

KLlifestyle

OCTOBER 2017

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OF THE YEAR



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18 Syed Ahmad Jamal



42 Unicorn Desserts



49 The Face Inc



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Syed Ahmad Jamal, Datuk
Nur Tenaga, 2010
Acrylic on canvas 153 x 152 cm
RM 350,000 - RM 600,000

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CALENDAR

OCTOBER 2017

SUNDAY

01

MALAYSIA MARATHON KUALA LUMPUR
OCT 1
DATARAN MERDEKA

08

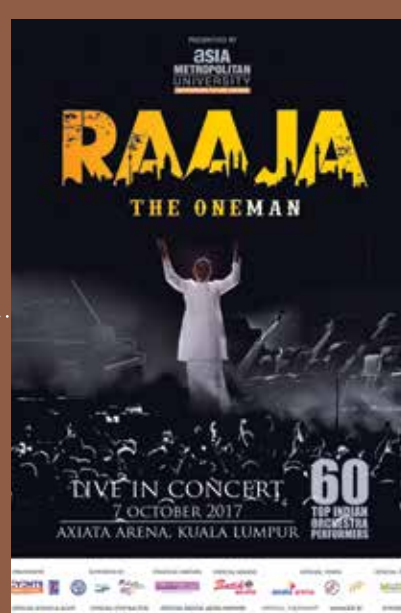
MPYO & FRIENDS
OCT 7-8
DEVAN FILHARMONIK PETRONAS,
PETRONAS TWIN TOWERS, KLCC

LIVE GREAT RUN 2017
OCT 8
DATARAN MERDEKA, KUALA LUMPUR

MONDAY



TUESDAY



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OCT 31

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OCT 5
HGH CONVENTION CENTRE, KL

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OCT 12-15
MATRADE EXHIBITION AND CONVENTION
CENTRE (MECC), KUALA LUMPUR



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OCT 7
SHAH ALAM STADIUM

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OCT 7
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JOHOR BAHRU
OCT 14
ORCHID BALLROOM,
THISTLE HOTEL, JOHOR BAHRU

GREAT THIRDS
OCT 14-15
DEVAN FILHARMONIK PETRONAS,
PETRONAS TWIN TOWERS, KLCC

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OCT 21-22
DEVAN FILHARMONIK PETRONAS,
PETRONAS TWIN TOWERS, KLCC

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MAYDAY LIVE TOUR 2017
OCT 28
STADIUM MERDEKA, KUALA LUMPUR

THIBAUDET PLAYS SAINT-SAËNS
OCT 28-29
DEVAN FILHARMONIK PETRONAS,
PETRONAS TWIN TOWERS, KLCC



**MALAYSIA MARATHON
KUALA LUMPUR**
OCT 1
DATARAN MERDEKA

Malaysia Marathon is jointly organised by Wisdom Sports (M) Sdn Bhd, Ministry of Tourism and Culture Malaysia (MOTAC) and Dewan Bandaraya Kuala Lumpur City Hall (DBKL) and is supported by Tourism Malaysia. Malaysia Marathon is under the Belt & Road Marathon Series, an initiative by the Chinese Athletic Association (CAA), the governing body of athletic sports in China. This Belt & Road Initiative (BRI) event promotes people-to-people bond and cultural exchanges and it aims to connect most of Europe and Asia through sports tourism. Malaysia is the first country outside China to host the Belt & Road Marathon Series (BRMS) event. It is expected to attract more than 10,000 tourists from China.

www.malaysia-marathon.com



01

**LAUGH YOU DIE:
THE ROAD TO
PUTRAJAYA**
OCT 5
HGH CONVENTION CENTRE,
KUALA LUMPUR

The election you’ve all been waiting for! Join us for a night of political shenanigans (the harmless funny kind) at Popcorn Studio’s “Laugh Die You - The Road to Putrajaya”. No gerrymandering, no gutter politics but we’re definitely giving you a night of fun and laughter!

Our all time funny man, Gurmit Singh will be the moderator of the night as Hero Singh and you can ‘vote” for your line of “candidates” which include Indi Nadarajah, Kavin Jay and Sulaiman Azmil on the 5th of October 2017. “Polling station” will be held at HGH Convention Centre, Sentul at 7.30pm.

Tickets: RM216 - RM321



**BEETHOVEN'S
EMPEROR**
OCT 6 @ 8:30PM
STADIUM MALAWATI,
SHAH ALAM

POPCORN STUDIO is proud to present two of the most popular Indonesian artistes for an exclusive 1-night only concert in Malaysia! KONSERT TERUNGUNGUL AFGAN & UNGU - a much anticipated concert that promises an enjoyable and memorable night!

The talented AFGAN SYAHREZA or more commonly known as AFGAN will entertain you with his wide variety of love, pop and jazz songs. He never fails to put on his best shows and this is no exception.

One of the long surviving pop rock bands UNGU celebrates its 20th year! Making a mark in the music industry, this is a great chance to showcase their hits for the past 2 decades.

Tickets: RM100 - RM376
www.ticketpro.com.my



**VIPER CHALLENGE
2017 SERIES**
OCT 7
SHAH ALAM STADIUM

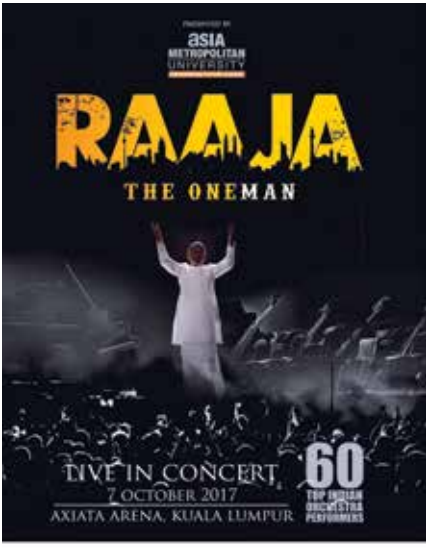
Known as Asia’s Largest Obstacle Course Running event, Viper Challenge is a brainchild of Original Bootcamp Sdn Bhd, a progressive and dynamic company that is also known for their fitness program. Started in 2013, Viper Challenge has now become immensely popular, with frequent Sold Out events and currently have over 90,000 enthusiasts participating in their events locally and internationally. Viper Challenge events has multiple formats, catering to the masses as well as the elite few. From the more family oriented REVRUN to the mentally and physically demanding VIPER 2 FOUR, Viper Challenge is known to push the boundaries of not just physical events, but also the landscape of health & fitness in the region.



**RAAJA THE ONEMAN
LIVE IN CONCERT**
OCT 7
AXIATA ARENA, BUKIT JALIL

This multi-talented persona has been thinking way ahead of his time and injected soul and live into his compositions. He was indeed a supremo in his own way of expressions, always thinking out of the box and willing to write unimaginable notes, that would not only be hits later but remained in the hearts of his ardent fans till today.

Ilayarajaa had composed over 4,500 songs and provided big-time hit film scores for more than 950 films in various languages, Undeniably, his songs and background scores had touched millions around the Indian cine world and played crucial roles to the success of many hit movies.



MPYO & FRIENDS
OCT 7 - 8
DEWAN FILHARMONIK
PETRONAS, PETRONAS TWIN
TOWERS, KLCC

Join them for a double celebration as the MPYO and ORTM collaborate to present an exciting side by side concert. Enjoy a variety of pop and jazz symphonic selections at Dewan Filharmonik PETRONAS featuring top Malaysian artists that emerged through the RTM programme.

Tickets: RM60 - RM100



07-08

LIVE GREAT RUN 2017
OCT 8
DATARAN MERDEKA,
KUALA LUMPUR

Live Great Run was created in 2012 to inspire the public to lead a healthy lifestyle by being physically and mentally fit. It is a family-oriented leisure run event which started off with two different distances with challenges. Following with the great success of Colour My Heart Run 2015, the half marathon distance was added in 2016 where top 3 winners will be rewarded with prize money. In order to create a more memorable experience at the event, they have decided to incorporate new activities, a zone called the Water Wars and a free fiesta at the finishing line. There will be a total of 14 entertainment and kids' activities happening at the fiesta including bubble football, dodge pole, live band, magic show, face painting, petting zoo, pony ride and food trucks.



08

ART EXPO MALAYSIA
PLUS 2017
OCT 12 - 15
MATRADE EXHIBITION AND
CONVENTION CENTRE
(MECC), KUALA LUMPUR

The Art Expo Malaysia (AEM) is celebrating its 11th edition in 2017 as the longest running international art fair in Southeast Asia, a rainbow package of art from the East and West, from South and Central America, apart from Central Asia. This year, the art fair runs from October 12 to 15, at Matrade Exhibition and Convention Centre (MECC), featuring 60 established and reputable art galleries from 30 countries, exhibiting 2,000 pieces of artworks (including paintings, sculptures, installations and photographs) under one roof. The Art Expo Malaysia Plus is an upgraded art fair in standards and procedures with a spruced up presentation.



GREAT THIRDS
OCT 14 -15
DEWAN FILHARMONIK
PETRONAS, PETRONAS
TWIN TOWERS, KLCC

Mark Wigglesworth opens this concert with Shostakovich's exhilarating Festive Overture written to commemorate the 1917 October Revolution. Malaysian pianist Mei Yi Foo returns to Dewan Filharmonik PETRONAS to perform Beethoven's grand Third Piano Concerto with its Classical-Romantic beauties. Rachmaninoff's Third Symphony, with its melodious late Russian Romanticism, concludes this concert of two great Thirds that you should not miss.

Tickets: RM60 - RM150



KUMARSUTRA
NATIONWIDE TOUR
2017 JOHOR BAHRU
OCT 14
ORCHID BALLROOM,
THISTLE HOTEL,
JOHOR BAHRU

Hailed as one of South-East Asia's most iconic and respected performing artistes and a brilliant stand-up comedian. In the past two decades, Kumar has proven to be a multi-talented performer, entertaining millions as a comedian, TV host, actor, dancer, director and author. Widely known for poking fun at all things controversial, Kumar's caustic remarks, based on everyday observations, are bound to have audiences bowling over with laughter! After two sold-out shows in the LOLFEST 2017, LOL Events is bringing Kumarsutra to seven cities across Malaysia in the Kumarsutra Nationwide Tour 2017. A show that is a culmination of all of Kumar's talents, integrating all the elements that have made Kumar famous.

Tickets: RM100 - RM250



KLAS ART AUCTION
MALAYSIAN MODERN
& CONTEMPORARY
ART
SUN 15 OCT @ 1.00PM
KLAS @ 31, JALAN UTARA

Art collectors and bidders will expect another art auction that will be held by KL Lifestyle. Mark your calendars for KLAS's fifth auction this year.

Tel: +603 7932 0668
www.kllifestyle.com.my



15

DEEPAVALI
OCT 18
NATIONWIDE

Deepavali or the 'Festival of Lights' is celebrated by Hindus with prayers, family gatherings and festivities.

Open houses are held where family and friends visit each other and enjoy delicious traditional goodies.



THE MAJOR LEAGUE
OCT 20 - 22
EDUCITY SPORTS COMPLEX,
INDOOR ARENA, JOHOR

The Major League is a 3 day Dota 2 tournament scheduled to take place at Stadium Negara from Oct 20 to 22. Dota 2 is a free-to-play multiplayer online battle arena video game developed and published by Valve Corporation for Microsoft Windows, OS X and Linux. The game is the stand-alone sequel to Defense of the Ancients (DotA), which was a community-created mod for Warcraft III: Reign of Chaos and its expansion pack, The Frozen Throne. Dota 2 is played in matches between two teams that consist of five players, who each occupy their own base on the map. Each player controls a powerful character, known as a "hero" that features unique abilities and different styles of play. During a match, a player and the team collect experience points, currency and items for their heroes in order to better fight heroes of the opposing team, attempting to push through their defences. A team wins by being the first to destroy a large structure located in the opposing team's base, called the "Ancient".



20-22

FATEFUL FOURTH
OCT 21 - 22
DEWAN FILHARMONIK
PETRONAS, PETRONAS
TWIN TOWERS, KLCC

Venezuelan tenor Carlos Silva and rising Venezuelan conductor Joshua dos Santos present a glittering night of arias made famous by Luciano Pavarotti. Amongst the arias are Verdi's catchy La donna è mobile, Bernstein's evergreen Maria, Curtis' popular Torna a Surriento (Come Back to Sorrento) and Puccini's dramatic Nessun Dorma. The concert moves from song to fate with Tchaikovsky's dramatic Fourth Symphony, which begins in a brooding mood but ends in utter jubilation.

Tickets: RM60 - RM150



MAYDAY LIVE TOUR 2017
OCT 28
STADIUM MERDEKA,
KUALA LUMPUR

This brand new tour of Taiwanese #1 Rock Band Mayday is commemorates their 20 years in showbiz. It has been making headline news across the globe and sparked overwhelming interest among Chinese music enthusiasts. The concert production is world-class, boasting a 14-storey stage adopting a cathedral theme. The first gig took place in Kaohsiung with 4 sell-out shows and the group recently achieved another great milestone recording 10 sell-out shows at Hong Kong Coliseum. The concert themed "LIFE" conveys the meaning of "breaking through" and "challenging oneself" of which five band members strive to push their limits to make new break-throughs by delivering a top-notch and one-of-its-kind live performance. The tour will continue to make its stops at major cities in Asia and North America, and is anticipated to hit a 100-show record!

Tickets: RM198 - RM698



TRADITIONAL ARTS SHOWCASE
TRADITIONAL THEATRE
JIKEY
OCT 27 - 28
MALAYSIA TOURISM CENTRE
(MATIC) KUALA LUMPUR

Traditional Arts Showcase 2017 (PST2017) returns to entertain the fans and tourists in Kuala Lumpur. This programme has been held by the National Department of Culture and Arts (JKN) for five consecutive years, and the event is organised in collaboration with Malaysia Tourism Centre (MaTiC).

Tel : +603 2697 0852



27-28

THIBAUDET PLAYS
SAINT-SAËNS
OCT 28 - 29
DEWAN FILHARMONIK
PETRONAS, PETRONAS
TWIN TOWERS, KLCC

Conductor Lionel Bringuier begins our magical journey in Norway where mythical trolls exist. Peer Gynt's wanderings end happily when his faithful Solvig awaits him in Grieg's evocative Peer Gynt Suite No. 1. Saint-Saëns then takes us to Egypt with his exotic Fifth Piano Concerto, with impressions of croaking frogs and toads and chirping Nile crickets, performed by top French pianist Jean-Yves Thibaudet. The tour concludes with Shostakovich's Sixth Symphony and its references to the famous Galop from Rossini's William Tell.

Tickets: RM100 - RM200



TOYOTA CLASSICS
MUSIC THAT MOVES
LIVES
OCT 31
DEWAN FILHARMONIK
PETRONAS, PETRONAS
TWIN TOWERS, KLCC

UMW Toyota Motor presents the 2017 Toyota Classics featuring the highly-acclaimed United Kingdom's Royal Philharmonic Concert Orchestra, led by Golden Globe and Emmy Award winner Anthony Weeden. The combination will bring delight to the audience with an entertaining blend of operatic repertoire including classics from Mozart, Elgar, Faure, Haydn, among others. Be part of the exciting evening, while donating the proceeds to deserving organisations.

Tickets: RM106 - RM265



★★★★★
OCTOBER

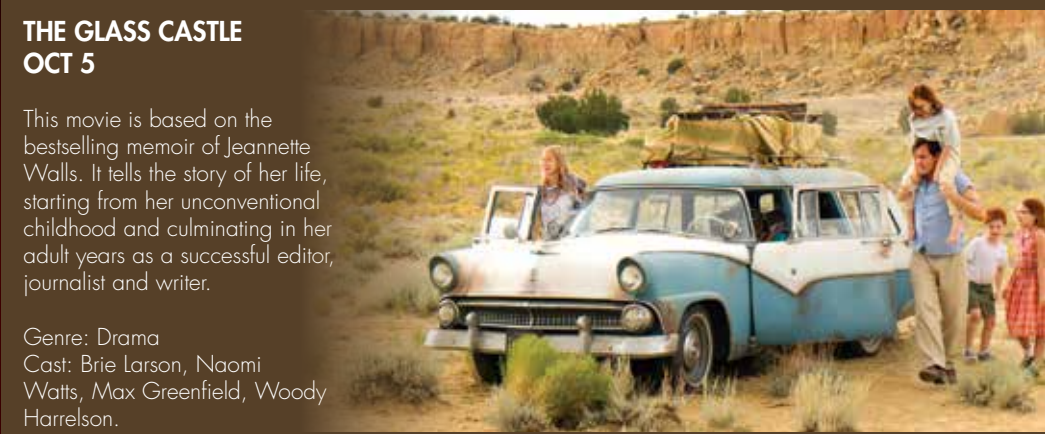
MOVIES



BLADE RUNNER 2049
OCT 5

Thirty years after the events of the first film, Officer K, a new blade runner for the Los Angeles Police Department, uncovers a long-buried secret that is potentially able to plunge what is left of society into chaos. With his discovery, K decides to go on a quest in search of a former blade runner who has been missing for 30 years, Rick Deckard.

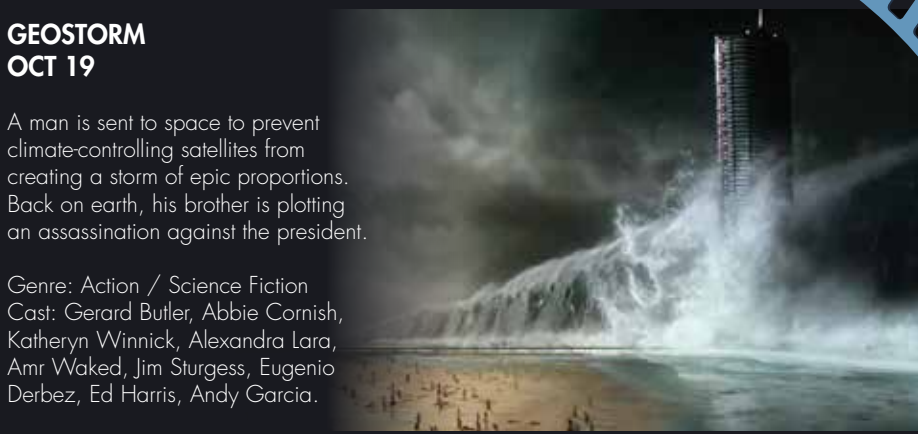
Genre: Science Fiction
Cast: Ryan Gosling, Harrison Ford, Robin Wright, Dave Bautista.



THE GLASS CASTLE
OCT 5

This movie is based on the bestselling memoir of Jeannette Walls. It tells the story of her life, starting from her unconventional childhood and culminating in her adult years as a successful editor, journalist and writer.

Genre: Drama
Cast: Brie Larson, Naomi Watts, Max Greenfield, Woody Harrelson.



GEOSTORM
OCT 19

A man is sent to space to prevent climate-controlling satellites from creating a storm of epic proportions. Back on earth, his brother is plotting an assassination against the president.

Genre: Action / Science Fiction
Cast: Gerard Butler, Abbie Cornish, Kathryn Winnick, Alexandra Lara, Amr Waked, Jim Sturgess, Eugenio Derbez, Ed Harris, Andy Garcia.

MY LITTLE PONY: THE MOVIE
OCT 12

When an evil force threatens the town of Ponyville, the "Mane Six" - Twilight Sparkle, Applejack, Rainbow Dash, Pinkie Pie, Fluttershy and Rarity - go on a journey to the end of Equestria to save their beloved home by defeating the dark force. Along the way, they meet new friends and challenges that will test their friendship.

Genre: Animation / Fantasy / Musical
Cast: Tara Strong, Ashleigh Ball, Andrea Libman.



KILL SWITCH
OCT 12

Starring Dan Stevens and Berenice Marlohe, the movie is based on director Tim Smit's short "What's in the Box?". Set in a futuristic world, a pilot is struggling to save his family after an experiment for unlimited energy, exploiting parallel universes, goes terribly wrong.

Genre: Science Fiction
Cast: Dan Stevens, Berenice Marlohe, Tygo Gernandt.

SECURITY
OCT 12

Eddie is a former army man who is going through some tough times in his life. Desperate for work, he finally lands himself a job as a security guard at a run-down mall via the assistance of a welfare officer. On the first night of his job, a young girl turns up at the door, looking desperate and distraught. He learns that the girl is trying to escape from a hijacking of the police motorcade that was transporting her to testify as a trial witness in a case. The one chasing her is a psychopathic hijacker along with his henchmen, who will stop at nothing until the girl is eliminated.

Genre: Action / Thriller
Cast: Antonio Banderas, Gabriella Wright, Ben Kingsley, Chad Lindberg, Jiro Wang.



THE SNOWMAN
OCT 19

Detective Harry Hole investigates the disappearance of a woman in Oslo, where her pink scarf is found wrapped around an ominous-looking snowman. Fearing it could be the work of a serial killer, Detective Hole studies every clue left behind.

Genre: Crime / Drama
Cast: Michael Fassbender, Rebecca Ferguson, Charlotte Gainsbourg.

THE MOUNTAIN BETWEEN US
OCT 26

Ashley and Ben are on a charter plane to their own destinations when the pilot has a heart attack mid-flight and crashes into the High Uintas Wilderness. Fortunately, Ben is a doctor and a climber who nurses Ashley back to health as they survive the harsh conditions. Ashley, who was supposed to return for her wedding, finds herself falling for Ben.

Genre: Drama / Romance
Cast: Idris Elba, Kate Winslet, Dermot Mulroney, Beau Bridges.



THOR: RAGNAROK
OCT 26

Imprisoned on the other side of the universe without his hammer, Thor has to race against time to return to Asgard to stop Ragnarok, the destruction of his homeworld and the end of the Asgardian civilisation. But before he can battle Hela, the ruthless villain who is responsible for the bedlam, Thor finds himself in a deadly gladiatorial contest going up against a former ally and fellow Avenger, the Incredible Hulk.

Genre: Action / Drama / Fantasy
Cast: Chris Hemsworth, Tom Hiddleston, Cate Blanchett, Idris Elba, Jeff Goldblum, Tessa Thompson, Karl Urban, Mark Ruffalo, Anthony Hopkins.



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SYED AHMAD JAMAL

Life as colourful as his paintings

BY HIRANMAYI AWLI

The late Datuk Syed Ahmad Jamal treaded the path of art which led to a colourful adventure, a story told through his paintings which reverberate vibrant, energetic hues.

PRIMORDIAL DAYS

He was born to fit this artistic role. Born in Bandar Maharani, Muar, Johor on Sept 19, 1929, Syed Ahmad Jamal had a carefree childhood. Even at a very young age, he had a deep sense of observation and appreciation for the natural milieu of his environment. His family lived in a small community where rubber plantations were abundant. Evidence of his keen eye of observation, Syed Ahmad used to find himself gazing at the clouds and sky in fascination and speculated that perhaps God lay amongst those clouds. He was also an inquisitive and eager-to-learn young lad. He relished simple things in life like playing

with his siblings while also spending a lot of time on his own, thinking.

It was much later when he realised that the early discoveries and awareness developed as a young boy sharpened his sense of sight and hearing, which played a pivotal role in his artistry. Syed Ahmad noted that he might not have cultivated the sensitivity to his surroundings had he stayed in Kuala Lumpur. An incident that jolted Syed Ahmad's young life was the death of his grandfather - his first encounter with the harsh reality of the impermanence of life. That black mark triggered a curiosity on the subject of life and death.



National Art Laureate, Datuk Syed Ahmad Jamal posing with the artwork "Nur Tenaga" in his Gombak residence. This was the final painting completed by him in 2010.

Datuk Syed Ahmad Jamal passed away in 2011, a month before the official launch of his Special Retrospective Exhibition at KL Lifestyle Art Space.

(Photo circa 2010)



City By Night, 2006
Acrylic on Canvas 107 x 183 cm

SCHOOLING DAYS

At the age of six, Syed Ahmad was enrolled into a Malay school, Sekolah Melayu Tambatan in Johor Bahru as it was the closest to home. At this school, he learned to write Jawi, an adapted Arabic alphabet for writing the Malay language, in his early days. His primordial days in school were made a challenge by his teacher who once gave him 12 lashes on his calf for not being able to read a sentence in Jawi.

Things took an ugly turn when Syed Ahmad’s father, Syed Jamal reprimanded the teacher. As an act of revenge, the teacher failed Syed Ahmad in his Standard One examinations, which hindered him from progressing to the next standard. Nevertheless, it did not deter him from re-sitting and passing the examination six months later. On hindsight, this unpleasant experience motivated him to work hard and excel academically and be competitive in class.

After three years at the Malay school, he shifted to an English primary school at nine years old, where he was welcomed with books with coloured pictures which subsequently sparked a genuine interest in reading. This, he had proudly said, was the main reason he did exceptionally well in his studies and often achieved high scores in almost every subject.

It was during this time that he decided he wanted to become an artist. He related, “Every day after coming back from school and finishing my homework, I would start drawing. There was no single incident that sparked my interest to become an artist.

I just felt that I wanted to draw every day and was very happy doing it.” Apparently, Syed Ahmad projected his interest in art even before he started schooling, by sketching on the wooden walls of his house. His forbearing and empathetic parents not once scolded him for his mischievous deed, rather, bought him crayons and watercolours. His father was very encouraging. This flourished his interest in becoming an artist and it became a starting point for his adventure in art.

In 1941, during Syed Ahmad’s school holidays, World War II broke out in Malaya. Whenever there was an attack, his family would hide in a special shelter. There was this incident where the house of an engineer was looted. Venturing to the site later, Syed Ahmad saw a lot of books scattered around the place.

Among all the books that were strewn about, he was drawn to one about art. Intrigued by it, he took it home with him and could not take his eyes off it. From the book, he read about famous artists such as Turner, Constable, Corot, Rosseti, etc and marvelled at their paintings. These artists, whose works he became accustomed with, became his inspiration.

