this world. For now, I think that's the only thing I can focus on. I'm very excited to meet my baby and I pray and hope that I'll do it right by him.

**Are your senses heightened or lessened during your pregnancy?**

Definitely heightened when it comes to smells and emotions.

**Any upcoming projects you're working on?**

At the moment, I'm taking a break from hosting and working on my lifestyle site called megsmesh.com, which I co-founded with my sister, Lyn. We're hoping to expand it in the coming year. So do keep a lookout for it.

**Finally, what/whom inspires you?**

Aside from my family who are my constant inspiration, I'm always inspired by stories of people who have paved their way to success and strong women like Giuliana Rancic, Gwyneth Paltrow and Jessica Alba, just to name a few.



Penang-born Megan Tan is a public figure, a TV Host, emcee and actress. You might have seen her on Malaysian TV's 8TV Quickie, where she hosted for five years as well as the travel show Go Travel on Astro's Go ASEAN channel. She also has a lifestyle site she co-founded with her sister, Lyn called Megsmesh which is in the works to be expanded soon. KL Lifestyle magazine chats with the soon-to-be mother about her cravings, her favourite food and being pregnant. Read on for details.



Char Kuey Teow



Banana Leaf Rice





Ayam Buah Keluak, Ikan Api Api,  
Nyonya Curry Prawn and Coconut Rice



Ju Hu Char



Pai Tee

# Precious Old China

## Restaurant & Bar Pork-free

The Epicentre of Peranakan Antiquities, Culture and Food

BY HIRANMAYII AWLI MOHANAN

Sited in the heart of Kuala Lumpur and tucked under the roof of historic Central Market is a restaurant that offers Peranakan food and culture. Walking into Precious Old China is like entering a different era where time just stood still. You will find 90 year-old antiquities strategically placed throughout the space along with petite chandeliers, teak wood furniture and old Chinese numbers lullabying in the distance. The restaurant is named Precious Old China due to the antiques, heirloom objects and furniture that are unattainable these days. The private dining area is divided by beautiful antique partitions from the days of yore and it opens up to a long family table or big, round marble tables to feast together.

Lot 2, Mezzanine Floor,  
Central Market, Jalan Hang Kasturi,  
50050 Kuala Lumpur

### Pai Tee

Pie Tee, loosely translated to top hat, is a thin and crispy pastry tart shell 'kuih'. It is a popular Peranakan appetizer shaped after the hat worn by men in late 18th century. This establishment serves the garnishes on comprising homemade chilli sauce, omelette and coriander leaves, served on three separate saucers. The chilli fused seamlessly with the minced chicken, sweet turnip and carrot, bringing out flavours that teased our taste buds.

### Ju Hu Char

The Ju Hu Char looked somewhat similar to the Pai Tee. It was served alongside a garden of lettuce, and belacan. The ingredients of the Ju Hu Char are almost identical to the Pie Tee but with the addition of mushrooms and cuttlefish. This dish hails from the northern region of the peninsula where the fare is spicier and more sourish compared to the nether

regions of the peninsula. Here's a tip to eat the Ju Hu Char. Firstly, grab a lettuce and spread a generous layer of vegetables provided. Then top it off with sambal belacan and fold the lettuce to a pouch. Lastly, you let that tantalising pouch work its magic on your taste buds.

### Ayam Buah Keluak

At first glance, it appears like any other chicken dish. But this dish is more intricate than it leads on. The Buah Keluak is a type of fruit, hailing from Indonesia. This dish is as distinct as the Peranakan culture. The Buah Keluak is boiled for three days to dispel all the impurities from the fruit. It is often paired with chicken, in a thick, rich gravy. A sliver of a hole is cut out from the fruit to aid in fishing out the 'meat'. The meat is to be eaten with rice, chicken and the gravy. The result is palatable and unforgettable. However, we have to warn you that this particular dish is an acquired taste.

### Nyonya Curry Prawn

The Nyonya Curry Prawn came in a mammoth of a bowl large enough to feed a family of four. As soon as it arrived at our table, the aroma of the curry tingled our noses while our mouths awaited with anticipation. You can find big, mighty prawns cooked in an in-house specialty curry paste, belacan, coconut milk and pandan leaves. Just when we thought we couldn't be blown away anymore, we were proved wrong when we paired it with coconut rice. It fused fantastically and the taste was simply elevating, leaving us wanting for more.

### Ikan Api Api

The Ikan Api Api was by far one of our favourites. Its winning factors were its crunchiness and the occasional bursts of spiciness from the spices, and sweetness from the gula Melaka. Unlike the norm of fish preparation, this stood out to us and we loved this fish dish so much that we left it spotless and we believe you will too.





Arozz Con Leche

# SYMPHONY by Chef Jo

*A Culinary Orchestra*

BY JACQUELINE BENITA PAUL



Tiger Prawn Tempura Pasta



Dirty Laundry



Nitro Coffee

For Kuala Lumpur's fashionably attired food-lovers, DC Mall makes for the perfect stomping ground. Awash with trendy eateries, quaint cafés and a cosy cocktail bar, it's the foodie's weekend hangout of choice.

Strikingly cool, this new eclectic cuisine restaurant fits the DC Mall mould perfectly. At the helm is the president of Malay Culinary Society of Malaysia, chef Johari Edrus (affectionally known as Chef Jo) who offers up a wonderful collection of cuisines from across the globe. On offer is a menu with unique and innovative dishes to pick at and share.

My dinner companion was late so I took the opportunity to scope out the surroundings. I was immediately curious about the stacks of wine bottles, gracefully arranged in racks hanging from the walls. Wine in halal restaurant? As it turned out, Inah is a premium grape juice product that is 100% undiluted and unfermented. We found our Inah Cabernet Sauvignon to be surprisingly profound in flavour and it complimented the dishes we had that night. Symphony boasts a bustling naked kitchen that affords a full frontal view into the chefs preparing each perfect plate. The seating is casual yet elegant, the space is so vast that there are four uniquely themed seating areas and the walls adorned with bottles of Inah gives a certain European feel.

My friends arrived at last with tales of late and lost Uber drivers. To get things off to a flying start, we had the Lemongrass and Kaffir Lime Tisane which is a seafood broth-based tisane served with crispy cod fish, scallop drops and its trimmings. The presentation was fascinating as the broth was served in a French press. We enjoyed being involved with our food and it was more than just the presentation and flavour that got us excited, it was the experience.

Our waiter patiently explained how to best prepare and enjoy each dish. Next, we dived into another signature starter known as Dirty Laundry which featured deep-fried herbal marinated lamb ribs (some in a bowl and some clipped on as if drying out laundry) served with housemade cucumber raita, curry yogurt, tartar sauce and mint jam (reminds you of the buckets of water and clothes when doing your laundry). Though we were afraid that given the portion, we would have no more room for the main dishes, but it was absolutely moreish, and we cleaned out the plate.

The menu crescendos into larger dishes such as Spicy Chocolate Seafood Pasta made from your choice of pasta tossed with creamy milk chocolate, assorted fresh seafood and Korean Gochujang paste. This signature dish created by Chef Jo can go either way, you could love it or hate it. Personally, I loved it because the taste was completely different from what the look of the dish implied. The flavour from the Korean Gochujang paste balanced perfectly with the chocolate texture. It also goes perfectly with the Passion Cinnamon Kaffir Tea. To my surprise, I found out that one of my friends is allergic to chocolate, so she had the Tiger Prawn Tempura Pasta which is a creamy and comforting dish featuring pasta tossed with bird's eye chillies, curry leaves, fresh palm cream and served with tiger prawn tempura. This too vanished within minutes of it landing on the table. While waiting for the Lamb Kofta Pitzaal, we enjoyed

Symphony's house blend Nitro Coffee (cold brew coffee infused with nitrogren) that came with cotton candy. We could foresee many foodies coming here for this given that the presentation is very Instagrammable. But as a coffee lover, I was more appreciative of the smooth, creamy texture and natural sweetness of the drink.

With little room in our stomachs, the Lamb Kofta Pitzaal arrived. For me, this was the best plate of the evening and I despaired at being so full. The lamb fell apart in its rich and warming sauce, while the Egyptian hummus base and generous dose of mozzarella cheese delivered the savoury notes abundant in Middle Eastern cuisine.

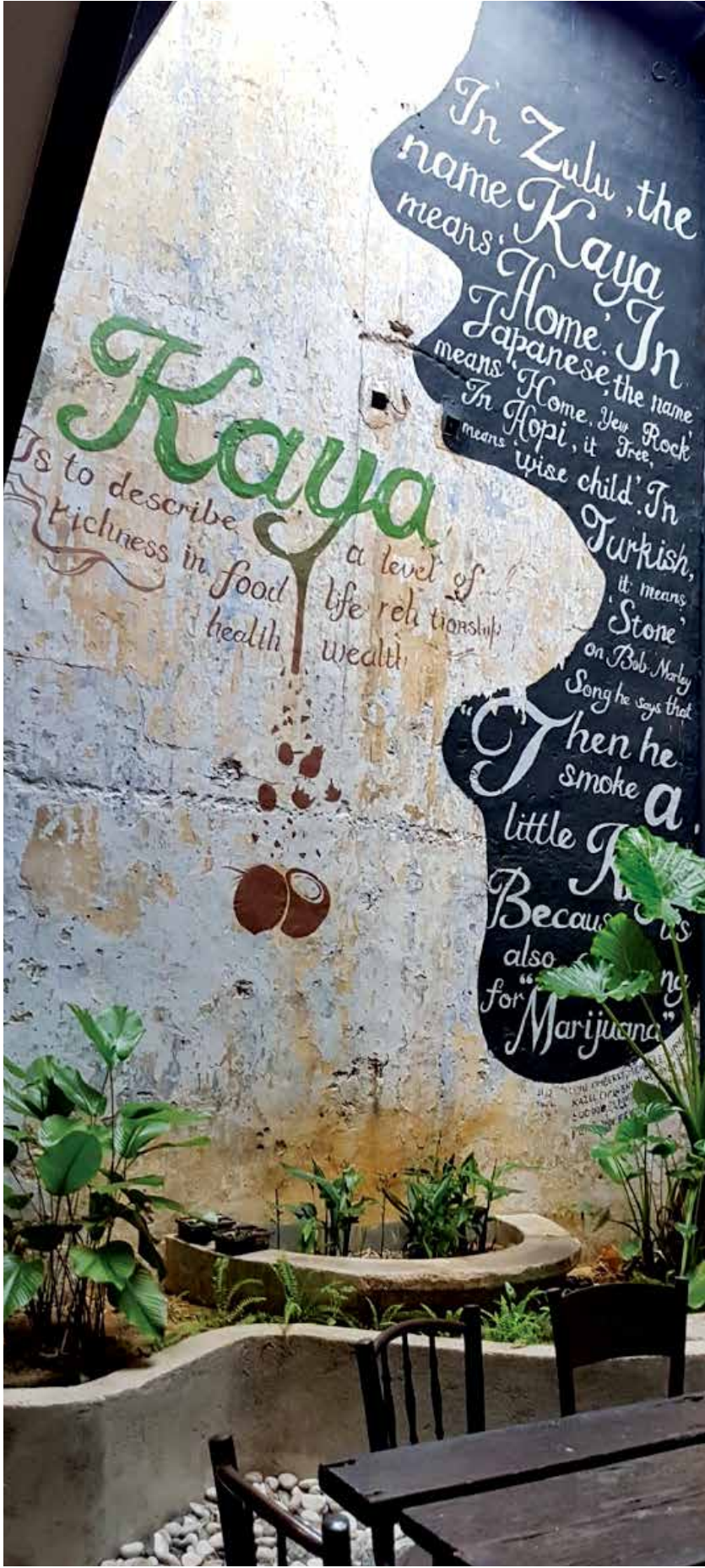
We just couldn't leave without trying out their dessert, Arozz Con Leche. Who could ever turn down a house made Musang King gelato with creamy rice pudding? Not us.

Symphony by Chef Jo has set a whole new benchmark for the KL dining scene. The eclectic cuisine concept is exciting and comes through in a sweeping menu that strives to offer something for everyone. A visit to Chef Jo's is set to be a memorable one - from the restaurant that is brimming with personality and charm (not many places would offer a cold or hot towel and popcorn before you place an order) to just genuinely good food that makes you vow to be back again with roaring appetites.

Plan your year end dinner with Festive Season at Symphony, a holiday special dinner only menu that is available from 24 Dec to 31 Dec 2017. Indulge in duck liver pate, turkey roulade, yorkshire pudding, roasted lamb leg, creme brule and gelato or Christmas pudding with cinnamon creme Anglaise and other season's delights! (Priced at RM128 per person)

Jalan Damansara, Damansara City Mall, Lot L1-19 to L1-21, 50490 Kuala Lumpur.  
Tel: 03-2011 7173





# Kaya Kaya Café

RICH IN FLAVOUR  
AND HISTORY

BY HIRANMAYII AWLI MOHANAN

32 Jalan Tukang Besi, 75200 Malacca.  
Tel: +60 6-281 4089

**K**aya kaya Café is a contemporary hipster café situated close to the ever-bustling Jonker Street. We were immensely drawn to this establishment for its originality, antiquity and a certain bohemian charm it emanated. Offering a respite from the whirlwind on Jonker Street, guests can immerse themselves in Kaya Kaya's serenity and grub before revisiting the storm.

Run by a husband-wife team and a chef as a partner, this establishment embraces its deeply-rooted history, hence restoring to its original, glorious Dutch structure. This café will transport you to a time before the Internet with its faded red-brick walls, original artefacts retained from the past, dark wooden furniture and exposed bulbs. Black-and-white photographs adorn its walls, adding to the classic vibe of the café. Fashionably attired tourists and locals can strut their way to the stomping ground of Kaya Kaya where every nook and cranny calls for an outfit-of-the-day (OOTD) shot. The Name Kaya Kaya was essentially chosen because it evokes nostalgia, especially one of a grandmother making homemade kaya from scratch. Kaya is also defined as rich or prosperous in Malay and its namesake is used to illustrate the food and history this establishment renders.



Signature Sunshine on the foreground and Sambal Prawn Spaghitti on the background

## Signature Sunshine

Kaya Kaya's signature brunch meal, aptly named Sunshine almost makes you giddy with happiness at first bite. It could be the perfect consistency of the scrambled eggs or perhaps the savoury imported smoked salmon. Maybe, it is the combination of these two elements on thick charcoal toast and a salad. It does not shame us to say that we devoured that meal like it rightfully deserved.

## Sambal Prawn Spaghetti

This dish is evidence of the fusion between local and western culture as is exhibited in Melaka. To be honest, at first sight, we were rather apprehensive about a sambal spaghetti because one doesn't usually pair the two elements together. However, to our delight, we were proved oh-so-wrong. We appreciated the Asian twist where hints of spiciness came to play while the juicy prawns added to the mix. Without us realising, the plate was soon spotless.

## Ying Yong Toast

Kaya Kaya's Ying Yong toast is almost similar to the ones we would order at a Chinese coffee shop. However, what makes it distinct is the classic homemade Kaya from duck eggs and gula Melaka as well as its butter that's served on the side.

## Melaka 'Elvis'

Happiness for us comes on a plate stacked with pancakes. Behold, it's not an ordinary pancake, it is art. Stacked between the pancakes are slices of banana and divine homemade kaya. This dish is crowned by decadent cream, almonds and chocolate sauce. Brunch lovers will find this a comforting meal to jump-start the morning or afternoon.

## ESP

The ESP essentially stands for eggs, sausages and potatoes. This sumptuous garden of goodness is enveloped by Lonnais potatoes, salad leaves, German sausages and an island of two half-boiled eggs. When mixed together and consumed, you would realise that your life has lacked lustre without the ESP.

## Baba's Coffee

The Baba's coffee is a beverage we highly recommend you try while at Kaya Kaya. As appealing it is on the eye, so it is on the palate. Presented in three layers of colours, it looks almost like a unicorn milkshake. The first layer, also forming the base of the drink is a shot of coffee mixed with gula Melaka. The second layer is milk because no coffee is complete without milk. The final layer is a special one, rich in butterfly pea flower (commonly known as bunga telang) which gives this libation that extra oomph factor.





# COMMON MAN COFFEE ROASTERS

All-day brunch to  
excite and delight

BY JACQUELINE BENITA PAUL

Walking into one of the newest additions to the Taman Tun Dr Ismail food scene, Common Man's Coffee Roasters (CMCR), is like going into a less ostentatious version of Hard Rock Café. But make no mistake, the interior is impressive, with the clever use of atmospheric and natural lighting amid a rustic, modern setting. The space is absolutely ideal for whatever kind of dining experience you might have had in mind. The large bar in the middle of the room is a haven for coffee lovers who just want to sit at the bar and enjoy their freshly brewed cup while engaging in conversation with the barista.

It was a sight I thought was only a privileged scene for those who have been to cafes in Europe or Australia but it was nice to see that CMCR offers its patrons a similar experience. Hence, CMCR's coffee menu would make any coffee lover swoon. Apparently, CMCR practises the farm-to-cup concept by getting its coffee beans from a supplier known as Five Senses, which also supplies the coffee machines and merchandise that you can see upon entry. The beans arrive from various parts of the world and are still green by the time these arrive in Singapore to be roasted and delivered weekly to CMCR.

Having been here before in my own time, I can vouch that the coffees here are among the best. Coffee isn't just a drink here, it's an education. The menu comes with detailed descriptions of the tasting notes from the filter coffee and the uncommon coffee. During our visit, we tried out the Muthigi-ini Rwama from Kenya. To be able to taste the distinct flavours of pomegranate and red grape with a sugary delicate sweet-tone finish was exciting and educational. I would love to host weekly coffee lovers' meetings here.

The brunch menu at CMCR offers a modern twist to classic brunch dishes. Take, for example, the eggs benedict. Usually, you'd find the poached eggs on top of an avocado spread and sourdough. Here, the Organic Eggs Benedict has two poached eggs on top of a tender and succulently braised ox cheeks with honey rye or multigrain bread. My mouth waters from the memory of the juicy ox cheeks and the poached eggs, bringing all the flavors together with the seasoning.

Another highlight of our visit was the Common Man Full Breakfast. This dish features two organic eggs in any style, streaky beef (or chicken) smoked chicken sausage, confit herbed tomato, vegetable rosti, sour cream with mint, wild mushrooms, with honey rye or multi-grained bread. Pair this with a cold brew or an espresso to satisfy your brunch craving. I particularly enjoyed the mushrooms and chicken sausage as these were seasoned perfectly and didn't have much oil.

For a smaller appetite, you can opt for the Homemade Crunchy Granola that features a generous portion of fresh fruit, Greek-style yogurt and a drizzle of honey. Alternatively, you can enjoy the Quinoa Salad. This salad is certainly unique with the fact that the quinoa has a pomegranate colour. Luckily the visual did not outshine the taste as the salad comes with a delicious crispy grilled kumara, spinach, goat's cheese and honey raisin yogurt. It certainly would be an ideal choice for healthy-eating enthusiasts. Another healthy selection would be the Sautéed Kale & Egg White Scramble. Though I usually prefer consuming meat dishes, it helped that this dish was topped with shaved parmesan that made it more savoury and enjoyable.

Catering to the on-the-go individuals, CMCR offers a variety of croissants and kunyaman for patrons to enjoy with their cup of coffee. Everyday from 8am-9.30am patrons can enjoy a special rate for their coffee+pastry purchase for RM12.00++. Soon, patrons can enjoy cocktails at CMCR. During our visit, we had the pleasure of tasting their espresso martini which featured a homemade earl grey syrup and cold brew coffee (Brazil and Guatemala beans) with a vodka base. It has an incredibly smooth flavour and to my surprise, the earl grey syrup elevated rather than dominated the coffee flavour.

It's clearly understandable why CMCR is so packed on the weekends. Despite the crowd, you can rest assured that space is wide enough that you won't need to cram in. There are plenty of big-group seats all around. It's a great spot for casual and leisurely dining with family and friends. Solo diners would also enjoy themselves here. The food options are generous and there are quite a number of vegetable-focused options as well. Although Singapore has CMCR too, the menu is different. We hope to pay them a visit as well given how much we enjoyed the experience in the TTDI branch.

Granola-1 New Podium, Plaza Vads No. 1 Jalan Tun Mohd Faud,  
Taman Tun Dr Ismail, 60000 Kuala Lumpur  
Tel: +60 3 7731 7095  
[www.commonmancoffeeroasters.com](http://www.commonmancoffeeroasters.com)  
[www.facebook.com/commonmanKL](http://www.facebook.com/commonmanKL)



CMCR's hot from the oven pastries



# Tis’ The Season to Be Jolly

Food Tastes Better When  
You Eat It with Family

BY HIRANMAYII AWLI MOHANAN

When we think of Christmas, our thoughts drift towards the massive spread on the table. It is almost as if we can get a whiff of the delicious aroma as we are typing this sentence. From the staple mammoth of a turkey to the ginger snaps, our spirits feel uplifted merely dreaming about this day. Christmas is about the bountiful fare and the togetherness of a family. Following are our top picks to celebrate your Christmas with your loved ones.



