

# KL lifestyle

NOVEMBER 2015



KAVITA SIDHU  
From Pageant to Fashion



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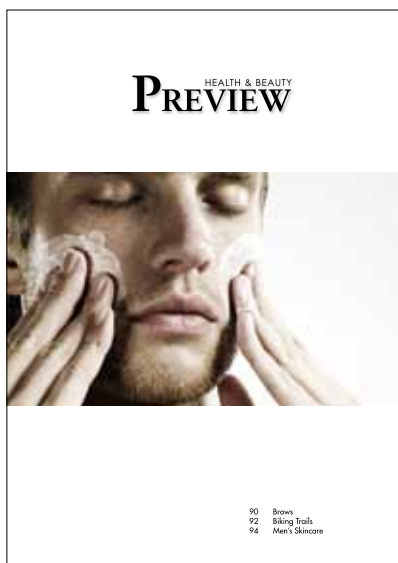




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**Managing Editor / Publisher**  
Datuk Gary Thanasan  
gary@mediate.com.my

**General Manager**  
Lydia Teoh  
[lydia@mediate.com.my](mailto:lydia@mediate.com.my)

**Senior Writer**  
Kathlyn Ursula D'Souza  
[kathlyn@mediate.com.my](mailto:kathlyn@mediate.com.my)

**Writer**  
Nadhirah Badardin  
*nadhirah@mediate.com.my*

**Aviation News / Airlink**  
Andrew Ponnampalam  
andrewponnampalam@yahoo.com

**Senior Designer**  
Eyda Faidah  
eydafaidah86@gmail.com

**Web Designer**  
Elaine Jan  
*elaine@mediate.com.my*



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mediate  
communications

31 Jalan Utara, 46200 Petaling Jaya,  
Selangor, Malaysia

Tel: +603 2093 2668, +603 2094 2668  
Email: [editor@mediate.com.my](mailto:editor@mediate.com.my)

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*The goddess*  
**KAVITA SIDHU**  
*in the flesh*



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**Kavita Sidhu**  
Photographer - John Ong @ SCCA  
Hair & Make-up - Zoey @ SCCA  
Wardrobe & Accessories - by Kavita  
Location - St. Mary Residences



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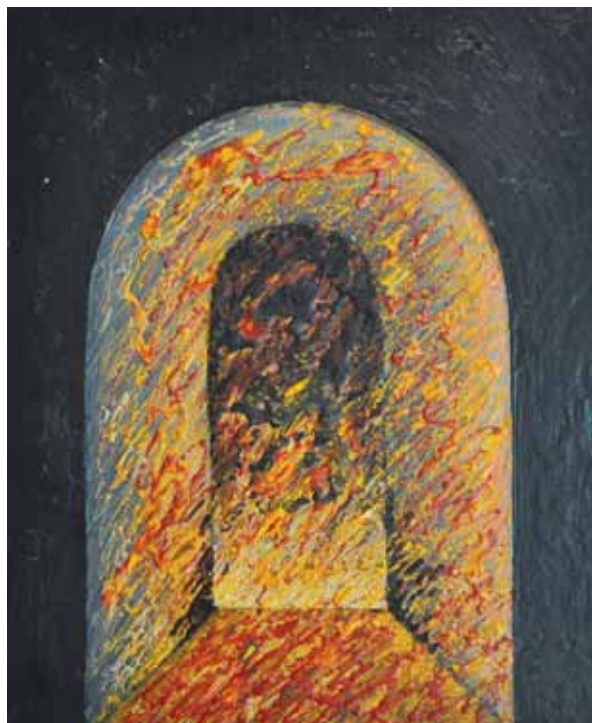


# Save the Date

## KLAS ART AUCTION

MALAYSIAN MODERN & CONTEMPORARY ART

**AUCTION DAY**  
**SUNDAY, 8 NOVEMBER 2015**  
**KLAS @ JALAN UTARA**



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SUNDAY

MONDAY

01

**BOWERHAUS AND DEBORAH HENRY PRESENTS A KIDS FOR KIDS EVENT TO HELP RAISE FUNDS FOR FUGEE SCHOOL**

1 Nov @ 1am till 4pm  
Publika

**MOZART IN PARIS**

1 Nov @ 3.00pm  
Dewan Filharmonik Petronas



15

**GAMBUS REGIONAL EXHIBITION (PAMERAN GAMBUS SERANTAU)**

7 - 15 Nov  
National Museum



30



**FAIZAL TAHIR: ONE NIGHT ONLY**

30 Nov @ 8.30pm  
Dewan Filharmonik Petronas

 - PUBLIC HOLIDAY



# GOINGS-ON CALENDAR NOVEMBER 2015

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



06

**FIM ASIA SUPERMOTO CHAMPIONSHIP 2015**  
6 - 8 Nov  
Penang

07

**MAHLER 7**  
7 Nov @ 8.30pm  
8 Nov @ 3.00pm  
Dewan Filharmonik Petronas



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13

**MALAYSIA URBAN RETREAT FESTIVAL (MURFEST)**  
13 - 15 Nov  
Throughout Malaysia

**BEETHOVEN & BRUCKNER**  
13 Nov @ 8.30pm  
14 Nov @ 8.30pm  
Dewan Filharmonik Petronas

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**ASIA PACIFIC IRONMAN LANGKAWI**

14 Nov  
Langkawi, Kedah

**1MALAYSIA YEAR-END SALE**  
14 Nov - 3 Jan 2016  
Throughout Malaysia

**1MALAYSIA JOGET**  
13 - 14 Nov  
Bandar Hilir Melaka



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**MALAM TERANG BULAN**  
20 Nov @ 8.30pm  
21 Nov @ 8.30pm  
22 Nov @ 5.00pm  
Dewan Filharmonik Petronas

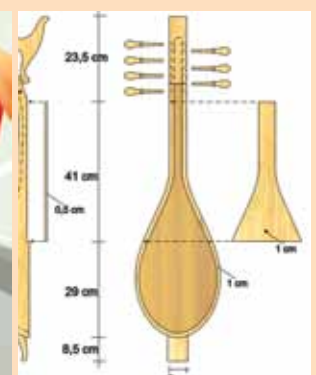
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**TALES OF 4 DIALECTS (MUSICAL)**  
21, 22, 28 & 29 Nov @ 3pm  
21, 22, 28 & 29 Nov @ 8:30pm  
Pentas 1, klpac



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**PRESTO, MAMBO!**  
28 Nov @ 3.00pm  
29 Nov @ 2.30pm & 4.30pm  
Dewan Filharmonik Petronas







### MOZART IN PARIS

SUN 1 NOV @ 3.00pm

The MPYO offers two symphonies, written by composers still in their youth. Mozart's Symphony No. 31, composed on the occasion of his visit to Paris, exudes grandeur and exuberance. Schubert blended elements of symphonic and operatic styles in his delightful and charming Sixth Symphony. Opening the concert, Sospiri (Sighs) by Elgar is music of gentle pathos and exquisite beauty.

Tickets: RM100, RM60

Venue: Dewan Filharmonik Petronas



### KLAS ART AUCTION MALAYSIAN MODERN & CONTEMPORARY ART

SUN 8 NOV @ 1.00pm

Art collectors and bidders will expect another art auction that will be held by KL Lifestyle. Mark your calendars for KLAS's sixth auction this year.

Venue: KLAS @ 31, Jalan Utara 46200 Petaling Jaya, Selangor



### BOWERHAUS AND DEBORAH HENRY PRESENT A KIDS-FOR-KIDS EVENT TO HELP RAISE FUNDS FOR FUGEE SCHOOL

SUN 1 NOV @ 11.00am

Bowerhaus will be hosting a Kids for Kids event with Deborah Henry to help raise much needed funds for Fugee School. Kids for Kids is all about educating and encouraging children on the importance of giving back while having fun at the same time.

Venue: Playground Borneo Publika



**MAHLER 7****SAT 7 NOV @ 8.30pm****SUN 8 NOV @ 3.00pm**

Each of Mahler's gigantic symphonic creations inhabits a world unto itself. The Seventh is a kaleidoscope of orchestral colours and effects: the bold tenor horn in the opening bars; the magical echoing horns at the beginning of the second movement; the ghostly, nightmarish sounds in the third; the delicious guitar and mandolin in the fourth; and the riotous carnival of the fifth. It is perhaps Mahler's most fantastical, surrealistic symphony, and one not to be missed.

**Tickets:** RM150, RM120, RM90, RM60

**Venue:** Dewan Filharmonik Petronas

**FIM ASIA SUPERMOTO CHAMPIONSHIP 2015****6 - 8 NOV**

The FIM Asia Supermoto Championship 2015 is one of Asia's premier motorsport race that began its 1st round in Malaysia in June. Supermoto racing combines exciting elements of motocross, dirt track and road racing into one dynamic discipline. It features jumps, high-speed straights with both dirt and asphalt surfaces.

This year, the championship will feature up to 18 top Asian Supermoto riders, mainly from Japan, Thailand, Singapore, Taiwan, Indonesia and Malaysia. There will be 2 races held on each day consisting of practice, qualifying and the finals for the novice and expert categories. Points collected on both days will be tabulated as championship points. At completion, the rider with the most points will be declared as the 2015 FIM Asia Supermoto Champion and the country represented will be awarded the 2015 FIM Asia Supermoto Champion-Country.

**Venue :** Penang





### **MALAYSIA URBAN RETREAT FESTIVAL (MURFEST)** **13 - 15 NOV**

The Malaysia Urban Retreat Festival (MURFEST) is an event held annually in the beloved homegrown soil of Malaysia, celebrating the best of wellness, yoga, music and dance.

MURFEST aims to awaken the "URBAN SPIRIT" within each individual. Through Wellness, Music & Dance therapies, MURFEST enables urbanites to live a balanced and harmonious lifestyle. The Festival strives to provide a space for self-discover, self-mastery and knowledge through a variety of wellness practices.

**Venue :** Hotel Pullman Bangsar



### **ASIA PACIFIC IRONMAN LANGKAWI** **14 NOV**

Ironman is triathlon's marquee challenge and the world's most captivating and testing single-day endurance test consisting of a 3.8km swim, a 180km cycle and a 42.2km run. Ironman has been a respected name in triathlon since its inception 31 years ago and is regarded as the pinnacle of the sport.

In 2012, more than 124,000 athletes from across the globe competed for slots at the prestigious Ironman World Championships held every October in Kailua-Kona, Hawaii. There were 31 Ironman Triathlon races throughout the world that enabled qualification for the 2012 Ironman World Championships. The Ironman qualifying events for 2012 included 9 races in Europe, 14 races in North America, 1 race in South America, 5 races in Oceania and 2 races in Africa. The WTC moved into new direction by having only 2 exclusive full distance races in Asia, one race in North Asia and the other in South Asia beginning 2013.

**Venue :** Langkawi, Kedah



**DEEPAVALI FESTIVAL OF LIGHTS****10 NOV**

Deepavali or the 'Festival of Lights' is celebrated by Hindus with prayers, family gatherings and festivities. Open houses are held where family and friends visit each other and enjoy delicious traditional goodies.

Venue : Nationwide

**1MALAYSIA JOGET****13 - 14 NOV**

The event is a platform for the creative industry to develop and maximise its potential. Joget 1 Malaysia epitomises Melaka's lively traditional dances from various cultures to make it a centre of local and international art and culture.

Venue: Bandar Hilir Melaka

**BEETHOVEN & BRUCKNER****FRI 13 NOV @ 8.30pm****SAT 14 NOV @ 8.30pm**

Grammy Award-winner Fabio Luisi conducts Bruckner's 9th, an hour-long work of towering strength filled with titanic struggles. From Beethoven we hear one of his wonderful piano concertos featuring the young Italian Beatrice Rana, prize winner at the Van Cliburn and Montreal International competitions.

Tickets: RM150, RM120, RM90, RM60

Venue: Dewan Filharmonik Petronas





### 1MALAYSIA YEAR-END SALE 14 NOV 2015 - 3 JAN 2016

From trendy malls to open-air markets, the atmosphere is vibrant with the mood for the best shopping and leisure experience ever, as only year-end sales can offer. Yes, the fabulous 1Malaysia Year-End Sale is back – bigger and better, with events and happenings in hundreds of shopping outlets all over the country for nearly two months. Put your best foot forward and step into the New Year in style and glamour.

Venue : Throughout Malaysia



### WORLD GAMELAN FESTIVAL NOV 2015

This is the 4th time Terengganu is hosting the prestigious event in lifting the art of gamelan music globally. The programme opens a space for leisure travellers to appreciate the uniqueness and musicality of gamelan music and thereby strengthening Malay gamelan art.

Venue: Throughout Terengganu



### MALAM TERANG BULAN FRI 20 NOV 2015 @ 8.30PM SAT 21 NOV 2015 @ 8.30PM SUN 22 NOV 2015 @ 5.00PM

Celebrating music from Malaya, including works by R. Azmi, P. Ramlee, Gus Steyn, Alfonso Soliano, Yusoff B. and also Benjamin Britten's Sketch for Malaya, composed as a possible national anthem.

Tickets: RM200, RM160, RM120, RM80  
Venue: Dewan Filharmonik Petronas





### **PRESTO, MAMBO!**

**SAT 28 NOV 2015 @ 3.00PM**

**SUN 29 NOV 2015 @ 2.30PM & 4.30PM**

Platypus Theatre offers a one-of-a kind show to introduce young audiences to the joys of classical music. In Presto, Mambo! an eager and exuberant boy discovers the vibrant and exciting world of Latin rhythms and their power to communicate across cultures. On a whirlwind adventure and with the help of his new friend Mambo the dog, he learns about the magic of Latin rhythms and how to "dance" to the music.

**Tickets:** RM130, RM100, RM80, RM50

**Venue:** Dewan Filharmonik Petronas

### **TALES OF 4 DIALECTS (MUSICAL)**

**21, 22, 28 & 29 NOV 2015 @ 3PM**

**21, 22, 28 & 29 NOV 2015 @ 8:30PM**

"Tales of 4 Dialects" is a unique musical journey through the sounds of our Chinese origins, giving new meaning to some of the beautiful Hakka, Hokkien, Teochew and Cantonese folk songs. The four short tales each in a dialect will be a tribute to our parents and grandparents.

**Tickets:** RM253, RM183, RM153, RM123, RM83

**Venue:** Pentas 1, klpac



### **FAIZAL TAHIR: ONE NIGHT ONLY**

**MON 30 NOV 2015 @ 8.30PM**

As he celebrates a decade in the music industry, this Malaysian rocker is making waves with his latest single, 'Assalamualaikum'. Regarded as one of the most successful artistes of his generation, Faizal Tahir will bring his own brand of music and trademark powerhouse persona to DFP.

**Tickets:** RM120

**Venue:** Dewan Filharmonik Petronas



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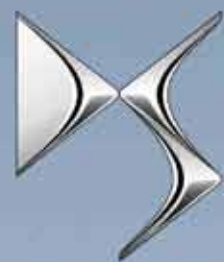


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## JAMES BOND: SPECTRE

5 Nov

After receiving a cryptic message from an unknown source, Bond is set to uncover the layers of a sinister organisation known as Spectre. While Bond's superior M fights political forces in order to keep M16 alive, Bond discovers the hidden, ugly truth behind Spectre.

**Genre:** Action / Adventure / Crime

**Cast:** Daniel Craig, Ralph Fiennes, Naomie Harris, Christoph Waltz, Monica Bellucci, Dave Bautista, Ben Whishaw, Andrew Scott.

## ME AND EARL AND THE DYING GIRL

19 Nov

Based on Jesse Andrews' 2012 debut novel of the same name, the film follows Greg Gaines, an aspiring filmmaker as well as an awkward high school senior who is forced by his mother to befriend a girl in his class named Rachel - a classmate he hasn't spoken to since kindergarten. After finding out that Rachel has leukaemia, Greg and his best buddy Earl decide to make a film for Rachel.

**Genre:** Drama

**Cast:** Thomas Mann, Olivia Cooke, RJ Cyler

## THE HUNGER GAMES: MOCKINGJAY – PART 2

20 Nov

Katniss Everdeen now fully realises that the stakes are no longer just for survival, they are for the future. Katniss teams up with some of her closest friends, Gale, Finnick and Peeta, to confront President Snow that has become obsessed in wanting to destroy Katniss. However, Katniss goes off mission, using the unit from District 13 and risking their lives to stage an assassination attempt on President Snow.

**Genre:** Adventure / Science Fiction

**Cast:** Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Woody Harrelson, Elizabeth Banks, Julianne Moore.





## VICTOR FRANKENSTEIN

26 Nov

A Mary Shelley horror classic from the perspective of Igor, the hunchbacked assistant to Victor Frankenstein. Daniel Radcliffe plays Igor, while James McAvoy is the doctor who has plans to build a human body. Jessica Brown Findlay plays the female lead, a trapeze artiste who is saved by Igor after an accident, with the two becoming very close in the aftermath.

**Genre:** Drama

**Cast:** James McAvoy, Daniel Radcliffe, Jessica Brown Findlay, Andrew Scott.

## THE HALLOW

26 Nov

A family moves into a remote millhouse in Ireland. The locals warn the family about the house being haunted but they ignore the warnings. The family then begins to encounter horrific demonic creatures from the Irish forest and find themselves fighting for survival.

**Genre:** Horror

**Cast:** Joseph Mawle, Bojana Novakovic, Michael McElhatton.

## THE GOOD DINOSAUR

26 Nov

"What if the cataclysmic asteroid that forever changed life on Earth actually missed the planet completely and giant dinosaurs never became extinct?", that is the big question asked in this movie. This movie tells the humorous tale of Arlo, a lively 70-foot-tall teenage Apatosaurus with a big heart. The dinosaur befriends an unlikely creature when it was out on a quest to restore peace - a young human that goes by the name, Spot.

**Genre:** Animation

**Cast:** Lucas Neff, John Lithgow, Neil Patrick Harris, Judy Greer, Bill Hader.





*Kathlyn Ursula D'Souza meets*

*The goddess*

**KAVITA SIDHU**

*in the flesh*

She could light up an entire room. There's just something about her. It isn't just her tall stature, the assured air of a woman and the fluidity with which she carries herself, or her smoky voice. It's difficult to not like this woman, and our team was just in awe of the hundreds of shots we took of her which made it so difficult to choose which shot to go with the magazine. There wasn't a single bad shot, evidently from years of her experience in modelling. As for her person, there wasn't a single bad trait either, she was positively lovely and radiant as she agreed to sit down for a short chat.







**Kavita Sidhu – what do we need to know about her? What are the essentials?**

"I started my modelling career at 14 while I was still in school and by the time I was 18, I was working internationally in Paris and Europe. I took a break from it to finish my studies in Australia, after which I got into acting. I still do both and I've done about six or seven films. Right now I've just finished a TV drama and I'm going to do a TV show and I am in the midst of planning for the next film. Apart from that, I'm also a producer, for the company that I work for, so I do a lot of behind-the-scenes, create proposals and prepare concepts for TV shows and films. We are always on the lookout for fresh unique ideas and projects.

"In 2010, I founded my own fashion label under my namesake brand, 'Kavita'. We came up with many different names, and in the end we just decided, 'Oh, let's just go with your name.'

"I debuted my Resort collection at the Stylo Fashion Week 2010 and various fashion weeks since then. I was elated when I first saw my collection from windows of famous stores! I was stocking my brand at M store at the Gardens Mall and in Bali.

"I now sell my ready-to-wear collection online, on an Indian website called IndianRoots, part of the New Delhi TV group which has an impressive database of customers from all over the world. I am the first Malaysian designer on this online fashion site along with top Indian and Bollywood designers. It's great exposure for me as a designer and I am truly humbled! You can also view my collection on my website [www.kavitasidhu.com](http://www.kavitasidhu.com) and on my Instagram @kavita\_sidhu."

**Oh, congratulations!**

"Thanks!" she answered with a bright smile. "You should see the website, it's got beautiful stuff. Very modern with a heritage element to a lot of the designs. I am expanding early next year and looking to open my own physical store. So that really is exciting!"

**Let's talk about your roots.**

"I was born in England, but I grew up in Malaysia. I spent a huge part of my life in Malaysia, with the exception of studying

abroad in Australia. I go to London quite often, not so much for work but for workshops, festival markets and holidays because my brother works there."

**What about Zenzero Restaurant?**

"I have a small partnership with this restaurant since the end of 2013, with my brother and two other partners. We've got an Italian partner, and he runs the place. We have a great Italian chef who makes authentic Italian dishes with a Mediterranean twist to some of the dishes. It's private and elegant for discerning diners. And above all, value for your money which is really important to us."

**So was it always your dream to be a beauty queen? Or was it by chance?**

"Absolutely by chance!" she said, shaking her head while laughing in disbelief. "I was a real tomboy in school. I was into sports. I was a state high jumper, and I trained everyday. I played hockey, I did all the games, I was even sports captain. I have a district record in high jumping, and I love athletics and sports.

"I think I was 13 when I started modelling – really young and still in school. I was discovered by an advertising agency and the agent called me up and said that they were doing a commercial and they were looking for a high jumper. It was so funny because one of my first commercials was for Milo, and they were casting at my school for the sports team. So they called me and that was how I got in.

And do you know Faridah Merican and Joe Hasham? Faridah was the producer and Joe was the director. I am friends with them until today, and they constantly say, 'Kavita, we were the ones who saw you the first time!' So that was how it started."

**What's the story behind Miss Charm International 1990 then?**

"I was just asked to represent Malaysia. I was modelling at the time already, I'd gone to Paris and come back. So when I did Miss Charm, which was in Russia, my mum came with me. She was always there for every modelling show and assignment. So we flew there, and I won the contest. I got quite a bit of recognition for being the first Malaysian to win an international

beauty pageant and that certainly helped propel my modelling career to greater heights. It was important that I leveraged on opportunities like that and I ran with it!

"Imagine, I didn't expect to win at all!"

**Looking back, what do you think made you win?**

At this she shrugged and genuinely looked puzzled, then said, "I have no idea, really! It was nice that the Russians appreciated our beauty. At the time, especially, I would never imagine that because there were so many blonde girls and all these different beauties. It was very hard because I wouldn't say that I don't agree with beauty contests, but it's really so subjective. How can you say that this girl is prettier than that girl? I was uncomfortable, I have to say, throughout the whole pageant. I just did it as more of a project or a job, and never was it an aspiration for me but more a stepping stone to achieve more and to make my country proud."

**Now that you went and did it, what was your fondest memory about it?**

"Russia was amazing. Leningrad, Moscow were absolutely awesome. The girls were awesome. It was very sad to see Russia at the time because it was a very closed market. I think they'd just come out of communist rule a year later, if I'm not mistaken.

"I remember the Miss Russia contest, which was going on at the same time I was there, and I remember the girl who got second place – she was crying, but she was so beautiful! In the end, however, she got sent to represent Russia for the Miss Universe pageant and got placed within the top 5 or top 10. To them, it was a way out of their poverty and their hard lives.

"But I think the girls were lovely, and there was this whole sisterhood bonding thing that was going on, which was nice. None of those backstabbing, horrible girls you see on TV shows! In all my experience in modelling, it was never like that. The models are the nicest people and they're all very supportive of each other. Maybe a certain amount of competitiveness but never mean-spirited."

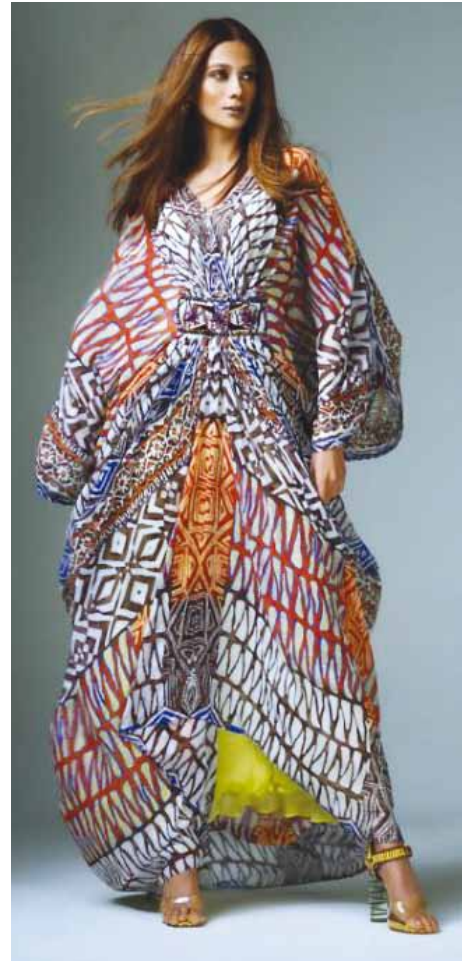








Apparels Collection by Kavita



### What was your experience like when you were modelling in Paris?

Her eyes lit up as she recalled, "That was the best! I mean I was very determined, and that was when I was 18, and it was my own initiative. I had my portfolio done. Now it's very different as agencies and affiliations are connected. I won Model of the Year here, and I got to do a fashion shoot in Paris. I remember the feeling of going, 'Oh my God, I can't believe I'm in Paris!' It was just something else. But I think it was dangerous, you know, for a young girl to be in a foreign country on her own, which was what I did. But God was looking after me, and I had a great agent who was like a mother to us all. I worked with some top French and American designers and it was an amazing experience.

After a while, I decided to return here, because my parents are both doctors and they said, 'You know what, you need to study and get your degree.' And I absolutely agreed. It was a tough life you know, being so young and having to go to the agency

and getting my hips measured everyday! You can't put on like, half a centimetre even. It was so precise and the pressure was crazy for a young girl. I think that's why most of them become anorexic or get into drugs. I am so against super skinny models that you see on runways. When I hire models for my runway shows or photo shoots, I always ask for the curvier girls as they carry my dresses so much better. Curvy is sexy!"

### You've starred in a couple of movies, and you were the lead for Mimpi Moon. How did that experience change your perception on acting and producer?

"The year before Mimpi Moon, I had actually produced and hosted my first TV show for Astro in 1999. But yes, with Mimpi Moon, I had my first lead role in a feature film and I think the director, Datin Paduka Shuhaimi Baba believed in me enough to give me the lead role in a Malay film, which doesn't happen too often. There was a lot of pressure, but I think I did the best I could. It did fairly well in the box office, and it garnered five awards at the Malaysian

Film Festival then. It was a good experience and sobering, as I realised how so much pure hard work, discipline and passion go behind the scenes. It just made me want to learn more about acting. That was my break into the film industry and I'm here to stay 15 years on!"

### What about your brand – Kavita. Have you always wanted to become a fashion designer?

"I never thought I would, even though I had dreams of it as I've always loved fashion and design. I was always sketching and designing, and I started making my own clothes from my mum's saree collection. I still have them! My observation as a model really helped – doing so many shows and such, I wished I could change something about the designs. I've always wanted to have my own fashion line, but I wasn't sure what category I wanted to start off with."

### What's the inspiration behind the Kavita and where do you normally get the ideas from?



"I think a lot of it has got to do with travel. I have in mind the woman who loves to travel, easy dressing, beautiful silks ... I use a lot of Italian silks. The idea is for dresses that would make a woman feel beautiful, no matter her shape and size. When I first started out, my friends said, 'Oh please, Kavita, I can never wear your dresses, they're only going to fit you!' And I said, 'No! If you look at the stuff I make, any shape can wear it. It's loose but you can still have your waist!' That's important to me – to flatter a woman's body as best as possible, rather than just make things that are so difficult for a woman to wear. Even I get uncomfortable sometimes. There are some days when you feel bloated! That's just something I really try to focus on, on how I can make women feel and look beautiful and sexy at the same time without overdoing it by showing too much."

**On the other hand how would you describe your personal style, though?**

"Jeans. Pants. And shirt! Oh my God, this!" she laughed while pointing at her current attire. "Easy-going, for sure. I like to look well put together. But I love pants. They're comfortable. I love a lot of silk shirts but I love to wear dresses too. I have a tomboy kind of thing going on with a dash of femininity."

"What I've discovered is that it's all about your mindset, how you feel about yourself. I've been in dresses that I'm uncomfortable in, and it shows. You just have got to pretend that you look amazing and it really makes a difference!"

**So, personal life! What's up, what's been going on? Are you seeing anyone?**

"Yes, I have a boyfriend," she said with a cheeky smile. "We've been dating for a few years. It's looking good. There may be some news soon, but I won't tell you yet!"

**Any advice for budding fashion designers or for those who'd like to reach for the stars like yourself?**

"I know a lot of people are unsure of what they want to do, especially when they're younger. You just don't know which path in life to take. That also happened to me. But whatever it is that you're doing right now, do the best you can. And

something will come out of it. Something will happen. Commit to it and stay the course. The younger generation are not too bad, they have great ideas, but I do find some do not commit enough time nor energy to make it a success. You've got to be realistic and experience counts for so much, right? You need to know your stuff and be good at it."