After the war ended, Syed Ahmad’s father’s health took a toll for the worse and he eventually passed away in January, 1947. His family was provided with 75 dollars a month by the State Social Welfare Department. Syed Ahmad used the money for provisions which he had to carry all the way back from town. The arduous life, however, never broke his spirit, it was just part of life.



Study for Public Sculpture, 1999
Ink and colour on paper 28 x 40 cm

CROSSROADS BETWEEN ARCHITECTURE AND ART

As the eldest of his family, with six younger brothers and sisters to look after, a higher education seemed out of reach to Syed Ahmad. Despite his predicament, his achievement in school garnered the Yayasan Sultan Ibrahim Scholarship to study at the Birmingham School of Architecture, England in 1950. Naturally, he leapt at this opportunity. However, the induction of architecture made him realise that it wasn’t his cup of tea. The only time he awaited eagerly for was when his class would head outdoors or to art galleries to sketch as he could whip out his favourite apparatus, his pencils.

Syed Ahmad’s dexterity for drawing caught the eye of his principal, Mr Jones who acknowledged that his sketches were the best among all his classmates. His principal told him, “You are too good an artist to be an architect.”

Intending to aid Syed Ahmad to trail his true calling, Mr Jones wrote to the Johor government and informed them that he should discontinue his studies in architecture and enrol in art school instead. The first letter Mr Jones sent was unfortunately rejected but he persisted and wrote an appeal letter which the Johor government responded favourably and Syed Ahmad was soon on his way to the Chelsea School of Art in London. Finally, his dream came true. “At that time, it felt like a dream. If it weren’t for Mr Jones, I probably won’t be an artist now,” Syed Ahmad noted.

When he arrived at the Chelsea School of Art, Syed Ahmad had to work harder to catch up with his peers as classes had commenced. But efforts, coupled with his extraordinary talent, paid off. He did very well and soon won various competitions and awards. He related that studying in Chelsea was the best four years of his life. “I enjoyed myself immensely. Chelsea was to me, the world,” he enthused. It was a ritual for him to visit both private and public art galleries every Saturday. Sundays were for a different regime - it would be museums of various sorts, like the science museum, natural history museum, geological museum, etc. where he intended to learn and absorb as much as he could. To him, visiting these places was part of the education. Needless to say, he strived to make the most of his time while in England and made sure to gain the best that England could offer.



Nipah, 1992
Mixed media on paper
39.5 x 28 cm

ART MAKETH THE MAN

Throughout his career, Syed Ahmad’s artistic style had been through various changes. His landscape and (early) portrait paintings were stamped with his personal input and style, with traces of analytical Cubism and Abstract Expressionism, before his art matured into Symbolism.

During the roaring 1960’s and 70’s, his style leaned towards abstracts, while in the 2000s, his paintings became more spiritual. His Abstracts were marked sometimes by Jawi and later, Naskh calligraphic strokes and gestures (Naskh is a cursive Arabic script).

Syed Ahmad depicted the starting point of his life as an artist in Britain (Birmingham School of Architecture and Chelsea School of Art) through three notable works, all done in 1956, namely ‘Battersea Park I and II’ and ‘Duel in the Snow’ (inspired by the epic battle between Hang Tuah and Hang Jebat on morality and justice).

It is evident that to him, it was the landscapes and happenings around him that gave him his ‘topics’. In later years, he delved into socio-political issues, like anti-nuclearism, the environment, Palestine and Bosnia, in which he expressed his thoughts through Symbolism. Syed Ahmad’s art resonated with the spirit of the age and marked historic events in the country. Despite his reputation then, Syed Ahmad Jamal remained a true artist, one who created art neither for recognition nor wealth, but merely as a form of self-expression.

When he first decided to become an artist, he faced naysayers questioning whether this path could be fruitful. But he paid no heed to them as he wasn’t in it for money. He desired to follow his passion and that was what he did. In fact, during his first exhibition, his most expensive work sold for a mere 300 dollars. “The ultimate thing I want to achieve as an artist is the beauty of the artwork in its own existence,” he said – his paintings being the testament to this statement.

Six years after returning from England, his first artifice was the Pohon Nipah (1957), produced for the profound effect the nipah palms had on him on several levels. He recalled the sturdy topography



Lencana Balai Seni Lukis Negara, 1984
Copper 106 x 145 cm

of nipah palms standing in the soft mangrove mud like scaffolds against soil erosion, with their fern-like palms outstretched, glistening warrior-like in the sunlight. The nipah palms were common milieu during his commune between Johor Bahru and Batu Pahat High School, where he was teaching then.

“It was a milieu contrasting to that of the mild, mellowed, cultivated civilised landscape or garden countryside of England. The palms stood firmly, as they were enjoining the earth, space and the while the serrated blades of the palms shot up, as if in response to the invisible rays of the sun. The sheer bout of energy was catalytic, echoing and re-echoing again years later in the ‘Gunung Ledang’ and ‘Between Heaven and Earth series’. In 1957, Syed Ahmad produced Mandi Laut.

“It ties up my academic knowledge and training in the West with the local tropical ambience. I transposed and transmuted the Western figurative format (a la the Madonna and the Rock) into a Malaysian setting. Besides, the act of posing (of the figures) is also a Western thing,” he said.

Syed Ahmad’s decorated belt of achievements included designing an emblem for the National Art Gallery of Malaysia. The stylised human eye in the emblem represents vision of the artist while the rectangular shape represents the visual arts. The long oval shape that circles the eye and the rectangular shape represents inner content.

NUR TENAGA

A special piece entitled, ‘Nur Tenaga’ is the final artwork produced by Syed Ahmad before he passed on in 2011. This painting is the highlight of KLAS’s upcoming Art Auction Sale XXIX. Defined as light and energy, the late artist depicted these elements through his forte, colours. Nur Tenaga portrays a radiating energy of light at the focal point of the painting while surrounded by hues of green, blue and red.

The solo show in Croatia that made waves in Europe National laureate Datuk Syed Ahmad Jamal legacy lives on through his paintings. The prominent artist who passed away in 2011 at 81 years old, was celebrated this year with a posthumous exhibition at the Museum of Arts and Craft in Zagreb, Croatia from June 3 to 29. The show, aptly referred him as the ‘Guru of Colour’, the perfect representation of the artist.

Three prominent galleries in Malaysia, namely Galeri Petronas, Bank Negara Malaysia’s Museum and Art Gallery and National Visual Arts Gallery played a part in the exhibition by loaning works by the artist. Nurlhaq, Syed Ahmad’s son curated his father’s works for the show which included, ‘Ruang Qiblat’, ‘Sireh Pinang’, ‘Keris’, ‘Saturday Night’, ‘Self Portrait’, ‘Nuraini’, ‘Warna Merdeka’, ‘Basmallah’ and ‘Energy East’.



Nur Tenaga, 2010
Acrylic on canvas 153 x 152 cm
RM 350,000 - RM 600,000
KLAS Art Auction 15 October 2017
Sale XXIX

THE UNREAL DEAL EXHIBITION

Marking the 60th anniversary of Merdeka, ‘The Unreal Deal: Six Decades of Malaysian Abstract Art’ exhibition sheds light on the emergence and development of the Abstract genre in Malaysia over six decades. This exhibition emphasises the cultural legacy of prominent artists including the late Syed Ahmad Jamal. It showcases the masters’ influence in shaping the local art scene, paving the way for Abstract artists of today. The Unreal Deal puts the spotlight back on a field that is at the heart of Malaysia’s 60-year creative history. It is the nation’s abstract artists who monopolise the aesthetic hall of fame. The exhibition is a meeting place of young and old, where every generation is represented on canvas.

Malaysia’s leading exponents of the genre gathered at Bank Negara Malaysia’s Museum and Art Gallery to provide what is probably the largest ever display of abstract art in the country. Half a century ago, artists such as Syed Ahmad Jamal, Ibrahim Hussein, Latiff Mohidin, Yeoh Jin Leng and Jolly Koh could never have imagined they would revolutionise the way art is seen in their homeland. They dragged a young nation into the modern world. The paintings in the exhibition show the continuity of abstraction.

The artists have rejected realism in favour of something that challenges viewers, if they want to be challenged. As the title of the exhibition suggests, the unreal can be as significant as anything else. The appearance of abstract art is removed from reality but it has substance. Six decades on, it also has longevity. “The Unreal Deal: Six Decades of Malaysian Abstract Art” Exhibition at Bank Negara Malaysia’s Museum and Art Gallery is on from Aug 30, 2017 to Jan 21, 2018.

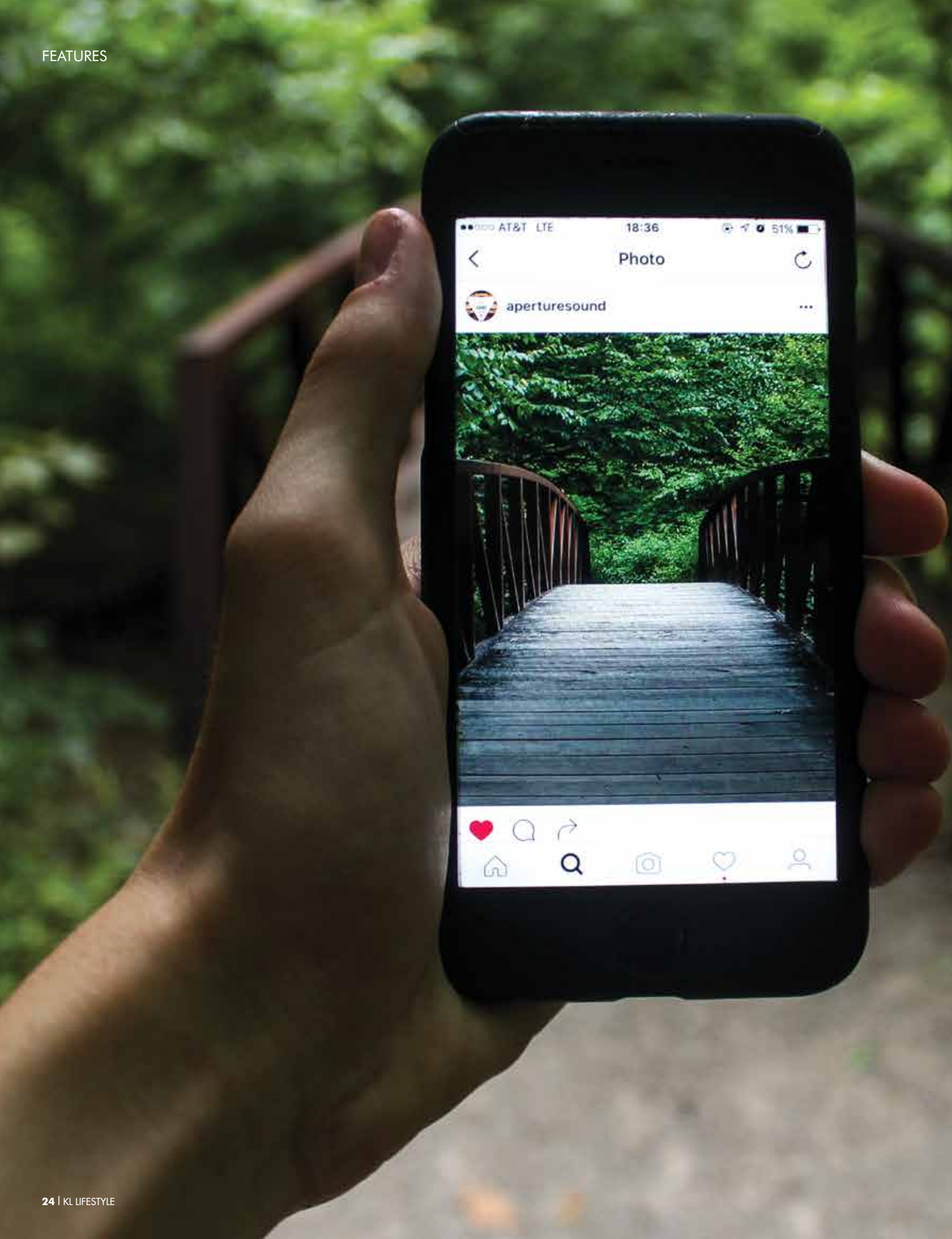


Left:
Photograph of newly framed Pago-Pago: The newly reframed Pago-Pago artwork which is currently in the private collection of KLAS’S CEO, Datuk Gary Thanasan.

Right:
A photograph taken in the living room of the late Datuk Syed Ahmad Jamal’s residence with the Pago-Pago gifted to him by Abdul Latiff Mohidin.

A TWO-MAN SHOW WITH LATIFF MOHIDIN

In an interview with KL Lifestyle in 2011 that touched on Pago-Pago, Syed Ahmad revealed that the ‘1963 Pago-Pago’ was one of his most treasured possessions. He also elucidated that he took part in a two-man show with Latiff Mohidin at the Royal Selangor Club in 1967. In the exhibition, Syed Ahmad had sold almost all of his artworks while Latiff was not able to sell his works. As a result, at the end of the exhibition, Latiff gifted possibly the earliest Pago-Pago ever produced by him on canvas in 1963 to Syed Ahmad in lieu of cost of putting up the exhibition. The artwork was once enshrined in Syed Ahmad’s living room amid his early masterpieces and is now in the private collection of KLAS’s CEO, Datuk Gary Thanasan.



INSTA READY HACKS

BY HIRANMAYI AWLI MOHANAN

How does one achieve the holy grail of social media, the perfect Instagram shot? Well, we have done some research to aid you in becoming a master at Instagram photography.

NATURAL LIGHTING

Natural lighting is your best friend. You'd be surprised how it makes a difference in your pictures. When taking a photo, make sure to take it in sunlight as it gives a better image than artificial light. If you are taking the photo inside, make sure you do it in a room with lots of windows. If the lighting is not in your favour, fret not, you can always brighten it using any editing tools or filter the picture with black and white to give it a cool vibe.

EDITING TOOLS

Editing tools are imperative in your journey to a perfect picture. Fortunately, this era of technology has produced a myriad of editing tool applications at your disposal. There is a large variety of editing tool applications on different operating systems. Our favourite is VSCO Cam, used by many photographers when capturing their photos. Other editing tools we love include Snapseed and Picfx. Make these apps your best friend and you will soon see the changes for yourself.

BE YOURSELF

When taking photos, it is important to be yourself because you would want your pictures to reflect who you are. Your pictures will draw followers who appreciate your shots and who want to see what little things in life bring you joy, resulting in a feed that will be a million times better when people know you put your heart into it.

STAGING AND BACKGROUND

We'll let you on a secret of those Instagram profiles you envy; their secret is that they stage. Basically, what they do is they spend lengthy time moving objects and people in order to create the most eye-pleasing photo. Another trick you should keep in mind is that less is more; strive for a simplistic approach with blank backgrounds and de-cluttered areas. It looks presentable that way.

FOCUS AND KEEP STEADY

This tip is vital during the picture-taking process itself. When taking a picture, it is of great importance that you make sure you have steady hands and furthermore, tap the screen to create a focus area of your photo. The result is a crystal-clear and high-definition shot. A blurry photo is a disaster when you have worked so hard to stage the perfect shot.

STRAIGHTEN UP

Our research has shown us that levelling your subject and your photo plays a role in a good outcome too. If lady luck isn't in your favour, simply toss it in an editing app and let it do the work for you; it will make everything on your feed look more together and symmetrical.

TAKE A LOT OF PHOTOS

We've said less is more, but when taking photos this is definitely not the case. Be picture happy because you will never know what angle or lighting you like the most, so give yourself options by taking an abundance of photos. Think of it as a mini photo shoot!

THE PERFECT CAPTION

Turns out, the caption makes an impact as strong as the photo itself. Let the caption come naturally, and from your heart; don't overthink it. If the creative juices fail to flow, you can use quotes that you love, something that someone just said, or basically state what is happening in the photo. We know that if you abide by these tricks, your Instagram will be looking shiny and new and will make you proud of sharing your awesome photos! Happy Instagramming!

15 Creative Date Ideas

So much more than Netflix and chill

CHEE SUE ANNE

You've been to enough mundane dinner and movie dates, so you crave something more. Make dating fun again with these 15 clever date ideas that will help you bond with your partner and bring back the thrill and titillation into your relationship.

1. Organise board games night

You can play chess or monopoly if you want, but note that the board game industry has exploded! Explore countless fun board games from Catan to Avalon to Cards against Humanity. Play with just your partner or call up close friends for an extremely entertaining evening. Only gets better with wine and snacks!

2. Take a dance class

Where there is good music, there should be some dancing. Prepare for moments like these by taking your partner for some dance lessons. If gaining the skills to bust a move whenever you need to is not attractive enough, the intense and intimate physical session with your partner should be motivation enough.

3. Go for a street food hunt

Because life is sweet when food is cheap. Plus, it's fun to discover new and interesting types of food and vendors.

4. Go shopping

If he hates shopping, it's probably because he doesn't know what to pick out. Choose some clothes for him, and he'll like it better because he's doing it with you. And because you have good taste.

5. Take a weekend trip to somewhere nearby

You want to get away, but you don't have the time for a huge vacation. Pick a B&B in a town nearby. Maybe you'll discover some cool restaurants, art, and shops along the way.

6. Train for a marathon together

And let your training turn into a regular date, since you'll need to prepare if you're running a race. Think about how awesome it will feel when you both run your first 5K.

7. Venture into the kitchen

Busy couples who eat out all the time, preparing a meal together can be a very enjoyable experience. Try cooking something simple though, so that you're not too focused on the meal prep and can pay more attention on each other. Plus, there'll be a home-cooked meal at the end of it!

8. Try a painting class

If you can't find one around your area, do it at home. One great thing about this is that the worse you are, the funnier the date will be. Put wine into the picture and you'll be in for an exhilarating ride.

9. Have a five-course dinner at different places

Instead of going to one restaurant, pick a bunch of different restaurants to enjoy various courses of your dinner date. So appetizers at one, desserts at another and finish the night off with wine at a nice bar and bistro. It helps if all those places are walking distance from each other, it will be a fun night of adventure!

10. Take a martial arts class together

Not your typical date, get that adrenaline rush along with some techniques in self-defence. As you improve, you can try sparring with your partner. A little competition is always sexy.

11. Finesse your home bar

Why go out to a bar on a Saturday night when you can DIY at home? Experiment the night away as you and your partner learn how to pour your own cocktails and drink them throughout the process. Now every night can be a night at a cocktail bar.

12. Go rock climbing

If you've both got an appetite for adventure and you want to undergo the ultimate "survival test to bring you closer together" dating experience, there's nothing quite like being suspended from great heights on a harness while you're clinging on for dear life.

13. Go horseback riding

To emulate some fairy tale romance, spend a day at the stables riding trail horses for the afternoon. If neither of you have much equestrian experience, take a couple of laps around the paddock before trotting out into nature.

14. See a comedy show

See your favourite comedian, or a roster of up-and-comers - you never know where you'll be seeing them next. Besides, life can be hard, and you deserve to laugh until your beer comes out your nose.

15. Host your own walking tour

Take your date on a walking tour of the neighbourhood where you grew up, showing off your elementary school and local haunts along the way. A great way to learn more about each other and discover some romantic hidey holes along the way!



STORE HOUR:

TUESDAY-SUNDAY (11:00 - 20:00)

MONDAY (DAY OFF)

NO.150, JALAN MAAROF, BANGSAR, 59200 KUALA LUMPUR | 03 2201 8993 | FB: FACEBOOK.COM/SPECIALIZED.KL



KARINA GREWAL

Hiranmayii Awli talks to



Karina Grewal is a former Miss Malaysia Universe Malaysia 2014 finalist. This drop-dead-gorgeous lady bursts with carefree spirit and a certain zeal for life. I'm sure you are familiar with the saying, beauty is nothing without the brains, well, Karina Grewal captures the very essence of that quote with her legal background and a passion for fashion styling. KL Lifestyle Magazine gets up close and personal with this stylish beauty to find out about her favourite cuisines and how she stays in great shape.

Tell us about yourself.

I am gregarious and a go-getter. My friends tell me I have a personality that is bigger than life as I always believe in living life to the fullest.

What do you do for fun?

I love to go on spontaneous road trips and hunt for hidden gems to explore great food with my best friend.

Tell us about your career.

Despite my legal background, I am incredibly passionate about my work around fashion styling and as a commercial talent.

What excites you the most about your job?

The ability to play different roles as a talent, and the ability to use fashion as a tool to make every woman feel their best!

What does your typical weekend routine look like?

Random, crazy things from outings with my niece, urban picnics to trendy happenings in KL.

Name three favourite local food you can't live without.

Yong tau foo, banana leaf meal and curry laksa.

What does your typical breakfast look like?

I start my day by consuming mixed grain bread toasted with coconut oil and soft boiled eggs with a dragon fruit smoothie.

Favourite restaurants to dine in Klang Valley?

Wondermama for its best curry laksa and Manja where its cuisine is the best of East meets West.

How do you stay in great shape?

An early start at the gym allows me to conquer my day.

Any upcoming projects career wise?

Yes! It's a secret for now but wait for updates!

And finally, what inspires you in life?

My loved ones. Waking up every day, knowing I'm loved is my greatest inspiration to life.



Yong Tau Foo



Wondermama's curry laksa



They say every day is an adventure. We endorse embarking on a culinary adventure at Gobo Upstairs Lounge and Grill, a food haven under the esteemed wings of Chef Mun. Tucked

away conveniently in the heart of Kuala Lumpur in Traders Hotel, this establishment allows you to bask in its sexy and stylish atmosphere, while taking in the breathtaking view of the iconic Petronas Twin Towers and its surroundings. Moreover, Gobo Upstairs Lounge and Grill pledges to make you dream about their memory makers and signature dishes that are simply out of this world.

We partook in a tasting preview of this restaurant's new menu which left us dumbfounded and in complete appreciation of the fusion of flavours that tantalised our taste buds. Our exploration of Gobo Upstairs' new menu kicked off with an interview with the man of the hour, Chef Mun, about his creations, he mentioned that the new menu was curated with careful consideration and he ensured that the flavours of the fare (from starter to dessert) amalgamate and complement each other seamlessly.

A Gastronomic
Magic Carpet Ride

Gobo Upstairs Lounge and Grill

BY HIRANMAYII AWLI MOHANAN



Gobo Upstairs Grill Interior

Vodka-Cured Salmon

Naturally, our delectable journey initiated with two lip-smacking starters, first, Vodka Cured Salmon accompanied by grilled asparagus, lemon zest, pickled shallots and crème fraiche. The salmon was so tender and infused with a burst of flavours that enhanced the salmon's natural piquancy.

Balsamic Marinated Tuna

Subsequently, we were presented with the humble Balsamic Marinated Tuna which was simply sublime. According to Chef Mun, the tuna was marinated for six hours resulting in a full-bodied flavour.

APPETIZER

Signature Salmon Crab Cake with Grilled Prawn

This dish was by far our favourite appetizer for its tender texture. When paired with homemade guacamole, truffle slices, saffron fumet miniature herbs and salad, it becomes a force to be reckoned with. This intricate offering takes three days to come together and boy, did it pay off in essence.

SOUP

Mushroom Tea Soup

It was the first time that we tried Mushroom Tea Soup. The tea was drizzled over the bowl of five variants of mushroom in it, topped off with a summer truffle oil. This soup is also known as the memory maker as its flavours make one reminisce about the good old days.

Lobster Bisque

The Lobster Bisque is Chef Mun's proudest creation and we were not surprised why. Garnished with tarragon cream, the consistency of the Lobster Bisque was comme il faut. Hidden beneath the bisque were generous chunks of lobster, adding to the depth of this dish's zest.

MAIN COURSE

Grilled Tomahawk 1500 gm

This beast of a steak came on a massive platter and personally carved by Chef Mun. The Tomahawk teased us with its pink succulent meat urging us to get our hands on it. The chef boasted his skills in carving the steak and presented it beautifully, with a side of milky mashed potato and seasonal vegetables.

Duck Tamarind

The revelry continued with the perfectly seasoned Duck Tamarind and a side of grilled asparagus, figs, roasted cashews and spices. We realised that consuming the duck alone was pretty fantastic but when paired with the complimenting condiments, it was so tantalising that we needed a minute to truly appreciate its essence.