## Puttin’ On A Ritzy Christmas at The Ritz Carlton, Kuala Lumpur

### Christmas Eve Dinner

Spend Christmas eve with a sumptuous three or four-course fare from the Menu Du Jour at The Library. Elevate the dining experience with the executive chef’s special creations, featuring a succulent Roast Turkey carvery complemented by Roasted Quail, Creamy Lobster Soup, Chestnut Parfait, White Chocolate served with Christmas Pudding and more.

### Christmas Day Champagne Brunch

Christmas Day calls for a decadent Champagne Brunch at The Cobalt Room. Indulge in a plethora of eclectic spread featuring fresh seafood, tapas, pastas, soups, grilled meats, succulent roast turkey carvery on trolley, scrumptious Christmas desserts and festive favourites. Behold a special visit by Santa Claus and fun children’s activities to spread more joy and cheer.

## Tanzini

For this glorious festive season, Tanzini has curated a five-course dinner set for patrons to indulge with loved ones. The gastronomic journey will begin with Tanzini’s Surprise Parcel, an indulgent surprise starter that will leave you flabbergasted. Next up is the Pearl Onion Consommé, a traditional hot French onion soup that is served with poached quail egg and truffle tapenade. Cleanse your palate with Tanzini’s homemade recipe of Pomegranate Lemon Sorbet before embarking on the succulent Christmas Rolled Turkey, served with a piquant and appetising berry sauce, or alternatively, tantalise your palate with delightful wild halibut, accompanied by salsa verde on a cloudy bed of cauliflower puree. The final part of this journey, one not to be missed is the Royale Christmas Temptation, the chef’s penultimate creation of a chocolate crystallised ginger tart and a Christmas pudding.



## A Tudor Christmas Feast at Sunway Resort & Spa

Sunway Resort Hotel & Spa celebrates the spirit of togetherness during Christmas with the theme, “Together We’re Merrier”, featuring a prolific spread of dishes depicting the Tudors where a lavish feast of meat and sugary treats will be served at The Resort Café to herald in the spirit of the season. The show-stopping centrepiece are the three types of Roasted Turkey, the traditional roasted turkey with Chestnut Stuffing, complemented by the cranberry sauce and roasted garlic black pepper sauce, the bold and flavourful Smoked Turkey served with red chilli sauce and the not-to-be-missed Chef’s special – Roasted Turkey marinated with black garlic and organic bamboo salt, resulting in a sweet and tangy garlic undertone meat, served with green chili sauce. Be sure to look out for the variety of delectable offerings such as the Mincemeat Pie, Christmas Pudding, Chocolate Log Cake, Strawberry Shortcake, Mixed Berry Cheesecake and a range of mini sweet treats like pop cakes and cup cakes, macaroons, cookies and tarts.



## The St. Regis Kuala Lumpur

Gather the family for a traditional turkey brunch with all the trimmings this Christmas. Expect to indulge in sweet treats and enjoy the festive decorations and kid’s activities that will complete your day of celebration with Santa as the guest star. The “Le Repas de Noel” Christmas Day brunch is not to be missed, offering non-alcoholic and alcoholic libations. Alternatively, satiate your palates with a Festive Roast from The Brasserie. Ease yourself from the stress of cooking this holiday and head on over to The St. Regis Kuala Lumpur for a delicious gourmet turkey served with apple stuffing, caramelised chestnuts, Brussel sprouts, cranberry sauce and turkey jus.





# SEAPARK, PETALING JAYA

## A Foodie Hunting Ground

BY JACQUELINE BENITA PAUL

No matter what you're in the mood for, Seapark, Petaling Jaya has it all! In fact, it is done in style. This one-stop destination offers affordable and delicious food with a wide range of local delicacies. Though it is an old neighbourhood, its popularity is still going strong. Getting a parking space can be quite challenging but the food is worth the effort. With so many choices, where do you even begin? Here is our pick of the top five must-try dishes in the area.



### Nasi Lemak

Also known as Nasi Lemak Maybank due to its close proximity, Bumbung is a famous mamak stall that offers mouth-watering Nasi Lemak. The service is quick and efficient. Other than the Nasi Lemak, the menu runs extensively with both western and local dishes. We recommend trying their Nasi Lemak Ayam Goreng with aromatic rice topped with a perfectly fried egg with glistening yolk and a crispy fried chicken that is smashed and chopped into smaller pieces. Alternatively, you can also dig into the Indo Mee with Ayam Goreng should you be in the mood for noodles.

*Nasi Lemak Bumbung (pork-free)*  
Jalan 21/11B, Seapark, Petaling Jaya, Petaling Jaya (North), 46300  
Opens from Monday to Sunday  
(5.30 PM – 4.00 AM)

### Grilled Pork Neck

With a humble price tag of RM 14.90, I have to admit I did not expect to have enjoyed this dish as much as I did. The pork was so tender and well marinated that I barely needed to dip it in the sauce. Which shouldn't come as a surprise given that it takes 16 hours of sous-vide preparation to make it. Boran Classic Thai Street Food truly brings to life, Thailand's culinary charm through the ambience and food.

*Boran Classic Thai Street Food*  
25G Jalan 21/11A, Seapark, Petaling Jaya, Selangor  
Business hours: Tues to Sun, 11.30am to 2.30pm, 5.30pm to 9pm



### Hasan's Rojak

For simple Indian rojak cravings, Hasan's Rojak would be an ideal choice. The truck, which is stationed at the junction in front of a mini mart, near the Seapark wet market, was seen busy, crowded with patrons. Shredded cucumber, sengkuang, deep-fried dough fritters, prawn fritters, hard boiled egg and cuttlefish piled up, dressed in thick, nutty sauce that carried mild spiciness and sweetness. The gravy was a tad too sweet for our liking, but we did like the crispy prawn fritters. The sotong was properly cooked too, chewy but not rubbery. We recommend ordering the cendol that is served in a plastic container. If you find the crowd too overwhelming, you can visit another mobile van parked in the SS2 area near Maruzen Lighting that is run by the stall owner's younger brother, from 11am onwards.

*Hasan's Rojak*  
Mobile van outside CS Foods, Jalan 21/37, Seapark, PJ  
Open: 10am to 5pm. Closed on Friday.



### Flying Wantan Mee

Anyone familiar with Seapark has most likely heard of the infamous flying wantan mee stall. As the name implies, the wantan mee is thrown high up in the air which makes the noodles springy and light. The honey-flavoured char siew is quite thick and complimented the noodles well. Overall, the consistency of the noodles is neither soggy or dense which makes it an enjoyable dish for dinner or supper. Plus, who doesn't love good food and a show?

*Flying Char Siew Wantan Mee*  
2-30 Jalan 21/22, 46300 Petaling Jaya  
Open for dinner till supper



123GASING

Amongst its brilliant lip-smacking fare, this watering hole is also home to decadent Nutella desserts, the Nutella cake and the Banana Nutella Crepe. It is a known fact that Nutella on its own is divine, but when Nutella is used to make a cake or infused into a crepe dish, the result is pure seduction on a plate. We experienced a much envied euphoria from these desserts. The Banana Nutella Crepe was in a perfect realm of its own where the vanilla ice cream, Nutella, almond and banana complemented each other like a frame and a picture. At first bite, the Nutella cake melted in our mouths due to its soft and spongy consistency. This cake had adequate amount of Nutella sandwiched between the layers to make it a coveted work of art.

123, Jalan Gasing, Seksyen 10, 46000 Petaling Jaya, Selangor.  
Tel: 03 79321979



Nutty for Nutella

Spots to Appease Your Cravings

BY HIRANMAYII AWLI MOHANAN



REKINDLE

It is constantly raining these days and we find that our moods are often tied to the gloomy weather. We'll let you in on a secret to turn that frown upside down. Picture sitting with a glass of hot Nutella milk in hand, while taking in the dance of the lightning and thunder sounds like a sweet end to a rainy day, no? Scoot on over to Rekindle at SS2 for a generous dollop of Nutella with hot milk filled to the brim. Indulge in this sweet pleasure and get cosy.

Ground Floor, 25, Jalan SS 2/64, SS 2, 47300 Petaling Jaya, Selangor.  
Tel: 03-7496 6309

GRIND 22

Two entities that taste incredible on their own are, Nutella and Cheese Tarts. But when paired together, the result will have you in sheer ecstasy. Our newly discovered guilty pleasure, the Nutella Cheese Tart at Grind 22 is the epitome of extravagance. There was something about the consistency of the tart shell paired with the cream cheese that we loved. Or maybe it was the subtle play of Nutella that gave us sheer exhilaration at one bite.

No. 22, Lorong Maarof, 59000 Bangsar, Kuala Lumpur.  
Tel: 03-22020422



YELLOW BRICK ROAD

If you tread down the Yellow Brick Road, it will lead you to some of the most eccentric and distinct brunch fare you will ever find. The Nutella dishes that caught our eyes were the Chocoholic Anonymous and Nutella Mille Crepe. The former is essentially a stack of pancakes accompanied by chocolate shavings, caramel, fresh berries, Nutella sauce and a substantial scoop of chocolate ice cream. The fluffy pancakes and the amalgamation of flavours of the elements got us doing a little dance in delight. The Nutella mille crepe did not disappoint either. Its consistency was light and spongy and it simply melted with a burst of Nutella flavour upon consumption.

7, Jalan Batai, Bukit Damansara, 50490 Kuala Lumpur.  
Tel: 03-2856 0903



YEAST NUTELLA BREAD PUDDING

Now this dessert is a manifestation of thinking out of the box. In a league of its own, the Nutella Bread Pudding at Yeast consists of sliced and layered brioche fait maison and croissant, each layer lathered with thick Nutella spread. That's not all folks. Then, thick custard crème is drizzled into the layers and left for a while for the bread to soak up the goodness before baking. This decadent ooey gooey goodness is served alongside crème Anglais.

24, Jalan Telawi 2, Bangsar, 59100 Kuala Lumpur.  
Tel: 03-2282 0118





# REN

## Modern decadence meets classic sophistication

BY JACQUELINE BENITA PAUL

**Y**ou work hard, and you're in need of a much-deserved night out. Make it one to remember by donning your best attire, loading up your wallet, and venturing to one of the new addition to the Kuala Lumpur nightlife scene to indulge in a superb cocktail or two and dance the night away with House, Techno or Disco music. There's an upscale nightlife scene for everyone, whether you're in the mood for modern decadence with a club vibe or the classic sophistication of a bygone era. But why decide between the two when you can have it all at Ren in Mandarin Oriental.

Suspended Japanese lanterns bathe the room in an earthy tone, a glow accentuated by the centrepiece bar. The ambience makes it easy to get into a zen-like state. We think it has something to do with the amazing surround sound and subdued lighting.

Recently, REN has brought in six new types of Sake ranging in price from RM100 to RM700. The labels include Yamadanishiki Tokubetsu Junmai Sake, Horin Dunmai Daiginjo, Tatenokawa Honryu Special Edition, Ko No Tsuki, Horin Junmai Dajingo, and Black and Gold Junmai.

The cocktails exhibit a culinary approach with each drink made meticulously by a seasoned mixologist. Cocktails at REN are truly something else. Firstly, the spirits pack a punch that you may not be expecting (or at least not until it's too late). Secondly, they take a culinary approach in making the cocktails, t by mixologists and thirdly, they are presented beautifully, making them perfect for Instagramming. And that's what has really put REN on our radar. Here are some cocktails we'd like to recommend should you plan to visit REN.

### GIN-BERRY

A profound cocktail to say the least but certainly one to order to awaken your senses. This sweet, sharp and luxurious concoction features a Beefeater Gin base with Campari, lemon juice, simple syrup, thyme and raspberry jam. It is served in a chilled coupe glass and garnished with thyme.

### RUM & RAISIN

If we had to pick a favourite, this would be it. As soon as it was served, the mixologist actually lighted up the cinnamon. This made for a good Instagram post but more importantly, it added a depth of smokiness to the cocktail which balanced perfectly with the sweetness of the homemade raising and cinnamon syrup. Other elements to make this prized concoction include the plantation original dark rum, lime juice, fig juice and grapefruit juice.

### SAMURAI SOUR

There is good reason that this is a crowd favourite, for we think only a samurai could actually survive the punch in this drink. If you are seeking a boozy option, have it. That said, we certainly appreciated the uniqueness of the drink that featured the use of egg white to get the froth which added complexity to the texture of the drink. Other ingredients include the Nikka Black Special, lemon juice, palm sugar syrup, sesame seeds and dried rose buds.

### OLD SOUL

Now this is a sophisticated drink as it features the Plantation Original Dark, Antica Formula, Luxardo Marachino and Benedictine D.O.M. Each sip made us feel like we were sitting in front of a fireplace and relaxing on a luxurious velvet cushion. Perhaps, next time, we would pair this cocktail with a fine cigar.

All in all, we had a brilliant Saturday night at REN and we plan on coming back to play some beer pong and explore their sake collection. It's great to have a cocktail bar in Kuala Lumpur that serves such a great selection of cocktails and liquors at such reasonable prices. The music is very unique and it's unlike anywhere else in the city, really, so definitely worth a look in.

### Opening Hours:

WED-SUN, 5pm till late  
DJs on Wed, Fri, Sat and Sun  
Live Band on WEDS, THURS  
and FRI 9PM-1AM

### Admission:

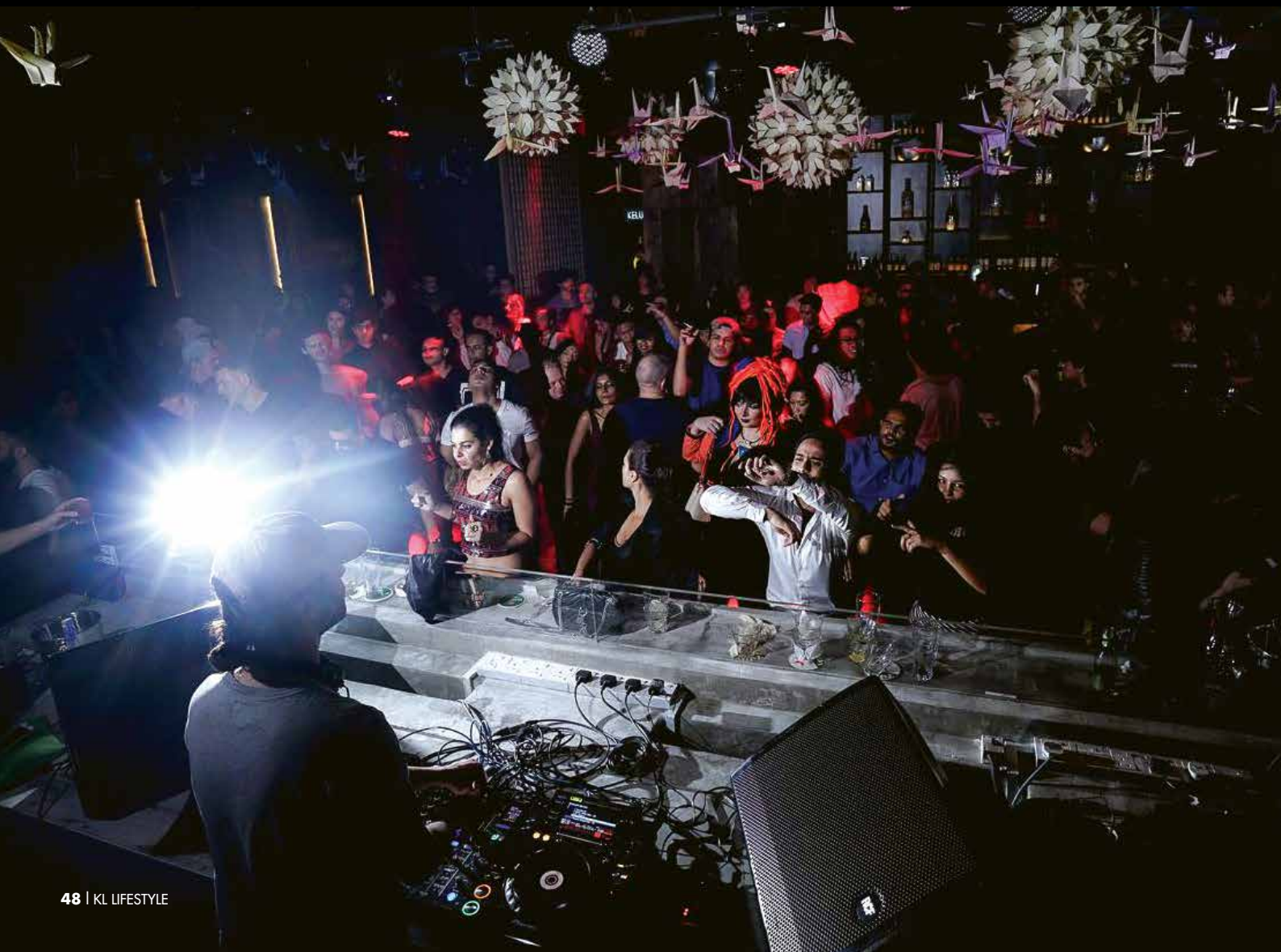
Before 11pm: Complimentary entry  
Before 1am: RM40 including 1 drink,  
after 1am: RM60 including 1 drink  
Minimum Entry Age : 21 and above

### Happy Hour:

5pm to 12am  
1 for 1 housepour drinks  
1 complimentary bottle with every 2  
bottles (selected bottles only)

Mandarin Oriental Hotel Kuala Lumpur.  
12, Jalan Pinang, 50450 Kuala Lumpur

Tel: 03-2380 8888



Samurai Sour

Old Soul





**ESTEBAN CORTAZAR**  
Crepe and printed satin mini dress  
RM3,644



**TOM FORD**  
Square-frame acetate  
optical glasses  
RM2,096



**RAG & BONE**  
Dakota oversized, striped  
cotton-blend top  
RM668

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are the must-have wardrobe pieces  
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continental wallet  
RM3,347



**ZUHAIR MURAD**  
Embroidered and embellished low-rise  
slim boyfriend jeans  
RM6,377



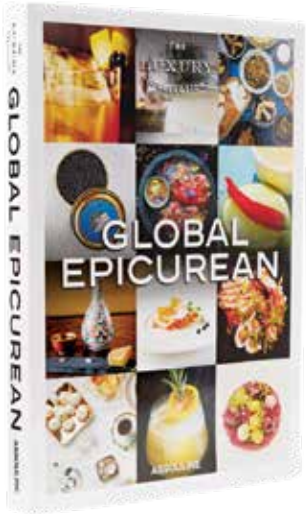
**POLO RALPH LAUREN**  
Striped cotton-jersey T-shirt  
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**CUTLER AND GROSS**  
Aviator-style silver-tone  
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WORLD  
YEAR END  
ESSENTIALS

Stylish fashion pieces and  
a book is a combination that  
will never fail in any season.



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Slim-fit denim jeans  
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**SAINT LAURENT**  
SL/06 Court Classic leather sneakers  
RM1,649.96



**BALMAIN**  
Skinny-fit denim biker jeans  
RM3,237



**OSCAR DE LA RENTA**  
Tasseled silk, gold-tone and Swarovski crystal clip earrings  
RM2,395

**CHLOÉ**  
Faye Bracelet mini metallic cracked-leather shoulder bag  
RM5,709

**JIMMY CHOO**  
Louella 100 metallic stretch-velvet sock boots  
RM3,149

**CHOPARD**  
Happy Hearts 18-karat rose gold diamond ring  
RM12,609

**ETRO**  
Twist-back ruffled asymmetric floral-print silk-crepe midi dress  
RM6,059

## DANCE FLOOR DOMINATION

Bust your best moves during the holiday season in these stunning pieces. Take your pick of any of these show-stopping pieces of satorial elegance to end the year with grace and sophistication.

**Brick**  
Special Edition Matte Lip Guide  
RM42

**Cookie**  
Velvet Matte Lip Crème  
RM45

**Flirt**  
Velvet Matte Lip Crème  
RM45

**Madly**  
Crème Liquid Lipstick  
RM45

**Cupcake**  
Crème Liquid Lipstick  
RM45

# DIDA COSMETICS

## Empowering Women Through Beauty

**BODY LENGTH PROPORTIONS**

Do you know if you have a balanced body length proportion, perhaps a short torso with long legs, or a long torso with short legs, just like me?

