

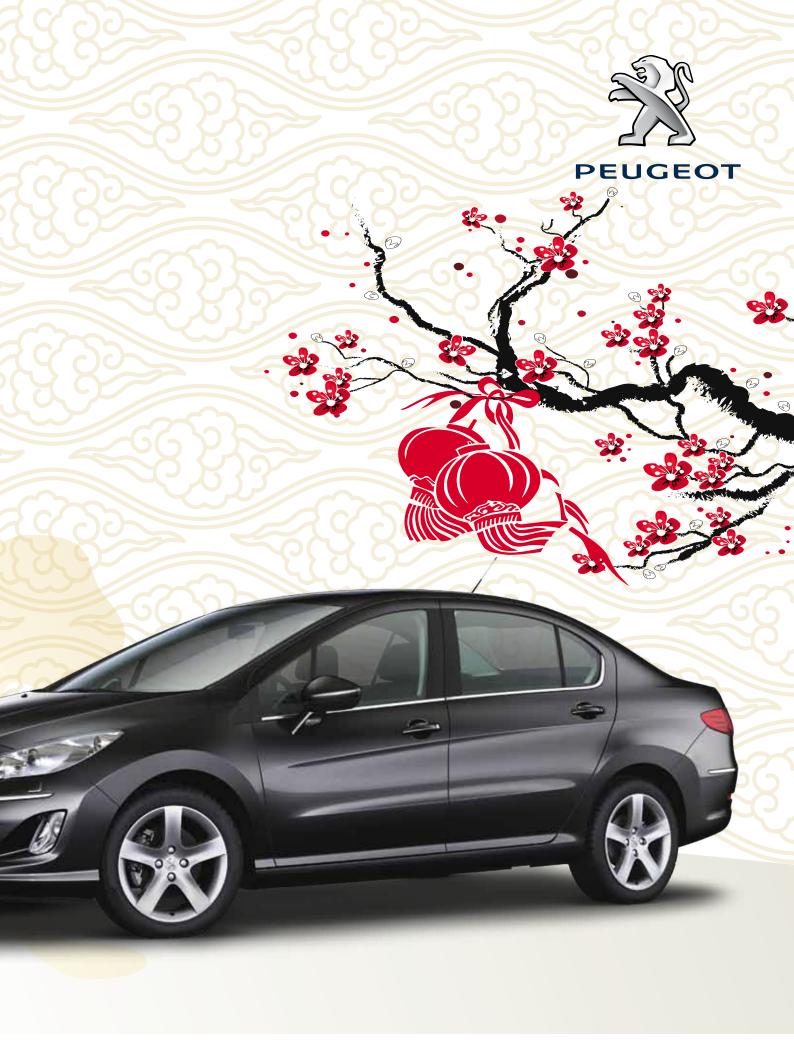


RM32,888 SAVINGS ON THE 408 TURBO

YES, YOU READ THAT RIGHT!

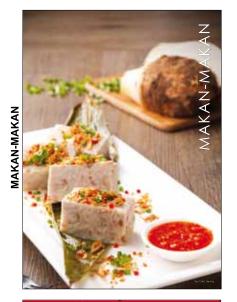
AN IRRESISTIBLE OFFER WITH HUGE SAVINGS















ART & LIVING



Datuk Gary Thanasan gary@mediate.com.my

General Manager

Lydia Teoh lydia@mediate.com.my

Senior Writer

Kathlyn Ursula D'Souza kathlyn@mediate.com.my

Writer

Nadhirah Badardin nadhirah@mediate.com.my

Aviation News / Airlink

Andrew Ponnampalam andrewponnampalam@yahoo.com

Senior Designer

Eyda Faidah eydafaidah86@gmail.com



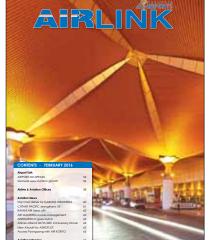
HEALTH & BEAUT

Certification of average net circulation: 78,373 copies (from 1.1.14 - 30.12.14)

KL Lifestyle is distributed by MPH Distributor Sdn Bhd and sold at major bookstores at RM8.80 per copy. It is also available at all major hotels, KLIA and Malaysian airports, selected malls, restaurants, popular cafes and coffee chains, hair salons, and leisure and entertainment outlets in Kuala Lumpur. KDN PP 13691/07/2013 (032715)

Endorsed by





TOP RESULTS 2015

How to reach KL Lifestyle

For letters to the editor, subscriptions, advertising, news releases and reproduction permission:



31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia

Tel: +603 2093 2668, +603 2094 2668 Email: editor@mediate.com.my

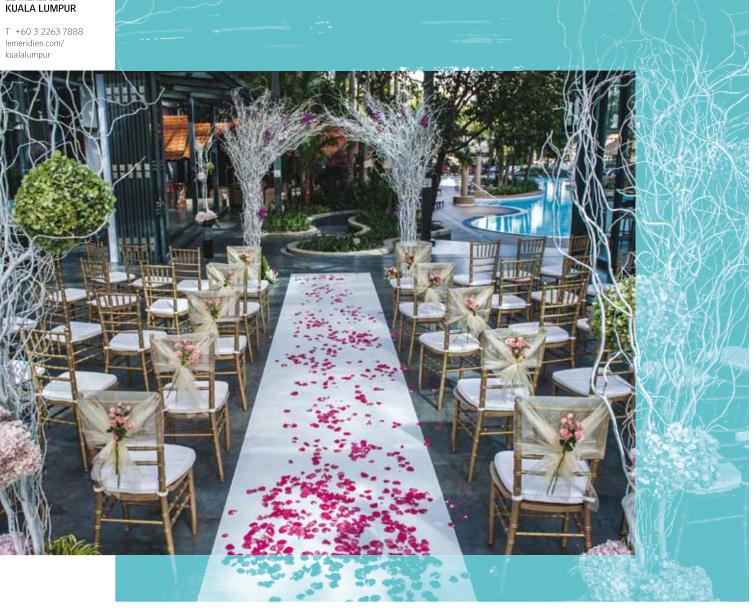
www.kl-lifestyle.com.my

Printer

Swan Printing Sdn Bhd Lot 5249, Jalan BS 7/1, Kawasan Perindustrian Serdang 43300, Seri Kembangan, Selangor

ART & LIVING

LE MERIDIEN



IGNITE INSPIRATION

Le MERIDIEN

Captivating sunlight illuminates the beautiful flowers and spectacular settings, and a cool breeze gently beckons; Le Méridien Kuala Lumpur offers the perfect ambience for the celebration of two souls uniting as one.

The newly refreshed Pool Bar and Grill@8 is an indoor venue by the poolside with all the perks of being outdoors. Sleek glass panels line the walls and ceiling of the room, inspiring a feeling of spaciousness and elegance.

From our highest service standards to world class facilities, Le Méridien Kuala Lumpur strives to be a venue for flawless and hassle-free weddings.

To discover more, speak to our Wedding Specialist at +60 3 2263 7888, e-mail sales.lmkl@lemeridien.com, or visit lemeridienkualalumpur.com/weddings

N 03° 09' E 101° 42'

DESTINATION UNLOCKED



18 Cover Story

SARIMAH **IBRAHIM**





94







FAVOURITES

- Calendar
- 10 Goings-On
- 16 Reelview

FEATURES

- 18 Cover Story: Sarimah Ibrahim
- 24 Feature: Year of the Monkey
- 26 Feature: IT'S OKAY
 - To be alone on Valentine's Day
- 28 Snippets: 10 facts about Spending and Valentine's Day

MAKAN-MAKAN

- 32 Makan-Makan with Hafiz Hatim
- 34 Sepiring
- 36 Mama San Kuala Lumpur
- 38 Memory Makers @ Traders
- 40 Second Sunday

- 42 Food Hunt: Salted Egg Yolk
- 44 Street Food Hunt: Taman Tun Dr. Ismail
- 46 Sweet Indulgence: Orange

SHOPPING

- 48 World Hijab Day
- 50 For Her
- 51 Eastern Charm
- 52 For Him

53 AIRLINK

ART & LIVING

- 69 Top Auction Results 2015
- 76 Expat Living: Jeff Nieuwenhuizen
- 80 MiCasa All Suite Hotel
- 82 Pacific Regency Hotel Suites
- 84 Cosmopolitan Hotel Hong Kong
- 86 WWF
- 88 Happenings Around Town

HEALTH & BEAUTY

- 90 Lash Out
- 92 Hiking in the Klang Valley
- 94 Oriental Delights

LIFESTYLE GUIDE

- 102 KL Map
- 104 Getting Around KL

ON THE COVER



Sarimah Ibrahim Photographer - Shelby @ SCCA Hair & Make-up - Omar Khan Wardrobe - Sarimah Ibrahim Accessories - Mori Pin Location - Opium KL, Changkat Bukit Bintang



Highlights















Airport Talk

airport md speaks	54
Sarawak sees aviation growth	56
Airline & Aviation Offices	58
Aviation News	
Star Chef dishes for GARUDA INDONESIA	60
CATHAY PACIFIC strengthens UK	61
RAYANI AIR takes off!	62
AIR MAURITIUS moves management	63
AEROMEXICO goes Dutch	63
Airlines attend MCTA 24th Anniversary Dinner	64
New Aircraft for AEROFLOT	65
Access Pyongyang with AIR KORYO	65
Aviation Interview	67
Dato' Albert Tan Sam Soon	
National President	
Malaysian Chinese Travel Association	



STYLE VERSATILE





EASY-PACK TAILGATE



VERSATILITY AND SPACE



DYNAMIC HIGH-TECH STYLING

CRÉATIVE TECHNOLOGIE

THE ALL-NEW CITROËN C4 PICASSO

Turn your daily drives into joyrides with the Citroen C4 Picasso. This 5-seater amplifies your joy the moment you step inside. With great ease, you're comfortably seated to take in the enhanced roominess of the loft-inspired cabin. Marvel at the Zenith windscreen and advanced features such as the 7" touch screen control. Pack everyone's essentials for daily trips or weekend breaks, in the large boot geared to take you places.



Showroom Locations: Klang Valley - Glenmarie 35 (03-5569 5700) - Naza Automall (03-7960 4900) - Puchong (03-8076 1788) - Joher Bahru 35 (07-351 6778)

Penang - Island Glades (04-657 1199 / 8399) - Junu 35 (04-508 4677 / 4900). Open Monday - Saturday (9am - 7pm) Sunday & Public Holiday (10am - 6pm).

Terms and conditions apply. Specifications may vary. Photos are for illustration only. Naza Euro Motors Sdn. 8hd. (1012825-T) is the official distributor of Citroën in Malaysia.







LOFT-STYLE CABIN



INTUITIVE MULTI-TOUCH BUSINESS-CLASS TOUCHPAD



TRAVEL

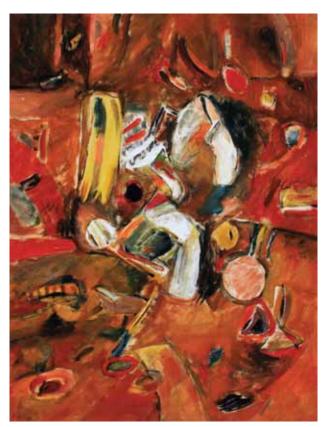
citroen.com.my







NOW ACCEPTING CONSIGNMENTS



Abdul Latiff Mohidin Siri Pago Pago - Debris, 1968 Oil on canvas 89 x 69.5 cm RM 390,000 - RM 500,000

KLAS ART AUCTION MALAYSIAN MODERN & CONTEMPORARY ART 27 MARCH 2016



31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia info@mediate.com.my www.kl-lifestyle.com.my LYDIA TEOH +6019 260 9668 SHAMILA +6019 333 7668





DIANA KRALL WALLFLOWER WORLD TOUR
15 Feb

A NEW WORLD: INTIMATE MUSIC FROM FINAL FANTASY 21 Feb Dewan Filharmonik Petronas

28





- PUBLIC HOLIDAY

WEDNESDAY THURSDAY SATURDAY TUESDAY FRIDAY









BEETHOVEN'S SENSATIONAL SEVENTH 5 & 6 Feb Dewan Filharmonik Petronas





19

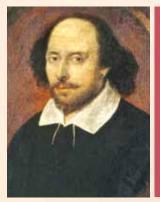
BEDROOM 12 – 14 Feb, 8.30pm 13 & 14 Feb, 3pm Pentas 2, klpac

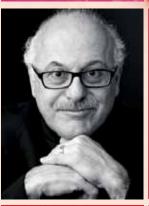
ANIRUDH LIVE IN MALAYSIA

13 Feb Stadium Merdeka

ZHAO CHUAN & PAN MEI CHEN VALENTINE CONCERT 13 Feb Arena of Stars, Genting Highlands

20





SPY VS SPY 19 & 20 Feb Dewan Filharmonik Petronas

26





I HATE MY JOB! 26 – 28 Feb Indicine, klpac

27

JESSIE CHUNG LOVE UNITY CONCERT 27 Feb Mega Star Arena

27 & 28 Feb Dewan Filharmonik Petronas









HACKEN LEE CHINESE NEW YEAR'S EVE CONCERT IN GENTING 7 FEB

Hacken Lee Hak-kan (born Dec 6, 1967) is a Hong Kong pop singer, actor, master of ceremonies, and association football sportscaster. He is a talented singer who has continuously received multiple music awards across four decades (1980s, 1990s, 2000s and 2010s) and up to today, he remains one of the very few singers in Hong Kong that still have significantly high popularity. He continues to release his albums regularly and was made popular by his voice that is crystal-clear and strong. So it is little surprise that Hacken has been crowned the elegant title of "Zero Defect Vocals" alongside Heavenly King Jacky Cheung.

In 2013, Hacken's song "House of cards" swept multiple awards in many grand award ceremonies, including "World's Best Song" and "Boardcasting Index" in Metro's Awards. As of 2013, he had reached 14 times in receiving the most "Outstanding Pop Singer Award" at RTHK's "Top Ten Chinese Gold Songs Awards" and has established an irreplaceable status in the music industry of Hong Kong and Asia. www.ticketcharge.com.my

Arena of Stars, Genting Highlands



FEDERAL TERRITORY DAY

1 FEB

Federal Territory Day is a public holiday marking the ceding of Kuala Lumpur to the federal government of Malaysia in 1974 by the surrounding state of Selangor. It is marked by colourful celebrations including fireworks and parades.

Throughout the city



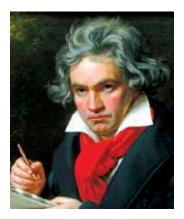
CHINESE NEW YEAR

8 FEB

This Chinese New Year marks the beginning of the Year of the Monkey. Celebrated across the country, this festival includes dragon dances, vast amounts of fireworks and liberal feasting.

Gong xi fa cai!

Throughout Malaysia



BEETHOVEN'S SENSATIONAL SEVENTH 5 & 6 FEB

Strauss' Four Last Songs are unquestionably among the most ravishingly beautiful works of their kind ever written – expressions of poignant nostalgia, sadness and the tiredness of old age. Beethoven's powerfully energised, sensational Seventh Symphony concludes the concert.

Dewan Filharmonik Petronas Tickets: RM150, RM120, RM90, RM60 www.mpo.com.my



ANIRUDH LIVE IN MALAYSIA 2016 13 Feb

Anirudh Ravichander is one of most compelling and talented upcoming music directors in India. Anirudh's composition "Why this Kolaveri di" gained more than 83 million views on YouTube and became the top downloaded song on mobile with over 4 million downloads within the first 18 days of release. He has also been nominated and won multiple international awards such as Best Music Director (Filmfare Awards South), Best Male Playback Singer (SIIMA) and Favourite Song (Vijay Awards).

Stadium Merdeka



ZHAO CHUAN & PAN MEI CHEN VALENTINE CONCERT 13 FEB

Zhao Chuan, known sometimes as "Chief" Chao, is a Taiwanese pop singer. His breakthrough came with the song "I Am Ugly But Tender" which was a giant hit in mainland China in 1988. His next major hit was "I'm Just A Little Bird". Pan Mei Chen is a Taiwanese Mandopop singer-songwriter. Her recording career started in 1987, and she has produced many albums over the years. Her talents range from songwriting to playing various instruments to performing. She has also appeared in many music videos. She is popular not only in her native country but in mainland China, Hong Kong, and with Chinese communities in Singapore, Malaysia and other parts of Southeast Asia.

www.ticketcharge.com.my

Arena of Stars, Genting Highlands

DIANA KRALL WALLFLOWER WORLD TOUR 15 FEB

Multi-Grammy Award winning jazz pianist and world-renowned singer Diana Krall is breaking new ground with her latest album, "Wallflower", which includes popular classics from the late '60s to the present day. The Wallflower World Tour will see Krall performing interpretations of the music that has influenced her since her early years, including the Eagles' "Desperado" and the title track, Bob Dylan's "Wallflower". Diana's unique artistry transcends all music styles and has made her one of the most recognisable artistes of our time.

Dewan Filharmonik Petronas Tickets: RM900, RM750, RM600, RM450, RM300 www.mpo.com.my



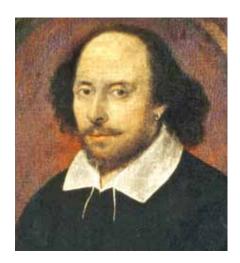


THE BEST OF TALES FROM THE BEDROOM

12 – 14 FEB, 8.30PM 13 & 14 FEB, 3PM

Tales From The Bedroom is back after their two sold out shows in 2014 and 2015. This time, they bring you the best of both years, with a new twist to 12 of their selected pieces. From awkward one-night stands, sneaky quickies, squeamish pillow talk, phone sex to the most obnoxious conversation about the taste of one's "cream", they promise you a two-hour comic fiesta that will leave you craving for more.

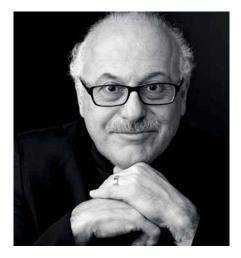
Pentas 2, klpac Tickets: RM53



WORLD'S BEST MOVIES: WILLIAM SHAKESPEARE 400 YEARS (FILM SCREENING) 17 – 20 FEB

Shakespeare's greatest plays on film (Much Ado About Nothing, Othello, Macbeth, Giulio Cesare) as interpreted by some of the best filmmakers of our time. Curated by Datuk Faridah Merican and Joe Hasham OAM, the film series will be shown monthly over a nine-month period. Admission is free.

Indicine, klpac www.klpac.org



SPY VS SPY 19 & 20 FEB

Get ready for the sound of thrilling adventures – of clandestine agreements and dangerous affairs! Conductor Arnie Roth celebrates the world of 007 and John le Carré novels featuring iconic movie themes such as Mission Impossible and Goldfinger. Those who love The Spy Who Came In From The Cold, Homeland and The Pink Panther will be enthralled by this evening of evocative music!

Dewan Filharmonik Petronas Tickets: RM180, RM130, RM100, RM80 www.mpo.com.my



A NEW WORLD: INTIMATE MUSIC FROM FINAL FANTASY 21 FEB

A New World: intimate music from FINAL FANTASY performs for the first time in Southeast Asia. This concert features music from over 25 years of the FINAL FANTASY catalogue in fresh arrangements for ensembles of winds, strings, percussion in smaller groups. A New World introduces audiences to the rich music from FINAL FANTASY on a personal and intimate scale that has yet to be experienced.

Dewan Filharmonik Petronas Tickets: RM180, RM130, RM100, RM80 www.mpo.com.my



MAD FOR MOZART

20 - 21 FEB

A musical genius who suffered from depression, made enemies, insurmountable debt and died young. A sensational headline for Mozart's life, but what do we find in his music? A child prodigy who showed his contrapuntal prowess at the age of 5, Mozart is a prolific and influential composer of the Classical era. His music, appealing to the young and old can be appreciated as 'easy listening' and also gratify those striving expressive melodies, technical sophistication and sheer musical grandeur. Hear Mozart at his finest, performed by klpac String Ensemble which includes 'Voi che sapete', the iconic aria from Mozart's Le nozze di Figaro (The Marriage of Figaro) that will put soprano Samantha Chew in the spotlight. In a rare treat for the audience, Norman Ong, the conductor of the klpac String Ensemble performs as the flautist in Flute Concerto in D major, K314.

Pentas 2, klpac Tickets: RM53



SUPERHEROES

27 & 28 FEB

Calling all Supermen and Superwomen: put on your Superhero suits, capes and masks and join us for a fantastic Super-Powerful afternoon of sensational sounds for caped crusaders, masked mysterious men and wonder women. With all-action Alasdair Malloy leading the way, the MPO will be using its supersound to play the superheroic themes for Batman, Spiderman and Superman, as well as Super Mario and other video game legends.

Dewan Filharmonik Petronas Tickets: RM130, RM100, RM80, RM50 www.mpo.com.my

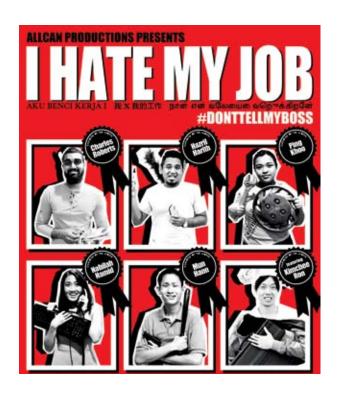


JESSIE CHUNG LOVE UNITY CONCERT 27 FEB

Jessie Chung's Love Unity Concert fundraises for cancer patients and orphans and has yielded huge responses from fans around the world, including the US, Taiwan, China, Australia, Korea, Indonesia, Myanmar, and home-soil Malaysia – leaving barely any space in the more than 2000-capacity arena. Due to the massive reaction, Jessie promised that she would open a second concert in December.

A 7-person live band and 4 angelic backup vocals, Lydia Chew, Paul Wah, Haslan and Daniel, will accompany her. Renowned Malaysian music producer and director Helen Yap rearranged all 25 songs. Jessie also brings her Wushu team to perform jaw-dropping manoeuvres and choreographs with different weapons, assimilating Chinese culture to the audience. All amount raised will be donated to the Dr Jessie Chung Cancer Fund, MAKNA (National Cancer Council Malaysia), Rainbow Home Orphanage and Shelter Orphanage.

Mega Star Arena www.ticketcharge.com.my



I HATE MY JOB!

26 - 28 FEB

As stated on their official promotion page:

So now I present you, rising with power and poise, coming from different parts of Malaysia (only from KL in actual fact), these handsome young lad and pretty ladies will remind you of the days when you are at work and crying in the office's tiny toilet cubicle or cursing your heart out at your boss's ridiculousness. This would definitely be a show that reflects your inner struggle at work and voicing out the unspoken stressfulness that you experience on a daily basis. And of course if you would be so kind, as you leave the theatre packed with immense emotions, please feel free to donate more that RM1 if you somewhat think that the performance was enjoyable. Even if the show was less than pleasing, I am sure a RM1 donation against your conscience would bring you good fortune as well. So quick, call now to reserve your seat while they last! There are only 70 seats available at each show, so what are you waiting for, get them now and never will you live your life in regrets!" - Alican Productions

Indicine, klpac

Tickets: Watch Dulu, Pay Later *Minimum pay

RM1 after show lah



LO MIO AND CHIU LIET: FORBIDDEN LOVE IN FORBIDDEN CITY

25 - 28 FEB

The Actors Studio Seni Teater Rakyat presents SIFU Production's Lo Mio and Chiu Liet: Forbidden Love in Forbidden City" which is an original adaptation of Romeo and Juliet – one of William Shakespeare's most popular plays.

"Lo Mio and Chiu Liet: Forbidden Love in Forbidden City" turns the romantic tragedy set in the Italian Renaissance to tragicomedy set in turn-of-the-century feudal China, where a cultural clash between the westernized House of Chiu and the feudalist House of Lo becomes the wedge between the star-crossed lovers.

"Lo Mio and Chiu Liet: Forbidden Love in Forbidden City" will be a bilingual English/Chinese production written by Freddy Tan and UiHua Cheah and directed by Freddy Tan. If you fancy drinking English tea under a Chinese willow tree over sycamore, and utter lines like "O, Lo Mio, Lo Mio, Whyforth Mantao?", this is the play for you.