Baked Fillet Cod Marinated with Miso Honey

Heavenly wouldn't begin to explain what we felt about this cod fish. It pranced to our table on a colourful plate comprising wasabi, bean curd, and wilted romaine lettuce. Firstly, the meat of the cod fish was tender to touch,



Mushroom Tea Soup



Hazelnut Royaltine

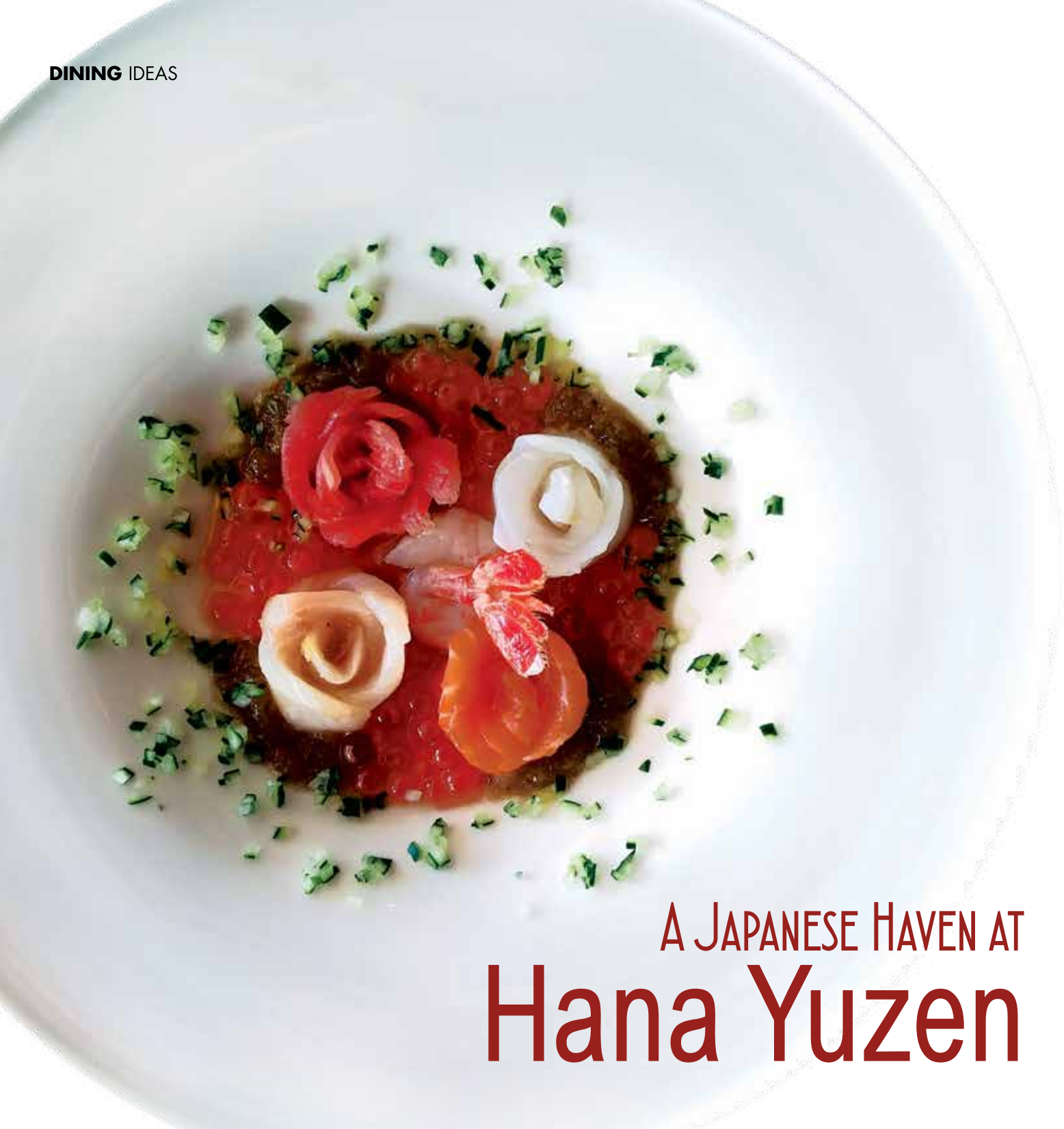
secondly, we were surprised at how well the Japanese miso fused well with the baked fillet cod. Chef Mun made sure that the miso's strong piquancy was levelled out by the butter-infused honey. Needless to say, we were lulled into a pleasant coma after leaving the plate spotless.

DESSERT

Hazelnut Royaltine

Brimming with the feast we just indulged in, the sight of the Hazelnut Royaltine led us to cram in this decadent dessert and no, we did not regret a single bite. It brought our taste buds on a magic carpet ride of palatable sensations.

Traders Hotel Kuala Lumpur
Tel:+603 2332 9888



A JAPANESE HAVEN AT Hana Yuzen

Authentic
and artful

BY CHEE SUE ANNE

26, Jalan SS 15/4, Ss 15,
47500 Subang Jaya, Selangor
Tel: +603-56131080

SS15 has been home to many flourishing food ideas and cuisine creations, so it's no surprise that we recently stumbled upon this artistically impressive Japanese restaurant, Hana Yuzen, risen to join the ranks of noteworthy restaurants around this metropolitan district.

Adorned with wooden furniture, quaint Japanese curtains and a clean minimalistic tone, with private rooms available for events and gatherings, this pleasant nook

of a restaurant imbues guests with a collected calm and quiet comfort. That is, until the food arrives. We were instantly floored by their gorgeous platter presentations. Intricately arranged dishes, thoughtfully ensembled, aimed to emulate authentic traditional Japanese cuisine.

Our meal began with the Yu Roll. Refreshing assortment of crisp vegetable leaves bundled up neatly around a morsel of sweet crab meat, the whole medley

neatly swaddled in thinly sliced cucumber sheets. The tangle of sweet crab meat, slightly sour Japanese mayonnaise and the crunch of fresh greens proved truly satisfying.

We were then bestowed the Chicken Teriyaki and Chicken Nanban mixed platter. Both were chicken dishes but they played out in exceedingly divergent forms. The Teriyaki was deep-fried to crisp perfection, the skin giving way to the teeth with a gratifying crunch while the flesh remained moist and tender. The Nanban, on the other hand, was chicken, minced to paste with morsels of meat embedded within, and the whole thing wrapped up in flour, fried to achieve ideal crusty levels. Biting into one will elicit involuntary moans of pleasure as your teeth pierce through the solid crust and sink into the juicy, tender filling within.

Next came the Hoba Yoniku Itame. A platter of grilled lamb with accompanying mushrooms and green peas. Glazed with shiso rice seasoning and hoba leaf shavings, the dish exuded a toasty aroma upon entry into the room. The lamb, soaked in savoury miso sauce, soft and succulent was a pleasure to indulge in, especially when accompanied with the faint bitter notes of Japanese tea.

We certainly saved the best for last. Our favourite dish here was the Hana Bloom. Decadently decorated as it was delicious, this creation was ambrosia in the mouth. Hana Bloom is a harmonious combination of three fresh fish sashimi, squid and Japanese prawn, all bathed in special homemade secret sauce. The hint of green apple zest from the clear sauce tangoed tantalisingly with the fresh nibbles of seafood, its essence permeating throughout your mouth as you pause to appreciate the profound symphony of contrasting flavours, merging to create a single exquisite finale.

Artful in design and uncomplicated in flavour, Hana Yuzen transported us to the land of the rising sun through its exquisite fare. A place definitely worthy of a visit.



Chicken Teriyaki and Chicken Nanban Platter



Yu Roll



Hoba Yoniku Itame



Manis J Top Picks

Manis J Nyonya Restaurant

A Memorable Nyonya Experience

BY HIRANMAYIL AWLI MOHANAN

As a Malaysian, you are probably well-versed with the exuberant food culture we have. Tucked cosily in the foodie state of Melaka is a restaurant that embodies the Peranakan culture and cuisine, named Manis J Nyonya Restaurant. Located amid a heritage row, this establishment strays away from the hustle and bustle of the infamous Jonker Street, providing its clients a placid, food haven.

The interior of this heritage building evokes a feeling of cosiness, of returning to one's home. Minimalism seems to be the revolving theme at Manis J Nyonya Restaurant where hues of red and green bedeck the walls and antiques passed down through generations furnish its surroundings. We realised that old Malay songs from the 1950s and 60s melodically accompanied us while enjoying our meal, capturing the very essence of the Peranakan culture. One would encapsulate this joint as "a memorable dining experience unlike any other".

This restaurant is a passion project and a homage to their mother's legacy who is a Nyonya and responsible for all the recipes in the menu. The one-year-old restaurant is affluent in offering its patrons a Baba Nyonya experience through food and their ambience. Melaka, being the epicentre of heritage and culture sees Nyonya Baba restaurants ubiquitously. That being said, Manis J Nyonya Restaurant differs from the myriad of Peranakan restaurants due to three basic principles the operators live by, to provide good customer service, serve the best Nyonya cuisine in town and finally, cleanliness.

Jennifer and Joyce's fervour for cooking and their brainchild (the restaurant) includes them getting their hands dirty in preparing



Sisters, Jennifer and Joyce

the Mise en Place at their central kitchen. You can tell that they love what they do when they attain satisfaction merely from the smiles of their customers' faces as they leave the restaurant and asserting that they will be back with their friends and family.

SAMBAL NENAS TIMUN

Yes, we were as dubious as you are right now reading this. To our pleasant surprise, the sambal did go well with the pineapple and cucumber. This Peranakan rendition of a salad is absolutely refreshing and apt as an appetizer. It is particularly interesting that only in the aftertaste you do taste the hint of spiciness from the sambal.

AYAM BUAH KELUAK

This was a first for us. Jennifer and Joyce warned us beforehand that this dish is an acquired taste and for adventurers. Being the adventurers we are, we told them to bring it on! The buah keluak is actually a fruit hailing from Indonesia. It is thoroughly

washed, soaked and a sliver is cut out before cooking. If it's your first-time trying this unique dish, the waiters will happily aid you in the proper way of consuming it. A tiny fork-like utensil is served with the dish, for you to ferret out the fruit. Its taste was unlike any other and seamlessly fused with that of the chicken and gravy.

IKAN CILI GARAM

The Ikan Cili Garam is said to be customers' favourite and after getting a taste of it, we understand why. This mother-load of fishes was fried to a crisp and topped with a homemade sambal that was just out of this world. Like a drug, the sambal was an addiction; we could not stop our hands from reaching out for more fish and sambal. What we loved about this dish was how contrasting it tasted from other sambal, especially the ones in Kuala Lumpur. P/S: Do yourself a favour by ordering this because you will not regret it.

LEMAK NENAS UDANG

Firstly, a disclaimer, we love prawns and anything with prawns, so when we saw the Lemak Nenas Udang, we were giddy with happiness. Unlike the 'masak lemak' preparations in KL, this one was distinct for its use of pineapple in its gravy. Its taste did not resemble the typical 'masak lemak' either. It emanated a hint of sour, spice and a depth in flavour.

CENDOL

We are not exaggerating when we say this restaurant's cendol is one of the best in town. Evidently, the secret to a great cendol lies in its condiments. Every item that goes into the cendol is homemade at Manis J Nyonya Restaurant's central kitchen, including the gula Melaka. So, you can picture how authentic and unadulterated this lip-smacking dessert is.

5 Healthy Food Deliveries Around Klang Valley

Box of Health Delivered to your Doorsteps

BY HIRANMAYII AWLI MOHANAN

It is noteworthy that Malaysia is slowly jumping onto the healthy lifestyle bandwagon. Creating a healthy lifestyle and eating healthy requires strong willpower and discipline because it doesn't help that we are a foodie country. The budding of healthy food deliveries in KL is a means to aid you in abiding by your healthy goals. Making healthy eating simple – with just a click of a button, these places will have your lunch delivered right to your desk! Not only will this save you the trouble of heading out in the hot sun to satisfy your hunger, but you'll be nourishing your body with wholesome sustenance that comes with calorie counts and nutritional information.



Epic Fit Meals Co.

McDonalds what? You can now bid the powerhouse fast-food chain farewell as a healthier alternative takes its place. Being a devotee of healthy lifestyle, Epic Fit Meals Co strives to produce the items from scratch including their condiments, sauce and salad dressing. This way, their customers get to enjoy freshly prepared, wholesome and made-to-order meals. Adhering to their slogan, 'made by day, gone by night', no leftover food is carried forward to the next day. Rest assured, you will be getting your meal fresh, daily. Inspired by the Australian health values, the team showcases the calorie value of all their menu items to ease customers into picking up the habit of becoming more conscious of their daily food intake.

www.epics.com.my
Tel: +6017 - 938 0000



Kurin

Kurin, the latest contender of healthy food delivery vows to offer high-quality ingredients, speedy service and healthy eats. Our favourite and Kurin's star dish, the Pokeritto, is a hybrid of a poke and burrito. The fillings include tuna, salmon, chicken or torched tofu, paired with Japanese short grain, brown rice, perfect for those looking to shed a pound or two. In accordance with Kurin's commitment to using only the freshest ingredients, customers can expect frequent changes on the protein and vegetables selections. Alternatively, if the Pokeritto does not strike your fancy, you can choose between a Don and a salad.

www.kurin.com.my
Tel: +6012 419 0316



The Rebellious Chickpea

We love how organised the Rebellious Chickpea is with its menu and orders. This kitchen only prepares one dish a day and release their weekly menu the Sunday before, so customers can plan ahead and pre-order their meals. Hump days (Wednesdays) has been made fun with 'Surprise me Wednesday' lunchboxes where customers won't know what they're getting until they open their lunchbox. That certainly keeps patrons on their toes, waiting in anticipation during the bore of the mid-week. The Rebellious Chickpea's menus are often filled with fun, varied meal options for different palettes as they experiment with a melting pot of flavours and ingredients. Our favourites are the Coronation Kampung Chicken Salad, Norwegian Salmon with Baked Potatoes and Norwegian Salmon in Sweet Soy Sauce served with Quinoa.

www.facebook.com/therebelliouschickpea



Clean Bites

Why go through the hassle of looking for good food on a working day when you can order a box of Clean Bites to enjoy in the comforts of your workplace or home? Focused on gradually refining Malaysians' food palate and their perception of healthy food, Clean Bites equates it with hearty, healthy and scrumptious food. On par with their mission to change Malaysians' food intake, they have made subscription boxes accessible for those who intend to shift to a healthier eating regime and those looking to reduce their calorie intake. Furthermore, hardcore health junkies will appreciate the Super Clean Eating menu where every bite is a guilt-free one.

www.cleanbites.my
Tel: +6019 - 2364 890



Chopstick Diner

Who says healthy can't be delicious? Chopstick Diner certainly proves the naysayers wrong as it delivers a box of scrumptious, well-portioned goodness right to your doorstep. In addition, we appreciated how its packages the lunchboxes like presents, so patrons enjoy unboxing their meals. Be sure to try Chopstick Diner's bestsellers, Half Half (Half-chicken Caesar salad and half fresh spring rolls) and Bali in a box. The Half Half quickly became our favourite for its simplicity yet depth in flavour. Meanwhile, Bali in a box transported us to Indonesia. The jury is out and this dish scored highly across the board. Here's a thought, make your office meetings, training or lunches exceptional by catering lunchboxes.

www.chopstickdiner.com
Tel: +6013 - 630 3886

Jalan Peel

The Culinary Street

BY HIRANMAYII AWLI MOHANAN

Standing firm and unyielding over decades is a street in Cheras, named Jalan Peel. Despite the transformation that this street has witnessed, it remains unfazed. The stalls are till today operated by local Malaysians, mostly having been operating for over 10 years or longer, retaining the same good taste till today. The original flavours of the yesteryear draws many patrons to its stalls. It is a street that offers a myriad of choices, something to appease everyone’s palate.



Chicken Wings

Who doesn’t love a good plate of succulent chicken wings, right? Well, we have uncovered a new venue for you to get your chicken wing fix. There is something about this chicken wing, perhaps it’s the glaze or the chicken itself that acts like a drug. One plate won’t suffice because once you start, you would not want to stop. One of the oldest that is still selling here at Jalan Peel uses charcoal fire and one pair of wings isn’t enough for sure!

Nasi Lemak

Just like birds, we witnessed how people flocked to the nasi lemak stall at Jalan Peel, enthusiastically pointing to the dishes of their choice and a smile plastered on their faces while carrying a plate of this very addictive nasi lemak. We just had to try out for ourselves and uncover what the fuss is all about. I remember thinking the word ‘wow’ as a spoonful of rice, potato and chicken entered my mouth. It is simple in appearance but carries a bagful of flavours.



Hokkien Mee

Another food that you will see many patrons order from is the Hokkien Mee stall. Besides Hokkien Mee, they do sell other variations of noodles. However, their bestseller is the Hokkien Mee. If you opt to dine here, you will find at least a couple of tables with Hokkien Mee. We now understand its appeal; the chef cooked up a culinary storm and produces a flavourful plate of Hokkien mee with thick gravy. We believe the pork lard adds to the aromatic and lip-smacking fare.

Popiah

What we have come to love about Jalan Peel is that there is always something for everyone. Should you not feel like eating something filling, there is a quaint stall that sells ‘kuih’ and what is bound to become your favourite ‘popiah’. This pork-free stall also sells yam cake and a couple of other small bites to keep your tummy satiated. The soft and sticky ‘Wun Zai Gou’ quickly became our favourite with its bits of crunchy preserved raddish. The taste of popiah will forever be etched in our memory for its crunchy and savoury filling.



Mee Goreng Mamak

Never underestimate the power of a mee goreng mamak, let alone a good one. Granted that this hot-seller requires a bit of a wait, but when you see that plate of hot mee dancing its way to your table and you finally dig into it, you would realise how flavourful and addictive the mee goreng is. What we love most about this dish is the generous serving of fritters, a perfect accompaniment to the mee goreng.



Eating the Colours of the Rainbow

Somewhere Over the Rainbow Where Unicorns Lie

BY HIRANMAYI AWLI MOHANAN

As of late, there has been an incline in the obsession of a fantastical, mythical creature, the unicorn. This fascination or craze has allowed many millennials' creative juices to flow, culminating in an embodiment of the rainbow colours in fashion, hair and now, food! We have taken the liberty to taste the best desserts with the colours of the rainbow. Now you can look for your pot of gold too!



Pretty on Plate

Its namesake clearly forewarns you that every dish you receive shall be pretty and Instagram-worthy. Unicorn lovers assemble! Pretty on Plate will give you what you what your unicorn-heart desires. From unicorn cakes to truffle balls, you name it, they will render this mythical creature in the most creative manner that you will hesitate to eat. Do you share the same opinion that we have a separate chamber in our stomach dedicated to desserts alone, no matter how full you are? Well, I say, treat yourself to something sweet after a long hard day or week at work.

*Amaya Maluri, G3, Jalan Jejaka 2, Maluri,
55100 Kuala Lumpur.
Tel: +60 3-9201 6661*



Ahoy Café

Get on board Ahoy Café and make sure its captain is happy by trying their highlights, the desserts. Amongst the variety of guilty pleasures, one particular dessert grabbed us by our necks and forced us to try it and that's Ahoy Café's signature rainbow mille crepe. Not only is it the most visually-appealing dish, it is also the most satiating. This work of art simply melted in our mouths, oozing power-packed flavours.

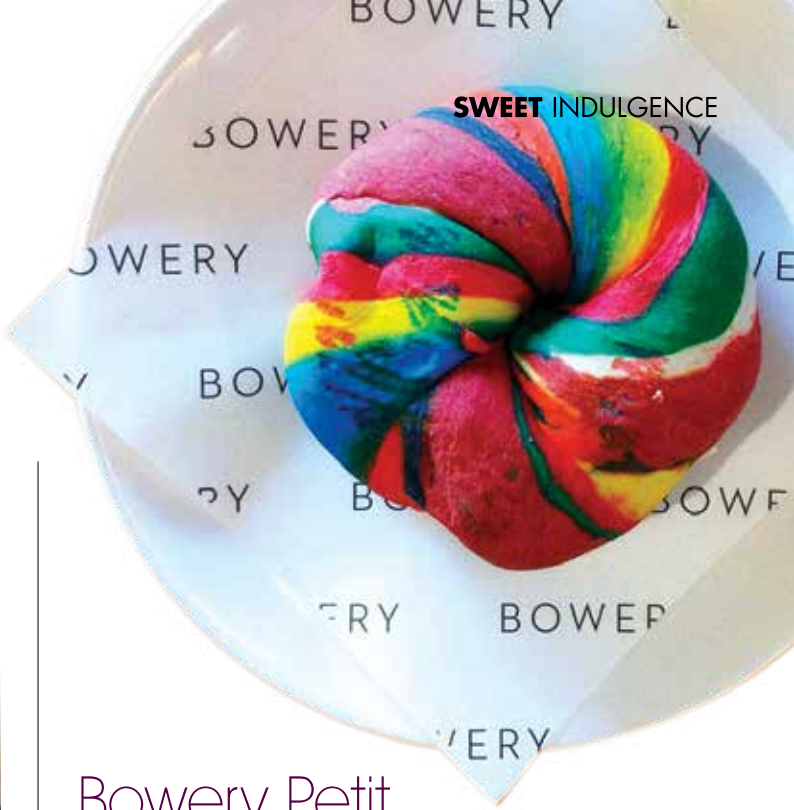
*74, Jalan ss15/4, 47500 Subang Jaya, Selangor.
Tel: +60 3-5887 5591*



Bowery Petit

There is something about a rainbow, it's almost magical. Bowery Petit offers this magic on a plate which you would just want to cuddle with. This vibrant, kaleidoscopic bagel is perfect for the gram. You get a chance to take a bite of a rainbow at this eatery and document it. This decadent bagel is a sandwich with a creamy centre, loaded with sprinkles - a feast for the tummy and for the eyes.

*48, Persiaran Zaaba, Taman Tun Dr Ismail,
60000 Kuala Lumpur.
Tel: +60 3-7710 0295*



Wondermilk

Want to treat yourself to something sweet after a long hard day or week at work. Where better to indulge than at Wondermilk? This café is known for its lip-smacking and creative cakes as well as cupcakes. Its unicorn cupcakes especially, tug at our heartstrings, making us feel euphoria at a bite out of this guilty pleasure.

*41, Jalan SS 21/1a,
Damansara Utama,
47400 Petaling Jaya, Selangor.
Tel: +60 3-7733 6101*

Crime Cocktail Bar

The Godfather approves

BY CHEE SUE ANNE



If you grew up loving the game of hide-and-seek, you're about to stumble across a lot of fun. Crime Cocktail Bar poses a real challenge to discover, albeit the fact that it is located right in the middle of the hustle and bustle of TREC. A real treat for the adventurous, this secret nook has an unusual charm, absent from most bars in KL.

Its speakeasy character, however, deserves some highlight. With a décor influenced by the pre-prohibition era in the 1920's, Crime's inconspicuous entrance and absence of signage transports us back to the perilous past, when alcohol was a thing outlawed and speakeasies were multiplying to supply a much desired

demand. Consistent with elements from history, Crime's primary mode of sales come from cocktails, because during the Prohibition Era, it was easier to mask the flavour and look of a single glass of alcohol rather than a full bottle.

The unique, suave mood that permeates this dimly lit enclave washes over you once you actually find its secret doors. Hidden within Crave Restaurant, an oyster bar on TREC, this speakeasy exudes sophistication and flair.

Calm conversation can be made on lavish, comfortable leather cushions amid soothing jazz music. A place to put the mind at ease while enjoying the copious

amounts of captivating cocktail creations. Catering specifically for the Asian palate while borrowing elements from the Mediterranean and northern Europe, the drinks here are mild with the intent of educating guests on cocktail gustatory pleasures instead of knocking them out with strong liqueur. This den of experimentation takes the risky route on use of ingredients. You'll find exotic cocktail concoctions containing bizarre elements such as pork bacon, fish roe, peanut butter and squid ink.

We fell in love with Crime's Silk Road. A mellow, unassuming light mixture of whiskey, lime and honey, the flavour of which, comes to live when taken with its



Silk Road



Wanted Punch



Crime's Cocktails



Crime's Balcony

accompanying strawberry and basil wrapped up neatly in a strip of pork bacon.

Another favourite of ours is the Crime Crimson. An amalgamation of familiar flavours that spark curiosity while imbuing peculiar pleasure. A frothy, creamy texture with a hint of citrus, the pleasant notes of coffee and pandan blend seamlessly, creating a concoction worthy of deliberate appreciation.

One noteworthy creation is the MCF Eggnog. Marrying Cognac and Cynar together with a whole egg, this play on taste and texture did not go unnoticed. The tango between the fruity notes of Cognac and Cynar's bitter ones creates a pleasant sensation on the tongue, encouraging sip after thoughtful sip.

A final deserving mention would be Crime's Cocaine, an enthralling shot of liquor mix that'll guarantee a quick rise in 'spirits'. A blend of vodka, absinth and overproof alcohol, plus a hint of cinnamon spice, the astonishing element of this shot is its imbibing procedure. The shot glass will firstly be lit ablaze, the flames quickly blown out and the whole shot sucked up instantly before deeply inhaling three lungfuls of mystery 'air'. Not only does Cocaine put on a fascinating show, it'll leave you with a slight buzz and an invigorating mood the rest of the night.

Crime Cocktail Bar is bent on creating a stimulating yet sophisticated cocktail space for guests to experiment and enjoy. A place where even smoking is discouraged, so as not to interfere with the aroma and taste of the exquisite cocktail blends. This truly is a place that'll thoroughly caress all five of the natural senses.

Secret Location: Inside Crave Restaurant.
TREC. 436, Jalan Tun Razak,
Kelab Golf di Raja Selangor,
Kuala Lumpur
Tel: +603 2110 5664



ELLERY
Explosive silk-blend crepe de chine shirt
RM5,026

ELLERY
Align cropped crepe flared pants
RM3,461

ALEXACHUNG
Leather ankle boots
RM2,166



ELLERY
Button-detailed silk-blend georgette shirt
RM4,833

MAX MARA
Wool peplum midi skirt
RM2,688

GIANVITO ROSSI
Portofino metallic pinstriped jacquard sandals
RM2,646



OFFICINE GENERALE
Auguste Grandad-Collar Cotton Oxford Shirt
RM876.73

BARENA
Black Slim-Fit Unstructured Wool-Blend Blazer
RM2,094.40

INCOTEX
Slim-fit Herringbone Wool and Cotton-Blend Drawstring Trousers
RM1,388.16

COMMON PROJECTS
Original Achilles Full-Grain Leather Sneakers
RM1,461.22



JIL SANDER
Mélange Wool Sweater
RM2,386.65

PRADA
Slim-Fit Mohair And Wool-Blend Trousers
RM3,446.28

PRADA
Leather Oxford Shoes
RM3,032.73

OUTFIT ELEVATORS

BACK TO BUSINESS

A 9-5 Sleek Look

 +  + 

SAINT LAURENT
Square-frame acetate optical glasses
RM1,573

LOREN STEWART
14-karat gold diamond earrings
RM1,913

BURBERRY BEAUTY
Lip Velvet - Dusky Pink No.406
RM135

PLEATED TROUSERS

It's pleats time

OUTFIT ELEVATORS

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Square-Frame Acetate and Silver-Tone Sunglasses
RM1,095.92

MULBERRY
Chiltern Pebble-Grain Leather Briefcase
RM3,872.24

J.CREW
3cm Black Glossed-Leather Belt
RM340.96

POLKADOTS

You can never have a bad day in polka dots

OUTFIT ELEVATORS



MERCEDES SALAZAR
Gold-plated pearl clip earrings
RM1,287

+



CHLOÉ
Gold-tone charm bracelet
RM2,797

+



SUNDAY SOMEWHERE
Jesse square-frame gold-tone sunglasses
RM1,085



GANNI
Monette cold-shoulder polka-dot georgette dress
RM768
3.1 PHILLIP LIM
Kyoto leather sock boots
RM2,524



CAROLINE CONSTAS
Irene off-the-shoulder printed cotton-blend poplin top
RM2,023
GIANVITO ROSSI
85 suede pumps
RM2,264

FACE inc
INSPIRED BY SKIN

BY HIRANMAYII AWLI MOHANAN



ACTIVE TONER
RM48.00

Active toner is an alcohol-free toner that contains AHAs for an enhanced cleansing process.