**Describe your life in a nutshell.**

"I guess I'm an independent girl. I'm very close with my family, always busy and I'm constantly looking to challenge myself. I'm a bit different, I chose a different path and I try to do my best."

**If you could change one thing about your life right now, what would it be?**

"I wish I would have saved more money, really. When you think about it, I've started working since I was 13, and I wish I had put aside maybe 20% of my income as savings for a rainy day! But it seems there is always a rainy day around the corner!"

**We have to ask this question – how in the world do you manage to look this great?!**

"Of course there's the eating well and exercise thing but I think you need to be happy. Finding your happiness is imperative. All of us go through ups and downs and I always surround myself with positive and encouraging people. If you don't try to look at the positive side of things, it will show on your face. You don't shine and you don't glow."

"But besides that, diet and exercise of course. I eat loads, I don't starve myself but I need to watch my carb intake! I'm almost a vegetarian because I still have fish and seafood. I do yoga, and I go to the gym. I think you need to do weights and resistance training, especially for women. So I do that. Lots of water, I carry a bottle with me all the time. Multivitamins, no late-partying, no alcohol and plenty of sleep! Everyone says I sleep too much but I love my naps, but you know what, I don't care! You need to sleep! It rejuvenates you."





Photo by sabrekingnews.co.za



# 40 Years of AIR SUPPLY

written by Kathlyn Ursula D'Souza

***"Here I am, the one that you love, askin' for another day  
Understand the one that you love, loves you in so many  
ways ..."***

If you find yourself finishing those lyrics and/or singing the rest of it, or if the music is already stuck in your head, that could only mean one thing: you're a fan and you think that Air Supply will never go out of fashion. Oldies but goodies, right? If that you've checked yes to both statements, then what you're about to read next will make your day (or year, should you choose to go for it).

Renowned Australian soft rock band, Air Supply, returns to Malaysia for the band's 40th Anniversary World Tour Final Leg. Organised by E-Plus Entertainment Productions (M) Sdn Bhd, fans can listen and sing along as the legendary duo belt out all their popular hits as well as their latest single in five years, 'I Adore You'.

"Air Supply is a household name that has painted joyous and unforgettable memories over generations of listeners. Their inspiration to the growth and development of the music industry is undeniable, making the legendary duo one of the most respected bands in the world. E-Plus and fans alike are extremely excited that they have decided to perform the final leg of this World Tour in Malaysia," said Andrew Ching, founder of E-Plus.

The concert will be held at One World Hotel, Bandar Utama on Saturday, 5 December 2015 at 8.00 pm.

British-born singer-songwriter and guitarist Graham Russell and lead vocalist Russell Hitchcock, conquered the world with eight Top Ten hit songs in the United States during the early 1980s including *Lost in Love*, *All Out of Love* and *The One That You Love*. In 2013, the band was inducted into the Hall of Fame of the Australian Recording Industry Association (ARIA) for their music and contribution to the industry.

"We're just trying to enjoy the show by giving our fans the songs they have identified us with through the years... actually, we're more than excited," said 66-year-old Russell Charles Hitchcock.

"All our audience had been great. They have the full mastery of almost all our songs," added Graham Russell, 62.

Asked what it was that they loved best about performing, they replied, "It's connecting with the people who come to see us. They expect a certain thing. They want to hear some music that means a lot to them. It's an evening with the audience coming together and

creating something really lovely, having a great night that people don't forget, and that's what it's all about."

Russell and Hitchcock met on May 12, 1975. It was the first day of rehearsals for *"Jesus Christ Superstar"* in Sydney, Australia. They instantly clicked and became good friends, due to their common love for The Beatles and singing.

Right after the show's performances at 10.30, they would play at pizza parlours, coffee bars and night clubs with just one guitar and two voices. Although they gained quite a reputation for their divine harmonies and original songs that Russell was constantly writing, every single record company in Sydney turned down their demo cassette. All but one, of course, and that was CBS Records.

One afternoon had them making a single, and it immediately shot to number one on the national charts. They opened for Rod Stewart the same year in Australia, and throughout US and Canada. Although they had plenty of fans, they did not break the US market.

They started over in Australia, where they made a record called *Life Support*. This record was a real treasure, and it included *"Lost in Love"* which went to Top 10 in Australia and somehow found its way to music industry executive Clive Davis in New York.

Davis immediately signed Air Supply to Arista Records and in 1980, *"Lost in Love"* became the fastest selling single in the world, leaping to the top of all the charts. Now Air Supply was on their way. The second single was *"All Out of Love,"* and that went up the charts even quicker.

Seven top-five singles later, Air Supply at that time had equalled The Beatles' run of consecutive top five singles. The albums *Lost in Love*, *The One That You Love*, *Now & Forever*, and *The Greatest Hits* sold in excess of 20 million copies. *"Lost in Love"* was named Song of the Year in 1980, and, with the other singles, sold more than 10 million copies.

*"Lost in Love"*, *"All Out of Love"*, *"The One That You Love"*, *"Sweet Dreams"*, and *"Making Love Out Of Nothing At All"* have each achieved multi-million plays on the radio.

Tickets priced at RM590, RM450, RM350 and RM170 are on sale via [www.airasiaredtix.com](http://www.airasiaredtix.com). Early bird ticket buyers will receive a 20% discount. Terms and conditions applied.

# I'VE STOPPED SMOKING, I VAPE NOW

BY KATHLYN URSULA D'SOUZA

**Vape:** An electronic cigarette (e-cig or e-cigarette) is a battery-operated smoking apparatus, sometimes called a vaporizer, designed to be an alternative to traditional cigarettes.

These days you walk down the street and there's smoke everywhere but it doesn't quite smell like tobacco. The smoke's got some flavour, and it seems that almost everyone has it. Nicotine sticks in a box are a rare sight these days, replaced with an electronic one constantly in people's tight fists. While people do say that vaping is safer than smoking, some are quite undecided about accepting that stand. This month, in conjunction with Lung Cancer Awareness Month, we look at the pros and cons of vaping.

## The good

- E-cigarettes produce far fewer carcinogens than traditional cigarettes. Traditional cigarettes contain between 4,000 and 7,000 harmful chemicals, many of which are produced by the tobacco and smoke. Since e-cigarettes use vapour technology, they expose users to fewer carcinogens.
- Some studies show e-cigarettes can be effective in smoking cessation. In multiple studies and surveys, e-cigarettes have been shown to potentially help smokers to reduce their habit or to quit altogether. One New Zealand study showed e-cigarettes to be as effective as nicotine patches.
- The second-hand effects are far less harmful than that of traditional cigarettes. Though second-hand vapour exists, the levels of smoke and second-hand effects of "vaping" are magnitudes lower than traditional smoking.

They are more socially acceptable and do not smell. E-cigarettes provide the same experience and sensation for smokers – particularly those with nicotine habits – but can be used in far more places. They do not leave a sticky, unpleasant odour and do not stain teeth or fingernails.

- They are a cheaper alternative to smoking. While this has not been extensively researched, studies in the UK and the US show that the vaping habit can be up to 40 percent less expensive than cigarette smoking.

## The bad

- Nicotine is still an addictive drug. While not all e-cigarettes contain nicotine, most do. Nicotine impacts the neurotransmitters in the brain, causing addictive cravings and behaviour.
- Electronic cigarettes still emit carcinogens. E-cigarettes use liquid nicotine, a highly dangerous substance even in small doses (far more dangerous than tobacco leaves). Some testing suggests that some vaporizers release toxic metals during use.
- The industry is relatively unregulated. These products are not subject to FDA approval and, according to some experts, they have not been studied thoroughly enough to understand potential risks.
- There are potentially dangerous advertisements to young people. Studies have shown that e-cigarette ads reach more than 50 percent of 12 to 17-year-olds, and they are promoting the addictive habit to young people.
- The act of smoking is habit-forming. Almost all experts agree that the physical activities associated with smoking are habit-forming, without the help of tobacco or nicotine. This makes arguments about e-cigarettes helping smokers quit seem flawed, and also could promote a negative habit among previous non-smokers.









# ALZHEIMER'S AWARENESS MONTH

BY NADHIRAH BADARDIN

## Giving "The Long Goodbye" further understanding

**W**ith over 18 million people worldwide were living with Alzheimer's disease in 2014, and the number is expected to triple or even quadruple by 2050. Thus, it's more important than ever to be informed on the science, prevention and treatment of dementia, and promote greater understanding of the disease and its symptoms so that it can be detected and treated early.

Alzheimer's Awareness Month, which occurs every November, was established to honour the millions of people globally living with Alzheimer's, through awareness, education and advocacy for a cure.

The aim of World Alzheimer's Month is to help establish and strengthen awareness of Alzheimer's and all other causes of dementia.

Alzheimer's disease is the most common form of dementia. It is not a part of normal ageing, but a disease involving the progressive loss of brain nerve cells. Since these nerve cells are essential for normal thought, memory and other brain functions, people with Alzheimer's Disease suffer a decline of mental functions which eventually interferes with the patient's normal daily activities.

Over time, Alzheimer's disease patients lose their ability to perform even the most basic activities of daily living like brushing teeth, putting on clothes, bathing and more. In the end, the ability to walk and talk may be lost as well.

Known as the disease of "The Long Goodbye", the illness often stretches over 10 and even 20 years. Despite intensive research in recent years, the disease is still not yet fully understood, and there is still no known cure.

World Alzheimer's Month also provides an opportunity for Alzheimer associations around the world to gain acknowledgement and authority for the work they do, placing themselves in a stronger position to influence people, leaders and governments.

There are many symptoms that may demonstrate the early stages of dementia. The most common early signs of dementia are when an individual forgets recently learned information, having problem with words, disorientation of time and place as well as difficulty in performing familiar tasks.

A thorough evaluation should be obtained when a person first complains of memory loss, confusion or a decline in ability to perform everyday tasks. Early diagnosis is important because it allows early treatment of reversible dementia and can help to alleviate unnecessary suffering for the affected and family members.

Early planning, started when the symptoms of dementia are mild, also can be more effective and may even help limit the financial and psychological burden on the patient and caregivers by preparing them to deal with the disease.

Family members or the person with dementia may resist the clinical evaluation for a variety of reasons. It may be viewed as too demanding for the impaired person or too confusing for the family - there may be fear of knowing the worst, or there may be a belief that the diagnosis is useless because dementia has no cure. Family members will need to help ensure that a thorough evaluation is undertaken when symptoms become apparent. Knowing what to expect along with understanding the benefits of undergoing an evaluation may help to overcome these problems.

Each year, more and more countries are participating in World Alzheimer's Month events and in many areas, dementia awareness is growing.

This year, show your support for Alzheimer's Awareness Month by engaging family and friends in conversations about dementia and Alzheimer, being understanding to those suffering from Alzheimer's around you and being aware of what you can do to help alleviate the stress and suffering of those with Alzheimer's. Alternatively, you can always sport a purple ribbon throughout the month to show your support for the great cause.

Remember, Alzheimer's is not a part of ageing. However, it is a very a special disease that always has room for further understanding from the general public.



# THE MOVEMBER MOVEMENT

BY NADHIRAH BADARDIN

## It's moustache season

**W**ith the beckoning of November comes the Movember or fondly recognised as the "No Shave November". At KL Lifestyle, we are all advocates of raising awareness on health and Movember has got to be one of our favourite movements. Not only do we see more men sporting moustaches, we also know that the moustaches are for raising awareness throughout society.

The goal of Movember is to change the face of men's health. Movember is an annual, month-long event that involves the growing of moustaches during the month of November to raise awareness of men's health issues, such as depression in men, prostate cancer and other male-related cancers, as well as the associated charities. The Foundation runs awareness and fundraising activities year-round, with the annual Movember campaign in November being globally recognised for its fun and innovative approach to raising money and getting men to take action for their health.

The year 1999 marks the beginning of Movember. A group of young men in Adelaide, South Australia was out drinking at a pub one night and coined the term "Movember". The idea of growing moustaches for charity was then born.

The group started off with only 80 men from Adelaide and soon it became a worldwide phenomenon with countries like the

United Kingdom, United States and even countries in South-East Asia and Europe participating. Hence, it became the Movember Foundation with millions of Mo Bros (moustache brothers) joining the fun.

Since 2003, millions have joined the men's health movement worldwide, raising more than RM2.8 billion and funding over 1,000 programmes through impact investments focusing on prostate cancer, testicular cancer, poor mental health and physical inactivity.

These funds have since delivered breakthrough research and support services to allow men to live longer, healthier lives.

As the Foundation's vision is to have an everlasting impact on the state of men's health, this year's Movember movement is not only to encourage men to grow moustaches, but also to encourage everyone to move more in accordance with raising awareness of physical inactivity.

This Movember, we challenge men to grow a moustache or to make a commitment to get active and MOVE, both of which are about real action for health and are done to spark conversation and raise vital funds and awareness. For more information on the revolutionary Movember foundation, visit [www.movember.com](http://www.movember.com) to see how you can participate in this annual monthly event.



# PREVIEW

MAKAN-MAKAN

Gee & Geek



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# Kathlyn Ursula D'Souza chats with SARIMAH IBRAHIM

We all know her – she's bubbly, elegant and amicable. Most certainly beautiful, yes. We all can't help but like her. She has a constant presence in Malaysia, if it wasn't on TV, it was that melodic and accented voice over the radio. The recently-hitched, multi-faceted wonderwoman is busy these days but fortunately, we managed to snag a little bit of her time to have her talk about what she's up to these days, her ideas on how to keep fit and look good, as well as what kind of food does it for her.

## What about Sarimah Ibrahim do we need to know?

I'm Irish-Malay with some Italian and Chinese blood in there too, wife to Tunku Jamie, and sister of three younger brothers. I was born in Ireland and later moved to Malaysia. I have lived all over the world including the UAE and attended Wesley College, Dublin. I have a black belt in karate, trained as a Pilates instructor and studied Psychology as a major throughout my working career. Been entertaining audiences for about 20 years now!

## How did you get into hosting, singing, acting and radio DJing?

When I was 18, I was scouted to do modelling and then was discovered as an actress. I had acted in several Malay films and TV series. I started hosting the Disney Channel and then on to hosting shows regionally like Biggest Loser Asia and also Malaysia's biggest reality show - AF on Astro, won an AIM in 2002 for my debut album and then ventured into more hosting of shows and into announcing on Red FM and then MIX FM for two lovely years. I am now hosting Bella on ntv7 twice a week and recording another Malay Pop single!

## What's your diet like?

I eat low carb but a lot of whole grains. Mostly salads with proteins and olive oil. I like to have a light breakfast with a slice of cheese and coffee, lots of water, vitamin supplements and some fruits, perhaps. And for lunch, a huge salad with garlic oil dressing and a protein like tuna or salmon. Dinner varies - depending on how much exercise I did during the day and how much work, too. If I'm exhausted, I indulge in pasta or rice. If I'm not too worn out, it's grilled or pan-fried honey chicken thigh with coleslaw. Sometimes, if I've been really hardworking at the gym, it's Alexis chicken rice! [giggle] Dessert is one or two pieces of chocolate and a hot Milo before bed.

## What are your guilty pleasures, then?

Carbonara and risotto are my gym-till-faint dishes. Also Victoria sponge cakes - they kill me. And Lindt chocolates. I love truffles and I absolutely love Nutella pancakes! I ate so many when I was in Thailand! Nasi lemak can be fab. I do love a great fish dish with potato gratin or a beautiful fresh French soup.

## Name us 3 Malaysian food that you absolutely cannot live without.

Nasi Ayam, cokodak pisang, satay.

## Share with us a few of your favourite dining places, or even coffee haunts. What are your favourite dishes there?

I love Marmalade for lunch and coffee meet-ups. BSC has so many options too and the Japanese restaurant Kuriya upstairs is fab. I almost always eat Japanese when out for dinner. I've been in love with Japanese food and culture ever since I visited the country years ago. A staple would be sashimi and soba noodles with cod. As for coffee, it's anywhere but the chains really.

## Do you cook? Any signature Sarimah Ibrahim dishes?

I like to occasionally try cooking Italian. Pasta and salad. I love meat dishes and also pesto chicken using fresh basil. I love teriyaki chicken too. Anything simple and healthy as I can make it. Sometimes lean beef burgers cooked in garlic and olive oil served with wholegrain bread and beans and salad with a poached egg and cheese can be a yummy healthy dinner.

## What are your tips for eating healthy?

More olive oil, pan-fry not deep-fry. Low-sugar sauces. Use more herbs and less salt. More garlic as antioxidant. Don't cut nutrients out of vegetables too much with sharp knives. Pull off vegetables from stems. Drink more water and don't confuse thirst with hunger. Eat until you are 80 percent full. Eat slow and savour each morsel. Let it digest before deciding if you want more food.

## How do you keep yourself healthy and looking/feeling good?

I do cardio 5 times a week, weights 2 x a week, Pilates with machines once a week and I drink a lot of water. I don't smoke and I don't go out anymore except to non-smoking places if I can avoid it. I remove makeup every night and I go to the sauna once a week to try detox. I love cycling too and I try to make sure all aspects of me are in shape - emotionally, mentally and spiritually.

## What do you look forward to, in terms of career and personal life?

Well, this year I am a newly wed still and I hope we always keep going as we are - happy and always trying new things. I am enjoying hosting Bella on ntv7 twice a week as that show allows me to connect with my viewers well. I look forward to releasing more music I'm creating soon. And as ambassador for WCC (Women's Centre for Change) I am assisting to create greater awareness on rape and domestic abuse

happening in Malaysia through campaigns and events that I attend with them. Recently, I was auctioneer for this cause in Penang, raising money for the survivors. Makes you think about how lucky most of us are to not be terrified of our own family member. I also had survivors on Bella and will be releasing a DVD with WCC on how we can better assist rape and abuse survivors in court, which is daunting for these people stepping into that arena.

## Lastly, what fuels and inspires you?

My husband and our marriage keep my heart smiling happily and going forward and bettering myself daily. God keeps me strong and grounded and close friends keep me balanced and content. I am inspired by everyone I meet and observe; every human that crosses our paths is a mirror to us for us to learn something. I keep my eyes and heart open as much as I can to keep learning.



Hainan Chicken Rice



Chicken Satay





From the same people who brought you  
Smoking Hog and Crab Factory, here's

# BROLLY

BY KATHLYN URSULA D'SOUZA

**B**rolly sticks out like a sore thumb against the quiet backdrop of Menara Felda, Platinum Park in Persiaran KLCC. There are lots of greys around this area, grey buildings, grey tiling and the day we visited this place was also a grey one due to the rain but nothing could have stopped us from spotting the bright red bus positioned at the corner of the building with a bright signage. This joint is bursting with colours and flavours (as there are nine concepts and kitchens gathered in one charmingly haphazard space). Here you'll see American, Japanese and Shanghainese influences. The décor is inventive as you'll see makeshift sinks made out of tyres, petrol pumps as taps, and sideview mirrors, spanners, tools and rims that protrude from walls. It is absolute insanity, but we love it.

Since we mentioned that there are nine kitchens in Brolly, we got to try nine dishes as well (excluding dessert):

## Short Ribs Soup & Mushroom Soup

Who doesn't love a good, warm bowl of mushroom soup every now and then? It had the perfect mix of creamy and sweet. Not too blocky, not too mushy and the texture was just nice. Also, the Short Ribs Soup is the Australian take on our very own sup tulang, and you'll find that you will love this fresh version.

## Onion Flower

This is a highly decorative dish and we hated to break it down and start picking at the fried bits before dipping them in sauce. This dish is a complete paradox, because as far as the intricacy of the design goes, you could hardly believe that it's just plain fried onion.

## Tiger prawns, quails eggs and seafood tofu skewers

For these grilled selections on skewers, you can get to choose up to three. The seafood tofu is undeniably lovely – smooth with a hint of herbs and spices we suspect are from the Szechuan influences.

## Grilled watermelon and pineapple salad

Don't worry, there are some delicacies here that ought to pass your diet regime, like this one, for example. The freshest of fresh vegetables are placed in a bowl and accompanied by grilled watermelon and pineapple slices that entice the palate and satisfy the stomach. No guilt needed.

## Spring Chicken

Now, if you're looking for something smoky, peppery and chargrilled as part of your protein requirements then this is the one. A wonderfully marinated whole spring chicken comes with mashed potato and a pool of sauce and garden salad to fill that hungry stomach. Naturally, it is a dish meant to be shared but we wouldn't blame you if you finish it whole.

## Beef sirloin single

We like our steaks rare and apparently Brolly does, too. Juices flood the mouth as you chew down on that blissful steak. We could not find a fault in this dish.

## Smoked salmon pizza

The difference in texture is enough to keep the tongue at attention – from the soft, velvety slices of salmon against the thin, crusty, crumbly layer that held it together, this one is definitely a hit for us.

## Tori Garlic Mayo with signature rice

If you're craving for some Oriental flavours, fret not. Pieces of chicken are served swimming in a pool of creamy sauce, and the signature rice is wrapped neatly around golden omelette and supplemented by yuzu-tinged cabbage. This one is definitely a must-try.

## Grilled Montel Banana Parcel

Ripe bananas grilled and wrapped in aluminium foil, as it soaks the sweet syrupy sauce and melts the cool cream that tops it. There is no way that you cannot wipe this dessert clean.

## Chunky Peanut Butter Granola

If you're a lover of peanut butter like we are, you'll be overjoyed to find that a jar is stuffed with large chunks of it, and vanilla ice cream is slapped on top along with a little bit of blueberry sauce. It's heaven in a jar and will totally sweep you off your feet.





Tori Garlic Mayo with signature rice



DINING IDEAS

Short Ribs Soup



Tiger prawns, quails eggs, seafood tofu skewers and Onion Flower



Beef sirloin single



Smoked salmon pizza



Grilled watermelon and pineapple salad



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# CEDAR ON 15

Kuala Lumpur's finest kept secret in the skies

BY NADHIRAH BADARDIN

Cedar on 15 is probably one of Kuala Lumpur's best-kept secrets for a fine dining experience with a great view of the city. Located strategically on the 15th floor of Impiana Hotel, the restaurant promises an enticing experience for your taste buds and soul – the perfect date impresser.

Upon entering Cedar on 15, patrons would instantly feel the fresh and chic contemporary vibe that exudes from the restaurant and bar. Being one of the few rooftop restaurants in Kuala Lumpur, the modern and elegant outlet with a panoramic view of the city's skyline promises an unforgettable and exclusive dining experience. This eclectically designed restaurant also has a spacious show kitchen, a private dining room, a U-shaped bar and a spacious dining area to cater to the needs of diners.

We were invited to sample the restaurant's menu that features an enthralling concept of pairing dishes with premium oils and vinegars from Vom Fass. For starters, we were served an assorted array of bread that consisted of focaccia, charcoal and logan rolls to nibble on before our meal. The bread rolls came with a serving of walnut oil and olive oil with balsamic pomegranate vinaigrette to dip with.

The Cedar Salad, featuring a plate of baby spinach with shaved Parmesan and toasted pine nuts tossed with mustard walnut vinaigrette was a great way to start our meal. Served with a vial of premium pomegranate balsamic vinegar from Vom Fass said to give the dish a natural twist, the salad was refreshing and decadent with Parmesan and the flavour of the dish was instantly enhanced by a few drops of the tangy vinegar.



Pumpkin Crusted Black Cod



Wagyu beef on Himalayan Rock Salt





Assorted Bread Rolls

The Cream of Topin Ambour (Jerusalem artichoke soup) is a signature dish here at Cedar on 15. Rich and creamy, the soup was soothing and went well with the light and chewy bocconcini cheese and truffle oil. Just a few tiny drops of the truffle oil were enough to heighten the aroma of the artichoke and cheese with an earthy and mushroom-like twist.

For our main course, we ordered the Pumpkin Seed Crusted Black Cod and the Marble 7 Wagyu Beef on Himalayan Rock Salt. The Wagyu beef was cooked in the purest and natural form, which was on the slab of pink Himalayan Rock Salt to ensure freshness. It is recommended that the Wagyu beef be placed on the rock salt for five minutes maximum as the meat will absorb the salt if left longer on the slab. Served with cherry tomatoes and a side of black peppercorn gravy, we loved how buttery the meat was when we pierced through it with a fork. The flavour of the meat was delightful even without pairing it with the gravy – this connoted the freshness and quality of the Wagyu beef.



Cream of topinambour

The Pumpkin Seed Crusted Black Cod was well prepared too. The cod was cooked just right – the centre was firm and juicy and retained the flavour of the fish. The cod was pan-fried and served with mushroom tomato chutney, fennel mousse and sugar pea snaps. To enhance the natural flavours of the cod and vegetables, a few drop of nutty organic hazelnut oil is highly recommended.

For dessert, we were served the decadent Chocolate Molten Cake with fresh raspberry and homemade marzipan ice cream. This was an absolute treat for chocolate lovers on the table round. The strawberry lime liqueur that came with for the finishing touch gave the rich chocolate and creamy taste a refreshingly zesty tang.

All in all, we absolutely enjoyed our visit to Cedar on 15. Considering the food, quality and portions, Cedar on 15 is definitely the place to get the best bang for your buck in an exclusive setting. If you're planning to impress someone with a spectacular meal with a spectacular view of the Kuala Lumpur skyline, it's time you pay Cedar on 15 a visit.

Impiana KLCC Hotel, 13, Jalan Pinang,  
50450 Kuala Lumpur  
+ 60 3-2147 1111







If it is comfort food that you seek, head to

# GEE & GEEK

BY KATHLYN URSULA D'SOUZA

*Jalan SS 2/4a, SS 2, 47300 Petaling Jaya, Selangor*

**N**ow this is truly a retreat tucked away in a quiet alley near SS2's Taman Bahagia LRT station. Driving down the pathway down the SS2 Yong Tau Foo would be simply an ordinary feat, that is until you see a dainty, sparkling café located on your right. Gee & Geek seems out of place around this area, and that is part of the charm. If you're looking for a place to just unwind while not being at a relatively busy area, then this is the place.

Drinks here are named after superheroes. And Gee & Geek can make a mean brownie, and I do still think of it until this day.

Gee & Geek was established by a group of childhood friends who studied at SMK Taman SEA and how fitting that they decided their new restaurant would be located just nearby. After having pursued their studies, they took the plunge to follow their passion.

The café's atmosphere is clean and contemporary, with upbeat music playing in the background, simple brick walls and minimal yet effective décor.

I got to sample a couple of their lovely dishes, and one such dish was the Creamy Bacon Pasta, which I was told had sold more than 5,000 plates in a mere eight-month period since their grand launch

earlier this year. Tossed with homemade creamy white sauce, homemade smoked bacon, grated parmesan cheese and topped with a poached egg, the pasta is effervescent, addictive and highly memorable. With just the right amount of taste, the dish is miles away from most pasta dishes offered at other cafes by not being sickeningly sweet or overly creamy. It rubs the tummy just right way.

Next up was Geek's Signature Pork Burger – handmade juicy pork patty accompanied with sunny side up and homemade cheese sauce. I was pleasantly surprised when I was told that the dish had no added nonsense, no preservatives, no Ajinomoto – as the patty was chockfull of enchanting flavour and aroma. Here at Gee & Geek, they understand that the new generation prefer healthy food, so despite how sinful this dish looks, it truly is the healthier choice.

You also might have noticed that I have mentioned the word 'homemade' quite a couple of times, a recurring theme here at this joint as they pride themselves in having everything done on their own. The bun, the pulling, marinating and smoking of the pork (bacon is normally bound for 72 hours) are all house-made.

They take a whimsical turn with the next dish, the Geek's Pork Bun, which is an Asian fare of fried mantou buns with pork belly and tangy som tam (Thai young

mango and papaya salad). Bite into the fluffy buns to experience the soft juiciness of the pork wedged in between and wash it down with the sweet and sour Thai salad, and you'll find yourself in mantou heaven. A delicious combo, indeed.

The brownies here are capable of causing a war between family and friends. A war because you'd want to have it all to yourself, as was my case. Topped with vanilla ice cream, which drips seductively down the edges of the brownie, you'll be bursting with endorphins within seconds.

Most customers here are returning ones, and it's one thing that the people here at Gee & Geek value a lot. They've got loyalty cards to appreciate people who return, most of which are families. There is no heavy traffic around this area, but people do keep coming.

Nevertheless, I could totally understand why they keep returning like bees to honey. If you could spare the chance and time to pop by Gee & Geek, you'll find yourself returning in no time.

My message to Gee & Geek is: keep on doing what you do, because whatever it is, it is working.

P/S Expect me to return every few weeks, or days.