Pentas 2, klpac Tickets: RM45, RM35 www.ticketpro.com.my

DEADPOOL 11 Feb

Based on the Marvel Comics character of the same name, Wade Wilson is a former Special Forces operative who undergoes a rogue experiment that changes his life drastically. With accelerated healing powers and a mentally unstable mind, this antihero with a twisted sense of humour hunts down the man who did this to him.

Genre: Action / Science Fiction / Fantasy

Cast: Ryan Reynolds, Morena Baccarin, Ed Skrein, Gina Carano, T.J. Miller.

JOY 11 Feb

A biopic on Joy Mangano, an American inventor and entrepreneur who created the famous "Miracle Mop". The film follows the struggles of Joy, who is a single mother of three, as she builds her business empire after inventing the Miracle Mop and eventually becoming the President of Ingenious Designs, LLC.

Genre: Comedy / Drama

Cast: Jennifer Lawrence, Robert De Niro, Édgar Ramírez, Bradley Cooper, Elisabeth Röhm, Dascha Polanco, Isabella Rossellini.

HOW TO BE SINGLE

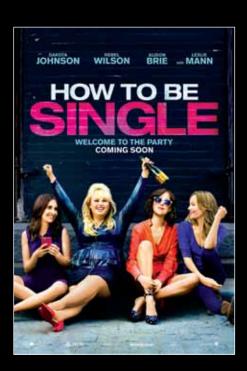
Alice, Robin, Lucy, Meg, Tom and David have one thing in common - they are all single people with lonely hearts seeking the right match. What they need now is to learn how to be single in a world filled with the ever-evolving definitions of love.

Genre: Comedy / Romance

Cast: Dakota Johnson, Rebel Wilson, Alison Brie, Leslie Mann







PRIDE AND PREJUDICE AND ZOMBIES

18 Feb

What happens when Jane Austen's classic novel meets a zombie invasion? This movie is set in an alternate 19th century English countryside where the zombie plague is quickly spreading. Elizabeth Bennet who is well trained by her father in martial arts, joins forces with Mr. Darcy to stop the zombie invasion and discover their love for one another before the world comes to an end.

Genre: Comedy / Horror / Romance

Cast: Lily James, Sam Riley, Matt Smith, Bella Heathcote, Jack Huston, Douglas Booth

HAIL, CAESAR! 18 Feb

Eddie Mannix is a "fixer" working in the Hollywood film industry in the 1950s. He is helping the production of the upcoming film entitled "Hail, Caesar!", which stars Baird Whitlock. When Whitlock is kidnapped by a mysterious group named "The Future", Mannix has to collect 100,000 dollars as ransom to rescue him.

Genre: Comedy

Cast: George Clooney, Josh Brolin, Channing Tatum, Tilda Swinton, Ralph Fiennes, Jonah Hill.

GODS OF EGYPT 25 Feb

When Set, the Egyptian God of Darkness, decides to take over the throne of the Egyptian empire, a common thief-turned-hero named Bek joins Egyptian god Horus on a quest through Egypt to save the world and rescue his love.

Genre: Adventure / Fantasy

Cast: Gerard Butler, Chadwick Boseman, Brenton Thwaites, Nikolaj Coster-Waldau, Courtney Eaton, Geoffrey Rush.









SARIMAH IBRAHIM

Being real with love and life

Written by Kathlyn Ursula D'Souza

Irish-Malay, a sister to three younger brothers.

A psychology degree holder but also a black belt in karate, a Pilates instructor and an English language teacher.

A TV host for the last 19 years. Started with Disney Channel and a kids' show on ntv7 in 1996.

Went to sekolah rendah kebangsaan, and had absolutely no intention of being in the limelight, except to study psychology and go to the US to become a clinical psychologist.

Got discovered while working part time in TGIF Subang Parade.

It was an avalanche effect – advertisements, Disney Channel, ntv7 and Malay films and eventually into singing and Astro (hosting Akademi Fantasia and Biggest Loser Asia).

Joined Red FM in 2011, Mix FM in 2012 and currently with Bella ntv7.

Recently married to beau Tunku Jamie Nadzimuddin.

Has her own web show called Sarimah's 2 Sen on YouTube where she discusses important topics such as phone addiction and eating disorders. This also means she is concurrently building her own talk show.

She has a new Malay song coming up - 'Destinasi Ku'.

She goes for Pilates twice a week, quite intensely!

She is a diver (she has done about 350 dives and names Sipadan as one of the best diving spots in the world).



Q: Makes you the happiest?

A: The happiest me is when I exercise and sleep enough and have really good food. When I'm happy, I get a sense of self-esteem and I'm a better wife, better friend and better entertainer – a better everything.

Q: Describe yourself in 3 words.

A: Sensitive, determined and empathetic.

Q: Where do you see yourself in the next 5 years?

A: You know, everyone's been sort of looking at me and going, "Well, Sarimah, you're married now. You want to have kids, right?" Yeah, but even if I have kids, if I'm blessed with them, I'm still going to do what I do.

I don't think people should stop being their own person just because they gave life. Men give life through women and they don't stop doing what they do. If a woman stops doing what she did before, that would be boring for the partner. You have to stay you, but with an extension or an added skill. It depends on what God has in store for me. If He wants to give me kids, twins, for example, I'm sure I'll be knocked out physically for a while but I know I will be back into the fitness thing and doing what I do as soon as I can.

Q: Have you got any personal heroes?

A: My mum for her strength, perseverance and stubbornness. My dad for his silent patience and for instilling in me values – he made sure I went to sekolah kebangsaan, he made sure I balik kampung and mengaji.

Professionally, I look to people like Oprah Winfrey because she defied stereotypes – size, appearance, status and colour – and she became the most successful TV presenter of all time. Ellen DeGeneres, too. She's not of the typical Hollywood glamour, she's her own person.

I look up to people who are comfortable with themselves. I cannot stand pretentiousness and superficiality. I get paid to be someone I'm not when I'm acting, but when I'm off work, I would want to be myself. If you're not yourself then what kind of life have you lived? Whose life have you lived if you cannot be comfortable in your own skin?

Q: What motivates you to succeed?

A: At first it was survival. I wanted to make enough money for a living. Then it became I want to better myself so my family can be proud of me. And then, I want to be the best me for me, so I can feel comfortable in my own skin.

Now, I am motivated by the excitement for what life has to offer. When I wake up I tell myself, "Hey, you know Sarimah, luckily you woke up." People out there are dying, in the midst of wars and you wake up, have got a nice place to live, you've got family ... what have you got to complain about?

What motivates me now is much simpler than what it used to be; it is desire to live fully everyday and be present. I'm scared that if I'm not present everyday, the last thing I would want to think about is how I did not live my life fully.

LOVE

Q: Best advice anyone has ever given.

A: "Self-serving for other people" – but I do remember once being told, "Make sure you give a lot but give to yourself as well at the end of the day, otherwise you'll be empty." If you give and give – time, affection, care – at the end of the day you might have nothing for yourself.

Another thing I've been told is ... just because you've been hurt before doesn't mean you cannot trust again. It's quite tough to trust when you've been hurt. We have all been hurt in some way or another, but I think that's the biggest battle we have because if you don't trust, there really is nothing there. You wouldn't know how to be your best.

For the singles: Never, ever compromise – especially with regards to your essential needs. Don't think, "Oh my god, I'm at a certain age – I need to have somebody. Or, if I don't do certain things this person wouldn't like me." No, no, no. That would be the exact thing the person would dislike you for in the long run. When you compromise yourself, it would always come out at the end. You'll start playing a lot of games and it'll be tit-for-tat. Just be yourself.

I know a lot of singles say, "I am being myself, but nobody wants to date me!" There's no such thing. That means you're still not being you, you're trying to be the you-that-is-single-and-looking-for-someone. If we were really us, we'd focus on our hobby, job or family and the right person will pop up naturally. If you're going to focus on I'mgoing-to-go-out-now-and-find-someone, is that really you?

I learnt that lesson when I met [Jamie]. My friends asked to meet for makan, but I said no because I had full-faced makeup and I was tired and hot after a job and I wanted to go home. They eventually convinced me and I gave in, with the thought of just going to see my friends to eat and then going home to wash my face and rest. And then I bumped into him. Totally by accident.

Prior to that, in the dating scene, when I thought I wanted to find a person with certain qualities – it never happened. Attracted the wrong kinds, you know? I guess the universe has a way of making sure that you get what you need, not what you want.

Q: On the modern dating scene

A: Gone are the days when you took the effort to show up and date someone. Now there's just Skype and other things. It's just too easy these days. When everything becomes too easy, that means it becomes more disposable. Nothing is valued as much and that's a dangerous thing. I'm a bit concerned about how people approach dating now – seems to be an awful lot of clicking and swiping. You're competing with 10, 000 other profiles that are filtered and touched up, and it's not even real. How can you even compete? You know what? I think dating should be one thing: go to the beach on the first date, under the sun with no makeup, go to the sea and swim. And then we'll see who's whom.

Q: Advice for those struggling to keep up with said modern dating scene

A: Unfortunately, it's a bit of a survival of the fittest. I think you've got to find something about yourself that's unique other than your face because you cannot compete with the amount of filtering and touching-up.

Men are feeling threatened too, because they are confused by the way women are portraying each other and themselves. They don't understand anymore what women's values are. How can you respect a woman when she's flaunting every single thing she has upfront? You've got a girl who flaunts and flirts and then the other side you've got a covered-up one who connects with you – so it's creating confusion. How can you really tell? We're victimising ourselves, honestly.

But honestly, go out on as many dates as you can and you'll slowly start to filter out to good men from the bad. They are out there, they exist – I found one.

Q: What counts as a perfect date?

A: A perfect date is when two people are comfortable being each other – not pretending to be someone they're not. Ideally, they put all their cards on the table. 'This is my crap, and this is my good', and then you can really judge. It's when people start to pretend and hold back and be somebody they are not that it gets imperfect because you're going to find out eventually. What's perfect to me is when everyone comes clean and says,

"Hey, this is what happened, this is how I've been and this is where I want to be – can you be part of that journey with me?"

Q: What's married life like?

A: Married life is a lot of work. A lot of people think that married life is going to fall into place. It's not. I think you truly get to know someone after 10 or 15 years. You can know facts about a person but not know a person's essence until many, many years. What marriage is giving me is a structure, a stable structure so I don't feel so alone. I feel like I have a bigger purpose, I have a partner to experience day-to-day life with. A witness, a partner, a mate, a friend ... somebody who's there that I can depend on. But it's a lot of hard work because everybody has bad days and you clash and you don't get

along, and parts of their life that you may not like and parts of your life that they might not like. It's about trying to gel.

But, it's very rewarding when you think, "This person may be with me until I die." And that's wonderful.

Q: Tell us about your husband.

A: He's quiet and mysterious-looking. However, he's opened up sides and parts of him to me that no one else knows about. And I really treasure that because I feel like I've got an insight into his true essence of being that no one else does. And I'd like to think that I offer him the same. I find him to be very patient, very sensitive and determined. I really admire these qualities in a man

Q: What is love to you?

A: Love is providing a feeling of safety, belongingness and support to another person.

It's not saying the word 'love'. It's doing things that make another person feel safe and cared for, like they belong. That's love.

Love is many actions. It's not just a word, it's what you do. It can simply be swapped with 'I red you' or 'I orange you', it's just a word. But it's the things that you do.

Q: What are your favourite love songs?

A: Savage Garden's | Knew | Loved You and Firehouse's | Live My Life For You. | find these two to be very meaningful songs.

Q: One should love ...

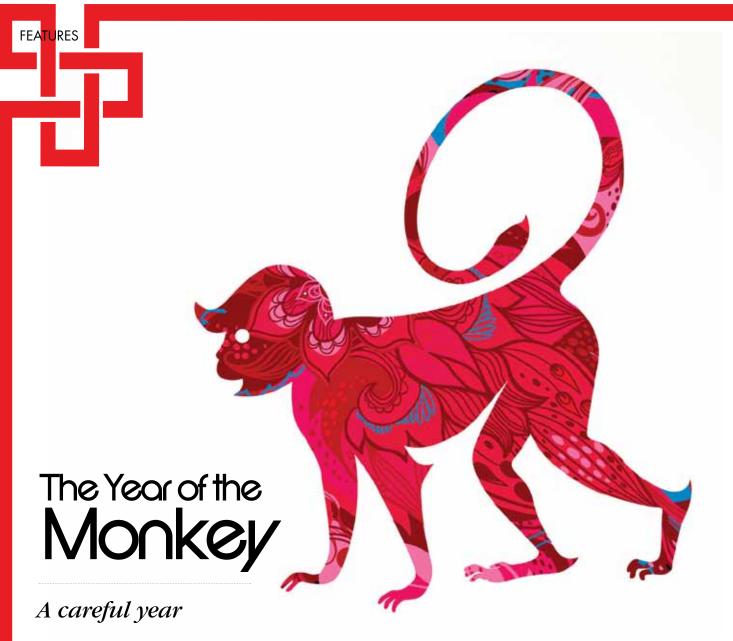
A: By actions, not words.

CHINESE NEW YEAR

Q: Fondest memory of Chinese New Year

A: Eating a lot of oranges and getting enough of Vitamin C. I also have a lot of memories when I was younger in school, going to my friends' house for Chinese New Year, and hanging out with them, eating and just remembering wearing cheongsam. I remember food and laughter. There are so many types of people in Malaysia.





The Chinese animal zodiac is known as shengxiao (shnng-sshyaoww/ 'born resembling'), a repeating cycle of 12 years with each year identifying a symbolic animal and its believed abilities. Traditionally, the zodiac animals were used to date the years. These signs are the rat, ox, tiger, rabbit, dragon, snake, horse, sheep, monkey, rooster, dog and pig. It is calculated according to the Chinese lunar calendar.

The Monkey is ninth out of the 12 animals in the Chinese zodiac. With the beckoning of 2016 comes the year of the Monkey. If you're born in 1956, 1968, 1980, 1992, 2004 and 2016 past February 8, your zodiac animal is definitely the monkey.

As well as having a Chinese zodiac sign, according to the Chinese element theory, each year is associated with one of five elements: Gold (Metal), Wood, Water, Fire, or Earth. Each element comes once every 60 years. Here are the five types of element monkeys and their characteristics:

WOOD MONKEY

1944, 2004

Always ready to help others. Compassionate, with strong self-esteem, but stubborn

FIRE MONKEY

1956, 2016

Ambitious and adventurous, but irritable

EARTH MONKEY

1908, 1968

Frank, optimistic, and fearless

GOLD MONKEY

1920, 1980

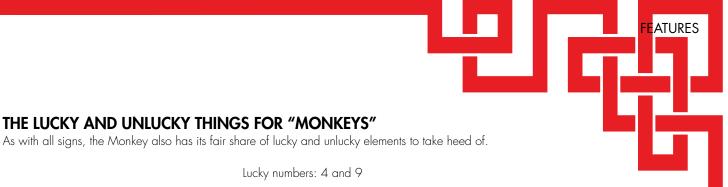
Smart, quick-witted, and confident, but also irritable and stubborn

WATER MONKEY

1932, 1992

Smart, quick-witted, fond of being in the limelight, but haughty





Lucky

Unlucky colours: red, pink
Unlucky numbers: 2 and 7

Unlucky directions: south, southeast

Unlucky months: Chinese lunar months 7 and 11

Lucky days: the 14th and 28th of any Chinese lunar calendar month

Lucky colours: white, blue, gold

Lucky flowers: chrysanthemum, crape-myrtle Lucky directions: north, northwest, west

Lucky months: Chinese lunar months 8 and $12\,$



2016 ON MONKEYS

2016 is the year of the Monkey. Monkey years are believed to be unlucky for people born in a year of the Monkey. "Monkeys" are particularly careful about their health, love life, career, and investments during the Monkey years. However, you can always turn misfortune into fortune by seeking the blessings of lucky stars.

COULD 2016 BE THE YEAR OF MONEY FOR MONKEYS?

Great, unexpected fortune will find its way to Monkeys in 2016, so they will not have to worry about shortage of livelihoods. The best months for them to make their fortune will be the second and twelfth Chinese lunar months, during which they should make full use of their time to invest and cash in. They should avoid gambling, speculating and collecting illegal or greedy gains, or they might just lose everything they have, especially in the third Chinese lunar month.

MONKEYS MAY HAVE DIFFICULTY IN RELATIONSHIPS IN 2016.

Monkeys' relationships will be rather dull in 2016. The more they long for a relationship, the harder it will be for them to get one. They may encounter a love interest that may develop if it happens naturally, especially in the seventh and twelfth Chinese lunar months. They might have a happy ending if they seize the right opportunities.

A YEAR OF HEALTH RISKS, ESPECIALLY TRAFFIC ACCIDENTS

Monkeys will suffer from minor illnesses. However, they will not come to much harm if they are careful. If they take great care of their health, the symptoms will lessen. They should, however, be aware of traffic safety as they go about their daily routine, and never take risks. Great attention should also be paid to food safety to ensure illness is avoided. Their health horoscope is never above neutral, but worst in the fourth and tenth Chinese lunar months.

THIS MIGHT JUST BE A PROSPEROUS CAREER YEAR

Monkeys can have prosperous careers in 2016, if correctly aligned with the Tai Sui star. They will be able to make breakthroughs, if they focus on their career and discipline themselves. Without discipline and hard work, they will hardly achieve anything. They should guard against untrustworthy people and discipline themselves in order to avoid trouble. The luckiest months for them will be the second, fifth, and twelfth Chinese lunar months, during which they should seize opportunities instead of missing them





It's Okay

TO BE ALONE ON VALENTINE'S DAY

KATHLYN URSULA D'SOUZA

We understand that there are only two ways this is going to play out: you're either going to anticipate or dread February 14. And you're either going to dress up, dine out and get showered with affection, teddy bears, roses and chocolates or spend the night wrapped up in your blanket like a human burrito. Also, you're either going to think 'love is in the air', or love is bleh'. If you're the latter, then we've got you covered. Here at KL Lifestyle, although we're all for Valentine's Day, we are also proud to celebrate Singles Awareness Day (S.A.D.).

For those celebrating S.A.D., fret and don't mope because we've got 8 reasons to tell you why you're better off single this time around:

YOU SAVE A TON OF CASH.

The average person spends at least RM150 on dinner (excluding gifts and flowers and Valentine's Day paraphernalia). Automatically, that should let you see how much richer you'd be if you spend Valentine's Day alone.

IT'S ALL ABOUT YOU.

You get to spoil yourself. You don't have to think about somebody else, about what he or she likes and what he or she would enjoy doing. You get to shower yourself with love. Get some pizza, a huge tub of ice cream and you get to be in your pajamas the whole day. However, we do not recommend listening to love songs and watching old romantic movies ...

SINGLE, NOT MISERABLE AND READY TO MINGLE.

If you're not emotionally fit to spend the day alone, round up all your single friends and do something spontaneous together. Make fun of all the couples at restaurants, maybe? Most couples will tell you that it's better to be single, and while that's hard to believe at times, you get absolute freedom to do whatever you like with whoever you like.

YOU DON'T HAVE TO IMPRESS ANYONE.

Even if you've decided to splurge on yourself, you won't have to worry about what your significant other might think about your change or upgrade in appearance. Say you decided to go for a fancy shave or get a new set of silk lingerie, all that matters is that you love it.

YOU AVOID PRESSURE AND DISAPPOINTMENT.

You can scratch off buying gifts for someone and planning an evening out.

Also, you don't have to worry about not liking a gift or worse, not getting a gift at all. You're safe on both sides.

YOU'RE SELF-SUFFICIENT, AND THAT'S GREAT.

You are fine with being alone, or if

you're not, you will eventually learn to love it and embrace it. Be proud of the life you've created or are creating on your own (and on your own terms) – you're taking credit for all of it.

YOU'VE GOT TIME TO DEVELOP YOURSELF.

You know what they say — love because you're ready, and not because you're lonely. Trust that when it happens, you will be ready. For now, you're doing brilliant! Plus, it's better to be single and healthy than be stuck in a relationship and miserable, yes?

YOU GET TO CELEBRATE YOURSELF.

You're not in some place bad, and you've got absolute freedom and liberty to do whatever you want. The future is full of possibilities and hope. Relish in the knowledge that you have got it going on, and that there are people who love you for who you are (that includes you, too), and they are able to show and tell you every day instead of just one commercialised day.

10 facts about SPENDING AND VALENTINE'S DAY

BY NADHIRAH BADARDIN

Valentine's Day is around the corner and all the stores can't wait for the moneymaker of the month to come. It has been said that the average amount spent on Valentine's Day per person is approximately RM400 for dinner, gifts and entertainment. Whether you're a Valentine's cynic or a hopeless romantic, here's 10 crazy spending facts about Valentine's Day.





About 200 million roses (mostly red) are produced globally, specifically for Valentine's Day and would be sold and delivered within a 3-day period.

Spending on jewellery is expected by at least 20% of consumers each year.

More than 9 million pet owners are predicted to buy gifts for their pets this year.

4 141 million Valentine's Day cards are exchanged globally.

Men spend double than women on Valentine's Day with a comparison of RM400 to RM200.

6 32% of buyers prefer to do their Valentine's shopping online.

7
10-20% of women send themselves flowers on Valentine's Day.

Chocolate and candy sales reach profits amounting to billions in February.

About 10 billion candy hearts will be produced each year.

More at-home pregnancy tests are sold in March than any other month.





Anyone familiar with the infectious energy that surrounds Fly Fm would definitely know who Hafiz is. Calling himself a radio jock, TV host, emcee, content producer, social stalker and a Kanye West wannabe, we caught up with this vivacious personality to get him to dish out details on his favourite food and hangout spots, as well as what goes on in his life.



Kathlyn Ursula D'Souza speaks to

HAFIZ HATIM

of Fly FM

First, tell us about yourself.

I am a 33-year old radio jock, TV host, TV content producer, lip-sync artiste and Kanye's long-lost brother. I go by the name Kanye East or HawtDang Hatim when I'm rapping. I am a massive comic geek and I love listening to music. Thank god, I work in radio to fulfil my daily music consumption.

And a little bit about how you got into your current career of being a radio show host.

When I finished my studies in computer engineering, I gave myself 2 months to be part of the entertainment industry. I worked for a production company (RedComm), to learn what it takes to be a director. I was working on a TV project which required me to shoot at the FLY studio in KLIA. Two days after that, I







got a call from FLY for an audition. 2 months later, I jumped on board FLY's space ship and now I've been with FLY for 8 years and counting.

What's your daily diet like?

It's quite unpredictable. I usually have fruits for breakfast and then something heavy and sinful for brunch like nasi lemak and in the evening, I try to eat more greens.

And when it comes to guilty pleasures in food, what are your favourites?

FRIED CHICKEN and FRIED RICE! ARGHHH I am so ASIAN!

Name us 3 Malaysian food that you absolutely cannot live without.

ARGHH - FRIED RICE! Siput Sedut (don't know what it is in English) ... Snail Sucking?! And my ultimate food is Apam Balik.

Share with us a few of your favourite dining places, or even coffee haunts. What are your favourite dishes there?

If it's Nasi Lemak ... Village Park has the best! If I am craving for Fried Rice; Homst in TTDI has the best.

Do you cook? Any signature Hafiz dishes?

Hahaha the last time I cooked was when I was in college. I used to make chicken Parmesan pizza. But my signature dishes are Ayam Goreng Naga Merah (Ayam Masak Merah) and Ayam Mutiara Goreng DiRendam (chicken cooked in oyster sauce).

What are your tips for eating healthy?

Eat breakfast like a king, lunch like a prince and dinner like you're a bacteria. I try to follow the Koreans; make sure each meal has a lot of colours. That's their way in making sure your meals are balanced.

How do you keep yourself healthy and looking/feeling good?

I play futsal every week and try to walk wherever I go. And I drink plenty of water to minimise pimple outbreaks.

What do you look forward to this year, in terms of career and personal life?