It contains citric and lactic acids that remove dead skin cells to reduce wrinkles, discoloration and roughness, to reveal a radiant skin. Allantoin increases the extracellular water content of skin to stimulate healthy tissue formation.



BLEMISH ESSENCE
RM128.00

This product is a proprietary formulation that reduces and prevents the appearance of comedones (blackheads and whiteheads) and decreases sebaceous activities.

Green tea extract acts as an anti-oxidant and anti-inflammatory agent. Tea tree leaf oil extract acts as an antiseptic agent to treat acne and blackheads.



LIMITED EDITION GOLD PRIMER MIST
RM178

The Face Inc Primer Mist has become a must-have in women's purses. This lightweight hydration face mist works to smooth and tighten skin in just 15 seconds, and provides an instant hydration boost of up to 15 times. With proprietary botanical extracts and a weightless blend of natural moisture-preserving ingredients, it delivers an all-day moisturised feel and plump appearance.



EYE LIFT
RM358.00

Do you have dark circles and lines under your eyes? You are not alone. Having "panda eyes" is a common problem that can be caused by lack of sleep, skin pigmentation, sun exposure and ageing. With The Face Inc Eye Lift, you can experience visibly lifted eyes in just 30 seconds. This peptide-infused high-performance eye serum works instantly to smooth and tighten skin around and under the eye.



MOISTURISER
RM108.00

To rejuvenate parched skin, the brand's Rejuvenate Moisturiser hydrates and conditions the skin, and protects against collagen breakdown. The key ingredient of sodium hyaluronate provides hydration, stimulates new cell growth, repairs tissues and maintains elastic skin. It also aids the transport of essential nutrients to viable skin cells and supports the formation of collagen.



THE FACE INC UV DEFENSE SPF50 TINTED
RM88.00

The Face Inc UV Defense SPF50 Tinted is an advanced physical tinted sunscreen for protection of the skin against harmful UV rays, prevention of sunburn and photo-damage. Its proprietary blend of titanium dioxide and zinc oxide delivers broad-spectrum UVA and UVB protection. Vitamin E acts as an anti-oxidant and moisturising agent. It helps with light coverage matched to most skin tones.

WHICH EYEWEAR FITS YOU?



Eyewear Sponsor
Focus Point Signature

You may have been wearing glasses all your life, but you might not have the slightest idea how to choose a frame that fits you! What are the components to look at when choosing an eyewear?

To keep it simple, I have segregated the factors in choosing the RIGHT frame that fits YOU into four categories:

- 1. Face Shape & Frame Shape
- 2. Skin Undertone & Colour of Frame
- 3. Face feature concerns
- 4. Style & personality

Ong Soo Hua
Certified Image Consultant, Personal Stylist & Corporate Trainer
www.stylebyosh.com

The Brow Ranch

by Callie

Brows before Bros

BY HIRANMAYII AWLI MOHANAN



They say that your eyebrow is the frame of one’s face. We recently stumbled upon a beauty centre by the name of Brow Ranch by Callie (run by a husband-wife team), a one-stop beauty centre that offers customers a plethora of services that include, hair, facials, crystal-lip embroidery, inner eyeliner service and their signature service, eyebrow embroidery.

The inception of this establishment revolved around a tale of a young visionary named Callie whose fervour is beauty. In order to materialise her dream, she attended a beauty school and subsequently launched a beauty centre formerly, at Dataran Sunway and later moved to a bigger location at Dataran Cascade. Callie aims to boost people’s confidence by embroidering their eyebrows.

Callie, who is armed with an artillery of professional beauty certificates mentions that beauty is ever evolving, thus she likes to stay at the top of the game by constantly attending professional courses on beauty at epicentres such as Korea and Shanghai. So rest assured, your eyebrows are in safe hands. The quiet scene of the Brow Ranch by Callie deliberately appeals to those who seek privacy and ample parking.

PRODUCTS USED

Scepticism is natural when it involves products to be used on one’s face. We appreciated how transparent Brow Ranch by Callie was with their products. They even went the extra yard by displaying the types of blade used as well as the products for facials. We recently learnt that two different blades are used for embroidery (14 needles and 16 needles), depending on whether you desire a 3D or 6D effect. The blade used in this procedure is a small slanted blade, consisting of tiny needles that is accountable for the hair-like result. In addition, Callie counselled that ink-finish (intensity of colour) thoroughly depends on one’s skin type. As for the origins of the products used, fear not, for they are of pristine quality and hail mainly from Korea, Germany and the US.

THE JOURNEY TO PERFECT EYEBROWS

The journey to perfect eyebrows begins with a consultation where you are required to fill out a form with personal details. Then, Callie armed with nine years of experience in brow embroidery will firstly inform you of your skin type, then, she explains the process that you are about to undergo. The consultation also encompasses choosing between 3D and 6D eyebrow designs and the ink colour. We chose to indulge in the 6D embroidery while the ink colour was a mixture of brown and dark brown, a natural colour.

Later, we proceeded towards a cosy room with two beds, and a wide mirror adorning the walls. Callie makes sure that your eyebrows are a work of art by taking into consideration the shape of your face and your features. Successively, she draws on the shape that best suits your face and consults you on the degree of the arch and the shape. Once the green light is given, Callie numbs the eyebrows to elude pain. Twenty minutes after the numbing cream takes effect, Callie then works her magic on, an eyebrow at a time. The 6D embroidery emanates the illusion of thicker hair by the hair-like strokes carved onto the skin and voila, picture-perfect eyebrows.



Before and after the magic

This semi-permanent endeavour lasts up to two years with touch-ups. Before you depart this establishment, you will be presented with a treatment serum to hasten the recovery process. You will be walking out of The Brow Ranch by Callie with a stride of confident strut and a smile on your face. Thereafter, you will wake up looking ever-ready to take on the day.

***I Don’t Need
Perfect Eyebrows***
Said no woman ever

B-01-30, Dataran Cascades, No.13A,
Jalan Pju 5/1, Kota Damansara,
47810 Dataran Cascades, Selangor
Tel : +60 11-3123 6078

ROYAL PERFECT

FOR PLUMPIER AND RADIANT SKIN

BY HIRANMAYII AVLI MOHANAN

Everyone wants to look the best version of themselves. Thankfully, there is a new brand in town that offers its patrons royally perfect aesthetics. Look no further as Royal Perfect Group, an organization fully owned by Newborn Skin (M) Sdn Bhd introduces its latest skincare products that provides affordable indulgence to customers who seek to maintain their crown jewel, their skin.

Royal Perfect is a leading skin health organization, which works closely with dermatologists and scientists to create, innovate and rethink the possibilities in skincare. In that regard, the brand recently launched a new skin care series, the Royal BB Series. This new series intends to provide patrons with a confident bounce to their step when they leave home and a feeling of flawlessness.

The Royal Perfect products are made using a hydro technique that stimulate the ingredients in the product, ensuring a 100 percent penetration into the epidermis layer of the skin. In addition, the technique helps to replenish and to lock in moisture in the skin cells, giving it a rejuvenated and an elastic feel. Furthermore, it is noteworthy that the products aids in correcting dull and uneven skin tone.

Royal Perfect's newly launched Royal BB Series comprises eight different products curated to serve your skin diligently. This includes the Eye Lift Cream, Hydro UV Cream SPF 35 PA ++, Hydro Boost



Royal BB Series



Royal Perfect MOU Signing Ceremony

The Royal BB Series in action



Hydrating Gel, Hydro O2, Hyaluronic Acid Essence, Skin Lightening Essence, Cell Soft Serum and Make-up Remover Cleansing Gel two in one.

Granted, there are many skincare products out there. How does Royal Perfect differ from other products you may ask? Well, their revolutionary formulas are infused with plant extract, primarily the Ganoderma Lucidum extract (also known as Ling Zhi), known to equip your skin with nutrients. This particular extract assists in reducing skin inflammation, puffiness, wrinkles and free-radical damages while promoting cell regeneration.

Royal Perfect's offerings does not stop there. In addition to the Royal BB Series, they also offer the Royal Perfect Purifying Series, a new unique patented beauty product made by natural ingredients that does not contains any harmful chemicals. The range is formulated with new herbal formula that mixes together with a variety of natural ingredients to achieve the effects of perfect

skin. So having a perfect skin isn't a dream after all. There are five products under this series, the Total Cleanser Mask 2 in 1, Purifying Serum, Sun Block, Hyaluronic Hydrating Gel and Calming Serum. You would want to use these products to help reduce any acne issues under a short span of time.

The Royal Perfect Group, is not just about skincare, rather, they are a customer-centric organization with an exclusive objective to make sure every customer has a perfect experience. At the end of the day, beautiful skin requires commitment, not a miracle. Thus, pamper your skin with the revolutionary products Royal Perfect has to offer.

The power of the common vegetable

The New Tradition is Good Nutrition

BY HIRANMAYI AWLI MOHANAN

Chlorophyll

Chlorophyll is a substance that makes vegetables green. What it does is that it draws toxins out of your bloodstream. Leafy greens are also known to contain high amounts of vitamins A and C and calcium. The darker the leaf, the more nutrients it contains. So, stock your fridge with as many greens as you can.

Asparagus

Why should you eat asparagus? Well, its underlying superpower is that it is one of the best foods to eat for detoxifying the body. Not only do we love its taste but asparagus is a very good source of fibre, folate, vitamins A, C, E and K, as well as chromium, a trace mineral that enhances the ability of insulin to transport glucose from the bloodstream into cells. Asparagus

is an excellent source of glutathione, a detoxifying anti-oxidant that is a liver-protecting powerhouse, helping break down carcinogens and other harmful compounds like free radicals. With its anti-inflammatory and antioxidant properties, asparagus is a robust fighter against bladder, breast, colon, lung, prostate, ovarian and other cancers.

Sweet potatoes

It's a well-known fact that sweet potatoes are delicious. In addition, their rich orange colour indicates that they are high in carotenoids like beta carotene and other carotenoids, which is the precursor to vitamin A in your body. Carotenoids help strengthen our eyesight and boost our immunity to diseases. They are powerful antioxidants that help ward off cancer and protect against the effects of ageing. Arm yourself with sweet potatoes to fight off cold and flu viruses.

Garlic

Yes, garlic has a pungent odor and taste. However, this little bulb, according to the National Centre for Complementary and Integrative Health (NCCIH), has traditionally been used to treat many health conditions, including high blood pressure, high cholesterol, heart disease and different types of cancer. Since garlic has antibacterial and antiviral properties, it is a great remedy for many common infections and colds.

Cruciferous vegetables

Cruciferous vegetables hold a lofty ranking in the nutrition world. OK, unless you have studied nutrition, or botany, you may be asking, "What on earth is a cruciferous vegetable?" A cruciferous vegetable is a member of the cabbage family that gets its name from the plant's four-petaled flowers that resemble a cross, or crucifer. Some of the most commonly eaten cruciferous veggies include broccoli, cabbage, cauliflower, Brussels sprouts, kale and radishes. They are powerful cancer fighters and help your body burn fat, your liver to get rid of toxins and prevent high cholesterol. They are loaded with nutrients, including beta-carotene, lutein, zeaxanthin, vitamins C, E, and K, folic acid, minerals and are excellent fibre sources. In addition to potentially lowering your cancer risk, you may also benefit from the anti-inflammatory substances that can lower risks to heart disease and diabetes.

Tomatoes

Whether you refer to a tomato as a fruit or vegetable, there is no doubt that a tomato is a nutrient-dense, super-food that most people should be eating more of. The tomato has been referred to as a "functional food", a food that goes beyond providing just basic nutrition. Due to their beneficial phytochemicals such as lycopene, tomatoes also play a role in preventing chronic diseases and deliver other health benefits.

Onions

The almighty onion has powers we are unaware of. Onions are rich in sulphur-containing compounds that are responsible for their strong odour. Sulphur is a powerful detox element and helps the body to release toxins, especially for the liver. Foods naturally high in sulphur also help the body to detox from heavy metals like lead, arsenic and cadmium. The onion is the richest dietary source of quercetin, a powerful antioxidant flavonoid that has been shown to thin the blood, lower cholesterol, ward off blood clots, and fight asthma, chronic bronchitis, hay fever, diabetes, atherosclerosis and infections, and is even linked to inhibiting certain types of cancer. Onions are also naturally anti-inflammatory, antibiotic and antiviral. That is of course only if you eat them.

Carrots

Forget about vitamin A pills. Carrots provide vitamin A and a host of other impressive health benefits including beautiful skin, cancer prevention and anti-ageing. There's some truth in the old wise tale that carrots are good for your eyes. Carrots are rich in beta-carotene, which is converted into vitamin A in the liver. Vitamin A is transformed in the retina, to rhodopsin, a purple pigment necessary for night vision.



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AIRLINK

AIRPORT TALK

In August, ten thousand athletes, officials and accompanying supporters thronged through KLIA Main and klia2 seamlessly, without a hitch to participate in the 29th SEA Games in Kuala Lumpur. After all, the two terminals are used to handle seventy thousand passengers a day.

We were well prepared though, dedicating clearance lanes for these guests, as well as having about seventy roving ambassadors stationed at key touch points to provide the necessary assistance.

We even played a part in the Games, joining the 8.4km KL2017 Torch Run which signified the first leg of the Games. Our senior management team and staff were involved in the event, which coincided with the celebration of MAHB's 25th Anniversary.

We adopted four Malaysian athletes as our ambassadors for the Games: Gymnast Farah Ann Hadi, discus competitor Mohamad Ridzuan Puzi, paralympic sprinter Irfan Shamsuddin and athlete Sara Yap. We are proud of the association and what these athletes have achieved for the nation.

Another passenger surge is anticipated during the first week of October, coinciding with the Golden Week holidays celebrated in China. We would be having Mandarin speaking volunteers to man some of the permanent help desks at the arrival halls to assist the Chinese tourists on visa and other related queries. We would also be exploring how technology-driven mobile applications could further assist in these matters.

Airport MD Speaks

One of Malaysia's most highly regarded corporate leaders lays his considerable expertise and experience to raise Malaysia Airports Holdings Berhad (MAHB) to higher levels.

This month, Datuk Badlisham shares his thoughts on the post-Southeast Asian (SEA) Games and what it takes to create total airport experiences (TAEs) for them and the rest of the passengers.

Some of you might have noticed that Malaysia Airports (Niaga) Sdn Bhd, also known as Eraman operates retail outlets at our airports nationwide. Recently it has partnered with Alipay, the world's largest online and mobile payment platform with 520 million active users.

With a huge number of Chinese tourists travelling to Malaysia annually, the alternative payment method will help to ease transaction with a secured form of payment for one of our largest groups of visitors. These Chinese travelers visiting Eraman outlets will be able to conveniently pay with their Alipay personal QR code via their smart phone.

Especially to the Alipay users, don't forget to check out the special offers via your in-app Discovery platform before you depart Malaysia.



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Digital Transformation, The Way Forward

As Malaysia Airports Holdings Bhd (MAHB) embarks into its next Runway to Success 2020 (RtS 2020) launched on 25 April 2016, the airport operator views digital transformation as the enabler that will help it achieve faster the four main pillars identified under its five-year business plans.



Its four pillars basically involves establishing KL International Airport (KLIA) as a preferred ASEAN hub; improving the total airport experience for all stakeholders; developing an aeropolis within the KLIA area; and expanding MAHB's international footprint.

As stressed by its Chief Strategy Officer Azli Mohamed, in order for MAHB to achieve these four strategic pillars, it is important to have digital transformation as part of its journey. He believes in leveraging on automation and technology to address the company's growth while progressing its talks with the government on the expansion plans for the airports.

MAHB's efforts to digitise its entire operations is in tandem with the government's 2050 National Transformation plan announced at Budget 2017 last October, which aims to propel Malaysia towards a digital economy that is invigorating, secure and sustainable.

Although there is the vision and ambition for airports to shift from the traditional model to the industry's integrated and seamless Airport 4.0 solution, Azli, who

joined MAHB this year, reportedly reminded that we have to be mindful that the dynamics of its operations are very different since the 39 local airports managed by them differ in sizes.

Expressing his excitement on the 18-month digital transformation journey where MAHB has partnered with OpenText, a leader in enterprise information management to implement its big data analytics (BDA) initiative, he said the company looks forward to work with other technology providers such as SAP Malaysia in providing effective solutions to MAHB.

A global leader in enterprise application software, SAP Malaysia recently relaunched SAP Leonardo, associated with the internet of things in the past as its new digital innovation system at scale to help businesses transform by using technology as its catalyst.

Azli remarked, "We have identified some tools which interestingly have been spelt out by SAP Leonardo to could potentially help us in driving MAHB's digital agenda, aligned in achieving the RIS2020. As a company with nearly 11,000 employees, it is very important that we know how we manage data intelligence, how that fits into the efficiency of our employees and translates that into efficiency of services towards our customers."

SAP Southeast Asia head of analytics and insight Kathleen Muller could not agree more with him when she urged companies to take a few steps forward to think about transforming their systems of record into systems of data intelligence.

Azli said the human resource (HR) part is being addressed by the cloud-based



SAP SuccessFactors. This human capital management solution will be deployed by PwC Consulting Services Sdn Bhd, the systems integrator and implementation partner for its Electronic Malaysia Airports Gateway for Employees (e-MAGE), one of the many internal systems fed into MAHB's BDA initiative.

Confident that SAP SuccessFactors' comprehensive set of modules that include Workforce Analytics would enable MAHB to achieve better efficiency, its Managing Director Datuk Badlisham Ghazali said concerted efforts have also been made to digitalise other areas of its airport operations.

Among them is the increase automation at its check-in counters to improve efficiency and congestion woes. Another example is the recent launch of its online billing portal for its stakeholders, including airlines, whereby they can view their invoices instead of waiting for the airport to mail it to them physically and electronically.

While pointing out that a single airline can have 300 to 400 invoices in a month, Badlisham said the online billing portal represents the first part of its enhancement efforts. They will be two other phases later to improve further its billings and payments in electronic form.

"MAHB is spending a lot on automation. We are spending in the double digit millions into BDA because we feel it will make us more efficient as we grow."

Sitting on tonnes of data from its airport operations, MAHB will explore ways on how to amalgamate such information and translate them into more efficient processes and revenue generation. It understands all too well that

faster processes will be key to higher customer spending and more dwell-time spent at the airports, which in turn will mean more non-aeronautical revenue, especially from the retail as well as food and beverage outlets.

According to its latest annual report, its non-aeronautical component constituted about 27% of MAHB's total revenue of RM4.1 billion in 2016. As Badlisham highlighted in the report, its investment in BDA will enable MAHB to understand and serve the needs of its airport users more effectively.

"Enhancements to its analytics capabilities and digital readiness is necessary to enable faster, more insightful data not only to gain competitive advantage, improve profitability, and efficiency of airport operations but also to enhance customer experience through service quality.

"The first phase of our big data and digital implementation journey will deal with customer experience management, retail analytics, wayfinding, crowd and congestion management and financial analytics. Through this initiative, we expect to achieve at least 20% improvement in service levels, 30% improvement in retail revenue and 20% savings in total cost of asset ownership in the initial stages," he added.



Emirates is Topping it in Style

The A380 is currently the largest passenger plane and Emirates is the largest operator of it. It is distinguishable by its double-decker passenger configuration. The upper deck suggests a level of exclusivity and to top it all, Emirates has revamped the Onboard Lounge on the upper deck after nine years of operation to make it even better, and indeed, more stylish.

The newly styled Onboard Lounge made its operation debut on a flight to KLIA on the 1st August. With a design and fit-out inspired by private yachts, it will become the most intimate and socially conducive space at 40,000 feet. Its clientele is made up of Business and First Class passengers. The exclusive lounge accommodates 26 guests at a time, serving the world's finest wines and spirits. It offers a variety of cocktails served by highly trained mixologists, and it serves a variety of fine non-alcoholic drinks too, including a range of juices, several varieties of tea from Dilmah and coffee. There are over 18 different exquisitely prepared fine snacks to complement the drinks which include the most popular smoked salmon bagels and fresh fruit skewers.



Sir Tim Clark, President Emirates Airline said, "The A380 Onboard Lounge is hugely popular with our customers, and has become an iconic feature of Emirates' A380 offering. Particularly on long-haul flights, our customers tell us they appreciate the opportunity to stretch their legs and mingle in the relaxed, yet classy lounge area.

"Since we launched the product in 2008, our A380 Onboard Lounge has gone through small but successive enhancements in line with customer's feedback to increase the amount of space for our customers to interact in the lounge. In our latest revamp, we have taken the inspiration from private yacht cabins, and amongst other thoughtful touches, we have increased the seating space, and also made it more intimate and conducive for our passengers to socialise or enjoy our lounge service."

Emirates already has 96 of these double-decked aircraft in service, and a further 46 on order. The wide-body Emirates A380 is a popular choice for travellers, having carried 80 million passengers since 2008. Emirates flies the A380 to 48 cities on 6 continents. The latest cities to join the A380 network this year are Sao Paulo, Casablanca and Nice.

Enjoy the same high standards on ground as you are in the air. The luxurious Emirates lounge is available at KLIA and exclusively for Emirates Airline passengers.

For more information, please call +603 - 2058 5899



Cebu Pacific in Expansion Mode

Cebu Pacific is the largest airline in the Philippines in terms of the number of passengers it carries annually. Within the Philippines, it has the highest flight frequencies and cover the most number of routes among the airlines.

Started operations as a low-cost carrier as recently as in 1996 and flying to mainly domestic destinations in the Philippines, it only received rights to operate international flights in the first decade of 2000s, with flights to several Asian countries as well as to Guam in the Pacific Ocean. Cebu Pacific first flew from its Cebu hub to Kuala Lumpur in 2008.

Since its beginning, Cebu Pacific has been on an upward trajectory path for its flight

frequency growth and additional new routes. This year, it announced further new domestic frequencies as well as new international destinations. Sandakan in Sabah, Malaysia is one of its new destinations.

Starting October 2017, the carrier's wholly-owned subsidiary, Cebgo will operate its first international route out of Zamboanga with four times weekly flights (Tuesdays, Thursdays, Saturdays, and Sundays) to Sandakan, Malaysia. Cebgo is currently the only Philippine carrier with a direct service between the Philippines and Sandakan.

Alexander Lao, President and CEO of Cebgo said, "Cebu Pacific is very pleased to continue being a travel enabler to every Juan as we further establish seamless connections not only within the archipelago, but to the rest of Southeast Asia. Sandakan has had centuries of trade and cultural linkage with the southern Philippines, and we are especially proud to

put in place infrastructure to further enhance these ties. Now, the previous 14-hour travel by sea is cut down to just 40-minute airplane ride".

The new route supports the drive for seamless logistics connectivity within the Brunei-Indonesia-Malaysia-Philippine East Asia Growth Area (BIMPEAGA). Art Boncato, Jr., Outgoing Senior Official of the Philippines to BIMPEAGA noted, "The new route would offer better service to the traveling public and open greater opportunities for trade, investment, and tourism with Western Mindanao as a growing regional gateway to the Philippines".

The Cebu Pacific route network comprises of 27 international and 37 domestic destinations. Its fleet of aircraft is comprised of 3 Airbus A319, 36 Airbus A320 and 8 Airbus A330; while the Cebgo fleet is composed of 8 ATR 72-500, and 6 ATR 72-600 aircraft.

For more information, please visit www.cebupacificair.com.



SriLankan Airlines celebrates 38th Anniversary



Over the period since its launch in 1979 as the country's flag carrier, SriLankan Airlines has shared the country's colourful and eventful history. It provided a picture of calm even as events shift and change in the country. It is the emblem of an even keel while the waters around it had once been rough.

Sri Lanka today is a country that has steadied itself and equally, with firm footing, SriLankan Airlines is going places fast. It has modernised its fleet, already operating some of the latest state-of-the-art aircrafts, including Airbus A320, Airbus A320neo, Airbus A321 and Airbus A330.

Marking its achievements, the airline celebrated its 38th anniversary in August. It was done with giving away one thousand free return air tickets to 14 exciting destinations. One of these destinations was Kuala Lumpur.

The airline's achievements include modernising its cabin and entertainment facilities. These are equal to any major airline. For business class, the airline offers full flat beds on majority of long haul aircraft with Audio Video on Demand (AVOD) facilities, generous flat bed seats with 15-inch personal IFE system.

The economy class has extensive movies and radio channels and both classes are given the option of a 'Satcom' satellite phone, which allows a passenger to call anyone in another seat free of charge.

SriLankan currently serves a network of 105 cities in 47 (with code share partners) countries across Europe, the Middle East, South Asia, Southeast Asia and the Far East. SriLankan is the largest carrier into the Maldives with 30 weekly flights between Male and Colombo. Malaysians flying to the Maldives from Kuala Lumpur transferring in Colombo.

SriLankan Airlines also serves 14 destinations in India making India the largest market with



the highest number of destinations than any country for the airline.

As a member of the oneworld alliance, SriLankan also offers its passengers connectivity to over 1,000 cities in 160 countries that are served by its oneworld partner airlines.