As quoted by the fashion legend, Coco Chanel, "Fashion is architecture: it is a matter of proportions." Do you know what is an ideal body length proportion? To measure, we shall divide the body into 3 sections: head, torso (from chin to crotch), and legs (from crotch to base of your feet).

A balanced body length proportion, consists of a torso that has 3 head lengths and legs that have 4 head lengths.

Now with each measurement, you will check off whether you are in proportion, short or long! Next is to find out HOW to dress to your body length proportion to achieve a visually esthetically beautiful image of yourself!

**Ong Soo Hua**  
Certified Image Consultant, Personal Stylist & Corporate Trainer  
[www.stylebyosh.com](http://www.stylebyosh.com)

52 | KL LIFESTYLE

BY HIRANMAYII AWLI MOHANAN

DIDA is a cosmetics company founded by two friends and women who run their own fashion labels, Tengku Chanela Jamidah and Didie Nasir. These power women believe that beauty is not just about the products. Hence, DIDA promotes confidence and self-esteem through its high-quality, yet affordable cosmetics. When we laid eyes on the DIDA products, it was love at first sight. The crisp white box, simple yet elegant packaging, its brilliant colour selection for Asian skin tones and the sturdy doe-foot applicator won us over.

Website: [www.didaforwomen.com](http://www.didaforwomen.com)  
Insta: @didaforwomen



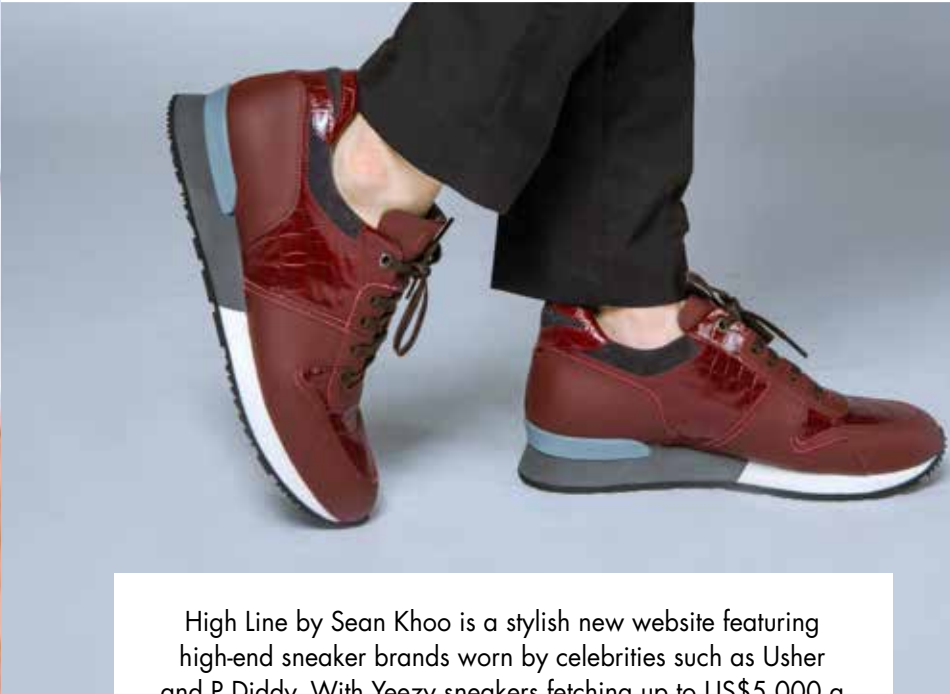
# HIGH LINE BY SEAN KHOO



FACTO APOLLO WHITE SHEEPSKIN LOW CUT SNEAKER **USD325** WITH PESTLE MORTAR CASUAL WEAR



MALLET HIGH SOLED NAVE CROC SNEAKER **USD210**



High Line by Sean Khoo is a stylish new website featuring high-end sneaker brands worn by celebrities such as Usher and P Diddy. With Yeezy sneakers fetching up to US\$5,000 a pair, sneakers have become the fashion accessory du jour and arguably society's new status symbol. HighLine by Sean Khoo is a roll-call of brands rarely represented in Asia, offering a luxe alternative to the sporty styles offered by activewear brands at more affordable prices compared to luxury fashion brands. From the minimalist designs of FACTO, a brand worn by Usher and P Diddy, to more contemporary and ergonomic runner silhouettes from UK footwear brand MALLET and even classic designs from J. Reinaldo of Portugal, all sneakers are made in Europe, some in the same shoe factory as Lanvin and Louboutin. These brands are usually only found in some of the most exclusive stores like Bergdorf Goodman and Saks Fifth Avenue in the US and Lane Crawford in Hong Kong.

MALLET CROC LEATHER RUNNER **USD240**



MALLET BLACK PYTHON SLIP-ON **USD210**



FACTO NEPTUNE BLACK FULL GRAIN CALF LEATHER SNEAKER **USD425**



# HAIR COTTAGE

*by Juno's*

Hair that slays starts here

BY HIRANMAYII AWLI MOHANAN

Situated on the infamous Jalan Telawi, Hair Cottage by Juno's is camouflaged amidst a residential area. Taking its abode in a two-storey house, it offers top-notch hair services a metropolitan years for.

Being the new kid on the block, this establishment has certainly proven to be a worthy contender in the hair and beauty industry. Led by Juno himself, he believes that Bangsar is the epicentre of fashion and beauty, thus the choice of location. Juno, armed with passion for beauty as well as 16 years of experience in the industry is a testament to the quality of services he provides clients.

Juno's passion for hair styling has taken him to Taiwan, Japan and Europe for courses in this regard. In operation for approximately five months now, Hair Cottage shows potential to give the

big boys a run for their money. Currently a team of two, they encourage making appointments prior to visiting the salon compared to walk-ins.

The interior of Hair Cottage by Juno's contributes to that essence. Juno, who played a role in the interior designing of the place made great use of the vast space by dedicating segments for different hair functions such as hair wash, haircut and chemical treatments. A blanket of white paint embellishes the brick walls of the salon, radiating cosiness and comfort.

There is something therapeutic about visiting a salon and having your hair done. It's almost as if your troubles are washed away along with the shampoo. The seats at this establishment are so comfortable that they feel like a giant hug. We loved the complementary drinks service where you are spoilt for choice from tea to juices and even titbits to nibble on.

Our pampering session initiated with a consultation with Juno on the services that we had set our minds on. Should you choose to colour your hair, Juno will advise you on the colour that best suits your features and face. He then uses a scope that zooms up to 200 times in order to examine the condition of your scalp whether it is in the condition to proceed with the service. This procedure is done especially for those undergoing colouring or treatment.

Subsequently, we received a soothing head massage before kicking off with the Restructure treatment. It is an essential four-step treatment before colouring your hair as it contains amino acids and supplements that promote hair elasticity as well as provide moisture. The first step is cleansing, following by the infusion of amino acids and supplements, colouring



Before and after the magic

and finally, a treatment that locks in the moisture and colour. We found it rather interesting that an equipment called the Nano Mist is used as part of the treatment process. The Nano Mist emits smaller molecules that aid the ingredients in the treatment to penetrate deep into the scalp.

A common misconception about treatment is that because it uses chemicals, it will damage your hair. It is actually vital to undergo treatment because the products used aren't harsh, rather, it is designed to rejuvenate the hair molecules and to moisturise them. We appreciate the fact that most of the products used in Hair Cottage by Juno's are organic and certified such as their shampoos. You can be rest assured that you won't suffer from irritations to the scalp or hair with this salon's shampoo. In an effort to offer quality products, it is noteworthy that Juno imports the dye products from California because they contain lower content of ammonia but rich in Amino Acid. The treatment products, on the other hand, are also of premium quality, from Japan.

“THE SHORTER  
THE HAIR THE HARDER  
THEY STARE.”



89, Jalan Telawi, 59100 Bangsar, Kuala Lumpur.





Nail design by Rachel Yap, Creative Director at POSH

# POSH

## — NAIL SPA —

WHERE IT'S BEYOND BEAUTY

BY HIRANMAYII AWLI MOHANAN

Tammy Taylor (leader in the Professional Nail and Beauty industry) once said that there is so much beauty and elegance in a great set of nails. It is rather amazing that a great set of nails renews one's confidence akin to when a new colour is chosen and applied to the nails. If you would like a surge of confidence, drop by POSH Nail Spa's two main branches, situated in the idyllic locale of SS2 and Taman Tun Dr. Ismail where its doors are ever welcoming.



POSH has become sanctuary to mani-pedi lovers for its plethora of exciting nail, makeup, waxing and spa services. It is essentially a centre where you leave your troubles at its doors and indulge. Holding its own for seven years in the business, we have discovered that POSH is made distinct from other nail spas through their ethos. They strive to be more than a nail salon that offers nail services. They enjoy hosting parties and networking events where it brings customers together and connects them for business acquisitions. Apart from that, they make it a point to collaborate with other brands to enhance their customers' experience such as handing out movie tickets during Christmas, bird's nest for Chinese New Year or skin care products as gifts.

Sereen Eng, founder and director of POSH intends to change the masses' perspective on the industry and the job of a manicurist. Often times, people perceive that a role of a manicurist is filled by school dropouts or those with a lower educational background. "Though it may be true to some extent, this does not mean a manicurist does not deserve to be respected, because people thinks it is just an easy job of washing the hands and feet. That is why we want to be different so that we can make a change in the industry as well as in society, and make this profession a respected career, that everyone in this job feels proud of what they do. A little appreciation and gratitude goes a long way," said Sereen.

As you walk into the establishment, you are immediately greeted with a chic and classy interior that induces a state of relaxation. Paying heed to the fact that people and their preferences are ever evolving, POSH was recently renovated from pink and purplish hues to white and gold ones. Sereen divulged that she used to be very fond of pink-purplish girly tones, but her journey as an entrepreneur has moulded her to be more mature and refined, just like her taste. "White and gold is clean, simple yet durable. It is a design that is evergreen and will last for a long time, just as POSH will live on for a long time, and leave a legacy."

Keeping to its nature as a spa, it naturally offers a variety of hand, nail and foot care apart from the mani-pedi services. However, its best-selling service is the contour hand treatment, callus heel treatment and nail rehab treatment. Patrons can be credulous that as soon as they enter POSH, their hands and feet will be cared for by the professional hands of its experienced employees.

Staying true to its vision, this establishment furnishes itself with premium quality nail care and treatment products from the States and Korea while nail embellishments are locally manufactured and imported from China. They believe in creating an exceptional experience at POSH. In addition, we believe it is noteworthy to mention that POSH lives by 3S's to keep a smile on their customer's faces and these are sanitisation, service and skill. We loved the fact that the staff members were not only friendly, but accommodating while maintaining a genuine smile on their faces. It was truly a royal experience.

31, Lorong Datuk Sulaiman 7,  
Taman Tun Dr Ismail, 60000 Kuala Lumpur  
Tel: 03-7724 1890



# 5 Things You Can Expect From HIIT2fit KL

#GetHIITOn

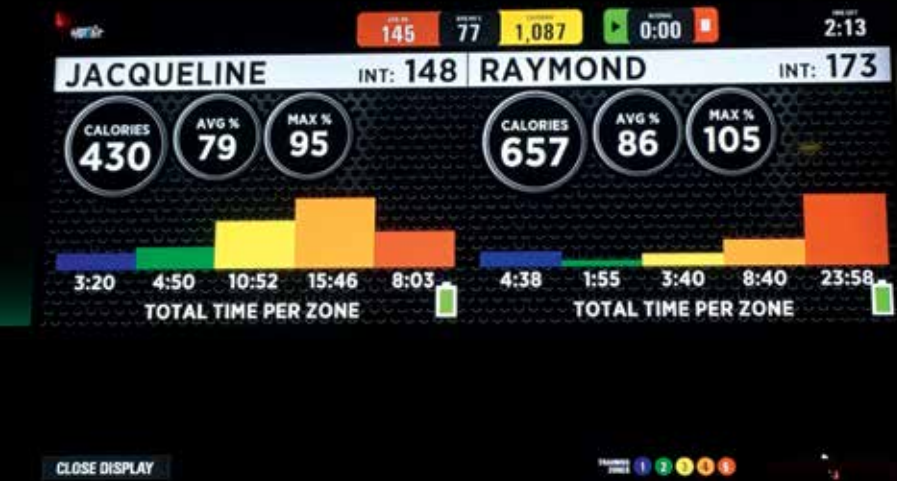
BY JACQUELINE BENITA PAUL

HIIT2fit is Malaysia's first live heart-rate tracking fitness studio offering two classes, Lean (indoor cycling) & Mean (circuit training), which incorporate HIIT in the workout routines. Participants in both classes are provided a heart-rate monitor to track their workout intensities, providing a unique perspective in a group class environment that will inspire, motivate and challenge at both the individual and group levels. HIIT stands for "high intensity interval training", which comprises short to medium lengths of intense workout coupled with short rest in between. HIIT is designed to improve aerobic fitness, build lean muscles, kickstart the metabolic system and to increase EPOC – excess post-exercise oxygen consumption; otherwise known as "Afterburn" where you continue burning calories AFTER the workout. HIIT is a training method that is applied across many different sports and activities (i.e. running, cycling, swimming, Crossfit, etc.). For the general fitness enthusiast, HIIT is preferred for its highly beneficial effects over a relatively short period of exercise, perfect for the time-crunched individual.

HIIT2fit KL  
A4-UG Publika 1, 1-08, Jalan Dutamas  
1, Solaris Dutamas, 50480 Kuala  
Lumpur.

Opens from Monday to Sunday from  
6.30am – 9.30pm

Tel: 012-987 7224



### 1. NOT ALL HIIT IS CREATED EQUAL

The only way to ensure that the intense bouts in HIIT are performed at the correct intensity is through the use of a heart-rate monitor. The monitor allows for accurate live tracking of the workout so that the individual is working out at his or her own fitness level relative to the intensity of the work out. This creates an even playing field in a group class setting as a highly trained athlete can workout next to a stay-at-home mom as long as she is hitting her own heart-rate zones during the workout.

### 2. YOUR HEART RATE WILL BE MONITORED

You know that your health is taken as a priority when a fitness studio offers a live heart rate tracker. At HIIT2fit, the formula used to calculate a person's Maximum Heart Rate is taking 220 - the person's age.

So let's say I am 30 years old, my max HR would be 220 - 30 = 190bpm (beats per minute). There are 5 major zones of heart rate as specified below:

- Zone 1 (<60% of maximum HR)**  
Resting / super easy effort
- Zone 2 (60 - 70% of maximum HR)**  
Easy & recovery effort
- Zone 3 (70 - 80% of maximum HR)**  
Aerobics zone. Most suitable for long, steady endurance efforts like running a full marathon.
- Zone 4 (80 - 90% of maximum HR)**  
Anaerobic threshold zone / "HIIT Zone". For HIIT workouts, this is the ideal working zone as it strikes a balance between just the right intensity without going into too much fatigue. This allows for our clients to train more consistently throughout the week to really reap the results.

### Zone 5 (>90% of maximum HR)

Redline / VO2Max Zone. Exertion at this level in training should only be done at short-intermediate bursts during the HIIT workout.

### 3. BLASTING TUNES, BOOMING INSTRUCTOR

Expect to be nearly deafened by a selection of high-energy dance tracks while being trained by SEA Games representative, Chris Kha Khrang who is also a co-founder of HIIT2fit. Given her background, it's no wonder she makes for an excellent trainer. Throughout our first experience in the Mean (circuit training), she kept us feeling encouraged and motivated.

### 4. FUEL BAR

Complimentary water is provided at the station which can be seen upon entering the studio. Participants can also purchase whey, protein drinks and other refreshments at a reasonable price.

### 5. A SCIENCE-BACKED, BUTT-KICKING WORKOUT

A mix of floor work with weights and treadmill sprints, this adrenaline-pumping HIIT routine can help you torch up to 1,000 calories an hour! That's no joke. And the combo of the neon lights along with the positive vibes make you want to push yourself. 10/10.

GetHIITOn today by signing up for their 7-day trial through their website at [www.HIIT2fit.com](http://www.HIIT2fit.com).



## CONTENTS - DECEMBER 2017

### Airport Talk

MAHB strengthens strategic partnerships **66**

### Aviation News

Triumphant Gathering at the KLIA Awards **68**

Grow your business with AVIAREPS **69**

ERL Tops It **70**

From Qatar to Exotic Penang **71**

Etihad Announces New CEO **72**

Korean Air Brings in the Jumbo **73**

Umrah Options with Nesma Airlines **74**

Fly Baghdad Goes International **74**

Air Canada Gains Recognition **75**

### Airport Shopping

KULinary Dining Discovery Raises the Culinary Bar **76**

Big Wins at Eraman **77**

# HAIR EXTENSION

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For the second consecutive year, Plaza Premium Lounge has been awarded the World's Best Independent Airport Lounge\*.

Thanks to the travellers. Thanks to our team

[plaza-network.com](http://plaza-network.com)

\*Plaza Premium Lounge - London Heathrow Airport Terminal 2 is awarded Skytrax's World Best Independent Lounge 2016 & 2017. Other Skytrax's Top 10 lounges worldwide include Plaza Premium Lounge - Hong Kong, Vancouver and Brisbane



**PLAZA PREMIUM  
LOUNGE**

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AIRLINK

AIRPORT TALK

**Looking ahead, 2020 will be a significant year for the nation as Malaysia Tourism Promotion Board or Tourism Malaysia has announced its Visit Malaysia Year (VMY) campaign at the World Travel Market (WTM) London 2017. The past VMYs have been successful in bringing increased tourism arrivals into the country.**

We have been working closely with the various state tourism bodies in the country this year to promote their local cuisine, culture, products, attractions and services at our airports to encourage more domestic travel among the locals. We have also forged joint marketing initiatives with them to woo foreign tourists into our country.

As another step forward, we plan to do more and have recently signed a memorandum of understanding with Tourism Malaysia at WTM to develop and increase inbound tourists into our country, especially from markets such as China, India and Europe.

Visa exemption and e-visa system have been introduced, for instance, to make it easier for the tourists from China to visit Malaysia. On our part at the airports, in particular the KL International Airport, we have created a help desk with Mandarin speaking staff or volunteers to facilitate them upon their arrival.

## Airport MD Speaks

**One of Malaysia's most highly regarded corporate leaders lays his considerable expertise and experience to raise Malaysia Airports Holdings Berhad (MAHB) to higher levels.**

**This month, Datuk Badlisham shares his thoughts about his experience at the recent events attended by him in London and Hyderabad and how MAHB will work with various stakeholders to increase passenger movements into Malaysia.**

According to UNWTO, the Indian outbound market is the fastest growing after China. The former has the potential to grow to 50 million by 2020. India is said to have 1.5 million outbound travellers from the business tourism sector and 3.6 million luxury travellers. MasterCard forecasts both these markets to grow at a compound annual rate of 8.6% to 2020. For us to be able to capture a slice of this market would suffice.

I am hopeful we are able to achieve that with increased frequencies, more air connectivity and working with regional gateways such as Hyderabad. We recently signed a memorandum of agreement with Tourism Malaysia and GMR Hyderabad International Airport Ltd to use Hyderabad to develop more tourist arrivals from the Telangana state and South Central region of India.

Creating marketing partnerships or alliances is key to continuously promote and develop the international gateways of Malaysia and to ultimately support Visit Malaysia Year campaign.





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# MAHB strengthens strategic partnerships

**Malaysia Airports Holdings Berhad (MAHB) has entered into yet another strategic tie-up with Malaysia Tourism Promotion Board (Tourism Malaysia) as the country prepares early for its Visit Malaysia Year (VMY) 2020 campaign to court more international tourist arrivals.**



At the recent World Travel Market (WTM) in London, MAHB inked a Memorandum of Understanding (MoU) with Tourism Malaysia to promote inbound traffic globally, targeting India, China and Europe. The signing ceremony was witnessed by the Minister of Tourism and Culture Dato' Seri Mohamed Nazri Abdul Aziz.

MAHB was represented by its Managing Director Datuk Badlisham Ghazali and Tourism Malaysia by its Deputy Director General (Promotion) Dato' Sri Abdul Khani Daud. Describing the MoU as a "huge landmark" for these two major stakeholders in the travel and tourism industry, Mohamed Nazri said, "This year's WTM participation is particularly special as we are making early preparations for VMY 2020.

"The WTM platform provides us the opportunity to leverage on this campaign to gain the confidence and partnership from the industry players here."

The Minister said 2020 is a significant year for Malaysia which targets to attract 36 million tourists worldwide and make Malaysia a top tourist destination. He assured the industry players of Malaysia's intention to enhance accessibility from the UK and Europe via collaborations with carriers such as Singapore Airlines, Etihad Airways, Emirates, Qatar Airways and KLM Royal Dutch Airlines.