I have a TV show coming on TV9 called Kami Gila Bola where I'll be hosting with Hot FM DJ Haziq. And I want to be the best dad ever to my daughter Neya. Hopefully, I'll get to take her to Disneyland.

Lastly, what fuels and inspires you?

I feed off energy from people who enjoy what I do on air; it gives me the motivation to be funnier so that I can entertain better. Now that I am a dad, my daughter is my inspiration to achieve more, so that I am able to give her what she needs growing up.



Sepiring

For the realest Malaysian food fix

BY KATHLYN URSULA D'SOUZA

e Malaysians have a thing for food – we admit that proudly. With our great love for food comes a great desire to try many other things, and with the new age of globalisation, we're simply spoilt for choice. However, there are instances where we simply must revisit our roots and fall in love with Malaysian food once more, and what better place to accommodate that than Sepiring.

Sepiring recently underwent a rebranding; they were formerly known as Sweet Chat and due to the common public misconception that they only served desserts made them undertake an entire makeover.

Now, based on the name alone, you would already know what to expect. You would be welcomed with phrases such as "Teh Tarik So Menarik", "Burger Worth Satay-ing For" (this is because they have a

burger with the patty made out of satay), "Jalan-jalan Cari Ulam" and "Keep Calm and Curry On."

We got to try some of their highlights and they were fantastic. Finding your favourites is absolutely guaranteed such as the Penang Rojak (spicy, sour and sweet in all the right places), Bubur Cha Cha (with yam, sweet potato, tapioca soaking in pure no-nonsense santan), and Yam Cake (where you can actually taste some dried prawns, chicken and actual yam instead of the dough-y, flour-y texture that you might get from other places).

You might have thought of this at least once in your life – "I can't be Malaysian unless I have rice". Here is your excuse to indulge, especially since they serve Nasi Lemak Rendang Ayam Kunyit and Nyonya Nasi Ulam with Ayam Percik (doesn't the idea of thinly sliced lemongrass stalk, keropok lekor and ayam percik just make





you salivate?). There's also the Spicy Smoked Beef Pasta if you're looking for another carb-y variety. Although the name suggests a more Western approach, the taste is truly Malaysian as it takes its form in a very Negeri Sembilan way with its daging masak cili api.

If you're more of a laksa person, you won't be disappointed. You can choose between the Nyonya Laksa and Curry Laksa. If you prefer a lighter, airy taste for your laksa, you'd best be satisfied with the Nyonya one but if you prefer a more flavoursome, heady and heavily-laden with meat laksa, then the Curry one would do it for you.

Even the coffee here, if you are a coffee lover yourself, are infused with Malaysian ingredients. For instance, they've got the gula Melaka Latte, where the base is, as you might have guessed, gula Melaka and the froth at the top is sprinkled with Gula Melaka shavings. Another option is the Gula Melaka Affogato – quite a pleasant taste if you're not keen on coffee but willing to give it a shot (of espresso).

Now, durians. It's not truly Malaysian if they don't have durians, right? Have it in the form of pancakes, as the Durian Pancakes are so meticulously put together (in thin layers of crepe-like yellow skin wrapped around durian pieces smothered with whipped cream).

All we can say is ... we walked out full, evidently, and feeling more Malaysian than ever. If you'd like to revisit your roots – not that we're suggesting you've forgotten them – drop by Sepiring and be reminded once more why Malaysian food is the best.







Mama San Kuala Lumpur

Pleasing your epicurean needs

BY NADHIRAH BADARDIN

he Mama San is a well-known character who is a strict but at times an indulgent madam of authority in an Asian gentlemen's club. She takes care of all her girls with affection. "That's pretty much how I see myself, keeping the authenticity of the cuisine culture in the restaurants I manage and I do that by learning from women across the region, who are willing to pass on their knowledge," said Chef Will Meyrick.

Mama San is a gorgeous, warm, welcoming and globally-acclaimed restaurant spearheaded by Chef Meyrick and is based in Bali. Being a street food enthusiast, he expresses his love of authentic Asian flavours and textures into his carefully researched menus.

Recently, The Melium Group together with Mama San announced the opening of Mama San Kuala Lumpur at Suria KLCC.

The new restaurant is influenced by the design concept of 1920s Shanghai – walls are ornamented with old-style photographs and retro-esque mural wallpaper.

The food at Mama San is not only Indonesian. It also includes Chinese, Indian, Malay, Singaporean, Thai, Cambodian and Vietnamese flavours. Arriving with an empty stomach, we were keen on what was to come forth.

For starters, we tried the Soft Shell Crab Rujak salad. This salad also features green mango, rose apple, mint and peanuts with tamarind dressing for that authenticity. The salad was fresh together with the soft shell crab and tofu that packed quite a crunch and was reminiscent of the rojak buah. We loved how great this was as a starter.

The Dendeng Balado is a signature dish here. Traditionally, the dendeng balado is made of thinly sliced beef that is cooked to sort of jerky-like dish. However, at Mama San, the beef is chunky – just the way we like it. Droves of patrons come back to try this amazing caramelised short rib beef that's cooked with kaffir lime, chilli and lemon basil. The dish was fragrant, hot and definitely addictive. We had this with some steamed white rice and couldn't get enough of how tender and flavoursome the dendeng balado was.

Another notable dish during our visit was the Red Curry Barbecued Duck with Lychees. This was reminiscent of the traditional Thai red curry dish but with a twist – lychees. The curry was sweeter than usual but interesting as the lychee flavour was pleasantly aromatic as well. For that touch of authenticity, apple eggplants were also used in the curry.

For dessert, we tried the Vietnamese version of steamed 'pau', the Nutella pak boi with vanilla ice cream and

Kintamani espresso for that Balinese twist. The pak bois were soft, fluffy and steamed to perfection. When you bite into the pakboi, there's a rush of warm and chocolatey hazelnut sauce that ignites your senses. Try it dipped with the Kintamani espresso and vanilla ice cream affogato concoction – the creaminess of the affogato will double the pak boi's delight. For those with an affinity for durians, the Durian Pannacota is definitely worth an order. The pannacota comes with sticky white rice and vanilla cream, kind of like the Malay version of durian pulut but in a martini glass and less overbearing. The pannacota itself was well made and the durian flavour didn't completely overpower the dessert, which made it enjoyable for most.

With an ambience that would make you want to lounge around for hours and food that retains in your memory that draws you back for more, Mama San Kuala Lumpur is everything we find desirable for a memorable meal out. If you find yourself meandering around Suria KLCC with a hankering to try something new, just head on to the Park level and find Mama San waiting for you.

Lot 46, Ground Level, Suria KLCC, Jalan P. Ramlee, Kuala Lumpur City Center, 50088, Kuala Lumpur.



Memory Makers @ Traders

Truly an unforgettable experience

BY KATHLYN URSULA D'SOUZA



e were told that Gobo
Upstairs Lounge and
Grill, Gobo Chit Chat
and SkyBar at Traders
Hotel were launching
a new selection of dishes – dishes that are
carefully orchestrated and created to leave
a permanent mark in the mind, tongue,
stomach and we suspect, the heart too.

The other nugget of information that we were given was that, these dishes are a result of all the clients' feedback, preferences and critique accumulated over time and after the painstaking process of compiling, Memory Makers is ready for the public to indulge.





Mushroom Tea

We must say, this was truly a unique start to our meal. We were presented with a very light flavoursome wild mushroom-infused broth, served with salted tempura oyster mushrooms on the side. Although one may be expecting a broth that is salty and bitter to taste, this was refreshingly light, addictive and teased the palate enough to work up our appetite. Munching on the crunchy tempura oyster mushrooms and washing it down with the tea (was perfect for a heavenly appetiser.

3some Meat Platter (for 2 persons)

An oh-so-tender medley of 3 with pumpkin puree for chicken, artichoke and coriander pesto for lamb and rosemary and bordelaise sauce for the tenderloin steak for the meat lovers. However, if you're not keen on meat, they'd be more than glad to switch to seafood for you.

Nasi Lemak 2.0

This is an upgrade, we were told. The rice alone smells so good that it is guaranteed to have you salivating in no time – it is steamed in the coconut shell together with the coconut water and milk. The special trick is to eat the rice with fresh coconut flesh scooped from the container that is the shell of a real coconut. The presentation is ace, and it reminded us of a little tropical island, with uncooked rice holding the shell in place while you scoop the sinful rice out. And don't worry, they haven't forgotten the spicy prawn sambal, anchovies and chicken rending or 'ayam berempah'. You're all set for the best nasi lemak ever.

Le Bon Vivant Ice Kepal

"Good living" is what this dessert is named after, and it is certainly fitting. If you prefer to have a little bit (or rather, a lot) of fun with your dessert, this is it. Hack your way through



the ice with a spoon to find the surprise inside the shaved ice (trust us, there is no ladylike way to eat this – you need to go all out.) Inspired by the local ice ball dessert from the 70s and 80s, the ice kepal is topped with raspberries and drenched with syrup.

Cherry BOMMM

Now this here, is a once-in-a-lifetime treat. Take a picture if you must, but we recommend a video shot. On a large plate is a sphere of white chocolate on a field of edible flowers and raspberries, and you get to watch as dark chocolate is poured on the white chocolate shell that crumbles to reveal the treat within. Visual treat aside, once you've scooped a bit into your mouth, you're sold.



Selangor Sling

Tanqueray gin, hibiscus syrup, elder flower syrup, pineapple juice, dash of absinthe, shaken and topped with a roselle flower all team up together to give you a seductive-looking cocktail to wash down all the richness that you've just consumed.

Sky 33

A fruity concoction with kiwi juice muddled with vodka on ice. Cubes of kiwi vodka jelly for that added kick.

Traders Hotel, Kuala Lumpur City Centre, 50088 Kuala Lumpur, Malaysia

SECOND SUNDAY

The long "weekend" you need

31, Jalan SS 22/19, 47400 Petaling Jaya, Selangor, Malaysia Closed on Tuesdays.

BY NADHIRAH BADARDIN



econd Sunday opened its doors in August of 2015 in the bustling area of Damansara Jaya. Innovative and effervescent owners who aim to please the crowd with comfort food spearhead this restaurant and cafe and offering an interesting concept of brunch or all-day breakfasts.

Second Sunday is rapidly becoming a first choice for those who desperately need their dose of weekend feel, even on the weekdays. We met up with Basil from Second Sunday, a young entrepreneur of 26, at his comfort food café.

Upon entering Second Sunday, one would notice the homey charm around the café. Though it sticks to quite a minimalist design concept, the café is cozy and inviting. It's something like self-service over here but not all the way - patrons are encouraged to grab a menu upon entering at the menu 'coat' hanger and make an order at the counter. But that's fine when you're waiting for one of Klang Valley's best pancakes.

The menu is enticing with all kinds of sweet and savoury pancakes, breakfast options and even main courses. The breakfast or brunch menu lasts until 5.30 pm while the pancakes are available all day as they are a huge hit here.

First up, we tried the Peppermint and Chocolate Chip Pancake. When it arrived, I swear we were already salivating. The pancakes were topped with a scoop of vanilla ice cream, strawberries and drizzled





with chocolate sauce. As Second Sunday prides itself for its pancakes, the pancakes are done extremely well – light, fluffy and the flavour packs a punch. As the pancakes are infused with peppermint and cocoa, it magnificently balances the flavour well. The ice cream serves it's creamy and cold function on a hot and cold plate as well.

The crème de la crème of pancakes at Second Sunday is definitely the Local 'Pankek', wittily named with a local accent. The Local Pankek is the star of the show featuring pandan and coconut pancakes topped with caramelised bananas and toasted desiccated coconut. To add to the local factor, the pancakes are served with a rich, indulgent gula Melaka syrup and coconut ice cream on the side. The pancakes are very reminiscent of the local

kuih cara manis, a snack that's made of pandan-flavoured batter, but fluffier and bigger. The bananas are tender from being caramelised and paired so well with the pancake and various types of coconut on the dish. We absolutely loved this – this is definitely how you introduce local flavours into a Western classic.

We also tried the Sunny Side Ups from the brunch menu that features an open-face sandwich with double sunny side ups laced with crispy cheddar cheese and served on toasted sourdough with avocado slices, sautéed mushrooms and smoked salmon. This is a sort of healthy alternative for those who are not up for refined carbs (not me). Basil also mentioned that you could have your eggs however you liked and not just griddled with cheese. Another item that

customers seem to love is the Number Five – a tortilla chicken pesto wrap with pineapple, sautéed mushrooms and served with fries topped with honey mustard sauce. This is a quick lunch that fills you up pretty nicely for all your daily activities. Not to mention, it tastes amazing as well. Our teammate could not have had enough of this.

All in all, we definitely loved our visit to Second Sunday. It was almost like being pampered with all these nostalgic comfort food in the comfort of your own home for breakfast. The only difference is you're not in your pajamas. Need another day of the weekend? A meal at Second Sunday would give you just that.



BY NADHIRAH BADARDIN

Salted egg yolk is commonly known for being incorporated into Oriental dishes. However, looking back at the past year, we've seen a surge of interest in salted egg yolks everywhere. We've seen them in croissants, waffles, and even chocolate cakes. This month, we've listed our top favourite salted egg dishes/desserts around.



SALTED EGG YOLK TOFU

Our vegetarian friends need some salted egg yolk loving too. So behold Kam Kitchen's salted egg yolk beancurd dish. Bursting with flavour on the outside, soft on the inside.

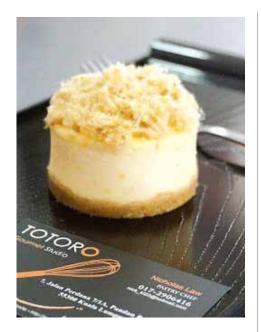
Kam Kitchen, No. 6, Jalan 18, Kampung Cheras Baru, Kuala Lumpur.

SALTED EGG YOLK CREPE

Strangers at 47 is no stranger to being one of the most innovative creperies around. That being said, of course they would have a crepe on the menu that is stuffed with seafood and salted egg yolk. The 'Shore To Please' features a crepe compromising of Cajun-esque tiger prawns, battered squid and salted egg yolk. Creamy, savoury and 'shore' to please the crowd.

Strangers at 47, 47, Jalan 17/45, Seksyen 17, 46400 Petaling Jaya, Selangor.





SALTED EGG YOLK CHEESECAKE

Though some may cringe at the mention of a salted egg yolk cheesecake due to its 'uncharted territory' label, we got curious. So we paid Totoro Gourmet kitchen a visit. After a bite of the salted egg cheesecake, we were sold. The cheesecake was smoother and richer than usual with an interesting combination of sweet and salty that was strangely appetising. However, we feel that this maybe an acquired taste for some.

Totoro Gourmet Studio, 7, Jalan Perdana 7/1a, Taman Cheras Indah, 56100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur, Malaysia

SALTED EGG CUSTARD BUN

We particularly love Dolly Dim Sum's take on the salted egg custard buns. What's more is everyone can join in on the fun as the buns are halal. These buns are pillowy soft and ooze with rich golden salted egg yolk custard that might have you begging for more. Do yourself a favour and don't share a bun just to cut calories, live a little.

Dolly Dim Sum, Lot G9 Ground Floor, Avenue K, 156 Jalan Ampang, Kuala Lumpur, Malaysia.





SALTED EGG SOFT SHELL CRAB

Now here's something we're not quite familiar with but absolutely adoring, especially since sometimes we just can't bother with crab shells. These soft shell crabs have been deep fried to a beautiful golden brown and topped with a silky and luxurious coat off salted egg yolk sauce. This makes for a very indulgent dish, so be sure to go easy on this one and have it occasionally.

Homst Restaurant, 48, Persiaran Zaaba, 60000, TTDI, KL.

Taman Tun Dr. Ismail

The Taman Tun Dr. Ismail is well known as a café hub.
With all these innovative and creative cafes popping up in the district to fulfil your Instagram cravings, what about real and authentic food that hits all the right spots? We ventured out to Taman Tun Dr. Ismail to find great, simple food that gives you the full bang for your buck.

BY NADHIRAH BADARDIN



Nasi Campur and Thai food fare

Santai in Taman Tun Dr. Ismail is a local watering hole that serves an array of mixed rice dishes and some superb Thai fare. We tried the mixed Tom Yam that was filled to the brim with meat and seafood. The broth of the Tom Yam itself was delightfully flavoursome with all the right hints of lemongrass, kaffir lime leaves and other spices. Pair it with white rice and a side of telur bungkus and you're having a great meal already.

Santai Restaurant and Café, 10, Persiaran Zaaba, Taman Tun Dr Ismail, 60000, Malaysia



Butter chicken

Though we love the Chinese-style butter chicken that is sweet and spicy, we're also avid fans of the Indian-style butter chicken. This version of the butter chicken has a more savoury flavour though it retains the creaminess. We absolutely love how Mai Street Café executes the Indian style butter chicken at a student price tag. If it fills you up, tastes great and is cheap, you don't really have an excuse to not try it out.

Mai Street Café, 15, Lorong Datuk Sulaiman 1, Taman Tun Dr Ismail, 60000 Kuala Lumpur, Malaysia



Mutton Thosai

The thosai is technically one of our favourite "healthier" options for breakfast. At Devi's Corner in TTDI, you could get a thosai with mutton cooked right into the bread. We love how soft the thosai is here and paired with great minced mutton masala enclosed in the thosai, like it's a gift. Have yours to go with its variety of condiments.

Devi's Corner, 38, Jalan Datuk Sulaiman, Taman Tun Dr Ismail, 60000 Kuala Lumpur, Malaysia



Putu Piring

This rice flour patty with gula Melaka on the inside is easily one of our favourite afternoon snacks. Steamed to perfection, the putu piring is somewhat like the Indian putu mayam but more solid and kuih-like. We love how dots of brown sugar peek out of the putu piring as it caramelises.

Jalan Tun Mohd. Fuad 1, Taman Tun Dr. Ismail, 60000, Kuala Lumpur, Malaysia

Nasi Lemak Kukus

What's street food without your local nasi lemak fix, right? In Jalan Burhanuddin Helmi is Nasi Lemak Kukus Rosli. Droves of people swarm his stall right before the morning grind for his famed sambal sotong. The proprietor of Nasi lemak Rosli used to have his own stand-alone stall but now he operates from a stall in the Putik Pauh restaurant in TTDI. Be sure to head over early if you'd like to get your dose of his nasi lemak kukus.

Putik Pauh, Jalan Burhanuddin Helmi, Taman Tun Dr Ismail, 60000, Kuala Lumpur, Malaysia

More Orange, More Ong

Orange-inspired treats to bring in Chinese New Year cheer

BY KATHIYN LIRSULA D'SOLIZA

When we think of Chinese New Year, the first thing that comes to mind is mandarin oranges. Most of us will be going through boxes upon boxes of mandarin oranges during the first few days of celebrating it, but here we give you a couple of ideas for treats infused with orange, our very own ode to the fruit that is synonymous with one of the brightest celebrations in our country.



TIGER RADLER MANDARIN ORANGE

Double up on the prosperity and merriment when you gift your loved ones the quintessential mandarin oranges coupled with Tiger's special release this festivity, Tiger Radler Mandarin Orange.

The new variant has been concocted with a slight twist to the original Tiger Radler recipe - the zesty flavour of natural lemon juice has been swapped with the reviving taste of mandarin orange juice. Like the lemon variant launched two years ago, this drink will definitely appeal to both beer and non-beer drinkers alike.



ORANGE MACAROON

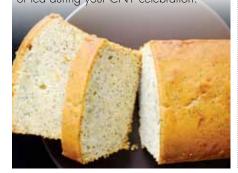
Levain Boulangerie Patisserie is famed for their splendid collection of cookies and macaroons and naturally, they'd have one to suit our CNY theme. Their orange macaroon is deliciously light, cheerfully coloured and incredibly flavourful.

Levain Boulangerie Patisserie No. 7, Jalan Delima Off Jalan Imbi, 55100 Kuala Lumpur, Malaysia



ORANGE POPPY SEED POUND CAKE

Derived from the traditional pound cake made of one pound of each ingredient - flour, butter, sugar and eggs, the chef has refined the recipe to make its very own Orange Poppy Seed Pound Cake. Made of fine butter, zesty oranges and loads of poppy seed, for that little 'crackle' in every bite. Lovely with coffee or tea during your CNY celebration.



CREPE SUZETTE

This is Boathouse TTDI's signature dessert – wedges of caramelised orange flambéed with Cointreau and Cognac, served on a French frepe doused in orange butter sauce and caramel, topped with a scoop of vanilla ice cream. Va va voom!

16, Lorong Rahim Kajai 14, Taman Tun Dr Ismail, 60000 Kuala Lumpur, Malaysia



CHOCOLATE ORANGE CUPCAKE

We know that cupcakes are best consumed when they are flavoured with chocolate or vanilla or both, but we simply thought that Bisou's Chocolate Orange Cupcake is simply too delicious to resist – take a look at the cute, little orange perched on top!





WORLD HIJAB DAY

COVERED AND COVETED

tutorial by Hijabista and Stylist Nabiilabee

February 1 marks World Hijab Day, a day that celebrates the freedom of choice for women everywhere to don the hijab. As a tribute to World Hijab Day, we've put together two chic, easy and versatile looks for you to try out.



DAILY VERSATILE HIJAB LOOK

- 1. First, place an inner scarf that's lightweight and comfortable (the tropics is no place to sweat underneath layers).
- 2. Secondly, partially fold in the edge of your shawl on one side and place the folded side on top of your head. Make a tiny V at the top for a sharp look and pin the shawl together under your chin securely.
- 3. Be sure to make one side of the scarf longer than the other. This will be of a lot of use in the later steps.
- 4. Fan out the longer end of the shawl and pull it over across the chest area.
- 5. Pull it around the neck (not over) to the front.
- 6. Tidy up the loose edges a little and you're good to go.
- *Try this look with a shawl that isn't too thick for a neat and clean-edge look.











TURBAN SIDE V WRAP ROUND LOOK

Here's an easy look (and our favourite) to try out if you feel like buying into the bludgeoning turban trend. Grab a shawl and try these steps out.

- 1. Again, partially fold in the edge of your shawl on one side and place the folded side on top of your head.

 Make sure that one side is longer than the other.
- 2. Secondly, make a sharp V at the front and a little to the side of your shawl and pin it so it stays in place.
- 3. Make a knot at the back of your neck with the two loose ends of the shawl.
- 4. Spread the longer side of the shawl and wrap it around your head. Tidy it up a little to your preference.
- 5. Bring both sides to the front for a more casual look. If you'd like a neat up do, just wrap and pin the loose ends of your shawl for the desired look.
- 6. Complete the look with a statement necklace if you like.



MIU MIU ROUND-FRAME ACETATE SUNGLASSES Approximately RM1,431

Miu Miu's round-frame sunglasses will lend everyday looks a cool, retro feel. They're crafted from tortoiseshell acetatewith burgundy lenses and sleek gold-tone arms.





DOLCE & GABBANA GOLD-PLATED SWAROVSKI CRYSTAL CHARM BRACELET Price available upon inquiry

Cast from gold-plated brass, this bracelet is embellished with miniature souvenir charms, including resin flowers, a four-leaf clover and Swarovski crystal drops.

MICHAEL KORS
GREENWICH SMALL METALLICPANELLED TEXTURED LEATHER
BUCKET BAG
Approximately RM1,279

This antique-rose style has a metallic front patch that matches the high-shine interior. Adjust the long strap to wear it cross-body.



DIANE VON FURSTENBERG ZOE PRINTED SILK JERSEY MINI DRESS Approximately RM1,776

Crafted from silk jersey, this 'Zoe' style has a thigh-grazing hem and is printed with fern leaves. We love how the gathered front and tie fastening create an hourglass silhouette.



ENSTERN CHARM

With the Chinese New Year approaching, we're racking our minds for the best looks to pull of at a Chinese New Year open house. Be the belle of the party this New Year with our top picks of the month:



DKNY
GUIPURE LACE TOP
Approximately RM1,136

DKNY's red top is cut from elegant floral-patterned guipure lace. Smooth crepe de chine trims and a gently scalloped hem add femininity and touch of the orient. Pair this with an embroidered twill skirt for a vintage look.