# B.G.T. Lakeview Restaurant & Bar

Alfresco dining with a stunning view

BY NADHIRAH BADARDIN

**L**ocated on the lakefront of the Kelana Jaya Lake in Plaza Kelana Jaya is B.G.T. Lakeview Restaurant & Bar. This establishment which opened its doors to the general public about a year ago, serves stupendous meals at affordable prices with a stunning view.

B.G.T., which stands for “Born for Great Taste” have been offering sumptuous Italian and fusion dishes with an offbeat culinary style. Tucked away in the sleepy part of bustling Kelana Jaya, this restaurant has a very alfresco dining feel, as it is mostly open air. The setting of the restaurant is perfect

for couples looking to have a romantic dinner with an amazing view during sunset.

Upon our arrival at B.G.T. Lakeview Restaurant & Bar, professionally trained servers who directed us to our table warmly greeted us.

The kind folks of B.G.T. Lakeview Restaurant & Bar told us that an all-you-can-eat pasta deal is available here at the restaurant for those seeking a great value-for-money pasta on a budget. However, during our visit to

the restaurant, the chef had prepared a special meal for us.

For starters, we were given a serving of toasted bread with olive oil and balsamic vinegar for dipping. As with most Italian restaurants, the breadbasket is an important part of the meal as patrons will be able to nibble on them before they start rolling out the hot dishes. B.G.T. took a turn from the usual focaccia bread for dipping and used raisin bread that actually paired well with the zesty tang of the balsamic vinegar.



The Gamberetto Con Lemone came next. As an appetizer, we love how this dish was a combination of hot and cool flavours of sautéed de-shelled prawns and cold salad. The lemon and garlic also added a refreshing tang to the otherwise simple dish.

Amori Di Mare is a slow-broiled spicy garlic and tomato soup with a treasure trove of seafood in it. We absolutely loved how the flavours of the soup and bounty of fresh prawns, mussels, calamari and clams worked well together. The soup came served with two pieces of fresh house-made garlic bread that was perfect for soaking up the flavoursome liquid.



Amori Di Mare

The Paella Italiano is a notable favourite here at B.G.T. Lakeview Restaurant & Bar. Unlike the risotto, this dish is an Italian take on the Spanish Paella. The dish featured an amazing potpourri of fresh seafood, namely tiger prawns, squid, clams and slices of chicken breast for the added protein kick. The Paella Italiano was packed with Italian flavours such as peppers and a green pea olio flavour.



Tex-Mex Wood Oven Pizza

The piece de resistance has got to be the wood oven pizza. With the dough and pizza sauce freshly made everyday at the outlet and the pizza being sent straight into the wood oven, patrons are in for a treat of smoky, delightful pizza. We were served the Tex-Mex pizza – a medley of Beef Bolognese, onion, green peppers, black olives, in a special smoky tomato sauce and topped with decadent Mozzarella cheese

With a wide array of dishes served at B.G.T. Lakeview Restaurant & Bar, the restaurant is rapidly becoming the go-to place for budget eating among office workers and residents in the area. Thanks to the stunning view and location, the restaurant is also open for parties, weddings and large gatherings with a customisable menu. If you're looking to have a meal in an alfresco and romantic setting on a budget, you should definitely give B.G.T. Lakeview Restaurant & Bar a go.



Paella Italiano

C-06, Plaza Kelana Jaya, SS 7/13A,  
47301 Petaling Jaya, Selangor  
+60 3-7877 3636

# COLOURED RICE

Being in Malaysia, one would notice the abundance of coloured rice dishes in town. These rice dishes such as Nasi Kerabu, Nasi Dagang and more have always been part and parcel of the local food scene, be it for breakfast, lunch or dinner. If you're intrigued and would like to try some of these dishes, here's where you can get the top 5 rice dishes in town:

BY NADHIRAH BADARDIN



## NASI DAGANG

Literally translated as "trader's rice", Nasi Dagang is a popular East Coast dish, often eaten for breakfast. The mixture of glutinous rice and rice is steamed with coconut milk, chopped shallots, ginger shreds, lemongrass and fenugreek seeds and usually has a slightly reddish tint. Traditionally, nasi dagang is eaten with gulai ikan tongkol, a flavourful curry enriched with coconut milk and sweetened with palm sugar. Our favourite place to get our Nasi Dagang fix is an unassuming food stall called Warung Kak Zai. Just off the DUKE highway, this small shack located across Restoran Ameen Bistro is well worth the drive for their delicious Terengganu-style nasi dagang. The rice here is done just right, not too oily or too moist, and the tuna fish is cooked to a slightly softer texture in an incredibly appetising gravy.

*Warung Kak Zai  
No. 1, Jalan AU3/1, Taman Keramat, Kuala Lumpur*



## NASI KERABU

The Nasi Kerabu has a distinctive blue colour from being cooked with butterfly pea flower or bunga telang. In Kelantan, they also serve a yellow rice version where turmeric is used to colour the rice. The Nasi Kerabu is served with a riot of different thinly sliced herbs and vegetables and a side meat dish of choice. You also have salted egg, toasted grated coconut, fish floss, fish crackers and a dash of fermented fish sauce or budu, an essential Kelantan condiment that elevates the taste of this dish. Get this dish at Warung Kelate Masakan Pantai Timur in Klang for a mean serving of Nasi Kerabu. Look for this shack that serves delicious Kelantan food in the morning by spotting the long queue of patrons.

*Warung Kelate Masakan Pantai Timur  
90-112, Jalan Pandamaran Jaya 15, Klang*



## PULUT KUNING

Pulut kuning is a simple dish made of sticky rice, fresh turmeric and coconut milk. However simple it may seem, the technique used to create this dish is a little complex and only a few places manage to get it right. Kak Ana sells an authentic fare of Pulut Kuning in Taman Tun Dr. Ismail. Steamed to perfection, the bright yellow glutinous rice is wrapped in fragrant banana leaf. Customer's queue up since the break of dawn to get a taste of the Pulut Kuning here. Though the pulut is nice to have on its own, customers can opt to have it with rendang or even fried chicken.

**Warung Kak Ana**

*Morning - In front of Oriental Mini Market, Jalan Burhanuddin Helmi, TTDI, KL Evening - In front of Guardian (same row as CIMB), Jalan Burhanuddin Helmi. TTDI, KL.*



## KHAW NEAW MAMUANG

In most Thai dishes, the mango sticky rice is usually served as a plate of plain white sticky rice with caramelised coconut milk and cubed mangoes. Here at My Elephant, the glutinous rice is of black and white rice, yielding a two-tone splendour. After a hot and warmly comforting Thai meal, this mango with sticky rice dish is a perfect way to seal things sweetly.

**CG-4 Happy Mansion, Jalan 17/13, 46300 Petaling Jaya**

## BIRYANI RICE

Biryani rice is a strong contender in being the local favourite in contrast to the classic nasi lemak. Originally hailing from Northern India, the Biryani rice takes precedence in Malaysia's melting-pot community today. Our favourite place to get the best plate of saffron-hued Biryani rice would be Fierce Curry House. With an assortment of Hyderabad Biryani dishes such as Lobster, Scallop and Mutton Biryani, we were instantly hooked by the authentic flavour profiles here at Fierce Curry House.

**Fierce Curry House**

*16, Jalan Kemuja, Bangsar, Kuala Lumpur*



# Kelana Jaya

The suburb of Kelana Jaya is known for the myriad of great food it offers. From local to international dishes, residents or visitors to the area will be spoilt for choice.

Here are our top 5 picks of the best food in Kelana Jaya:

BY NADHIRAH BADARDIN



## Rojak Mamak

Mamak style rojak or fondly known as Pasembur is possibly one of the best afternoon snacks one could have. The mamak served here in the realms of SS24, Kelana Jaya has got to be one of our favourites. The rojak is a medley of the usual tofu, prawn fritters and such and the sauce is just right – not too sweet or too spicy. Besides the usual mee rojak, rojak and mee rebus, they also serve up a mean bowl of chendol here that's perfect for those hot afternoons.

*Rojak Mamak  
Jalan SS 24/1  
Kelana Jaya*

## Fend Ikan Bakar

If you are a fan of grilled fish, you would love what you find at Fend Ikan Bakar. It started off with an obscure food truck in the friendly SS5 neighborhood, serving up plates after plates of 7 types of fish chargrilled to perfection. Now with a full-fledged flagship restaurant in the area, Fend Ikan Bakar still remains as a top contender in serving one of the best-grilled fishes in town. Served with a plate of rice, tamarind sauce and an option of having ulam on the side, patrons enjoy the novelty of a simple dish done right here. Other options of chicken and cockles are also available.

*Restoran Fend Ikan Bakar  
24, Jalan SS5B/2, 47301 Petaling Jaya*





## Nasi Lemak Kukus

I'm pretty sure that you would agree with me when I say that the best Nasi Lemaks always come from a stall. Right outside the old Giant hypermart in Kelana Jaya is one of the best Nasi Lemak Kukus in the area. The rice is steamed to perfection and served warm with a serving of spicy sambal and the main attraction – spiced fried chicken. The fried chicken is marinated and deep-fried to a luscious deep brown colour with a nice crunch.

*Jalan SS 6/3, 47301  
Petaling Jaya, Selangor*



## Thai Food @ New Yew Sang

From afar, Restoran New Yew Sang looks like your typical neighborhood kopitiam. Who would've thought that they would dish out some really authentic Thai dishes? We tried one of the best tom yums around at New Yew Sang as well as Thai style steamed sea bass. The tom yum is ridiculously authentic - bursting with flavour and definitely spicy. No shortcuts, powder or paste was used in the creation of this dish, only fresh ingredients. Don't believe what you're reading? Dig up the bottom of the pot with a ladle and see a medley of lemongrass, kaffir lime leaves and more.

*18, Jalan SS 6/8,  
47301 Petaling Jaya*



## Lau Wan Char Kueh Teow at Restaurant Jaya

Here is where to get one of the most authentic halal Char Kueh Teow with plenty of "wok hei". Lau Wan Char Kueh Teow has been operating at Restaurant Jaya for over 20 years now. The kueh teow here is a lot wetter than the usual Penang-style kueh teow but the end product is a glorious plate of kueh teow with prawns, cockles and salted vegetables. Fans of char kueh teow would love the version served here. Times may have changed but the prices here still remain as affordable as they were when the stall first opened.

*Lau Wan Char Kueh Teow  
Restaurant Jaya, Jalan SS 5/1  
Kelana Jaya*

# NOT YOUR AVERAGE CAKES

Decadent chocolate cakes, creamy cheesecakes and comforting cakes in general – we've all had our fair share of great cakes around town. But what about the cake flavours unheard of until, well, now? We went around town to find KL/PJ's most unusual cake flavours for you to try. If you have a penchant for cakes in general, you're bound to love these.

BY NADHIRAH BADARDIN



## PANDAN GULA MELAKA CAKE

Here is a modern take on the classic local favourite, the onde-onde. The founder of What The Fudge has always loved the tiny morsel of pandan dough, especially for the surprise burst of melted Gula Melaka chunks. Hence, the Pandan Gula Melaka Cake was born. Comprising a light and flavoursome pandan chiffon cake, the Pandan Gula Melaka Cake is frosted with light coconut cream, drizzled with a decadent Gula Melaka caramel and sprinkled with toasted coconut flakes. We absolutely love how reminiscent and delicious this cake is!

Instagram : @whttthe\_fudge  
Facebook : [www.facebook.com/whttthe\\_fudge](http://www.facebook.com/whttthe_fudge)  
\*Currently taking orders. Deliveries with an added charge.

## MANGOSTEEN CAKE

We love mangosteens and when we heard of Swich's Mangosteen Cake, you bet we made the trip to try it out. This sponge cake is made with the local fruit, a hint of pomegranate, frosted with mangosteen cream, and topped with caramelised cashew nuts and more mangosteens – this is a truly fruity and exotic cake indeed. The mangosteen cream frosting has a distinctive flavour of the fruit and the sponge base is very light and airy, making it really enjoyable without feeling like you've had too much.

*Swich Cafe*  
Level G3, Publika Shopping Gallery,  
Solaris Dutamas No. 1,  
Jalan Dutamas Kuala Lumpur.



## BLUEBERRY BALSAMIC CHEESECAKE

Ever wondered how balsamic honey would taste with cheesecake? Here's your chance to find out. The people behind Rebellions in Kota Damansara are all about enticing tastebuds with unusual but ultimately amazing flavours. This creamy and smooth cheesecake is topped with blueberries and has a cashew nut and digestive biscuit base. The balsamic honey drizzled on top elevates the natural tartness of the cream cheese and blueberries in the most delectable way.

*Rebellions*  
1, 2, Jalan PJU 5/4, Pju 1,  
47810 Petaling Jaya Selangor.



## MARS BAR CHEESECAKE

We don't know about you but we're all huge fans of the Mars bar. Yes, yes, we know that the mars bar cheesecake isn't exactly something you'd call unique. But consider this – how often do you see a mars bar cheesecake around town? This cheesecake is a treasure trove of mars bars – hidden inside the cake and topped with it as well. Since the mars bar itself is a sinful chocolate candy, the cake is only semi sweet to complement the strong chocolate and caramel flavours. This to us is a major win.

*Souka Bake Shop*  
53, Jalan SS 15/5a, Ss 15, 47500  
Subang Jaya, Selangor



# PREVIEW

SHOPPING



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**KENNETH JAY LANE**  
Gold plated cuff  
Approximately RM530

Kenneth Jay Lane's gold-plated tin and silver cuff is an easy way to add a statement finish to day or evening looks. Slip this on to complete your look!



**FENDI**  
Embellished cat's eye acetate mirrored sunglasses  
Price upon inquiry

Fendi's acetate sunglasses have a retro feel with a touch of modern charm. The flattering cat's eye frames are outfitted with mirrored green lenses and trimmed with angular Art Deco-inspired metal hardware with arms dotted with crystals.



**MIU MIU**  
Double-breasted stretch wool-crepe mini dress  
Approximately RM8,080

Cut from structured stretch wool-crepe, this double-breasted midnight blue piece is finished with lightly padded shoulders and embossed gold buttons. Wear this military-inspired piece with flats either night or day.



**GUCCI**  
Soho small textured-leather shoulder bag  
Approximately RM 5,673

Gucci's textured-leather 'Soho' bag bears the label's iconic details, namely the interlocking logo and a gold chain strap. This miniature design has a compact canvas-lined interior complete with a handy patch pocket and a detachable tassel.



**TOD'S**  
Leather Loafers  
Price upon inquiry

From Tod's Fall '15 runway, these smart loafers have been crafted in Italy from smooth black leather with a contrasting grape sole. The whip-stitched trims are hand-finished to keep the metal front plaque in place. Wear them with high hemlines.



# CORPORATE COUTURE

*Looking the part is always a part of feeling the part. Here's how to pull off looking like a boss in the boardroom and a ladyboss on couture street:*



**NARCISO RODRIGUEZ**  
**Panelled crepe jumpsuit**  
 Approximately RM9,525.

Seen on the Fall '15 runway, Narciso Rodriguez's wide-leg jumpsuit is designed to give the illusion of a long and lean silhouette. The jumpsuit is crafted from smooth and textured crepe panels with a touch of wool with a cut that is flatteringly loose-fit. Wear it as a chic alternative to the office with a jacket or without it for happy hour.



**KENNETH JAY LANE**  
**Gold-plated faux pearl necklace**  
 Approximately RM531

Crafted from gold-plated tin and silver, this oversized piece is designed to sit on the collarbone and works with any neckline. We think this works well to add that touch of luxe to your corporate outfits.



**VALENTINO**  
**The Rockstud small leather trapeze bag**  
 Approximately RM7,716

The soft blush hue complements any colour palette, and the brand's signature gold studs decorate the agile leather exterior. Opt to carry yours by the detachable shoulder strap for a hands-free wear.



**ALEXANDER MCQUEEN**  
**Double-breasted stretch twill jacket**  
 Approximately RM8,400.

Alexander McQueen's double-breasted jacket is cut from blush stretch twill that's blended with a touch of wool. Modelled after classic equestrian styles, it's finished with a high neck and pleated back hem that creates a flattering peplum effect. Wear yours with a miniskirt of the coordinating colour or jumpsuit to the office.

**BALMAIN**  
**Lilea metallic leather-trimmed velvet pumps**  
 Approximately RM4,269



These 'Lilea' pumps are crafted from luscious black velvet. The pointed toe is wrapped in gleaming gold leather that complements the high-shine heel.



**DUNHILL**  
**Fitzrovia slim-fit flecked wool blazer**  
**Approximately RM8,444**

This Fitzrovia blazer is crafted from wool detailed with tonal brown, off white and black flecks, evoking the traditional effect of Donegal tweed. Lined at the shoulders and sleeves, this is a gentlemanly choice suited for both office wear and weekend brunch.



**JUNGHANS**  
**Meister Telemeter Chronoscope stainless steel and leather watch**  
**Approximately RM 8,784**

The Junghans Meister Telemeter watch was first released in the 1930s and remodelled in the 1960s, giving it a strong vintage appeal.

Junghans has retained many of the retro features of the design such as the typography on the dial but updated the technology in accordance with modern advances of horology.



**BURBERRY BRIT**  
**Slim-fit, chambray-trimmed cotton-pique shirt**  
**Approximately RM1,417**

The brand's rich heritage is interpreted in a sophisticated, casual way as evidenced by the cotton-piqué structure and blue chambray trims on this classic white shirt. A perfect staple for a smart-casual look. It's cut in a neat slim fit but doesn't feel restrictive.

**TOD'S**  
**Shearling-lined leather desert boots**  
**Approximately RM2,352**

These boots are made for walking and ultimately, comfort. Tod's has gone the extra mile with this handsome pair with flexible crepe rubber soles and smooth leather uppers lined with incredibly soft shearling.



**SAINT LAURENT**  
**Grey slim-fit wool and cashmere-blend suit trousers**  
**Approximately RM2,352**

Cut in a slim fit from a soft, luxurious blend of wool and cashmere, these trousers cast a modern shape. Complete the look with a jacket and leather brogues for the ultimate effect.



# AIRLINK

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*Now into his second year as Managing Director of Malaysia Airports Holdings Berhad, Datuk Badlisham Ghazali is fast gaining recognition in the global aviation world. A speaker at the World Routes Strategy Summit in Chicago in 2014 and the 22nd Global Airport Development conference this year, he is also Special Advisor to Airports Council International Asia-Pacific. He sits on the Boards of the international airports at Delhi, Hyderabad, Istanbul and Male.*

*This month, Datuk Badlisham shares some thoughts about the World Routes Strategy Summit and the World Routes Development Forum.*



## AIRPORT MD SPEAKS

"In September, the World Routes Development Forum 2015 took place in Durban, South Africa. Taking place alongside this event, the World Routes Strategy Summit brought together over 50 senior leaders from across the route development and aviation industries to participate in thought-provoking discussions that will set the commercial and political agenda for the aviation industry in the coming years. I was represented at both

events by Malaysia Airports Advisor Tan Sri Bashir Ahmad and Senior General Manager Planning Muhamad Khair Mirza.

"The World Routes Strategy Summit brought industry thought leaders under one roof to participate in a number of discussions covering topics affecting the industry today, such as air-service development, infrastructure, airline challenges and growth concerns, new





technologies and best practices. Tan Sri Bashir participated in Panel Session 3, which was about The Changing Business of Airports. The discussions covered topics such as How are airline relationships changing? Do airline-incentives help the air-service development process? What do airlines need to come to your airport? How do groups of airport compete differently? What is the one issue governments need to get educated about?

"I am proud to note that Malaysia Airports has been a pioneering entity in this industry event, hosting the first World Routes Strategy Summit in its present form, at the World Routes 2008 in Kuala Lumpur. We also hosted the first regional Routes events in history! This was our pioneering venture hosting Routes Asia in 2003, 2004 and 2005. We made Malaysia proud when we became the first venue in Asia to host a World Routes event in 2008, and we were also the first Routes Asia hosts in Borneo, last year in Kuching.

"We also pioneered both cultural dances and the serving of food at the booth, things that have now been emulated by airports from all over the world. The delicious satay we serve has become part of the unique Malaysian branding at this global event. The heart of our involvement at this event, however, is our main objective – to facilitate the number of airlines and flights operating from the airports we operate across Malaysia and other parts of the world. All activities we conduct at this event – the scheduled table-meetings, the booth-appointments, the attendance at networking functions, the participation at the Strategy Summit – all these are part and parcel of our commitment to building connectivity at our airports in tandem with our airline-partners. This will remain our primary focus in the months and years to come."







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**Advisor**  
Y.Bhg. Datuk Badlisham Ghazali

**Managing Editor**  
Mohamed Sallauddin Hj. Mat Sah

**Editorial & Concept**  
Andrew Ponnampalam  
[andrewponnampalam@yahoo.com](mailto:andrewponnampalam@yahoo.com)

**Advertising & Production**  
Mohd Faizal Md Haris  
[faizalmd@malaysiaairports.com.my](mailto:faizalmd@malaysiaairports.com.my)

**Design & Distribution**  
Mediate Communications Sdn. Bhd.

# **MALAYSIA AIRPORTS HOLDINGS**

**BERHAD** (487092-W)  
Marketing Division, Suite 13.5,  
Level 13, Menara IMC, Letter Box 41,  
No. 8, Jalan Sultan Ismail,  
50250 Kuala Lumpur, Malaysia  
Tel : 603-2070 8606  
Fax : 603-2070 3387  
Email : [marketing@malaysiaairports.com.my](mailto:marketing@malaysiaairports.com.my)

## *“Meeting in Africa, reaching the World”*

Malaysia Airports reached airlines at World Routes 2015 in Durban.



“Africa is not one country, it is 54 different countries. Africa is the fastest-growing continent in terms of population. Six African countries are among the top ten fastest growing economies of the world.” These words by the President of Ghana, John Dramani Mahama, in August this year, seemed to resonate among the delegates of The World Route Development Forum who had gathered in Durban, South Africa in September.

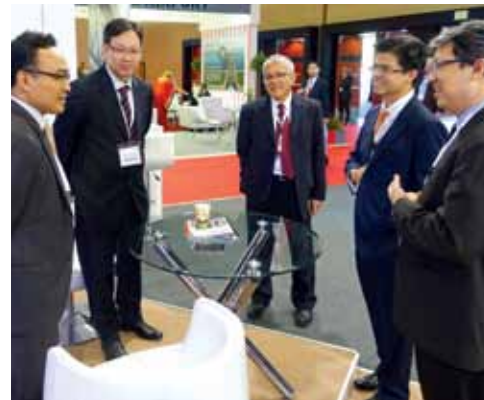
Once every year, the entire world commercial-aviation community gathers together at an event called World Routes. This year, 2015, marked the historic first

time that the largest annual international event in commercial aviation was held on the Great Continent of Africa, and it was an eye-opener for all attendees, including the large team from Malaysia Airports, led by Advisor Tan Sri Bashir Ahmad and Senior General Manager Planning Khair Mirza.

Although Khair Mirza is familiar to airline events such as Routes Asia and BAR gatherings, this was the first time he was at a World Routes event. “Although I have spent nearly four years with Malaysia Airports, now was finally the right time to set in motion a wider discourse with our most likely airline partners into the next decade. It was also







timely in that we had just set forth the specific principles underpinning our airline partner strategies up to 2020 with one eye on the immense connectivity of over a thousand destinations that the oneworld airline alliance brings to Malaysia, compared to the less than 100 that singular airline groups can boast of."

"Developed specifically to encourage airports and airlines to meet directly to discuss new routes, services and products, as well as global growth-potential and challenges facing the global aviation industry, World Routes saw leaders from airport groups, regional airports, airlines, aviation industry suppliers, consultants and tourism boards gather to participate in meetings, attend networking events, speak to global aviation experts at the Strategy Summit and explore the potential of the host as an airport hub and destination.

"I had three main objectives at World Routes. There was an opportunity to put a face to the other airlines, especially of the oneworld alliance, that last year connected millions of passengers to Kuala Lumpur from over a thousand destinations. And plant the flag on the future extent of collaboration that Malaysia Airports aspires to have with such far-reaching partnerships. Next, we put our Istanbul Sabiha Gokcen International Airport in front of familiar airlines to Malaysia Airports, to build further on the already over 90 international destinations at the airport.

Thirdly, it was vital to deepen our understanding of our other airports, to test and stretch new ideas and re-visit existing paradigms, collaboratively. We also shared notes on what the most common

requests by airlines were, as we endeavoured to keep abreast of the fast-paced demands levied by passengers and as reflected in airline requests."

What struck him most, however, was the joint-teams' efforts. "Rome wasn't built in a day, but I must admit a new-found respect for my colleagues and partners in the way hardened veterans were taking on new ways and new ideas and flexing them to both new and old airline faces."

Working with industry partners like Tourism Malaysia and KL Airports Services, the Malaysia Airports team scheduled table-meetings, held booth-appointments, attended networking functions and even hosted a much sought-after satay-lunch for the Routes fraternity as part of its marketing and development strategy.

Also present were Commercial Aviation Head Aytun Demirel and Key Account Manager Sevin Ibrikci, colleagues from

Istanbul Sabiha Gokcen airport; one of the international airports managed by Malaysia Airports Holdings Berhad. Istanbul's premier airport at the crossroads of Europe and Asia was also boldly highlighted at the booth.

Khair Mirza feels such cross-selling and market integration is vital in this era of globalization and globally-connected flows. Istanbul is critical because it offers airlines the magical ten-hour flight duration between Kuala Lumpur and Istanbul – the gateway to both Europe and Africa. Most encouragingly, Istanbul has provided growth in the range of 12-20% each month since January this year.

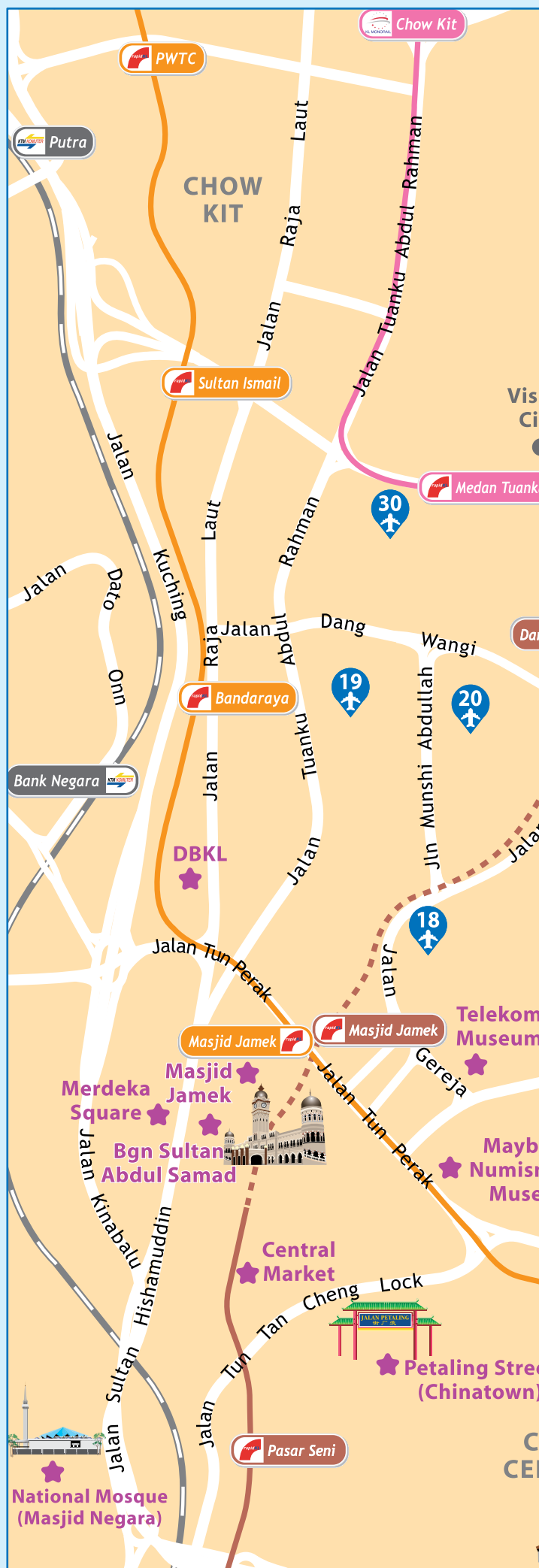
Despite the excitement and adrenalin-rush of such a mega-event, the workload was heavy and the deadlines demanding. But the efforts of the Malaysia Airports team at Routes can be summed-up in the quiet words of Khair Mirza: "Once a year a team from Malaysia Airports attends World Routes to reach all our prospective airline-customers at one place. We were meeting in Africa, but reaching the world."