For more information, please call +603 - 2697 2100

Korean Air and KTO offers Muslim Travel Kit



The Halal Restaurant Week Korea 2017 is being celebrated from September 1st to October 31st. This event is organised by the Korea Tourism Organization (KTO) to promote Muslim friendly restaurants, which are operated by both Muslims and non-Muslims in Korea for the convenience of Muslim travelers.

In conjunction with this, Korean Air, in partnering with KTO is giving away complimentary Muslim travel kit, which includes a Muslim prayer mat, Halal Restaurant Week Coupon book and Halal Restaurant Guide Book to all Muslim passengers departing from Kuala Lumpur to Seoul on Korean Air.

Once passengers have checked in and collect their boarding pass at the Korean Air check-in counter at

KLIA, they may proceed to counter H1 to collect the Muslim Travel Kit.

More than 100 restaurants and Korean halal food vendors across South Korea are participating in the event. Customers can expect to be feted with variety and pleasant surprises.

On top of that, Korean Air is also running a Winter Promotion where discount of up to 10% are offered on First Class, Prestige Class and Economy Class tickets purchased at www.koreanair.com. Passengers just need to key in the coupon code WINTERPROMO at the payment section under 'Coupon Discount'.

For more information, please visit www.koreanair.com



Accolade for Bangkok Airways

In order to secure a solid foothold in the ever-changing air industry, the new boutique campaign emphasises and expands upon Bangkok Airways' position as a legacy carrier known for pioneering private airline flights in the Kingdom of Thailand.

Service is a big criteria that runs in parallel with both the tourism and airline industries. Bangkok Airways offers full service in all categories, boutique lounges, boutique airports, appetising menus, new aircrafts and friendly services to its passengers. It is cultural in Thailand to serve well, with heart, soul and mind.

With its commitment to service, Bangkok Airways was announced as winner of 'Best Full-Service Boutique Airline - APAC' by Transport News Intl, the transport industry's leading publication in England and the organiser of 'Air Transport Awards 2017'.

Established not long ago in 1986, Bangkok Airways is already popularly known as 'Asia's Boutique Airline', with the kind of personalised service and cabin ambience that prepare the passengers for a memorable holiday or, even business meetings. To affirm the



seriousness of its intention, the airline has even built several of its own airports such as the one at Ko Samui which has since spurred the growth of tourism in the island.

The award not only acknowledge the airline's service achievement, it would likewise spur the airline to be better than what it is already very good at. Currently, Bangkok Airways has daily flights from Kuala Lumpur to Koh Samui and onward to its extensive regional network.

For more information, please call +603 - 2148 0829

Royal Brunei Steps Toward Fuel Efficiency



As a country, Brunei is well known as one of the world's largest exporters of liquefied natural gas and a major producer of oil, it is a little lesser known that the country pays considerable attention to environmental protection. For example, 70% of its biodiverse rainforest is protected within reserves and it is the first country to ban shark finning.

Having the second-highest Human Development Index among the Southeast Asian nations, after Singapore, it is classified as a 'developed country', which is reflected in the way it pays attention to environmental concerns.

As its national flagship carrier, Royal Brunei Airlines has boosted its commitment to environmental protection by partnering with a French start-up to provide a 360° solution to reduce fuel costs and CO2 emissions. Under an agreement, Royal Brunei Airlines will use OpenAirlines' flagship software SkyBreathe® Fuel Efficiency.

The software system will continuously monitor fuel consumption of each flight operated by the airline to identify the most relevant fuel saving opportunities using sophisticated, innovative algorithms and taking into account actual flight conditions.

Technically, the SkyBreathe® solution, which leverages years of advanced research in trajectory optimisation and Big Data analysis,

offers comprehensive analytics through 500+ easy to use predefined reports allowing for accurate monitoring of each fuel-saving initiative and will then provide clear results via unique dashboards.

Alexandre Feray, OpenAirlines' CEO said, "We are thrilled to have been selected by Royal Brunei Airlines and look forward to a successful partnership. As fuel is the largest cost of an airline, it's a win-win proposition for them. Burning less fuel is better for the environment and for their operating expense. Working closely with the ops team, we trust that our expertise will contribute to the growth of Royal Brunei Airlines in a short time".

Correspondingly, Zlatko Sirac, Executive General Manager – Operations at Royal Brunei Airlines said, "We are pleased to collaborate with OpenAirlines, which have already, through their success, demonstrated their ability to deliver on the promise of superior fuel savings. We are committed to adopting fuel best practices across the airline's business to further improve our fuel-efficient operations".

The innovative OpenAirlines Fuel Efficient software is already assisting 22 airlines and operators across the world to save 2-4% on fuel consumption.

For more information, please call 03 – 2070 7166

Vietnam Airlines Strides Ahead with A350s

The narrative of Vietnam Airlines, becoming what it is today really began in February 1994, when the then US President, Bill Clinton lifted decades-old trade embargo to allow Vietnam Airlines the ability to acquire Western-built aircrafts. In April that year, it announced that it would phase out the inefficient Soviet planes for better Western ones.



The replacements were gradual, starting with the leasing of aircrafts, such as nine A320s from Air France in 1995. Its fleet in the 1990s comprised of a mix of aircraft types, including Soviet ones.

Its first acquisition was in 2001, when it acquired four Boeing 777-200ERs, which was delivered in 2003. It leased six other of the same aircraft type to be the flagships of the airline to serve medium and long-haul routes. On October 2007, the airline signed a memorandum of understanding for the purchase of ten Airbus A350-900 XWBs and 20 additional Airbus A321neo. The Airbus A350s were to supplement the Boeing 787s which it had earlier ordered. The single order of aircrafts resulted in Vietnam Airlines becoming one of the largest Airbus operators in Asia.

Vietnam Airlines started to operate flights from Vietnam to Malaysia since December 1990 with frequency of total 4 flights per week from Hanoi and Ho Chi Minh city and this number increased to 14 flights per week in 2017. The number of passengers on Hanoi and Ho Chi Minh City to Kuala Lumpur routes has experienced a remarkable growth of 96% and 48% respectively during 2010-2016 period and all flights are currently operated by Airbus A321. Overall, Southeast Asia is one of Vietnam Airlines major markets which has continued to show an upward trend in demand for passenger air travel.

Vietnam Airlines received its first Airbus A350-900 XWB in July 2015, becoming the second operator of the type worldwide after Qatar Airways. In August 2015 the airline first Boeing 787-9 entered the fleet. With these

new aircrafts, the airline operates among the most modern fleet in the world.

In August this year, Vietnam Airlines crossed the milestone of 8,000 safe flights on Airbus A350-900 XWB, marking the occasion by welcoming the eighth A350 aircraft to its fleet. "This is a special occasion marking more than 8,000 safe flights of Vietnam Airlines with eight of its Airbus A350 aircraft. We hope many more passengers complete journeys and have memorable experiences on the most modern aircraft in the world", said one of the aircraft captains. Vietnam Airlines' A350s are currently operated by around 100 Vietnamese pilots.

For more information, please call 03 – 2031 1555

Alipay Now Accepted At Eraman



Since June 2017, Alipay has been accepted as a payment mode at all Eraman outlets throughout Malaysia.

To mark this significant development, Eraman is holding a promotion from 1 September until 31 December 2017. Chinese travellers who use Alipay will be entitled to an e-voucher of RMB100 when they spend RMB1000 at participating Eraman retail outlets. This e-voucher can be redeemed if a second purchase is made at an Eraman outlet within 24 hours.

In addition, Alipay users who make a purchase at Eraman food and beverage outlets and its convenience store, EXpress, can enjoy a 10% discount on their second purchase if it is made within 24 hours.

"Security and speed are important to us as we look to enable our Chinese travellers to walk into our outlets while travelling abroad and pay for purchases with the Alipay – just like they do in China. This Alipay in-store payment will act as the settlement, allowing Chinese travellers to pay for their transactions in Yuan without having concerns on the exchange rate. This is done through a simple swipe and barcode-scanning method," said Zulhikam Ahmad, General Manager of Malaysia Airports (Niaga) Sdn Bhd.

"All Eraman retail outlets in KLIA and klia2 including duty free emporium and lifestyle stores began accepting Alipay in June 2017. However Eraman food and beverage and retails outlets in Kota Kinabalu, Kuching, Penang, Langkawi International Airport and Labuan Airport have begun to accept Alipay

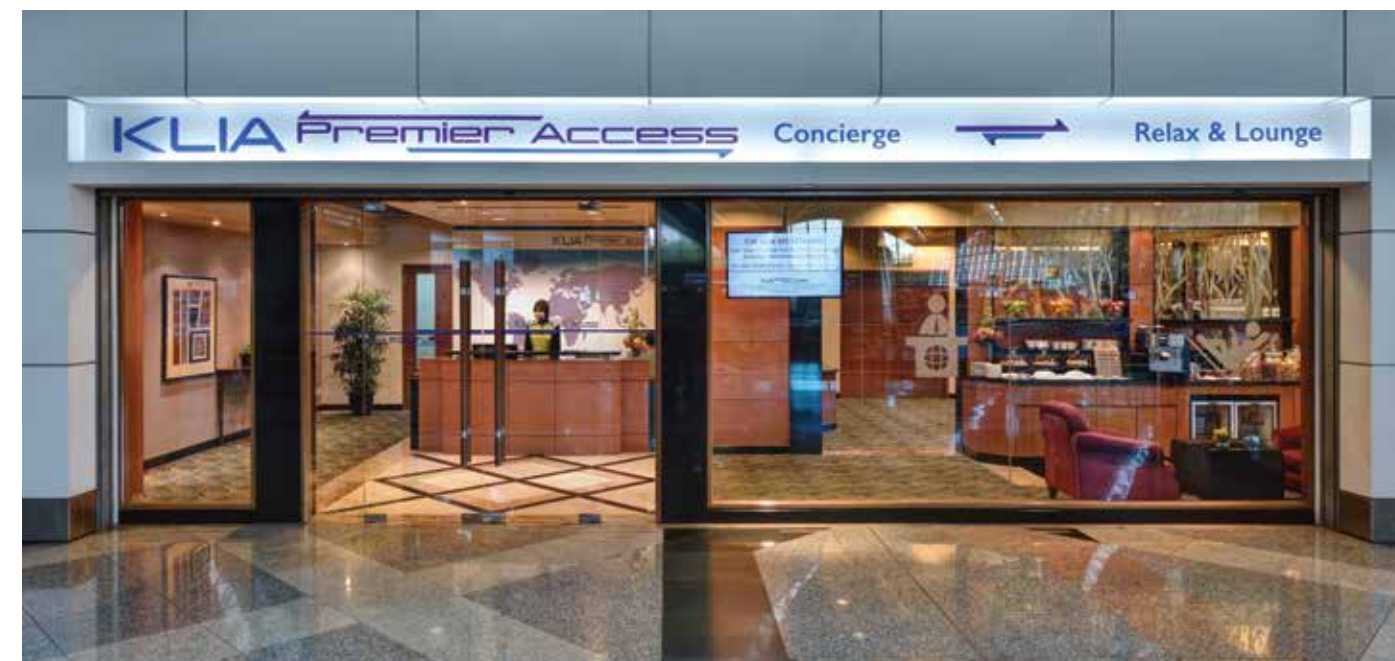
since end of August 2017. In China, this payment system is a way of life for shopping and many other activities, and given the growing number of Chinese travellers here, we are hoping for a high uptake," added Zulhikam.

It is believed that the shopping experience of Chinese travellers at Eraman outlets will be greatly enhanced. Alipay is integrated into the acquirer's merchant portfolio of Maybank Berhad and CIMB Bank Berhad.

By accepting Alipay, Eraman is now able to attract 520 million Alipay active users, of which a few million are Chinese travellers who visit Malaysia yearly. As such, Eraman will be collaborating closely with Alipay in the future to create exciting promotions and to offer greater value to shoppers.



Seamless Fast Tracking with KLIA Premier Access



Taking service a step further, KLIA Premier Access, which is located next to the International Departure Gate A & B on the 5th Floor of the Main Terminal offers 'premier access' service to its customers.

With the aim to provide a service beyond meeting basic needs as part of Malaysia Airport's Total Airport Experience, the KLIA Premier Access provides a unique experience as well as creating memorable moments. Malaysia Airports can achieve this by leveraging on its subsidiary, Sama Sama Hotel KLIA.



Concierge



Relax & Lounge



Priority Access



Buggy Service



Departure Gate

This facility form part of Malaysia Airports plans to transform itself from an airport operator into a service leader through its Total Airport Experience (TAE) initiative.

KLIA Premier Access provides seamless end-to-end service with guests who are first met and greeted at the kerbside and brought to the lounge on a buggy. The service includes check-

in process that is facilitated by the airline's staff, with guests brought through fast-track security, immigration, and customs lanes. For customers who purchase the premium package will get to ride the buggy and escorted throughout the journey up to the boarding gates.

Where the customers have time at hand, the Premier Access Lounge is a place to relax, unwind before the flight departure. Light refreshments are served all day between 7am and 11pm, as well as access to free internet and Wi-Fi. The Guest Service Agent is also available to assist on booking request.

For arrival, guests will be greeted at the arrival gate and assisted throughout the immigration and custom lanes as well support for the luggage collection and to the awaiting transport.

Take the advantage and experience a swift clearance at the airport upon your arrival or departure at the KL International Airport.



NARS Artistry takes off at Colours & Fragrances, KLIA



One of the strongest Asian cosmetic brands, Shiseido leverages its unique heritage originating from Japan. Shiseido has been able to penetrate markets around the world by offering high quality, relevant and exciting products.

Since its inception more than 140 years ago, Shiseido has enjoyed enduring success. One of the main reasons behind this is the company's strong brand management practices, underlined by continuous investment in brand building activities.

The NARS boutique, at the front of the Colours & Fragrances store, located just a few steps from the Aerotrain stop at the satellite building at KLIA offers a particular make-up accent for its customers. A line of make-up products started by Frenchman, François Nars, a subsidiary of Shiseido, complete with top-end service. NARS products are unique for the colours concocted by Nars; with its DNA described as 'modern, audacious and iconic'.

The striking in-store concepts include, the 'High Five Tower', showcasing the five most popular product sub-categories (concealer, foundation, lipstick, cheeks and eyes); and the 'Lips to Style' display which sorts NARS's extensive range of lip products – including Audacious

Lipstick, Velvet Lip Glide and Velvet Matte Lip Pencil – into different shade 'families' (The Little Red Lip, The Power Nude, The Deep Chic and The Pink Edit) to help travelers shop more efficiently.

At the opening in June, Shiseido Travel Retail General Manager – Asia Pacific, Kenji Calmégane commented: "The introduction of NARS at KLIA marks a strategic new step for us in the dynamic Malaysian travel retail market as the brand continues to go from strength to strength in the Asia Pacific Region... We believe the new Traveler's Exclusive NARSsist #Jetsetter will have significant appeal here, and with the support of Colours & Fragrances we are able to offer an exceptional environment to experience the brand's extensive assortment".

Colours & Fragrances Operations Director,

Datin Azah Bazid said: "With its bold colours, luxurious textures and edgy style, NARS Cosmetics is a refreshing addition to our portfolio of colour cosmetics brands. The opening of the stunning new boutique underlines our commitment to becoming a luxury beauty destination at KLIA and delivering a world-class airport shopping experience to more than 50 million international passengers passing through KLIA annually".



Tunku Iskandar – Malaysia's Tourism Visionary

Tunku Dato' Seri Iskandar bin Tunku Tan Sri Abdullah certainly makes a vivid impression in person. Open and charming, his sunny disposition radiates with genuine warmth. A natural extrovert with a touch of wanderlust, he is an avid traveller who had leveraged on his passion to forge a thriving tourism businesses.

1 Can you tell us, current and future plans of Mitra Travel and Pacific World Travel?

Mitra Malaysia Sdn Bhd (Mitra Travel), founded in 1972 started as a GSA for Merpati Nusantara Airlines – and it expanded into a full-service travel agency in the late-1970s when we were able to become an IATA accredited travel agency. Today, Mitra Travel is on the forefront of travel agencies in Malaysia and the Global Alliance Partner of EGENCIA (Expedia Group).

Pacific World Travel Sdn Bhd (PWT), established in the mid-1980s is a bridge between Malaysian travel agencies and airlines that wished to access Malaysian travellers by acting as General Sales Agents for those airlines. Our key principals included initially American Airlines and Philippine Airlines, among others (Philippine Airlines remains our client until today) and over time a number of other airlines as well as National Tourism Organisations (NTOs), cruise lines, car rental companies placed their trust in us as their representative.

In the early 2000s, through APG Malaysia, we became the Malaysian Country Member of APG, a worldwide network of GSAs and companies providing distribution and financial services to airline clients. I am currently a Member of the Board of the APG Network as well as the Regional Vice President for Asia-Pacific region comprising 20 countries and territories.

2 Can you elaborate on your involvement with PATA?

I first attended a PATA event in Sydney, Australia in 1975. That conference had such a positive impact on me.

I was elected as President of PATA and presided at the PATA Annual Conference in Vancouver in 1990 just 15 years later, and be the first (and still the only) Malaysian to be elected as PATA President (the position has now been renamed as "Chairman").

Some years later, I was honoured with PATA Life Membership, and today there are 2 other Malaysian tourism professionals similarly honoured, Dato Abdullah Jonid and Dato Hj Azizan Noordin.

3 What is your outlook on the tourism and travel industry in Malaysia for the next two years?

Malaysia has a number of key strengths, namely as an attractive destination for tourists from around the region as well as long-haul tourists as well as a key market for overseas destinations as is evidenced by the huge popularity of consumer travel fairs such as the MATTA Fair. This is further strengthened by the active promotion done by airlines established in Malaysia, in particular Malaysia Airlines, Air Asia and Malindo Air and complemented by many foreign airlines, providing access for local and foreign tourists alike.

4 Do you have any recommendations about how the airline industry can evolve in order to support and grow inbound as well as outbound tourism?

Our local airlines must strengthen their global linkages with foreign airlines through code-sharing agreements and SPAs (special prorate agreements) which can help them to enter foreign markets and access travel agents in those countries, and also by entering the BSPs and distribution channels in overseas markets.

5 ASEAN is expected to become 4th largest economy by 2030. What are the opportunities that will arise for the travel industry?

I am also very passionate about travel and tourism in ASEAN. The "open skies" policy has today enabled airlines to create successful routes that link cities in ASEAN, not only capital cities but also secondary cities and resort destinations.

6 What is your personal philosophy as an entrepreneur and business investor?

I believe that companies have to allow and enable the people in their companies to be creative and to assist ideas and innovations to be nurtured and developed.

I also subscribe to the notion as expounded by the famous English poet John Donne "No man is an island, entire of itself, every man is a piece of the continent, a part of the main"

7 What are your favourite pastimes and how do they influence or complement your business activities?

One of my passions is travelling, to see as much of the world as possible. Fortunately, this goes hand-in-hand with my business activities. However, my "bucket-list" is still a

long one but I hope to still continue to travel.

My favourite places to visit are Hawaii, Venice and London.

8 What are your personal goals and plans for the future?

As I am the head of our overall family business group, I have the luxury of choosing to focus on two parts of The Melewar Group, namely the travel & tourism division as well as the education & training division, both of which I derive enormous satisfaction in being involved.

9 Who are your mentors in business?

I learnt much from my late father, Tunku Tan Sri Abdullah ibni Tuanku Abdul Rahman whom I regard as my "partner" as we built up the Melewar Group together since the mid-1970s till he passed away almost 10 years ago.



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Heineken Marketing Malaysia Sdn Bhd (5971-D)
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46000 Petaling Jaya, Selangor Darul Ehsan

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Che Malambo in action

The Fiery Flame of Rhythm and Dance blazes on with

ARGENTINA'S CHE MALAMBO

BY CHEE SUE ANNE

A stunning show to transfix the senses, Che Malambo will impress with precise footwork and rhythmic stomping, drumming of the bombo, singing and whirling boleadoras (lassoes with stones on the ends). Presenting a thrilling, percussive dance and music spectacle, Malambo celebrates the unique Argentine cowboy tradition of the gaucho.

Danced solely by men, the Malambo began in the 17th century as competitive duels that challenged skills of agility, strength, and dexterity. Zapateo, the fast-paced footwork, is inspired by the

rhythm of galloping horses in their native Argentina.

This powerhouse all-male company of 12 gauchos is directed by French choreographer and former ballet dancer, Gilles Brinas. Che Malambo brings fiery Malambo traditions and virtuosic dancing to the contemporary stage for an exhilarating and entertaining show, definitely not to be missed. Catch this stunning performance during KL International Arts Festival 2017 on Sep 2 and 3 at 8.30pm at the DBKL auditorium, Jalan Raja Laui, Kuala Lumpur.



Che Malambo © Diane Smithers



National day 2017 Argentine Community

AMBASSADOR MANUEL BALAGUER SALAS SPEAKS OF MALAYSIA'S UNIQUE WORKING ETIQUETTE AND 50 YEARS OF ARGENTINA-MALAYSIA RELATIONS.

Argentina's ambassador to Malaysia, Manuel Balaguer Salas has been fervent in advocating the intertwine of cultures between the two countries; one of his many efforts being the Che Malambo's esteemed appearance in KL. With an exclusive opportunity to pick his brain about Argentine-Malaysian affairs, here are some of his thoughts since he took office in April 2016.

What are some of the simple pleasures in Malaysia that you've uncovered since you took office?

Diversity, to me is a simple pleasure. To see people of vastly different ethnicities working together, living together, is something I truly cherish. Malaysia also has divine nature spots. I thoroughly enjoy it. Hiking, cycling, sometimes into the 'kampungs', I love the green that permeates this country.

What are some of the unique working etiquettes you've stumbled upon since you starting working here?

Malaysians are extremely polite and they deeply treasure relationships, up to a point where they eschew repudiation. "No" is a very strong statement, and might even be considered rude. So Malaysians go around it, softening statements and

sugar-coating answers, in a surprisingly sophisticated manner. Argentines are more frank in nature and I had to get accustomed to this polite play of words. Don't get me wrong, it's not a negative characteristic I'm describing, just a different way of working.

What are some of the best accomplishments in Malaysia-Argentina relations throughout the years?

This year marks our 50 years of partnership. So much has happened. Investments from Malaysia include Petronas opening an office in Buenos Aires, Argentina, in Dec 2016. From Argentina's end, our flagship Argentine company IMPSA has a joint venture with Malaysia, becoming the only state-of-the-art capital goods manufacturing company in South-East Asia, investing over US\$100 million over the past 10 years. Argentina's exports to Malaysia increased by 19 percent in 2016 and we recently translated two Argentine books into Malay. Even in sports, our polo and football players and coaches are getting deserved recognition from the Malaysian teams. We've come so far, and can only hope to go further, together.

What are the biggest growth opportunities in terms of trade and investment do you see between the two countries?

The Halal industry. Malaysia is striving to become a Halal hub. And Argentina is

one of the major food producers in the world. I see partnership opportunities to supply this growing demand that'll benefit both our nations.

As the official bridge between our two countries, what you would say to Argentines about Malaysia? And vice versa.

To Argentines: We can learn a lot from this wonderful country. Malaysia, grew extremely rapidly, changing from an agricultural-based economy to its more sophisticated industrialised form in the mere span of 40 years. Not many countries have done this and I admire how Malaysia did that so quickly. When you're here, be careful with the food, you might not be able to eat what you've ordered. Malaysians don't joke about their spice! Also, pay attention and respect the different cultures and religions present here.

To Malaysians: If you visit Argentina, please don't get offended with our sense of humour! It might shock you at first; our jokes may be invasive in nature. But don't worry, they contain no malicious intent. We have unbelievably beautiful landscapes too. Bariloche, Patagonia, and the Iguazú Falls. Oh, and bring your spices with you. We often only use salt and pepper for flavour there.