Happy to collaborate with Tourism Malaysia since both share similar strategic aspirations, Badlisham remarked, "This unique initiative will yield greater tourism impact and is a significant milestone for both parties in the

development of inbound tourism and in developing our international gateways, especially KL International Airport (KLIA)."

Both parties can use the fund to support marketing and promotional activities carried out at source markets next year, be it in traditional and new media platforms.

Malaysia has been aggressively wooing tourists from the two super powers – China and India – besides tapping into the ASEAN market to achieve its target of 31.8 million arrivals for 2017.

Despite a 7.8% increase in passenger movements from China between January and October this year against the previous corresponding period, Deputy Prime Minister Ahmad Zahid Hamidi reportedly announced at the ninth World Chinese Economic Summit that Malaysia would not be able to meet its three million tourist target from China this year with only 1.8 million Chinese tourist arrivals recorded as at 31 October.

He further stressed on the importance of air connectivity and increased frequency, be it scheduled or chartered flights to bring in the international tourists not only from its major cities but also from its second and third tier cities.

There were over 23,000 flights per annum to and from the KLIA to China in 2016. Both China and India, with populations of at least 1.3 billion people, hold huge potential of outbound tourists with high disposable incomes.

India, Malaysia's sixth largest tourism source market, saw passenger movements between the two countries from January to October grow by 13% against the same corresponding period last year. The numbers are expected to increase further following MAHB's recent memorandum of agreement with Tourism Malaysia and GMR Hyderabad International Airport Ltd to promote tourism from Telangana and the South central region of India to Malaysia.

AirAsia X's new four times weekly direct flights to Jaipur from Kuala Lumpur (KUL), starting on 5 February 2018, will add to the existing 11,000 flights a year from KL to India. With the reduced travelling time from the opening of this route in the state of Rajasthan, its CEO Benyamin Ismail expects



to carry between 132,000 and 143,000 passengers between February and December 2018. The airline's existing direct flight to New Delhi has an average load factor of 88%.

Under Malaysia My Second Home Programme (MM2H), India is ranked 10th among the top participating countries from 2002 to June 2017 while China tops the list, according to Ministry of Tourism and Culture's MM2H Centre.





# Triumphant Gathering at the KLIA Awards



The KLIA Awards have come a long way since its introduction in 2006. The stakeholders have grown considerably since then, especially with the inclusion of klia2 and the many more retail outlets as well as the exponential expansion of services and operations support.

The prestigious event is intended to motivate the KLIA airport community to strive for excellence and achieve distinction in their respective fields, and to raise KLIA to a level comparable to the very best.

The theme chosen for the 2017 gala event was "25 Years of Triumph", which was apt considering how far KLIA has come, being among the busiest and popular airport cities in the world today.

Among the VIPs who were gathered for the annual KLIA Awards 2016 included the YB Minister of Transport Malaysia Dato' Sri Liow Tiong Lai and Malaysia Airports Managing Director, Datuk Badlisham Ghazali.

Applauding Malaysia Airports' achievements Dato' Sri Liow said, "For almost two decades, KLIA, as one of our national icons has indeed played a significant role as the country's main gateway. Its tremendous growth has proven to be one of the major contributors towards Malaysia's economic development, giving more opportunities in trade and tourism. Last year, KLIA surpassed the 50 million passengers mark and grew by 7.6% to nearly 53 million passengers".

He continued, "I am very proud to see that air connectivity is preserved and has been further enhanced between international and domestic destinations through the entry of new airlines, as well as increased routes and capacity, allowing the country to leverage further on our abundant tourist destinations".

Malaysia Airports managing director, Datuk Badlisham Ghazali correspondingly said, "KLIA is the 14th busiest airport in the world for international passenger movements. Last year 70% of the 53 million movements were international traffic. As an example, we saw an increase of 21% to 1.8 million inbound travellers from China for the first half of 2017. KLIA, with a combined two terminal capacity of 75 million passengers per year is well positioned to cater to the expected aviation growth within the region".

With the presence of the airport community at the event, he added, "We must continue our collaborative and consistent efforts to provide improved facilities and high quality services to our passengers".

More than 500 guests attended the gala dinner awards ceremony comprising of "who's who" within the Malaysian aviation industry.



# Grow your business with AVIAREPS



**Munich-based AVIAREPS AG Chief Operating Officer for Tourism, Thomas Drechsler, who looks after close to 90 tourism clients and 64 of its offices in 47 countries, was in Kuala Lumpur recently to share its expansion and diversification plans.**

Established in 1994 by its founder, chairman and CEO Michael Gaebler, AVIAREPS, a global leader in tourism and aviation representation, has since spread its wings into the six continents of the world. Following its entry into Southeast Asia in 2012, it has a presence now in six out of the 10-member ASEAN market.

In Malaysia, where AVIAREPS opened more than five years ago and had its new office in Kuala Lumpur inaugurated earlier this year, Drechsler describes it as a "strategically important" market. Besides being the general sales agent (GSA) for eight international airlines (Air Arabia, Air Astana, Austrian Airlines, Azerbaijan Airlines, Azul Brazilian Airlines, Bangkok

Airways, Scoot and Ukraine International Airlines), AVIAREPS Malaysia also does market representation for several tourism bodies, including Hawai'i Tourism Southeast Asia and Dubai Tourism Board.

Drechsler says the company establishes physical offices on behalf of their clients and deems it as a "strategic unique selling point".

AVIAREPS Malaysia General Manager Kevin Ong, who leads a team of 23 staff, believes it is time for the Malaysian outfit to look at emerging markets for its future expansion since "we have the expertise, skills and branding worldwide". Ong, who is also the regional director and country manager for Hawai'i Tourism SEA, states that AVIAREPS Malaysia is their first representative.

In its role as a global GSA leader, its airlines' portfolio include sales, customer service, marketing, public relations, finance and information technology. Its results-based compensation model allows airlines to

change fixed costs to variables besides helping them to grow their load factors and revenues.

AVIAREPS also represents Lounge Pass in Malaysia which features over 300 lounges in its system. "Anyone can buy it. We provide net rates to the travel agent. Moving forward, we plan to roll this out to the airlines in Malaysia in 2018," says Ong. Appealing to the industry players to view AVIAREPS as their "extended marketing arm" and "solution provider," he stresses, "We are not here to compete but to complement and expand your business."

For more information about accounts represented by AVIAREPS Malaysia, please call +603 - 2148 8033





# ERL Tops It

**There are various ways of getting to KLIA and klia2 and one option is the KLIA Ekspres, which is owned and managed by Express Rail Link Sdn Bhd (ERL), with just 28-minute non-stop airport transfer from KL Sentral over a 57km journey.**

ERL runs another service on the same track, which is the KLIA Transit, taking 36 minutes with quick stops at three stations in between. These two services are notable for their frequency and reliability, as well as world-class service. To date, ERL maintains its impeccable 99.7% on-time performance.

With its high standards of service and performance, ERL was named AirRail Link of the Year and received the Social Responsibility Award from the London-based Global Air Rail Alliance (GARA) in 2016. On the home front, ERL was named Best Operator (Railway) at the recent Land Public Transport (LPT) Gala Dinner & Industry Award 2017. At the same awards ceremony in 2016, it received awards for Best Customer Service and Best Safety Practices.

Executive Chairman of ERL, Tan Sri Mohd Nazmi Mohd Salleh said, "We are truly honoured to receive this award and we would like to thank SPAD for this recognition. It will certainly inspire us to work even harder and to continue our commitment to provide the highest level of service to our passengers. They can look forward to improved services, better travel experience and more value-for-money deals in the near future".

In May 2017, ERL also received the Outstanding Green Air-Rail Transport Award



at the Malaysia Canada Business Council 25th Anniversary Business Excellence Awards Gala Dinner.

Apart from the train services provided by ERL, the company also offers VIP Service, an exclusive door-to-door transfer from the airport to the doorstep of the final destination. Upon arrival at the airport, VIP Service guest enjoys

personalised meet-and-greet service at the Baggage Reclaim Hall, and a dedicated porter which will accompany the passenger onboard the KLIA Ekspres to the city. At KL Sentral, VIP Service guest will be chauffeured in an exclusive executive limousine which will take the guest to their destination. The VIP Service is also available from the city to the airport.



## From Qatar to exotic Penang



**Penang's idyllic, tropical setting and exotic cultural mix, together with its rich gourmet offerings, make it one of the most visited states in Malaysia. Its mythical title as the 'Pearl of the Orient' personifies its stature as a must place to visit by visitors from around the world.**

This year, CNN named Penang as the second best place to visit, acknowledging its cuisine, among other factors as among the best in Asia. Penang is also a historical island, with its capital, Georgetown having been inscribed UNESCO World Heritage site in 2009.

Last year, well-travelled individuals like world-renowned food writer, James Oseland named Penang as his top world food destination over places like Bangkok and Paris. Also last year, Susan Law of BBC History Magazine selected Penang as her favourite historical destination.

Last month, the multiple award-winning airline, Qatar Airways announced the launch of direct flights to Penang on 6 February 2018, as part of its ambitious global expansion plans.

Qatar Airways Group Chief Executive, His Excellency Mr Akbar Al Baker, said, "Malaysia has long been one of our most sought-after destinations, and as such, we are delighted to launch a new direct service to Penang,

offering our passengers a second gateway into the country. With three weekly flights between Doha and Penang, we are sure travellers to this exotic holiday destination will be enchanted by both Penang's magnificent natural scenery and our unrivalled five-star onboard services".

Qatar Airways will fly three times a week to Penang with its state-of-the-art Boeing 787 Dreamliner, which features 22 seats in Business Class and 232 seats in Economy Class, with spacious cabins and specially-designed interiors. The Boeing 787 Dreamliner also offers lower altitude-equivalent pressure, improved air quality and optimal humidity, enabling passengers to arrive at their destination feeling refreshed. Passengers will also enjoy the airline's excellent in-flight entertainment system with a multitude of entertainment options.

Penang will be Qatar Airways second Malaysian destination, as it currently operates a triple-daily service to Kuala Lumpur, which

was launched in December 2001. Apart from Penang, Qatar Airways is also launching new destinations in Thailand and Vietnam in Asia. It is also adding additional destinations to Australia, Russia and the UK, all at around 2017 and 2018.

The national carrier of the State of Qatar is one of the fastest-growing airlines operating one of the youngest fleets in the world. Now celebrating its twentieth year of operations, Qatar Airways has a modern fleet of more than 200 aircraft flying to destinations across six continents.

For more information, please call +603 - 2118 6100





# Etihad Announces New CEO



**As a young airline, Etihad Airways has gained a formidable reputation for its all-round excellence although the airline was only founded in 2003.**

For example, this year was the third time the airline won all three First Class award categories at the World Airline Awards.

In September, the Chairman of Etihad Aviation Group, His Excellency Mohamed Mubarak Fadhel Al Mazrouei confirmed the appointment of Tony Douglas as Group Chief Executive Officer, who will join the company in January 2018.

Mr Douglas joins Etihad from the United Kingdom's Ministry of Defense, where he has served as CEO of the Defense Equipment and Support department, responsible for procuring and supporting all the equipment and services for the British Armed Forces.

In the UK, he held senior positions with airport operator BAA, and as Chief Operating Officer and Group Chief Executive designate of Laing O'Rourke. His roles under airport operator BAA included Managing Director of the Heathrow

Terminal 5 project, Group Supply Chain Director, Group Technical Director, and CEO of Heathrow Airport.

Previously, Mr Douglas held senior positions in the UAE, most notably as CEO of Abu Dhabi Airports Company and as CEO of Abu Dhabi Ports Company where he was responsible for the successful delivery of Khalifa Port.

H.E. Al Mazrouei commented, "We are delighted to have Tony return to Abu Dhabi to lead Etihad. He has guided the transformation of large organisations in the UAE and UK, and he understands the UAE and the region. He is also deeply knowledgeable about commercial aviation and keenly familiar with Etihad's challenges and opportunities in a rapidly challenging industry".

## MR DOUGLAS COMMENTED,

"Etihad is a force in global aviation that must continue to adapt and evolve on its own and with industry partners. It is an economic and employment engine for the UAE and the region. With new infrastructure and attractions like the expanded airport, Louvre Abu Dhabi, and Abu Dhabi Global Market, Etihad has a central role in supporting the UAE's position as a global hub of transportation, tourism, commerce and culture".

Etihad Airways makes frequent flights from KLIA to popular destinations in the Middle East, Europe and North America. It has a check-in counter at KL Sentral for the convenience of its passengers, offering seamless connection from Kuala Lumpur to the airline's global network.

Its global network is extensive with 1,000 flights per week to over 120 passenger and cargo destinations in the Middle East, Africa, Europe, Asia and the Americas, with a fleet of 126 Airbus and Boeing aircraft as of July 2017.

For more information, please call +603 2687 2222



# Korean Air Brings In The Jumbo



**The largest and the most glamorous passenger aircraft that once ruled the skies in the 1970s, is currently represented by its latest version, the Boeing B747-8i, which is even larger, embodying Boeing's state of the art technology. It is the largest commercial aircraft built in the United States and the longest passenger aircraft in the world, and is still distinguished by its famous hump. The aircraft is affectionately known as "The Jumbo".**

Korean Air kicks off its winter schedule by bringing the first Boeing B747-8i on the 29 October on its Kuala Lumpur - Incheon route. The new 747-8i features the latest wing and engine design of large commercial jets-in-service and presents a new Dreamliner-inspired interior that includes new curved, upswept architecture, giving passengers the feel of more space and comfort.

The aircraft can carry 368 passengers flying on a range of 14,815km, whilst being cleaner, quieter, and more fuel-efficient than any other previous 747s. Korean Air currently has 10 of these aircrafts in its fleet.

Zainol Mohd Isa, Senior General Manager of Malaysia Airports said in October, "We first welcomed Korean Air in 1984. It has been 33 years since we first started business relationship and I am happy to see that it has grown from strength to strength. I am confident that Korea's national carrier will grow even further, thus benefitting our two countries and at the same time will further promote KLIA's status as a preferred hub in the region".

Korean Air Country Manager for Malaysia Jeon Young Do says, "We are very excited to introduce our Boeing 747-8i for the first time to customers in Malaysia. This is the latest version of Boeing's classic jumbo aircraft and it enables us to carry more passengers travelling between Malaysia and Korea. The aircraft is equipped with Korean Air's newest seat and AVOD system, delivering our 'Excellence in Flight' to customers with the most comfortable in-flight experience. I strongly believe that passengers will enjoy their experience flying with us".

Korean Air operates a daily flight between Kuala Lumpur and Incheon. The flight departs Kuala Lumpur at 11.59pm and arrive at Incheon Airport at 7.10am the next day. The return journey departs Incheon at 4.50pm arriving in Kuala Lumpur at 10.25pm.

For more information, please visit [www.koreanair.com](http://www.koreanair.com)





# Umrah Options With Nesma Airlines



**Founded just recently in 2010, Nesma Airlines operates both charter and full-service flights mainly in the Middle East and Europe. The airline has its headquarters in Jeddah, Saudi Arabia. On domestic flights in Saudi Arabia, it operates all-Economy aircraft.**

The airline is particularly successful with charter flights. For example, the airline currently operates charter flights linking Egypt's most popular tourist spots to Europe and the Middle East mainly to Saudi Arabia, the United Kingdom, Italy, Spain, Poland and France.

And to continue its success in the charter market, the airline started to operate scheduled flights between Saudi Arabia and regional airports.

On February this year, Nesma Airlines has officially appointed Alfajr Travel & Tours Sdn Bhd as its General Sales Agent (GSA) for umrah charter flights from Malaysia. It begins its first umrah charter flights from KL International Airport on the 23 November 2017, flying directly from Kuala Lumpur to Madinah and Kuala Lumpur to Jeddah, utilising two Boeing 777-200 aircraft with seating capacity up to 400 passengers.

The launching ceremony was held last month in Hotel Seri Pacific Kuala Lumpur and attended by the Chief Executive Officer of Nesma Airlines, Faisal Al Turki.

For more information, please call +603 – 6127 7790

# Fly Baghdad Goes International



**Small as it is, with just a few aircrafts, the emergence of Fly Baghdad in 2014 signifies the return of normality to Iraq and well wishers are rooting for its success. Its slogan, "Low Price... More Flights" suggests the challenges that lie ahead for this young airline.**

Fly Baghdad took a leap of confidence when in October, the airline launched its first international flight to officially enter the regional air travel market as a scheduled airline operating the low-cost model.

The 737-700 took off from Baghdad International Airport, heading to Sabiha Gokcen International Airport in Istanbul which is wholly



owned subsidiary of Malaysia Airports Holdings Berhad. The flight was welcomed by the traditional water canon salute by the well-organized reception inside the airport which was attended by the ISGIA CEO Ersel Goral, ISGIA Executive Director Datuk Azmi Murad and CEO of Fly Baghdad Ali Al-Hamdany.

The airline now operates three flights a week on the route, extending to daily operations by the end of the year.

Fly Baghdad could only grow from here. By the first quarter of next year, the network expects to include destinations like Amman, Beirut, Dubai, Cairo, in addition to airports in Europe and the Indian subcontinent.

For more information, please visit [www.flybaghdad.net](http://www.flybaghdad.net)



# Air Canada Gains Recognition



**Air Canada is more than just a very large international network carrier, being among the 20 largest airlines in the world – it is also highly rated, affirmed by its recent awards. The 2017 Skytrax World Airline Awards marks the sixth time in eight years Air Canada has been recognised as the Americas' number one carrier, being named Best Airline in North America. Skytrax also rates Air Canada as the only Four-Star network carrier in North America.**

To add to the accolades, in November, Air Canada was named the Best Long Haul Airline in the Americas for 2018 by AirlineRatings.com, an airline safety and product rating agency that promotes excellence in the industry. AirlineRatings.com gives Air Canada its top seven-star rating for both safety and product.



Mr Benjamin Smith, President, Passenger Airlines at Air Canada said, "Air Canada's strategic focus has been on long-haul, international flying through our expanded global network and this recognition by the well-respected AirlinesRating.com is welcome affirmation of our success. The rating is based on a thorough evaluation of criteria that are priorities for Air Canada, including safety, fleet, onboard service and products, environmental stewardship, innovation and profitability".

Mr Smith adds, "This ranking is also a recognition of the dedication of our 30,000 employees who work hard everyday taking care of our customers, transporting them safely and comfortably to more than 200 destinations around the world".

In Malaysia, Discover The World Marketing is the General Sales Agent (GSA) for Air Canada.

For more information, please call +603 – 2715 2053





## KULinary Dining Discovery raises the culinary bar



Recognising the importance of the culinary experience in its airports, Malaysia Airports started the KULinary Dining Discovery in 2016 at KLIA and klia2. The campaign boosted sales and encouraged friendly rivalry between the restaurants. The continuation of the campaign this year in October and November further affirms KULinary as a celebrated annual event.

Nazli Aziz, Malaysia Airports Senior General Manager for Commercial Services said, "Food plays an important role in connecting and educating guests about the cultural richness of each community. Through this campaign, we saw great opportunity to connect with guests who may not be able to taste the diverse flavours intrinsic to both the local and international community".

He continued, "KULinary has raised the Airport Service Quality (ASQ) of Malaysia Airports as it shows the commitment of our retailers and outlets to not only provide top notch facilities but also the guests' overall experience. In 2016, the campaign had boosted traffic and sales performance at KLIA by 46.5% and klia2 by 53.5%. It's really exciting to see friendly rivalry among the participating restaurants and their talented Chefs, supporting Malaysia Airports to collectively bring dining experience at the airports to another new level altogether".

The review, inspection and judging of the dining experience was done with FriedChillies Media Sdn Bhd (FriedChillies.com), the popular website with 19 years of experience in food review. The judging was done anonymously with judges posing as guests.

Apart from recognising the top 25 restaurants, FriedChillies listed the top 5 favourite dishes at KLIA and klia2.

Among the favourites at KLIA are the Mellocino, a double shot latte with fluffy marshmallow on top from the Coffee Club; delicacies like the selection of scrumptious fresh Japanese food at the Fukuya; Grandmama's generous Nasi Ayam Istimewa that is tri-topped with fried egg served with tangy assam prawns, golden fried chicken and pulled beef rendang; the signature Rotisserie Chicken marinated in fresh herbs and local spices from Flight Club and the tender lamb from Sama-Sama Express.

Meanwhile, the traditional and international favourites at klia2 include Bumbu Desa with its heat-packing Nasi Ikan Taliwang; The Loaf that offers enticing treats such as its novel 60°C Cube. The Green Market that specializes in Japanese and Korean cuisines; Bibik Heritage that is famous for its Sago Gula Melaka; and Sama-Sama Express with its big Cheese pizza.