## A Malaysia Airports concept for communication convenience !

1) <b>Aeroflot</b> • Lion Office Tower • 03-2141 4000	10	49) <b>Hunnu Air</b> • Menara Hap Seng • 03-2148 7500	16
2) <b>Aerolineas Argentina</b> • Central Plaza • 03-2144 3288	8	50) <b>Icelandair</b> • UOA Centre • 03-2715 2277	24
3) <b>Aero Mexico</b> • UOA Centre • 03-2715 2277	24	51) <b>Iran Air</b> • Megan Avenue II • 03-2161 1351 / 0411	25
4) <b>Air Arabia</b> • Hotel Maya • 03-2161 0908	31	52) <b>Iran Aseman Airlines</b> • Hotel Maya • 03-2166 7644	31
5) <b>Air Astana</b> • Central Plaza • 03-2144 1571	8	53) <b>Iraqi Airways</b> • Berjaya Times Square • 03-2110 0105	3
6) <b>Air Berlin</b> • Menara Standard Chartered • 03-2687 2222	9	54) <b>Jet Airways</b> • Lion Office Tower • 03-2148 9020	10
7) <b>Air Bagan</b> • Central Plaza • 03-2144 6785	8	55) <b>Jetstar</b> • Amoda Building • 03-2713 3909	2
8) <b>Air Canada</b> • UOA Centre • 03-2715 2053	24	56) <b>Kenya Airways</b> • Menara Hap Seng • 03-2141 7521	16
9) <b>Air China</b> • Plaza OSK • 03-2166 1999	27	57) <b>KLM Royal Dutch Airlines</b> • ParkRoyal Hotel • 03-7712 4555	4
10) <b>Air France</b> • ParkRoyal Hotel • 03-7724 8181	4	58) <b>Korean Air</b> • Menara Hap Seng • 03-2030 0200	16
11) <b>Air India</b> • Wisma Paradise • 03-2072 6066	18	59) <b>Kuwait Airways</b> • UBN Tower • 03-2031 6033	8
12) <b>Air KBZ</b> • Central Plaza • 03-2144 6785	8	60) <b>Lufthansa</b> • Kenanga International • 03-2053 1898	15
13) <b>Air Madagascar</b> • Lion Office Tower • 03-2141 3899	10	61) <b>Mahan Air</b> • Megan Avenue II • 03-2166 7977	25
14) <b>Air Mandalay</b> • Central Plaza • 03-2144 6785	8	62) <b>Malindo Air</b> • Medan Tuanku 1 • 03-7841 5388	30
15) <b>Air Mauritius</b> • Central Plaza • 03-2142 9161	8	63) <b>Mandarin Airlines</b> • Amoda Building • 03-2142 7344	2
16) <b>Air New Zealand</b> • UOA Centre • 03-2715 5020	24	64) <b>Merpati Nusantara</b> • Wisma MPL • 03-2141 1411	12
17) <b>Air Niugini</b> • Central Plaza • 03-2148 4313	8	65) <b>Myanmar Airways International</b> • Central Plaza • 03-2144 6785	8
18) <b>Air Seychelles</b> • Menara Standard Chartered • 03-2687 2222	9	66) <b>Nepal Airlines</b> • Semua House • 03-2698 7933	19
19) <b>Air Serbia</b> • Menara Standard Chartered • 03-2687 2222	9	67) <b>Oman Air</b> • Menara Hap Seng • 03-2145 6123	16
20) <b>Alitalia</b> • Lion Office Tower • 03-2148 0644	10	68) <b>Pakistan International Airlines</b> • Central Plaza • 03-2142 5444	8
21) <b>All Nippon Airways</b> • Wisma Goldhill • 03-2032 1331	11	69) <b>PAL Express</b> • Lion Office Tower • 03-2141 0767	10
22) <b>Amadeus (GDS)</b> • Menara Dion • 03-2302 2100	13	70) <b>Philippines Airlines</b> • Lion Office Tower • 03-2141 0767	10
23) <b>American Airlines</b> • UOA Centre • 03-2715 1122	24	71) <b>Qantas</b> • Amoda Building • 03 - 2713 3911	2
24) <b>Asiana Airlines</b> • Central Plaza • 03-2144 3101	8	72) <b>Qatar Airways</b> • Central Plaza • 03 - 2118 6100	8
25) <b>Association of Asia Pacific Airlines</b> • Menara Prestige • 03-2162 1888	23	73) <b>Regent Airways</b> • Central Plaza • 03-2072 8255	8
26) <b>Austrian Airlines</b> • Central Plaza • 03-2148 8033	8	74) <b>Royal Brunei Airlines</b> • UBN Tower • 03-2070 7166	17
27) <b>Bangkok Airways</b> • Central Plaza • 03-2148 0829	8	75) <b>Royal Jordanian</b> • Menara Hap Seng • 03-2148 7500	16
28) <b>Biman Bangladesh Airlines</b> • Menara Atlan • 03-2164 6270	26	76) <b>Saudi Arabian Airlines</b> • Megan Avenue II • 03-2166 7778	25
29) <b>British Airways</b> • The Intermark • 03-7712 4747	2	77) <b>Scandinavian Airlines</b> • Megan Avenue II • 03-2162 6044	25
30) <b>Cathay Pacific</b> • Menara IMC • 03-2035 2777	22	78) <b>Silk Air</b> • Menara Multi-Purpose • 03-2618 6333	20
31) <b>China Airlines</b> • Amoda Building • 03-2142 7344	28	79) <b>Singapore Airlines</b> • Menara Multi-Purpose • 03-2618 6333	20
32) <b>China Eastern Airlines</b> • Plaza OSK • 03-2161 1666	27	80) <b>Shanghai Airlines</b> • Plaza OSK • 03-2161 1666	27
33) <b>China Southern Airlines</b> • Plaza OSK • 03-2163 9977	27	81) <b>Shenzhen Airlines</b> • MyHabitat One Residence • 03-2166 1999	29
34) <b>Dragonair</b> • Menara IMC • 03-2035 2777	22	82) <b>South African Airways</b> • Lion Office Tower • 03-2141 7456	10
35) <b>Egypt Air</b> • Menara Keck Seng • 03-2145 6867	6	83) <b>SpiceJet</b> • Wisma Paradise • 03-2070 6055	18
36) <b>Emirates Airlines</b> • The Pavilion • 03-2058 5899	7	84) <b>SriLankan Airlines</b> • Menara Hap Seng • 03-2070 1979	16
37) <b>Ethiopian Airlines</b> • Central Plaza • 03-2141 2190	8	85) <b>Swiss International Air Lines</b> • Kenanga International • 03-2053 1898	15
38) <b>Etihad Airways</b> • Menara Standard Chartered • 03-2687 2222	9	86) <b>TAP Portugal</b> • UOA Centre • 03-2715 2277	24
39) <b>Etihad Regional</b> • Menara Standard Chartered • 03-2687 2222	9	87) <b>Thai Airways</b> • Wisma Goldhill • 03-2034 6999	11
40) <b>Eva Airways</b> • Kenanga International • 03-2162 2981	15	88) <b>Turkish Airlines</b> • Menara Prestige • 03-2163 0849	24
41) <b>Finnair</b> • Central Plaza • 03-2145 1155	8	89) <b>Turkmenistan Airlines</b> • G Tower • 03-7728 1044	32
42) <b>flyNiki</b> • Menara Standard Chartered • 03-2687 2222	9	90) <b>Ukraine International Airlines</b> • Hotel Maya • 03-2161 0908	31
43) <b>Galileo (GDS)</b> • Menara Keck Seng • 03-2119 6000	6	91) <b>United Airlines</b> • Central Plaza • 03-2142 4311	8
44) <b>Garuda Indonesia</b> • The Intermark • 03-2162 2811	28	92) <b>U.S. Airways</b> • UOA Centre • 03-2715 1122	24
45) <b>Gulf Air</b> • Central Plaza • 03-2141 2676	8	93) <b>Uzbekistan Airways</b> • Wisma UOA II • 03-2162 6488	24
46) <b>Hahn Air</b> • Central Plaza • 03-2148 8033	8	94) <b>Vietnam Airlines</b> • Menara Hap Seng • 03-2031 1555	16
47) <b>Hawaiian Airlines</b> • Lion Office Tower • 03-2143 1533	10	95) <b>Xiamen Airlines</b> • Plaza OSK • 03-2166 8222	27
48) <b>Heli Air Monaco</b> • Lion Office Tower • 03-2141 4540	10	96) <b>Yemen Airways</b> • UOA Centre • 03-2164 3031	24
49) <b>Hong Kong Airlines</b> • UOA Centre • 03-2715 1155	24		

MALAYSIA AIRPORTS HOLDINGS BERHAD (487092-W)  
Marketing Division







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Our service never changes.*



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Smooth as silk



## “A great airline and a world-class destination!”

An experienced airline-manager is enthusiastic about two connected travel entities.



Interview with  
**Bernard Chee**  
Account Manager, Sales & Marketing  
Garuda Indonesia

“I’ve known him for nearly thirty years. He is an airline man through and through”, says a senior travel-agent. His associate agrees. “That man looks younger, but he has been in airline-marketing long before some of my executives were born!” An aviation manager makes a sober and succinct assessment. “The thing I like about him is that he is a loyal employee. He always give his best to the company he works for.” The person they describe definitely has youthful looks that belie his years. Wiry and energetic, Bernard Chee has been in the airline industry for three decades, and as aptly mentioned, had stayed with his previous employers for 21 years before changing airlines.

“The airline I worked for is a world-leader in excellence, and I learnt invaluable lessons there. Although I had worked elsewhere before, it was in that airline that I gained much of the experience and capabilities that I have today. Those were really great years, but there came a point in my life when I really needed a drastic change” recounts this indefatigable airline manager. “People asked me why I chose Garuda Indonesia instead of joining any of the “Big 6” European and Arab carriers, and my answer is, simply, that I have no regrets. I’m in a great place in my career at the best time of my life, and I am very happy indeed!”

Garuda Indonesia is the national flag-carrier of the Republic of Indonesia. Founded in 1949 with a heritage dating

back to 1928, it is one of the oldest and most-established carriers in Asia, if not the world. Although the original Royal Dutch Indies Airways was born in Indonesia during the colonial era, 1949 is generally recognized as the airline’s founding year in the newly-independent nation; at which time it was given its present name of “Garuda Indonesian Airways”.

On its 60th anniversary in 2009, the airline launched an aggressive five-year expansion plan known as The Quantum Leap. There was a refreshing image overhaul with stylish new livery, staff uniforms and updated logo. The airline also expanded its capacity, nearly doubling the size of its fleet from 62 to 116 aircraft. Garuda Indonesia made its debut on the Indonesia Stock Exchange in February 2011. In 2014, the airline became one of only eight airlines in the world to earn the prestigious 5-star rating from Skytrax, marking a fitting and successful completion to the 5-year Quantum Leap program.

Garuda Indonesia today is one of the world’s leading airlines and the 20th member of the SkyTeam global airline-alliance. It operates regularly scheduled flights to a large number of destinations in Southeast Asia, East Asia, Australia and Europe from its main hub in Jakarta, Soekarno-Hatta International Airport, as well as services to Australia and Asia from Ngurah Rai International Airport in Bali. It also has a large number of domestic flights from both Sultan Hasanuddin International Airport in Makassar and Kuala Namu International Airport in Medan.

This year, Garuda Indonesia made waves in global aviation circles with the announcement of its intent to order 90 new aircraft, from both Boeing and Airbus, worth \$20 billion

at list prices at the 2015 Paris Air Show. The airline with a proud history is soaring high into the future, and Bernard Chee is bullish about its prospects. “In Malaysia alone, we have had a 300% increase in flights over the last few years, and we haven’t even begun showcasing the wonderful tourism destination of Indonesia yet!” he exclaims enthusiastically. “If you really want to experience the best of this amazing archipelago, you have to fly on the best airline that is truly Indonesian in name and character!”

A leading international tourism-consultant has described Indonesia as “the biggest and most varied tourism destination in Asia after China”, explaining that unlike many mono-cultural Asian nations, Indonesia has 300 languages and a glittering collection of cultures that encompass all the world’s major religions. Geographically it is stunning. With over 18,000 islands straddling three time zones, Indonesia has the planet’s oldest jungles and some of the world’s newest volcanoes. Although it has snow-covered mountains in Papua province, Indonesia also has an estimated 108,000 kilometres of tropical beaches and some of the most spectacular dive-sites in the world.

The bulk of tourist-traffic from Malaysia is currently concentrated on shoppers, golfers and beach-combers. With the immense diversity of products, places and personal experiences across the sparkling archipelago of Indonesia, Bernard Chee is accurate in his perspective that Garuda Indonesia has hardly tapped on the enormous potential market. Looking at the exceptional performance of Indonesia’s national carrier and the undiscovered treasures in Malaysia’s neighbour, it is easy to understand what he means when he talks about marketing a great airline and a world-class destination!





## AIR ASTANA connects Dubai

Air Astana, Kazakhstan's award-winning national flag-carrier has re-launched services between Astana and Dubai on 25th October 2015, says the airline's Malaysia Country Manager Manshuk Kuatbaikyzy. The non-stop flight operates four times a week on Mondays, Tuesdays, Fridays and Sundays using an Airbus A320. She adds that the service to Dubai offers greater convenience to passengers located in the capital, Astana, as well as from cities such as Kostanay, Pavlodar and Oskemen, formerly known as Ust-Kamenogorsk. Additionally, timely connections will be offered to international transit-passengers travelling from Urumqi (China), Omsk (Russia) and Bishkek (Kyrgyzstan).

"Air Astana is fully committed to expanding the route network from Astana, with the re-launch to Dubai following the recent introduction of new services from the capital to Paris, Seoul and Tbilisi," she says, quoting Peter Foster, President of Air Astana. "With Kazakhstan and UAE enjoying strengthening links in business, finance, tourism and culture, I'm confident that the new service will be extremely popular with passengers travelling between Astana and Dubai."

Last year, Air Astana celebrated triple-success at the 2014 Skytrax World Airline Awards, with a 4-Star rating, Best Airline Central Asia / India and Best Airline Staff Service Central Asia/India being achieved for the third successive year.

Manshuk Kuatbaikyzy explains that Kazakhstan's national flag-carrier currently flies three times a week from KLIA. For enquiries and ticketing, please visit the website [www.airastana.com](http://www.airastana.com) or call **03- 2144 1571**.





## CAPE MALAY support at World Routes 2015



Cape Town-based Cape Malay Consultants provided essential support for Malaysia Airports at World Routes 2015, supervising the catering and helping with some logistics. Founder and CEO Nazreen Salie says that the company

reaches out from Cape Town to the Malay Diaspora around the world with a view to Cultural Exchange, sourcing entrepreneurial opportunities and facilitating trade and investment.

Cape Malay Consultants has been active in the global Halal market since 2006; encouraging and facilitating the growth of South Africa as a globally-competitive supplier of Halal goods and services. It provides travel services into South Africa; with personalised tours, special-interest Group Packages, airline ticketing, door to door transfers, and the full range of packages for Trade Fairs and MICE events.



Cape Malay Consultants represents Malaysia in South Africa for events and organisations such as the Malaysia International Halal Showcase (MIHAS), Muslim World Biz, The Malay & Islamic World (DMDI), Restu Foundation (Islamic Calligraphy and Illumination Art), Malaysia My Second Home, Socialwalk, Tourism Melaka and several State Government events. It also assists Tourism Malaysia in South Africa. For more information, please contact Nazreen Salie at **00-27-76 454 3486** or e-mail her at [capemalay@hotmail.com](mailto:capemalay@hotmail.com).



## ETHIOPIAN launches New Website



Ethiopian Airways Area Manager Malaysia Osman Habib says that the national flag-carrier of Ethiopia has launched its brand-new website showcasing a customer-focused online presence. The new website offers a more user-friendly way to book flights, manage bookings, check-in online, check flight status and schedule, login to ShebaMiles account, access to the latest and important updates and check out localized flight offers on a single home-page basis.

Visitors of the revamped website experience streamlined menus with clean navigations allowing for an easy access to the essential information of their interest regarding all Ethiopian Airlines products and services. Online recruitment, procurement information like tenders and competitive bids, company information and much more renewed features are also included in the brand-new Ethiopian website located at [www.ethiopianairlines.com](http://www.ethiopianairlines.com).

He adds that the largest, most profitable and fastest-growing African airline has designed its new website with the right focus on customers. "It reflects their day-to-day requirements using technology to improve the integration of the website with mobile-devices to deliver a website that is truly user friendly." He added "We will keep on expanding our

online content to provide our customers with relevant information about Ethiopian products and services"

In addition, the revamping of ETHolidays web site [www.ethiopianholidays.com](http://www.ethiopianholidays.com) now enables air-travellers to conveniently plan their travel to any number of Ethiopian Airways destinations all at one time!

Ethiopian is a Pan-African global carrier that currently serves more than 91 international destinations across 5 continents. It connects to KUA four times a week, where it has won the KUA Award two years in a row. For enquiries and reservations, please call **03-2141 2190** or visit [www.ethiopianairlines.com](http://www.ethiopianairlines.com)



## SRI LANKAN rewards FlySmiles winners



The National Carrier of Sri Lanka' awarded Platinum membership for five lucky FlySmiles members, chosen at the "Win Platinum" campaign recently. The campaign was launched to coincide with SriLankan's first anniversary as a oneworld member. It was aimed at providing an opportunity for

FlySmiles members in selected markets to win a Platinum card and enjoy the privileges of SriLankan's top-tier status.

One winner, Dr. Amila Kankanamge, CEO of E3X said, "I have been a member of SriLankan's frequent flyer programme

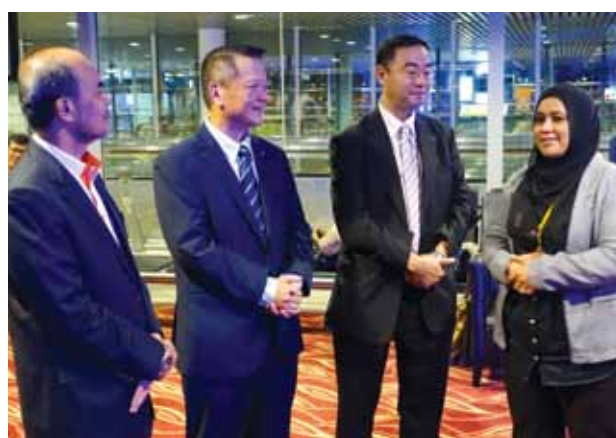
since the year 2000 which is when I started flying with the airline and we always enjoy the friendly service on board and make it a point to purchase from the variety of duty free products. The Platinum membership will certainly encourage me to travel even more and avail myself of the great benefits on offer and moreover it would challenge my wife who is also a member to travel even more to earn herself the Platinum card!"

SriLankan Airlines with oneworld, serves more than a 1000 airports in 155 countries with 14,250 daily departures and member airlines work together to deliver consistently a superior, seamless travel experience. A FlySmiles Platinum member is entitled to a host of luxury privileges including earning and redeeming miles across the entire alliance's network, priority travel benefits, extra baggage allowances and access to over 550 First and Business Class lounges when travelling on SriLankan Airlines or any oneworld member airline.

SriLankan Airlines has twice-daily flights from Kuala Lumpur International Airport. For more details and booking enquiries, please call **03-2070 1979**.



## Yes! ANA comes to KL!



Malaysia Airports celebrated the return of All Nippon Airways to Kuala Lumpur with a welcome reception for the inaugural incoming flight KLIA. This event was graced by the Deputy Minister of Tourism & Culture Malaysia Datuk Mas Ermeyati Samsudin, Director General Tourism Malaysia Dato' Mirza Mohammad Taiyab, and other leaders of the public and private sectors.

ANA was represented by Senior Vice President of Sales Jun Katagiri, General Manager KUL Branch Roy Gay, Deputy General Manager Kul Branch Isao Tsuji, and a team from ANA's Malaysia office. The large contingent from Malaysia Airports was led by Chief Operating Officer Dato' Abd Hamid Mohd Ali, and included General Manager of Malaysia Airports Sepang Sdn Bhd. Hj Zainol Mohd Isa, and General Manager Marketing Mohamed Sallauddin Haji Mat Sah.

Japan's leading airline commenced its new, non-stop daily service from Tokyo's Narita Airport to Kuala Lumpur utilising the futuristic Boeing 787-900 Dreamliner aircraft. The inaugural flight was welcomed with an official water-turret salute, and the passengers were delighted to be greeted by a Malaysian cultural troupe from the Ministry of Tourism and Culture Malaysia.

Dato' Abd Hamid Mohd Ali said, "Malaysia Airports is thrilled to welcome ANA



back to Kuala Lumpur International Airport (KLIA) and we look forward to enjoying an even greater level of connectivity from both the Asian region, as well as from many other destinations in the world, thanks to ANA's extensive global route network. We are glad to see that ANA recognises the strong growth opportunities that exist in the Malaysian market. The economic and cultural ties that exist between Malaysia and Japan continue to strengthen, and the arrival of ANA is a testament to that growth. We look forward to a long and mutually-beneficial partnership," he added.

"Malaysia is an important market for ANA, and we look forward to serving the growing demand for travel to Japan," Jun

Katagiri said. "Also, there are no direct flights between Malaysia and North America, and we are seeing more demand for passengers from both markets transiting in Tokyo. So we scheduled these Kuala Lumpur flights for easy connections to our international and domestic network from Narita. Our network, combined with our award-winning service and cutting-edge aircraft, makes us very competitive."

ANA has partnered with Malaysia's Brahim's Holdings Berhad to offer halal menu options, and all in-flight meals on Kuala Lumpur departures to Tokyo are halal-certified. For more information and ticketing, please call **03-2032 1331**.





## JAL goes to Dallas

Japan Airlines will resume nonstop flights between Tokyo Narita and Dallas/Ft. Worth on 30 November 2015 - for the first time since 2001, says Japan Airlines Vice-President/Regional Manager Malaysia Kan Komatsu, adding that JAL last operated Dallas service in late 2001 with a Boeing MD-11 aircraft. The new service will be flown with a modern Boeing 787-8 Dreamliner aircraft.

"Dallas/Fort Worth becomes our eighth gateway in North America and our fourth

U.S. service launch in just over three years," Kan Komatsu said. "By making full use of the efficiencies of the Dreamliner as well as capitalizing on our even stronger relationship with American Airlines, we are confident this service will provide even more valuable links for our customers travelling from Malaysia."

Japan Airlines has daily flights from KLIA. For more information and ticketing, please call **1-800-81-3366** (English/Cantonese) and **1-800-81-5609** (Japanese) or visit [www.my.jal.com](http://www.my.jal.com)







## FINNAIR gets A350 XWBs

Finnair has taken delivery of the first of 19 Airbus 350 XWBs on order, thus becoming the first European operator and the third worldwide of the all-new airliner. The aircraft is configured in a premium three-class layout, with 297 seats, comprising 46 Business Class, 43 Economy Comfort and 208 Economy.

The aircraft joins the airline's current all-Airbus fleet of 45 aircraft in operation, comprising 30 A320 Family aircraft and 15 A330/A340s. "The A350 is the future of flying and will give our passengers

a completely new and enhanced travel experience," says Finnair CEO, Pekka Vauramo. "Our A350 fleet investment is the backbone of our strategy to improve cost and fuel efficiency, customer comfort and capacity; all in one package."

Industry analysts say that Finnair's A350 XWBs have distinct benefits in customer comfort such as a spacious cabin, large windows, large IFE displays, an innovative fresh-air system which changes cabin-air every 2-3 minutes, draught-free air-conditioning, and adjustable temperature zones. There are a total of 297 seats with 46 in Business class, 43 in Economy Comfort, and 208 in Economy.

The 46 Zodiac Cirrus III seats in Business Class are in a spacious 1+2+1 layout, ensuring direct aisle access to all. They convert to fully-flat beds, and also come equipped with AC and USB power outlets. Each Business Class seat area is

enhanced with a state-of-the-art VOD inflight entertainment system with a 16-inch touch-screen.

The 208 Zodiac Z300 Economy Class slim-line seats have a 31-inch seat pitch, and are 18-inches wide in a 3+3+3 layout. The 43 Economy Comfort seats have high-quality headphones and 4 extra inches of leg room. Both have 11-inch touch-screen inflight entertainment systems and USB power outlets.

"At Airbus, we're proud and delighted to see Finnair, one of the world's longest-standing and most respected airlines, become the first European carrier to fly the A350 XWB," said Fabrice Brégier, Airbus President and CEO. "The A350 XWB's unrivalled fuel-efficiency and passenger-comfort make it the perfect aircraft to spearhead Finnair's Asian expansion."

For ticketing and reservations, please call **03-2145 1155**.



## KOREAN AIR receives new 747-800



South Korea's national flag-carrier recently marked the delivery of the airline's first 747-800 Intercontinental, says Korean Air Country Manager for Malaysia and Brunei Jin Jae Hoon. The new fuel-efficient jet is the first of ten 747-800 passenger airplanes the carrier has on order.

"This new aircraft delivers better fuel economy," he adds. "That is important to a global airline such as ours. And it supports our goal to build and operate a first-class fleet of world-class aircraft." With this delivery, Korean Air becomes the first airline in the world to operate both the passenger and freighter versions of the 747-800.

Korean Air currently operates seven 747-800 Freighters.

With a range of 14,815 km, the 747-800 Intercontinental offers 16% savings in fuel consumption and emissions over its predecessor, the 747-400, while generating 30 percent less noise. The airplane also features an all-new interior that includes new curved, upswept architecture, giving passengers a greater feeling of space and comfort.

Korean Air's jet is configured with 368 seats and features the brand new First Class Kosmo Suite 2.0, which include a sliding

door and higher partitions to provide added privacy for passengers. The suites are also equipped with updated in-flight entertainment systems, with large 24-inch high-definition monitors and new handheld touch remotes. The airline's Business Class Prestige Suites will feature staggered seating and privacy panels, along with 18-inch high definition touch screens.

Korean Air, with a fleet of 161 aircraft, is one of the world's top 20 airlines, and operates more than 430 flights per day to 128 cities in 45 countries. It has daily flights from KLIA. For more information or reservations, please contact **03-2030 0200**.



The next generation hub is taking shape at KLIA, and it's taking aviation to unprecedented heights.



## New Lounge for **AIR NEW ZEALAND**



Air New Zealand mobile app as well as premium New Zealand wines and signature cocktails; a separate children's area modelled on a Kiwi tree-house with books, interactive toys and the latest children's programmes to keep little ones entertained; a business-zone with a range of seating and tables with electronic charging, Wi-Fi and printing facilities; enhanced connectivity with more than 300 power points and more than 300 USB outlets; a New Zealand-centric design featuring large-scale digital screens with looping time-lapse imagery of New Zealand scenery; and a "digital ceiling" over the bar area to reflecting the changing New Zealand sky.

Gensler Principal Architect David Loyola says, "The challenge was to design a lounge that reflected the Air New Zealand brand, responded to the unique sense of place, and elevated the customer experience. We are optimistic we have achieved these goals and it's very exciting to see the project completed." The opening of the new Auckland International Lounge is another milestone in a four year \$100 million programme to redevelop Air New Zealand's lounge network.

For more information and ticketing on Air New Zealand, please call **03-2715 5020**.



Air New Zealand recently unveiled its new flagship international lounge at Auckland International Airport featuring an ultra-modern design and tailored seating zones to meet the changing needs of travellers whether they're flying for work or leisure, reports Vivian Ku of Discover The World Marketing, the Malaysian representative of New Zealand's national flag-carrier.

At more than 2,000 square metres, the new lounge is significantly larger than the previous lounge and can comfortably seat more than 375 customers. It overlooks the runway and features a covered outdoor terrace and fireplace offering a year-round outdoor area with views of the runway.

The Auckland International Lounge was designed with award-winning global architectural firm Gensler, which also partnered with Air New Zealand on the new Sydney International Lounge and the Star Alliance International Lounge in Los Angeles Airport. Air New Zealand Chief Executive Officer Christopher Luxon says the sleek new lounge has been designed with feedback from customers in mind.

"With a growing network and customer base, the number of high-value customers using our lounge has grown and one of the most common pieces of feedback we receive on our Auckland International Lounge is around space.

"This new lounge is significantly larger than the previous space and can accommodate around 40 percent more customers. Also recognising that our customers travel for different reasons and have different needs, we've created a mix of separate zones to offer the upmost comfort and convenience for those looking to relax, refresh or get some work done before they fly," says Luxon.

Additional features include 24 different styles of seating allowing customers to create the lounge experience that works best for them; a new food-theatre with cuisine cooked-to-order at meal times by the lounge's resident chef as well as a buffet offering which customers can help themselves to at any time; a central bar area offering barista-made coffee that customers can pre-order directly from the





KLIA



OMG, KLIA is awesome! There's even a real tropical rainforest in this airport. Can't wait to get to the rest of Malaysia ...