KLAS ART AUCTION

MALAYSIAN MODERN & CONTEMPORARY ART



SALE XXIX

AUCTION DAY : SUNDAY, 15 OCTOBER 2017 . 1 PM . KLAS @ JALAN UTARA



SYED AHMAD JAMAL, DATUK
Nur Tenaga, 2010
Acrylic on canvas 153 x 152 cm
RM 350,000 - RM 600,000



ISMAIL ABDUL LATIFF
Kumbang Malam... Mencari Teman, 2014
Acrylic on canvas 90 x 71 cm
RM 12,000 - RM 18,000



IBRAHIM HUSSEIN, DATUK
Window Cleaner, 1964
Gouache on magazine page laid to card 26 x 25 cm
RM 28,000 - RM 50,000



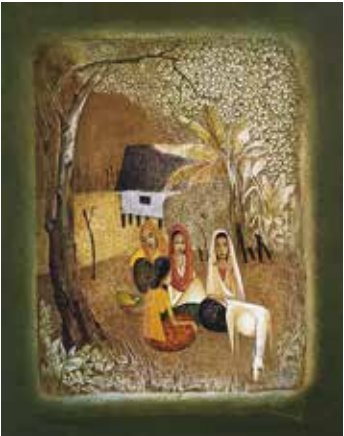
AWANG DAMIT AHMAD
EOC Series "Ting Ting Elegi Anak Kecil", 1987
Mixed media on canvas 115 x 145 cm
RM 70,000 - RM 110,000



HASAN DJAAFAR
Indonesian Village Scene
Oil on canvas 78 x 102 cm
RM 4,000 - RM 7,500



KHALIL IBRAHIM
Tanjong Bongkak, Bali (Gardens in the Villa of Srihadi Soedarsono), 1970
Watercolour on paper 54.5 x 37 cm
RM 5,000 - RM 8,000



LYE YAU FATT
Chattering, 1983
Mixed media on canvas 81 x 63.5 cm
RM 15,000 - RM 25,000



KHALIL IBRAHIM
Sawah Padi Series, 1956
Oil on board 30 x 45.5 cm
RM 29,000 - RM 35,000



YUSOF GHANI
Siri Topeng "Wayang Solok", 1995
Mixed media and collage on paper 76 x 56 cm
RM 5,000 - RM 12,000

KLAS ART AUCTION

MALAYSIAN MODERN & CONTEMPORARY ART



SALE XXIX

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JAILANI ABU HASSAN
Sia Boey Banana, 2000
Acrylic on canvas 122 x 122 cm
RM 22,000 - RM 40,000



TAY BAK KOI
Figures at River & Birds
Watercolour on board 20 x 10 cm x 2 pieces
RM 5,000 - RM 8,000



DAVID BROMLEY
Go Forth, 2017
Gouache and acrylic on French hand made artist paper 34 x 26.5 cm
RM 2,500 - RM 3,500



NIZAR KAMAL ARIFFIN
Sejambak Mewangi #6, 2017
Acrylic on canvas 122 x 122 cm
RM 10,000 - RM 15,000



CHEONG LAI TONG
Two Figures, 1959
Oil on canvas 41 x 28.5 cm
RM 12,000 - RM 18,000



RAFIEE GHANI
Water Below, 1998
Mixed media on canvas 71 x 100 cm
RM 8,500 - RM 12,500



JEHAN CHAN
Misty Morning, 1995
Ink and watercolour on paper 78 x 101 cm
RM 5,000 - RM 9,000



LIM TZE PENG
Zahir Mosque, Alor Setar, 1970s
Chinese ink and watercolour on paper 70 x 70 cm
RM 20,000 - RM 50,000



RAPHAEL SCOTT AHBENG
Landscape in Bidi, 2010
Oil on board 22.5 x 30.5 cm
RM 800 - RM 1,600

DAVID BROMLEY'S PORTRAITS

A chance to Capture Moments on Canvas for your loved ones by one of Australia's most important contemporary portraiture artist, David Bromley

BY HIRANMAYII AWLI MOHANAN

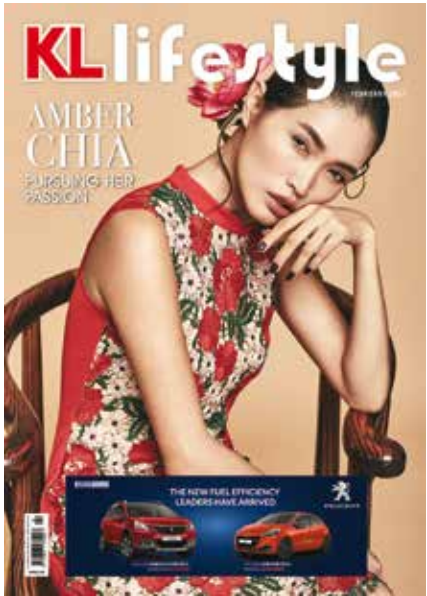
David Bromley, a larger-than-life persona and Australia's finest self-taught artist was born in 1960 in Sheffield, England to a Dutch mother and English father. Four years later, Bromley explored a new frontier in Australia. It was in his 20s when he delved into the art scene. Over the past 20 years, Bromley's works have garnered widespread acclaim and notoriety in Australia and internationally for its contemporary reimagining of a bygone era (Children/ Butterflies and Birds series) and commanding life-sized exploration of the female form (Female Portrait series) with a distinctive Warhol-esque influence. His works are hotly sought after by art lovers the world over. His passion for art is an outlet for him express himself. Bromley dipped his hands in many mediums and was finally led to the medium of paint which he subsequently fell in love with.

ARTWORK
Every production of this artist is an expression of his soul and for the past 20 years, Bromley's artworks have expressed just that. His works have reaped widespread acclaim and notoriety in Australia and internationally. He has exhibited in nearly every continent including Asia, Europe, Africa and America.

Bromley's artworks revolve around three distinct themes: the first, being nude female portraits, the second, his children's series, and third, his exploration of the world as we know it. His artworks portray his unique style of painting where he explores various mediums that result in whimsical fruition. Bromley's work is enduringly figurative, daringly coloured and executed with a graphic intention that is both striking and memorable.



Tengku Chanela Jamidah - KL Lifestyle Magazine Cover July 2015



Amber Chia - KL Lifestyle Magazine Cover February 2017



Sheena Liam - KL Lifestyle Magazine Cover February 2014



Sarah Lian - KL Lifestyle Magazine Cover December 2015



Naeema, 2017
Mixed media and gold leaf on canvas 122 x 91 cm

NUDE PORTRAITS
One would say that Bromley's most marketable and sought-after works are his portraiture. His proficiency in the ancient form of portraiture resulted in various masterpieces that art aficionados get to own. Bromley's portrait subjects are habitually women and children, adapted from the world of 1950's book illustrations entitled 'Boys Own Annuals'. These are combined with an inventive relish for the effects of paint. His bestselling paintings, his nude portraits, are forged with an eye for recognising beauty and a certain finesse. One is able to discern that the nude series uses layering and texturing techniques to explore the female figure which tantalises the viewer with Bromley's suggestions of an underlying meaning. The most popular nude portrait is undoubtedly 'Rosie' and it comes as no surprise as Bromley's rendition of the model



Arissa, 2017
Mixed media and gold leaf on canvas 122 x 91 cm

is simply stunning. They say the eyes are the window to the soul; remarkably, Bromley has illustrated the very essence of the saying through his portraits. He is notorious for how well he captures the subject's eyes and lips and this extends to portraits of the children's series too. "For me, when it comes to portraits, it's always their eyes. It draws you into the painting."

In a recent interview with KL Lifestyle magazine, Bromley revealed that the subject of his portraits initiated when he realised he looked at women in magazines with a sense of judgement. He then decided to materialise his sense of judgement by working on his own and asked his friends if he could photograph them. "I just wanted to try portraiture and just started doing it. I then realised it was so challenging," he admitted.

PORTRAITS OF KL LIFESTYLE MAGAZINE COVER GIRLS

When planning Bromley's inaugural solo exhibition in Malaysia, KL Lifestyle Art Space CEO Datuk Gary Thanasan, a fan and a friend of Bromley's had asked him if he would be comfortable painting portraits of local (Malaysian) flavours and to Datuk Gary's delight, he agreed. The portraiture Bromley was commissioned to concoct were subject close to home, the cover girls of KL Lifestyle magazine, such as Tengku Chanela Jamidah, Amber Chia and Sheena Liam to name a few.

CHILDREN'S PORTRAITS

The children's portraits, differing greatly from the nudes, emanate a charm of their own. Through the portraits of his children's series, Bromley reminds its spectators of the playful yet innocent soul of a child and carries its viewers to the land of lost content, to a world of action, dreams, of energy and reverie, of present pains and future hopes. Continuously drawing attention to the eyes, he depicts a different theme, one that is mysterious, allusive and indirect – like children. Adapting a Malaysian spin to his familiar children's portraits, Bromley produced two evocative paintings for KLAS entitled, 'Naeema' and 'Arissa'.

COMMISSIONED WORKS

The commission process is something that is really special and Bromley loves the honour of creating a unique piece for people. Typically, the commission process would start with a meeting between the client and Bromley to take photographs and establish the style of painting and the personality of the client. This can also be done via skype and/or a photograph. Subsequently, they would need to also establish the size and detail of the painting that the client is interested in and a 50 percent deposit is required before the first consultation. Once the painting is completed, the final amount needs to be paid. It is a really simple process and one that he is always keen to be involved in.

Bromley also points out that he does not appreciate those who feel art is exclusive to a certain class of people or community. "Art is music to the eyes. Anyone who can enjoy and appreciate it should have rights to it." The man is an extraordinary artist with down-to-earth personality, engaging his audience to relate, to feel, alongside him, through his works.

Flaunt your desire of superior taste for art by owning a piece of Bromley and immerse yourself in his vibrant, colourful and ingenious world. For further information on getting a private commission of a portrait by David Bromley, kindly contact KLAS at 019 3337668 or send us an email to info@mediate.com.my.

David Bromley is Exclusively represented in Malaysia by KL Lifestyle Art Space.



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The World of David Bromley Exhibition At EcoWorld International @ Jalan Hang Tuah

BY HIRANMAYII AWLI MOHANAN

EcoWorld International Gallery recently hosted the second leg of The World of David Bromley Exhibition on Sept 12 at its space in Jalan Hang Tuah.

Bromley is one of Australia's finest self-taught and innovative artists. He has had his works exhibited in almost every continent including Asia, Europe, Africa and North America. The three-part exhibition held in collaboration with KL Lifestyle Art Space (KLAS) and with EcoWorld as its presenter, marks Bromley's inaugural show in Malaysia.

Art aficionados delved into the vibrant and ingenious realm of "The World of David Bromley" during his second solo exhibition at the EcoWorld International Gallery in Kuala Lumpur. Over 20 of Bromley's artworks hung proudly and even boasted portraits of Malaysian celebrities and KL Lifestyle magazine cover girls, Tengku Chanela Jamidah, Amber Chia, Najwa Latif to name a few and two sculptures from his extensive collection.

In his practice, David has developed distinct themes and unique styles of painting; his best known are the nude female portraits and children's series, but he often explores with various mediums and imagery that portray a certain whimsy. However diverse is his subject matter, David's work is enduringly figurative, daringly coloured and executed with a graphic intention that is striking and memorable.



Norhayati Subali, Datuk Gary Thanasan, Second Secretary Australian High Commission Ms. Viviane Mouait, President and CEO EcoWorld International Berhad, Dato Teow Leng Seng



Guests at the exhibition's launch



Dato Teow Leng Seng delivering his opening speech



Datuk Gary Thanasan delivering his opening speech



Dato Teow Leng Seng, Ms. Viviane Mouait and Lydia Teoh



Willie Lau, Grace Chew, Hana Ng and Daniel Fong



Michelle Lee and Ridhwan Effendy



Ms. Viviane Mouait presenting the winner of the lucky draw a prize



Ong Soo Hua and Lydia Teoh



Christina Lee and Alex Chee

This exclusive launch saw many esteemed guests attend such as Second Secretary of the Australian High Commission to Malaysia Viviane Mouait, EcoWorld International president and chief executive officer Datuk Teow Leng Sheng and KL Lifestyle Art Space's chief executive officer, Datuk Gary Thanasan.

Teow related that taking on the role of a presenter for Bromley's inaugural solo exhibition in Malaysia paved an avenue to connect Malaysia to Australia and Kuala Lumpur to Melbourne. He added that this undertaking was close to home as the artist's present abode is in Melbourne, where their upcoming residential development, Yarra One, is situated.

"Arts and culture have always been a strong point of interest for us. For our maiden project in Britain called London City Island, we infused the development with East London's vibrant arts scene," said Teow during the launch at EcoWorld International Gallery.

The last leg of The World of Bromley Exhibition will be held in November at EcoWorld International's Yarra One Gallery in Melbourne, Australia.



Dato Teow Leng Seng presenting a memento to Ms. Viviane Mouait



1. **ATR Gallery from Spain** - Joan Miro, L'Oiseau de Nuit, 1962
Etching 55 x 76 cm
2. **V'Art Space from Malaysia** - Coplu, Loving All The Colors Of Life, 2017
Acrylic on canvas, 122 x 183 cm
3. **G13 Gallery from Malaysia** - Kow Leong Kiang, Malayan Nights 1002, 2017
Oil and acrylic on canvas, 76.2 x 61 cm

ART EXPO MALAYSIA PLUS (2017)

Gear up for the largest, most significant and prestigious international visual art feast in Malaysia – Art Expo Malaysia! It is also the longest-running art fair in Southeast Asia. The 11th edition of this yearly art fair will take place from October 12 – 15, at Matrade Exhibition and Convention Centre (MECC), Kuala Lumpur, featuring 70 established and reputable art galleries / groups from 25 countries, exhibiting 2,000 pieces of artworks (including paintings, sculptures, installation, photography) of various style, expression and medium, under one roof.

Art Expo Malaysia is probably the most public-friendly art fair in the world, as it does not charge any entrance fee, since its inception in 2007!

The Malaysia bandwagon, the largest delegation, will have a good number of reputable exhibitors as well as new players in the local art scene. These galleries will represent more than 100 local artists, a great mix of pioneer artists, superstars, established and emerging young artists. The Malaysian works usually receive extraordinarily well response and good remarks from the visitors. With a strong pool of local collectors specifically collecting Malaysian Art, it is expected that the sales of Malaysian Art would be excellent.

Malaysia exhibitors' lineup this year includes the usual past exhibitors and supporters such as Henry Butcher Art Auctioneers, Masterpiece Auction (Tiny Rose Gallery), National Art Gallery, Bank Negara Malaysia Museum, Art Gallery & Knowledge Management Centre, A2 Gallery, Artseni Gallery, Art WeMe Contemporary Gallery, Acts One Saged Assets, City Art Gallery, Core Design Gallery, G13 Gallery,

Gallery des Artistes, Galleria GermAsia, Jeth Art Gallery, Minut Init, Nadine Fine Art, NN Gallery, Pelita Hati Gallery Of Art, Taksu, The Print Room, V' Art Space, Yahong Art Gallery, etc.

Fair Director Sim Pojinn said, "Art Expo Malaysia promotes Malaysia Art in an international art platform, promoting local galleries and artists world widely, educating the public about art appreciation and art investment, promoting arts to a wider community (via intensive marketing) thus nurturing the interest towards arts in them, bolstering Kuala Lumpur as an important art hub in South-east Asia that is active in art commerce and art development, as well as networking within the community. Following last year's success of recording RM 1.7 million sales of artworks and a visitorship of 25,000 people, we hope to achieve a greater success while we improve from different aspects."

Founder Datuk Vincent Sim said, "It's a good time for investors to seriously look into the art market. Good time to start, and continue collecting, Appreciate Art, Art Appreciates. Art Expo Malaysia is the right place to start your art collecting journey."

Project Director Sim Polenn said, "Come with your family and friends, the Art Expo promises to be a good Arty experience for all, don't miss it, come and have fun, have a good quality time admiring Arts, and acquiring Arts!" At the same time, Polenn also emphasized on a point, "Buy art because you like it; if there is investment return, that's a bonus!"

Free Admission to Art Expo Malaysia. For more information, please contact 03-7728 3677 / info@artexpomalaysia.com or log on to www.artexpomalaysia.com

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PARK HYATT SIEM REAP

Enchanting Embrace of Khmer Culture

BY CHEE SUE ANNE

Feel yourself enveloped with a sense of calm and tranquillity as you step into the sanctum of serenity that is Park Hyatt. Donning a contemporary design intertwined with the tangles of history, you'll find yourself entering into an exquisite haven of heritage and splendour. An abundance of fresh flowers perfumes the lobby and opulent sculptures strum a cultural tone, while history is meticulously assimilated into the structural design itself, with the lobby of Park Hyatt bearing strong resemblance with the high-ceilinged circular roof towers of Angkor Wat itself. The rooms at Park Hyatt are a huge notch above the rest. Luxurious wooden surfaces, gorgeous interior design, a lavish bathtub to soak in content and a magnificent bed so comfortable, you'll be tempted to excuse

yourself from the world a few days to peacefully slumber upon a soothing, fluffy cloud. Despite its overarching theme of classic elegance, the rooms are technologically advanced, equipped with sophisticated systems for convenient access and automation. When nature calls and you've got to grab a bite, there are a plethora of places around Park Hyatt that will calm the cacophony in your belly. There is The Dining Room, where you can have your breakfast. Expect delicious fresh fruit juices and impeccably cooked Eggs Benedict or take your taste buds for a more local tour with the delectable Khmer Noodle Soup and Rice Congee. The Living Room, another restaurant in Park Hyatt is where you can have high tea along with your preferred glass of bubbly. Its enchanting, slightly solemn interior spins

a tale unique from the rest of the hotel. As we lounge comfortably, sipping jasmine tea, nibbling on the delicate pastries, each tasting better than the last, our gazes linger on the bewitching Bayan tree in the middle of the courtyard. The ethereal structure that is centrepiece to Park Hyatt is a marvel of nature, a pleasure to behold. In the night, enjoy the tropical atmosphere at The Dining Room as you dine by the stage of Cambodian culture. A magnetic performance of Cambodian ballet, martial arts and songs will enchant you, drawing you deeper into the storied heart of Siem Reap. Watch the history and culture of Cambodia unfold as you savour the traditional gustatory pleasures The Dining Room has to offer. A mouth-watering selection every single night, the ambrosial food intertwines perfectly with the show, curating an extraordinary dining

experience you'll be sure to remember.

After a full day of admiring the breathtaking structures of Angkor Wat, attempting to fathom its erection and construct, the perfect crescendo to the arduous period of adventure and physical assertion would be the pampering arms of The Spa at Park Hyatt Siem Reap. Enter into a state of pure bliss as you sample its array of petrissage pleasures. After your welcome tray of refreshing cold tea and towels, you'll be guided into a cosy, comfortable room, and your treatment begins with a relaxing foot massage. You'll be able to pick out your preferred essential oils before they get started on the rest of your body. The masseuses here are immensely accommodating and

exceptionally experienced, so much so they are able to tweak their massage repertoire to suit your preferences. Feel the knots within untangle and your mind begin its leisurely unwind as the gentle yet strong hands work actual magic. To stress once again how relaxing the spa experience here is, don't be surprised if you doze off mid-massage. Park Hyatt Siem Reap lives up to its crown of five stars. Our stay in Siem Reap was phenomenal. The hotel's palatial rooms, ravishing architectural design, relaxed atmosphere and overwhelming hospitality will steal your heart away and eternally beckon your return.



Tunamaya Beach and Resort Spa's Facade



Coral Restoration Project

TUNAMAYA Beach and Resort Spa

Where Sun, Sand, Sea Awaits

BY HIRANMAYII AWLI MOHANAN

Lot 20 & Lot 21, Kg Sarang Burung, Kg Mukut, Pulau Tioman,
26820 Kuala Rompin, Pahang, Malaysia
Tel: +60 7-766 8888

Just like a tree that takes roots on soil, an Eden by the name of Tunamaya Beach and Resort Spa has manifested on Tioman Island for those who seek refuge from the hubbub of cities. Transporting its patrons to paradise, the Tunamaya Beach and Resort Spa has left no amenity behind while designing this resort. Winner of Tripadvisor's Certificate of Excellence 2017, this haven is an idyllic location for leisurely days under the sun in an absolute secluded beach.



View of the azure ocean

ACCOMODATION

Offering an array of accommodation to choose from, families and couples alike are spoiled for choice. Patrons given a choice of three types of views, either the beach view, garden view or rainforest view. We recommend honeymooners to choose either the Beach Cluster or Beach Villa. Meanwhile if you are travelling with full-house-like family, fear not because there are family villas that can accommodate you.

SARANG SPA

The best part of a vacation is submitting yourself to tranquillity. Relax your body, calm your mind and renew your spirit at the Sarang Spa. The peaceful atmosphere here ensures rejuvenation of body, mind and soul. Its serene ambience will have you walking with an extra beat to your step. In addition, the setting of this spa intends to mesmerise you with the natural beauty of its surroundings. You deserve to be pampered with the various massage treatments that guarantees to dispel the knots of stress your work caused. There are four well-appointed indoor therapy room waiting to pamper you and a plunge pool that offers a sweeping view of the South China Sea and the rainforest.

CANDLELIT DINNER

Everyone deserves to be treated like a prince or princess by their other halves. We suggest harnessing your inner romantic by having a candlelit dinner by the beach, accompanied by the gentle chorus of the waves crashing, constellations of stars above you and the company of your partner to complete the ambience. Leave the rest up to the talented chefs at Tunamaya to prepare a decadent three-course meal that will satiate your taste buds and senses.

DIVE CENTRE

They say the world is your oyster. Make life a little more riveting by going on adventures. You will appreciate that this resort offers a dive centre where you can take diving courses including certificates. Embark on an underwater experience that will shift your paradigm and blow your mind. Alternatively, leisure divers can experience swimming alongside sea-turtles and unique underwater creatures at a variety of dive sites such as Chebeh Island, Fan Canyon, Teluk Kador, Malang Rock, Labas Island, Tiger Reef, Salang Bay, Marina Park HQ and Jahat.

SNORKELLING

Just a stone throw away from your Villa lies a picturesque mise en scène you only day-dream about when you're stuck in your cubicle. Graze the white soft sandy beach and dip into warm crystal clear waters to be amazed by the schools of colourful fishes and live corals and other nature's best kept secret for an unforgettable and exciting experience.

MUKUT WALK

An hour's walk through Tunamaya's backyard is a thick, virgin rainforest comprising centuries old trees, sounds of the birds and insects in their element, amazing large hanging rocks and cascading natural waterfalls. You should take this walk as an introspection or a chance to learn about wildlife, make the most of your stroll into wilderness. Discover what mother nature has to offer by treading through to a peak that unfolds a pinnacle view of the South China Sea. Believe us when we say, it is worth it!



Rainforest Villa



View from Pawana Restaurant



Sarang Spa

REEF REHABILITATION PROJECT

The show stealer at this resort in our opinion, is the reef rehabilitation project. You are probably well aware that climate change and other environmental pressures have caused depletion in marine life, specifically coral reefs. You would be surprised to know that coral reefs are actually considered animals with sensitive characteristics. The reef rehabilitation project is the brainchild of Yahya Hamsain, Care Luxury Hotel and Resort's brand specialist who realised that the coral reefs in Tioman are bleaching and dying. In an act to conserve the remaining coral reefs at Tunamaya Resort, he reached out to Alvin Chelliah from Reef Check to come up with a solution. This collaboration led to a make-shift underwater coral nursery at the Tunamaya Resort. This endeavour often evokes excitement from many parties however it is noteworthy that this programme requires ongoing care and effort.

LUMI
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BUILT WITH QUALITY
CRAFTED FOR LIFESTYLE

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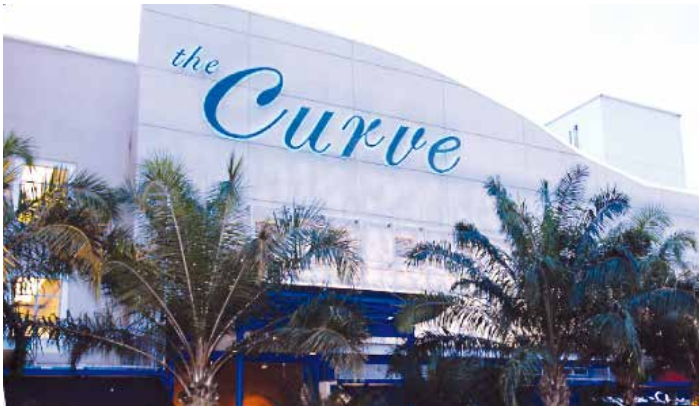
[lumi gallery](#)



Developer: Mayfair Ventures Sdn Bhd (1046201-T) • Developer's License No.: 14157-1/11-2017/0941(I) • Validity Period: 10/11/2015 - 09/11/2017 • Advertising & Sales Permit No.: 14157-1/11-2017/0941(P) • Validity Period: 10/11/2015 - 09/11/2017 • Approving Authority: Majlis Bandaraya Petaling Jaya • Approval Plan No.: MBPJ/120100/7/P1079/2015 • Land Encumbrances: United Overseas Bank (Malaysia) Bhd • Land Tenure: Leasehold 99 years (Expiry 30 December 2114) • Expected Date of Completion: June 2019 • Type of Property: Serviced Residences • Total Units: 372 • Selling Price: RM809,200.00 (Min) - RM1,952,303.00 (Max) • Built Up: 862sqft (Min) - 2,218sqft (Max) • Bumiputera Discount: 10% • SOHO: Total Units: 62 • Selling Price: RM550,000 (Min) - RM 700,000 (Max) • Built Up: 441sqft (Min) - 452sqft (Max) • Restriction in Interest: This land cannot be transferred, leased or charged without prior consent from State Authority.

Brought to you by

THRIVEN



the Curve
Mutiarra Damansara, PJ
Tel : 03-7710 6868
Situating in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 speciality shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.

Bangsar Village
Jalan Ara, Bangsar • 🚶 Bangsar
Tel : 03-2282 1808
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Alamanda Putrajaya
Jalan Alamanda, Precinct 1, Putrajaya
Tel : 03-8888 8882
Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Alamanda offers a new resort-style shopping to suit the needs of all - from Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

CapSquare
Jalan Munshi Abdullah • 🚶 M Tuanku
🚶 Dang Wangi
Tel: 03-2697 7662
Strategically located in the heart of KL's midtown area, CapSquare is an eclectic mix of signature offices, Manhattan-inspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

Publika Shopping Gallery
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur
Tel: 03-6211 7877
www.publika.com.my
www.facebook.com/publikashoppinggallery

Suria KLCC
Petronas Twin Towers • 🚶 KLCC
Tel : 03-2382 2828 / 2430 / 2431
Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Sunway Pyramid
Bandar Sunway
Tel : 03-74943100
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

Pavilion KL
168, Jalan Bukit Bintang • 🚶 B Bintang
Tel : 03-2118 8833
The shopping centre blends the best of the international retail world with 450 stores - ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

Bangsar Shopping Centre
Jalan Maarof, Bangsar
Tel : 03-2094 7700
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

Mayu Junction Mall
1001 Jalan Sultan Ismail • 🚶
Tel: 03-2697 9312
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichil Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

IPC Shopping Centre (Formerly Ikano)
2, Jalan PUJ 7/2, Damansara Mutiara, PJ
Tel: 03-7730 0333
Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

Pertama Complex
Jalan Tuanku Abdul Rahman
🚶 M Tuanku
🚶 Bandaraya • 🚶 Bank Negara
Tel: 03-2691 6599
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

Sogo KL
Jalan Tuanku Abdul Rahman
• 🚶 M Tuanku
• 🚶 Bandaraya • 🚶 Bank Negara
Tel : 03-2698 2111
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery
181 Jln Bkt Bintang • 🚶 B Bintang
Tel: 03-2782 3800
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. • 10am - 10pm daily • E9

Sungei Wang Plaza
Jalan Sultan Ismail • 🚶 B Bintang
Tel: 03-2142 6636
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers • 10am - 10pm daily • F8

Subang Parade
Subang Jaya • 🚶 Subang
Tel: 03-5633 2530
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door. • 10am - 10pm daily.