BALENCIAGA LE DIX TEXTURED-LEATHER AND GOLD-TONE BRACELET Approximately RM1,403

The Le Dix bracelet is made of supple red textured leather and punctuated with a brushed gold-tone brass clasp. Wear this bright accessory on its own as a statement piece.





STELLA MCCARTNEY
RENEE EMBROIDERED TWILL SKIRT
Approximately RM8,151

Stella McCartney's twill 'Renee' midi skirt is perfect for a formal or eventful look. Crafted with touches of lustrous silk, this A-line style is embroidered with colourful blooms and has a smooth satin lining.

GUCCI BLOOMS GG SUPREME LEATHER-TRIMMED PRINTED COATED CANVAS SHOULDER BAG Approximately RM4,013

This 'Blooms GG Supreme' bag is crafted from the label's monogrammed coated canvas and is trimmed with smooth plum leather. Perfectly sized for carrying your essentials, it's finished with an antique silver chain shoulder strap.



This pair of platform-style crimson suede pumps is designed in a flattering almond-toe silhouette and has an adjustable ankle strap f or a secure fit. Wear yours with everything from tailored dresses to casual outfits.



JUNGHANS MEISTER TELEMETER CHRONOSCOPE GOLD-TONE STAINLESS STEEL AND LEATHER WATCH Approximately RM11,079

The design of Junghan's 'Meister Telemeter' is based on vintage 1950s sports watches, but there's nothing retro about its technical abilities. The dial has symmetrically-arranged totalisers and scales around the minute graduation for optimum clarity.



POLO RALPH LAUREN NAVY SLIM FIT TWEED BLAZER Approximately RM2,734

Polo Ralph Lauren's contemporary blazer has been crafted in Italy in a slim fit. A considered investment piece, it will pair effortlessly with jeans, tailored trousers or chinos.



DOLCE & GABBANA SLIM FIT STRETCH COTTON TWILL TROUSERS Approximately RM1,850

In muted sky-blue, Dolce & Gabbana's slim-fit trousers are a confident choice for smart looks. Complement yours with a navy blazer or sweater.





CANALI CALFSKIN LOAFERS Price available upon inquiry

This hand-finished shaded calfskin loafers express Canali's whimsical originality. Pair yours with blue or navy hues.



CONTENT:	•	FEBRUAR	V 2014
CONTENT.) -	FEDRUAK	1 2010

AIRPO	ORT	MD	SPE	AKS	
C					

54 Sarawak sees aviation growth 56

Airline & Aviation Offices 58

Aviation News

Airport Talk

Star Chef dishes for GARUDA INDONESIA	60
CATHAY PACIFIC strengthens UK	61
RAYANI AIR takes off!	62
AIR MAURITIUS moves management	63
AEROMEXICO goes Dutch	63
Airlines attend MCTA 24th Anniversary Dinner	64
New Aircraft for AEROFLOT	65
Access Pyongyang with AIR KORYO	65

Aviation Interview

67

Dato' Albert Tan Sam Soon National President Malaysian Chinese Travel Association As Managing Director of Malaysia Airports Holdings Berbad, Datuk Badlisham Ghazali is fast gaining recognition in the global aviation world. A speaker at the World Routes Strategy Summit in Chicago in 2014 and the 22nd Global Airport Development Conference in 2015, be is also Special Advisor to Airports Council International Asia-Pacific. He sits on the Boards of the international airports at Delhi, Hyderabad, Istanbul and Male.

This month, Datuk
Badlisham speaks about
the commitment of
the Company to East
Malaysia.



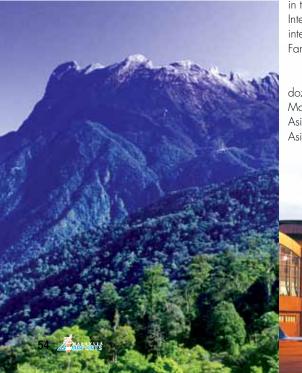
AIRPORT MD SPEAKS

"One of the first facilities I visited after I took up my position as the new Managing Director of Malaysia Airports was Kota Kinabalu International Airport, commonly known in aviation circles by its IATA callsign of BKI.

"I was aware that this is the fastestgrowing airport in Malaysia, but I was pleasantly surprised to hear that one industry-analyst reckoned it could be the most rapidly-expanding airport in the entire BIMP-EAGA region at that point in time! Geographically, Kota Kinabalu International Airport is our most easterly international gateway, and nearest to the Far East as well as the Australasia region.

"At present, there are more than one dozen airlines operating at KKIA, including Malaysia Airlines, MASWings, Air Asia, Asiana Airlines, Awair/Indonesia Air Asia, Air Asia Zest, Cebu Pacific Air, China Airlines, China Southern Airlines, Dragonair, Eastar Jet, Jin Air, Malindo Air, Royal Brunei Airlines, Shanghai Airlines, Silk Air and Spring Airlines. I am pleased to note that there has been a steady stream of airlines from South Korea, China and even the Philippines that have commenced new routes or increased existing frequencies into Kota Kinabalu, while carriers from Singapore, Indonesia, Brunei and peninsular Malaysia have been steady supporters of this fascinating destination. We are now looking at the possibility of more connections from North Asia and Indonesia as well.

"Apart from the magnificent international airport in Sabah's state capital, Malaysia Airports also operates facilities at Lahad Datu, Sandakan, Tawau, Kudat, Long Pasia and Semporna. These are an integral part of community life across Sabah; and we are proud to be a part of vital logistics and communications network of this great state."

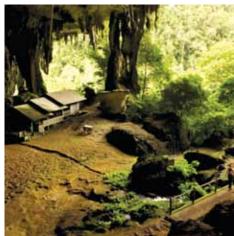




"Similarly, in Sarawak, we operate more than one dozen facilities in Bintulu, Limbang, Miri, Mulu, Bakalalan, Bario, Belaga, Kapit, Lawas, Long Akah, Long Banga, Long Lellang, Long Semado, Long Seridan, Marudi, Mukah and the state capital of Kuching. For local communities in many locations of Malaysia's largest state, the airport is the centre of communications, logistic and connection to the rest of the world.

"I would describe Kuching International Airport as one of the 'untapped airport treasures' in Malaysia. With its strategic location on the legendary island of Borneo and its close proximity to Brunei and majors towns of the Indonesian archipelago, Kuching is a destination waiting to be discovered by the aviation and tourism industries! Malaysia Airports is committed to the best interests of the airport, the capital city and the success of the state of Sarawak.

"Apart from the states of Sabah and Sarawak, East Malaysia also includes the financial hub popularly called Labuan. To be precise, Labuan Island is the largest of seven within the Federal Territory of Kuraman, Pulau Papan, Pulau Rusukan Kecil, and Pulau Rusukan Besar, this Federal Territory has a combined total area of 92 km². This collection of lovely islands lies 8 km off the coast of Borneo,

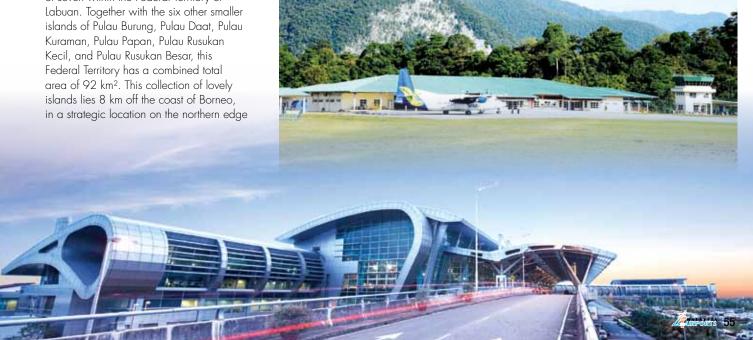


of Brunei Bay facing the South China Sea, between Sabah and the nation of Brunei Darussalam. Labuan's airport can handle over 2 million passengers a year.

"Collectively, East Malaysia represents a major focus for Malaysia Airports in 2016. From tiny Short Take-Off & Landing ports (STOLports) in remote rural villages



and landing facilities at popular resort destinations to busy domestic airports in commercial centres and international air-hubs in capital cities, we have in East Malaysia what has been described as the widest range of airports that any airportmanagement company in the world is responsible for. Big or small, Malaysia Airports fully commits our very best efforts to every one of our facilities in East Malaysia."





A Monthly Publication Of MALAYSIA **AIRPORTS © Marketing Division**

Advisor

Y.Bhg. Datuk Badlisham Ghazali

Managing Editor

Mohamed Sallauddin Hj. Mat Sah

Editorial & Concept

Andrew Ponnampalam

andrewponnampalam@yahoo.com

Advertising & Production faizalmd@malaysiaairports.com.my

Mohd Faizal Md Haris

Design & Distribution

Mediate Communications Sdn. Bhd. **MALAYSIA AIRPORTS HOLDINGS BERHAD** (487092-W) Marketing Division, Suite 13.5, Level 13, Menara IMC, Letter Box 41, No. 8, Jalan Sultan Ismail, 50250 Kuala Lumpur, Malaysia Tel : 603-2070 8606 : 603-2070 3387 Email: marketing@malaysiaairports. com.my

Sarawak sees aviation growth

Air-travel in Malaysia's largest state is set to grow with recent developments



There was a distinct Sarawakian atmosphere in Hong Kong last month at the events surrounding the Official Signing of a Cooperation Agreement between the Sarawak Tourism Board and Hong Kong Airlines for a direct flight between Kuching and Hong Kong. Ethnic tribal music filled the air, and colourful Sarawakian art and craft helped create a festive and celebratory

The large delegation from Sarawak included the Minister of Housing and Minister of Tourism of Sarawak Datuk Amar Abang Johari bin Tun Abang Haji Openg; Assistant Minister of Tourism Sarawak Datuk Talib Zulpilip and Datuk Gramong Juna, and members of various government departments such as the Chief Minister's Office, Ministry of Tourism, Sarawak Tourism Board, Sarawak Cultural Village, and the Sarawak Convention Bureau.

Also present were Malaysia Airports General Manager Marketing Mohamed Sallauddin Haji Mat Sah and Tourism Malaysia Hong Kong Director Norshamsida Abdul Rahman.

The agreement for Hong Kong Airlines to operate the Hong Kong-Kuching direct route was signed by STB Chief Executive Officer and Permanent Secretary to Sarawak's Tourism Ministry Datu Ik Pahon Joyik and Hong Kong Airlines Assistant Director of Commercial Michael Burke.

The signing ceremony marked the beginning of the process to establish the first direct link between Kuching and the Orient. Datuk Amar Abang Johari said the state government was pleased that the new route was being finally realised as the direct flight from Hong Kong to Kuching will increase connectivity between the two destinations. It would also enhance international connectivity for Sarawak. "It augurs well for the state", he

To help sustain the route, Datuk Amar Abang Johari said STB would support Hong Kong Airlines in terms of tourism packages as well as market promotion. Asserting that ecotourism is becoming the key trend of the global tourism industry, he said Sarawak has various products to offer to tourists from Hong Kong and other parts of the world.



Apart from the Signing Ceremony, a Mini Travel Mart was held after the official event. Sarawak also hosted a dinner themed 'Sarawak Night: Sarawak Welcomes You' at The Langham Hotel. Guest of Honour for the evening was the Sarawak's Chief Minister's wife, Datin Patinggi Dato Hajah Jamilah bt Haji Anu. The evening saw various cultural dances staged by performers from Sarawak Cultural Village, a fashion show, lucky draws and culture-related games specifically arranged for Hong Kong guests. The Sarawakian hosts also entertained guests to games involving the warrior dance, the maiden dance, blowpipe shooting and 'Alir-Alir'. After these sessions, all guests were invited to join in the 'joget', a traditional Malay dance.

Mohamed Sallauddin said that Hong Kong Airlines is expected to launch the inaugural Hong Kong-Kuching flight on April 26 using an Airbus A320, on a twice-weekly schedule. He added that the Signing Ceremony is a testament to the hard work put in over several years by the Sarawak Government, often in partnership with Malaysia Airports, to raise the profile of Kuching as a strategic destination of choice for airline route-developers.

One key step in this process was when a team from Sarawak Tourism and Malaysia



Airports flew to Manchester in 2012 to bid for the hosting of Routes Asia. The bid was successful, and for the first time in the history of Borneo, a major international aviation event was held on the legendary island when Routes Asia 2014 took place in Kuching. During the event, Sarawak Tourism Board hosted a lavish dinner for Hong Kong Airlines, during which time a strong and vivid presentation was held on the attributes and



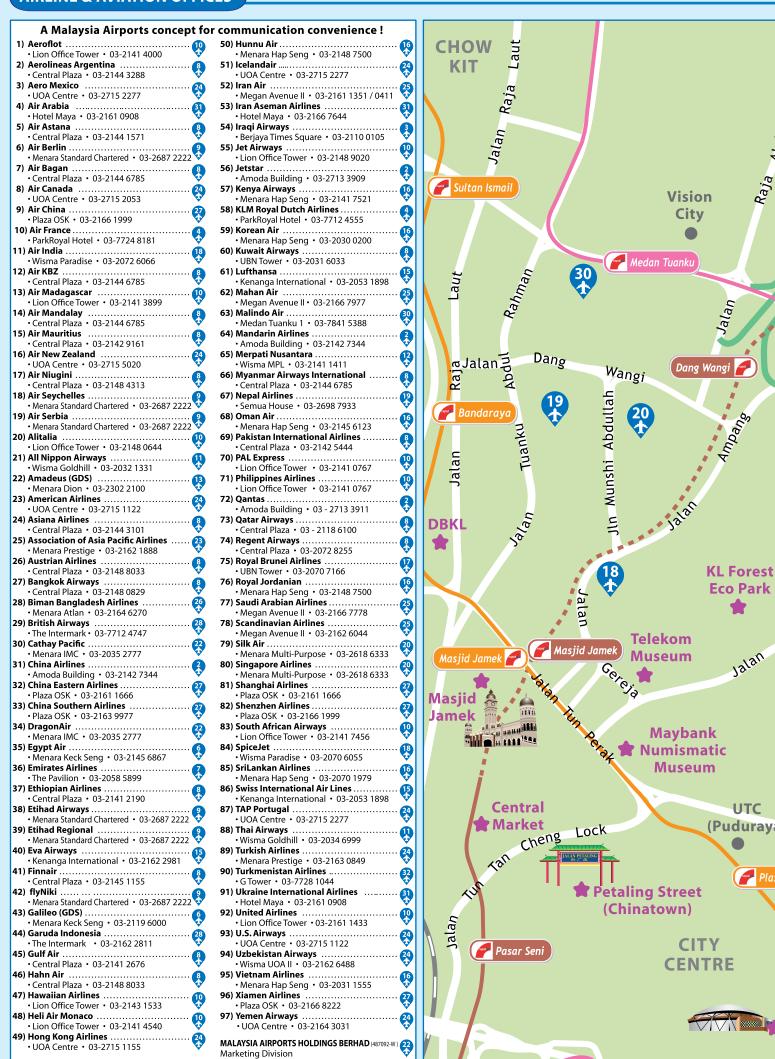




viability of Kuching and Sarawak as a great aviation destination.

"The development of Kuching as an airline destination is a strategic component in the successful implementation of the BIMP-EAGA initiative", he said, explaining that he was referring to the Brunei Indonesia Malaysia Philippines-East Asean Growth Area, a subregional economic cooperation initiative in Southeast Asia. The BIMP-EAGA initiative was launched in 1994 to spur economic development in the four countries' "focus areas" which, although geographically distant from their national capitals, are in strategic proximity to each other, in one of the world's most resource-rich regions. The BIMP-EAGA initiative is market-driven and operates through a decentralised organisation structure involving the four governments and the private sector.









Star Chef dishes for GARUDA INDONESIA







This month, Garuda Indonesia introduces its new signature dishes created by world-renowned chefs for its First Class and Business Class passengers on selected flights, says General Manager for Malaysia, Ronald Lubantobing, explaining that the Star Chefs have been specially chosen to create entire menus based on the unique and diverse Indonesian traditional dishes found across the archipelago.

The first chef to be hosting the Garuda Indonesia's Star Chefs program is Will Meyrick, from the famed Sarong, Mamasan and Hujan Locale in Bali and E&O in lakarta, who was named the 2012-2014 Hospitality Asia Platinum Award Master Chef for Ásian Cuisine. The renowned 'Street Food Chef' will be presenting

Garuda Indonesia's new signature dishes on the Denpasar-Sydney and Denpasar-Melbourne return flights this month.

For his collaboration with the national airline of Indonesia, Chef Will Meyrick will be taking contemporary Indonesian street food upscale with fine-dining experiences on board. The in-flight menu comprises "Tum bebek with ubud lawar jackfruit ferntip grated coconut and nasi kuning", "Ayam betutu served with long bean yellow coconut and peanut salad", and "Balinese chocolate torte with candied orange and coconut cream".

The Star Chefs Program is part of the airline's New Garuda Indonesia Experience, which was introduced to provide added value to its customers. Inspired by Indonesia's warm

hospitality and rich diverse culture, this new service concept promises a unique and tangible experience of the five senses; sight, sound, taste, scent, and touch, at every stage of the journey.

The New Garuda Indonesia Experience service concept was launched as part of the airline's commitment as the national flagcarrier to maintain and preserve Indonesia's rich cultural heritage, and is in line with its continuous efforts to better serve its passengers. The service concept represents all of the best examples of Indonesian hospitality and cultural diversity.

By offering products and services based on Indonesian culture and hospitality, the local passengers travelling abroad can feel at home during their flights with Garuda Indonesia, while for foreign visitors, they can feel the hospitality and nuances that are uniquely Indonesian, even before they arrive in the country.

Ronald Lubantobing says Garuda Indonesia has three daily flights between Kuala Lumpur and Jakarta. For booking enquiries and reservations, call 03-2162 2811.







AIRLINK

CATHAY PACIFIC strengthens UK













Cathay Pacific Airways is strengthening its connectivity into Great Britain with a new four-times-weekly service to London's Gatwick Airport on 2 September 2016, subject to government approval. The new service will complement the airline's current five-timesdaily service to Heathrow Airport for a total of 39 flights a week between Hong Kong and London - more than any other carrier. In addition to serving London, Cathay Pacific also offers a four-times-weekly service between Hong Kong and Manchester in the United Kingdom.

Sales & Marketing Manager Manager Malaysia & Brunei Danny Tham elaborates that "Cathay Pacific has been serving London for 35 years and our commitment to the UK market is very strong. We are delighted to launch a non-stop service to Gatwick, using our new state-of-the-art A350 aircraft, which

will help meet increasing demand for both business and leisure travel between the Asia Pacific region and the UK. These additional flights to London will provide our passengers with greater choice and flexibility."

Gatwick Airport is located south of London close to the town of Crawley in West Sussex. It is the second-largest international airport in the United Kingdom. The new service will provide passengers from Asia a more convenient way to reach Greater London and the counties of Kent, Surrey, East Sussex, West Sussex and Hampshire.

Cathay Pacific will operate the Gatwick service with its brand new Airbus A350-900 aircraft featuring a refreshed Business Class cabin as well as new Premium Economy Class and Economy Class seats. Together with the premium service provided by Cathay



Pacific's cabin crew and a state-of-the-art inflight entertainment system in all classes, passengers will be assured of the best inflight experience when they travel between Hong Kong and London.

Cathay Pacific operates four daily non-stop flights from KLIA, and offers easy onward flight-connections to UK. It also provides convenient code-share connections to Aberdeen, Belfast, Birmingham, Edinburgh, Exeter, Inverness and the Isle Of Man. For ticketing or reservations, please call 03-2035 2777, visit www.cathaypacific.com.my or email kulres_tkg@cathaypacific.com.

RAYANI AIR takes off!







Malaysia's first Shariah-compliant airline, Rayani Air, which started its maiden flight from Kuala Lumpur to Kota Bharu recently, will spur development in the tourism sector and economy in Kelantan. State Culture, Tourism and Heritage Committee Chairman Datuk Mohd Anizam Abdul Rahman said the flight services offered by the company would also further stimulate the flight services at the Sultan Ismail Petra Airport in Pengkalan Chepa here, which currently provides 44 daily flights.

As a "shariah-compliant" airline, its Muslim crew are required to wear hijab. Food and beverages are halal-certified, and no alcohol is served on board. There will also be doa (prayer) recitals before every flight.

"We hope the existence of the Shariah-compliant airline would benefit the community in Kelantan and spur the growth of the tourism sector and economy in the state", Datuk Mohd Anizam said. On its inaugural flight, Rayani Air's Boeing 737-400 aircraft landed at the Sultan Ismail Petra Airport with 150 passengers including 18 orphans from the Taufik Islami Institute, Klang, Selangor.

Rayani Air is a collaboration between an oil and gas company, Merdeka Jayabumi Enterprise and mining company, Terus Maju Metal. As a start, Rayani Air will serve domestic sectors and will expand rapidly to popular international cities in the region. Rayani Air operates Boeing 737 aircraft that offer comfortable seating-arrangements for both Business and Economy classes. For any further information or clarifications, please call **03-27214925** or send an email to info@rayaniair.com







The next generation hub is taking shape at KLIA, and it's taking aviation to unprecedented heights.

AIR MAURITIUS moves management

Air Mauritius Regional Manager Southeast Asia Shiri Prakash Rai has moved to Kuala Lumpur to strengthen the management of this key destination. He says the national flag-carrier acts as an ambassador for Mauritius. "We bring you the spirit of this country and its people

AEROMEXICO goes Dutch

on each of your flights with the special attention that our Mauritian crew provides, as well as a range of high-quality services. We are a strategic partner in the tourism industry and are investing to help achieve the industry's growth objectives."

He adds that more and more Malaysians are discovering spectacular Mauritius either as a turn-around vacation destination or a delightful stopover on their way to Africa and Europe. For more information and ticketing, please call **03-2142 9161**.



" AEROMEXICO



Aeromexico is to introduce flights
between Mexico City
and Amsterdam next
summer, its fourth
destination in
Europe. Vivian
Ku of Discover
the World, the
Malaysian GSA

for Aeromexico, says that the airline will introduce a three-times weekly service between Aeropuerto Internacional Benito Juárez in Mexico City and Schiphol Airport in Amsterdam from May 29, 2016 operated using new Boeing 787-8 Dreamliner equipment.

Adding to its long-standing routes into France and Spain, the Netherlands will be the first new country market for the Latin American carrier in Europe since it made its debut in the UK in December 2012. Alongside its long-standing routes to Madrid and Paris and new London offering, Aeromexico has also served both Barcelona and Rome during the past ten years.

For ticketing and reservations, please call **03-2715 2277**.

Airlines attend MCTA 24th Anniversary Dinner















night's Lucky Draw a rousing success. MCTA National President Dato' Albert Tan Sam Soon reiterated a warm welcome to all guests, and explained that the association was finally set up in 1992 as a national association to represent the Chinese travel and tourism organisations in Malaysia. It liaises with the government and the privatesector, and provides training, education, research, information and other services to ensure a positive business-climate. The MCTA promotes the professional image of Malaysian Chinese travel and tourism organizations.

Today MCTA comprises of more than 600 members representing travel agencies, tour operators, hotels & resorts, specialty shops, restaurants and other tourism-related organizations. MCTA has its Headquarters in its own building in Pandan Jaya, Kuala Lumpur and Branch Chapters in Johor, Perak, Penang and Negeri Sembilan; and delegates from these branches attended the event. Dato' Tan also expressed a special welcome to guests representing the newest MCTA Chapter, from Sabah.

Other events during the exciting night included presentation of mementoes, longservice awards, and tokens of appreciation to MITM sponsors. There were also thrilling performances by the Gig Dancers and the popular music group Sandcastle. Roger Hia, organising Chairman of MITM 2016 concluded the night with a Thank You message to all.



The Chairman of the Organising Committee Hazel Sian opened the evening by welcoming the Guests of Honour, and thanking the evening's sponsors. Among the entities she thanked were airlines like Air France KLM, China Airlines, China Southern Airlines,



New Aircraft for AEROFLOT



Access Pyongyang with AIR KORYO





For the most convenient and affordable air-access to Pyongyang, fly with Air Koryo, the national flag-carrier of the Democratic People's Republic of Korea or North Korea, as it is popularly called. Based at Sunan International Airport outside Pyongyang, Air Koryo operates international and domestic

scheduled and charter flights. Founded in 1955, the airline became an affiliate member of the International Air Transport Association (IATA) on 21 October 1996.