AMAZING SIGHTS  
AND SOUNDS ABOUND  
IN KL



KLIA2



Off to Penang from KLIA2. Wow, are we in an airport or a shopping mall? Malaysia is so full of surprises!

Petronas  
Twin Towers



Went on the Skybridge between the two towers. 170m off the ground! I wasn't scared at all.

Central Market



Can't believe this used to be a wet market in the 1800s. Handicrafts, demonstrations, cultural performances, there are so many things going on!

Lake Gardens



Over 150 acres of gardens and greenery. I couldn't walk it all in a day! Fed a Hornbill at the bird park (which they tell me is the largest in the world).

To impress your passengers with a travel destination to remember, include KLIA in your flight route. Contact our Airport Marketing Team at +603-20708606 or email [marketing@malaysiaairports.com.my](mailto:marketing@malaysiaairports.com.my)





# ART & LIVING PREVIEW



**Syed Thajudeen** Penang Beauty, 2015 Acrylic on canvas 150 x 150cm



# An abstract on **DREW HARRIS**

BY KATHLYN URSULA D'SOUZA

## Style

Paintings by Drew Harris are abstract expressions in style. They are deeply moving and are almost a spiritual experience. Although his paintings portray tranquility, they are very potent. He, however, does not believe that an artist's role is to deliver a message.

"Each of us have our own lives. It is not for me to tell you how to conduct your life. I am just showing a bit of my feelings through the

paintings. If the viewer likes the painting, he will sense my feelings." - Harris

## Career

Toronto-born abstract artist Harris, 53, has been living in Kuala Lumpur and Penang for the past two decades and has been exhibiting periodically over the years. The Malaysian-based Canadian studied graphic design and fine arts for six years at college and started his







Fragile Earth, 2012  
Mixed media on canvas 91.5 x 91.5cm

career as a graphic designer in Toronto. In the mid-1980s, he realised that he was making more money from his paintings than graphic designs and decided to take the plunge to become a full-time artist.

Harris received his formal education in design and fine arts at Georgian College of Applied Arts in Ontario, Canada (1979-1982), receiving the Ontario Premiere's Award for most outstanding student of design in Ontario. He began his professional career in Toronto, Canada as senior design director for Communique Ltd, Canada's leading corporate communications company specialising in motivational seminars and talks, and corporate identity designs and corporate video presentations.

In 1991, after six years with Communique, Harris began his career as a full-time visual artist exhibiting his abstract paintings nationally and throughout the world and in such cities as Toronto, Chicago, New York, Vancouver, Melbourne, Jakarta, Singapore and Kuala Lumpur.

### On his work

"My training was in graphic design, primarily type design, so my view of type or text whether it be in an entire page of copy, or simply a single character, I tend to see the "flow", or perhaps, the negative or positive space around a mark in typography. The suggestion of text or character is interesting to me, especially in an overall composition," he said. Over the years, his colour palette has been kept simple, or rather similar, being in tones of ochre, black, red and warm white.

"I have extended beyond my 'colour comfort level' and have been introducing warmer shades of red, orange, light blue and yellow, which I see as fresh, and I might add, reflect where I am as an artist in this stage of my career and life.

"One may say, my colours reflect a certain degree of quiet confidence, less stark, less aggressive use of hard elements," he said.

When he paints, his main concern is to have complete connection to the work. As for any profound message, Harris doesn't think he intentionally starts out with any high-minded artist statement but rather, it is a feeling that develops.

"My work has for a number of years, related to elements seen in weather. I joke, but coming from Canada, our seasons are made up of four distinct elements. These extremes are hard to ignore in the psyche of a Canadian," he said.

### Collectors and Current Projects

Harris, who has exhibited widely, has his artworks in many private and corporate collections in Europe and Asia. His works have been showcased and sold in various international galleries around the world. They can be found in Chicago, New York, Malaysia, Indonesia, Australia and Toronto.

His works are collected by The Bank of Switzerland, Faulding Pharmaceuticals – Singapore, Hong Kong and Shanghai Investment Bank, Sun Life Insurance – Toronto, The Four Seasons Hotel – Las Vegas, The International Film Festival – Toronto, The Embassy of France – Indonesia, Variety Magazine-Sydney. Harris currently resides and maintains a working studio in Kuala Lumpur with his wife, artist and educator Sharifah Mazwari.

Harris's interests include music, documentary filmmaking, writing and supporting a new generation of visual artists through mentoring programmes he and Mazwari have developed. He continues to build exhibitions which exhibit regularly in various cities in Asia and North America.

## Select Solo Exhibitions

2012 NN Gallery, Kuala Lumpur  
 2011/12 "Characters" The Georgetown Festival  
 2008 A2 Art Gallery, Penang  
 2008 Taksu, Singapore  
 2007 Creem, Singapore  
 2007 Taksu, Kuala Lumpur  
 2006 Taksu, Singapore  
 2006 Taksu, Kuala Lumpur  
 2005 Edward Day Gallery, Toronto 2003 Taksu, Kuala Lumpur  
 2003 Taksu, Jakarta, Indonesia  
 2002 Tatar/Alexander Gallery, Toronto Ontario  
 2002 Lydon Gallery, Chicago, Illinois  
 2000 Lydon Gallery, Chicago, Illinois  
 1999 Taksu, Kuala Lumpur  
 1999 Barbara Greene Gallery, NYC, New York  
 1998 The Foundation, Toronto, Ontario  
 1997 Nancy Moore Gallery, NYC, New York  
 1997 Lydon Gallery, Chicago, Illinois  
 1997 Taksu, Kuala Lumpur  
 1996 Taksu, Kuala Lumpur  
 1995 Bakri Gallery, Jakarta, Indonesia  
 1995 Tom Thomson Gallery, Owen Sound, Ontario  
 1995 Teadora Gallery, Toronto, Ontario  
 1995 Taksu, Kuala Lumpur  
 1993 The Gallery in Mirvish Village, Toronto, Ontario  
 1992 Amandari, Bali, Indonesia  
 1992 Kupu Kupu Barong, Bali, Indonesia  
 1991 Lyndon Street Gallery, Melbourne, Australia  
 1984 The Georgian Gallery, Owen Sound, Ontario  
 1981 The Tom Thomson Gallery, Owen Sound, Ontario

## Select Group Exhibitions

2014 PACE Gallery, Kuala Lumpur ( with Tommy Mansur )  
 2013 Drew/Tajuddin/Jai/Zakii, Edge Gallery, Kuala Lumpur  
 2011/12 "Characters" The Georgetown Festival 2011 2010  
 TJ Fine Art, Kuala Lumpur  
 2009 RA Gallery, Kuala Lumpur  
 2009 RBS Malihom Air Program, Penang  
 2009 TJ Fine Art, Kuala Lumpur  
 2006-08 Taksu, Kuala Lumpur  
 2003 Taksu, Singapore  
 2003 Lydon Gallery, Chicago, Illinois  
 2002 Casey House Foundation, Art With Heart, Toronto  
 2001 Casey House Foundation, Art With Heart, Toronto  
 2000 Taksu, Kuala Lumpur  
 2000 Casey House Foundation, Art With Heart, Toronto  
 1999 Casey House Foundation, Art With Heart, Toronto, Ontario  
 1999 Taksu, Kuala Lumpur  
 1998 The Epilepsy Society of Toronto, Toronto, Ontario  
 1997 The Epilepsy Society of Toronto, Toronto, Ontario  
 1996 The Epilepsy Society of Toronto, Toronto, Ontario  
 1995 St Joseph's Printing, Toronto, Ontario  
 1995 The Epilepsy Society of Toronto, Toronto, Ontario  
 1995 Buschlen Mowatt Gallery, Vancouver, British Columbia  
 1994 Jakarta Cont. Art Exposition, Jakarta, Indonesia  
 1994 The Epilepsy Society of Toronto, Toronto, Ontario  
 1994 Duta Gallery, Jakarta, Indonesia  
 1993 Tresor's Asian Cont. Art Exposition, Singapore  
 1993 Taksu, Singapore  
 1993 The Graha Gallery, Jakarta, Indonesia  
 1990 The Powerplant Gallery, Toronto, Ontario  
 1990 The Tom Thomson Gallery, Owen Sound, Ontario  
 1983 Vernon Art Gallery, Vernon, British Columbia

## Collections

Winston and Straun, Chicago  
 Winston and Straun, Washington  
 McKinsey and Partners, Chicago  
 McKinsey and Partners, San Francisco  
 McKinsey and Partners, New York  
 Diekmann and Associates, Chicago  
 Potash Corporation Head Office, Chicago  
 Triangle Studios, Toronto  
 Coca Cola Canada, Toronto  
 Toshiba Canada, Toronto  
 The Rider Travel Group, Toronto  
 Nomura Malaysia, Kuala Lumpur  
 RHB Bank, Kuala Lumpur  
 Barclay's Bank, Singapore  
 CDL Corporation, Singapore  
 Sheraton Shanghai, Shanghai  
 Fullerton Hotel, Singapore  
 ABN / Amro Bank, Singapore  
 Reckitt and Coleman, Toronto  
 Sun Life Insurance, Toronto  
 Georgian Gallery, Owen Sound  
 TIFF, Toronto  
 Agung Rai Museum, Bali  
 Suherwan Abu Collection, Singapore  
 Taksu, Singapore  
 Taksu, Kuala Lumpur  
 The Communique Group, Toronto  
 Australian Business Theatres, Melbourne  
 Variety Magazine, Sydney  
 The Creative Business Company, Toronto  
 Kupu Kupu, Bali  
 PT. Tribwana Indosekar, Bali  
 Tom Thomson Gallery, Owen Sound  
 The Weston Group of Companies, Toronto  
 Genigraphics Canada, Toronto  
 SMG, Toronto  
 Capital C Communications, Toronto  
 Faulding Pharmaceuticals, Singapore  
 Rothschild International, Sydney  
 Bank of Switzerland, Geneva  
 Roick and Associates, Toronto  
 NuLife Nutritional Products, Toronto  
 Toronto Dominion Bank, Toronto  
 The Bulldog Group, Toronto  
 The Canadian High Commission, Jakarta  
 The German Consulate, Jakarta  
 The World Bank, Jakarta The Italian Consulate, Jakarta  
 The Embassy of France, Jakarta  
 Bonton Langkawi, Langkawi Malaysia  
 Sharp Electronics, Kuala Lumpur  
 Royal Bank of Scotland,  
 Penang Malihom, Penang Malaysia  
 Antah Holdings, Kuala Lumpur  
 City Space, Kuala Lumpur  
 Pernas Securities, Kuala Lumpur  
 Tradewinds, Kuala Lumpur  
 Canadian High Commission, Kuala Lumpur  
 Aw Toke Ghee-Village Properties, Singapore  
 Hong Kong Shanghai Bank, Hong Kong  
 The Four Seasons Hotel, Las Vegas  
 The Four Seasons Hotel, Tokyo  
 Altira Hotel, Macau, China  
 The Mandarin Oriental Hotel, Guanzhou China





**Lot 23 KHALIL IBRAHIM Pantai Kundu I, 1999**  
Acrylic on canvas 28 x 33.5 cm RM 2,200 - RM 4,000

Established in March 2014, Malaysian Art Network offers professional framing services to art collectors and aficionados alike.

We understand that frames are equally important to both art collectors and artists, therefore framing and properly protecting artwork is critical to maintaining a work's value as well as assigning a sale cost to the work. It is not just the art that is beautiful in our gallery, the frames are too. We use the finest materials and the best framing methods.

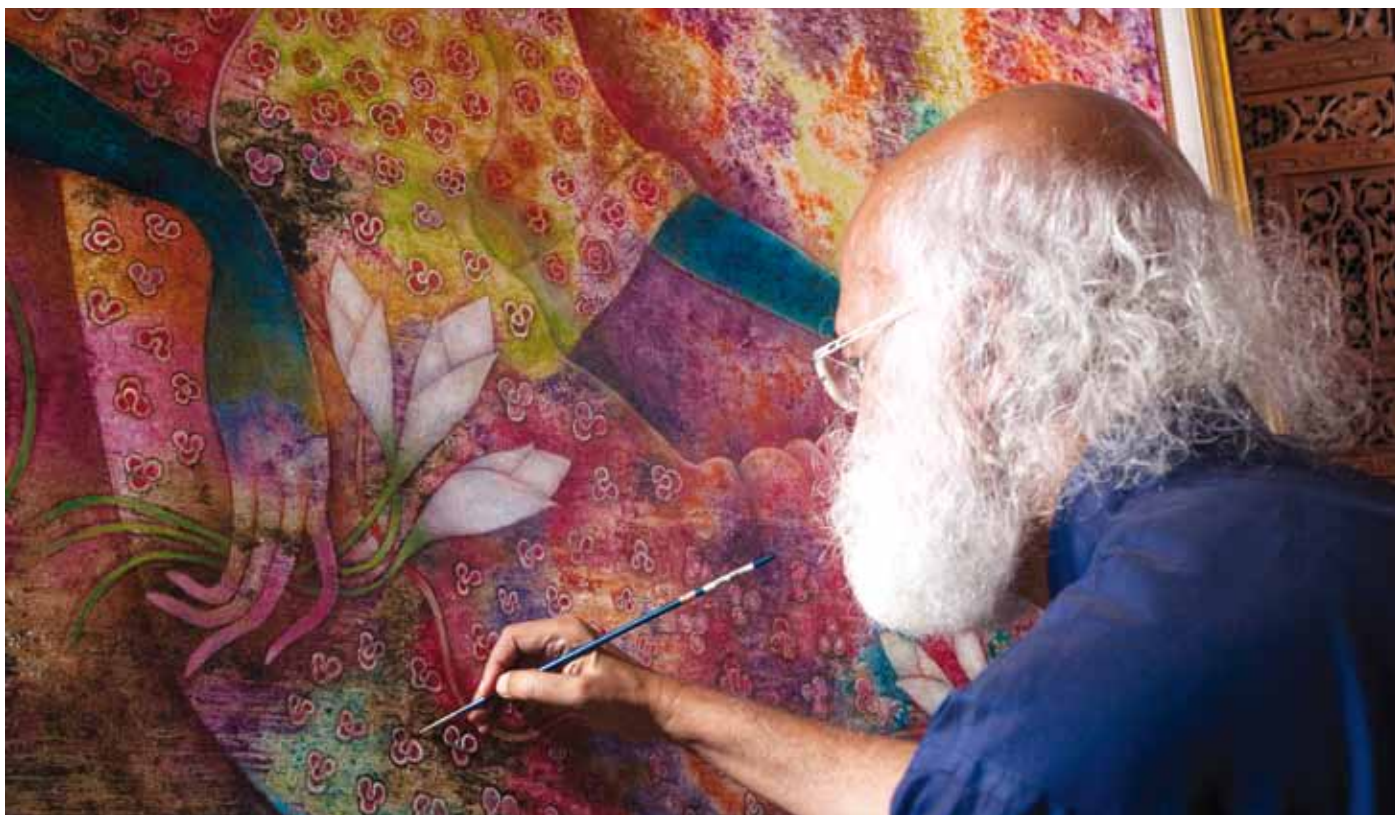
Our services include bespoke picture framing and also as a gallery that exhibits the paintings of Malaysian artists, whose works encompass abstract art, fine art and modern and contemporary art.



Malaysia Art Network  
29 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia  
Joshua Tan: +6012 3900 858 | [malaysiaartnetwork@gmail.com](mailto:malaysiaartnetwork@gmail.com)

*The storyteller artist*

# SYED THAJUDEEN'S Retrospective Exhibition



**F**orty years ago in 1975, Syed Thajudeen, a young graduate from the Madras Government College of Arts and Crafts held his first solo exhibition at the Penang State Museum and Art Gallery. Ten years earlier, when Raja Tun Uda opened the Museum, Syed Thajudeen participated in the inaugural exhibition as a school student. Coming full cycle, Syed Thajudeen is now holding his Retrospective exhibition, showcasing a collection of his works of over the past 50 years at the same premises, a testimony of his love for the state of Penang.

"I am very thankful for the opportunity to exhibit again at the Penang State Museum. It has been a long journey from my first solo to date and I feel a sense of déjà vu to be back where it all began. I look forward to showcasing my works over the years, the evolution of my thoughts and of my feelings", said Syed Thajudeen

One of highlights of the exhibition is a spectacular large-scale mural on canvas, The

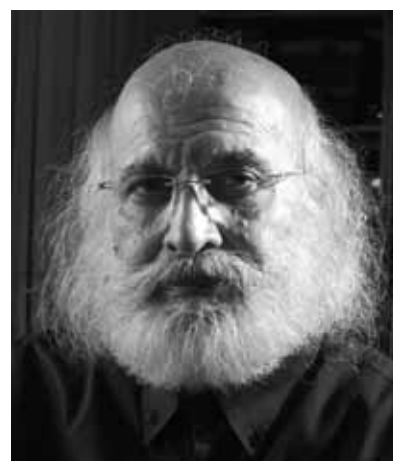
Kapitan Kling Mosque. This painting measuring an enormous 457 cm x 244 cm took the artist two years to complete down to its intricate details. The Kapitan Kling Mosque is dear to the artist as he spent many hours as a child being enchanted by the splendour of the mosque. Couder Mohiuddeen Merican, a notable merchant and an Indian Muslim leader, built the mosque in 1801. The mosque is an icon of the contributions of the Indian Muslim community and the painting is a tribute by the artist to the people of Penang.

The Retrospective exhibition will feature Syed Thajudeen's famed monumental paintings such as his first mural piece, Ramayana, The Eternal Love between Hang Tuah and Puteri Gunung Ledang, The Beginning: The Founding of Melaka by Parameswara, Advent of Islam and Merdeka.

From the mural-sized paintings to his miniatures, the exhibition will also feature Syed Thajudeen's famed 'Kebaya' series. The artist splendidly captures ladies in different moods adorning the lovely Kebaya. Beauties of Penang is his latest

**Dewan Sri Pinang,  
Penang State Art Gallery**  
2 Nov - 31 Dec 2015

Scheduled to be officiated by  
Penang Chief Minister Lim Guan  
Eng on 14 November at 4pm







Allahu Akbar, 1994  
Oil on canvas 150x150cm

work painted especially for the Retrospective exhibition showcasing ladies in Cheongsam and Penang landmarks. Syed Thajudeen believes in preserving our culture and heritage through his paintings, his legacy for future generations.

The artist is a connoisseur of love, having painted his protagonists in various stages of love. He has depicted the first instance of love through his Meeting of the Eyes, the yearning of lovers with his Longing for Love and Waiting for the Lover series and the culmination of the yearning with the Joy of Being Together.

Through his paintings, Syed Thajudeen has depicted the love that transcends that of lovers, with his Mother and Child series, the Merdeka Series and the Spiritual series. At each stage of a man's life he would experience love, at

birth a mother's love, as a young adult a lover's touch, as a mature man a strong sense of duty and love towards his nation, and finally as an older wise man's deeper love towards his Creator. His paintings capture the very essence of being human and with his Origin series he explores the moment of creation.

Syed Thajudeen is an artist extraordinaire, a master of his trade, who dedicated much of his life to his work, with brilliant pieces, which he painstakingly created to bring joy and happiness to those around him.

#### ARTIST BIO

Syed Thajudeen (b. 1943) has been painting for the past 50 years and is recognised as one of the stalwarts of the Malaysian art scene. He has honed his mastery of the figurative figure, being able to create miniature pieces

to mural-sized masterpieces. Although Syed Thajudeen's stylisation is influenced by the Bauhaus art of Paul Klee and his Indian education background, themes of his work are mostly based on the Malay culture, which can be seen in his Kebaya series. Syed Thajudeen has exhibited extensively around the world, including the USA, Belgium, UK, UAE and China with nine solo exhibitions under his belt to date. Syed Thajudeen's paintings are a permanent collection of the National Art Gallery of Malaysia, Singapore Art Museum, Beijing Olympic Museum, corporate buildings and many private homes in Malaysia and abroad. He had taught Fine Arts at the MARA Institute of Technology, Malaysia and been a resident artist at the United Asian Bank. He currently serves as a board member of the National Visual Arts Development Board, Malaysia.

# LOVE & HARMONY

Solo Exhibition of Paintings and Photography by June Yap Yu-dan

Last October, multi-talented artist June Yap Yu-dan presented Love and Harmony, her sixth solo exhibition celebrating the native African women, an exciting amalgamation of paintings and photography and a culmination of her extensive travels in the continent. The exhibition opened on 19 October at White Box, Publika before the viewing from 20 to 21 October. The exhibition then travelled to SGM Selangor Culture Centre, Klang from 31 October until 8 November.

Placing the native African female under the limelight, this exhibition focuses on the core values of love and peace by challenging and displacing our perception of inner beauty. The word 'love' has been deconstructed and reviewed under June's unconventional interpretations in her paintings, which carry a strong humanitarian outlook.

When asked why the rare choice of subject matter, June answered: "I saw the strong maternal bond in these native African communities. By using the native African female as the main subject, I want to celebrate the very essence of familial love and how it can ultimately bring world peace."

To say that June is a fervent traveller would not be an understatement. She has ventured across five continents, more than 70 countries and over 95,000 kilometres on her four-wheel drive in the last decade. Having visited various places within the continent of Africa, it was her sixth and most recent visit to Ethiopia last year. During this time, June found that the African women with thick lips, large foreheads, broad hips, braided hair and dark skin, possessed the simplest forms of beauty.

Displayed alongside the oil paintings are photographs taken by June during her trips, evidently showcasing various African tribes within their peculiar environments and cultures. June specifically highlighted the Surma women of Ethiopia wearing lip plates, where the biggest lip plate indicates the highest bride price paid

which includes 40 cattle and a Russian AK47 rifle. Another powerful image depicts the back of a Hamar woman covered in thick scars as a result of their coming-of-age rituals where the scars are proud symbols of their courage.

A self-taught artist, June is first and foremost a creator. She has an innate passion for anything creative, which leads her to explore multi-disciplinary approaches to art. Unrestricted by formal art education conformities, June paints with her instinct. The use of green for the subjects' skin tone, its juxtaposition on minimal planes of spacial colours, and the deliberate omission of the eyes, are all part of her daring and spontaneous choices on the canvases.

From a wider point of view, an obvious underlying theme of maternal love punctuates Love and Harmony. The responsibilities and sacrifices of a mother are cleverly conveyed in the nuances in the body language and postures of the mother and her children, for instance the simple acts of carrying and breast-feeding. A mother of two, June believes the maternal bond transcends nationality, race or skin colour. It is an intrinsic relationship that builds on love and requires no return, and perhaps forms the basis of her own notion towards love and harmony.

A travel photographer, a Chinese ink painter and an award-winning expert in Artistic Floral Arrangement, June is also a successful business woman. June held her very first solo photography exhibition in 2008, her first solo floral arrangement show the following year, and has participated in over 80 group exhibitions locally and over 50 group exhibitions abroad.

A 280-page publication titled Odyssey of Art showcasing the best of June's oil paintings, Chinese ink works, photography as well as floral arrangement displays was also launched in conjunction with the exhibition opening by Guest-of-Honour Y.Bhg Dato' Mahadzir Lokman, Chairman of National Visual Arts Development Board, on Monday 19 October 2015 at White Box, Publika.





Surma Tribe Lip Plate



Love Series 2, Oil on canvas 85 x 85cm



Love Series 1, Oil on canvas 100 x 73cm



Love Series 5, Oil on canvas 85 x 85cm



Surma Tribe

# Ten una buena estancia en Malasia, MIGUEL HUELAMO!

BY KATHLYN URSULA D'SOUZA

Miguel Huelamo Estrada is the executive chef of Aka Cochin, Pavilion. He graduated from the renowned Escuela Irizar Culinary School and has been in the line with Michelin-starred chefs and was the executive sous chef in Zuma Hong Kong, Miami and London. He opened Obelix London and was the group executive chef of multiple restaurants in Athens. With lots of experience and leaving his culinary mark around the world, the chef is currently stationed in Malaysia, where we managed to snatch a bit of his time for a chat.

## Where are you originally from and what was your hometown like?

I was born and raised in Madrid, the capital of Spain. Madrid is a beautiful city with very nice food – Spanish food, of course. We don't have much Asian food over there, and the Chinese and Japanese food are normally adapted to suit the Western palate. My family loves to eat, so I have always been cooking with them.

## When did you arrive in Malaysia and what was your first impression?

I arrived last year, around the end of May or the beginning of June. I came here for a visit, to see the restaurants and owners. My first impression was ... the heat, the humidity. Back then I was living in Greece, so the humidity was the main difference. I used to stay in Taipei too and it is also hot and humid, very similar to Malaysia, so I like to go outdoors. But if I had to pinpoint something that makes Malaysia different from most countries I've been in is that everything seems to happen in malls. There is so much life in the shopping malls. Not so much street life, except in places like Jalan Alor. I also like the good mix of race and culture. The people here are outgoing, warm and very friendly. I also like the diversity here, like I can see a woman dressed in full hijab gear walking next to a Chinese lady and they're all just getting along fine with no problems whatsoever. Good impression, definitely.

## What about islands in Malaysia, have you been to any of them?

Yes, once for about 3-4 days to Pulau Mersing. I really like diving, so I would like to go to Sabah and Sarawak and check it out.

## You move around a lot.

Yes, I've been in Asia for about 12 years. Taiwan, Shanghai, London, Greece and lots of other places before I came here.

## What was the transition like moving from country to country? Do you ever get homesick?

Not really, I've been out of Spain for a very long time. I've been busy going to and exploring other places, but I do think home is where you are – happy and with your father, mother, sisters and old friends. However, you can easily make friends in a lot of places and

I like to visit mine in Taiwan, Hong Kong, Shanghai and Malaysia. Plus, I have my own small family. I got married a couple of years ago and my wife and I just had a baby this year. She's our little princess, very pretty. So right now, my family is here. My parents came to visit – they arrived on the same day the baby was born and stayed for three months. My mother is already planning to come here for Christmas again.

## How did you get into your current career as a chef?

My family. Everybody loved to eat, and during lunch we'd be discussing dinner and the lunch menu for the next day already. My dad dearly loves to cook and my mother is a very good cook. When I was 18, my mother announced that she was done with cooking and that it would be my turn to cook. I've always been picky about food, ever since I was little. There are certain things I'd prefer to be done in a certain way, my way. We loved to eat out with my parents and their friends. We used to go for tapas and frequent this bar until it closed down. It was so shocking and dramatic for me because nobody knew how to do it the way I liked it. That was when I tried to recreate it. It was the first step. I studied Biology in college, and I really liked to understand the science behind things and how they worked. So I applied those scientific methods to the kitchen. I later realised that I didn't want to work in that field; a 9-to-5 job in a white coat wasn't quite for me. I had a chance to be part of a kitchen preparation, and I found it to be fun. That mix of playfulness was what gripped me.

Some people say cooking is like art, but I don't really agree because art is different in a sense, where you get inspiration and you create a painting, a sculpture or a part of culture. But if you keep doing the same thing over and over again, it's not considered an art anymore. So to me, for cooking, you need to be able to prepare and make a dish and repeat it.

## What is your secret to success?

To me, there really isn't a secret to success. It's just hard work and experience. I haven't reached the pinnacle, it's still an ongoing process.

## Any challenges?

Working very hard with sharp knives! In this type of job, injuries are common and you've got to work around it. Fix it (wound), glue it, put a bandage around it and keep working. Working 12-hour shifts, 15-hour shifts, 6 or 7 days a week. Now that I have a baby it's quite difficult as I want to be at home more.

## How do you feel about Malaysian food? Any favourites?

Actually, I think it's hard to find very authentic Malaysian food. If there are, it's difficult to find. I've tried looking in magazines and such, but they're really hard to find. The ones at the malls are not as authentic as they should be, I think. But the options are very good, though. I like kuay teow, nasi lemak, and tandoori and naan.

## Any favourite holiday destinations in Malaysia so far?

My home, my house. I haven't had the chance to travel that much, but there are plans to do so. I like Cameron Highlands though, but I need to find the time to travel more to places such as Mount Kinabalu.

## What is your current project and what is your vision for Aka Cochin?

An update on the menu, definitely. To add dishes that would be more popular. We are steadily growing and we have repeat customers. As a restaurant, we are working very well but we are struggling as an Izakaya, a Japanese-style bar. We have new concepts in Putra Mall and there are a couple of ideas more on the sidelines.

## What is your advice to those who would love to pursue your career line or take the plunge into the unknown?

You have to enjoy doing it. You have to ask yourself every time you eat – what do you like and how do you like it? You need to start cooking by yourself. I can perfectly tell the difference between garlic that is cooked slowly or fried, and garlic that is freshly chopped or left aside for a long time. You need to know your stuff. You need to create a palate of flavours and essentially like what you do.