Great Eastern Mall
303 Jalan Ampang
Tel : 03-4259 8090
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.



Hartamas Shopping Centre
Plaza Damas, 60 Jalan Sri Hartamas 1
Tel: 03-6201 6553
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

Lot 10
50 Jalan Sultan Ismail • 🚶 B Bintang
Tel : 03-2143 6092
Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

Low Yat Plaza
Off Jalan Bukit Bintang • 🚶 B Bintang
Tel : 03-2148 3651
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair Centre
Seri Kembangan • 🚶 Serdang
Tel: 03-8949 6288
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. • 10am - 10pm daily.

Mid Valley Megamall
Lingkaran Syed Putra • 🚶 Mid Valley
Tel : 03-2938 3333
The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 speciality stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens
Mid Valley City • 🚶 Mid Valley
Tel : 03-2297 0288
10am - 10pm dayly

Sunway Putra Mall (Formerly The Mall)
100 Jalan Putra, KL • 🚶 PWTC
Tel: 03-2786 9333
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

NON-SMOKING BAR



DINE

| | |
|---|--|
| | |
| HANAYUZEN 26, Jalan SS 15/4, Ss 15, 47500 Subang Jaya, Selangor | GOBO UPSTAIRS LOUNGE & GRILL Traders Hotel, Kuala Lumpur 50088 Kuala Lumpur |

Chinese

Celestial Court
03-2717 9988 🚶 M Tuanku •
Sheraton Imperial Hotel
• Halal • Casual Dining • C6

Chynna
03-2264 2264 🚶 KL Sentral• Hilton KL
• Halal • Casual Dining • H3

Dynasty
03-2771 6773 🚶 B Nanas • East Wing,
Renaissance Hotel
• Non-Halal • Casual Dining • D7

Dynasty Dragon
03-4280 5666 🚶 Ampang Water Front
• Non-Halal • Casual Dining • F8

Hakka
03-21431907 🚶 Raja Chulan 6 Jalan Kia Peng • Non-Halal • Casual Dining • E9

Imbi Palace
03-2143 1128 🚶 Jalan Bukit Bintang
Pavilion • Non-Halal • Casual Dining • F8

Kim Ma
03-8946 2333 • Palace of the Golden Horses• The Mines Resort City • Halal
Fine Dining • Cantonese cuisine

Lai Po Heen
03-2179 8885 🚶 KLCC • Mandarin
Oriental Hotel • Halal • Casual Dining • Cantonese • D8

Li Yen
03-2782 9033 🚶 B Bintang • The Ritz
Carlton Hotel • Non-Halal • Casual
Dining • F9

Mayu Palace
03-2691 8822 🚶 M Tuanku S Ismail • Level
5, Mayu Junction Mall • Halal • Casual
Dining • C5

Mandarin Palace
03-2148 8744 🚶 B Bintang • 2/F, Federal
Hotel • Non-Halal • Casual Dining • F8

Marco Polo
03-2141 2233 🚶 Raja Chulan • 1/F, Wisma
Lim Foo Yong, Jalan Raja Chulan • Non-
Halal • Casual Dining • E8

Meisan
03-2614 8056 🚶 Bandaraya • Quality
Hotel City Centre • Jalan Raja Laut
• Halal • Casual Dining • Szechuan
cuisine

Ming Palace
03-2161 8888 🚶 Ampang Park • Corus
Hotel, Jln Ampang • Casual Dining

Ming Room
03-2284 8822 🚶 Bangsar• Bangsar
Shopping Centre • Non-Halal •
Casual Dining

Oriental Noble House
03-2145 8822 🚶 Imbi• 19 Jalan Delima,
Off Jalan Imbi • Non-Halal • Casual
Dining • F10

Overseas
03-2144 9911 🚶 B Bintang • 84-88
Jalan Imbi • Non-Halal • Casual
Dining • F8

Purple Cane
03-2272 3090 🚶 Maharajalela •
Selangor Chinese Assembly Hall, 1 Jln
Maharajalela • Halal • Casual Dining
• G6

Xin Cuisine
03-2144 2200 🚶 B Nanas • Concorde
Hotel • Non-Halal • Private Dining
• D7

Play Lounge
64M, Jalan SS21/58, Damansara
Utama, 47400, Petaling Jaya
Tel: +6011-3920 7568

Alexis the Bar Upstairs
(partial smoking section)
29A Jalan Telawi 3, Bangsar Baru,
59100 Kuala Lumpur
Tel: +603 2284 2880

French
Café Café
03-2141 8141 🚶 Maharajalela • 175
Jalan Maharajalela • Halal • Fine
Dining • Fr & Italian • H7

Fusion

Cilantro
03-2179 8082 • MiCasa All Suite Hotel,
368B Jalan Tun Razak • Pork-Free • Halal
• Fine Dining • D10

Shookl
03-2782 3875 🚶 B Bintang• Lower G/F,
Starhill Gallery • Halal • Fine Dining • E9

Indian

Estana Curry House
03-2141 1958 🚶 Raja Chulan • 23D, Jln
Sultan Ismail • Halal • Casual Dining
• C6

Passage Thru' India
03-2145 0366 • 4, Jln Delima,kl
Halal • Casual Dining • E10

Spice Garden Imperial
03-2142 2220 🚶 B. Bintang • 205 Jln Bkt
Bintang.

International

Essence
03-2717 9900 🚶 M Tuanku • Sheraton
Imperial • Halal • Casual Dining • C6

The Resort Cafe
03 - 7495 2009 . Lobby Level,
Sunway Resort Hotel & Spa
*Pork-Free Restaurant

Eight Gourmets Gala (EGG)
017 948 8684 . Suite G-01,
Ground Floor, Pinnacle Annexe,
Persiaran Lagoon, Bandar Sunway,
47500, Selangor

Maya Brasserie
03- 2711 8866 🚶 B Nanas KLCC
• Hotel Maya KL • Halal • Casual
Dining • Nyonya & International • D8

Melting Pot
012-399 0734 🚶 B Nanas Concorde
Hotel, 2 Jln Sultan Ismail • Halal • 24-
hour • Casual Dining • D7

Still Water Restaurant
03-2333 1360 🚶 B Nanas 🚶 KLCC •
Hotel Maya KL • Halal • Casual
Dining • Japanese & Western • D8

PNB Darby Cafe
03-7490 3838 🚶 Ampang Park • G/F,
PNB Darby Park, Executive Suites, 10
Jalan Binjai • Halal • Casual Dining
• D9

Hubba Hubba Mont Kiara
(partial smoking section)
Level G, Seni Mont Kiara, 2A,
Changkat Duta Kiara,
50480 Kuala Lumpur
Tel: +6012 205 0442

The Berlin KL
208, Jalan Tun HS Lee,
50000 Kuala Lumpur
Tel: +603-20222111

Italian

Cellini's
03-2715 1000 🚗 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

Tamarind Springs
03-4256 9300 • Jalan 1 Taman Tun Abdul Razak, Ampang
Halal • Fine Dining

La Risata
03-4252 6269 • 26, Persiaran Ampang • Halal • Casual Dining

Prego
03-2773 8338 🚗 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli
03-2717 9922 🚗 M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

Tatsu Japanese Restaurant
03-2782 6118 📞 Ampang Park InterContinental Hotel
Halal • Casual Dining • C9

Gen
03-4042 9888 📠 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

Nobu Kuala Lumpur
03-2164 5084 • Menara 3 Petronas
Persiaran KLCC • Fine Dining

Fukuya Restaurant
03-2144 1022 • 9, Jalan Delima, Imbi, Kuala Lumpur • Casual Dining

Haru Japanese Restaurant
03-2011 8783 • 124A, Jalan Kasah, Medan Damansara • Casual Dining

Iketeru
03-2264 2264 🚗 Stesen Sentral KL • Hilton Kuala Lumpur, 3 Jln Stesen Sentral
Halal • Casual Dining

Kampachi
03-2148 9608 🚗 Raja Chulan • Pavilion KL

Kokufu
03-4049 4412 • Sri Pan Pacific KL
Halal • Fine Dining

Komura
03-2161 8888 📞 Ampang Park Corus Hotel • Casual Dining • C9

Ozeki Tokyo Cuizine
03-2166 4263 🚗 B Nanas • Menara TA One • Halal • Fine Dining • D8

Yuzu
03-2284 7663 • The Gardens, Mid Valley City • Casual Dining

Sagano
03-2162 2233 🚗 B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

Da On
03-2141 2100 🚗 B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

Koong Jung
03-2166 7181 📞 Ampang Park • PNB Darby Park • Halal • D9

Koryo Won
03-2143 2189 🚗 Bukit Bintang • Starhill Gallery • Halal • Casual Dining • E8

Thai

Rama V Fine Thai Cuisine
03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

★★★★★

Sheraton Imperial KL
03-2717 9900 • Jln Sultan Ismail • 🚗 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300- RM5,825 • D6

Hotel Istana
03-2141 9988 • 73, Jalan Raja Chulan • 🚗 R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'l) • From RM299-RM5000 • E8 • www.hotelistana.com.my

Hotel Maya KL
03-2711 8866 • Jalan Ampang • 🚗 Bukit Nanas 📠 KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325- RM1,800 • D8 • www.hotelmaya.com.my

InterContinental KL
03-2782 6000 • 165, Jalan Ampang • 📠 Ampang Park • Serena Brasserie, Tao (chi) , Tatsu (Jap), Bentley's Pub, Lobby Lounge & The Deli • From RM330- RM12,500 • C9 • www.intercontinental.com

JW Marriott Hotel KL
03-2715 9000 • 183 Jalan Bukit Bintang • 🚗 B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400- RM8,000 • E9 • www.marriott.com

Le Meridien KL
03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • 🚗 📠 🚗 KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 • www.lemeridienkualalumpur.com

Mandarin Oriental Hotel
03-2380 8888 • KL City Centre • 📠 KLCC • Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409(Internet)/RM499(phone) • D8 • www.mandarinoriental.com

Philea Mines Beach Resort
03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • 🚗 Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA
03-8787 3333 • Kuala Lumpur International Airport • 🚗 KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ • www.samasamahotels.com

Parkroyal Kuala Lumpur
03-2147 0088 Jln Sultan Ismail • 🚗 B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Klx Lounge • From RM270 • www.parkroyalhotels.com

PNB Darby Park Executive Suites
03-7490 3333 • 10, Jln Binjai • 📠 Ampang Park •The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350- RM686 • D9 • www.pnbdarbyparksuites-kl.com

Pullman Kuala Lumpur
03-2170 8888 • 4, Jalan Conlay • 🚗 Raja Chulan • Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9 • www.princehotelkl.com

Renaissance KL
03-2162 2233 • Corner of Jln S. Ismail/ Jln Ampang • 🚗 B Nanas •Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTations (Int'l) • From RM215-RM6,000 • D7

The St. Regis Kuala Lumpur
03-2727 1111 • Jalan Stesen Sentral 2, Kuala Lumpur Sentral • From RM850

Shangri-La Hotel KL
03-2032 2388 • 11 Jalan Sultan Ismail • 🚗 B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

Sheraton Imperial Hotel
03-2717 9900 Jln Sultan Ismail • 🚗 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Calestial Court (Chi) • From RM300- RM5,8250 • D6

The Gardens Hotel & Residences
03-2268 1188 • Mid Valley City • 🚗 Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtres.com

Sunway Putra Hotel (Formerly The Legend Hotel)
03-4042 9888 • Putra Place, 100 Jalan Putra • 📠 PWTC • Museum (Chi), Di-Atas Brasserie (Int'l), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www.legendhotelkl.com

The Ritz-Carlton KL
03-2142 8000 • 168, Jalan Imbi • 🚗 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

The Ritz-Carlton Residences
03-2142 9000 • 🚗 B Bintang • From RM950-RM1,330 • F9

The Royal Chulan
03-2688 9688 • Jalan Conlay • 🚗 R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

★★★★★

Aloft Kuala Lumpur Sentral
03-2723 1000
Jalan Stesen Sentral
KL Sentral • 🚗 📠 🚗 KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • www.starwoodhotels.com/aloft-hotels

Ancasa Hotel KL
03-2026 6060 • Jln Tun Tan Cheng Lock • 📠 Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

Boulevard Hotel
03-2295 8111/2295 8000 🚗 Mid Valley City, Lingkaran Syed Putra • Mid Valley • Wild Rice (Int'l) • Rates from RM290Nett – RM420Nett • www.blvhotel.com

Concorde Hotel
03-2144 2200 • 2 Jalan Sultan Ismail • 🚗 B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178+- RM320++ • D7

Coronade Hotel KL
03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 🚗 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge • From RM208- RM500 • F8 • www.coronade.com

Corus Hotel KL
03-2161 8888 • Jalan Ampang • 📠 Ampang Park • Ming Palace(Chi), Dondang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotelkl.com

Dorsett Regency
03-2716 1000 • 172, Jalan Imbi • 🚗 B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200 onwards • F9 • www.dorsettregency-kl.com

Seri Bukit Ceylon
03-20201708 • No 8, Lorong Ceylon off Jalan Raja Chulan • From RM250-RM480 • E7



The Majestic Hotel Kuala Lumpur
5 Jalan Sultan Hishammuddin, 50000 Kuala Lumpur, Malaysia.
03-2785 8000
www.majestickl.com

Federal Hotel
03-2148 9166 • 35, Jalan Bukit Bintang • 🚗 B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 • www.fh-hotels.com

Grand Seasons
03-2697 8888 • 72, Jalan Pahang • 🚗 Chow Kit 📠 KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

Impiana KLCC Hotel & Spa
03-2147 1111 • 13 Jln Pinang • 🚗 R Chulan • Tonka Bean Cafe (Int'l) • From RM219- RM368 • D8 • www.impiana.com

Novotel City Centre KL
03-2147 0888 • 2 Jln Kia Peng • Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260- RM660 • E8 • www.novotel.com

Pacific Regency Hotel Suites
03-2332 7777 • Menara PanGlobal, Jalan Punchak • 🚗 B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290- RM500 • D7 • www.pacific-regency.com

Sunway Resort Hotel & Spa
03- 7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre
03-2614 8000 • Jalan Raja Laut • DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150- RM550 • C5 • www.qualifi.com.my

Swiss Garden Hotel
03-2141 3333 • 117, Jln Pudu • 🚗 Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From470+

The Royale Bintang KL
03-2143 9898 17-21 Jalan Bukit Bintang • 🚗 B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara
03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 • www.royalebintang.com.my

The ZON All Suites Residences on the Park
03-2164 8000 • 161D Jalan Ampang • 📠 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 • www.zonhotel.com.my

Traders Hotel
03-2332 9888 • Kuala Lumpur City Centre • 📠 KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL
03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 🚗 Tihiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

Hotel Capitol Kuala Lumpur
03-21437000 • Jalan Bulan Off Jalan Bukit Bintang • www.capitol.com.my

★★★

Alpha Genesis
03-2141 2000 • 45 Tingkat Tong Shin • 🚗 B Bintang • Tee Box Café • From RM150-RM380 • F7 • www.alphagenesishotel.com

Cititel Mid Valley
03-2296 1188 • Mid Valley, Lingkaran Syed Putra • 🚗 Mid Valley • Citl Café • Rates from RM205Nett – RM320Nett

Corona Inn
03-2144 3888 • 22, Jalan Tong Shin • 🚗 B Bintang • Corona Café • From RM130- RM180 • F8 • www.coronainn-kuala-lumpur.com

Grand Continental
03-2693 9333 • Jln Bella/Jln Raja Laut • 📠 PWTC M Tuanku • Grand Star (Chi) , Lai Marble Coffeehouse • From RM135- RM800 • C5 • www.ghihotels.com.my

First World Hotel
03-6101 1118 • Genting Highlands • ristorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 – RM460

Midah KL
03-2273 9999 • 8, Jalan Kampung Attap • 🚗 Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café • From RM145-RM250 • G5

Prescott Inn
03-2713 7887 • 23 Lrg Medan Tuanku 1, off Jln Sultan Ismail • 🚗 M Tuanku • Makana Restaurant • From RM110-RM170 • C5

HOTEL & RESORT
★★★★★

Ascott KL
03-2718 6868
9, Jalan Pinang • 🚗 R Chulan • From RM380-RM790

Berjaya Times Square Hotel & ConventionCentre
03-2117 8000 • 1 Jalan Imbi • 🚗 Imbi • Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl.com

Seri Pacific Hotel Kuala Lumpur
03-4042 5555 • Jalan Putra • 📠 PWTC Zende (Int'l), Kokufu (Jap), lounge to Chereza From RM198++ to RM3,000 • B5
www.seripacifichotel.com

Grand Hyatt Kuala Lumpur
03-2182 1234 • Jalan Pinang • 📠 KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610
www.kualalumpur.grand.hyatt.com

The Westin KL
03-2731 8333 199 • Jalan Bukit Bintang • 🚗 B Bintang • Prego (Ita), Living Room (Int'l), Qba (Bar & Grill), Treats (gourmet bakery), Eest (Pan Asian) • From RM480- RM7,000 • E9 • www.westin.com

Grand Millennium KL
03-2117 4888 • 160, Jalan Bukit Bintang • 🚗 Bukit Bintang • Zing (Chi), The Mill (Int'l) • From RM300-RM5,600 • www.millenniumhotel.com

Hilton KL
03-2264 2264 • 3, Jln Stesen • Sentral, KL Sentral • 🚗 📠 🚗 KL Sentral • Chynna(Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 • www1.hilton.com

Hilton PJ
03-7955 9122 • 2 Jalan Barat, PJ • 📠 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

Holiday Inn Kuala Lumpur Glenmarie
03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam •Fu-Rin (Jap), Kites (Int'l), The Mix Restaurant & Bar • From RM290 • www.holidayinn.com/glenmarie



KL Tower
03-2020 5499
🚗 Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



Istana Negara, Jalan Duta
Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



National Monument
Jalan Tugu, off Jalan Parlimen
• Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



Little India
🚗 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



National Museum
03-2267 1111 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



Jamek Mosque
Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a • Opens 8am- 1:30pm & 2:30pm-6pm.

Swiss-Inn KL
03-2072 3333 • 62, Jln Sultan • 🚗
Maharajalela
• Café Petaling • From RM130-RM175
• G6

The Plaza Hotel
03-2698 2255 • Jalan Raja Laut • 🚗 Sultan
Ismail • Pago-Pago Café (Continental),
Plaza Court (Chi) • From RM110-RM178
• C5

SIGHTSEEING

Aquaria KLCC
03-2333 1888 • 🚗 Raja Chulan 🚗 KLCC •
All 60,000 sq ft of Aquaria encompasses
Evolution, Jewels of the Jungle, Deep
Forest, The Coasts and Touch Pool, The
Livingb Oceans and The Living Reef, with
over 5000 aquatic and land-bound animals
representing over 150 different species.
Don't miss the 90-metre underwater tunnel.
Opens daily from 11am-8pm. (Including
weekends, school and public holidays) Last
admission at 7pm. Entry RM38 (adult), RM26
(children) • D8



Craft Complex
03- 2164 8344
🚗 Raja Chulan • 63, Jalan Conlay, •
Showcases ethnic handicrafts, batik
printing and pottery from the 13 states
of Malaysia. • Opens 9am- 6pm daily.
• E9 FREE

Lake Gardens
Jalan Parlimen • Located near the city
centre, this 9.2ha landscaped garden is
built around a lake. Several attractions
are found within the park including an
Orchid Garden, Hibiscus Garden,
Butterfly Park, Bird Park, Deer Park,
National Monument and the Asean
Sculpture Garden • F3

Malaysian Tourism Centre
03-9235 4848 • 🚗 B Nanas • 109
Jalan Ampang • This is a one-stop
tourist service centre comprising the
information counter (7am-10pm)
Transnasional Executive Coach counter,
domestic tour booking counter, money
changer, restaurant and craft demo
centre. Built in 1935, the building was the
home of wealthy tin-miner and planter,
Eu Tong Seng. Cultural shows are on Tues,
Thur, Sat & Sun 2-2.30pm. • D7

Merdeka Square
🚗 Masjid Jamek • Jalan Raja •
Opposite the Sultan Abdul Samad
Building, this is the site where the
independence of Malaya was declared
on 31 August, 1957. The 100m high
flagpole is the tallest in the world. Live
entertainment and cultural shows are
staged here on festive occasions. The
Royal Selangor Club and St. Mary's
Cathedral are located nearby. • E5

Batu Caves
03-6189 6284 • This popular Hindu
temple draws hundreds of thousand
of visitors during Thaipusam. It
consists of three grand caves: the
Dark Cave,the Museum Cave and the
Temple Cave with brilliant rock
formations. The Museum Cave at
the foothills has interesting display
of Indian mythology. To reach the
main Temple Cave, one has to climb
272 steps.

Bird Park
03-2272 1010 • Located at the Lake
Gardens, this 8.4ha bird park is the
world's largest free-flight walk-in
aviary. It is home to more than
3,000 birds from approximately 200
species. Opens daily from 9am-
6.00pm . F4

Butterfly Park
03-2693 4799 • Over 120 species
of butterflies can be found in this
park located at the Lake Gardens'
vicinity. Admission is RM9 for adults
and RM2 for children. Camera: RM3.
Opens 9am to 6pm daily. • F4



Telekom Museum
03-2031 9966
🚗 Raja Chulan • Jalan Raja Chulan
• Displays interesting exhibits of
telephones and evolution of their
designs over the years.
• Opens 9am-5pm. Closed on Mondays
• E6 FREE

National Science Centre
03-2092 1150 • Persiaran Bukit Kiara •
Houses 9 galleries with different scientific
themes. Offers interesting interactive
displays for learning and entertainment.
• Opens 10am-5pm. Closed on Friday.

National Mosque
03-2693 7784 • 🚗 KL • Jalan Perdana
• This mosque embodies contemporary
designs, together with traditional Islamic
art, calligraphy and ornamentation.
The main dome with its 18-point star,
represents the 13 states of Malaysia
unified by the Five Pillars of Islam. Visitors
must dress conservatively and remove
their shoes before entering the mosque
• Opens 9am to 12noon; 3pm to 4pm;
5:30pm to 6:30pm daily. • F4

National Planetarium
03-2273 4303 • Lot 54 Jalan Perdana •
Located close to the National Mosque,
the attractions include space science
and astronomy exhibits, a theatre
screening 3-Dimensional movies, a
viewing gallery and an observatory •
Admission is RM1 for adults and children
over 12 years [extra charges for all
shows]. Opens 9:30am to 4:15pm daily.
Closed on Monday except public &
school holidays • G4

**Bukit Nanas Forest Recreational
Park**
03-2306 3421 / 2064 4741 • 🚗 Bukit Nanas
• Nestled in the heart of KL, the virgin
forest-clad hill is a 10.5 ha park offering a
10-minute & a 20-minute walk trails from
the Forest Information Centre at Jalan
Raja Chulan to KL Tower. • E7

Central Market
03-2274 6542 • 🚗 Pasar Seni Once the
city's biggest wet market, it is now a
centre for food and cultural activities.
Cultural performances are staged during
weekends at the riverside amphitheatre.
Handicraft, souvenirs, art & portrait
paintings are sold at bargain prices. The
Annexe Gallery at CM is a progressive
art centre. • Opens 10am to 10pm daily.
• F5

Deer Park
03-2693 0191 • Enclosed within a 2-ha
ground at the Lake Gardens, the deer,
fawns and does roam freely in a cool
and peaceful habitat with lush trees and
shrubs and ponds. • F3



Sultan Abdul Samad Building
🚗 Masjid Jamek • Jln Sultan
Hishamuddin • Also known as the Big
Ben of KL, this historical landmark and
heritage building is well known for its
Moghul architecture dating back to
1897. Originally the offices of the Colonial
Secretariat, it then housed the Supreme
Court. • E5

National Zoo
03-4108 3427 / 4108 3422 • Located in
Hulu Kelang. 12km from the city centre,
the zoo is home to 400 species of local
birds, mammals, reptiles and fishes. •
Opens 9am - 5pm daily. Night Zoo is on
Saturdays 7.30am - 10.30pm. Admission
RM 32 for adults and RM11 for children
3 to 12 years old

Old KL Railway Station
Jalan Hishammudin • Built in 1910,
the Moghul-inspired building was a
hub for Malaysian rail transport until it
was replaced by the new KL Sentral
Station. It remains a landmark and the
refurbished Heritage Hotel is still open for
business. Across the road, the Malaysian
Railway administrative building is also a
breathtaking architectural showpiece
• G5

Petrosains, The Discovery Centre
03-2331 8181 • 🚗 KLCC • Petronas Twin
Towers, Level 4 Suria KLCC • Focusing on
Malaysia's oil and gas industry, it offers
an interactive approach to learning.
It takes you through a unique voyage
of discovery of science. • Opens daily
9.30am to 6pm. Last admission 4.30pm.
Closed on Monday • D8

Istana Negara
Official residence of Malaysia's King,
visitors can witness the changing
of the royal guards daily. The Rulers
Conference, various royal and national
ceremonies, investitures and official
banquets are held at this palace. • H5

Little India
🚗 Masjid Jamek • Jalan Masjid India
is a colourful street with numerous
wholesale and retail Indian traders
who sell everything from Indian brass,
jewellery, sarees, Indian handicrafts to
perfumes & spices. • E5

Jamek Mosque
🚗 Masjid Jamek • Jalan Tun Perak
• Situated at the confluence of the
Klang and Gombak rivers, this grand old
mosque was designed by British architect
AB Hubbock in 1909. It incorporates
many features of Moghul architecture
a • Opens 8am-1:30pm & 2:30pm-6pm.
• E5



PETRONAS Twin Towers
03- 2615 8188
🚗 KLCC • KL City Centre • The
88-storey Petronas Twin Towers stand at
451.9 metres. Seated in the heart of KL
and amidst a 50-hectare landscaped
park, a skybridge on the 41st floor is
open to visitors between 9am-7pm
daily, closed on Monday • D8

Royal Selangor Visitor's Centre
03-4145 6000 • 4, Jalan Usahawan Enam,
Setapak Jaya • Located 15 minutes from
the city centre, the Royal Selangor which
is internationally known for its fine designs
and craftsmanship, offers a complete
visitor experience, enabling them to see,
hear, touch and learn how pewter is
made. • Opens daily from 9am-5pm.