Apart from KULinary, Malaysia Airports has embarked on various promotional campaigns such as 'Great Value Savers', 'Food Passport Promo' and 'Healthy Food Compilation' to increase awareness of the wide range of various delicious delicacies.



**F&B forms an inextricable part of air travel experience, and the quality of gastronomy at the airport outlets makes passenger air travel all the more pleasant and something to look forward to. It is especially so for Malaysia Airports as culinary richness is an intrinsic part of Malaysian culture.**



Congratulations to all the winners of Eraman Shopping Extravaganza June - August 2017 Buy & Win Contest! The event was graced by YBhg Datuk Seri Michael Yam Kong Choy, Chairman of Malaysia Airports (Niaga) Sdn. Bhd. at BMW Auto Bavaria, KL.

## Big Wins At Eraman

**Intrinsic to airport shopping is the experience of browsing and immersing yourself into the vast array of duty free and travel retail products. In Malaysia, ERAMAN is the largest and best there is, and its magnificence enhances the thrill of shopping at KLIA and klia2.**

The thrills jump several notches when it was announced in October that a brand new BMW 318i was won in ERAMAN's Buy and Win Contest! Not only that; the winner Mr Chin Chee Woon of Selangor also walked away with Petron Fuel Vouchers worth RM3,600 and a Bally Bag.

An ecstatic Mr Chin said, "At first, I didn't believe that I have won this grand prize. I thought it was a scam. However after a while I started to realise that this is real. I believe in luck and it was certainly on my side on this occasion! I arrived from Guangzhou to Kuala Lumpur and I purchased a few items including liquor and tobacco products from Eraman Duty Free (Arrival) Emporium at klia2. I only remembered I entered the contest but I didn't expect to win anything. Now I am walking away with a luxurious car and a year's worth of fuel by Petron".

Meanwhile, Mr Kesava Rau Letchumanan from Penang but residing in Kuala Lumpur was the winner of the grand prize of a trip to

the home of Johnnie Walker in Scotland for the #LoveScotch campaign organised by the Platinum sponsors in conjunction with the Buy & Win contest. His winning purchase was made at Eraman Duty Free Emporium Contact Pier of KLIA.

Mr Kesava Rau said, "I have always been a Johnnie Walker fan and I plan to take my brother-in-law to Scotland with me. He is a great person, he is always there for me and this will be my way of paying him back. What is rather amazing about my win is that it has always been my dream to visit Scotland and now my dream has come true!".

To Datuk Sri Michael Yam Kong Choy, Chairman of Malaysia Airports (Niaga) Sdn Bhd: the Eraman Shopping Extravaganza - Buy and Win Contest, which comprises of three phases, is aimed at reinforcing the added value to all the loyal customers: "Not only that, this contest targets to create a joyful

experience and reward them by offering bigger and better prizes worth a million ringgit throughout the duration of this contest".

Also present at the event were Mr Jeffrey Gan, Managing Director of Sime Darby Auto Bavaria Sdn Bhd, Mr Alexander Carroll, Field Controller for Asia Pacific Airport of Diageo, Encik Megat Mohd Jeffri, Brand Advisor of Petron Malaysia Refining & Marketing Berhad and Encik Zulhikam Ahmad, General Manager of Malaysia Airports (Niaga) Sdn Bhd who gave away the prizes to the lucky winners.

Fifty-three other lucky winners were announced at the event.

The second phase of the ERAMAN Shopping Extravaganza: Buy & Win Contest will run from November to December 2017. The campaign is held at all Eraman participating outlets, except Express at KLIA and klia2 and all food and beverage outlets.







# BUY & WIN



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HIRANMAYII AWLI SPEAKS TO

# SEBASTIEN DELNATTE

*From Lille to Kuala Lumpur*

**Tell us about yourself.**

I am French. I am 47 years old from a city in the north of France called Lille. I moved to London at the age of 25. Going to London was always a dream of mine. I was bewildered by people who were able to speak various languages fluently because I could only speak French at that time. Furthermore, I wasn't doing anything exciting career-wise which led me to go on a sabbatical and achieve one of my goals, which was to be able to speak English. There I was on a Friday morning with my bag in London, with no accommodation, no job and could hardly speak a word of English. However, luck would have it by the end of that day I sorted out two things, a job and accommodation. While learning English, I worked part-time in London and Edinburgh as a sommelier in a fine dining restaurant owned by Nico Ladenis and Marco Pierre White. It was a terrific experience in that industry. London and Edinburgh were a good chapter in my life.

**Tell us about your home country and what do you miss about it.**

The north of France is almost always cold, its skies masked by grey clouds and when it rains, it lasts all day. It is a land of potatoes and beer. The people there are welcoming and tend to be inside their house. In Lille, it is a norm to invite guests to your house even though you hardly know them, as opposed to the south of France where people meet outside and will hardly invite you to their place even if you have known them for a while. I guess the weather has something to do with that difference of culture. Amazingly, I do not miss much about France. I consider it being a part of my life and enjoy doing something different. Now that being said, there is a simple pleasure of having access to the boulangerie (bakery shop) so easily and where ever you are, you can always have a nice croissant in the morning.

**How long have you stayed in Malaysia?**

It has been 12 years. I arrived in March, 2005.

**What made you move to Malaysia?**

After eight years in the UK, I wanted to make a move. My first choice was Singapore. I went there for the first time in 2001 for a vacation and I just loved it. When I returned to London, I mentioned to my friend my desire to work in Singapore. At that time, the company I worked for was owned by a Malaysian, hence, a few Malaysians worked there. They advised me to look for a job in Kuala Lumpur. I came here twice on holiday and luckily enough, found a job. That was the start of a new chapter in my life which I've never regretted.

**What was your first impression about this country? Any culture shock?**

The storms in KL really impressed me. They are violent and short. I had never witnessed this before. The culture is different for sure but I was looking forward to it. The shock was intense, especially after London where everything was fast-paced. It took me a good six months to adapt to the KL pace.

**What is your typical weekend like here?**

It used to start at 7am by a session of water-ski. One of the great things living in Malaysia is that we can water-ski all-year round. To ski on water early morning is a serene feeling; the water is cold and calm. The rest of the day would be spent in restaurants I used to work at. Now, I still wake up at 7am but I get ready for a busy morning breakfast at 123gasing.

**What do you love about Malaysia?**

The usual answer; the people, the food and the hot weather. I love the mixture of cultures. There's so much for me to learn and discover. I love doing and learning new things. That's why I came to Malaysia, to have a new life and discover a new world like a kid.

**Favourite place to vacation in Malaysia?**

I have two places I like to go to; the first is Perhentian Island. For a short stay, I head to Langkawi.

**What inspired the inception of 123gasing?**

Well, I guess when you work in a restaurant and bar, the next step is to eventually open your own business. 123gasing is the dream of four friends; one an interior designer, another a contractor and the other two are from the F&B background. It was an opportunity for the four of us to execute what we have dreamt of doing.

**Tell us your favourite place to dine in the Klang Valley apart from 123Gasing.**

Pinch at Jalan Bangkung, Bangsar.

**Local cuisines you can't live without are..**

Beef rendang with coconut rice, roti pisang and banana leaf rice.



# ISMAIL LATIFF

## Man Behind the Moon

BY CHEE SUE ANNE



Waterdance ...Blue Night Dreams, 1999  
Acrylic on canvas 140 x 180 cm  
**SOLD RM 60,500.00**  
KLAS Art Auction 21 September 2013  
Edition V

### EARLY YEARS

Ismail Latiff's story is one that brims with fascination. Brought up predominantly by his mother, his father often absent, overseeing his duties as a ship captain, Ismail's intriguing past began in Singapore. He later went to live with his grandmother in Merlimau, Melaka where he received his early education in an English medium school, shaping his naïve worldview and nurturing his love for the artistic.

He had a sturdy start in the art industry, completing his Diploma in Fine Art from Mara Institute of Technology (now known as UiTM) in 1979. It was during this period of time where he met people who were about to play significant roles in his life including his wife, Noraini Jaafar and his famous course mate, Anuar Rashid. It was here that he was mentored by a few famous artists, Latiff Mohidin and Long Thien Shih, amongst them.

With a diploma under his belt and many paths ahead to walk, he took what seemed like the most practical route and went corporate with McCann-Erickson. At this international advertising company, with the role of visualiser, Ismail began his art journey.

How he landed a job there is another story to tell: Ismail first started drawing using mostly watercolours and sketches on paper. He actually sold his paintings to the then creative



Tiomman Deep Blue.. My Drovine, 2014  
Acrylic on canvas 71 x 152 cm  
**SOLD RM 27,052.80**  
KLAS Art Auction 31 January 2016  
Edition XIX



Extreme Places I Didn't Know, 2012  
Acrylic on canvas 71 x 152 cm  
**SOLD RM 23,671.20**  
KLAS Art Auction 15 January 2017  
Edition XXV

director, John Lane, who was impressed with the artistic talent that he possessed. That was what landed him a job as a finished artist and visualiser in the company, and he wasted no time in climbing the corporate ladder where he bagged many achievements such as being nominated for the Young Illustrator of Asia in Japan, 1981, and winning the first prize at the Biennale of Visual Arts, Seychelles in 1992, before becoming an art director himself.

However, a year into his new role, Ismail could no longer ignore the draw of artistic creation. It was then his art journey culminated and he finally became who he was meant to be. It was as if fate had long decided that Ismail was bound to hang in the wall of fame of internationally-acclaimed artists – his abstract and mystical artworks have not only earned him reputation, but recognition locally and internationally, putting him at par with the master artists of the world.

### THE ENTRY INTO FINE ART

This venerable man has been described as 'one of the greatest escape artists ever to wield the brush'. His is the realm of the enchanted and the enchanting, a utopian world built on love, beauty, purity and power. Ismail's works reflect a combination of movement and mythology. For Ismail, he only sees himself as a traveller who embarked on a conquest to bring the inner space, texture, colour and beauty of the natural world together and interpret them onto paper and canvas.

Art, as he perceived, is life and one of the best introductions to art is nature.

To put his remarkable paintings into words would be to take away the spark of life from his work, a necessary evil, to convey the brilliance of his work. When given a chance, one should stand to gaze at one of his

paintings to completely absorb and savour its poignant beauty.

His paintings are typically brimming with vigour and energy. They exude life as if silently capturing the raw state of an enthralling spectacle.

Usually acrylic in medium and abstract in nature, his art reflects a fusion of movement in the flow of colours – invoking the realm of mystical enchantment that can be found in nature.

Often vibrant and captivating, Ismail's paintings are designed to capture one's attention from afar before drawing them in for a more intimate affair. He aims to encourage people to slowly unpeel the layers of intrigue to uncover paradise, serene and tranquil. Ismail's paintings can be described to have elements resembling the ocean. Beneath the cacophony of vivid





Kingdom of the Sky... Valley of the King, 2005  
Acrylic and mixed media on canvas 173 x 250 cm  
**SOLD RM 56,360.00**  
KLAS Art Auction 30 July 2017  
Sale XXVIII

colours alike the waves of the sea, the deep blue ocean is the quiet and profound calm that should resonate with gazers of his paintings.

Emitting an almost dreamlike vibe, the individual elements dance gracefully across the painting to an unheard rhythm. Its tiny, delicate individual strokes and splatters made with deliberation, all accumulate to produce something much grander.

Unique to all his paintings is a shape of a circle purposefully placed in the centre of the canvas. The circle, according to Ismail is symbolic of perfection and balance, meant to embody his quest for wholeness and oneness with the cosmos.

One of his paintings, the Island in the Sky... Floating World (2001) resembles brilliantly coloured waves parting in the middle to reveal the centrepiece of the picture, a

turquoise sphere. Almost chaotic in nature, the colourful waves seem to layer atop each other with the deepest layer being the soothing bluish green smooth undertone, the foundation of the entire painting.

Another signature artwork of his would be Ismail's Magical Night...Angledance No.8 (2003). This bewitching piece of black, silver and gold captures the majestic visage of a dragon. With the sphere staying its place as the painting's focal point, it gives the appearance of the 'dragon' snaking around a moon, encircling, protecting, even worshipping the symbol of oneness and perfection.

Holy Night...Jungle of Darkness (2003) presents quite a conundrum with its amalgamation of contrasting elements. A rigid, cornered almost prison-like base of black and brown symbolic of a dark forest, is disrupted with tiny bursts of light resembling

colourful birds scattered across the painting, creating a mesmerising frame, inviting the gazer to meticulously study each 'bird', whilst similar in terms of colour combination, differ in stroke and arrangement. A stunning piece indeed.

Barungan Dance (1993) and Floating Dreams (1995) portray an entirely different world. The infusion of brush strokes create a movement that resemble the motion of the stars across the galaxy. The upward brush movements elicit a sense of reach towards the heavens, an attempt to grasp hold of an ethereal reality, a new dimension that currently escapes all of us.

It doesn't take much to appreciate many of Ismail's works. His art speaks for itself and is very open to interpretation. One just has to spend a few moments, patient to study and encounter the slow reveal of beauty and pulchritude each painting contains.



Cermin Alam...Biarkan Cahaya Bicara, 1997  
Acrylic and mixed media on canvas 138 x 178 cm  
**SOLD RM 52,800.00**  
KLAS Art Auction 2 December 2012  
Edition II

ACCOLADES AND AWARDS

To display the calibre his works imbue, this illustrious artist has won many awards and held many exhibitions, garnering him the credit his art deserves.

His first breakthrough in the art arena was in 1979. He was bestowed with the Frank Sullivan Award in the graphic art section of the Salon Malaysia art competition held by the National Art Gallery Malaysia. While he was in McCann-Erickson, he even managed to lead his team to win advertising awards such as the one for a Malaysia Airlines advertisement, an early sign of his prolific talent.

As an artist, he was nominated Young Illustrator of Asia in Japan in 1981 and won first prize at the Biennale of Visual Arts, Seychelles in 1992. It seemed like this man was destined for greatness, because his achievements continued to pile.

His first international exhibition happened in 1980, where Ismail showcased his art at the International Graphic Art Exhibition at Osaka University, Japan. His next took place at the Asian Art Biennial in Dhaka, Bangladesh, 1981.

In 1984, Ismail had his first solo exhibition in Paintings & Drawings, Hotel Equatorial, Kuala Lumpur. His international accolades

continued in 1988 with yet another showcase at the 3rd ASIAN International Art Exhibition at the Fukuoka Art Museum in Fukuoka, Japan.

1989 was a prolific year for Ismail with his taking part in three separate exhibitions, the first being at The First Asean Travelling Exhibition in Paintings, Photography & Children's Art, that took place in numerous cities; Jakarta, Kuala Lumpur, Bangkok, Manila and his hometown, Singapore, to name a few. His second stint of the year was at the 3rd International Asian European Art Biennial Exhibition that took place at the State Museum of Fine Arts, Ankara, Turkey. There, he was one of the five outstanding Malaysian artists including Choong Kam Kow, Ahmad Khalid, the esteemed Khalil Ibrahim, and the inspiring Long Thien Shih. Standing among these creative giants brought Ismail to his rightful place in the art arena. Again the same year, he exhibited at the Osaka Triennial '90 International Competition of Painting at My Dome Osaka, Japan.

Three years later, in 1992, Malaysian artists were honourably given recognition at the Jordan National Gallery of Fine Arts, in Amman, Jordan. There Ismail exhibited his work alongside Ahmad Khalid, Khalil Ibrahim, Nirmala Shanmughalingam and Sharifah Fatimah Zubir.

Ismail also took the spotlight in 1993. His solo exhibitions took the art world by storm with his



Mystery Tour... Magical Love Bird, 2014  
Acrylic on canvas 90 x 71 cm  
**SOLD RM 22,544.00**  
KLAS Art Auction 15 January 2017  
Edition XXV

Nine Years On showcase at Art Salon, Bangsar, Kuala Lumpur and again in the "Magical Tour" at the Substation Gallery in Singapore.

The following years, Ismail exhibited all over the world. He was in China in 1997, showcasing his work at "The 12th Asian International Art Exhibition" Nucleo De Pintura Contemporanea at the Circulo Dos Amigo Da Cultura, De Macau. In 1998, he was in Spain at the Exposition Art Actuel Association Ariane Essor at the San-Juan Museum, Lerida. That same year, his artworks saw France as well, when he was invited to exhibit at "The Ocean" – UNESCO and AIAP, World's Ocean, Seas, Rivers and Waterways in Perpignan. And in 2000, he touched base with his homeland, in Kuala Lumpurs' "Art For Nature – Forest For Water, Water For Life WWF Malaysia" at the Islamic Art Museum.

In 2004, Ismail went solo again on his exhibition in Blend at XOAS Gallery, Petaling Jaya, Selangor, and again in 2005, in "Magic in the Sky" at the Elle Six Art Gallery, Kuala Lumpur.

Today, this illustrious artist needs no introduction. With amazing pieces that dominate the art world, gorgeous at glance and profoundly penetrating upon inspection, Ismail has created masterpieces that will not easily escape the art community, unnoticed. The canvas comes to life with the brush of the master wielder, that is Ismail Latiff.



# TAY BAK KOI

## Timeless and Tranquil Masterpieces

BY CHEE SUE ANNE &  
HIRANMAYI AVULI MOHANAN



A second generation Singaporean artist by the name of Tay Bak Koi is fondly reminisced for his illustrations of urban landscapes, fishing villages and 'kampungs'. He was born in Singapore in 1939. His artistic beginnings initiated with a God-given talent and potential, later recognised by his father's friend who then enrolled him in the prestigious Nanyang Academy of Fine Arts (NAFA) in 1957. To Tay's dismay, his father did not approve of his enrolment in NAFA and did not garner his support as he was expected to help out with the family business and eventually take over it. Despite his ordeal and isolation, Tay remained adamant and resolute in his pursuit and was determined to thrive as an artist with a unique personal style.

Tay, a rebellious teen at NAFA soon disliked the establishment for being structurally rigid and he refused to conform. Instead, he spent much of his three-year course selling crabs at his father's market stall whilst experimenting with oils and watercolours which later became his forte. Tay knew that his career and life thenceforth would involve the arts, specifically as an artist.

It was also at NAFA where Tay was fortunate to be the disciple of the late Cheong Soo Pieng, one of the founding fathers of the Nanyang-style of paintings and widely revered for his experiments in brush techniques and the amalgamation of East-West elements in painting. Cheong greatly influenced Tay's works. In fact, many artworks produced during the early stages of his artistic career in the 1960's resembled the mark of his former teacher's style. While it would take him several years, Tay, known for his dedication to perfecting pictorial techniques and developing his own range of stylised images, eventually broke from the mould and found his own voice.

Persisting on despite the tremendous difficulty for the first and second generation artists to make a living in Singapore, Tay gained his first commercial breakthrough in the late 1970's when the prestigious Hilton Hotel recognised his talent and commissioned him to create 300 paintings to line the walls of the hotel. This would mark the beginning of an illustrious art career for Tay. To date, his works have been featured in numerous exhibitions around the world, including Hong Kong, Australia, Germany, Japan and the United States.

One will be able to observe a distinct evolution as Tay progressed through his artistic career. When he began in 1964, there was a strong lean towards mimicking the manner of his mentor, Cheong Soo Pieng. His emulation lay apparent in his watercolour piece, Abstract 6 (1964), a synergy of cold and warm colours, fabricating a composition that is vivid and vibrant, heavily reflecting the Nanyang-Cubist style, widely practised by pioneering artists, his teacher included.

Boats with Village Scene, 1993  
Gouache on paper 93 x 45 cm  
**SOLD RM 24,798.40**  
KLAS Art Auction 4 September 2016  
Edition XXII



Under The Tree, Undated  
Acrylic on rice paper 30 x 30 cm  
**SOLD RM 9,040.00**  
KLAS Art Auction 8 November 2014  
Edition XII



By The Stream, Undated  
Acrylic on rice paper 30 x 30 cm  
**SOLD RM 7,326.80**  
KLAS Art Auction 13 September 2015  
Edition XVII



Boats, Undated  
Acrylic on rice paper 13 x 22 cm  
**SOLD RM 4,734.24**  
KLAS Art Auction 13 September 2015  
Edition XVII

As Tay grew in experience and experimentation, we see his art starting to come to life in a unique way. His paintings Fishing Point and Boats, and Warehouses by the Singapore River thrived on a palette dominated by cool colours, mainly blue and green. Their complexity and richness both in texture and form far surpasses those of his earlier paintings. Turning from the bold and abstract, Tay's work now took on a dreamlike quality, often blurring the lines between fantasy and reality, emitting a sense of tranquillity, and even timelessness.