The Inter-Governmental Air Route
Agreement was signed between DPR Korea

and Malaysia 20 years ago. Today, Malaysians also enjoy the exclusive privilege of visiting DPR Korea without a visa - only a simple application for a travel-permit is needed from the DPR Korea Tourism office.

For enquiries on tours and ticketing, please call **03-2078 2086**.







Carries your dream to meet tomorrow's sunrise





"PUT MALAYSIA FIRST IN THE TRAVEL BUSINESS."

An industry leader has a clear focus for growth.



"He is quite an innovator in the travelindustry of Malaysia", says a colleague admiringly. "He is not afraid to try new things and break ground in different areas." A statistics-oriented young travel-agent puts it more succinctly: "Dato' Albert Tan has scored many 'firsts' in his career. Among other things, in 1997, he was the first Penang-based travel-operator to head a national tourism-organisation; in 2004 he became the first President of the Malaysian Inbound Tourism Association, and in 2015 he became the first person to be elected for a third time to head the Malaysian Chinese Travel Association.

A government official endorses these views. "Dato' Albert Tan Sam Soon has really helped to organise the inbound tourism business in Malaysia into a formal structure with measurable goals and standards. He also stands tall among the outbound travelagents as someone who strongly believes that the inbound tourism business is a priority for Malaysian companies. Personally, I think he brings a welcome balance to the local travel industry. I am glad he is still going strong at the age of 67!"

At a time of his life when many men would be content to rest on their laurels, why has this indefatigable veteran taken on the heavy responsibilities as President of the Malaysian Chinese Tourism Association – and for a third time, too? "I think the one factor that motivates me today is the same thing that has kept me going ever since I entered the travel industry decades ago – passion!" explains 'Dato' Albert', as he is popularly known. "I am passionate about this business; and I am passionate about my country. "

"I believe that the tourism business has an immediate impact on Malaysia in many unique ways. Other industries like manufacturing may also bring in revenue for the country, but only the travel business raises international understanding, goodwill and appreciation of different people and cultures. Only the travel business unites so many different categories of serviceproviders, too! In the MCTA, for example, we have tour-operators, travel-agents, hoteliers, restaurateurs, logistic-handlers, gift-shop owners and other stakeholders. It doesn't matter if you're an airline boss, a waitress, an outbound guide, a bus-operator or a hotel-tycoon - I believe that whatever role you have in the travel industry, you are an ambassador for Malaysia! We can only grow as we put Malaysia first in our endeavors."

The 'MCTA' he refers to is the Malaysian Chinese Tourism Association that was established in 1992. Beginning in Kuala Lumpur, the organisation has expanded to other states with the formation of chapters in Johor, Perak, and Penang. Chapters in Sabah and Sarawak are also on the cards. Its founding-mission is to provide an industry- platform and an instrument of close collaboration amongst members in order to enhance the professional image of Malaysian Chinese companies and organisations in the tourism industry.

One of the association's aims is to promote professional and ethical standards of conduct in the tourism industry. In its constant quest for excellence and to set an example to its members, MCTA achieved ISO 9001.2008 certification in 2013 for the provision of quality management and event services.

The MCTA is now one of the top five tourism associations in Malaysia with more than 650 members. To enhance the Association's professional and international scope, MCTA has established long-term cooperation-relationships with many foreign tourism boards/ organizations, and works very closely with the Ministry Of Tourism and Tourism Malaysia in the promotion

and development of Malaysian tourism both domestically internationally.

Its annual event, the Malaysia International Travel Mart (MITM Travel Fair) has gained increasing recognition as one of the most sought-after events for airlines, tour operators and national tourism organizations since it was started in 2001. MITM 2015 with a total of 60 exhibitors and 300 exhibition booths attracted 86,000 visitors and generated an estimated gross sale of about RM43 million. At the state level, MCTA chapters organise their own travel-fairs to promote and enhance the tourism industry in their respective states.

"Almost every foreign airline in Malaysia is taking an interest in the MITM, and the airlines also actively support the various other activities of the MCTA, including our Annual Dinner. In this era, airlines are an essential part of the domestic, regional and international tourism industry. At MCTA, we consider airlines as our vital partners in mutual success and prosperity. We are also pleased to note that Malaysia Airports is also increasing its interaction with us. We work together for the common good of everyone."

As he concludes his explanation, it is clear that Dato' Albert Tan is truly passionate that airlines and tourism-players will grow when they put Malaysia first in the travel-business.





OMG, KLIA is awesome! There's even a real tropical rainforest in this airport. Can't wait to get to the rest of Malaysia ...

AMAZING SIGHTS AND SOUNDS ABOUND IN KL



25 May 2015



Off to Penang from KLIA2. Wow, are we in an airport or a shopping mall? Malaysia is so full of surprises!



Went on the Skybridge between the two towers. 170m off the ground! I wasn't scared at all.



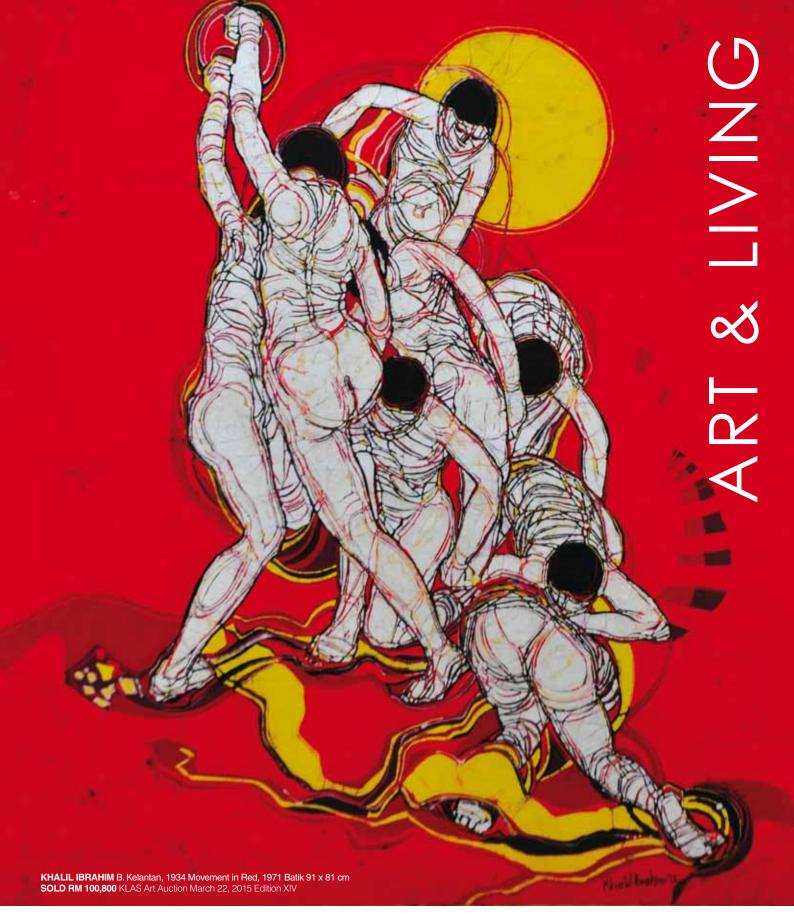
Can't believe this used to be a wet market in the 1800s. Handicrafts, demonstrations, cultural performances, there are so many things going on!



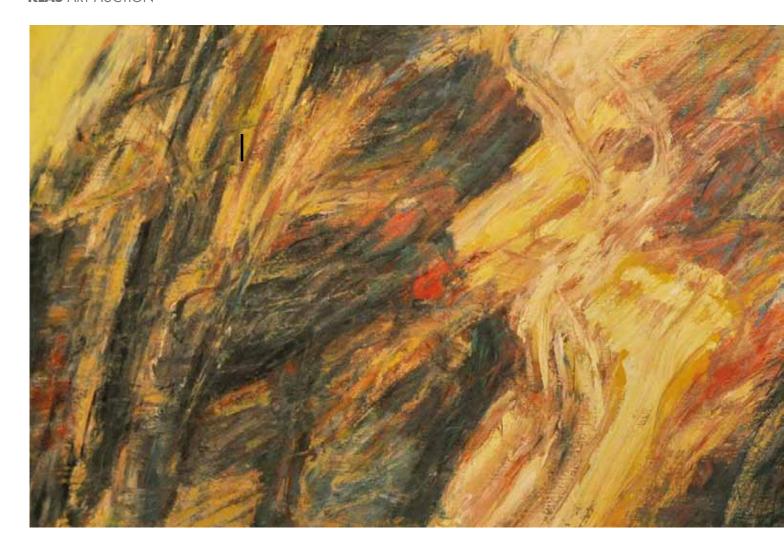
Over 150 acres of gardens and greenery, I couldn't walk it all in a day! Fed a Hornbill at the bird park (which they tell me is the largest in the world).

To impress your passengers with a travel destination to remember, include KLIA in your flight route. Contact our Airport Marketing Team at +603-20708606 or email marketing@malaysiaairports.com.my





TOP RESULTS 2015





YUSOF GHANI B. Johor, 1950 Biring LXX, 2007 Oil on canvas 183 x 183 cm SOLD RM 313,600 KLAS Art Auction January 18, 2015

2015 saw the success of six consecutive KLAS auctions, Auctions Edition XIII, XIV, XV, XVI, XVII and XVII. As we prepare for another year of optimistically up-and-coming auctions, we rounded up 2015's most successful art pieces, all sorted with their final prices.

Names that unquestionably made the list were hot shots such as Yusof Ghani, Abdul Latiff Mohidin, Awang Damit and so on – artists that were frequently featured in KLAS' auctions, and these were names that were always expected to fare very well. That being said and true to prediction, they had never disappointed. Marvel at these visual beauties, the pieces that broke records and won hearts.

Art collectors and interested buyers can drop by our gallery, KLAS @ 31 Jalan Utara to see what's in store for the next auction, or for more information do visit www.kHifestyle.com.my. Alternatively, you may contact Lydia Teoh at 019 260 9668 or Shamila at 019 333 7668. You can also send your requests to info@mediate.com.my



ABDUL LATIFF MOHIDIN B. N. Sembilan, 1941 Landskap Rimba, 1995 Oil on canvas 81 x 203 cm SOLD RM 601,800 KLAS Art Auction May 24, 2015 Edition XV





ABDUL LATIFF MOHIDIN B. N. Sembilan, 1941 Blue Landscape - Rimba Series, 1996 Oil on canvas 90 x 120 cm SOLD RM 257,600 KLAS Art Auction March 22, 2015 Edition XIV



YUSOF GHANI B. Johor, 1950 Siri Tari - Lambak, 1990 Mixed media on canvas 145 x 213 cm SOLD RM 196,000 KLAS Art Auction March 22, 2015 Edition XIV

CHEONG SOO PIENG

B. China, 1917-1983 Fishing Village, 1961 Ink and colour on paper 92 x 41 cm SOLD RM 134,400

KLAS Art Auction Jan 18, 2015 Edition XIII









AWANG DAMIT AHMAD B. Sabah, 1956 Iraga - Belatik Rapuh II, 2007 Mixed media on canvas 204 x 173 cm SOLD RM 118,000 KLAS Art Auction May 24, 2015 Edition XV AWANG DAMIT AHMAD B. Sabah, 1956 EOC Series "Ting Ting Elegi Anak Kecil", 1987 Mixed media on canvas 115 cm x 145 cm SOLD RM 188,800 KLAS Art Auction September 13, 2015 Edition XVII

AHMAD ZAKII ANWAR B. Johor, 1955 Legong 4, 1997 Oil on canvas 120 x 180 cm, 2 panels SOLD RM 118,000 KLAS Art Auction September 13, 2015

Edition XVII

72 | KL LIFESTYLE



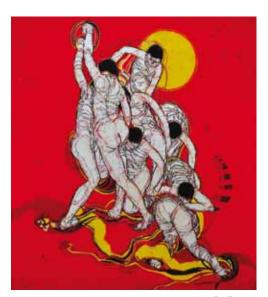


9

YUSOF GHANI B. Johor, 1950 Segerak Series (Gracious Movement) Blue Wave, 2005 Oil on canvas 183 x 165 cm SOLD RM 118,000 KLAS Art Auction May 24, 2015 Edition XV

YUSOF GHANI B. Johor, 1950 Siri Tari 14/91, 1991 Mixed media on canvas 122 x 122 cm SOLD RM 116,600 KLAS Art Auction June 14, 2015 Edition XVI

10



KHALIL IBRAHIM B. Kelantan, 1934 Movement in Red, 1971 Batik 91 x 81 cm SOLD RM 100,800 KLAS Art Auction March 22, 2015 Edition XIV



YUSOF GHANI B. Johor, 1950 Biring XXIX, 2006 Acrylic and charcoal on linen 127 x 97 cm SOLD RM 85,120 KLAS Art Auction March 22, 2015 Edition XIV



YUSOF GHANI B. Johor, 1950 Biring Series XIV, 2006 Oil on canvas 122 x 90 cm SOLD RM 84,800 KLAS Art Auction June 14, 2015 Edition XVI



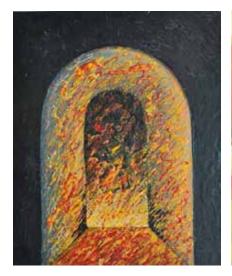
ISMAIL MAT HUSSIN B. Kelantan, 1938 Pantai Sabak Fishing Villlage, 2011 Batik 118 x 143 cm SOLD RM 73,920 KLAS Art Auction January 18, 2015 Edition XIII

14

YUSOF GHANI B. Johor, 1950 Siri Segerak "Red Army", 2003 Mixed media on canvas 139 x 104 cm SOLD RM 82,600 KLAS Art Auction September 13, 2015

Edition XVII

KLAS ART AUCTION







ABDUL LATIFF MOHIDIN B. N. Sembilan, 1941 Mindscape 83, 1983 Oil on board 55 x 44 cm SOLD RM 71,013.60 KLAS Art Auction November 8, 2015 Edition XVIII

YUSOF GHANI B. Johor, 1950 Siri Segerak "Gold Miner", 2003 Oil on canvas 122 x 122 cm SOLD RM 67,632.00 SUL AS Art Auction November 8, 20

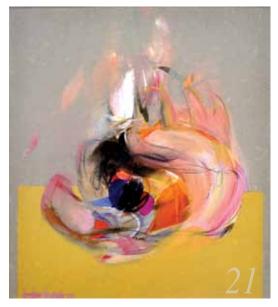
KLAS Art Auction November 8, 2015 Edition XVIII







ZULKIFLI YUSOFF B. Kedah, 1962 I Will Call My Lawyer - Reformasi Series, 1997 Acrylic on canvas 213 x 152 cm SOLD RM 62,720 KLAS Art Auction January 18, 2015 Edition XIII



IBRAHIM HUSSEIN, DATUK B. Kedah, 1936-2009 Two Figures, 1972 Acrylic on paper 35 x 30 cm SOLD RM 60,180 KLAS Art Auction September 13, 2015 Edition XVII





CHEONG LAITONG B. China, 1932 Untitled, 1981 Oil on canvas 133 x 128 cm SOLD RM 61,600 KLAS Art Auction March 22, 2015 Edition XIV

KHALIL IBRAHIM B. Kelantan, 1934 Abstract, 1992 Acrylic on canvas 97 x 115.5 cm SOLD RM 60,180 KLAS Art Auction September 13, 2015 Edition XVII



TAJUDDIN ISMAIL, DATO' B. N. Sembilan, 1949 Growth, 2001 Mixed media on canvas 173 x 173 cm SOLD RM 51,920 KLAS Art Auction May 24, 2015 Edition XV



KHALIL IBRAHIM B. Kelantan, 1934 Colour / Form XXIII, 2000 Acrylic on canvas 95 x 99 cm SOLD RM 51,851.20 KLAS Art Auction November 8, 2015 Edition XVIII









24

KHALIL IBRAHIM B. Kelantan, 1934 Sawah Padi Series, 1957, Oil on board 30 x 45.5 cm SOLD RM 50,740 KLAS Art Auction May 24, 2015 Edition XV

ISMAIL MAT HUSSIN B. Kelantan, 1938
Pantai Sabak, 2010
Batik 75.5 x 158.5 cm
SOLD RM 53,100
KLAS Art Auction September 13, 2015
Edition XVII

ZULKIFLIYUSOFF B. Kedah, 1962 Treasure Hunt, 1997 Acrylic on canvas 152 x 213 cm SOLD RM 49,560 KLAS Art Auction June 14, 2015 Edition XVI



YUSOF GHANI B. Johor, 1950 Segerak Series - Actor V, 2004 Oil on canvas 92 x 61 cm SOLD RM 48,160 KLAS Art Auction January 18, 2015 Edition XIII

27



Where are you originally from and what was your hometown like?

I'm from Wollongong, Australia. What's it like? It's a beach city – I grew up on a beach, basically.

When did you arrive in Malaysia and what was your first impression?

I came last February. I just spent the last 16 years in Thailand, so I moved around quite a bit in Bangkok, Phuket ... so, Malaysia has some similarities to Thailand, but when I came to KL I actually thought it was quite like Singapore. It's green, nice ... I know the traffic sucks but it's not that bad compared to Bangkok because you get a lot of green space. Bangkok is just a huge concrete city.

What was the transition like moving from country to country? Do you ever get homesick?

Not really, because I've lived in West Australia so I'm sort of used to that. People have always asked me the difference between Thailand and Malaysia, and I think Thailand is an easier place to live because you know, things are cheap and it's very relaxed but I think Malaysia is a better place to work. It's much more like working in the West, it's much more similar.

What do you do for a living?

I originally trained years ago as a naturopath. So that's like complimentary medicine like herbal medicine, nutrition and different treatments. You do the same kind of basic education in science as medical doctors but you sort of steer away and you don't go into surgery or pharmaceutical stuff, it's more natural-lifestyle-herbal thing to manage health.

How did you get into this career?

I know quite a number of people who did it and it was quite interesting years ago, when I was looking for a career change. I thought I'd give a try. Basically, I enjoyed it and stayed on and finished the degree and kept going.

What was the turning point of your career and your secret to success?

I guess the turning point was when I changed from being a practitioner to delve into full-time management. I was running a very famous health resort in Thailand, with a medical programme. So I took on a management responsibility and a big change came and I decided to set up something new. I took a position with a hospital, to develop a huge wellness centre for them, a new concept.

What is it that you love about what you do? Any challenges?

There are challenges always [laughs], my

engineer said, "If there's no problem, then your boss doesn't need you – you don't have a job." What I like about it is that we're seeing a big change now ... people are becoming more aware of their health and more aware of things that affect them, especially the younger generation.

When people ignore their health, and when there's a challenge, they run to the biggest building, the biggest hospital in town kind of thing, the doctor with the biggest reputation – they go for the safe bet. And what they miss and run past is the things that they can do for themselves, they miss all the factors that they've been subjected to that have created these problems for them.

So what I do, the centres that I run, focus on getting people connected back to their health, understanding what lifestyle things that they are doing wrong - diet, lifestyle, relationships, whatever it could be. We have a very holistic view of it, it's a matter of what you eat, whether you move and what kind of movement ... these things will affect your health in different ways. We pay attention to your relationships, your mood, your emotions because most people ignore them, especially in Asia. It tends to be pushed down, it's an Asian culture, to suppress your emotions. You surpress stuff and that's not nice, as that leads to bottling things in and that leads to detriments in health, as it affects the biochemistry of your

What I enjoy is to help wake people up, to help them realise all these other opportunities that can help them manage their own health in a very holistic manner. When you go for conventional medical ways, you tend to cure the symptoms quickly but we aim to reverse the cause instead of bypassing it.

Tell us about your family.

I'm married, and I've got three kids. At the moment, they're all still in Thailand as they all go to school there, and my son is in Australia. The entire family is a bit spread out now, but I go several times a month to see them and have long weekends with them or Skype with them. Technology is great.

Have you tried any of the local food in Malaysia? Do you have any favourites?

Actually, what I am enjoying is all the different food you can get here. You get Malay, Chinese and Indian food. Plus, a mixture of everything else that you can access. I enjoy having a variety of stuff to go for, so that's a big change. The options here are fantastic.

Any favourite holiday destinations in Malaysia so far?

I've got to find them; I've been working too much. The last time I had a holiday here was about years ago, when I was backpacking to Penang and Cameron Highlands, and that was nice. It's all changed now, but I'd like to get back to Cameron Highlands because I enjoyed it a lot. I'm really looking forward to getting across to East Malaysia for diving.

What is your current project and what is your vision for your current company?

The reason why I came here was that the company that I work for, was moving into the healthcare area. They've been involved in hospitals and pharmaceutical lines before but they wanted to bring this new style of medicine to Malaysia, which is growing big – functional medicine – which is really what I've been describing all along, where they look deeper into the body and managing cause and factors. Medical doctors are trained to work in a functional manner, how to approach the problem differently and in turn provide much better healthcare.

We opened our first functional medicine centre in Malaysia, called Elements Wellness. Beyond that, we're looking to integrating this into a lot of different areas. We've already got a gym at the centre, because obviously exercise is a key part of being well or getting well. Exercise is the best possible drug you can take, in a way. We're also delving into the pharmaceutical line, and we're developing more healthy cuisines, and we are just about to launch healthy smoothies in one of our restaurants.

So we're sort of moving into not only preaching but practice as well. We're aiming to look at a more complete service, to get people happier, fitter and healthier. That's what our company is about, that's what we do.

What is your advice to those who would love to pursue your career line or take the plunge into the unknown?

Learn as much as you can about everything. Across my career of being involved with spas, alternative medicine and practitioners of every kind – medical doctors, specialists, chiropractors, energy healers or psychic experts – I've dealt with a million types of people. To me, you learn a lot from everybody. It's all about integrating stuff that you normally cannot find together, to just being able to understand each other and have them work together. Help make a system where it will all make sense to a client. They need good advice, but they also need help in implementing it. It's not about the business, it's about the patient.

An investment at LUM) Tropicana



Petaling Jaya Sales Gallery & Show units

Penang

Sales Gallery

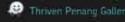
Brought to you by THRIVEN f Thriven

17, Jalan Semangat, 46100 Petaling Jaya, Selangor

C+6018 605 9999 Dumi Gallery



No.35, Jalan Icon City, Icon City 14000 Bukit Mertajam, Pulau Pinang.



COLLECTIONS





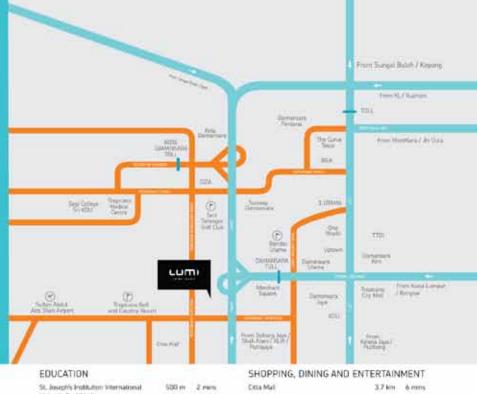
THE SKYLINE LIGHTS UP

A central location in a dynamic city on the rise

Enjoy an outstanding location that surrounds you in the city's most coveted delights and conveniences, where the accessibility brims with possibility — for enjoyment and escape, health and enlightenment, for style, sport, and nightlife.

All the allurements of KLCC and the Central Business District are yours to enjoy in under half an hour, while in 40 minutes you can indulge your wanderlust at Kuala Lumpur International Airport. When the inner spirit calls for renewal, Tropicana Golf & Country Club sits close by, a haven of recreation and leisure to call your own,

The finest medical care, educational institutions, national expressways, an upcoming MRT & LRT (Line 3) Stations — these advantages are all easily accessible from home. In a city that's on the go, Lumi at Tropicana sets the stage for living — and moving — with study.