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# LUMI

## COLLECTIONS

### The World of LUMI

The Lumi Collection is a fresh and exciting brand that is set to be the new benchmark in the residential, commercial and hospitality industry.

Comprising an exclusive ensemble of the finest and purposefully curated mixed developments in desirable neighbourhoods, each Lumi development is a distinct and cherished expression of our aspirational world.



Our contemporary developments within the collection are driven by design and built to meet the lifestyle needs of the discerning.

Our modern properties all share immaculate service and the utmost in comfort, and every one noteworthy for its architecture and amenities.

In providing comfort and convenience all year round, Lumi properties takes away the strain of city living and welcomes its residents home by providing its signature hotel-styled housekeeping and concierge services.

The first development in the Lumi Collection to make its debut is Lumi Tropicana - an urban cocoon of modern-day living right in the heart of Petaling Jaya. Lumi Tropicana is truly a place where lifestyle, leisure and business come together to form a community that is shaped by its residents.

Open for Registration

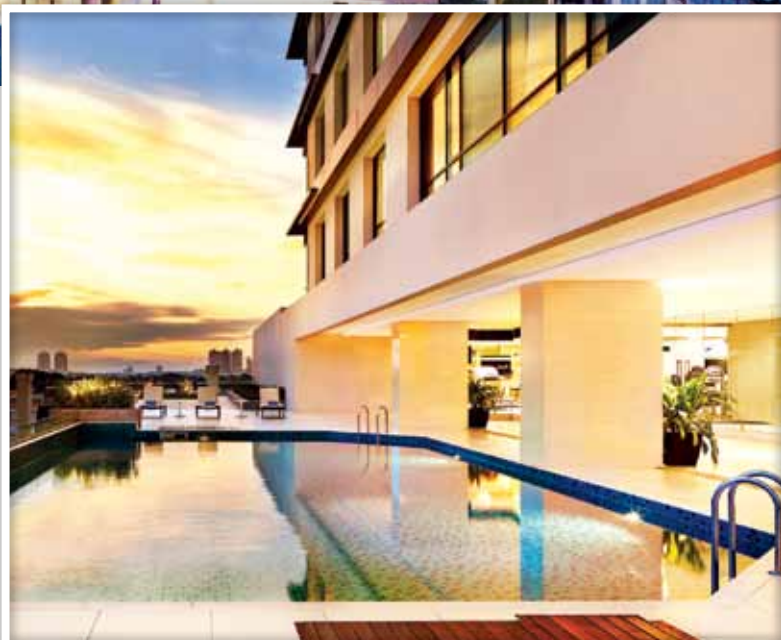
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# FOUR POINTS BY SHERATON PUCHONG

*TIMELESS SIMPLICITY*

BY JANE BEE



**F**our Points by Sheraton Puchong is the perfect embodiment of simplicity with a perspicuous design. There's nothing fancy nor extravagant and yet, it is the simplicity that makes it timeless and appealing.

Nestled within the Multimedia Super Corridor and adjacent to the Puchong Financial Corporate Centre (PFCC), the hotel offers the best for both business and leisure travelling. Be it a staycation, family gathering, business meeting or function, the hotel has it all sorted out for you.

The hotel itself is refreshing – not only the service is efficient but the genuine smiles and attention shown by the staff is comforting. The contemporary designs with wood incorporation and touches of red emit the zen aura, creating a cosy and comfy space, all while staying classy and sleek at the same time.

## **Four Points by Sheraton Puchong**

1201 Tower 3, Puchong Financial Corporate Centre (PFCC), Jalan Puteri ½, Bandar Puteri, Puchong, 47100 Selangor  
Tel: 03-5891 8888  
Website: [www.fourpoints.com/puchong](http://www.fourpoints.com/puchong)





Deluxe Room - King

Each of the deluxe room and suite is in a stylish design with thoughtful touches. The plush mattress, down pillows, cosy duvet and 250-thread-count sheets provide ultimate comfort that promotes quality sleep. The powerful water pressure and rain shower allow one to have a satisfying bath. There isn't a need to worry about toiletries as most of the necessities are provided.

A spacious work desk and Internet access, when paired with such room comfort certainly augment productivity. Guests do not have to put up with slow connection – the free high-speed Internet connection allows one to stream movie or engage in online gaming without any glitches. A perfect plus point!

For long-stay travellers, family or friends gathering, the 12 suites offer more space and amenities that would sure enhance their experience staying in the hotel. The staff are efficient where every enquiry and difficulty is attended to almost immediately.

Food is not a problem as well. Be sure to indulge in the brand's signature all-day dining restaurant, The Eatery, that serves wholesome cuisine. Those who love food variety can opt for the tantalising and scrumptious buffet lunch or seafood buffet dinner. For those who prefer a casual meal, check out its ala carte menu, particularly the specialty appetiser, Seared Tuna that comes with mango, Vietnamese rice skin, marinated kyuri cucumber and Noug Cham dressing.

The Lobby Lounge offers the perfect place for casual chats with its laidback atmosphere. Consider it compulsory to have a drink or two, for the Lobby Lounge is renowned for its Best Brew programme that serves a worldly collection of beers as well as unique cocktails.

Modern facilities and versatile function space enable the hotel to accommodate to almost any occasion. Be it business conference, small group meeting or wedding, one can ensure that every request will be accommodated with attractive packages offered by the hotel.

The hotel's strategic location offers the convenience and accessibility to travellers.

It is just a 20-minute drive from Kuala Lumpur city, 35-minute drive from Kuala Lumpur International Airport and 30 minutes away from Putrajaya.

Ample local cuisine is available within a walking distance from the hotel. Or one can indulge in a shopping spree at IOI mall, Setia Walk and the new IOI City Mall that are just a stone's throw away from the hotel. In case recommendations are needed, heed the receptionist – one will surely be pleased with the suggestions that come with clear instructions.

And yes, one will certainly be thrilled with the value to the stay here at Four Points by Sheraton.



Lobby Lounge  
KL LIFESTYLE | 85

Photo ©WWF-Malaysia / Cynthia Chin



WWF-Malaysia team members working with local communities to create awareness and education on the importance of maintaining and managing natural resources.

Photo ©WWF-Malaysia / Cynthia Chin



WWF-Malaysia helps to empower women's groups with sustainable livelihood skills in Sabah.



# TRUE RESPECT FOR NATURE: COMMUNITY ENGAGEMENT AND EDUCATION IN CONSERVATION

*By Cynthia Chin, WWF-Malaysia Sarawak Community Engagement and Education Manager*

Nature and people are intrinsically related. From the basic building blocks of life, such as oxygen-generation, freshwater, source of raw materials and food, to inspiring art, poetry, dance and firing the human imagination; it has always been a delicate dance between us, the benefactors of nature's bounty, and nature the giver, the protector and the muse. The work of conservation is about ensuring the intactness of nature's functions in all their permutations, complexity and variations. More importantly, this work is done to make sure that nature can continue to sustain life – including human life – on Earth.

While the WWF family comprises a tribe of like-minded people who strive towards the stewardship of nature, part of the WWF vision is also to work with local and indigenous communities who live at the threshold of natural environments – forests, seas and rivers – to empower them towards stewardship within their capacity. At the same time, their wellbeing and livelihoods are not forgotten, and so we work towards empowering them for conservation. In WWF-Malaysia, we refer to this work as Community Engagement and Education (CEE). It is embedded within the framework of Education for Sustainable Development, which incorporates the human element in nature conservation. This straddles two parallel lines of work: the formal system, which includes schools and educational institutions, as well as CEE, or the informal system, which includes local and indigenous communities.

In Malaysia, CEE is one of many tools used to support WWF's programmes, including the seas, such as turtle conservation and sustainable fishing to freshwater systems, such as gulam forests as well as the rainforests, such as the conservation of tigers and highland ecosystems. CEE work is fundamental to any conservation project carried out in or near communities whose lives are affected by changes to their surrounding natural environment. CEE plays a crucial role if these communities are to participate in the long-term management of these natural resources, and we ask ourselves two fundamental questions:

- 1) How do communities benefit from the engagement?
- 2) How does conservation benefit from the engagement?

The crux of our success lies in the balance between the answers to both these questions. It is one way of showing genuine respect for Mother Nature and all who live in her domain.



WWF Malaysia - Take action with WWF's online ef...  
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[http://www.wwf.org.my/how\\_you\\_can\\_help/](http://www.wwf.org.my/how_you_can_help/)

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# HEALTH & BEAUTY PREVIEW



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Kathlyn Ursula D'Souza discusses

# TRIPLE TACKS: TATTOOING, THREADING AND TWEEZING

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We've been raising eyebrows at the trends blossoming this year when it comes to taking great lengths to get the perfect brow shape, texture and colour. Women (and men) are swept away by the new notion that big, thick eyebrows are in (as opposed to the thin-penciled brows of the 1990s) and are constantly on the lookout to see what kind of treatments would get their brows to perfectly shape the face. Trends around the world include bleached brows, brightly coloured brows, thick ungroomed brows (in the zest to emulate Cara Delevingne), but here in Malaysia we are not strangers to eyebrow embroidery, threading and plucking. In this section, we dissect the trends, so that you can decide which road to take for your next brow appointment.

## THE SEMI-PERMANENT TATTOO

Unlike eyebrow tattoos, it is semi-permanent and can last up to two years. By adding coloured pigment to the skin, this technique fills in empty spots on your brows to give them a full and flawless look.

With a feathering technique, this procedure can produce a natural look since it uses pigments perfectly matched to your actual eyebrow colour. After tracing out the area where the desired brow should be, the entire area is filled in with hair-like pigments. Eyebrow embroidery is also great for thickening existing eyebrows or darkening them and making them more apparent.

### *How is eyebrow embroidery done?*

First, a technician will clean up your brow line by removing strays. Then, an anaesthetic cream will be applied to reduce the sensation of pain. Once the desired brows are traced, the technician will use a small blade to cut very small pieces of the top layer of the skin away and apply the new colour in its place.

There may be some redness and minor swelling, but that should disappear within a few hours to a couple of days.

The colour will likely fade by about 50 to 70 percent in the first two weeks, so a follow-up session will be required. It is important to avoid scrubbing the brow area or picking off any scabs that may form, in order to protect the new eyebrows. Because this treatment is semi-permanent, it will require touch-ups from time to time as long as you choose to have them.

## THREADING

Eyebrow threading is an ancient hair-removal technique, practised for centuries among the most beautiful women of Asia and the Middle East.

It is the best alternative to waxing and tweezing, especially for sensitive skin. Unlike waxing, threading does not remove a layer of skin, which can leave the skin on your face susceptible to sun damage. By far the least invasive method of facial hair

removal, this method creates a graceful brow with clean, well-defined edges that frame the eye.

### *How does it work?*

In threading, a thin (cotton or polyester) thread is doubled, then twisted. It is then rolled over areas of unwanted hair, plucking the hair at the follicle level. Unlike tweezing, where single hairs are pulled out one at a time, threading can remove short lines of hair.

Advantages cited for eyebrow threading, as opposed to eyebrow waxing, are that it provides more precise control in shaping eyebrows and is gentler on the skin. It can be painful as several hairs are removed at once. However, this can be minimised if it is done correctly.

There are a few different techniques for threading. These include the hand method, mouth method and neck. Each technique has advantages and disadvantages; however, the mouth holding method is the fastest and most precise.





Threading



Tweezing



Tattooing

Threading allows for a more defined and precise shape and can create better definition for eyebrows. It is also used as a method of removing unwanted hair on the entire face and upper lip area. Threading, however, is not a good method for removing hair on arms or legs, as the hair in these regions is typically quite coarse and there is too much to remove.

## PLUCKING

Tweezing is great because it's easy, absolutely DIY and cost-effective. There is no appointment needed and the only thing you'll ever need is a great set of tweezers and a steady hand!

### *How does it work?*

You can pencil your eyebrows in their desired shape and then tweeze around

that, using it as a guideline. Which hairs you tweeze and which ones you don't is the difference between attractively shaped brows and misshapen ones. Try using an eyebrow pencil to draw on different shapes over your brow area to see which shape looks the best. Use a magnifying mirror, at least a 5X magnification, so you can see each hair.

Go slowly (one hair at a time), so you don't over-tweeze. The beginning of the brow should align with the centre of the nostril. The arch of the brow should fall at the back third of the eye. The eyebrow should follow the length of the eye but it shouldn't extend into the temple area. The basic rule is that the front part of the brow should never drop below the back part of the brow. Allowing this to happen, either with the way you tweeze your

eyebrows or the way you draw them on, makes you look like you're frowning and overemphasises the downward movement of the back part of the eye.

Avoid over-tweezing above the brow. A few stray hairs are fine to remove, but too much can create an unnatural look. Do not overstate the shape of the brow; minimal brow alteration is best. Do not pluck brows into a thin line, thinking it will make your eyes look larger. It can look dated or give the face a surprised look and this shape is not easy to correct once the damage is done.

While this seems like the perfect method for those wanting to save cost or for those who are extremely controlling about their faces, one needs to beware of overplucking, dated tweezers, imbalance of lengths or making too much of an arch.

# BURNING CARBOHYDRATES AND NOT HYDROCARBONS

## *Top Three Trails for Biking*

BY KATHLYN URSULA D'SOUZA



Cycling is a new trend these days and why would it not be? It's half the amount of wheels but twice the amount of fun. It is also efficient in both commuting and saving money, it builds muscles and well, you don't need a parking lot for it. Malaysia's tropical climate may deter some from being outdoors too much, but it certainly doesn't stop adrenaline junkies from exploring and utilising the multi-type terrains found in abundance across the country. There are just too many biking trails around, and the routes are endless and ever interconnecting.

If you're a biking enthusiast and are looking for some place to start or mark the spots on your map, check out the top three biking trails in Malaysia, ranked according to their popularity with the local biking community.

### **1. FRIM Biking Trail**

The Forest Research Institute Malaysia (FRIM) is a popular spot that offers a plethora of recreational activities despite being a tropical forest research institution. Located in Kepong, it has been made a highly accessible area for the local community.

While other activities such as birdwatching and camping are popular in FRIM, common cycling activities are also allowed there. There are designated roads solely for cycling as well as trails designed for the purpose of mountain biking activities in FRIM. The authorities at FRIM have since 2014, established trails that cater strictly to biking enthusiasts.

Believed to provide a more natural surrounding and experience to mountain bikers, FRIM is a common place where most

biking enthusiasts start out. Wide trails and fresh air aside, the biking trails comprise Bukit Bujang, Simpang K, Perah Campsite, Tongkat Ali or Bukit Steroid and Puncak Pinus or known as Helipad. Each trail comes with its own level of difficulty, categorised as light (10km), medium (20km) or challenging (30km). There are no rules on which trail should you take on but biking enthusiasts are advised to make choices depending on if you're still a novice or a veteran at this.

If FRIM is where you're setting your sights on for your next biking adventure, note that there are rules and regulations to be followed. The tracks are open for activities from 5.30 am until 7.30 pm but visitors can only conduct their activities on designated tracks and be mindful of any changes made by the authorities at FRIM as the tracks may be re-designated from time to time,



depending on changes in seasonal weather and safety precautions. To get pedalling, you'd also need a permit to be displayed at all times and made available for inspection.

It's normal to be lost in the heat of the wilderness when you're pedalling across the rocky terrain, but one must always be alert of not only the nature of the trails, but also the passers-by. Due to its location being a hotspot for the public, FRIM is always a little more packed compared to isolated outdoor areas that are more common for high-impact activities. Open to the general public and tourists, biking in the area is deemed to be relatively very safe as it is monitored and is always alive with outdoor activities and campaigns being held.

Address: Forest Research Institute of Malaysia, 68100 Kuala Lumpur, Malaysia.

## 2. Pantai Kok, Langkawi

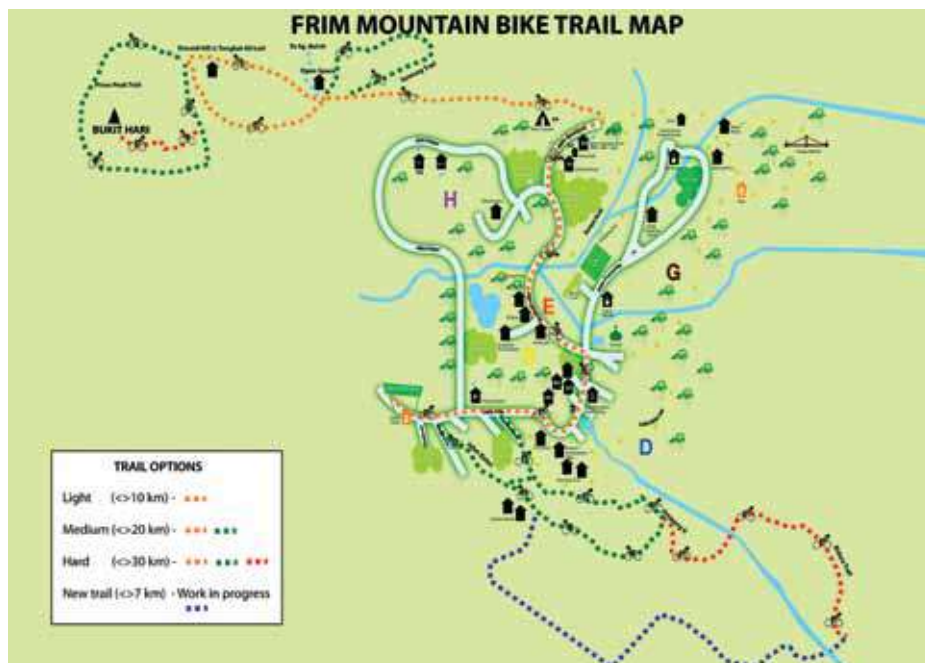
When you speak of Langkawi, it is inevitably about the beautiful beaches, the fresh summer breeze and all things tropical about the little local paradise. While outdoor activities are commonly held around the island, biking isn't a common sport for most.

Despite its flowy and beach vibes, many cycling and biking competitions have been held around Langkawi for many years. Prominent ones include Le Tour De Langkawi and the Langkawi International Mountain Bike Challenge.

Located on the western coastline, Pantai Kok is relatively a quieter place compared to Pantai Cenang. Home of the Oriental Village and Perdana Quay, this area has seen mountain biking become a popular activity. Langkawi's highest peak, Mount Mat Cincang is situated within the area which is covered with rainforest and is home to a diverse range of flora, fauna and great bird life. While Mount Mat Cincang is more widely known its famous cable car attraction, its terrain has been challenged by many through mountain biking activities, making it as no surprise that motorcycling and mountain biking have become greatly popular here.

You can easily get everything you need from the operators in Mount Mat Cincang. Located inside the Oriental Village itself, Cici offers exciting mountain biking and motorcycling expeditions in the geo park of the mountain. Going on the trails means exploring much more of the rainforest on the mountain slopes while getting plenty of sightings of birds and flora and fauna.

Address: Oriental Village, Burau Bay, 07000 Langkawi Kedah, Telaga Harbour Park, 07000 Langkawi, Kedah, Malaysia.



## 3. Cameron Highlands Jungle Trail

This popular, chilly local favourite is one of Malaysia's extensive hill stations. Known for its breathtaking beauty and untainted air and fruit produce, this attraction is located in on the northwestern tip of the east coast state of Pahang.

Cameron Highlands is more known for its tea plantations, lush jungles laden with exotic flora, waterfalls and clear rivers as well as orchards and luxury resorts but there's always room for some dirt action up north. The massive land area provides for over 14 different trails that will definitely tear your muscles out.

Trail 7 & Trail 8 are marked as the toughest areas amongst all 14 trails. The adventure on Trail 7 begins with a two-hour haul that starts from MARDI with a steep ascent to Gunung Beremban on an overgrown path before you can descend from the top on Trail 3 (a highly recommended route) or hike down Trail 8 for another two to three hours of adrenaline-filled adventure. If that isn't already a Herculean challenge for you, test your endurance on Trail 8 with a difficult three-hour climb that

starts from the Robinson Waterfall to Gunung Beremban. In between the dirt action and the fresh air, each trail truly holds spectacular sights for you to witness. For instance, the Robinson Waterfall is located along Trail 8. If you manage to go all the way up there, there's definitely a little something for you to see.

Fret not, if you're more of a beginner and wish to take it easy (which is extremely easy to do, seeing how serene and light the atmosphere in Cameron Highlands is), the other trails are relatively easy with most marked as moderate for biking enthusiasts to counter. The easiest trail to take on is Trail 4 which starts with a 30-minute stroll to Parit Waterfall. The path is paved in stretches with a turning to the watchtower and starts nearby the Forestry Department. Signage are available all the way throughout the trails, with safety precautions displayed to remind biking enthusiasts of certain necessary measures such as bringing along water supply and hotel contact numbers. You can also take a tour guide along in your action-packed pedal adventure, just in case!

## Skincare for Him

Occasionally, the man (or men) in your life need a little help in choosing skincare products for themselves. You know, just in case you notice the tub of moisturizer from La Prairie decreasing everytime they leave the bathroom. Thank god for great skincare in the market targeted specifically for men. Here are our top 10 skincare products for the man who needs his daily dose of skin pampering:

BY NADHIRAH BADARDIN



### NEAL'S YARD REMEDIES White Tea Enriching Facial Mask

RM250

As much as some men may keep up a macho front, they may still care about sensitive and dry skin. This Neal's Yard Remedies White Tea Enriching Facial Mask (for dry and sensitive skin) is an intensive nourishing treatment to restore vital moisture levels, plump the skin and help reduce the appearance of fine lines. Enriched with antioxidant white tea and purifying kaolin, this facial mask is sure to take great care of your man's skin needs.

### L'OCCITANE Cédrat After Shave Cream Gel

RM129

L'Occitane has revealed a new men's skincare collection, made with organic Corsican cedrat, to hydrate, mattify and energise the skin. The After Shave Cream Gel provides triple-action benefits - hydrates and soothes the skin after shaving, reduces feelings of irritation and tightness, and tones and protects the skin from external aggressions. Its fresh and melting texture is quickly absorbed without feeling greasy.



### AVEDA Pure-Formance Dual Action Aftershave

RM185.40

Quick, easy, fuss-free products are what Aveda Men Pure-Formance is all about - the two-in-one aftershave and moisturiser, which cuts out a step for minimum input with maximum results. As well as minimising razor burn, it hydrates, refines, improves skin barrier strength and reduces oil. Here's something for the man on the go.

### AESOP Chamomile Concentrate Anti-Blemish Masque

RM224.50



We know how most men feel about face masques. But Aesop's unisex product line is so stylishly packaged that even the most skincare-shy man would be proud to display it on his bathroom shelf. The Chamomile Concentrate Anti-Blemish Masque is one of our favourites - this anti-blemish masque contains a powerful blend of plant actives and purified clays and is a rapid-functioning astringent to prevent blemishes.



### KIEHL'S Facial Fuel Energizing Face Wash

RM93

Men may be quick to dismiss the effects of great skincare but only because they haven't given the Kiehl's Facial Fuel range a shot. This efficient and energizing facial cleanser thoroughly cleanses without over-drying the skin and prepares it for a less irritating and more comfortable shave. Besides the ultra cleansing effects, this cleanser helps resist the effects of environmental stress while giving the skin a fresher and healthier appearance.



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### the Curve

Mutiara Damansara, PJ  
Tel : 03-7710 6868  
Situating in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.

### Bangsar Village

Jalan Ara, Bangsar • B Bangsar  
Tel : 03-2282 1808  
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

### Alamanda Putrajaya

Jalan Alamanda, Precinct 1, Putrajaya  
Tel : 03-8888 8882  
Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Alamanda offers a new resort-style shopping to suit the needs of all - with Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

### CapSquare

Jalan Munshi Abdullah • M Tuanku  
 Dang Wangi  
Tel : 03-26912036  
Strategically located in the heart of KL's midtown area, CapSquare is an eclectic mix of signature offices, Manhattan-inspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

### Bata

• Sunway Pyramid • LG14 Subang Parade • One Utama PHS 2 • KLCC  
• Mid Valley Megamall • Alamanda Putrajaya • Pavilion KL • Jusco Bukit Tinggi

### fahrenheit88

179, Jalan Bukit Bintang • B Bintang  
Tel : 03-2148 5488  
A hot spot for Fashion, Food, Gadgets and Entertainment with 200 retail stores over 7 levels of shopping space. Shop at South East Asia's largest Uniqlo store, the latest Shoes, Bags, Accessories on First Floor, or buy gifts and souvenirs. Discover new concept cafes and restaurant or entertain at CEO Karaoke Box and Club Vellin. • 10am-10pm daily

### 1 Utama

1 Lebuhr Bandar Utama, Bandar Utama, PJ Tel : 03-7710 8118  
A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer brands and has U Parkson, MPH & Jusco as anchor tenants • 10am - 10pm daily.

### Berjaya Times Square

Tel : 03-21173111  
1 Jalan Imbi • Imbi  
The biggest in Southeast Asia, this mall which measures 7.5 million sq ft, is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. • 10am - 10pm daily. • F8

### KLIA Shopping

KL International Airport, Sepang KLIA Ekspres-KLIA Tel : 03-8777 8888  
One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.

### Publika Shopping Gallery

Tel : 03-62079426  
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur  
Tel : 03-621107877  
www.publika.com.my  
www.facebook.com/publikashoppinggallery

### Suria KLCC

Petronas Twin Towers • KLCC  
Tel : 03-2382 2828  
Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

### Sunway Pyramid

Bandar Sunway  
Tel : 03-74943100  
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

### Pavilion KL

168, Jalan Bukit Bintang • B Bintang  
Tel : 03-2118 8833  
The shopping centre blends the best of the international retail world with 450 stores - ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

### Bangsar Shopping Centre

Jalan Maarof, Bangsar  
Tel : 03-2094 7700  
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

### Maju Junction Mall

1001 Jalan Sultan Ismail • M Tuanku S Ismail Tel : 03-27728500  
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

### Bukit Bintang Plaza

111 Jalan Bukit Bintang • B Bintang  
Tel : 03-2148 7411  
Extending into Sungei Wang Plaza, BB Plaza offers an interesting variety of stores selling jewellery, fashion wear, books, AV equipment, etc. Metrojaya department store is the anchor tenant. • 10am - 10pm daily. • F8

### Pertama Complex

Jalan Tuanku Abdul Rahman  
• M Tuanku  
• Bandaraya • Bank Negara  
Tel : 03-2692 7457  
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

### Sogo KL

Jalan Tuanku Abdul Rahman  
• M Tuanku  
• Bandaraya • Bank Negara  
Tel : 03-2698 2111  
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

### Starhill Gallery

181 Jln Bkt Bintang • B Bintang  
Tel : 03-2782 3855  
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. • 10am - 10pm daily • E9

### Sungei Wang Plaza

Jalan Sultan Ismail • B Bintang  
Tel : 03-2148 6109  
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers • 10am - 10pm daily • F8

### Subang Parade

Subang Jaya • Subang  
Tel : 03-5032 9778  
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door. • 10am - 10pm daily.

### Great Eastern Mall

303 Jalan Ampang  
Tel : 03-4259 8090  
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.





## Hartamas Shopping Centre

Plaza Damas, 60 Jalan Sri Hartamas 1  
Tel : 03-6201 6553/ 8353.  
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

## IPC Shopping Centre (Formerly Ikano)

2, Jalan PJU 7/2, Damansara Mutiara, PJ  
Tel : 03-77207333  
Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

## Lot 10

50 Jalan Sultan Ismail • B Bintang  
Tel : 03-2143 6092  
Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

## Low Yat Plaza

Off Jalan Bukit Bintang • B Bintang  
Tel : 03-2148 3651  
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

## MINES Shopping Fair

Seri Kembangan • Serdang  
Tel : 03-8949 6333  
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. • 10am - 10pm daily.