Tay continued his tinkering on canvas for six years before he fashioned his own unique visual interpretation of buffaloes, which would become

a distinctive mark in many of his paintings. The animals, depicted in an askew geometrical form, are highly stylised, with comically massive bodies supported on two pairs of inverted V-shaped legs, and with small heads and sharp humps.

In the 1990's, Tay began incorporating warmer colours into his palette, his works transforming to become more grounded, real and ornamental. During this period, Singapore was modernising rapidly and Tay worked on capturing the nostalgia and recollection of the country's familiar landmarks and favourite haunts. It was then he painted an oeuvre of urban landscapes that included the Singapore

River, as well as Chinatown with its bustling vendors and colourful makeshift tents.

Another one of his noteworthy creations depicts the captivating battle of two fighting cocks in Kelantan. The intensity of the scene was so beautifully captured by Tay, you could feel the energy reverberating off the painting. Dominated by hues of red and orange, the use of swift, forceful one-directional brush strokes convey the aggressive motion of the cocks, in the heat of skirmish, their wings flapping frantically and feathers splitting as the fray goes on.

From fresh art graduate in the 1960's to confident master by the 1980's, able to command his own visual poetry, it is a delight to witness the journey of the great Tay Bak Koi through his paintings. It is a sad fact that Tay had created his final art piece. Even then, his extraordinary work, though usually depicting life's most ordinary moments, still to this day, remain exquisite and lyrical to the eye.

Tay's illustrious career came to a soaring end when he passed away in 2005. Two years after his passing, a solo exhibition of Tay's works was hosted by the Stamford House of Singapore, a tribute to the artist entitled, 'Reminiscences of Tay Bak Koi'. In 2013, a group comprising art collectors celebrated the legacy of the late artist by presenting an exhibition, 'Reminiscing Tay Bak Koi'. A form of mini retrospective, the showcase unveiled over 40 of Tay's works, some dating back to his juvenescence as an artist. However, what took prominence during the showcase was a two-metre, mammoth of oil composition of buffaloes accomplished by Tay in the 80s.





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Hotel Facade

# VILLAGE HOTEL ALBERT COURT

Vacation like a Local!

180 Albert Street Singapore 189971  
frontofc.vhac@fareast.com.sg  
Hotel: +65 6339 3939 / Reservations: +65 6881 8888

BY JACQUELINE BENITA PAUL



Club room

If there is simply one rule to ensure that you have a holistic Singaporean experience, that rule will be to choose the right place for your accommodation.

Singapore is all about enjoying the amalgamation of cultures that is reflected on the architecture, art, music, food and more. On that note, we decided to spend a short weekend at the Village Hotel Albert Court that is just minutes away from the bright lights of Little India and the culture-rich Straits Chinese enclave of Bugis Street.

Around the compound, we noticed the traditional Indian and Peranakan carvings and motifs on the walls. Adding to the balance between old and new, the hotel has a central courtyard that offers a quiet respite from the bustling malls located just a stone's throw away. Stepping out, we found ourselves within walking distance of both historical and modern attractions such as the Goddess of Mercy Temple and the Singapore Art Museum. If you're looking to live like a local, Village Hotel Albert Court will definitely put you right at the centre of it all.



Jacuzzi

Though, the Village Hotel Albert Court did not earn its Certificate of Excellence 2017 solely for its good location. The hotel offers various services and facilities that rival the traditional chain hotels'. For our stay, we felt it was worth going for the Club room for its incredibly reasonable price and access to the lobby lounge. Besides serving delightful cocktails and other alcoholic and non-alcoholic beverages and light snacks, the Lobby Lounge is an ideal place for people watching. From its vantage point, we spent a leisurely afternoon watching life passed us by through the steady stream of guests checking in and out.

Before we ventured off to experience the local way of life in Singapore, we took a dip in the four-seater jacuzzi pool that is accessible to all guests of the hotel. It was certainly a relaxing experience that would be especially appreciated by business travellers. The facilities offered also include a gymnasium that is equipped with the latest treadmills, weights and cycles. There is even a café within the hotel that serves a generous breakfast spread. Dining within the refurbished colonial building is certainly an experience that should not be missed.

Overall, we felt that Village Hotel Albert Court is the hotel you should stay in to get that holistic Singaporean experience. It is reasonably priced without compromising on the facilities and quality of service.



Courtyard



# THE SETTLEMENT HOTEL MELAKA

Where History and Hospitality Collide

BY HIRANMAYII AWLI MOHANAN

Jalan Ujong Pasir, Taman Aman, 75050 Melaka  
Tel: 06-292 1133

When you think of Melaka, there are so many things that leap to mind such as its history, culture and most importantly, its food. The Settlement Hotel Melaka seeks to capture and preserve Melaka’s illustrious history, and to weave its guests through an evolution of cultures and hospitality. After two years of fervent restoration, the 1960’s four-storey government building located at the fringe of the Portuguese Settlement has been revived in the glorious form of an intimate boutique hotel that showcases the unique intertwined cultures and rich heritage of Melaka.



Hotel Facade

Standing proudly against a backdrop of unpretentious everyday-life Melaka, The Settlement Hotel boasts a 45-room residence block and four villas spread elegantly over a total built-up area of 35,000 square feet of garden and lawn. Much of the original building structure was retained to become “The Residences”, while five traditional Malay villas were constructed nearby, one of which has been converted into a lavish traditional spa facility with three therapy or massage rooms offering numerous relaxing and rejuvenating experiences, with a swimming pool beside it for guests who wish to have a refreshing dip.

Expect to be spoilt to the hilt the moment you step into the neoclassical interior of The Settlement Hotel Melaka. As one enters the establishment, a 350-year-old prized Sultan Bed awaits magnificently at the front porch on a carefully tiled floor with century-old tiles hailing from a Palembang mosque in Sumatra. The tiles carry entails a unique story. The quaint hotel lobby, aptly named The Cool Room is where patrons will be ushered to the Dining Room to relax after their journey while enjoying a cup of traditional English tea. Priding themselves in providing exceptional service to guests, the front-office ambassadors will take care of guests’ registration and subsequently, The Settlement ambassadors will personally escort guests to their respective rooms or suites to introduce the room amenities.

### ACCOMMODATION

The hotel offers seven variants of room types, from Deluxe Room Queen which hosts two people comfortably to the opulent Settlement Suite. The rooms are airy, featuring high ceilings. The style of the room we stayed in is classic, with earthy hues adorning the walls and a pop of yellow on its throw pillows. The bathroom complements the colours and style of the rooms. Every room variant is equipped with a bathtub, shower and granite-like tiles embellishing the walls of the bathroom. We loved the tasteful furnishings, play of colour tones in both the room and bathroom, a perfect balance of the old and new.

### DINING

We were well-fed during our stay at The Settlement Hotel. We satiated our palates with the array of local fare like Peranakan cuisine, Chinese, Indian, and even Portuguese, Western and Middle Eastern to mix it up. It was pleasing to the taste buds and senses, a gastronomic adventure to remember. When dusk approaches and you are looking for a spot to relax and soak in the ambience, we recommend heading over to The Long Table Bar. It is located in the garden terrace, near the pergola. This spot is intended to allow guests to bask in the natural surroundings filled with the sweet scent of the ‘bunga kesidang’ (Malacca’s state flower) while



Guestroom



Dining area

enjoying a round of drinks or a casual conversation with friends. The highlight of our evening aside from the libations was the ginormous 27-foot long wooden table, which is said to be the longest table in Malaysia carved from a single tree trunk.



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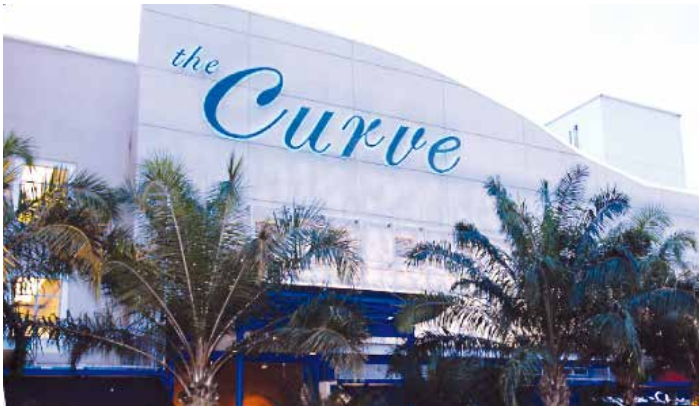


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**THRIVEN**

Developer: Mayfair Ventures Sdn Bhd (1046201-T) • Developer's License No.: 14157-1/11-2017/0941(I) • Validity Period: 10/11/2015 - 09/11/2017 • Advertising & Sales Permit No.: 14157-1/11-2017/0941(P) • Validity Period: 10/11/2015 - 09/11/2017 • Approving Authority: Majlis Bandaraya Petaling Jaya • Approval Plan No.: MBPJ/120100/7/P1079/2015 • Land Encumbrances: United Overseas Bank (Malaysia) Bhd • Land Tenure: Leasehold 99 years (Expiry 30 December 2114) • Expected Date of Completion: June 2019 • Type of Property: Serviced Residences • Total Units: 372 • Selling Price: RM809,200.00 (Min) - RM1,952,303.00 (Max) • Built Up: 862sqft (Min) - 2,218sqft (Max) • Bumiputera Discount: 10% • SOHO: Total Units: 62 • Selling Price: RM550,000 (Min) - RM 700,000 (Max) • Built Up: 441sqft (Min) - 452sqft (Max) • Restriction in Interest: This land cannot be transferred, leased or charged without prior consent from State Authority.





**the Curve**  
Mutiarra Damansara, PJ  
Tel : 03-7710 6868  
Situating in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.

**Bangsar Village**  
Jalan Ara, Bangsar • 📍 Bangsar  
Tel : 03-2282 1808  
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

**Alamanda Putrajaya**  
Jalan Alamanda, Precinct 1, Putrajaya  
Tel : 03-8888 8882  
Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Alamanda offers a new resort-style shopping to suit the needs of all - from Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

**CapSquare**  
Jalan Munshi Abdullah • 📍 M Tuanku  
📍 Dang Wangi  
Tel: 03-2697 7662  
Strategically located in the heart of KL's midtown area, CapSquare is an eclectic mix of signature offices, Manhattan-inspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

**Publika Shopping Gallery**  
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur  
Tel: 03-6211 7877  
www.publika.com.my  
www.facebook.com/publikashoppinggallery

**Suria KLCC**  
Petronas Twin Towers • 📍 KLCC  
Tel : 03-2382 2828 / 2430 / 2431  
Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

**Sunway Pyramid**  
Bandar Sunway  
Tel : 03-74943100  
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

**Pavilion KL**  
168, Jalan Bukit Bintang • 📍 B Bintang  
Tel : 03-2118 8833  
The shopping centre blends the best of the international retail world with 450 stores - ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

**Bangsar Shopping Centre**  
Jalan Maarof, Bangsar  
Tel : 03-2094 7700  
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

**Mayu Junction Mall**  
1001 Jalan Sultan Ismail • 📍  
Tel: 03-2697 9312  
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichil Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

**IPC Shopping Centre (Formerly Ikano)**  
2, Jalan PUJ 7/2, Damansara Mutiara, PJ  
Tel: 03-7730 0333  
Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

**Pertama Complex**  
Jalan Tuanku Abdul Rahman  
📍 M Tuanku  
📍 Bandaraya • 🚶 Bank Negara  
Tel: 03-2691 6599  
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

**Sogo KL**  
Jalan Tuanku Abdul Rahman  
• 📍 M Tuanku  
• 📍 Bandaraya • 🚶 Bank Negara  
Tel : 03-2698 2111  
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

**Starhill Gallery**  
181 Jln Bkt Bintang • 📍 B Bintang  
Tel: 03-2782 3800  
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. • 10am - 10pm daily • E9

**Sungei Wang Plaza**  
Jalan Sultan Ismail • 📍 B Bintang  
Tel: 03-2142 6636  
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers • 10am - 10pm daily • F8

**Subang Parade**  
Subang Jaya • 🚶 Subang  
Tel: 03-5633 2530  
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door. • 10am - 10pm daily.

**Great Eastern Mall**  
303 Jalan Ampang  
Tel : 03-4259 8090  
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.



**Hartamas Shopping Centre**  
Plaza Damas, 60 Jalan Sri Hartamas 1  
Tel: 03-6201 6553  
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

**Lot 10**  
50 Jalan Sultan Ismail • 📍 B Bintang  
Tel : 03-2143 6092  
Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

**Low Yat Plaza**  
Off Jalan Bukit Bintang • 📍 B Bintang  
Tel : 03-2148 3651  
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

**MINES Shopping Fair Centre**  
Seri Kembangan • 🚶 Serdang  
Tel: 03-8949 6288  
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. • 10am - 10pm daily.

**Mid Valley Megamall**  
Lingkaran Syed Putra • 🚶 Mid Valley  
Tel : 03-2938 3333  
The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

**The Gardens**  
Mid Valley City • 🚶 Mid Valley  
Tel : 03-2297 0288  
10am - 10pm dayly

**Sunway Putra Mall (Formerly The Mall)**  
100 Jalan Putra, KL • 📍 PWTC  
Tel: 03-2786 9333  
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

NON-SMOKING BAR



DINE

 <p><b>PRECIOUS OLD CHINA</b> Lot 2, Mezzanine Floor, Central Market, Jalan Hang Kasturi, 50050 Kuala Lumpur</p>	 <p><b>CMCR</b> Granola-1 New Podium, Plaza Vads No. 1 Jalan Tun Mohd Faud, Taman Tun Dr Ismail, 60000 Kuala Lumpur</p>
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Chinese

**Celestial Court**  
03-2717 9988 📍 M Tuanku •  
Sheraton Imperial Hotel  
• Halal • Casual Dining • C6

**Chynna**  
03-2264 2264 📍 KL Sentral • Hilton KL  
• Halal • Casual Dining • H3

**Dynasty**  
03-2771 6773 📍 B Nanas • East Wing, Renaissance Hotel  
• Non-Halal • Casual Dining • D7

**Dynasty Dragon**  
03-4280 5666 📍 Ampang Water Front  
• Non-Halal • Casual Dining • F8

**Hakka**  
03-21431907 📍 Raja Chulan 6 Jalan Kia Peng • Non-Halal • Casual Dining • E9

**Imbi Palace**  
03-2143 1128 📍 Jalan Bukit Bintang Pavillion • Non-Halal • Casual Dining • F8

**Kim Ma**  
03-8946 2333 • Palace of the Golden Horses • The Mines Resort City • Halal Fine Dining • Cantonese cuisine

**Lai Po Heen**  
03-2179 8885 📍 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

**Li Yen**  
03-2782 9033 📍 B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

**Mayu Palace**  
03-2691 8822 📍 M Tuanku S Ismail • Level 5, Mayu Junction Mall • Halal • Casual Dining • C5

**Mandarin Palace**  
03-2148 8744 📍 B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

**Marco Polo**  
03-2141 2233 📍 Raja Chulan • 1/F, Wisma Lim Foo Yong, Jalan Raja Chulan • Non-Halal • Casual Dining • E8

**Meisan**  
03-2614 8056 📍 Bandaraya • Quality Hotel City Centre • Jalan Raja Laut • Halal • Casual Dining • Szechuan cuisine

**Ming Palace**  
03-2161 8888 📍 Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

**Ming Room**  
03-2284 8822 📍 Bangsar • Bangsar Shopping Centre • Non-Halal • Casual Dining

**Oriental Noble House**  
03-2145 8822 📍 Imbi • 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

**Overseas**  
03-2144 9911 📍 B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

**Purple Cane**  
03-2272 3090 📍 Maharajalela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

**Xin Cuisine**  
03-2144 2200 📍 B Nanas • Concorde Hotel • Non-Halal • Private Dining • D7

**Play Lounge**  
64M, Jalan SS21/58, Damansara Utama, 47400, Petaling Jaya  
Tel: +6011-3920 7568

**Alexis the Bar Upstairs (partial smoking section)**  
29A Jalan Telawi 3, Bangsar Baru, 59100 Kuala Lumpur  
Tel: +603 2284 2880

French  
**Café Café**  
03-2141 8141 📍 Maharajalela • 175 Jalan Maharajalela • Halal • Fine Dining • Fr & Italian • H7

Fusion

**Cilantro**  
03-2179 8082 • MiCasa All Suite Hotel, 368B Jalan Tun Razak • Pork-Free • Halal • Fine Dining • D10

**Shook!**  
03-2782 3875 📍 B Bintang • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Indian

**Estana Curry House**  
03-2141 1958 📍 Raja Chulan • 23D, Jln Sultan Ismail • Halal • Casual Dining • C6

**Passage Thru' India**  
03-2145 0366 • 4, Jln Delima,kl  
Halal • Casual Dining • E10

**Spice Garden Imperial**  
03-2142 2220 📍 B. Bintang • 205 Jln Bkt Bintang.

International

**Essence**  
03-2717 9900 📍 M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

**The Resort Cafe**  
03 - 7495 2009 . Lobby Level, Sunway Resort Hotel & Spa  
\*Pork-Free Restaurant

**Eight Gourmets Gala (EGG)**  
017 948 8684 . Suite G-01, Ground Floor, Pinnacle Annexe, Persiaran Lagoon, Bandar Sunway, 47500, Selangor

**Maya Brasserie**  
03- 2711 8866 📍 B Nanas KLCC • Hotel Maya KL • Halal • Casual Dining • Nyonya & International • D8

**Melting Pot**  
012-399 0734 📍 B Nanas Concorde Hotel, 2 Jln Sultan Ismail • Halal • 24-hour • Casual Dining • D7

**Still Water Restaurant**  
03-2333 1360 📍 B Nanas 📍 KLCC • Hotel Maya KL • Halal • Casual Dining • Japanese & Western • D8

**PNB Darby Cafe**  
03-7490 3838 📍 Ampang Park • G/F, PNB Darby Park, Executive Suites, 10 Jalan Binjai • Halal • Casual Dining • D9

**Hubba Hubba Mont Kiara (partial smoking section)**  
Level G, Seni Mont Kiara, 2A, Changkat Duta Kiara, 50480 Kuala Lumpur  
Tel: +6012 205 0442

**The Berlin KL**  
208, Jalan Tun HS Lee, 50000 Kuala Lumpur  
Tel: +603-20222111



Italian

**Cellini's**  
03-2715 1000 📍 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

**Tamarind Springs**  
03-4256 9300 • Jalan 1 Taman Tun Abdul Razak, Ampang  
Halal • Fine Dining

**La Risata**  
03-4252 6269 • 26, Persiaran Ampang • Halal • Casual Dining

**Prego**  
03-2773 8338 📍 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

**Villa Danieli**  
03-2717 9922 📍 M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

**Tatsu Japanese Restaurant**  
03-2782 6118 📍 Ampang Park InterContinental Hotel  
Halal • Casual Dining • C9

**Gen**  
03-4042 9888 📍 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

**Nobu Kuala Lumpur**  
03-2164 5084 • Menara 3 Petronas  
Persiaran KLCC • Fine Dining

**Fukuya Restaurant**  
03-2144 1022 • 9, Jalan Delima, Imbi, Kuala Lumpur • Casual Dining

**Haru Japanese Restaurant**  
03-2011 8783 • 124A, Jalan Kasah, Medan Damansara • Casual Dining

**Iketeru**  
03-2264 2264 📍 Stesen Sentral KL • Hilton Kuala Lumpur, 3 Jln Stesen Sentral  
Halal • Casual Dining

**Kampachi**  
03-2148 9608 📍 Raja Chulan • Pavilion KL

**Kokufu**  
03-4049 4412 • Sri Pan Pacific KL  
Halal • Fine Dining

**Komura**  
03-2161 8888 📍 Ampang Park Corus Hotel • Casual Dining • C9

**Ozeki Tokyo Cuizine**  
03-2166 4263 📍 B Nanas • Menara TA One • Halal • Fine Dining • D8

**Yuzu**  
03-2284 7663 • The Gardens, Mid Valley City • Casual Dining

**Sagano**  
03-2162 2233 📍 B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

**Da On**  
03-2141 2100 📍 B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

**Koong Jung**  
03-2166 7181 📍 Ampang Park • PNB Darby Park • Halal • D9

**Koryo Won**  
03-2143 2189 📍 Bukit Bintang • Starhill Gallery • Halal • Casual Dining • E8

Thai

**Rama V Fine Thai Cuisine**  
03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

★★★★★

**Sheraton Imperial KL**  
03-2717 9900 • Jln Sultan Ismail • 📍 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300- RM5,825 • D6

**Hotel Istana**  
03-2141 9988 • 73, Jalan Raja Chulan • 📍 R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'l) • From RM299-RM5000 • E8 • www.hotelistana.com.my

**Hotel Maya KL**  
03-2711 8866 • Jalan Ampang • 📍 Bukit Nanas 📍 KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325- RM1,800 • D8 • www.hotelmaya.com.my