Sc. Integrity institution international 500 m 2 mins.
Malaysis (in 2016)
Sri KDU School 5.5 km 9 mins.
The British International School 5.7 km 11 mins.

HEALTH

Ramsay Sene Dactry Medical Centre 5.3 km 9 mins Ara Damansara Tropicana Medical Centre 5.3 km 9 mins

PUBLIC TRANSPORTATION

Upcoming MRT 4.4 km 8 m

Upcoming LRT Line 3 - Lien Moe Station

(at your doorstep)

Sultan Abdul Azuz Shah Argort 6.9 KM 12 mins

 Citta Mall
 3.7 km
 6 mms

 Surway Giza Mall
 4.4 km
 8 mms

 One Utama Shopping Centre
 5.7 km
 11 mins

 The Curve
 7.8 km
 12 mins

 Rea Home Furnishings
 7.8 km
 12 mins

NEARBY EXPRESSWAYS

New Klang Velley Expressway (NKVE) Damansara-Puchong

Expressway (LDP) Penchala Link

SPRINT Highway





MICASA ALL SUITE HOTEL

If ever you are in the mood for a tropical haven in an urban jungle

BY KATHLYN URSULA D'SOUZA

ost hotels boast about their ability to making you feel at home, but MiCasa All Suite Hotel Kuala Lumpur is the epitome, aptly named after it as well. Part of KL's charm is the soaring skyscrapers that we have come to adore and admire, and at times we do wish we could have a bit of greenery. At MiCasa, however, you can have the best of both worlds. You're in the heart of the city while being surrounded by foliage, akin to a resort.

Apart from that, you'll also have full access to the central business and financial districts, KLCC and mega shopping centres.

It isn't that difficult to call this place home, especially with their soothing combination of colours that appeal to the mind and heart – vibrant and warm with botanic influences thrown into the mix.

This all-suite hotel offers pure luxuriously fitted suites ranging from studio, one, two and three-bedroom suites catering to the discerning traveller. Staying true to their theme, MiCasa has each of the luxurious suites welcome











you with warm, earthy hues and rich timber flooring. And if you are particular about elegant, luxurious and amazing beds, then their four poster-beds would definitely thrill you.

With the thought that you'd want to feel at home here, the suites are equipped with a fully-functional kitchen featuring a microwave oven, induction cooker and refrigerator. If you find yourself a little too tired or lazy for groceries, let the hotel handle it for you. A grocery list is provided, and all you need to do is to select the items you need and they will be sent to you. While waiting, if you've got any business matter to attend to, you'll find the internet, entertainment and technology topnotch to ease your work.

Explore the oasis in your free time, jump into the pool or if you've got a book you aim to finish by the end of your holiday in paradise, there's a grassy lawn with coconut trees that would accommodate just that. And we understand if being on holiday means you need not forget your cardio regime, MiCasa has got you covered with their strength-conditioning equipment at their gym.

Dining out wouldn't be a problem here, as the hotel offers a colourful range of gourmet fine dining to easy, informal meals. For a start, here is where you'll find Cilantro Restaurant & Wine Bar, (placed at No. 8 in Asia's Finest Restaurants 2010 / 2011, No. 6 in Asia's Finest Restaurants 2011/2012 and No.1 in Malaysia 2013 by the Miele Guide, Best Fine Dining Restaurants 2014 by TimeOut Kuala Lumpur and Malaysia's Best Restaurants 2015 by Malaysia Tatler), a fine dining restaurant that offers French-Japanese cuisine. Adjacent to it, is the Lounge, where pre- and post-dinner champagne, fine wine, rare spirits and fine cigars are served here to delight both businessmen and leisure guests.

You'll also find Tapas Bistro & Bar offers all-day dining, both inside and on the terrace. It has a comprehensive menu of Western and Asian cuisine, punchy margaritas, exotic cocktails and fresh oysters. Meanwhile, The Deli is the perfect venue for a quick bite and even take-aways, serving gourmet sandwiches, pastries and mouth-watering home-made ice cream.

PACIFIC REGENCY HOTEL SUITES

Kuala Lumpur's Classic City Hotel

BY NADHIRAH BADARDIN

KH Tower, Jalan Punchak, Off Jalan P.Ramlee, 50250 Kuala Lumpur, Malaysia +60 3-2332 7777

ucked among the hidden gems around the Bukit Nanas Forest Reserve, off Jalan P. Ramlee, Pacific Regency Hotel Suites is in the heart of the commercial and lifestyle district of Kuala Lumpur. Pacific Regency Hotel Suites has definitely made its mark in being one of Kuala Lumpur's classic city hotels. Located in the stunningly convenient area of the Golden Triangle, the hotel boasts a panoramic view featuring the KL Tower as its backdrop. A union of cosmopolitan charms and time-honoured traditions, Pacific Regency welcomes its

guests with a wide range of lifestyle and business facilities.

The hotel is in Jalan Punchak, a strategic location neighbouring major shopping malls like Pavilion Kuala Lumpur and Suria KLCC, making it suitable for guests to venture on foot or by a short distance in a cab. There are multiple LRT stations located conveniently near the hotel as well.

Upon arriving at the tower's 7th floor, one would be stunned by the gorgeous contemporary art pieces and marble

influence that adorn the hotel's reception area. The concept of the hotel has an opulent and modern aura that is also warm and inviting.

The hotel has two towers – the first tower, Pacific, is where the executive and superior room types are and also leads to the pool and Luna Chill Out Bar (a famous bar in Kuala Lumpur that offers a gorgeous view of the city's skyline), while the other tower, Premier, features a more refined and luxurious set of premier rooms. Though the hotel has been around for quite awhile,





the rooms are taken care of impeccably with a timeless décor and design and a wonderfully warm setting in all rooms.

As the hotel adopts a somewhat serviced residence concept, the suites here are undeniably spacious. There is a sizeable fridge, electric stove and a sink in case you feel like cooking, a large king-sized bed complete with luxurious sheets, a sizeable working desk and even a tiny dining area that looks over the Golden Triangle district. What really caught our attention was the bathroom – white marble everywhere, spacious and complete with a rain shower and a large deep bathtub.

There are plenty of options when it comes to food here. Soi23 Restaurant is a Thai fusion restaurant on the 23rd floor of the tower. The breakfast buffet is usually served here with a wide variety of local and international choices.

Cristallo Di Luna is an opulent non-smoking fine dining restaurant that serves a fusion of French-Italian food and favoured for romantic diners. The view from Cristallo of the city is stunning - the perfect setting for a romantic dinner date. The chef cooks

up an impeccable dish of Pan Seared Cod on a bed of buttery risotto that had patrons coming back for more. On our visit, the codfish was pan-seared perfectly and it also helped that you could taste the freshness of the fish. The risotto was also cooked well and could almost melt in our mouths. The crème brulee topped with a scoop of Haagen Dazs's Macadamia Brittle is also highly favoured by regular customers here - smooth, creamy and decadent with every spoonful.

For guests who would prefer freshly baked buttery croissants and other beautifully crafted pastries, Geo Café has all your pastry needs complete with a coffee bar to pair your pastries with.

Guests can also opt to venture out of the hotel to popular shopping and cultural districts nearby like Chinatown, Central Market and the famous Jalan Alor for some lip-smacking good seafood within walking distance or a short cab ride.

Whether it is for leisure or business, the Pacific Regency Hotel Suites aims to exceed expectations in all manner of hospitality as possible. This Valentine's,



wine and dine your favourite companion at the dreamy Cristallo Di Luna. At RM210 nett per person, you are entitled to a semi-buffet dinner inclusive of a glass of wine, a box of pralines and a stalk of rose.



COSMOPOLITAN HOTEL HONG KONG

Launches new lobby and renovated guestrooms and suites

397 Queen's Road East, Wan Chai, Hong Kong Tel: +852 3552 1111 Fax: +852 3552 1122 www.cosmopolitanhotel.com.hk

n Jan 25, 2016, Cosmopolitan
Hotel Hong Kong unveiled their
new lobby - a massive upgrade,
featuring a contemporary bar
which boasts a sophisticated
design. 454 rooms and suites have also just
been renovated, with most of them overlooking
either the stunning city views or the racecourse
views

The hotel is located strategically between Wan Chai and Causeway Bay, with only an 8-minute walk to the Causeway Bay MTR station, where Times Square is, making it a perfect base for both business or leisure travellers. It is also adjacent to the Happy Valley racecourse and apart from that, the hotel provides free shuttle bus service to multiple business and entertainment destinations such as Hong Kong Convention and Exhibition Centre.

Cosmopolitan Hotel is known for its 'trade fair' hotel status as they have a range of comprehensive services such as free shuttle bus, smart phone (the hotel offers free use of handy phone which comes with free 3G internet, local call and IDD calls to 9 countries including Malaysia) that can make a business stay a seamless experience. Guests will get to enjoy the comfort and convenience like no where else.

Following the hotel's year-long renovation that brings major upgrades to its 454 rooms and suites, Cosmopolitan Hotel Hong Kong is pleased to present the unprecedented **Fantastic 4 Business** package, which includes a luxurious stay at its brand new room completed with four fantastic services and amenities. Bookable on the hotel official websites from now till March 31, 2016, with nightly rate starting from

HK\$950 for a Premier Room, this business package is sure to transform any business trip into a fun-tastic one without breaking the bank. Not only will guests be spoiled with an attractive 20% off Best Available Rate with this package, they will also get to enjoy the following 4 fantastic benefits for a supercharged holiday:

Fantastic Connection

FREE use of smart phone with unlimited 3G internet, Wi-Fi hotspot for multi-device connectivity, local and IDD calls to Australia, Canada, China, Japan, Korea, Malaysia, Singapore, UK and US (this mobile phone can be used both inside and outside of the hotel). Premium in-room Wi-Fi.





Fantastic In-room Amenities

Water Bar featuring 4 types of premium bottled water including Fiji natural artesian water (Sanbenedetto Mineral Water at Dorsett Mongkok).

Fantastic Breakfast Buffet

Daily breakfast buffet for one featuring a wide selection of international fares and a variety of made-to-order egg dishes.

Fantastic Airport Lounge Access at Hong Kong International Airport

3-hour of relaxing moment at Plaza Premium Lounge with unlimited serving of Food & Beverage, shower facility, free Wi-Fi and more upon departure, if you book 3 nights consecutively. The airport lounge access card is based on one room one entry.

As part of their renovation, Cosmopolitan Hong Kong also presents the newly refurbished "Sony 4K 3D Experience Suite" which comes with the complete series of state-of-the-art 4K audiovisual home theatre system powered by Sony.

This majestic and classy suite measuring 48 square metres, provides a home away from home to the discerning travellers with its exquisite interior design that comes with a spacious living room, dining room, semi-equipped pantry and a bathroom with a bathtub and shower stall. Guests will have the pleasure of relaxing in this luxurious suite with the finest room amenities while enjoying the mesmerising views of the Happy Valley Racecourse and the city views through the floor-to-ceiling window.

Always setting itself at the pinnacle, Cosmopolitan Hotel is proudly the 1st hotel in Hong Kong that features a theme suite offering revolutionary 4K visual sensation together with surround sound! Making this dream into reality, their Sony suite embraces a series of cuttingedge products including a 55" BRAVIA 4K LED TV in the living room, delivering 4K resolution 3,840 x 2160 which is 4 times of Full HD resolution. There is a 32" BRAVIA Full HD LCD TV and the latest Personal 3D Viewer in the master bedroom, a 5.1 Full HD 3D Blu-ray home theatre system that also accommodates quality iPhone music and FM radio. The facility also comes with accessories such as 3D glasses (2 pairs), 3D transmitter, PlayStation® 3 home video game system with the latest version of PS Move, etc. all created by Sony, promising hotel guests' best enjoyment in visual, acoustic and entertainment performance even in a hotel accommodation away from home. To allow guests to record the fun of lifetime journey, free rental service of Sony's projector handycam (exclusive of SD card and subject to availability) is also available in the suite.

Enjoy 4K visual adventure in a totally relaxed and private place

4K entertainment is now made possible in daily life with the launch of Sony products immersed with 4K technology. Taking this advantage, they top up with the fact that they provide guests a most relaxing, comfortable, and most of all an exclusively private environment to experience a 4K adventure.

For visual sensation, BRAVIA TV will bring guests to a new height of stimulation. Furnished with a 55" in the living room, and another

32" in the master bedroom, the stimulation is made possible anywhere inside the suite – a truly omnipresent adventure. Powered by MotionflowTM technology, screen images result in a clearer and smoother visuals and better viewing quality. The outcome is, picture quality with more vivid images and richer colour is produced, and images once trapped inside the box now seem to have come into real life. What's more is the Personal 3D Viewer in the master bedroom that brings guests into the movie while comfortably lying on the bed.

Thanks to the home theatre system, HD digital cinema sound and 5.1-ch virtual surround performance have brought live cinematic experience for Sony suite's guests. Also incorporated with surround algorithm, the depth and presence are made so realistic that guests will feel like they have paid for the front row seat.

What makes the experience even more seamless and enjoyable is the availability of XperiaTM Tablet Z with HD display and SnapdragonTM S4 Pro processor that enables a single device to control the entire home theatre system with its avant-garde NFC feature.

Explore the exciting virtual wonderland with PlayStation® 3 home video game

Readily available inside the suite, PlayStation® 3 together with the latest version of PS Move, a home video system that enhances 3D game function with body motions and invites room guests into the wonderland of the virtual world, will make sure not only kids but other family members never have a dull moment.

For guests' immediate pleasure, a free PS3 game discs and DVD movie library including the latest 4K blockbusters are thoughtfully prepared in the suite, which means guests will be saving money and time to search from outside shops.

Sony suite designed to appease increasing expectation of experienced travellers

Specifically designed to suit travellers' individual needs, the theme suite series at Cosmopolitan Hotel is always one of the favourite facilities. Each theme suite is coupled with a meticulously designed theme and furnished with unique amenities and facilities. All the theme suites are backed up with the hotel's commitment to constantly improving its products so as to catch up with travellers' ever changing expectation. At Sony suite, the hotel hope to continually carry this mission and provide distinctive audio and visual experience for travellers on the road.

Each theme suite is spaciously sized at 48 sq m / 520 sq ft encompassing a separate dining and living area, pantry with a microwave oven, a bathroom with separate bathtub/massage cubicle and equipped with a choice of 2 queen-size beds or 1 king-size bed.

Guests can also opt for other themed suites such as the OSIM Massage Suite (for total relaxation and pampering) and the Ocean Park Family Suite (a warm and comfortable dwelling that is reminiscent of the world-famous Ocean Park).





MAJLIS BANDARAYA PETALING JAYA INCREASES ITS GREEN EFFORTS LEADING UP TO EARTH HOUR 2016

After winning the inaugural title of Malaysia's National Earth Hour Capital in the Earth Hour City Challenge (EHCC) 2015, Petaling Jaya will commemorate Earth Hour for the second time this year on March 19 between 8.30 pm and 9.30 pm. The Petaling Jaya City Council or Majlis Bandaraya Petaling Jaya (MBPJ) and WWF-Malaysia will host the Earth Hour 2016 Night Walk at Padang Timur, Petaling Jaya. Everyone is invited to register for the walk at www.pandashop.my/earthhour2016, with all proceeds to be channelled to WWF-Malaysia's conservation efforts.

etaling Jaya deputy mayor, Tuan Johary Anuar, said, "Our previous EHCC global recognition has motivated us to increase our green efforts. Participating in the challenge for the second year emphasises our long-term commitment to make Petaling Jaya a sustainable city. We shall continue to educate our residents and inculcate environmentally-friendly habits among them so that they can progress with us in caring for their neighbourhood."

Embracing the notion of going beyond the hour, MBPJ has addressed various impacts and threats posed by climate change in the Petaling Jaya Sustainable 2030 Plan of Strategies.

"We implemented the carbon management plan focusing on energy efficiency for MPBJ's building and aim to reduce emissions related to electricity, fuel, water and waste consumption by 25% over the next five





WWF-Malaysia Conservation Director Dr. Sundari Ramakrishna presents the official Earth Hour 2016 t-shirt to Deputy Mayor of Petaling Jaya, Tuan Johary bin Anuar.

years. We are also extending the length of free public transport services for Petaling Jaya residents through the development of a sustainable development transport master plan," said Johary.

The city facilitated the process of transforming biodegradable waste into cooking gas as part of its Waste to Wealth programme, a small-scale renewable energy project. In addition, energy efficiency projects were implemented, with LED public lighting facilities set up around the city in stages.

"Petaling Jaya has been selected as a pilot city project under the pioneer Low Carbon City Framework facilitated by Malaysia's Ministry of Energy, Green Technology and Water as well as Malaysia Green Technology Corporation. As part of this programme, MBPJ will share information and expertise to lead the way for other cities and municipalities in Malaysia. Petaling Jaya is definitely a leading example of a sustainable city," said Dr Sundari Ramakrishna, WWF-Malaysia's Conservation Director.

Earth Hour is a global environmental movement initiated by WWF to lead the transition towards a climate-friendly future. Individuals, communities and businesses are invited to turn off their lights for an hour at 8.30pm on Saturday, March 19, in support of environmentally sustainable action. Earth Hour aims to bring everyone together, and inspire the Malaysian public to continue to demonstrate their concern about climate change by conserving and using energy efficiently as well as generally avoiding wasteful consumption.

Malaysia has endured major changes in temperature, precipitation, wind patterns and other impacts of a changing climate. In Penang, Kota Kinabalu, Selangor and the East Coast, there have been more extreme flooding, and recently the Karak Highway faced a major landslide after heavy rains. The slash-and-burn method of clearing land in Indonesia has also contributed to the increasingly severe local climate change. All this has negatively impacted our health, wellbeing, livelihoods and also economic activities.

"These events are a strong call for us to protect and conserve nature and biodiversity as part of our developmental agenda at all levels: sub-national, national and international. We need to put sustainability at the core of our long-term plans. WWF-Malaysia commends MBPJ for taking steps to build a more sustainable and brighter future, and we hope that other city councils will emulate their exemplary leadership," said Sundari.

MPBJ bagged the silver Green Apple Award in June 2013 at the National Self Build and Renovation Centre, Swindon, London and the Green World Ambassador 2014 last November at London's House of Parliament for its Assessment Rebate Scheme For Environmentally Friendly Household Programme.

Sundari concluded by encouraging everyone to take part in the Earth Hour 2016 Night Walk in Petaling Jaya by registering at www.pandashop.my/earthhour2016. The registration fee is RM65 per person. Earth Hour 2016 Night Walk participants will receive a walk pack comprising a 100% cotton, eco-friendly Earth Hour 2016 T-shirt and a medal. Medals will only be distributed

to participants who complete the walk at the end of the walk.

These medals are made from recycled remnant wood and Forest Stewardship Council (FSC)-certified wood veneers. The FSC is an independent non-governmental, not-for-profit organisation established to promote the responsible management of the world's forests. FSC-certified products come from forests that are responsibly managed to meet social, economic and environmental needs



WWF Malaysia - Take action with WWF's online ef... http://wwf.org.my/support



http://kaywa.me/9DGmm

Download the Kaywa QR Code Reader (App Store &Android Market) and scan your code!

For more information on how you can be a part of the Earth Hour 2016 Night Walk in Petaling Jaya, please visit www.pandashop. my/earthhour2016. We hope to see you there!

PAVILION KL CELEBRATES CHINESE NEW YEAR WITH FEAST OF LONGEVITY



This Lunar New Year of the Monkey, Pavilion KL presents a feast of experiences and sweet decorations that are peach-perfect. Aptly themed the "Feast of Longevity", shoppers can savour the delights of the festivity, enjoy the grand decorations and heart-thumping shows, and experience 'charity at heart'.

At the Bukit Bintang entrance, walk through the 'Arch of Longevity Peaches' for a taste of abundance and sweetness. Then stroll down the 'Steps of Sweet Scents' where you will enjoy a floral-scent experience, presented for the first time in a mall festival, with partner Sunsilk. Behold the sight of the 'Auspicious Golden Monkey', standing 30 feet tall on a mountain of gold and fortune. Toss a coin into the mountain and be bestowed with good luck and fortune throughout the year.

The auspicious Chinese New Year launch delighted mall shoppers, tourists and guests, who were greeted with a ceremonial welcome by eight prosperity lions. Joyce Yap, CEO of Retail, Pavilion KL and Philip Ho, CEO of REIT, Pavilion REIT placed a giant gold coin at the 'Auspicious Golden Monkey' to welcome prosperity, longevity and happiness for 2016. This was followed by a drum performance by award-winning local arts group 'Orang Orang' Drum Theatre.

At the event, the Chinese New Year Charity Gallery was unveiled, showcasing the collections of gifts available for shoppers to purchase. There are three collections of gifts to raise funds for old folks homes nationwide and nine special children's homes, as part of a collaborative effort with APOH (A Piece of Hope).

Find happiness in your shopping with HSBC, the mall's festival bank partner. Shoppers will receive an ang pow pack with RM300 charged to HSBC credit card or a Crabtree & Evelyn gift with RM500 charged to HSBC credit card, in a single receipt at specialty stores. For a complete list of rewards and promotions, visit Pavilion KL's website at www.pavilion-kl.com.

For more information, check real-time updates on Pavilion Kuala Lumpur's Facebook page http://www.facebook.com/PavilionKL, Twitter page at www.twitter.com/Pavilion_KL, Instagram account www.instagram.com/PavilionKualaLumpur.

MARVEL AT THE STARS OF THE ORIENT THIS CHINESE NEW YEAR AT THE CURVE

The Lunar New Year of the Fire Monkey leaps to ever greater heights as the Curve hosts daring acrobats all the way from Shanghai, China. Themed Stars of the Orient: An Acrobatic Spectacle, stunning performances are set to mesmerise shoppers of all ages.

From Jan 9 to Feb 9, visitors to the Curve can discover a charming garden at the Centre Court, and admire blooming peonies and cherry blossoms surrounding the area. Against the garden setting, the Stars of the Orient acrobatic troop will astound and inspire with near-unbelievable feats. All throughout, the magnificent acrobatic performance will be accompanied by a live dance musical show that will surely enthral and delight patrons.

Throughout the Curve's Chinese New Year campaign, shoppers who spend a certain amount at the mall (with leverage for UOB Bank card members) will be able to redeem gifts such as exclusive packets and plush toys, all courtesy of The Curve.

Two luxury Mercedes-AMG A 45 vehicles are also up for grabs just for UOB Bank card members, from Jan 9 till Feb 14. Every RM50 spent at any outlet in the Curve will earn 5X entries. Terms and conditions of this promotion can be found at www.uob.com.my. For more information, do log on to http://www.thecurve.com.my/news-events.php





Do you want to LASH OUT?

BY KATHLYN URSULA D'SOUZA

If women were given the option of choosing just one makeup product to use for the rest of their lives, we are certain that it would be mascara. After all, it is said time and time again that if your lashes look great, you're all set. Eyes are the most important attribute a girl can work with, followed by the lips (unless you're wearing really red lipstick, then gazes often wander to your lips), so it's only natural that women would want to wake up with fantastic lashes adorning their peepers. Let's face it – we simply don't have the time, nor the will, to put on fake eyelashes every day, so it isn't a surprise that lash extensions are steadily becoming a thing.

They come in different designs and are high-maintenance, and you've got a whole list of rules to follow if you'd like to keep them in tiptop shape.



So if you'd like to venture into Lash Land, here's what you must know:

The common types of lash extensions:

There are three types of lash extensions: synthetic, silk and mink. Size availability ranges from 6mm to 17mm. Once selected, the lashes are applied one at a time using a specially formulated, semi-permanent glue that will not irritate the eye nor damage the natural lash. However, since allergic reactions are possible, there are different types of glue based on one's sensitivity.

Time taken to apply them:

Applying a full set of lashes takes about two hours, and can be maintained year-round with touch-ups recommended every three to four weeks. A half set of lashes are an economical alternative to achieve a similarly dramatic effect, applied as filler to thicken natural lashes, or applied outward from the eye for a specialised look. Everyone has different lashes, and depending on the condition of your own natural lashes, lash extensions can only go a certain length or thickness. (This is to ensure that your own lashes remain healthy.)