## Mid Valley Megamall

Lingkar Syed Putra • Mid Valley  
Tel : 03-2938 3333  
The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

## The Gardens Galleria

Mid Valley City • Mid Valley  
Tel : 03-2297 0288  
This five-star component of Mid Valley comprises a contemporary four-storey shopping gallery with specifically designed floors for straightforward shopping experience. Check out the Roof Garden, touted to be an exciting fine dining destination in KL. Anchor tenants include Isetan of Japan, Robinson and Golden Screen Cinemas • 10am - 10pm daily

## Sunway Putra Mall

(Formerly The Mall)  
100 Jalan Putra, KL • PWTC  
Tel : 03-4042 7122  
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

# DINE



## GEE & GEEK

Jalan SS 2/4a, SS 2,  
47300 Petaling Jaya, Selangor



## Brolly

Ground Floor, Menara Felda,  
Platinum Park, Persiaran KLCC

## Chinese

### Celestial Court

03-2717 9988 • M Tuanku •  
Sheraton Imperial Hotel  
• Halal • Casual Dining • C6

### Chynna

03-2264 2264 • KL Sentral • Hilton KL  
• Halal • Casual Dining • H3

### Dynasty

03-2162 2233 • B Nanas • East Wing,  
Renaissance Hotel  
• Non-Halal • Casual Dining • D7

### Dynasty Dragon

03-2145 1628 • B Bintang • Time Square  
• Non-Halal • Casual Dining • F8

### Hakka

03-21431907 • Raja Chulan 6 Jalan Kia  
Peng • Non-Halal • Casual Dining • E9

### Imbi Palace

03-2145 4822 • Imbi • Jalan Barat, off  
Jalan Imbi • Non-Halal • Casual Dining  
• F8

### Kim Ma

03-8946 4888 • Palace of the Golden  
Horses • The Mines Resort City • Halal •  
Fine Dining • Cantonese cuisine

### Lai Po Heen

03-2179 8885 • KLCC • Mandarin  
Oriental Hotel • Halal • Casual Dining •  
Cantonese • D8

### Lee Wong Kee

Bandaraya • 239 Jln Tuanku Abdul  
Rahman • Non-Halal • Casual Dining •  
Cantonese • D5 • 03-2692 2685

### Li Yen

03-2782 9033 • B Bintang • The Ritz  
Carlton Hotel • Non-Halal • Casual  
Dining • F9

### Maju Palace

03-2691 8822 • M Tuanku S Ismail • Level  
5, Maju Junction Mall • Halal • Casual  
Dining • C5

### Xing Zhu

03-8312 7223 • Cyberlodge Resort,  
Cyberjaya. • Halal

### Mandarin Palace

03-2148 9166 • B Bintang • 2/F, Federal  
Hotel • Non-Halal • Casual Dining • F8

### Marco Polo

03-2141 2233 • Raja Chulan • 1/F, Wisma  
Lim Foo Yong, Jalan Raja Chulan • Non-  
Halal • Casual Dining • E8

### Meisan

03-2693 9233 • Bandaraya • Quality  
Hotel City Centre • Jalan Raja Laut  
• Halal • Casual Dining • Szechuan  
cuisine

### Ming Palace

03-2161 8888 • Ampang Park • Corus  
Hotel, Jln Ampang • Casual Dining

### Ming Room

03-2284 8822 • Bangsar • Bangsar  
Shopping Centre • Non-Halal •  
Casual Dining

### Museum

03-4042 9888 • PWTC • The Legend  
Hotel • Halal • Private Dining

### Oriental Noble House

03-2145 8822 • Imbi • 19 Jalan Delima,  
Off Jalan Imbi • Non-Halal • Casual  
Dining • F10

### Overseas

03-2144 9911 • B Bintang • 84-88  
Jalan Imbi • Non-Halal • Casual  
Dining • F8

### Purple Cane

03-2272 3090 • Maharajalela •  
Selangor Chinese Assembly Hall, 1 Jln  
Maharajalela • Halal • Casual Dining  
• G6

### Xin Cuisine

03-2144 2200 • B Nanas • Concorde  
Hotel • Non-Halal • Private Dining  
• D7

## French

### Café Café

03-2141 8141 • Maharajalela • 175  
Jalan Maharajalela • Halal • Fine  
Dining • Fr & Italian • H7

## Fusion

### Cilantro

03-2179 8000 • MiCasa All Suite Hotel,  
368B Jalan Tun Razak • Pork-Free • Halal  
• Fine Dining • D10

### Etoile Bistro

03-2161 7777 • R Chulan • Hotel  
Equatorial • Halal • Casual Dining • E8

### Frangipani

03-2144 3001 • B Bintang • 25,  
Changkat Bkt Bintang • Halal • Fine  
Dining

### Isthmus

03-2282 8112 • Mid Valley • G/F,  
Northpoint, Mid Valley City • Thai &  
Nyonya • Pork-Free • Casual Dining • F8

### Rahsia

03-2144 0059 • 13 Jalan Damai, off  
Jalan Tun Razak • Halal • Casual Dining  
Nyonya, Indonesian, European • C10

### Senses

03-2264 2264 • KL Sentral • Hilton  
KL

### Shooki

03-2719 8535 • B Bintang • Lower G/F,  
Starhill Gallery • Halal • Fine Dining • E9

## Indian

### Estana Curry House

03-2141 1958 • Raja Chulan • 23D, Jln  
Sultan Ismail • Halal • Casual Dining  
• C6

### Kallianees

KLCC • 16 Lorong Yap  
Kwan Seng • Kerala cuisine • Halal  
• Casual Dining • C9  
03-2161 0616

### Khaana Peena

03-6201 3355 • E-01-04, Plaza Mont Kiara  
• North Indian • Halal • Casual Dining

### Passage Thru' India

03-2145 0366 • 4, Jln Delima, kl  
Halal • Casual Dining • E10

### Spice Garden Imperial

03-2142 2220 • B. Bintang • 205 Jln Bkt  
Bintang.

### That Indian Thing

Medan Tuanku • 52 Jalan Doraisamy •  
Halal • Casual Dining • D6

## Indonesia

### House of Sundanese

Sari Ratu  
03-2141 1811 • B Bintang 42-2 Jalan  
Sultan Ismail • Halal • E8

## International

### Essence

03-2717 9900 • M Tuanku • Sheraton  
Imperial • Halal • Casual Dining • C6

### The Resort Cafe

03 - 7495 1888 • Lobby Level,  
Sunway Resort Hotel & Spa  
\*Pork-Free Restaurant

### Eight Gourmets Gala (EGG)

017 948 8684 • Suite G-01, Ground  
Floor, Pinnacle Annexe, Persiaran  
Lagoon, Bandar Sunway, 47500,  
Selangor

## HOTELS & RESORTS

### Maya Brasserie

03-2711 8866 • B Nanas • KLCC  
• Hotel Maya KL • Halal • Casual  
Dining • Nyonya & International • D8

### Melting Pot

03-2144 2200 • B Nanas Concorde  
Hotel, 2 Jln Sultan Ismail • Halal • 24-  
hour • Casual Dining • D7

### Still Water Restaurant

03-27118866 • B Nanas • KLCC •  
Hotel Maya KL • Halal • Casual  
Dining • Japanese & Western • D8

### The Vogue

03-2162 2233 • B Nanas •  
Renaissance Hotel • Halal • Casual  
Dining

### PNB Darby Cafe

03-7490 3333 • Ampang Park • G/F,  
PNB Darby Park, Executive Suites, 10  
Jalan Binjai • Halal • Casual Dining  
• D9

## Italian

### Cellini's

03-2715 1000 • B Bintang • Dorsett  
Regency Hotel • 172 Jalan Imbi • Halal •  
Casual Dining • F9

### il Tempio

03-4256 9300 • Tamarind Springs  
Restaurant • Halal • Fine Dining

### La Risata

03-4252 6269 • 26, Persiaran Ampang  
• Halal • Casual Dining

### Prego

03-2773 8338 • B Bintang • The Westin  
Hotel • Halal • Fine Dining • E9

### Villa Danieli

03-2717 9922 • M Tuanku • Sheraton  
Imperial Hotel • Halal • Italian • Fine  
Dining • C6

## Japanese

### Benkay

03-2782 6118 • Ampang Park • Hotel  
Nikko • Halal • Casual Dining • C9

### Gen

03-4042 9888 • PWTC • Sunway Putra  
Hotel • Halal • Casual Dining • B5

### Genki Sushi

03-2166 6220 • KLCC • 428 Level 4, Suria  
KLCC • Halal • Casual Dining

### Iketeru

03-2264 2264 • Stesen Sentral KL  
• Hilton Kuala Lumpur, 3 Jln Stesen Sentral

### Kampachi

03-2148 9608 • Raja • Pavilion KL

### Kokufu

03-4049 4412 • PWTC • Pan Pacific Kuala  
Lumpur • Halal • Fine Dining

### Komura

03-2161 8888 • Ampang Park Corus Hotel  
• Casual Dining • C9

### Ozeki Tokyo Cuizine

03-2166 4263 • B Nanas • Menara TA One  
• Halal • Fine Dining • D8

### Sagano

03-2162 2233 • B Nanas • Renaissance  
Hotel • Halal • Casual Dining

## Korean

### Da On

03-2141 2100 • B Bintang  
• Pavilion KL • Halal • Fine Dining •  
Korean • E8

### Ko Hiang

03-4251 0492 • 314 Jalan Ampang  
• Non-Halal • Casual Dining

### Koong Jung

03-2166 7181 • Ampang Park • PNB  
Darby Park • Halal • D9

### Koryo Won

03-2143 2189 • Bukit Bintang • Starhill  
Gallery • Halal • Casual Dining • E8

## Thai

### Rama V Fine Thai Cuisine

03-2143 2428 / 03-2143 2663 5, Jalan  
U-Thant, 55000 Kuala Lumpur • Halal •  
Fine Dining

## HOTEL & RESORT

### ★★★★★

### Ascott KL

03-2142 6868  
9, Jalan Pinang • R Chulan • From  
RM380-RM790

### Berjaya Times Square Hotel & Convention Centre

03-2117 8000 • 1 Jalan Imbi • Imbi • Big  
Apple Restaurant (Fusion) Broadway  
Lounge, The Cafe, The Bar, • From  
RM245-RM700 • F8 • www.timesquarekl.  
com

### Seri Pacific Hotel Kuala Lumpur

03-4042 5555 • Jalan Putra • PWTC  
Zende (Int'l), Kokufu (Jap), lounge to Chereza  
From RM198++ to RM3,000 • B5  
www.seripacifichotel.com

### Grand Hyatt Kuala Lumpur

03-2182 1234 • Jalan Pinang  
• KLCC • JP Teres (Malaysian),  
THIRTY8 (International), Poolside  
From RM550 - RM5610  
www.kualalumpur.grand.hyatt.com

### The Westin KL

03-2731 8333 199 • Jalan Bukit Bintang  
• B Bintang • Prego (Ita), Living Room  
(Int'l), Qba (Bar & Grill), Treats (gourmet  
bakery), Eest (Pan Asian) • From RM480-  
RM7,000 • E9 • www.westin.com

### Grand Millennium KL

03-2117 4888 • 160, Jalan Bukit Bintang •  
• Bukit Bintang • Zing (Chi), The Mill (Int'l)  
• From RM300-RM5,600 •  
www.millenniumhotel.com

### Hilton KL

03-2264 2264 • 3, Jln Stesen • Sentral,  
KL Sentral • KL Sentral • Chynna(Chi), Senses (Fusion), Noodle  
Room, Sudu, Zeta Bar, Vintage Bank •  
From RM385-RM605 • G3  
• www.hilton.com

### Hilton PJ

03-7955 9122 • 2 Jalan Barat, PJ • Asia  
Jaya • Toh Yuen (Chi), Paya Serai Coffee  
House, Genji (Jap), Caffè Cino, Uncle  
Chilli's • From RM220-RM1685

### Holiday Inn Kuala Lumpur Glenmarie

03-7802 5200 • 1 Jalan Usahawan U1/8,  
Shah Alam • Fu-Rin (Jap), Kites (Int'l), The  
Mix Restaurant & Bar • From RM290 •  
www.holidayinn.com/glenmarie



### KL Tower

03-2020 5446 / 2020 5444  
• Bukit Nanas • Jalan Punchak, off Jalan  
P Ramlee. • The KL Tower stands at 421  
metres. The tower houses a revolving  
restaurant and an observation deck  
which takes 58 seconds to reach. Catch  
the sunset or experience sky jumping  
from the tower roof. • Opens 9am 10pm  
daily • E7



### Istana Negara, Jalan Duta

Located along Jalan Duta, it is the official  
residence of Malaysia's king since Nov  
11, 2011. Influenced by both Islamic  
and traditional Malay architecture, this  
unique structure is the latest addition to  
the country's architectural wonders.



### National Monument

Jalan Tugu, off Jalan Parlimen  
• Designed by American artist,  
Felix Weldon and cast in Italy, the  
immense bronze structure was built to  
commemorate the servicemen who lost  
their lives during the struggle against  
the communist insurgency in the 1950's.  
The 7 soldiers symbolise unity, strength,  
leadership, sacrifice, courage, suffering  
and vigilance • E3



### Little India

• Masjid Jamek • Jalan Masjid India is a  
colourful street with numerous wholesale  
and retail Indian traders who sell  
everything from Indian brass, jewellery,  
sarees, Indian handicrafts to perfumes &  
spices. • E5



### National Museum

03-2694 4590 • 29 Jalan Raja • Displays a  
unique permanent collection of artifacts  
and materials showcasing the history  
and heritage of Malaysia • Opens 9am  
to 6pm daily • Admission RM1. Free for  
<12 yrs & students



### Jamek Mosque

Jalan Tun Perak • Situated at the  
confluence of the Klang and Gombak  
rivers, this grand old mosque was  
designed by British architect AB Hubbock  
in 1909. It incorporates many features  
of Moghul architecture • Opens 8am-  
1:30pm & 2:30pm-6pm.



**Sheraton Imperial KL**

03-2717 9900 • Jln Sultan Ismail • ❶ M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5,825 • D6

**Hotel Istana**

03-2141 9988 • 73, Jalan Raja Chulan • ❷ R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'l) • From RM299-RM5000 • E8 • www.hotelistan.com.my

**Hotel Maya KL**

03-2711 8866 • Jalan Ampang • ❸ Bukit Nanas • KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325-RM1,800 • D8 • www.hotelmayakl.com.my

**InterContinental KL**

03-2161 1111 • 165, Jalan Ampang • ❹ Ampang Park • Serena Brasserie, Tao (Chi), Tatsu (Jap), Bentley's Pub, Lobby Lounge & The Deli • From RM330-RM12,500 • C9 • www.intercontinental.com

**JW Marriott Hotel KL**

03-2715 9000 • 183 Jalan Bukit Bintang • ❺ B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400-RM8,000 • E9 • www.marriott.com

**Le Meridien KL**

03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • ❻ KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328-RM5,500 • H3 • www.lemeridienkualalumpur.com

**Mandarin Oriental Hotel**

03-2380 8888 • KL City Centre • ❷ KLCC • Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409 (internet)/RM499 (phone) • D8 • www.mandarinoriental.com

**Palace Beach and Spa**

03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • ❸ Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

**Sama-Sama Hotel KLIA**

03-8787 3333 • Kuala Lumpur International Airport • ❹ KLIA • Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ • www.samasamahotels.com

**Parkroyal Kuala Lumpur**

03-2147 0088 Jln Sultan Ismail • ❶ B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Klix Lounge • From RM270 • www.parkroyalhotels.com

**PNB Darby Park Executive Suites**

03-7490 3333 • 10, Jln Binjai • ❷ Ampang Park • The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350-RM686 • D9 • www.pnbdarbyparksuites-kl.com

**Prince Hotel & Residence KL**

03-2170 8888 • 4, Jalan Conlay • ❸ Raja Chulan • Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9 • www.princehotell.com

**Renaissance KL**

03-2163 6888 • Corner of Jln S. Ismail/Jln Ampang • ❹ B Nanas • Sagano (Jap), MED@Marche (Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTationS (Int'l) • From RM215-RM6,000 • D7

**Shangri-La Hotel KL**

03-2032 2388 • 11 Jalan Sultan Ismail • ❶

B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

**Sheraton Imperial Hotel**

03-2717 9900 Jln Sultan Ismail • ❷ M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5,8250 • D6

**Somerset Seri Bukit Ceylon**

03-2055 8888 • No 8, Lorong Ceylon off Jalan Raja Chulan • NeroTeca (Ita) • From RM250-RM480 • E7 • www.somerset.com

**The Gardens Hotel & Residences**

03-2268 1188 • Mid Valley City • ❸ Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtres.com

**Sunway Putra Hotel (Formerly The Legend Hotel)**

03-4042 9888 • Putra Place, 100 Jalan Putra • ❹ PWTC • Museum (Chi), Di-Atas Brasserie (Int'l), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www.legendhotell.com

**The Ritz-Carlton KL**

03-2142 8000 • 168, Jalan Imbi • ❺ B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

**The Ritz-Carlton Residences**

03-2142 9000 • ❺ B Bintang • From RM950-RM1,330 • F9

**The Royal Chulan**

03-2688 9688 • Jalan Conlay • ❸ R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

**Aloft Kuala Lumpur Sentral**

03-2723 1188 Jalan Stesen Sentral • ❹ KL Sentral • ❸ KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • http://www.starwoodhotels.com/alofthotels

**Ancasa Hotel KL**

03-2026 6060 • Jln Tun Tan Cheng Lock • ❹ Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

**Boulevard Hotel**

03-2295 8111/2295 8000 • ❸ Mid Valley City, Lingkaran Syed Putra • Mid Valley • Wild Rice (Int'l) • Rates from RM290Nett - RM420Nett • www.blvhotel.com

**Carcosa Seri Negara**

03-2295 0888 • Taman Tasik Perdana • The Dining Room (Fr), Gulai House (Malay) The Bar • From RM1,100-RM5,500 • F3

**Concorde Hotel**

03-2144 2200 • 2 Jalan Sultan Ismail • ❹ B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178++-RM320++ • D7

**Coronade Hotel KL**

03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • ❹ B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge • From RM208-RM500 • F8 • www.coronade.com

**Corus Hotel KL**

03-2161 8888 • Jalan Ampang • ❹ Ampang Park • Ming Palace (Chi), Dondang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotell.com

**Dorsett Regency**

03-2716 1000 • 172, Jalan Imbi • ❹ B Bintang • Checker's (Café), Cellini's (Ita), Windows Lounge (Wn) • From RM200



**The Majestic Hotel Kuala Lumpur**  
5 Jalan Sultan Hishammuddin, 50000 Kuala Lumpur, Malaysia.  
03-2785 8000  
www.majestickl.com

onwards • F9  
• www.dorsettregency-kl.com

**Federal Hotel**

03-2148 9166 • 35, Jalan Bukit Bintang • ❹ B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 • www.fh-hotels.com

**Grand Seasons**

03-2697 8888 • 72, Jalan Pahang • ❹ Chow Kit • KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

**Impiana KLCC Hotel & Spa**

03-2147 1111 • 13 Jln Pinang • ❹ R Chulan • Tonka Bean Cafe (Int'l) • From RM219-RM368 • D8 • www.impiana.com

**Novotel City Centre KL**

03-2147 0888 • 2 Jln Kia Peng • ❹ R Chulan • Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260-RM660 • E8 • www.novotel.com

**Pacific Regency Hotel Suites**

03-2332 7777 • Menara PanGlobal, Jalan Punchak • ❹ B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290-RM500 • D7 • www.pacific-regency.com

**Pyramid Tower Hotel**

03-7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

**Quality Hotel City Centre**

03-2614 8000 • Jalan Raja Laut • ❹ DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150-RM550 • C5 • www.quality.com.my

**Swiss Garden Hotel**

03-2141 3333 • 117, Jln Pudu • ❹ Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From 470+

**The Royale Bintang KL**

03-2143 9898 17-21 Jalan Bukit Bintang • ❹ B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

**The Royale Bintang Damansara**

03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 • www.royalebintang.com.my

**The ZON All Suites Residences on the Park**

03-2164 8000 • 161D Jalan Ampang • ❹ Ampang Park • Terracotta Restaurant &

Lounge • From RM253-RM396 • D8  
• www.zonhotel.com.my

**Traders Hotel**

03-2332 9888 • Kuala Lumpur City Centre • ❹ KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

**Vistana KL**

03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • ❹ Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

**Alpha Genesis**

03-2141 2000 • 45 Tingkat Tong Shin • ❹ B Bintang • Tee Box Café • From RM150-RM380 • F7 • www.alphagenesishotel.com

**Cititel Mid Valley**

03-2296 1188 • Mid Valley, Lingkaran Syed Putra • ❸ Mid Valley • Citi Café • Rates from RM205Nett - RM320Nett

**Corona Inn**

03-2144 3888 • 22, Jalan Tong Shin • ❹ B Bintang • Corona Café • From RM130-RM180 • F8 • www.coronainn-kuala-lumpur.com

**Grand Continental**

03-2693 9333 • Jln Bellia/Jln Raja Laut • ❹ PWTC M Tuanku • Grand Star (Chi), Lai Marble Coffeehouse • From RM135-RM800 • C5 • www.gh-hotels.com.my

**First World Hotel**

03-6101 1118 • Genting Highlands • Istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 - RM460

**Hotel Malaysia**

03-2072 7722 • 162, Jalan Hang Lekir • ❹ Pasar Seni • Malaya Café • From RM120-RM250 • F5 • www.hotelmalaya.com.my

**Midah KL**

03-2273 9999 • 8, Jalan Kampung Attap • ❹ Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café • From RM145-RM250 • G5

**Prescott Inn**

03-2713 7887 • 23 Lrg Medan Tuanku 1, off Jln Sultan Ismail • ❹ M Tuanku • Makana Restaurant • From RM110-RM170 • C5

## SIGHTSEEING

### Swiss-Inn KL

03-2072 3333 • 62, Jln Sultan • 📍  
Maharajalela  
• Café Petaling • From RM130-RM175  
• G6

### The Plaza Hotel

03-2698 2255 • Jalan Raja Laut • 📍 Sultan  
Ismail • Pago-Pago Café (Continental),  
Plaza Court (Chi) • From RM110-RM178  
• C5

## SIGHTSEEING

### Aquaria KLCC

03-2333 1888 • 📍 Raja Chulan 📍 KLCC •  
All 60,000 sq ft of Aquaria encompasses  
Evolution, Jewels of the Jungle, Deep  
Forest, The Coasts and Touch Pool, The  
Living Oceans and The Living Reef, with  
over 5000 aquatic and land-bound animals  
representing over 150 different species.  
Don't miss the 90-metre underwater tunnel.  
Opens daily from 11am-8pm. (Including  
weekends, school and public holidays) Last  
admission at 7pm. Entry RM38 (adult), RM26  
(children) • D8

### Batu Caves

03-6189 6284 • This popular Hindu  
temple draws hundreds of thousand  
of visitors during Thaipusam. It  
consists of three grand caves: the  
Dark Cave, the Museum Cave and  
the Temple Cave with brilliant rock  
formations. The Museum Cave at  
the foothills has interesting display  
of Indian mythology. To reach the  
main Temple Cave, one has to climb  
272 steps.

### Bird Park

03-2272 1010 • Located at the Lake  
Gardens, this 8.4ha bird park is the  
world's largest free-flight walk-in  
aviary. It is home to more than  
3,000 birds from approximately 200  
species. Opens daily from 9am-  
7.30pm. • F4

### Butterfly Park

03-2693 4799 • Over 120 species  
of butterflies can be found in this  
park located at the Lake Gardens'  
vicinity. Admission is RM9 for adults  
and RM2 for children. Camera: RM3.  
Opens 9am to 6pm daily. • F4

### Bukit Nanas Forest Recreational Park

03-2306 3421 / 2064 4741 • 📍 Bukit Nanas  
• Nestled in the heart of KL, the virgin  
forest-clad hill is a 10.5 ha park offering a  
10-minute & a 20-minute walk trails from  
the Forest Information Centre at Jalan  
Raja Chulan to KL Tower. • E7

### Carcosa Seri Negara

03-2282 1888 • Perched on a quiet hilltop  
overlooking the Lake Gardens, this 19th  
century colonial mansion used to be  
the residence of the British Governor  
and High Commissioners. Today it is an  
exclusive hotel offering a sense of history  
and fine dining. • F2

### Central Market

03-2031 0399 • 📍 Pasar Seni Once the  
city's biggest wet market, it is now a  
centre for food and cultural activities.  
Cultural performances are staged during  
weekends at the riverside amphitheatre.  
Handicraft, souvenirs, art & portrait  
paintings are sold at bargain prices. The  
Annexe Gallery at CM is a progressive  
art centre. • Opens 10am to 10pm daily.  
• F5

### Deer Park

03-2693 6661 • Enclosed within a 2-ha  
ground at the Lake Gardens, the deer,  
fawns and does roam freely in a cool  
and peaceful habitat with lush trees and  
shrubs and ponds. • F3

### Istana Negara

Official residence of Malaysia's King,  
visitors can witness the changing  
of the royal guards daily. The Rulers  
Conference, various royal and national  
ceremonies, investitures and official  
banquets are held at this palace. • H5

### Little India

📍 Masjid Jamek • Jalan Masjid India  
is a colourful street with numerous  
wholesale and retail Indian traders  
who sell everything from Indian brass,  
jewellery, saris, Indian handicrafts to  
spices & sweets. • E5

### Jamek Mosque

📍 Masjid Jamek • Jalan Tun Perak  
• Situated at the confluence of the  
Klang and Gombak rivers, this grand old  
mosque was designed by British architect  
AB Hubbock in 1909. It incorporates



### Craft Complex

03-2164 8344  
📍 Raja Chulan • 63, Jalan Conlay. •  
Showcases ethnic handicrafts, batik  
printing and pottery from the 13 states  
of Malaysia. • Opens 9am- 6pm daily.  
• E9 FREE



### Telekom Museum

03-2031 9966  
📍 Raja Chulan • Jalan Raja Chulan  
• Displays interesting exhibits of  
telephones and evolution of their  
designs over the years.  
• Opens 9am-5pm. Closed on Mondays  
• E6 FREE



### Sultan Abdul Samad Building

📍 Masjid Jamek • Jln Sultan  
Hishamuddin • Also known as the Big  
Ben of KL, this historical landmark and  
heritage building is well known for its  
Mogul architecture dating back to  
1897. Originally the offices of the Colonial  
Secretariat, it then housed the Supreme  
Court. • E5



### PETRONAS Twin Towers

03-2615 8188  
📍 KLCC • KL City Centre • The  
88-storey Petronas Twin Towers stand at  
451.9 metres. Seated in the heart of KL  
and amidst a 50-hectare landscaped  
park, a skybridge on the 41st floor is  
open to visitors between 9am-7pm  
daily, closed on Monday • D8

many features of Mogul architecture  
a • Opens 8am-1:30pm & 2:30pm-6pm.  
• E5

### Lake Gardens

Jalan Parlimen • Located near the city  
centre, this 9.2ha landscaped garden is  
built around a lake. Several attractions  
are found within the park including  
an Orchard Garden, Hibiscus Garden,  
Butterfly Park, Bird Park, Deer Park,  
National Monument and the Asean  
Sculpture Garden • F3

### Malaysian Tourism Centre

03-9235 4848 • 📍 B Nanas • 109  
Jalan Ampang • This is a one-stop  
tourist service centre comprising the  
information counter (7am-10pm)  
Transnasion Executive Coach counter,  
domestic tour booking counter, money  
changer, restaurant and craft demo  
centre. Built in 1935, the building was the  
home of wealthy tin-miner and planter,  
Eu Tong Seng. Cultural shows are on Tues,  
Thur, Sat & Sun 2-2.30pm. • D7

### Merdeka Square

📍 Masjid Jamek • Jalan Raja •  
Opposite the Sultan Abdul Samad  
Building, this is the site where the  
independence of Malaya was declared

on 31 August, 1957. The 100m high  
flagpole is the tallest in the world. Live  
entertainment and cultural shows are  
staged here on festive occasions. The  
Royal Selangor Club and St. Mary's  
Cathedral are located nearby. • E5

### National Mosque

03-2693 7784 • 📍 KL • Jalan Perdana  
• This mosque embodies contemporary  
designs, together with traditional Islamic  
art, calligraphy and ornamentation.  
The main dome with its 18-point star,  
represents the 13 states of Malaysia  
united by the Five Pillars of Islam. Visitors  
must dress conservatively and remove  
their shoes before entering the mosque  
• Opens 9am to 12noon; 3pm to 4pm;  
5:30pm to 6:30pm daily. • F4

### National Planetarium

03-2273 4303 • Lot 54 Jalan Perdana •  
Located close to the National Mosque,  
the attractions include space science  
and astronomy exhibits, a theatre  
screening 3-Dimensional movies, a  
viewing gallery and an observatory •  
Admission is RM1 for adults and children  
over 12 years [extra charges for all  
shows]. Opens 9:30am to 4:15pm daily.  
Closed on Monday except public &  
school holidays • G4

### National Science Centre

03-2089 3400 • Persiaran Bukit Kiara •  
Houses 9 galleries with different scientific  
themes. Offers interesting interactive  
displays for learning and entertainment.  
• Opens 10am-5pm. Closed on Friday.

### National Zoo

03-4108 3427 / 4108 3422 • Located in  
Hulu Kelang, 12km from the city centre,  
the zoo is home to 400 species of local  
birds, mammals, reptiles and fishes. •  
Opens 9am - 5pm daily. Night Zoo is on  
Saturdays 7.30am - 10.30pm. Admission  
: RM10 for adults and RM5 for children  
under 12. Videocam RM15.