**InterContinental KL**  
03-2782 6000 • 165, Jalan Ampang • 📍 Ampang Park • Serena Brasserie, Tao (chi) , Tatsu (Jap), Bentley's Pub, Lobby Lounge & The Deli • From RM330- RM12,500 • C9 • www.intercontinental.com

**JW Marriott Hotel KL**  
03-2715 9000 • 183 Jalan Bukit Bintang • 📍 B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400- RM8,000 • E9 • www.marriott.com

**Le Meridien KL**  
03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • 📍 📍 📍 KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 • www.lemeridienkualalumpur.com

**Mandarin Oriental Hotel**  
03-2380 8888 • KL City Centre • 📍 KLCC • Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409(Internet)/RM499(phone) • D8 • www.mandarinoriental.com

**Philea Mines Beach Resort**  
03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • 📍 Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

**Sama-Sama Hotel KLIA**  
03-8787 3333 • Kuala Lumpur International Airport • 📍 KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ • www.samasamahotels.com

**Parkroyal Kuala Lumpur**  
03-2147 0088 Jln Sultan Ismail • 📍 B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Klx Lounge • From RM270 • www.parkroyalhotels.com

**PNB Darby Park Executive Suites**  
03-7490 3333 • 10, Jln Binjai • 📍 Ampang Park • The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350- RM686 • D9 • www.pnbdarbyparksuites-kl.com

**Pullman Kuala Lumpur**  
03-2170 8888 • 4, Jalan Conlay • 📍 Raja Chulan • Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9 • www.princehotelkl.com

**Renaissance KL**  
03-2162 2233 • Corner of Jln S. Ismail/ Jln Ampang • 📍 B Nanas • Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTations (Int'l) • From RM215-RM6,000 • D7

**The St. Regis Kuala Lumpur**  
03-2727 1111 • Jalan Stesen Sentral 2, Kuala Lumpur Sentral • From RM850

**Shangri-La Hotel KL**  
03-2032 2388 • 11 Jalan Sultan Ismail • 📍 B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

**Sheraton Imperial Hotel**  
03-2717 9900 Jln Sultan Ismail • 📍 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Calestial Court (Chi) • From RM300- RM5,8250 • D6

**The Gardens Hotel & Residences**  
03-2268 1188 • Mid Valley City • 📍 Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtres.com

**Sunway Putra Hotel (Formerly The Legend Hotel)**  
03-4042 9888 • Putra Place, 100 Jalan Putra • 📍 PWTC • Museum (Chi), Di-Atas Brasserie (Int'l), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www.legendhotelkl.com

**The Ritz-Carlton KL**  
03-2142 8000 • 168, Jalan Imbi • 📍 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

**The Ritz-Carlton Residences**  
03-2142 9000 • 📍 B Bintang • From RM950-RM1,330 • F9

**The Royal Chulan**  
03-2688 9688 • Jalan Conlay • 📍 R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

★★★★★

**Aloft Kuala Lumpur Sentral**  
03-2723 1000  
Jalan Stesen Sentral  
KL Sentral • 📍 📍 📍 KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • www.starwoodhotels.com/aloft-hotels

**Ancasa Hotel KL**  
03-2026 6060 • Jln Tun Tan Cheng Lock • 📍 Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

**Boulevard Hotel**  
03-2295 8111/2295 8000 📍 Mid Valley City, Lingkaran Syed Putra • Mid Valley • Wild Rice (Int'l) • Rates from RM290Nett – RM420Nett • www.blvhotel.com

**Concorde Hotel**  
03-2144 2200 • 2 Jalan Sultan Ismail • 📍 B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178+- RM320++ • D7

**Coronade Hotel KL**  
03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 📍 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge • From RM208- RM500 • F8 • www.coronade.com

**Corus Hotel KL**  
03-2161 8888 • Jalan Ampang • 📍 Ampang Park • Ming Palace(Chi), Dondang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotelkl.com

**Dorsett Regency**  
03-2716 1000 • 172, Jalan Imbi • 📍 B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200 onwards • F9 • www.dorsettregency-kl.com

**Seri Bukit Ceylon**  
03-20201708 • No 8, Lorong Ceylon off Jalan Raja Chulan • From RM250-RM480 • E7



The Majestic Hotel Kuala Lumpur  
5 Jalan Sultan Hishammuddin, 50000 Kuala Lumpur, Malaysia.  
03-2785 8000  
www.majestickl.com

**Federal Hotel**  
03-2148 9166 • 35, Jalan Bukit Bintang • 📍 B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 • www.fhhotels.com

**Grand Seasons**  
03-2697 8888 • 72, Jalan Pahang • 📍 Chow Kit 📍 KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

**Impiana KLCC Hotel & Spa**  
03-2147 1111 • 13 Jln Pinang • 📍 R Chulan • Tonka Bean Cafe (Int'l) • From RM219- RM368 • D8 • www.impiana.com

**Novotel City Centre KL**  
03-2147 0888 • 2 Jln Kia Peng • Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260- RM660 • E8 • www.novotel.com

**Pacific Regency Hotel Suites**  
03-2332 7777 • Menara PanGlobal, Jalan Punchak • 📍 B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290- RM500 • D7 • www.pacific-regency.com

**Sunway Resort Hotel & Spa**  
03- 7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

**Quality Hotel City Centre**  
03-2614 8000 • Jalan Raja Laut • DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150- RM550 • C5 • www.qualifi.com.my

**Swiss Garden Hotel**  
03-2141 3333 • 117, Jln Pudu • 📍 Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From470+

**The Royale Bintang KL**  
03-2143 9898 17-21 Jalan Bukit Bintang • 📍 B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

**The Royale Bintang Damansara**  
03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 • www.royalebintang.com.my

**The ZON All Suites Residences on the Park**  
03-2164 8000 • 161D Jalan Ampang • 📍 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 • www.zonhotel.com.my

**Traders Hotel**  
03-2332 9888 • Kuala Lumpur City Centre • 📍 KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

**Vistana KL**  
03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 📍 Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

**Hotel Capitol Kuala Lumpur**  
03-21437000 • Jalan Bulan Off Jalan Bukit Bintang • www.capitol.com.my

★★★

**Alpha Genesis**  
03-2141 2000 • 45 Tingkat Tong Shin • 📍 B Bintang • Tee Box Café • From RM150-RM380 • F7 • www.alphagenesishotel.com

**Cititel Mid Valley**  
03-2296 1188 • Mid Valley, Lingkaran Syed Putra • 📍 Mid Valley • Citl Café • Rates from RM205Nett – RM320Nett

**Corona Inn**  
03-2144 3888 • 22, Jalan Tong Shin • 📍 B Bintang • Corona Café • From RM130- RM180 • F8 • www.coronainn-kuala-lumpur.com

**Grand Continental**  
03-2693 9333 • Jln Bella/Jln Raja Laut • 📍 PWTC M Tuanku • Grand Star (Chi) , Lai Marble Coffeehouse • From RM135- RM800 • C5 • www.ghihotels.com.my

**First World Hotel**  
03-6101 1118 • Genting Highlands • ristorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 – RM460

**Midah KL**  
03-2273 9999 • 8, Jalan Kampung Attap • 📍 Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café • From RM145-RM250 • G5

**Prescott Inn**  
03-2713 7887 • 23 Lrg Medan Tuanku 1, off Jln Sultan Ismail • 📍 M Tuanku • Makana Restaurant • From RM110-RM170 • C5

HOTEL & RESORT  
★★★★★

**Ascott KL**  
03-2718 6868  
9, Jalan Pinang • 📍 R Chulan • From RM380-RM790

**Berjaya Times Square Hotel & ConventionCentre**  
03-2117 8000 • 1 Jalan Imbi • 📍 Imbi • Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl.com

**Seri Pacific Hotel Kuala Lumpur**  
03-4042 5555 • Jalan Putra • 📍 PWTC Zende (Int'l), Kokufu (Jap), lounge to Chereza From RM198++ to RM3,000 • B5  
www.seripacifichotel.com

**Grand Hyatt Kuala Lumpur**  
03-2182 1234 • Jalan Pinang • 📍 KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610  
www.kualalumpur.grand.hyatt.com

**The Westin KL**  
03-2731 8333 199 • Jalan Bukit Bintang • 📍 B Bintang • Prego (Ita), Living Room (Int'l), Qba (Bar & Grill), Treats (gourmet bakery), Eest (Pan Asian) • From RM480- RM7,000 • E9 • www.westin.com

**Grand Millennium KL**  
03-2117 4888 • 160, Jalan Bukit Bintang • 📍 Bukit Bintang • Zing (Chi), The Mill (Int'l) • From RM300-RM5,600 • www.millenniumhotel.com

**Hilton KL**  
03-2264 2264 • 3, Jln Stesen • Sentral, KL Sentral • 📍 📍 📍 KL Sentral • Chynna(Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 • www1.hilton.com

**Hilton PJ**  
03-7955 9122 • 2 Jalan Barat, PJ • 📍 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

**Holiday Inn Kuala Lumpur Glenmarie**  
03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam •Fu-Rin (Jap), Kites (Int'l), The Mix Restaurant & Bar • From RM290 • www.holidayinn.com/glenmarie



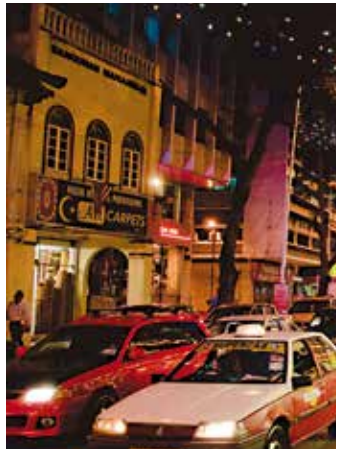
**KL Tower**  
03-2020 5499  
📍 Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



**Istana Negara, Jalan Duta**  
Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



**National Monument**  
Jalan Tugu, off Jalan Parlimen  
• Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



**Little India**  
📍 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



**National Museum**  
03-2267 1111 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



**Jamek Mosque**  
Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am- 1:30pm & 2:30pm-6pm.



**Swiss-Inn KL**  
03-2072 3333 • 62, Jln Sultan • 🚗  
Maharajalela  
• Café Petaling • From RM130-RM175  
• G6

**The Plaza Hotel**  
03-2698 2255 • Jalan Raja Laut • 🚗 Sultan  
Ismail • Pago-Pago Café (Continental),  
Plaza Court (Chi) • From RM110-RM178  
• C5

SIGHTSEEING

**Aquaria KLCC**  
03-2333 1888 • 🚗 Raja Chulan 🚗 KLCC •  
All 60,000 sq ft of Aquaria encompasses  
Evolution, Jewels of the Jungle, Deep  
Forest, The Coasts and Touch Pool, The  
Livingb Oceans and The Living Reef, with  
over 5000 aquatic and land-bound animals  
representing over 150 different species.  
Don't miss the 90-metre underwater tunnel.  
Opens daily from 11am-8pm. (Including  
weekends, school and public holidays) Last  
admission at 7pm. Entry RM38 (adult), RM26  
(children) • D8



**Craft Complex**  
03- 2164 8344  
🚗 Raja Chulan • 63, Jalan Conlay, •  
Showcases ethnic handicrafts, batik  
printing and pottery from the 13 states  
of Malaysia. • Opens 9am- 6pm daily.  
• E9 FREE

**Lake Gardens**  
Jalan Parlimen • Located near the city  
centre, this 9.2ha landscaped garden is  
built around a lake. Several attractions  
are found within the park including an  
Orchid Garden, Hibiscus Garden,  
Butterfly Park, Bird Park, Deer Park,  
National Monument and the Asean  
Sculpture Garden • F3

**Malaysian Tourism Centre**  
03-9235 4848 • 🚗 B Nanas • 109  
Jalan Ampang • This is a one-stop  
tourist service centre comprising the  
information counter (7am-10pm)  
Transnasional Executive Coach counter,  
domestic tour booking counter, money  
changer, restaurant and craft demo  
centre. Built in 1935, the building was the  
home of wealthy tin-miner and planter,  
Eu Tong Seng. Cultural shows are on Tues,  
Thur, Sat & Sun 2-2.30pm. • D7

**Merdeka Square**  
🚗 Masjid Jamek • Jalan Raja •  
Opposite the Sultan Abdul Samad  
Building, this is the site where the  
independence of Malaya was declared  
on 31 August, 1957. The 100m high  
flagpole is the tallest in the world. Live  
entertainment and cultural shows are  
staged here on festive occasions. The  
Royal Selangor Club and St. Mary's  
Cathedral are located nearby. • E5

**Batu Caves**  
03-6189 6284 • This popular Hindu  
temple draws hundreds of thousand  
of visitors during Thaipusam. It  
consists of three grand caves: the  
Dark Cave,the Museum Cave and the  
Temple Cave with brilliant rock  
formations. The Museum Cave at  
the foothills has interesting display  
of Indian mythology. To reach the  
main Temple Cave, one has to climb  
272 steps.

**Bird Park**  
03-2272 1010 • Located at the Lake  
Gardens, this 8.4ha bird park is the  
world's largest free-flight walk-in  
aviary. It is home to more than  
3,000 birds from approximately 200  
species. Opens daily from 9am-  
6.00pm . F4

**Butterfly Park**  
03-2693 4799 • Over 120 species  
of butterflies can be found in this  
park located at the Lake Gardens'  
vicinity. Admission is RM9 for adults  
and RM2 for children. Camera: RM3.  
Opens 9am to 6pm daily. • F4



**Telekom Museum**  
03-2031 9966  
🚗 Raja Chulan • Jalan Raja Chulan  
• Displays interesting exhibits of  
telephones and evolution of their  
designs over the years.  
• Opens 9am-5pm. Closed on Mondays  
• E6 FREE

**National Science Centre**  
03-2092 1150 • Persiaran Bukit Kiara •  
Houses 9 galleries with different scientific  
themes. Offers interesting interactive  
displays for learning and entertainment.  
• Opens 10am-5pm. Closed on Friday.

**National Mosque**  
03-2693 7784 • 🚗 KL • Jalan Perdana  
• This mosque embodies contemporary  
designs, together with traditional Islamic  
art, calligraphy and ornamentation.  
The main dome with its 18-point star,  
represents the 13 states of Malaysia  
unified by the Five Pillars of Islam. Visitors  
must dress conservatively and remove  
their shoes before entering the mosque  
• Opens 9am to 12noon; 3pm to 4pm;  
5:30pm to 6:30pm daily. • F4

**National Planetarium**  
03-2273 4303 • Lot 54 Jalan Perdana •  
Located close to the National Mosque,  
the attractions include space science  
and astronomy exhibits, a theatre  
screening 3-Dimensional movies, a  
viewing gallery and an observatory •  
Admission is RM1 for adults and children  
over 12 years [extra charges for all  
shows]. Opens 9:30am to 4:15pm daily.  
Closed on Monday except public &  
school holidays • G4

**Bukit Nanas Forest Recreational  
Park**  
03-2306 3421 / 2064 4741 • 🚗 Bukit Nanas  
• Nestled in the heart of KL, the virgin  
forest-clad hill is a 10.5 ha park offering a  
10-minute & a 20-minute walk trails from  
the Forest Information Centre at Jalan  
Raja Chulan to KL Tower. • E7

**Central Market**  
03-2274 6542 • 🚗 Pasar Seni Once the  
city's biggest wet market, it is now a  
centre for food and cultural activities.  
Cultural performances are staged during  
weekends at the riverside amphitheatre.  
Handicraft, souvenirs, art & portrait  
paintings are sold at bargain prices. The  
Annexe Gallery at CM is a progressive  
art centre. • Opens 10am to 10pm daily.  
• F5

**Deer Park**  
03-2693 0191 • Enclosed within a 2-ha  
ground at the Lake Gardens, the deer,  
fawns and does roam freely in a cool  
and peaceful habitat with lush trees and  
shrubs and ponds. • F3



**Sultan Abdul Samad Building**  
🚗 Masjid Jamek • Jln Sultan  
Hishamuddin • Also known as the Big  
Ben of KL, this historical landmark and  
heritage building is well known for its  
Moghul architecture dating back to  
1897. Originally the offices of the Colonial  
Secretariat, it then housed the Supreme  
Court. • E5

**National Zoo**  
03-4108 3427 / 4108 3422 • Located in  
Hulu Kelang. 12km from the city centre,  
the zoo is home to 400 species of local  
birds, mammals, reptiles and fishes. •  
Opens 9am - 5pm daily. Night Zoo is on  
Saturdays 7.30am - 10.30pm. Admission  
RM 32 for adults and RM11 for children  
3 to 12 years old

**Old KL Railway Station**  
Jalan Hishammudin • Built in 1910,  
the Moghul-inspired building was a  
hub for Malaysian rail transport until it  
was replaced by the new KL Sentral  
Station. It remains a landmark and the  
refurbished Heritage Hotel is still open for  
business. Across the road, the Malaysian  
Railway administrative building is also a  
breathtaking architectural showpiece  
• G5

**Petrosains, The Discovery Centre**  
03-2331 8181 • 🚗 KLCC • Petronas Twin  
Towers, Level 4 Suria KLCC • Focusing on  
Malaysia's oil and gas industry, it offers  
an interactive approach to learning.  
It takes you through a unique voyage  
of discovery of science. • Opens daily  
9.30am to 6pm. Last admission 4.30pm.  
Closed on Monday • D8

**Istana Negara**  
Official residence of Malaysia's King,  
visitors can witness the changing of  
the royal guards daily. The Rulers  
Conference, various royal and national  
ceremonies, investitures and official  
banquets are held at this palace. • H5

**Little India**  
🚗 Masjid Jamek • Jalan Masjid India  
is a colourful street with numerous  
wholesale and retail Indian traders  
who sell everything from Indian brass,  
jewellery, sarees, Indian handicrafts to  
perfumes & spices. • E5

**Jamek Mosque**  
🚗 Masjid Jamek • Jalan Tun Perak  
• Situated at the confluence of the  
Klang and Gombak rivers, this grand old  
mosque was designed by British architect  
AB Hubbock in 1909. It incorporates  
many features of Moghul architecture  
a • Opens 8am-1:30pm & 2:30pm-6pm.  
• E5



**PETRONAS Twin Towers**  
03- 2615 8188  
🚗 KLCC • KL City Centre • The  
88-storey Petronas Twin Towers stand at  
451.9 metres. Seated in the heart of KL  
and amidst a 50-hectare landscaped  
park, a skybridge on the 41st floor is  
open to visitors between 9am-7pm  
daily, closed on Monday • D8

**Royal Selangor Visitor's Centre**  
03-4145 6000 • 4, Jalan Usahawan Enam,  
Setapak Jaya • Located 15 minutes from  
the city centre, the Royal Selangor which  
is internationally known for its fine designs  
and craftsmanship, offers a complete  
visitor experience, enabling them to see,  
hear, touch and learn how pewter is  
made. • Opens daily from 9am-5pm.

**Royal Selangor Club**  
03-2692 7166 • 🚗 Masjid Jamek • Jalan  
Raja • Once nicknamed 'The Spotted  
Dog' during the colonial days, this club  
which features Mock Tudor architecture,  
is one of the oldest membership clubs  
in KL. • E5

**Thean Hou Temple**  
03-2274 7088 • 65 Persiaran Endah, off  
Jalan Syed Putra • A beautiful blend of  
Chinese and contemporary architecture,  
this is one of the largest and most ornate  
Buddhist temples in the region and a  
venue for major religious festivals. Also  
check out the herbs garden, wishing  
well and souvenir stall • Opens 9am to  
9pm daily.

MUSEUMS

**Asian Arts Museum Universiti  
Malaya**  
03-7967 3805 • Uni. of Malaya • A unique  
collection of Asian art & sculptures,  
ceramics, including Islamic & Malay art  
and textiles • Opens Mon - Sat. Closed  
on Sunday & public hols.

**Forest Research Institute Malaysia**  
03-62797 000 • Kepong • Located  
within the 1,500 hectares of natural  
land reserve, the institute showcases  
Malaysia's rich forest heritage. • Opens  
8am-4pm. Fri 9am- 12pm.