Royal Selangor Club
03-2692 7166 • 🚗 Masjid Jamek • Jalan
Raja • Once nicknamed 'The Spotted
Dog' during the colonial days, this club
which features Mock Tudor architecture,
is one of the oldest membership clubs
in KL. • E5

Thean Hou Temple
03-2274 7088 • 65 Persiaran Endah, off
Jalan Syed Putra • A beautiful blend of
Chinese and contemporary architecture,
this is one of the largest and most ornate
Buddhist temples in the region and a
venue for major religious festivals. Also
check out the herbs garden, wishing
well and souvenir stall • Opens 9am to
9pm daily.

MUSEUMS

**Asian Arts Museum Universiti
Malaya**
03-7967 3805 • Uni. of Malaya • A unique
collection of Asian art & sculptures,
ceramics, including Islamic & Malay art
and textiles • Opens Mon - Sat. Closed
on Sunday & public hols.

Forest Research Institute Malaysia
03-62797 000 • Kepong • Located
within the 1,500 hectares of natural
land reserve, the institute showcases
Malaysia's rich forest heritage. • Opens
8am-4pm. Fri 9am- 12pm.

Heritage Centre
03-2144 9273 • 2 Jln Stonor • Showcases
Malaysia's architectural heritage, the
centre also conducts 2 guided tours
a day (11am & 3pm) of the Rumah
Penghulu or Village Head's abode which
has been furnished to reflect a house in
the early thirties • E10

Islamic Arts Museum
03-2274 2020 • Jalan Lembah Perdana
• Opened in 1998, the museum focuses
on the rich diversity of Islamic arts and
culture. Miniature replicas of Taj Mahal
and other islamic architectural wonders
are on display • Tickets at RM12 (adults),
RM6 (under 18, students & senior citizens)
• Opens 10am to 6pm daily. • G4

Museum Orang Asli
03-6189 2122 • Km 24 Gombak • Displays
a collection of over 3,000 artifacts
showcasing the history, culture &
lifestyle of indigenous tribes of Peninsular
Malaysia. • Opens 9am-5pm. Closed
Fri. FREE

National Museum
03-2267 1111 • 29 Jalan Raja • Displays a
unique permanent collection of artifacts
and materials showcasing the history
and heritage of Malaysia • Opens 9am
to 6pm daily • Admission RM1. Free for
<12 yrs & students

ARTS & CULTURE

National Library
03-2687 1700 • 232 Jalan Tun Razak. • This
7-storey building which blends traditional
design with modern architectural
elements houses more than 1.5 million
books, some of them extremely rare.
• Opens daily except Monday • A8 FREE

Galeri Petronas
03-2051 7770 • 🚗 KLCC • Level 3 Suria
KLCC. • Exhibits artworks by local and
international artists.
• Opens 10am to 8pm. Closed on
Monday. • D8 FREE

National Theatre (Istana Budaya)
03-4026 5555 • Jalan Tun Razak •
Designed by Malaysian architect
Muhammad Kamar Ya'akub, this
modern theatre is one of the world's most
sophisticated theatres with state-of-the-art
stage equipment. It holds drama, dance
and musical performances regularly. • A7

Petronas Philharmonic Hall
03-2331 7007 • 🚗 KLCC • Located within
the Petronas Twin Towers, it is home to
the Malaysian Philharmonic Orchestra
and the National Choir. It features
performances of highest quality by visiting
orchestras and world-renowned soloists,
besides performances by the MPO which
now ranks among the top orchestras in
the region • D8

OTHER FUN-TASTIC
THRILLS & SPILLS

Casino
03-2718 1118 • Genting Highlands Hotel

Flying
03-2141 1934 • Royal Selangor Flying Club

Horse Racing
03-9058 3888 • Selangor Turf Club, Jln
Sungai Besi

Horse Riding
03-4256 4531 • Royal Selangor Polo Club,
Jln Ampang Hilir

03-2094 1222 • Bukit Kiara Equestrian Club,
Jln Bukit Kiara, Kuala Lumpur

Theme Parks

Berjaya Times Square Theme Park
1 Jalan Imbi, Level 5 & 7, Kuala Lumpur
Tel: 03-2117 3118

Sunway Lagoon Theme Park
3 Jalan Pjs 11/11, Bandar Sunway,
Petaling Jaya . Tel: 03-5639 0000

Genting Highlands Theme Park
Genting Highlands Resort
Tel: 03-2718 1118

District 21
Level 1, IOI City Mall, Putrajaya
Tel: 03-8328 8888



KL Lifestyle Art Space
31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia

Tel: +603 2093 2668, +603 2094 2668
Email: info@mediate.com.my

Open Monday - Friday, 10am - 7pm
(Closed on Weekends and Public Holidays)



Bank Negara Malaysia Museum and Art Gallery Sasana Kijang
No. 2, Jalan Dato Onn, 50480 Kuala Lumpur
Opening Hours: 10am to 6pm daily
For Enquiries Call: 03-9179 2784

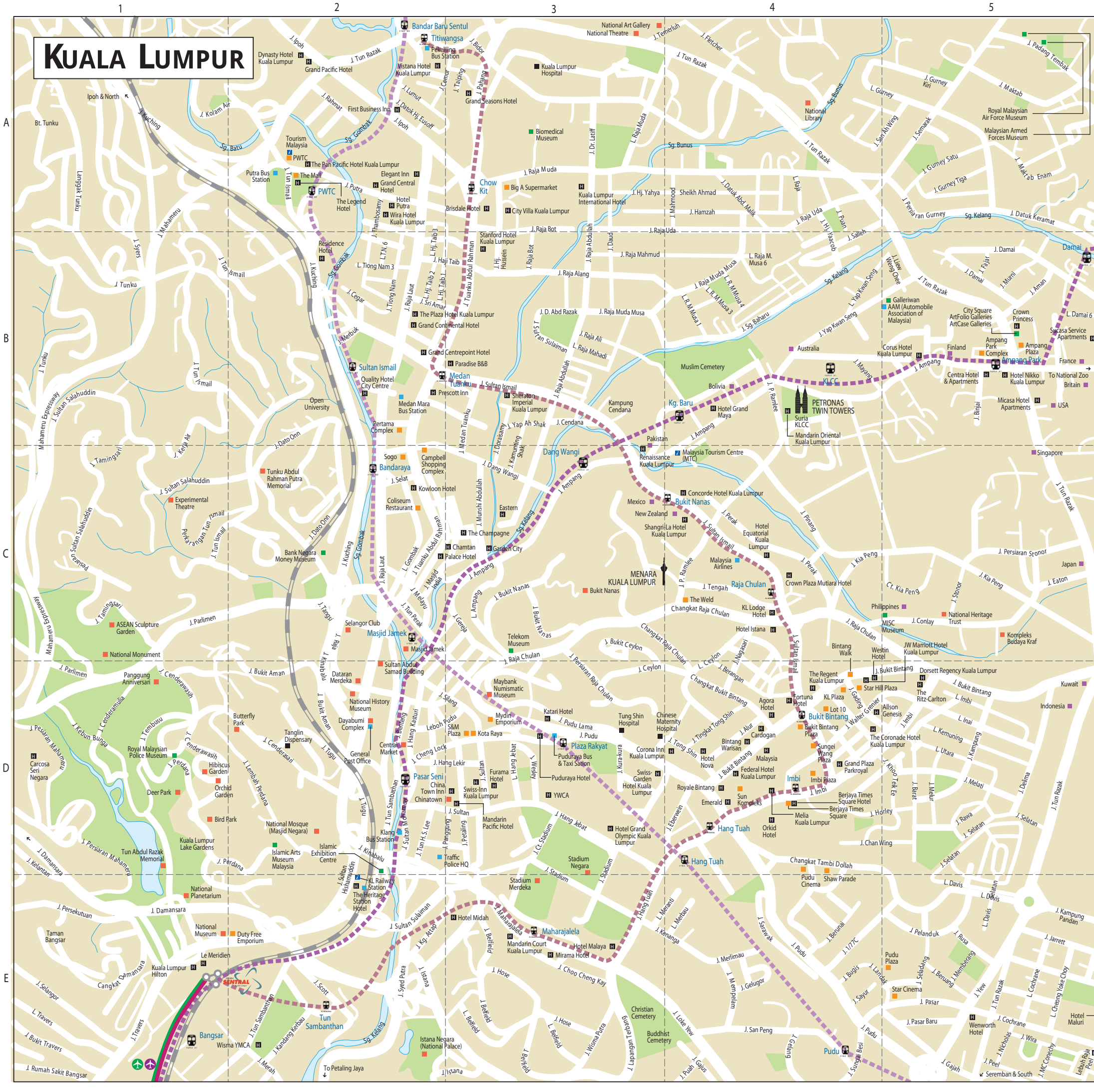


University of Malaya Art Gallery (UMAG)
Tingkat 5, Bangunan Canseleri, Universiti Malaya, Petaling Jaya
Tel: 03-79671061
Opening Hours: 9.00am to 4.00pm
Closed on: Saturday and Sunday



Galeri Tenaga
Wisma TNB, Jalan Timur, Petaling Jaya
Tel : +603-2296 5566
Fax : +603-2282 3274
Opening Hours: Monday – Friday : 10 am – 3 pm.

KUALA LUMPUR



- PLACES OF INTEREST**
 - 1C ASEAN Sculpture Garden
 - 4D Bintang Walk
 - 1D Bird Park
 - 3C Bukit Nanas
 - 2D Butterfly Park
 - 2D Central Market
 - 3D Chinatown
 - 2D Dataran Merdeka
 - 2D Dayabumi Complex
 - 1D Deer Park
 - 1C Experimental Theatre
- MUSEUMS**
 - 5B ArtCase Galleries
 - 5B ArtFolio Galleries
 - 2C Bank Negara Money Museum
 - 3A Biomedical Museum
- EMBASSIES**
 - 4B Australia
 - 4B Bolivia
 - 5B Britain
 - 5B Finland
- ENTERTAINMENT/SHOPPING**
 - 5B Ampang Park Complex
 - 5B Ampang Plaza
 - 4D Berjaya Times Square
 - 4D Bukit Bintang Plaza
 - 2C Campbell Shopping Complex
 - 5B City Square
 - 2C Coliseum Restaurant
 - 2E Duty Free Emporium
- BUS, TAXI, RAILWAY STATIONS, POST OFFICE**
 - 5B AAM (Automobile Association of Malaysia)
 - 2D General Post Office
 - 2E KL Sentral (main transport terminal)
- HOTELS**
 - 4D Agora Hotel ★★
 - 4D Allison Genesis Hotel
 - 4D Berjaya Times Square Hotel
 - 4D Bintang Warisan Hotel ★★
 - 3A Brisdale Hotel
 - 1D Carcosa Seri Negara ★★★★★
 - 4D Cardogan
 - 5B Centra Hotel & Apartments
 - XX Champagne ★
 - 3C Chamtan
 - 3D China Town Inn
 - 3A City Villa Kuala Lumpur ★★
 - 4C Concorde Hotel Kuala Lumpur ★★★★★
 - 4D Corona Inn Kuala Lumpur
 - 5B Corus Hotel Kuala Lumpur ★★★★★
 - 4C Crown Plaza Mutiara Hotel ★★★★★
 - 5B Dorsett Regency Kuala Lumpur ★★★★★
 - 2A Dynasty Hotel Kuala Lumpur ★★★★★
 - 4D Emerald
 - 3C Eastern
 - 2A Elegant Inn
 - 4D Federal Hotel Kuala Lumpur ★★★★★
 - 2A First Business Inn ★★
 - 4D Fortuna Hotel ★★
 - 3D Furama Hotel ★★
 - 3C Garden City
 - 2A Grand Central Hotel
 - 2B Grand Centrepoint Hotel ★★
 - 2B Grand Continental Hotel ★★
- HOSPITALS**
 - 3D Chinese Maternity Hospital
- TOURIST INFORMATION CENTRES**
 - 2A Putra World Trade Centre, Level 2, 45, Jalan Tun Ismail, 50480 Kuala Lumpur. Tel: 03-4041 1295
 - 4C Malaysia Tourism Centre (MTC), 109 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2164 3929
 - 2E Stesen Sentral Kuala Lumpur, Lot 21, Level 2, Arrival Hall, Kuala Lumpur City Terminal, Stesen KL Sentral, 50050 Kuala Lumpur. Tel: 03-2274 3135
- PLACES OF INTEREST**
 - 1E National Museum
 - 1E National Planetarium
 - 1A National Theatre
 - 1D Orchid Garden
 - 1D Panggung Anniversari
 - 2C Selangor Club
 - 3E Stadium Merdeka
 - 3D Stadium Negara
 - 2D Sultan Abdul Samad Building
 - 1D Tun Abdul Razak Memorial
 - 2C Tunku Abdul Rahman Putra Memorial
- MUSEUMS**
 - 5B Galleriwan
 - 2D Islamic Arts Museum Malaysia
 - 2D Islamic Exhibition Centre
 - 5A Malaysian Armed Forces Museum
 - 5C MISC Museum
- EMBASSIES**
 - 5B France
 - 5D Indonesia
 - 5C Japan
 - 5D Kuwait
 - 3C Mexico
- ENTERTAINMENT/SHOPPING**
 - 4D Imbi Plaza
 - 3D S & M Plaza
 - 4D Shaw Parade
 - 4D Kuala Lumpur Plaza
 - 3D Kota Raya
 - 4D Lot 10
 - 3D Mydin Emporium
 - 4D Pavilion Cinema
 - 2B Pertama Complex
 - 4D Pudu Cinema
- BUS, TAXI, RAILWAY STATIONS, POST OFFICE**
 - 2D Klang Bus Station
 - 2E Kuala Lumpur Railway Station
 - 4C Malaysia Airlines
 - 2B Medan Mara Bus Station
 - 2A Pekeliling Bus Station
 - 3D Puduraya Bus & Taxi Station
- HOTELS**
 - 2A Grand Pacific Hotel ★★
 - 4D Grand Plaza Parkroyal ★★★★★
 - 3A Grand Seasons Hotel ★★★★★
 - 3C Hotel Champagne
 - 4C Hotel Equatorial Kuala Lumpur ★★★★★
 - 4B Hotel Grand Maya ★★★★★
 - 3D Hotel Grand Olympic Kuala Lumpur
 - 4C Hotel Istana ★★★★★
 - 3E Hotel Malaya ★★★★★
 - 5E Hotel Maluri ★★★★★
 - 3E Hotel Midah ★★★★★
 - 5B Hotel Nikko Kuala Lumpur ★★★★★
 - 4D Hotel Nova ★★★★★
 - 2A Hotel Putra
 - 4D JW Marriott Hotel Kuala Lumpur ★★★★★
 - 3D Katari Hotel ★
 - 4C KL Lodge Hotel ★★
 - 2C Kowloon Hotel ★
 - 1E Kuala Lumpur Hilton ★★★★★
 - 3A Kuala Lumpur International Hotel ★★★★★
 - 1E Le Meridien ★★★★★
 - 4D Malaysia
 - 3E Mandarin Court Kuala Lumpur
 - 4B Mandarin Oriental Kuala Lumpur ★★★★★
 - 3D Mandarin Pacific Hotel ★★★★★
 - 4D Melia Kuala Lumpur ★★★★★
 - 5B Micasa Hotel
 - 3E Mirama Hotel ★
 - 4D Orkid Hotel ★
- HOSPITALS**
 - 3A Kuala Lumpur Hospital
 - 3A National Heart Institute
- TOURIST INFORMATION CENTRES**
 - 2A Putra World Trade Centre, Level 2, 45, Jalan Tun Ismail, 50480 Kuala Lumpur. Tel: 03-4041 1295
 - 4C Malaysia Tourism Centre (MTC), 109 Jalan Ampang, 50450 Kuala Lumpur. Tel: 03-2164 3929
 - 2E Stesen Sentral Kuala Lumpur, Lot 21, Level 2, Arrival Hall, Kuala Lumpur City Terminal, Stesen KL Sentral, 50050 Kuala Lumpur. Tel: 03-2274 3135
- PLACES OF INTEREST**
 - 5A Royal Malaysian Air Force Museum
 - 1D Royal Malaysian Police Museum
 - 3C Telekom Museum
 - 1D Tun Abdul Razak Memorial
- EMBASSIES**
 - 4C New Zealand
 - 3B Pakistan
 - 5C Philippines
 - 5C Singapore
 - 5B United States of America
- ENTERTAINMENT/SHOPPING**
 - 5E Pudu Plaza
 - 2A Putra World Trade Centre (PWTC)
 - 2C Sogo
 - 5E Star Cinema
 - 4D Star Hill
 - 4D Sun Complex
 - 4D Sungei Wang Plaza
 - 4B Suria KLCC
 - 2A The Mall
 - 4C The Weld
- BUS, TAXI, RAILWAY STATIONS, POST OFFICE**
 - 2A Putra Bus Stand
 - 2D Traffic Polis HQ
 - STAR LRT Station
 - PUTRA LRT Station
- HOTELS**
 - 2C Palace Hotel ★★
 - 3B Paradise B&B
 - 2D Prescott Inn ★★
 - 3B Puduraya Hotel ★★
 - 2B Quality Hotel City Centre ★★★★★
 - 3C Renaissance Kuala Lumpur ★★★★★
 - 2B Residence Hotel
 - 4D Royale Bintang ★★★★★
 - 4C Shangri-La Hotel Kuala Lumpur ★★★★★
 - 3B Sheraton Imperial Kuala Lumpur ★★★★★
 - 3B Stanford Hotel Kuala Lumpur ★★★★★
 - 5B Sucasa Service Apartments
 - 3D Swiss-Garden Hotel Kuala Lumpur ★★★★★
 - 3D Swiss-Inn Kuala Lumpur ★★★★★
 - 4D The Coronade Hotel Kuala Lumpur ★★★★★
 - 2E The Heritage Station Hotel ★★
 - 2A The Legend Hotel ★★★★★
 - 2A The Pan Pacific Hotel ★★★★★
 - 2B The Plaza Hotel Kuala Lumpur ★★★★★
 - 4D The Regent Kuala Lumpur ★★★★★
 - 5D The Ritz-Carlton ★★★★★
 - 2A Vistana Hotel Kuala Lumpur ★★★★★
 - 5E Wenworth Hotel ★★★★★
 - 4D Westin Hotel ★★★★★
 - 2A Wira Hotel Kuala Lumpur ★★★★★
 - 2E Wisma YMCA
 - 3D YWCA
- HOSPITALS**
 - 2D Tanglin Dispensary
 - 3D Tung Shin Hospital

Road / Jalan J.
Lane / Lorong L.
River / Sungai Sg.
Village / Kampung ... Kg.

Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.



By Transit systems

The KL monorail and LRT coaches are airconditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.90 to RM2.80 per single journey.



By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.25 for every 115 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM2 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.



By Ecovans

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.



By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.



KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children. 03-2691 1382

GETTING TO THE AIRPORT



KLIA Ekspres: The journey takes about 28 minutes from KL Sentral and another 3 minutes to KIA2. The fare is RM55 per person per way. There is also check-in facility at KL Sentral for some airlines.



Taxi: The fare from the city centre to the airport is RM90 – RM120 per taxi.

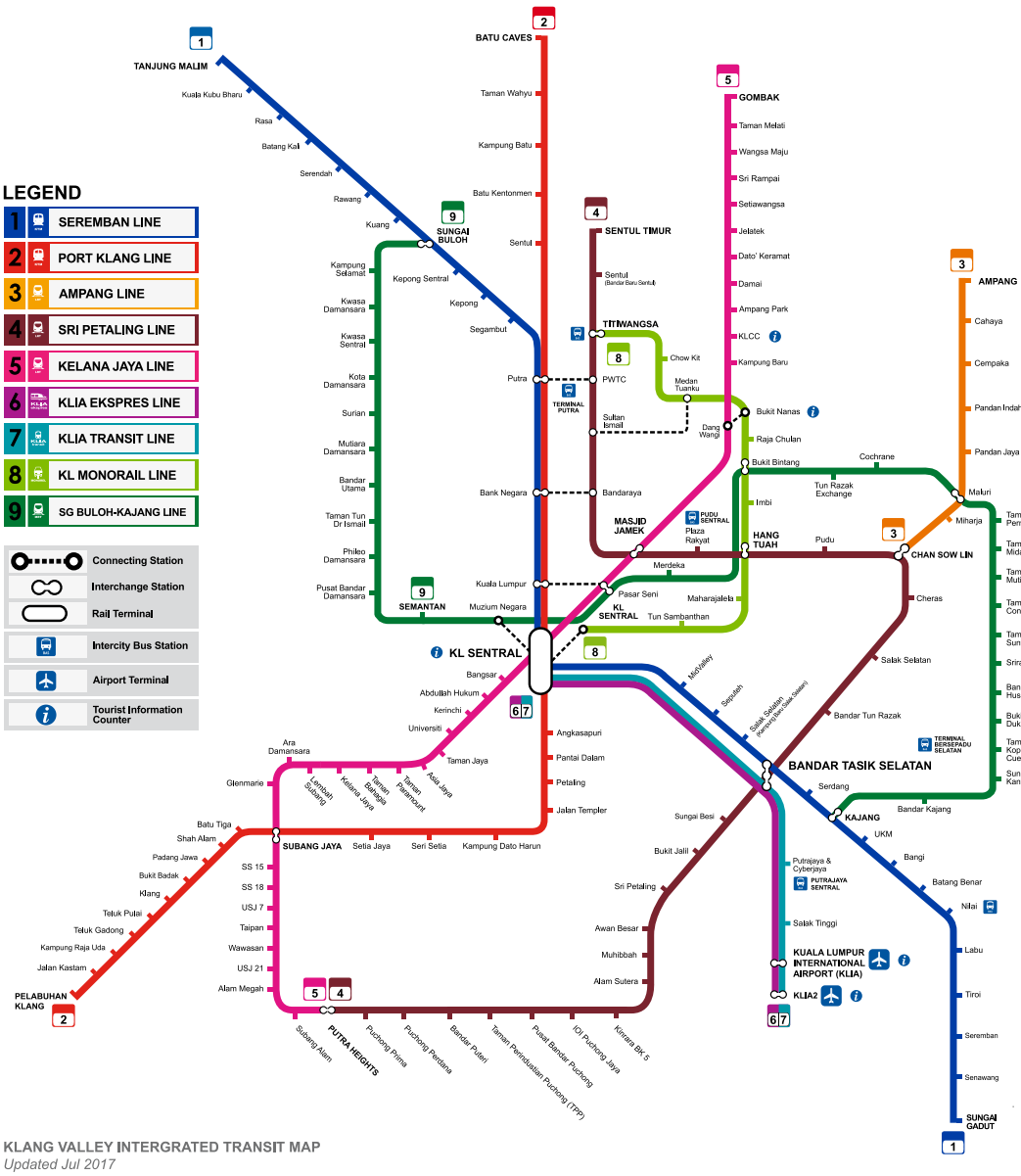


Eco Transit: Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.



Limousine: Can be arranged with the hotel concierge and fare range from RM100 – RM200.

Klang Valley Rail Transit Map



COACHES TO KLIA AND/OR LCCT

- Airport Coach - +603-6203 3067
- Sky Bus - +6016-217 6950
- Aerobus - +603-3344 8828
- The Star Shuttle - +603-4043 8811

TRANSPORTATION



Air Travel

- Kuala Lumpur International Airport +603-8776 2000
- Domestic Airport - Subang +603-7845 3245
- Kuala Lumpur City Air Terminal +603-2267 8000



Domestic Airlines

- MAS +603-2161 0555
- MAS Reservation Number +603-8890 3702
- AirAsia +603-2171 9333

- Berjaya Air +603-7847 1338
- FireFly +603-7845 4543
- Malindo Air +603-7841 5388



Rail

- KL Sentral 03-2274 7435
- KLIA Ekspres 03-2267 8000
- KTM 03-2267 1200
- Rapid KL 03-7885 2585
- KL Monorail 03-2273 1888



Car Rental

- Galaxy Asia 012-368 0117
- AVIS +603-5885 2300
- ORIX Auto +603-9284 7799
- Eazy Peezy +6011-1166 6545
- WVS Rent-A-Car 03-4256 6999



Taxis

- Sunlight Cab +603-9200 1166
- Public Cab +603-6259 2929
- MyTeksi +601-300-80-5858

- Saujana Teksi +6011-1929 0976
- Grab Malaysia +601-300-80-5858

Emergency Services

- KL Tourist Police (24 hours) 03-2166 8322
- Police & Ambulance 999 or 112 (mobile phones)
- Fire & Rescue 994
- KL City Council 03-2691 6011

Tourism Offices

- Ministry Of Tourism Malaysia +60 3-2161 5161
- Pusat Pelancongan Malaysia (MATIC) +60 3-9235 4827
- Tourism Malaysia +603-8891 8000
- Melaka +60 6-288 1549
- Putrajaya Tourism Malaysia State Office +60 3-2615 8188



CHANELA (KLL Cover July 2015)
Acrylic on canvas with metal leaf gilding 150 x 120 cm

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SYED AHMAD JAMAL, DATUK Nur Tenaga, 2010 Acrylic on canvas 153 x 152 cm **RM 350,000 - RM 600,000**

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