### Old KL Railway Station

Jalan Hishammudin • Built in 1910,  
the Mogul-inspired building was a  
hub for Malaysian rail transport until it  
was replaced by the new KL Sentral  
Station. It remains a landmark and the  
refurbished Heritage Hotel is still open for  
business. Across the road, the Malaysian  
Railway administrative building is also a  
breathtaking architectural showpiece  
• G5

### Petrosains, The Discovery Centre

03-2331 8181 • 📍 KLCC • Petronas Twin  
Towers, Level 4 Suria KLCC • Focusing on

Malaysia's oil and gas industry, it offers  
an interactive approach to learning.  
It takes you through a unique voyage  
of discovery of science. • Opens daily  
9.30am to 6pm. Last admission 4.30pm.  
Closed on Monday • D8

### Royal Selangor Visitor's Centre

03-4145 6000 • 4, Jalan Usahawan Enam,  
Setapak Jaya • Located 15 minutes from  
the city centre, the Royal Selangor which  
is internationally known for its fine designs  
and craftsmanship, offers a complete  
visitor experience, enabling them to see,  
hear, touch and learn how pewter is  
made. • Opens daily from 9am-5pm.

### Royal Selangor Club

03-2692 7166 • 📍 Masjid Jamek • Jalan  
Raja • Once nicknamed 'The Spotted  
Dog' during the colonial days, this club  
which features Mock Tudor architecture,  
is one of the oldest membership clubs  
in KL. • E5

### Thean Hou Temple

03-2274 7088 • 65 Persiaran Endah, off  
Jalan Syed Putra • A beautiful blend of  
Chinese and contemporary architecture,  
this is one of the largest and most ornate  
Buddhist temples in the region and a  
venue for major religious festivals. Also



check out the herbs garden, wishing well and souvenir stall • Opens 9am to 7pm daily.

#### Museums

##### Asian Arts Museum Universiti Malaysia

03-7967 3805 • Uni. of Malaya • A unique collection of Asian art & sculptures, ceramics, including Islamic & Malay art and textiles • Opens Mon - Sat. Closed on Sunday & public hols.

##### Bank Negara Money Museum

03-2698 8044 • Bank Negara • Bandaraya • Block A, Bank Negara Malaysia, Jalan Dato' Onn • A repository for Malaysia's numismatic heritage, the museum displays an impressive collection of coins, bank notes, barter trade currencies & traces the evolution of the Malaysian currency • Opens Mon-Sat. Closed on Sunday • E5

##### Forest Research Institute Malaysia

03-62797 000 • Kepong • Located within the 1,500 hectares of natural land reserve, the institute showcases Malaysia's rich forest heritage. • Opens 8am-4pm, Fri 9am- 12pm.

##### Heritage Centre

03-2144 9273 • 2 Jin Stonor • Showcases Malaysia's architectural heritage, the centre also conducts 2 guided tours a day (11am & 3pm) of the Rumah Penghulu or Village Head's abode which has been furnished to reflect a house in the early thirties • E10

##### Islamic Arts Museum

03-2274 2020 • Jalan Lembah Perdana • Opened in 1998, the museum focuses on the rich diversity of Islamic arts and culture. Miniature replicas of Taj Mahal and other Islamic architectural wonders are on display • Tickets at RM12 (adults), RM6 (under 18, students & senior citizens) • Opens 10am to 6pm daily. • G4

##### Maybank Numismatic Museum

03-2070 8833 • Plaza Rakyat • Menara Maybank, 100 Jalan Tun Perak, KL • A fascinating display of coins dating back to the early history of the Malay Sultanate. • Open 10am-6pm daily • F6

##### Museum Orang Asli

03-6189 2122 • Km 24 Gombak • Displays a collection of over 3,000 artifacts showcasing the history, culture & lifestyle of indigenous tribes of Peninsular Malaysia. • Opens 9am-5pm. Closed Fri. FREE

##### National Museum

03-2282 6255 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

## ARTS & CULTURE

##### National Library

03-2687 1700 • 232 Jalan Tun Razak. • This 7-storey building which blends traditional design with modern architectural elements houses more than 1.5 million books, some of them extremely rare. • Opens daily except Monday • A8 FREE

##### Galeri Petronas

03-2051 7770 • KLCC • Level 3 Suria KLCC. • Exhibits artworks by local and international artists. • Opens 10am to 8pm. Closed on Monday. • D8 FREE

##### National Theatre (Istana Budaya)

03-4026 5555 • Jalan Tun Razak • Designed by Malaysian architect Muhammad Kamar Ya'akub, this

modern theatre is one of the world's most sophisticated theatres with state-of-the-art stage equipment. It holds drama, dance and musical performances regularly. • A7

##### Petronas Philharmonic Hall

03-2051 7008 • KLCC • Located within the Petronas Twin Towers, it is home to the Malaysian Philharmonic Orchestra and the National Choir. It features performances of highest quality by visiting orchestras and world-renowned soloists, besides performances by the MPO which now ranks among the top orchestras in the region • D8

## OTHER FUN-TASTIC THRILLS & SPILLS

##### Cruises

03-3101 1313 • Star Cruises, Pulau Indah, Klang

##### Casino

03-2718 1118 • Genting Highlands Hotel

##### D'Paradise

063, Jalan Solok Uban, Kampung Brisu, Lubok China, 78100 Melaka. 06-552 8010/0611 (Resort), 03-4256 0381 (KL Sales Office) www.d-paradise.com.my

##### Flying

03-2141 1934 • Royal Selangor Flying Club

##### Horse Racing

03-9058 3888 • Selangor Turf Club, Jln Sungai Besi

##### Horse Riding

03-4256 4531 • Royal Selangor Polo Club, Jln Ampang Hilir

03-9058 3888 • STC Equestrian Centre, Jln Kuda Emas

03-209 35211 • Bukit Kiara Equestrian Club, Jln Bukit Kiara, Kuala Lumpur

##### Theme Parks

03-288 8888 • Colmar Tropicale, Bkt Tinggi

03-71188338 • Desa Water Park, Tmn Desa

03-8942 5010 • Genting Resort

03-8942 8942 • The Mines Wonderland



##### Bank Negara Malaysia Museum and Art Gallery Sasana Kijang

No. 2, Jalan Dato Onn, 50480 Kuala Lumpur  
Opening Hours: 10am to 6pm daily  
For Enquiries Call: +603-9179 2742



##### University of Malaya Art Gallery (UMAG)

Tingkat 5, Bangunan Canselor, Universiti Malaya, Petaling Jaya  
Tel: 03-79671061  
Opening Hours: 9.00am to 4.00pm  
Closed on: Saturday and Sunday



##### Galeri Tenaga

Wisma TNB, Jalan Timur, Petaling Jaya  
Tel : +603-2296 5566  
Fax : +603-2282 3274  
Opening Hours: Monday – Friday : 10 am – 3 pm.

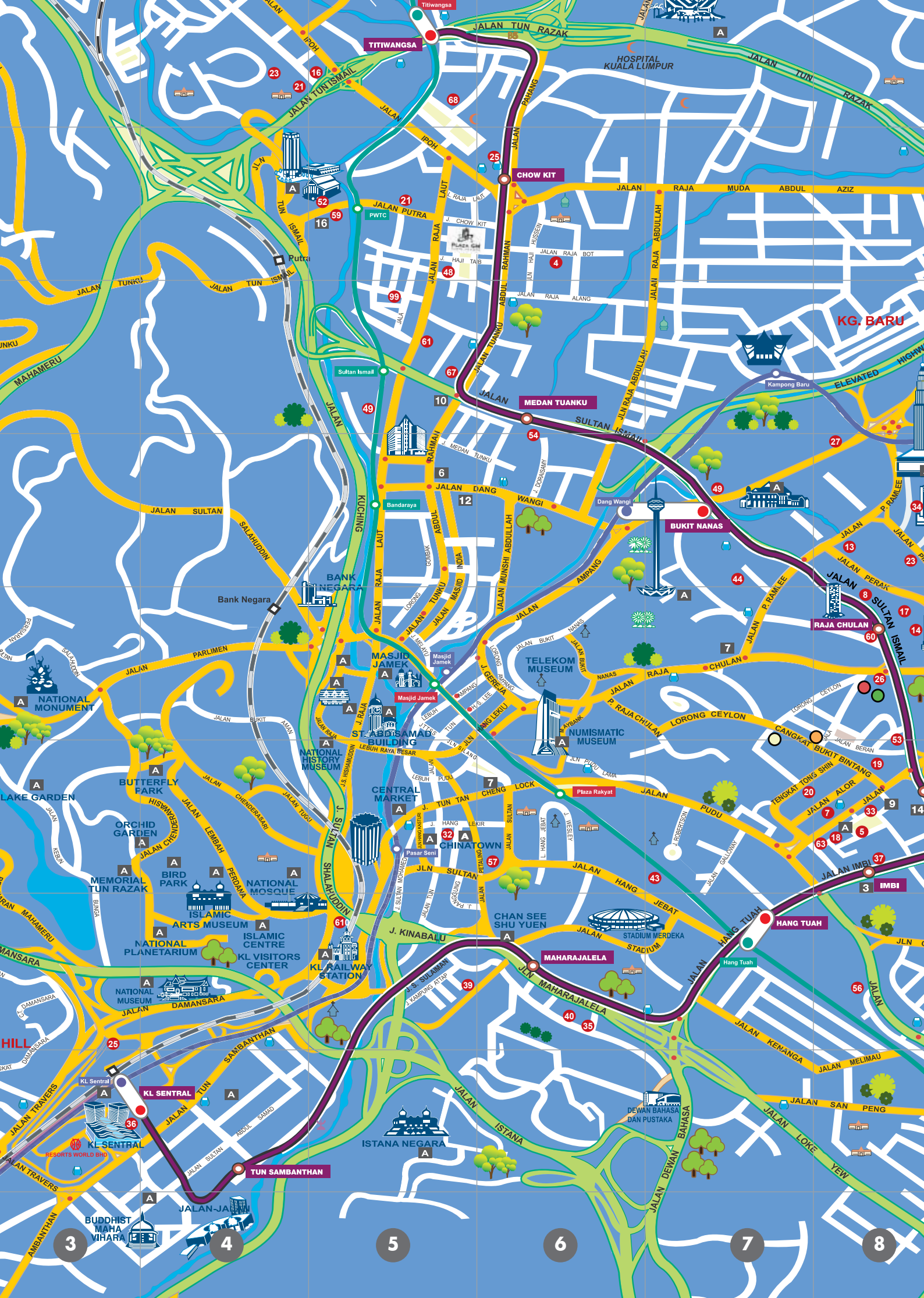


##### KL Lifestyle Art Space

31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia

Tel: +603 2093 2668, +603 2094 2668  
Email: info@mediate.com.my

Open Monday - Friday, 10am - 7pm  
(Closed on Weekends and Public Holidays)





# EXPLORE KUALA LUMPUR

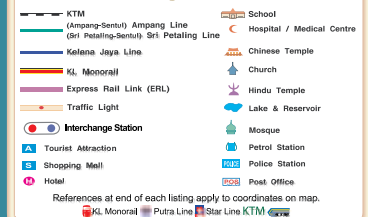


- |   |  |   |
|---|--|---|
| 1 <b>Agora Hotel</b><br>Tel: 2142 8133 <b>F8</b>  | 25 <b>Hilton KL</b><br>Tel: 2264 2264 <b>G3</b>                                  | 48 <b>Quality Hotel</b><br>Tel: 2693 9233 <b>C5</b>                             |
| 2 <b>Alpha Genesis Hotel</b><br>Tel: 2142 6868 <b>F7</b>                                | 26 <b>Hotel Istana</b><br>Tel: 2141 9988 <b>E8</b>                               | 49 <b>Renaissance Kuala Lumpur Hotel</b><br>Tel: 2162 2233 <b>D7</b>            |
| 3 <b>Berjaya Times Square Hotel &amp; Convention Centre</b><br>Tel: 2117 8000 <b>F8</b> | 27 <b>Hotel Maya Kuala Lumpur</b><br>Tel: 2711 8866 <b>D8</b>                    | 50 <b>Residence Hotel</b><br>Tel: 2693 3333 <b>C5</b>                           |
| 4 <b>Brisdale International Hotel</b><br>Tel: 2694 8833 <b>B6</b>                       | 28 <b>Impiana KLCC Hotel &amp; Spa</b><br>Tel: 2147 1111 <b>D8</b>               | 51 <b>Ritz-Carlton Kuala Lumpur Hotel</b><br>Tel: 2142 8000 <b>F9</b>           |
| 5 <b>Capitol Hotel</b><br>Tel: 22143 7000 <b>F8</b>                                     | 29 <b>JW Marriott Hotel</b><br>Tel: 2715 9000 <b>E9</b>                          | 52 <b>Seri Pacific Kuala Lumpur</b><br>Tel: 4042 5555 <b>B5</b>                 |
| 6 <b>Carcosa Seri Negara</b><br>Tel: 2282 1888 <b>F8</b>                                | 30 <b>Kuala Lumpur International Hotel</b><br>Tel: 2697 8833 <b>B6</b>           | 53 <b>Shangri-La Hotel</b><br>Tel: 2032 2388 <b>D7</b>                          |
| 7 <b>Cardogan Hotel</b><br>Tel: 2144 4883 <b>F8</b>                                     | 31 <b>Le Meridien KL</b><br>Tel: 2263 7888 <b>G3</b>                             | 54 <b>Sheraton Imperial</b><br>Tel: 2717 9900 <b>D6</b>                         |
| 8 <b>Concorde Hotel</b><br>Tel: 2144 2200 <b>D7</b>                                     | 32 <b>Malaya Hotel</b><br>Tel: 2072 772 <b>F5</b>                                | 55 <b>Stanford Hotel</b><br>Tel: 2691 9833 <b>B6</b>                            |
| 9 <b>Corona Inn</b><br>Tel: 2144 3888 <b>F7</b>   | 33 <b>Malaysia Hotel</b><br>Tel: 2142 8033 <b>F8</b>                             | 56 <b>Swiss Garden Hotel</b><br>Tel: 2141 3333 <b>F7</b>                        |
| 10 <b>Coronade Hotel</b><br>Tel: 2148 6888 <b>F8</b>                                    | 34 <b>Mandarin Oriental Hotel</b><br>Tel: 2380 8888 <b>G6</b>                    | 57 <b>Swiss Inn Hotel</b><br>Tel: 2072 3333 <b>G6</b>                           |
| 11 <b>Corus Hotel</b><br>Tel: 2161 8888 <b>C9</b>                                       | 35 <b>Mandarin Court Hotel</b><br>Tel: 2273 9933 <b>G6</b>                       | 58 <b>The Heritage Station Hotel</b><br>Tel: 2273 5588 <b>G5</b>                |
| 12 <b>Doubletree Hilton Kuala Lumpur</b><br>Tel: 2172 7272 <b>C10</b>                   | 36 <b>Maradian Oriental Hotel</b><br>Tel: 2380 8888 <b>D8</b>                    | 59 <b>The Legend Hotel</b><br>Tel: 4042 9888 <b>B5</b>                          |
| 13 <b>Crown Regency Hotel</b><br>Tel: 2162 3888 <b>D8</b>                               | 37 <b>Melia Kuala Lumpur</b><br>Tel: 2785 2828 <b>F8</b>                         | 60 <b>The Lodge</b><br>Tel: 2142 0122 <b>E8</b>                                 |
| 14 <b>Crowne Plaza Kuala Lumpur</b><br>Tel: 2148 2322 <b>E8</b>                         | 38 <b>Micasa All Suite Hotel</b><br>Tel: 2179 8000 <b>D10</b>                    | 61 <b>The Plaza Hotel</b><br>Tel: 2698 2255 <b>C5</b>                           |
| 15 <b>Dorsett Regency Hotel</b><br>Tel: 2715 1000 <b>F9</b>                             | 39 <b>Midah Hotel KL</b><br>Tel: 2273 9999 <b>G5</b>                             | 62 <b>The Ritz-Carlton Residences</b><br>Tel: 2142 9000 <b>F9</b>               |
| 16 <b>Dynasty Hotel</b><br>Tel: 4043 7777 <b>A4</b>                                     | 40 <b>Mirama Hotel</b><br>Tel: 2148 9122 <b>G6</b>                               | 63 <b>The Royale Bintang</b><br>Tel: 2143 8000 <b>F8</b>                        |
| 17 <b>Equatorial Hotel</b><br>Tel: 2161 7777 <b>E8</b>                                  | 41 <b>InterContinental KL</b><br>Tel: 2161 1111 <b>C9</b>                        | 64 <b>The Westin KL</b><br>Tel: 2731 8333 <b>E9</b>                             |
| 18 <b>Federal Hotel</b><br>Tel: 2148 9166 <b>F8</b>                                     | 42 <b>Novotel Kuala Lumpur City Centre</b><br>Tel: 2147 0888 <b>E8</b>           | 65 <b>The Zon All Suites Residences on the Park</b><br>Tel: 2164 8000 <b>C9</b> |
| 19 <b>Fortuna Hotel</b><br>Tel: 2141 9111 <b>F8</b>                                     | 43 <b>Olympic Sports Hotel</b><br>Tel: 2078 7888 <b>F7</b>                       | 66 <b>Traders Hotel</b><br>Tel: 2332 9888 <b>D8</b>                             |
| 20 <b>Grand Central Hotel</b><br>Tel: 4041 3011 <b>B5</b>                               | 44 <b>Pacific Regency Hotel Suite</b><br>Tel: 2332 7777 <b>D7</b>                | 67 <b>Tune Hotels.com</b><br>Tel: 7692 5888 <b>C5</b>                           |
| 21 <b>Grand Continental Hotel</b><br>Tel: 2693 9333 <b>C5</b>                           | 45 <b>Parkroyal Kuala Lumpur</b><br>Tel: 2147 0088 <b>F8</b>                     | 68 <b>Vistana Hotel</b><br>Tel: 4042 80000 <b>A5</b>                            |
| 22 <b>Grand Millenium KL</b><br>Tel: 2141 8000 <b>E8</b>                                | 46 <b>PNB Darby Park Executive Suites</b><br>Tel: 7490 3333 <b>D10</b>           |   |
| 23 <b>Grand Pacific Hotel</b><br>Tel: 4042 2177 <b>A5</b>                               | 47 <b>Prince Hotel &amp; Residence Kuala Lumpur</b><br>Tel: 2170 8888 <b>D10</b> |   |
| 24 <b>Grand Seasons Hotel</b><br>Tel: 2697 8888 <b>B6</b>                               |  |   |

## Shopping Malls:

- |  |   |  |
|--|---|--|
| 1. <b>Ampang Park</b><br>Tel: 03-2161 7006 <b>C10</b>          | 8. <b>Low Yat Plaza</b><br>Tel: 03-2162 1176 <b>F8</b>      | 15. <b>The Weld</b><br>Tel: 03-2162 3580 <b>E9</b>         |
| 2. <b>Avenue K</b><br>Tel: 03-2166 7888 <b>C9</b>              | 9. <b>Maju Junction</b><br>Tel: 03-2772 8550 <b>C5</b>      | 16. <b>Yow Chuan Plaza</b><br>Tel: 03-2142 9701 <b>C10</b> |
| 3. <b>Berjaya Times Square</b><br>Tel: 1-300-888-988 <b>E9</b> | 10. <b>Pertama Complex</b><br>Tel: 03-2691 6599 <b>D5</b>   |  |
| 4. <b>City Square</b><br>Tel: 03-2162 1566 <b>C10</b>          | 11. <b>Starhill Gallery</b><br>Tel: 03-2148 1000 <b>F8</b>  |  |
| 5. <b>KL Sogo</b><br>Tel: 03-2698 2111 <b>D5</b>               | 12. <b>Sungei Wang Plaza</b><br>Tel: 03-2148 6109 <b>F8</b> |  |
| 6. <b>Kompleks Kotaraya</b><br>Tel: 03-2072 2562 <b>F6</b>     | 13. <b>Suria KLCC</b><br>Tel: 03-2382 2828 <b>D8</b>        |  |
| 7. <b>Lot 10</b><br>Tel: 03-2141 0500 <b>F8</b>                | 14. <b>The Mall</b><br>Tel: 03-4042 7122 <b>B5</b>          |  |

## LEGEND



Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.



#### By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.70 to RM2.80 per single journey.



#### By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.10 for every 115 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM1 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.



#### By Ecovans

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.



#### By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.



#### KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children. 03-2691 1382

#### Getting to the Airport



**KLIA Ekspres:** The journey takes about 30 minutes from KL Sentral and the fare is RM35 per person per way. There is also check-in facility at KL Sentral for some airlines.



**Taxi:** The fare from the city centre to the airport is RM60 – RM90 per taxi.



**Eco Transit:** Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.



**Limousine:** Can be arranged with the hotel concierge and fare range from RM100 – RM200.

#### Coaches To KLIA and/or LCCT

The 1-hour journey costs between RM9 and RM25 per person.

- Airport Coach - 03-8787 3894
- Sky Bus - 03-6201 2742
- Aerobus - 017-363 3255
- The Star Shuttle - 03-4043 8811

## RAIL TRANSIT NETWORK OF KUALA LUMPUR



#### Transportation



##### Air Travel

- **KL International Airport Sepang** 03-8776 2000
- **LCC Terminal - KLIA** 03-8777 8888
- **Domestic Airport - Subang** 03-7846 7777
- **KL CAT (City Air Terminal)** 03-2267 8000



##### Domestic Airlines

- **MAS** 03-7843 3000
- **MAS Reservation Number** 1 300 88 3000
- **AirAsia** 03-8775 4000
- **Berjaya Air** 03-7846 8228
- **FireFly** 03-7845 4543
- **Fly Asian Xpress (fax)** 03-8660 4343



##### Rail

- **KL Sentral** 03-2274 7435
- **KLIA Ekspres** 03-2267 8000
- **KTM** 03-2267 1200
- **Rapid KL** 03-7625 6999
- **KL Monorail** 03-2273 1888



##### Car Rental

- **Apex** 03-2142 1926
- **Avis** 03-2142 0166
- **Orix** 03-2142 3009
- **Hertz** 03-2148 6433
- **Mayflower** 03-2279 1188
- **Sintat** 03-2145 7988



##### Taxis

- **Radio Cab** 03-9221 7600
- **Airport Limo Meet & Greet** 03-8787 3678
- **Saujana Cab** 03-2162 8888
- **Comfort Taxi** 03-8024 2727
- **Eco Transit** 03-5512 2266
- **Supercab** 03-7805 5333
- **Outstation Taxi** 03-2078 0213

#### Emergency Services

- **KL Tourist Police (24 hours)** 03-2166 8322
- **Police & Ambulance** 999 or 112 (mobile phones)
- **Fire & Rescue** 994
- **KL City Council** 03-2691 6011

#### Tourism Offices

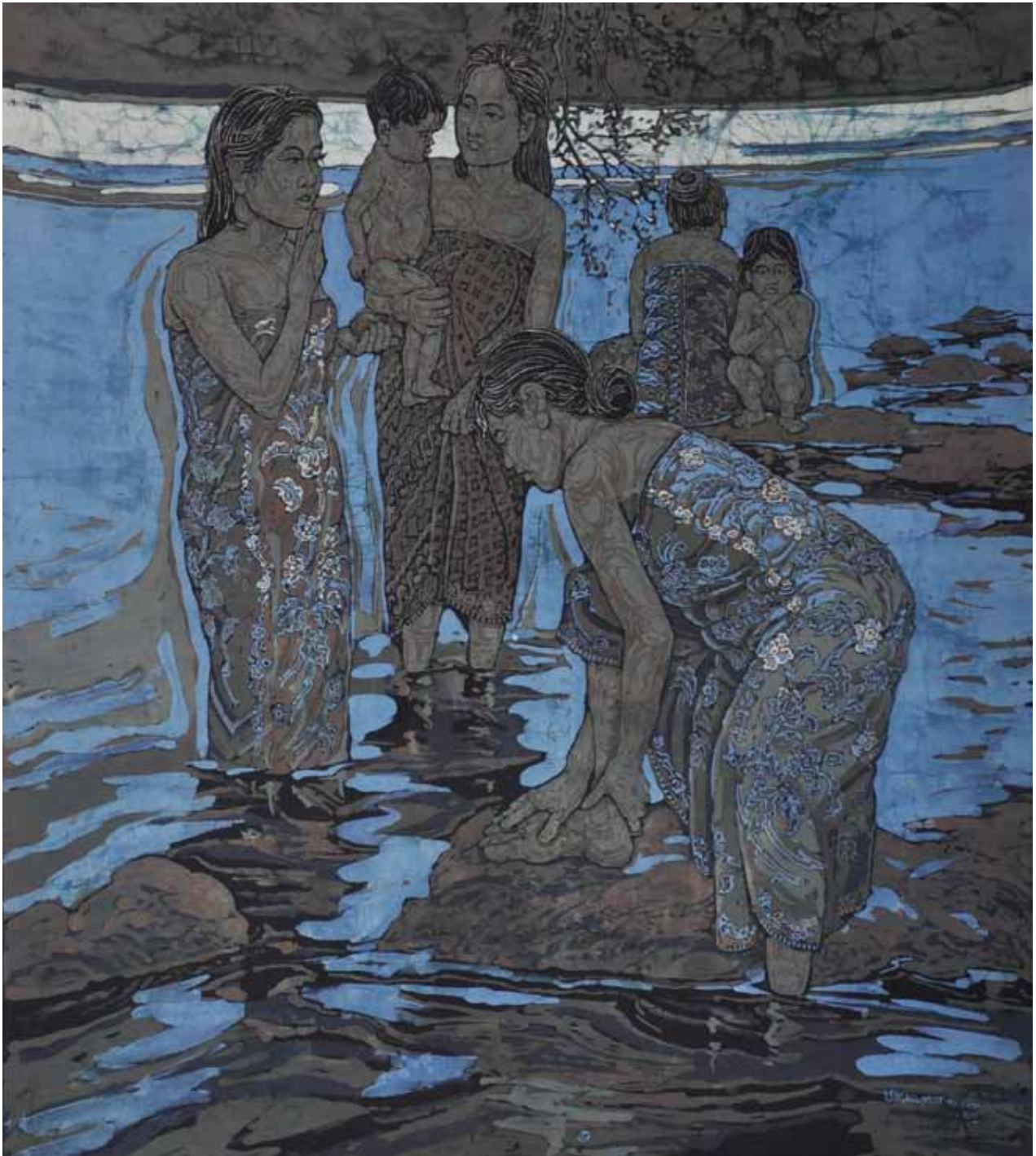
- **Malaysia** 1-300-88-5050
- **Tourism Centre (24-hour)** 03-2164 3929
- **Kuala Lumpur** 03-2693 6661
- **Penang** 04-261 9067
- **Johor** 07-222 3591
- **Terengganu** 09-622 1433
- **Sabah** 088-248 698
- **Sarawak** 082-246 575
- **Kedah** 04-731 2311
- **Pahang** 09-747 7520



# AUCTION DAY

SUNDAY 8 NOVEMBER 2015

KLAS@JALAN UTARA



LOT 22 ISMAIL MAT HUSSIN Bathing, 2000 Batik 83.5 x 78 cm RM 28,000 - RM 36,000

## KLAS ART AUCTION 2015

MALAYSIAN MODERN & CONTEMPORARY ART



31 Jalan Utara, 46200 Petaling Jaya, Selangor  
LYDIA TEOH +6019 260 9668 | SHAMILA +6019 333 7668  
info@mediate.com.my | www.kl-lifestyle.com.my



A promotional poster for the band Air Supply's 40th anniversary. The background features a starry night sky. Two men, the band members, are shown from the waist up, smiling and looking towards each other. They are wearing dark jackets over white shirts. Overlaid on the image is the band's name 'Air Supply' in a large, stylized, cursive font with a blue outline and a red heart above the 'i' in 'Air'. Below the name is a large '40' with 'YEARS' written underneath it. The '40' is decorated with red and blue stripes and a rainbow-like arc. The year '2015' is written in a small, stylized font to the right of the '40'.

# Air Supply

## 40 YEARS

**SATURDAY · 05/12/2015 · 8.00PM**

**IMPERIAL BALLROOM ONE WORLD HOTEL, BANDAR UTAMA**

**TICKET PRICES: VVIP RM590 | VIP RM450 | PS1 RM330 | PS2 RM170**

\*Ticket price excludes RM3 processing fee \*\*Every person must have a ticket for admission including children aged 5 and above. Children below 4 years old are not allowed to enter the venue.

**20%** EARLY BIRD DISCOUNT, WHILE TICKETS LAST

**ONLINE TICKETING:**  
[www.AirAsiaRedTix.com](http://www.AirAsiaRedTix.com)

**E-PLUS HOTLINE:**  
+603 7491 9233

ORGANISER



OFFICIAL VENUE



OFFICIAL RADIO



OFFICIAL TICKETING