**Heritage Centre**  
03-2144 9273 • 2 Jln Stonor • Showcases  
Malaysia's architectural heritage, the  
centre also conducts 2 guided tours  
a day (11am & 3pm) of the Rumah  
Penghulu or Village Head's abode which  
has been furnished to reflect a house in  
the early thirties • E10

**Islamic Arts Museum**  
03-2274 2020 • Jalan Lembah Perdana  
• Opened in 1998, the museum focuses  
on the rich diversity of Islamic arts and  
culture. Miniature replicas of Taj Mahal  
and other islamic architectural wonders  
are on display • Tickets at RM12 (adults),  
RM6 (under 18, students & senior citizens)  
• Opens 10am to 6pm daily. • G4

**Museum Orang Asli**  
03-6189 2122 • Km 24 Gombak • Displays  
a collection of over 3,000 artifacts  
showcasing the history, culture &  
lifestyle of indigenous tribes of Peninsular  
Malaysia. • Opens 9am-5pm. Closed  
Fri. FREE

**National Museum**  
03-2267 1111 • 29 Jalan Raja • Displays a  
unique permanent collection of artifacts  
and materials showcasing the history  
and heritage of Malaysia • Opens 9am  
to 6pm daily • Admission RM1. Free for  
<12 yrs & students

ARTS & CULTURE

**National Library**  
03-2687 1700 • 232 Jalan Tun Razak. • This  
7-storey building which blends traditional  
design with modern architectural  
elements houses more than 1.5 million  
books, some of them extremely rare.  
• Opens daily except Monday • A8 FREE

**Galeri Petronas**  
03-2051 7770 • 🚗 KLCC • Level 3 Suria  
KLCC. • Exhibits artworks by local and  
international artists.  
• Opens 10am to 8pm. Closed on  
Monday. • D8 FREE

**National Theatre (Istana Budaya)**  
03-4026 5555 • Jalan Tun Razak •  
Designed by Malaysian architect  
Muhammad Kamar Ya'akub, this  
modern theatre is one of the world's most  
sophisticated theatres with state-of-the-art  
stage equipment. It holds drama, dance  
and musical performances regularly. • A7

**Petronas Philharmonic Hall**  
03-2331 7007 • 🚗 KLCC • Located within  
the Petronas Twin Towers, it is home to  
the Malaysian Philharmonic Orchestra  
and the National Choir. It features  
performances of highest quality by visiting  
orchestras and world-renowned soloists,  
besides performances by the MPO which  
now ranks among the top orchestras in  
the region • D8

OTHER FUN-TASTIC  
THRILLS & SPILLS

**Casino**  
03-2718 1118 • Genting Highlands Hotel

**Flying**  
03-2141 1934 • Royal Selangor Flying Club

**Horse Racing**  
03-9058 3888 • Selangor Turf Club, Jln  
Sungai Besi

**Horse Riding**  
03-4256 4531 • Royal Selangor Polo Club,  
Jln Ampang Hilir

03-2094 1222 • Bukit Kiara Equestrian Club,  
Jln Bukit Kiara, Kuala Lumpur

Theme Parks

**Berjaya Times Square Theme Park**  
1 Jalan Imbi, Level 5 & 7, Kuala Lumpur  
Tel: 03-2117 3118

**Sunway Lagoon Theme Park**  
3 Jalan Pjs 11/11, Bandar Sunway,  
Petaling Jaya . Tel: 03-5639 0000

**Genting Highlands Theme Park**  
Genting Highlands Resort  
Tel: 03-2718 1118

**District 21**  
Level 1, IOI City Mall, Putrajaya  
Tel: 03-8328 8888



**KL Lifestyle Art Space**  
31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia

Tel: +603 2093 2668, +603 2094 2668  
Email: info@mediate.com.my

Open Monday - Friday, 10am - 7pm  
(Closed on Weekends and Public Holidays)



**Bank Negara Malaysia Museum and Art Gallery Sasana Kijang**  
No. 2, Jalan Dato Onn, 50480 Kuala Lumpur  
Opening Hours: 10am to 6pm daily  
For Enquiries Call: 03-9179 2784



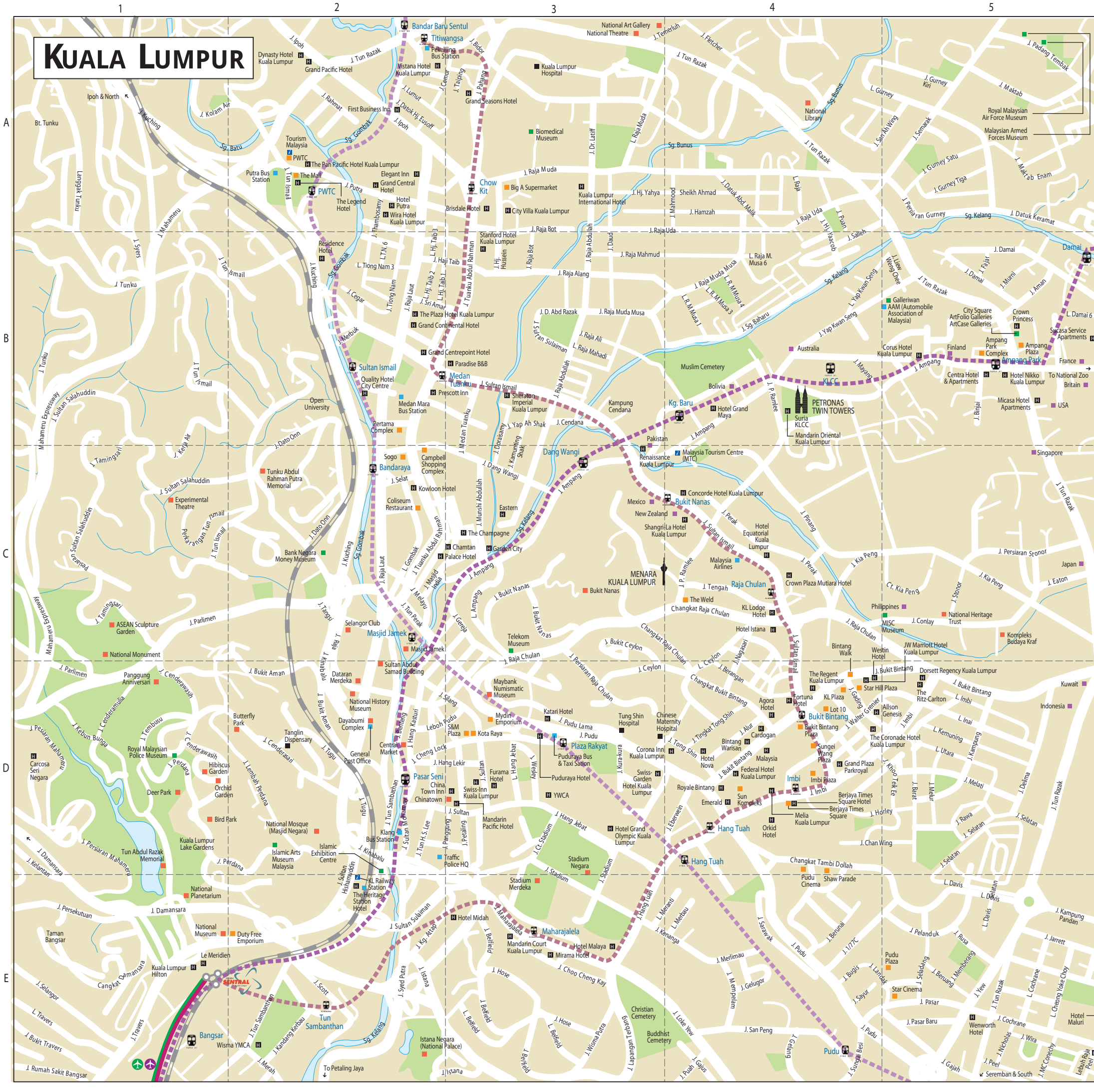
**University of Malaya Art Gallery (UMAG)**  
Tingkat 5, Bangunan Canseleri, Universiti Malaya, Petaling Jaya  
Tel: 03-79671061  
Opening Hours: 9.00am to 4.00pm  
Closed on: Saturday and Sunday



**Galeri Tenaga**  
Wisma TNB, Jalan Timur, Petaling Jaya  
Tel : +603-2296 5566  
Fax : +603-2282 3274  
Opening Hours: Monday – Friday : 10 am – 3 pm.



# KUALA LUMPUR



- PLACES OF INTEREST**
  - 1C ASEAN Sculpture Garden
  - 4D Bintang Walk
  - 1D Bird Park
  - 3C Bukit Nanas
  - 2D Butterfly Park
  - 2D Central Market
  - 3D Chinatown
  - 2D Dataran Merdeka
  - 2D Dayabumi Complex
  - 1D Deer Park
  - 1C Experimental Theatre
- MUSEUMS**
  - 5B ArtCase Galleries
  - 5B ArtFolio Galleries
  - 2C Bank Negara Money Museum
  - 3A Biomedical Museum
- EMBASSIES**
  - 4B Australia
  - 4B Bolivia
  - 5B Britain
  - 5B Finland
- ENTERTAINMENT/SHOPPING**
  - 5B Ampang Park Complex
  - 5B Ampang Plaza
  - 4D Berjaya Times Square
  - 4D Bukit Bintang Plaza
  - 2C Campbell Shopping Complex
  - 5B City Square
  - 2C Coliseum Restaurant
  - 2E Duty Free Emporium
- BUS, TAXI, RAILWAY STATIONS, POST OFFICE**
  - 5B AAM (Automobile Association of Malaysia)
  - 2D General Post Office
  - 2E KL Sentral (main transport terminal)
- HOTELS**
  - 4D Agora Hotel ★★
  - 4D Allison Genesis Hotel
  - 4D Berjaya Times Square Hotel
  - 4D Bintang Warisan Hotel ★★
  - 3A Brisdale Hotel
  - 1D Carcosa Seri Negara ★★★★★
  - 4D Cardogan
  - 5B Centra Hotel & Apartments
  - XX Champagne ★
  - 3C Chamtan
  - 3D China Town Inn
  - 3A City Villa Kuala Lumpur ★★
  - 4C Concorde Hotel Kuala Lumpur ★★★★★
  - 4D Corona Inn Kuala Lumpur
  - 5B Corus Hotel Kuala Lumpur ★★★★★
  - 4C Crown Plaza Mutiara Hotel ★★★★★
  - 5B Dorsett Regency Kuala Lumpur ★★★★★
  - 2A Dynasty Hotel Kuala Lumpur ★★★★★
  - 4D Emerald
  - 3C Eastern
  - 2A Elegant Inn
  - 4D Federal Hotel Kuala Lumpur ★★★★★
  - 2A First Business Inn ★★
  - 4D Fortuna Hotel ★★
  - 3D Furama Hotel ★★
  - 3C Garden City
  - 2A Grand Central Hotel
  - 2B Grand Centrepoint Hotel ★★
  - 2B Grand Continental Hotel ★★
- HOSPITALS**
  - 3D Chinese Maternity Hospital
- TOURIST INFORMATION CENTRES**
  - 2A Putra World Trade Centre, Level 2, 45, Jalan Tun Ismail, 50480 Kuala Lumpur. Tel: 03-4041 1295
  - 4C Malaysia Tourism Centre (MTC), 109 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2164 3929
  - 2E Stesen Sentral Kuala Lumpur, Lot 21, Level 2, Arrival Hall, Kuala Lumpur City Terminal, Stesen KL Sentral, 50050 Kuala Lumpur. Tel: 03-2274 3135
- PLACES OF INTEREST**
  - 1D Hibiscus Garden
  - 2E Istana Negara (National Palace)
  - 5C Kompleks Budaya Kraf
  - 2C Masjid Jamek
  - 3D Maybank Numismatic Museum
  - 2C Menara Kuala Lumpur
  - 3A National Art Gallery
  - 5C National Heritage Trust
  - 2D National History Museum
  - 4A National Library
  - 1C National Monument
  - 2D National Mosque
- MUSEUMS**
  - 5B Galleriwan
  - 2D Islamic Arts Museum Malaysia
  - 2D Islamic Exhibition Centre
  - 5A Malaysian Armed Forces Museum
  - 5C MISC Museum
- EMBASSIES**
  - 5B France
  - 5D Indonesia
  - 4B Bolivia
  - 5D Kuwait
  - 3C Mexico
- ENTERTAINMENT/SHOPPING**
  - 4D Imbi Plaza
  - 3D S & M Plaza
  - 4D Shaw Parade
  - 4D Kuala Lumpur Plaza
  - 3D Kota Raya
  - 4D Lot 10
  - 3D Mydin Emporium
  - 4D Pavilion Cinema
  - 2B Pertama Complex
  - 4D Pudu Cinema
- BUS, TAXI, RAILWAY STATIONS, POST OFFICE**
  - 2D Klang Bus Station
  - 2E Kuala Lumpur Railway Station
  - 4C Malaysia Airlines
  - 2B Medan Mara Bus Station
  - 2A Pekeliling Bus Station
  - 3D Puduraya Bus & Taxi Station
- HOTELS**
  - 2A Grand Pacific Hotel ★★
  - 4D Grand Plaza Parkroyal ★★★★★
  - 3A Grand Seasons Hotel ★★★★★
  - 3C Hotel Champagne
  - 4C Hotel Equatorial Kuala Lumpur ★★★★★
  - 4B Hotel Grand Maya ★★★★★
  - 3D Hotel Grand Olympic Kuala Lumpur
  - 4C Hotel Istana ★★★★★
  - 3E Hotel Malaya ★★★★★
  - 5E Hotel Maluri ★★★★★
  - 3E Hotel Midah ★★★★★
  - 5B Hotel Nikko Kuala Lumpur ★★★★★
  - 4D Hotel Nova ★★★★★
  - 2A Hotel Putra
  - 4D JW Marriott Hotel Kuala Lumpur ★★★★★
  - 3D Katari Hotel ★
  - 4C KL Lodge Hotel ★★
  - 2C Kowloon Hotel ★
  - 1E Kuala Lumpur Hilton ★★★★★
  - 3A Kuala Lumpur International Hotel ★★★★★
  - 1E Le Meridien ★★★★★
  - 4D Malaysia
  - 3E Mandarin Court Kuala Lumpur
  - 4B Mandarin Oriental Kuala Lumpur ★★★★★
  - 4D The Regent Kuala Lumpur ★★★★★
  - 5D The Ritz-Carlton ★★★★★
  - 2A Vistana Hotel Kuala Lumpur ★★★★★
  - 5E Wenworth Hotel ★★★★★
  - 4D Westin Hotel ★★★★★
  - 2A Wira Hotel Kuala Lumpur ★★
  - 2E Wisma YMCA
  - 3D YWCA
- HOSPITALS**
  - 3A Kuala Lumpur Hospital
  - 3A National Heart Institute
- TOURIST INFORMATION CENTRES**
  - 2A Putra World Trade Centre, Level 2, 45, Jalan Tun Ismail, 50480 Kuala Lumpur. Tel: 03-4041 1295
  - 4C Malaysia Tourism Centre (MTC), 109 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2164 3929
  - 2E Stesen Sentral Kuala Lumpur, Lot 21, Level 2, Arrival Hall, Kuala Lumpur City Terminal, Stesen KL Sentral, 50050 Kuala Lumpur. Tel: 03-2274 3135

Road / Jalan ..... J.  
Lane / Lorong ..... L.  
River / Sungai ..... Sg.  
Village / Kampung ... Kg.



Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.



By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.90 to RM2.80 per single journey.



By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.25 for every 11.5 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM2 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.



By Ecovans

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.



By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.



KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children. 03-2691 1382

GETTING TO THE AIRPORT



**KLIA Ekspres:** The journey takes about 30 minutes from KL Sentral and the fare is RM35 per person per way. There is also check-in facility at KL Sentral for some airlines.



**Taxi:** The fare from the city centre to the airport is RM90 – RM120 per taxi.



**Eco Transit:** Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.

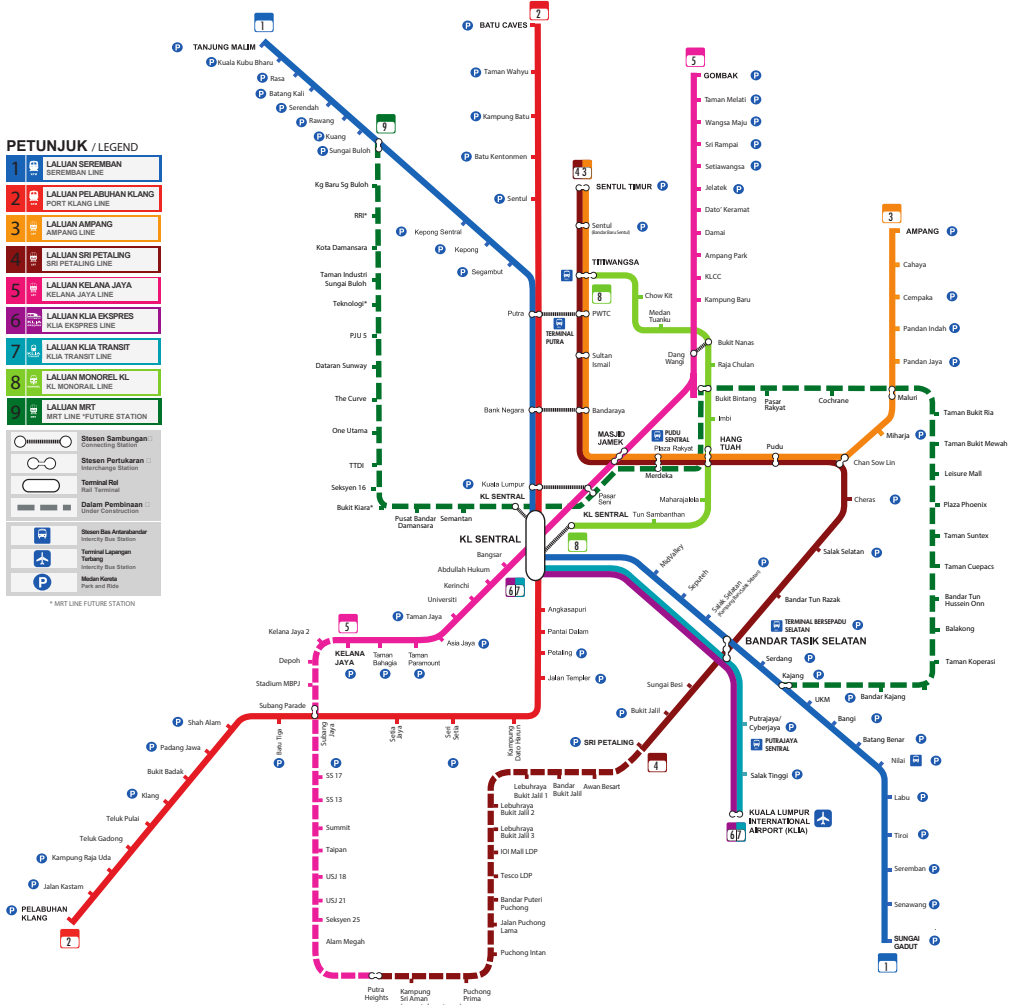


**Limousine:** Can be arranged with the hotel concierge and fare range from RM100 – RM200.

COACHES TO KLIA AND/OR LCCT

- Airport Coach - +603-6203 3067
- Sky Bus - +6016-217 6950
- Aerobus - +603-3344 8828
- The Star Shuttle - +603-4043 8811

# Klang Valley Rail Transit Map



TRANSPORTATION



Air Travel

- Kuala Lumpur International Airport +603-8776 2000
- Domestic Airport - Subang +603-7845 3245
- Kuala Lumpur City Air Terminal +603-2267 8000



Domestic Airlines

- MAS +603-2161 0555
- MAS Reservation Number +603-8890 3702
- AirAsia +603-2171 9333
- Berjaya Air +603-7847 1338
- FireFly +603-7845 4543
- Malindo Air +603-7841 5388



Rail

- KL Sentral 03-2274 7435
- KLIA Ekspres 03-2267 8000
- KTM 03-2267 1200
- Rapid KL 03-7885 2585
- KL Monorail 03-2273 1888



Car Rental

- Galaxy Asia 012-368 0117
- AVIS +603-5885 2300
- ORIX Auto +603-9284 7799
- Eazy Peezy +6011-1166 6545
- WS Rent-A-Car 03-4256 6999



Taxis

- Sunlight Cab +603-9200 1166
- Public Cab +603-6259 2929
- MyTeksi +601-300-80-5858
- Saujana Teksi +6011-1929 0976
- Grab Malaysia +601-300-80-5858

Emergency Services

- KL Tourist Police (24 hours) 03-2166 8322
- Police & Ambulance 999 or 112 (mobile phones)
- Fire & Rescue 994
- KL City Council 03-2691 6011

Tourism Offices

- Ministry Of Tourism Malaysia +60 3-2161 5161
- Pusat Pelancongan Malaysia (MATIC) +60 3-9235 4827
- Tourism Malaysia +603-8891 8000
- Melaka +60 6-288 1549
- Putrajaya Tourism Malaysia State Office +60 3-2615 8188

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Le MERIDIEN

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**CHANELA** (KLL Cover July 2015)  
Acrylic on canvas with metal leaf gilding 150 x 120 cm

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