The glue:

Since your eyes are shut the whole time lash extensions are being applied, no glue will ever get into your eyes. To avoid any irritation, however, the first safety precaution you can take is to be sure that the glue is safe for your eyes and doesn't contain anything that can harm them, like formaldehyde. Shipping glues across the world often leads to a buildup of formaldehyde by the time they reach the salon.

Additionally, it's important to understand the difference between an allergic reaction and an infection. A licensed and experienced lash technician will not let an infection occur, but if you're allergic to the glue, you're still going to be allergic – this doesn't mean the glue is inherently harmful.

Blindness:

There is no risk of blindness. Your technician should be trained properly to apply the adhesive and lashes in a way that is completely harmless. Your eyes are closed the entire time of the procedure. No matter how bad an allergic reaction you may get, you will never go blind. The worst-case scenario is that you need to go to the eye doctor to get specific eye drops to treat an allergic reaction.

If you cry:

If you experience any burning or discomfort during the procedure, causing your eyes to tear or making you cry, this is a huge red flag and you should certainly speak up. You may need to have your technician change the glue. Getting lash extensions should be a completely pain-free experience.

Touch-ups:

Lash extensions last through a full growth cycle of natural eyelashes, typically six to eight weeks. That said, because each person's lash growth is somewhat variable (just hair growth), I suggest light lash maintenance every three to four weeks to maintain a full look.

When extensions fall out:

Since each lash extension is attached to a single eyelash, they will fall out naturally along with the natural growth cycle of each lash. We recommend a touch-up every three to four weeks. When an inexperienced professional applies lashes, he or she often applies one synthetic lash to three to four natural lashes, causing clumps or the lash to break and fall out. In addition, your lashes might fall out if you pick at them or try to pull them out yourself, which is a big no-no. But if you avoid those two problems, your lashes should stay intact.

What to avoid:

Keep water away from your lashes for the first 12 to 24 hours after application or touch-ups. Water can weaken the adhesive before it is set and cause lashes to fall off. The after-care varies depending on the glue used. For instance, with glue for sensitive eyes, oil-based products or makeup removers around the eye area are not recommended. Using water-proof mascara on the extensions is not recommended for any type of glue, as it is hard to remove and can actually pull off the lashes prematurely when trying to take it off.

Mascara on top of extensions:

If you plan to wear mascara in addition to the extensions, only use it on the tips of the extensions and with a very light hand. This will be enough to give your eyes that "pop" along with the extensions. Using mascara at the base of the extensions will get very clumpy.

Damage:

The biggest myth is that lash extensions ruin your own lashes. They do not. If applied correctly and properly, they are safe and do not ruin the health of your natural lashes. Be sure not to rub your eyes or tug or pull on the extensions because this can cause lash loss and even damage to your natural lashes. If lashes are applied properly and to each individual lash, they won't fall out.

HIKING in the KLANG VALLEY

Top trails to try

BY NADHIRAH BADARDIN



Going out for a nature hike is not only a dirt cheap way to keep fit, but it also releases all the necessary endorphins you need to destress your mind and body. Malaysia is home to some magnificent tropical havens, with lush rainforests, immaculate beaches and dramatic mountains. With all these driving factors, we're amazed that we haven't done this sooner. Thinking of hiking but not sure where to find a trail in the city? Here's a list of trails to try around Klang Valley:

BROGA HILL

Located between the borders of Selangor and Negeri Sembilan is a small town situated 50 km from the city centre of Kuala Lumpur called Broga. Nowadays, the popularity of Broga is largely associated with Broga Hill. For those who like outdoor activities, Broga Hill is a great destination for hiking. The appeal factor of hiking up to the peak is the panoramic view of the landscape. Lush valleys of green rainforest and a few towns can be seen on a clear day, together with the backdrop of several mountains from a distance. The hike itself is relatively an easy one, taking 20 to 45 minutes to reach the top, depending on your fitness level. There are a few steep parts, but nothing too hard, and the trails are clearly marked, making it easy for you to steer your way to a magnificent view.

Broga Hill, B34 43500 Semenyih, Selangor, Malaysia



FRIM, CANOPY WALKWAY

Forest Research Institute Malaysia or commonly known as FRIM is probably one of Klang Valley's best-kept secrets. Besides being a centre for forest-based research and education, FRIM also opens its doors to visitors who want to experience a walk through a Malaysian tropical rainforest, without going too far from the city. These trails include plantations, wetlands and hills among others, and most of these paths and the nature that surround them have been there for over 80 years. The highlight of FRIM that no visitor should miss is its canopy walkway – a 150-metre long walkway suspended from trees, 30 metres above ground level. This walkway was originally built for researchers and scientists to study the flora and fauna more efficiently. However, the walkway is also open for visitors to try out.

Jalan Frim, Kepong, 52109 Kuala Lumpur, Selangor, Malaysia



KEMENSAH FOREST ON EAST TABUR

Kemensah forest is located just outside the city and has spectacular rewards that await every hiker at the end of their hike - two gorgeous waterfalls and a dreamy view of Kuala Lumpur from afar. Though the Kemensah forest-hiking trail isn't the easiest of the two mentioned above, it's definitely the more untouched of the two as it isn't as popular. Sometimes, you might bump into a wandering ATV group or two but that's alright, just jump out of the way and continue hiking upwards. If you ask me, the 3-hour hike was not as challenging as I had expected but definitely doable. Some parts maybe a little steep and you may feel like giving up at some point, but trust me when I say that the waterfall is a sight not to be missed.

Ulu Klang, Selangor, Kampung Kemensah, 68000, Malaysia

Oriental Delights

With the Chinese New Year just around the corner, we're letting out our affinity for mandarins and anything citrusy. So this month, we're bringing you a list of our favourite citrusy products. Just in case you'd like to join in on the fun.

BY NADHIRAH BADARDIN



DECLEOR AROMESSENCE MANDARINE SMOOTHING NIGHT BALM

RM190

Wake up to smoother, fresher, younger-looking skin with this concentrated overnight balm that works its deeply regenerative magic while you sleep. With a relaxing orange scent and a light, non-greasy texture that melts into the skin on application, this silky balm effectively combats line and wrinkles and promotes a luminous, glowing complexion.

FIJIAN WATER LOTUS BODY BUTTER

RM89

The Body Shop struck gold with the Fijian Water Lotus Body Butter. This rich moisturiser leaves your skin feeling silky-soft and scented with the sparkling zest of mandarin, aquatic facets of water lotus and a hint of marine saltiness. It's like having your own private island in a tub





L'OCCITANE, AROMACHOLOGIE RELAXING PILLOW MIST

RM100

Here's a little something for the rest of us who crave a good night's sleep. Featuring a 100% natural scent, this mist can be sprayed in your bedroom to create a calming atmosphere that promotes relaxation and well-being. The relaxing pillow mist contains the essential oils of lavender, bergamot, mandarin, sweet orange and geranium. It has been proven to be effective at creating a soothing sensation, conducive to a peaceful, relaxing night's sleep*.

- *Effectiveness test based on the Pillow Mist + Massage Oil
- + Perfumed sachets routine



JO MALONE, LIME BASIL & MANDARIN BATH SOAP

RM204.10

The Lime, Basil & Mandarin fragrance is Jo Malone's signature scent. Peppery basil and aromatic white thyme bring an unexpected twist to the scent of limes of a Caribbean breeze. These satiny soaps contain shea butter, an effective conditioning ingredient, while the richly fragranced foam gently cleanses and subtly scents the skin.

ZENT'S MANDARIN BODY OIL HYDRATING ELIXIR SPRAY

RM153.80

The Zent's Mandarin Body
Oil Hydrating Elixir has
vitamin E, safflower oil and
sunflower oil for all your
hydrating needs. With top
notes of succulent mandarin,
heart notes of tropical ginger
blossom, and base notes of
enchanting cardamom and
saffron, the body oil's exotic
citrus scent is reminiscent of
a mesmerising Oriental spice
market.







WE HAVE MOVED

We are now located at

31 Jalan Utara, 46200 Petaling Jaya, Selangor, Malaysia

Tel: +603 2093 2668, +603 2094 2668 Fax: +603 2093 6688 www.kl-lifestyle.com.my

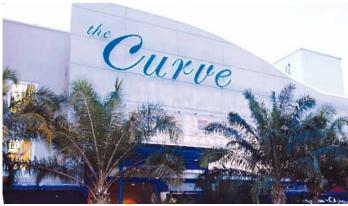






KLAS ART AUCTION MALAYSIAN MODERN & CONTEMPORARY ART





the Curve

Mutiara Damansara, PJ Tel: 03-7710 6868 Situated in PJ's golden triangle, this open-air mall boasts 700,000 sa ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.

Bangsar Village

Jalan Ara, Bangsar 🔹 角 Bangsar Tel: 03-2282 1808 Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Alamanda Putrajaya Jalan Alamanda, Precinct 1, Putrajaya Tel: 03-8888 8882

Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Álamanda offers a new resort-style shopping to suit the needs of all - with Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

CapSquare

Jalan Munshi Abdullah • 🕫 M Tuanku ⊕ Dang Wangi Tel: 03-26912036

Strategically located in the heart of KL's midtown area, CapSauare is an eclectic mix of signature offices, Manhattaninspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

Bata

Tinggi

 Sunway Pyramid • LG14 Subang Parade • One Utama PHS 2 • KLCC • Mid Valley Megamall • Alamanda Putrajaya • Pavilion KL • Jusco Bukit

fahrenheit88

179, Jalan Bukit Bintang • 🗑 B Bintang Tel: 03-2148 5488

A hot spot for Fashion, Food, Gadgets and Entertainment with 200 retails stores over 7 levels of shopping space. Shop at South East Asia's largest Uniqlo store, the latest Shoes, Bags, Accessories on First Floor, or buy gifts and souvenirs. Discover new concept cafes and restaurant or entertain at CEO Karaoke Box and Club Vellin. • 10am-10pm daily

1 Utama

1 Lebuh Bandar Utama, Bandar Utama, PJ Tel: 03-7710 8118

A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer brands and has U Parkson, MPH & Jusco asanchor tenants • 10am - 10pm daily.

Berjaya Times Square Tel: 03-21173111

1 Jalan Imbi • 🗑 Imbi

The biggest in Southeast Asia, this mall which measures 7.5 million sq ft, is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre.

10am - 10pm daily. • F8

KLIA Shopping KL International Airport, Sepang ... KLIA Ekspres-KLIA Tel: 03-8777 8888 One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.

Publika Shopping Gallery

Tel: 03-62079426 No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur Tel: 03-621107877

www.publika.com.my www.facebook.com/ publikashoppinggallery

Suria KLCC

Petronas Twin Towers • 🥯 KLCC Tel: 03-2382 2828

Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Sunway Pyramid

Bandar Sunway Tel: 03-74943100

Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park,. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

Pavilion KL

168, Jalan Bukit Bintang • 🕫 B Bintang Tel: 03-2118 8833

The shopping centre blends the best of the international retail world with 450 stores - ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

Bangsar Shopping Centre

Jalan Maarof, Bangsar Tel: 03-2094 7700

Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

Maju Junction Mall

1001 Jalan Sultan Ismail • 🗑 M Tuanku 💹 S Ismail Tel: 03-27728500

Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

Bukit Bintang Plaza

111 Jalan Bukit Bintang • 🖶 B Bintang Tel: 03-2148 7411 Extending into Sungei Wang Plaza, BB Plaza offers an interesting variety of stores selling jewellery, fashion wear, books, AV equipment, etc. Metrojaya department store is the anchor tenant. • 10am - 10pm daily. • F8

Pertama Complex

Jalan Tuanku Abdul Rahman

₩ M Tuanku

• 🛮 Bandaraya • 🖛 Bank Negara Tel: 03-2692 7457

One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am -9pm daily. • D5

Sogo KL

Jalan Tuanku Abdul Rahman

• 🗑 M Tuanku • 🗟 Bandaraya • 🖛 Bank Negara Tel: 03-2698 2111

This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery

181 Jln Bkt Bintang • 🗑 B Bintang Tel: 03-2782 3855

Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops.

•10am -1 0pm daily • E9

Sungei Wang Plaza

Jalan Sultan Ismail • 同 B Bintang Tel: 03-2148 6109 Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers

• 10am - 10pm daily • F8

Subang Parade

Subang Jaya • GRTM Subang Tel: 03-5032 9778

This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Ancho tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door.

10am - 10pm daily.

Great Eastern Mall

303 Jalan Ampang Tel : 03-4259 8090

Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.



Hartamas Shopping Centre Plaza Damas, 60 Jalan Sri Hartamas 1 Tel: 03-6201 6553/8353. Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

IPC Shopping Centre (Formerly Ikano) 2, Jalan PJU 7/2, Damansara Mutiara, PJ Tel: 03-77207333

Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

Lot 10

50 Jalan Sultan Ismail • 🗑 B Bintang Tel: 03-2143 6092 Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant 10am - 9.30pm daily • F8

Low Yat Plaza

Off Jalan Bukit Bintang • 6 B Bintang Tel: 03-2148 3651

Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair

Seri Kembangan • 🖛 Serdang Tel: 03-8949 6333 Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. 10am - 10pm daily.

Mid Valley Megamall

Lingkaran Syed Putra • KTTM Mid Valley Tel: 03-2938 3333 The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 specialty stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens Galleria
Mid Valley City • GKTM Mid Valley Tel: 03-2297 0288 This five-star component of Mid Valley comprises a contemporary four-storey shopping gallery with specifically designed floors for straightforward shopping experience. Check out the Roof Garden, touted to be an exciting fine dining destination in KL. Anchor tenants include Isetan of Japan, Robinson and Golden Screen Cinemas • 10am - 10pm daily

Sunway Putra Mall (Formerly The Mall)

100 Jalan Putra, KL • 💆 PWTC Tel: 03-4042 7122 Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am -10pm daily • B5

DINE



Mama San, Kuala Lumpur

Lot 46, Ground Level, Suria KLCC, Jalan P. Ramlee, Kuala Lumpur City Center, 50088, Kuala Lumpur.



Memory Makers @ Traders

Traders Hotel, Kuala Lumpur City Centre, 50088 Kuala Lumpur.

Chinese

Celestial Court

03-2717 9988 @ M Tuanku • Sheraton Imperial Hotel
• Halal • Casual Dining • C6

• Halal • Casual Dining • H3

Dynasty 03-2162 2233 € B Nanas • East Wing, Renaissance Hotel

• Non-Halal • Casual Dining • D7

Dynasty Dragon 03-2145 1628 ■ B Bintang • Time Square • Non-Halal • Casual Dining • F8

03-21431907 • Raja Chulan 6 Jalan Kia Peng • Non-Halal • Casual Dining • E9

Imbi Palace

03-2145 4822 • Imbi • Jalan Barat, off Jalan Imbi • Non-Halal • Casual Dining

Kim Ma

03-8946 4888 • Palace of the Golden Horses • The Mines Resort City • Halal • Fine Dining • Cantonese cuisine

Lai Po Heen

03-2179 8885 9 KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

Lee Wong Kee

Bandaraya • 239 Jin Tuanku Abdul Rahman • Non-Halal • Casual Dining • Cantonese • D5 • 03-2692 2685

03-2782 9033 • B Bintang • The Ritz Cartton Hotel • Non-Halal • Casual Dining • F9

Maju Palace

03-2691 8822 • M Tuanku S Ismail • Level 5, Maju Junction Mall • Halal • Casual

03-8312 7223 • Cyberlodge Resort, Cyberjaya. • Halal

Mandarin Palace

03-2148 9166 B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

Marco Polo

03-2141 2233 • Raja Chulan • 1/F, Wisma Lim Foo Yong, Jalan Raja Chulan • Non-Halal • Casual Dining • E8

Meisan

03-2693 9233 ■ Bandaraya • Quality Hotel City Centre • Jalan Raja Laut • Halal • Casual Dining • Szechuan cuisine

Ming Palace

03-2161 8888 Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

Ming Room

03-2284 8822 👮 Bangsar• Bangsar Shopping Centre • Non-Halal • Casual Dining

03-4042 9888 PWTC • The Legend Hotel • Halal • Private Dining

Oriental Noble House

03-2145 8822 @ Imbi • 19 Jalan Delima. Off Jalan Imbi • Non-Halal • Casual Dining • F10

03-2144 9911 • B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dinina • F8

Purple Cane
03-2272 3090 ■ Maharaialela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining

Xin Cuisine

03-2144 2200 B Nanas • Concorde Hotel . Non-Halal . Private Dining

French

Café Café

03-2141 8141 Maharajalela • 175 Jalan Maharajalela • Halal • Fine Dining • Fr & Italian • H7

Fusion

Cilantro

03-2179 8000 • MiCasa All Suite Hotel, 368B Jalan Tun Razak • Pork-Free • Halal • Fine Dining • D10

Etoile Bistro

03-2161 7777 @ R Chulan • Hotel Equatorial • Halal • Casual Dining • E8

03-2144 3001 · B Bintang · 25, Changkat Bkt Bintang • Halal • Fine

03-2282 8112 • Mid Valley • G/F, Northpoint, Mid Valley City • Thai & Nyonya • Pork-Free • Casual Dining • F8

Rahsia

03-2144 0059 • 13 Jalan Damai, off Jalan Tun Razak • Halal • Casual Dining Nyonya, Indonesian, European • C10

03-2264 2264 € Sentral • Hilton

03-2719 8535 • B Bintang • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Indian

Estana Curry House 03-2141 1958 © Raja Chulan • 23D, Jln Sultan Ismail • Halal • Casual Dining

Kallianees

KLCC • 16 Lorong Yap Kwan Seng • Kerala cuisine • Halal • Casual Dining • C9 03-2161 0616

Khaana Peena

03-6201 3355 • E-01-04. Plaza Mont Kiara North Indian • Halal • Casual Dining

Passage Thru' India 03-2145 0366 • 4, Jln Delima,kl Halal • Casual Dining • E10

Spice Garden Imperial

03-2142 2220 B. Bintang • 205 Jln Bkt Bintang.

That Indian Thing

Medan Tuanku • 52 Jalan Doraisamy • Halal • Casual Dining • D6

Indonesia

House of Sundanese

Sari Ratu 03-2141 1811 • B Bintang 42-2 Jalan Sultan Ismail • Halal • E8

International

Essence

03-2717 9900 @ M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

The Resort Cafe

03 - 7495 1888 . Lobby Level. Sunway Resort Hotel & Spa *Pork-Free Restaurant

Eight Gourmets Gala (EGG)

017 948 8684 . Suite G-01, Ground Floor, Pinnacle Annexe, Persiaran Lagoon, Bandar Sunway, 47500, Selangor

Maya Brasserie 03-2711 8866 ⊕ B Nanas KLCC • Hotel Maya KL • Halal • Casual Dining • Nyonya & International • D8

Melting Pot

03-2144 2200 @ B NanasConcorde Hotel, 2 Jln Sultan Ismail • Halal • 24hour • Casual Dining • D7

Still Water Restaurant

03-27118866 • B Nanas € KLCC • Hotel Maya KL • Halal • Casual Dining • Japanese & Western • D8

The Vogue 03-2162 2233 **B** Nanas • Renaissance Hotel • Halal • Casual

PNB Darby Cafe

03-7490 3333 @ Ampang Park • G/F, PNB Darby Park, Executive Suites, 10 Jalan Binjai • Halal • Casual Dining

Italian

Cellini's

03-2715 1000 • B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

il Tempio

03-4256 9300 • Tamarind Springs Restaurant • Halal • Fine Dining

03-4252 6269 • 26, Persiaran Ampang Halal
 Casual Dinina

03-2773 8338 • B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli

03-2717 9922 • M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

Benkay

03-2782 6118 **Ampang Park • Hotel** Nikko • Halal • Casual Dining • C9

03-4042 9888 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

Genki Sushi

03-2166 6220 9 KLCC • 428 Level 4, Suria KLCC • Halal • Casual Dining

Iketeru

03-2264 2264 • Stesen Sentral KL • Hilton Kuala Lumpur, 3 Jln Stesen Sentral

Kampachi

03-2148 9608 • Raja • Pavilion KL

03-4049 4412 PWTC • Pan Pacific Kuala Lumpur • Halal • Fine Dining

03-2161 8888

Ampang Park Corus Hotel Casual Dining
 C9

Ozeki Tokyo Cuizine

03-2166 4263 • B Nanas • Menara TA One • Halal • Fine Dining • D8

Sagano

03-2162 2233 • B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

Da On

03-2141 2100 B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

Ko Hiang 03-4251 0492 • 314 Jalan Ampang Non-Halal
 Casual Dining

Koong Jung

03-2166 7181 🕏 Ampang Park • PNB Darby Park • Halal • D9

Koryo Won

03-2143 2189 • Bukit Bintang • Starhill Gallery • Halal • Casual Dining • E8

Rama V Fine Thai Cuisine

03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

HOTEL & RESORT

Ascott KL

03-2142 6868 9, Jalan Pinang • 🖶 R Chulan • From RM380-RM790

Berjaya Times Square Hotel & rentionCentre

03-2117 8000 • 1 Jalan Imbi • 🖫 Imbi • Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl.

Seri Pacific Hotel Kuala Lumpur

03-4042 5555 • Jalan Putra PWTC Zende (Int'l), Kokufu (Jap), lounge to Chereza From RM198++ to RM3,000 • B5 www.seripacifichotel.com

Grand Hyatt Kuala Lumpur

03-2182 1234 • Jalan Pinang SKLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

The Westin KL

03-2731 8333 199 • Jalan Bukit Bintang iii B Bintang • Prego (Ita), Living Room (Int'I), Qba (Bar & Grill), Treats (gourmet bakery), Eest (Pan Asian) • From RM480-RM7,000 • E9 • www.westin.com

Grand Millennium KL

03-2117 4888 • 160, Jalan Bukit Bintang • Bukit Bintang • Zing (Chi), The Mill (Int'l)
• From RM300-RM5,600 • www.millenniumhotel.com

03-2264 2264 • 3, Jln Stesen • Sentral, KL Sentral • 🕫 🥯 🕳 KTM KL Sentral • Chynna (Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 • www1.hilton.com

03-7955 9122 • 2 Jalan Barat, PJ • 🗎 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

Holiday Inn Kuala Lumpur

03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam •Fu-Rin (Jap), Kites (Int'I), The Mix Restaurant & Bar • From RM290 • www.holidayinn.com/glenmarie



KL Tower

03-2020 5446 / 2020 5444

Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



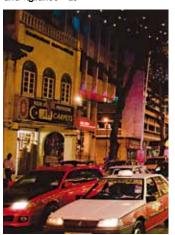
Istana Negara, Jalan Duta

Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



National Monument

Jalan Tugu, off Jalan Parlimen · Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



Little India

Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



National Museum

03-2694 4590 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



Jamek MosqueJalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture a . Opens 8am-1:30pm & 2:30pm-6pm.

Sheraton Imperial KL

03-2717 9900 • Jin Sultan Ismail • • M Tuanku • Essence (Int'I), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-ŘM5,825 • D6

Hotel Istana

03-2141 9988 • 73, Jalan Raja Chulan • • R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'l) • From RM299-RM5000 • E8 • www.hotelistana.

Hotel Maya KL

03-2711 8866 • Jalan Ampang • ⊕ Bukit Nanas ⊕ KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325-RM1,800 • D8

www.hotelmaya.com.my

InterContinental KL

03-2161 1111 • 165, Jalan Ampana • 🗎 Ampang Park • Serena Brasserie, Tao (chi), Tatsu (Jap), Bentley's Pub. Lobby Lounge & The Deli • From RM330-RM12,500 • C9

www.intercontinental.com

JW Marriott Hotel KL

03-2715 9000 • 183 Jalan Bukit Bintana • • B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'I), Havana Club • From RM400- RM8,000 • E9 www.marriott.com

Le Meridien KL

03-2263 7888 • 2, Jin Stesen Sentral 5, KL Sentral • ₱ € GKTM KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 www.lemeridienkualalumpur.com

Mandarin Oriental Hotel

03-2380 8888 • KL City Centre • € KLCC Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'I), Wasabi Bistro (Jap) • From RM409(internet)/RM499(phone) • D8 www.mandarinoriental.com

Palace Beach and Spa

03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA

03-8787 3333 • Kuala Lumpur International Airport • KLIA
Degrees (Int), Traveller's Bar & Grill,
Palmz Lounge (Wn) • From RM570++
www.samasamahotels.com

Parkroyal Kuala Lumpur

03-2147 0088 Jln Sultan Ismail • • B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Klix Lounge • From RM270 • www.parkroyalhotels.com

PNB Darby Park Executive Suites 03-7490 3333 • 10, Jln Binjai • ⊕ Ampang Park •The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350-RM686 • D9

www.pnbdarbyparksuites-kl.com

Prince Hotel & Residence KL

03-2170 8888 • 4, Jalan Conlay • 🕫 Raja Chulan •Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9• www.princehotelkl.com

Renaissance KL

03-2163 6888 • Corner of Jln S. Ismail/ Jin Ampang • 🗑 B Nanas •Sagano(Jap), MED@Marche(Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTationS (Int'l) • From RM215-RM6,000 • D7

Shangri-La Hotel KL

03-2032 2388 • 11 Jalan Sultan Ismail • •

B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

Sheraton Imperial Hotel

03-2717 9900 Jln Sultan Ismail • @ M Tuanku • Essence (Int'l), Villa Danieli (Ita), Calestial Court (Chi) • From RM300-RM5,8250 • D6

Somerset Seri Bukit Ceylon

03-2055 8888 • No 8, Lorong Ceylon off Jalan Raja Chulan • NeroTeca (Ita) • From RM250-RM480 • E7 • www. somerset.com

The Gardens Hotel & Residences

03-2268 1188 • Mid Valley City • Стт Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtlres.

Sunway Putra Hotel (Formerly The Legend Hotel)

03-4042 9888 • Putra Place, 100 Jalan Putra • ■ PWTC • Museum (Chi), Di-Atas Brasserie (Int'I), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www. leaendhotelkl.com

The Ritz-Carlton KL

03-2142 8000 • 168, Jalan Imbi • • B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

The Ritz-Carlton Residences

03-2142 9000 • 🗑 B Bintang • From RM950-RM1.330 • F9

The Royal Chulan

03-2688 9688 • Jalan Conlay • ■ R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www. theroyalchulan.com.my

Ancasa Hotel KL

03-2026 6060 • Jin Tun Tan Cheng Lock • ■ Plaza Rakyat • Saffron Brasserie and BabaReebal • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

Boulevard Hotel

03-2295 8111/2295 8000 5 Mid Valley City, Lingkaran Syed Putra • Mid Valley •Wild Rice (Int'l) • Rates from RM290Nett - RM420Nett • www.blvhotel.com

Carcosa Seri Negara

03-2295 0888 • Taman Tasik Perdana • The Dining Room (Fr), Gulai House (Malay) The Bar • From RM1,100-RM5,500

Concorde Hotel

03-2144 2200 • 2 Jalan Sultan Ismail • ■ B Nanas • Spices (Western), Melting Pot (Int'I), Xin (Chi) • From RM178++-RM320++ • D7

Coronade Hotel KL

03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 🗑 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge. • From RM208- RM500 • F8 www.coronade.com

Corus Hotel KL

03-2161 8888 • Jalan Ampana • 🥯 Ampang Park • Ming Palace(Chi), Dondang Sayang (Int'I), Komura (Jap) • From RM185-RM390 • C9 • www. corushotelkl.com

Dorsett Regency

03-2716 1000 • 172, Jalan Imbi • B Bintang • Checker's (Café), Cellini's(Ita), Windows Lounge (Wn) • From RM200



onwards • F9 www.dorsettregency-kl.com

Federal Hotel

03-2148 9166 • 35, Jalan Bukit Bintang • B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 www.fhihotels.com

Grand Seasons

03-2697 8888 • 72, Jalan Pahang • ⊕ Chow Kit ⊆ KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

Impiana KLCC Hotel & Spa

03-2147 1111 • 13 Jln Pinang • € R Chulan • Tonka Bean Cafe (Int'I) • From RM219-RM368 • D8 • www.impiana.com

Novotel City Centre KL 03-2147 0888 • 2 Jln Kia Peng • ■ R Chulan

• Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260-RM660 • F8

www.novotel.com

Pacific Regency Hotel Suites

03-2332 7777 • Menara PanGlobal, Jalan Punchak • # B Nanas • Soi 23 Luna, Olive & Geo Café • From RM290-RM500 • D7

www.pacific-regency.com

Pyramid Tower Hotel

03-7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre

03-2614 8000 • Jalan Raja Laut • DBKL • Benteng Coffee House (Int'I), Meisan Szechuan (Chi), Club 300 • From RM150-RM550 • C5 • www.qualiti.com.my

Swiss Garden Hotel

03-2141 3333 • 117, Jln Pudu • 🖥 Hang Tuah • Blue Chip Lounge (Int'I), Flavours Restaurant (Int'I), Green Treats Delicatessen (Int'I), T@ste 6 Restaurant (Int'I) • From470+

The Royale Bintang KL

03-2143 9898 17-21 Jalan Bukit Bintana • B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara 03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 www.royalebintang.com.my

The ZON All Suites Residences on the Park

03-2164 8000 • 161D Jalan Ampang • 🗎 Ampang Park • Terracotta Restaurant & Lounge • From RM253-RM396 • D8 www.zonhotel.com.mv

Traders Hotel

03-2332 9888 • Kuala Lumpur City Centre

• € KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL

03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 🖥 Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

Alpha Genesis 03-2141 2000 • 45 Tengkat Tong Shin • • B Bintang • Tee Box Café • From RM150-RM380 • F7 • www. alphagenesishotel.com

Cititel Mid Valley

03-2296 1188 • Mid Valley, Lingkaran Syed Putra • GKTM Mid Valley • Citi Café • Rates from RM205Nett - RM320Nett

03-2144 3888 • 22, Jalan Tong Shin • • B Bintang • Corona Café • From RM130-RM180 • F8 • www.coronainn-kuala lumpur.com

Grand Continental

03-2693 9333 • Jln Belia/Jln Raja Laut • ■ PWTC M Tuanku • Grand Star (Chi), Lai Marble Coffeehouse • From RM135-RM800 • C5

www.ghihotels.com.my

First World Hotel

03-6101 1118 • Genting Highlands • istorante Torcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 – RM460

Hotel Malaya

03-2072 7722 • 162, Jalan Hang Lekir • © Pasar Seni • Malaya Café • From RM120-RM250 • F5 • www.hotelmalaya. com.my

Midah KL

03-2273 9999 • 8, Jalan Kampung Attap Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café

• From RM145-RM250 • G5

03-2713 7887 • 23 Lrg Medan Tuanku 1,off Jln Sultan Ismail • • M Tuanku • Makana Restaurant
• From RM110-RM170 • C5

Swiss-Inn KL

03-2072 3333 • 62, Jin Sultan • # Maharajalela

- Café Petaling From RM130-RM175

The Plaza Hotel

03-2698 2255 • Jalan Raja Laut • 🛮 Sultan Ismail • Pago-Pago Café (Continental), Plaza Court (Chi) • From RM110-RM178

SIGHTSEEING

Aquaria KLCC 03-2333 1888 • ⊕ Raja Chulan ✓ KLCC • All 60,000 sq ft of Aquaria encompasses Evolution, Jewels of the Jungle, Deep Forest, The Coasts and Touch Pool, The Livingb Oceans and The Living Reef, with over 5000 aquatic and land-bound animals representing over 150 different species. Don't miss the 90-metre underwater tunnel. Opens daily from 11am-8pm. (Including weekends, school and public holidays) Last admission at 7pm. Entry RM38 (adult), RM26 (children) • D8

Batu Caves

03-6189 6284 • This popular Hindu temple draws hundreds of thousand of visitors during Thaipusam. It consists of three grand caves: the Dark Cave, the Museum Cave and the Temple Cave with brilliant rock formations. The Museum Cave at the foothills has interesting display of Indian mythology. To reach the main Temple Cave, one has to climb 272 steps.

Bird Park

03-2272 1010 • Located at the Lake Gardens, this 8.4ha bird park is the world's largest free-flight walk-in aviary. It is home to more than 3,000 birds from approximately 200 species. Opens daily from 9am-7.30pm. • F4

Butterfly Park 03-2693 4799 • Over 120 species of butterflies can be found in this park located at the Lake Gardens' vicinity. Admission is RM9 for adults and RM2 for children. Camera: RM3. Opens 9am to 6pm daily. • F4

Bukit Nanas Forest Recreational Park

03-2306 3421 / 2064 4741 • @ Bukit Nanas • Nestled in the heart of KL, the virgin forest-clad hill is a 10.5 ha park offering a 10-minute & a 20-minute walk trails from the Forest Information Centre at Jalan Raia Chulan to KL Tower. • E7

Carcosa Seri Negara

03-2282 1888 • Perched on a quiet hilltop overlooking the Lake Gardens, this 19th century colonial mansion used to be the residence of the British Governor and High Commissioners. Today it is an exclusive hotel offering a sense of history and fine dining. • F2

Central Market

03-2031 0399 • Pasar Seni Once the city's biggest wet market, it is now a centre for food and cultural activities. Cultural performances are staged during weekends at the riverside amphitheatre. Handicraft, souvenirs, art & portrait paintings are sold at bargain prices. The Annexe Gallery at CM is a progressive art centre. • Opens 10am to 10pm daily. • F5

Deer Park

03-2693 6661 • Enclosed within a 2-ha ground at the Lake Gardens, the deer, fawns and does roam freely in a cool and peaceful habitat with lush trees and shrubs and ponds. • F3

Istana NegaraOfficial residence of Malaysia's King, visitors can witness the changing of the royal guards daily. The Rulers Conference, various royal and national ceremonies, investitures and official banquets are held at this palace. • H5

Little India

🏴 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5

Jamek Mosque

Masjid Jamek • Jalan Tun PerakSituated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates



Craft Complex

03-2164 8344

Raja Chulan • 63, Jalan Conlay. • Showcases ethnic handicrafts, batik printing and pottery from the 13 states of Malaysia. • Opens 9am- 6pm daily. F9 FRFF



Telekom Museum

03-2031 9966

- 🖥 Raja Chulan Jalan Raja Chulan Displays interesting exhibits of
- telephones and evolution of their designs over the years.
- Opens 9am-5pm. Closed on Mondays
- F6 FRFF



Sultan Abdul Samad Building

Masjid Jamek • Jln Sultan
Hishamuddin • Also known as the Big Ben of KL, this historical landmark and heritage building is well known for its Moghul architecture dating back to 1897. Originally the offices of the Colonial Secretariat, it then housed the Supreme Court. • F5



PETRONAS Twin Towers

03-26158188

KLCC • KL City Centre • The 88-storey Petronas Twin Towers stand at 451.9 metres. Seated in the heart of KL and amidst a 50-hectare landscaped park, a skybridge on the 41st floor is open to visitors between 9am-7pm daily, closed on Monday • D8

many features of Moghul architecture a • Ópens 8am-1:30pm & 2:30pm-6pm.

Lake Gardens

Jalan Parlimen • Located near the city centre, this 9.2ha landscaped garden is built around a lake. Several attractions are found within the park including an Orchid Garden, Hibiscus Garden, Butterfly Park, Bird Park, Deer Park, National Monument and the Asean Sculpture Garden • F3

Malaysian Tourism Centre

03-9235 4848 • @ B Nanas • 109 Jalan Ampang • This is a one-stop tourist service centre comprising the information counter (7am-10pm) Transnasional Executive Coach counter. domestic tour booking counter, money changer, restaurant and craft demo centre. Built in 1935, the building was the home of wealthy tin-miner and planter, Eu Tong Seng. Cultural shows are on Tues, Thur, Sat & Sun 2-2.30pm. • D7

Merdeka Sauare

Masjid Jamek • Jalan Raja •
Opposite the Sultan Abdul Samad Building, this is the site where the independence of Malaya was declared on 31 August, 1957. The 100m high flagpole is the tallest in the world. Live entertainment and cultural shows are staged here on festive occasions. The Royal Selangor Club and St. Mary's Cathedral are located nearby. • E5

National Mosque

03-2693 7784 • GTTT KL • Jalan Perdana • This mosque embodies contemporary designs, together with traditional Islamic art, calligraphy and ornamentation. The main dome with its 18-point star, represents the 13 states of Malaysia unified by the Five Pillars of Islam. Visitors must dress conservatively and remove their shoes before entering the mosque Opens 9am to 12noon; 3pm to 4pm; 5:30pm to 6:30pm daily. • F4

National Planetarium

03-2273 4303 • Lot 54 Jalan Perdana • Located close to the National Mosque, the attractions include space science and astronomy exhibits, a theatre screening 3-Dimensional movies, a viewing gallery and an observatory Admission is RM1 for adults and children over 12 years [extra charges for all shows]. Opens 9:30am to 4:15pm daily. Closed on Monday except public & school holidays • G4

National Science Centre

03-2089 3400 • Persiaran Bukit Kiara • Houses 9 galleries with different scientific themes. Offers interesting interactive displays for learning and entertainment. Opens 10am-5pm. Closed on Friday.

National Zoo

03-4108 3427 / 4108 3422 • Located in Hulu Kelang, 12km from the city centre, the zoo is home to 400 species of local birds, mammals, reptiles and fishes. • Opens 9am - 5pm daily. Night Zoo is on Saturdays 7.30am - 10.30pm. Admission : RM10 for adults and RM5 for children under 12. Videocam RM15.

Old KL Railway Station

Jalan Hishammudin • Built in 1910, the Moghul-inspired building was a hub for Malaysian rail transport until it was replaced by the new KL Sentral Station. It remains a landmark and the refurbished Heritage Hotel is still open for business. Across the road, the Malaysian Railway administrative building is also a breathtaking architectural showpiece

Petrosains, The Discovery Centre

03-2331 8181 • KLCC • Petronas Twin Towers, Level 4 Suria KLCC • Focusing on

Malaysia's oil and gas industry, it offers an interactive approach to learning. It takes you through a unique voyage of discovery of science. • Opens daily 9.30am to 6pm. Last admission 4.30pm. Closed on Monday • D8

Royal Selangor Visitor's Centre

03-4145 6000 • 4, Jalan Usahawan Enam, Setapak Jaya • Located 15 minutes from the city centre, the Royal Selangor which is internationally known for its fine designs and craftsmanship, offers a complete visitor experience, enabling them to see, hear, touch and learn how pewter is made. • Opens daily from 9am-5pm.

Royal Selangor Club

03-2692 7166 • Masjid Jamek • Jalan Raja • Once nicknamed 'The Spotted Dog' during the colonial days, this club which features Mock Tudor architecture, is one of the oldest membership clubs in KL. • E5

Thean Hou Temple

03-2274 7088 • 65 Persiaran Endah, off Jalan Syed Putra • A beautiful blend of Chinese and contemporary architecture, this is one of the largest and most ornate Buddhist temples in the region and a venue for major religious festivals. Also

check out the herbs garden, wishing well and souvenir stall . Opens 9am to 9pm daily.

Museums

Asian Arts Museum Universiti Malaya

03-7967 3805 • Uni. of Malaya • A unique collection of Asian art & sculptures, ceramics, including Islamic & Malay art and textiles • Opens Mon - Sat. Closed on Sunday & public hols.

Bank Negara Money Museum

03-2698 8044 • CTTT Bank Negara Bandaraya • Block A, Bank Negara Malaysia, Jalan Dato' Onn • A repository for Malaysia's numismatic heritage, the museum displays an impressive collection of coins, bank notes, barter trade currencies & traces the evolution of the Malaysian currency • Opens Mon-Sat. Closed on Sunday • E5

Forest Research Institute Malaysia

03-62797 000 • Kepong • Located within the 1,500 hectares of natural land reserve, the institute showcases Malaysia's rich forest heritage. • Opens 8am-4pm. Fri 9am- 12pm.

Heritage Centre

03-2144 9273 • 2 Jln Stonor • Showcases Malaysia's architectural heritage, the centre also conducts 2 guided tours a day (11am & 3pm) of the Rumah Penghulu or Village Head's abode which has been furnished to reflect a house in the early thirties • E10

Islamic Arts Museum

03-2274 2020 • Jalan Lembah Perdana • Opened in 1998, the museum focuses on the rich diversity of Islamic arts and culture. Miniature replicas of Taj Mahal and other islamic architectural wonders are on display • Tickets at RM12 (adults), RM6 (under 18, students & senior citizens) Opens 10am to 6pm daily.

Maybank Numismatic Museum

03-2070 8833 Plaza Rakyat • Menara Maybank, 100 Jalan Tun Perak, KL • A fascinating display of coins dating back to the early history of the Malay Sultanate. • Open 10am-6pm daily • F6

Museum Orang Asli

03-6189 2122 • Km 24 Gombak • Displays a collection of over 3,000 artifacts showcasing the history, culture & lifestyle of indigenous tribes of Peninsular Malaysia. • Opens 9am-5pm. Closed Fri. FREE

National Museum

03-2282 6255 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

ARTS & CULTURE

National Library 03-2687 1700 • 232 Jalan Tun Razak. • This 7-storey building which blends traditional design with modern architectural elements houses more than 1.5 million books, some of them extremely rare. Opens daily except Monday • A8 FREE

Galeri Petronas

03-2051 7770 • KLCC • Level 3 Suria KLCC. • Exhibits artworks by local and international artists.

 Opens 10am to 8pm. Closed on Monday. • D8 FREE

National Theatre (Istana Budaya)

03-4026 5555 • Jalan Tun Razak • Designed by Malaysian architect Muhammad Kamar Ya'akub, this

modern theatre is one of the world's most sophisticated theatres with state-of-the-art stage equipment. It holds drama, dance and musical performances regularly. • A7

Petronas Philharmonic Hall

03-2051 7008 • FKLCC • Located within the Petronas Twin Towers, it is home to the Malaysian Philharmonic Orchestra and the National Choir. It features performances of highest quality by visiting orchestras and world-renowned soloists, besides performances by the MPO which now ranks among the top orchestras in the region • D8

OTHER FUN-TASTIC THRILLS & SPILLS

03-3101 1313 • Star Cruises, Pulau Indah, Klang

Casino

03-2718 1118 • Genting Highlands Hotel

D'Paradise

063, Jalan Solok Uban, Kampung Brisu, Lubok China, 78100 Melaka. 06-552 8010/0611 (Resort), 03-4256 0381 (KL Sales Office) www.d-paradise.com.mv

03-2141 1934 • Royal Selangor Flying Club

Horse Racing 03-9058 3888 • Selangor Turf Club, Jln Sunaai Besi

Horse Riding

03-4256 4531 • Royal Selangor Polo Club, Jln Ampang Hilir

03-9058 3888 • STC Equestrian Centre, Jln Kuda Emas

03-209 35211 • Bukit Kiara Equestrian Club, Jln Bukit Kiara, Kuala Lumpur

Theme Parks

03-288 8888 • Colmar Tropicale, Bkt Tingai

03-71188338 • Desa Water Park, Tmn Desa

03-8942 5010 • Genting Resort

03-8942 8942 • The Mines Wonderland



Bank Negara Malaysia Museum and Art Gallery Sasana Kijang

No. 2, Jalan Dato Onn, 50480 Kuala Lumpur Opening Hours: 10am to 6pm daily For Enquiries Call: +603-9179 2742



University of Malaya Art Gallery (UMAG)

Tingkat 5, Bangunan Canseleri, Universiti Malaya, Petaling Jaya Tel: 03-79671061

Opening Hours: 9.00am to 4.00pm Closed on: Saturday and Sunday



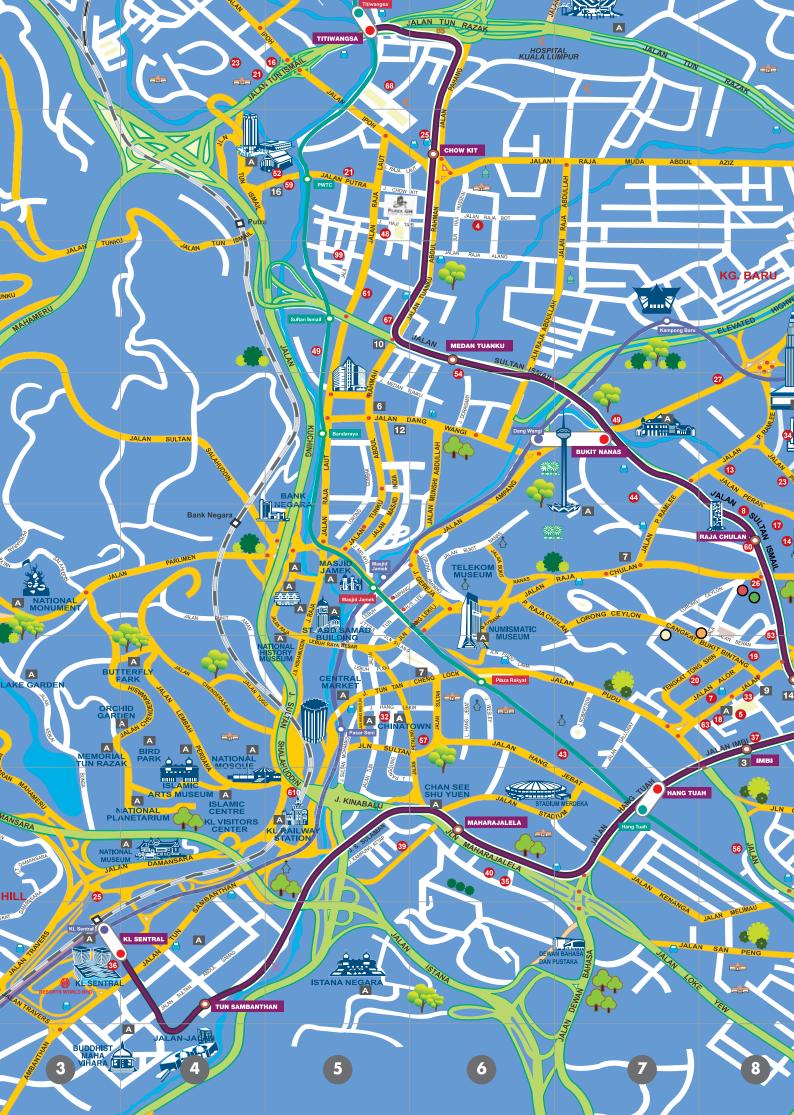
Galeri Tenaga

Wisma TNB, Jalan Timur, Petaling Jaya

Tel: +603-2296 5566 Fax: +603-2282 3274

Opening Hours: Monday - Friday: 10 am - 3 pm.





A LUMPUR CI (KLCC) ENTRE KARYANEKA A A A A 5 13 29 64 15 PUDU 10

EXPLORE KUALA LUMPUR

- 1 Agora Hotel Tel: 2142 8133 F8
- 2 Alpha Genesis Hotel Tel: 2142 6868 F7
- 3 Berjaya Times Square Hotel & Convention Centre Tel: 2117 8000 F8
- 4 Brisdale International Hotel
 - Tel: 2694 8833 **B6**
- 5 Capitol Hotel Tel: 22143 7000 F8
- 6 Carcosa Seri Negara Tel: 2282 1888 F8
- 7 Cardogan Hotel Tel: 2144 4883 F8
- 8 Concorde Hotel Tel: 2144 2200 D7
- 9 Corona Inn Tel: 2144 3888 F7
- 10 Coronade Hotel Tel: 2148 6888 **F8**
- 11 Corus Hotel Tel: 2161 8888 C9
- 12 Doubletree Hilton Kuala Lumpur Tel: 2172 7272 C10
- 13 Crown Regency Hotel Tel: 2162 3888 D8
- 14 Crowne Plaza Kuala Lumpur Tel: 2148 2322 E8
- 15 Dorsett Regency Hotel Tel: 2715 1000 F9
- 16 Dynasty Hotel Tel: 4043 7777 A4
- 17 Equatorial Hotel Tel: 2161 7777 E8
- **18 Federal Hotel** Tel: 2148 9166 **F8**
- 19 Fortuna Hotel Tel: 2141 9111 F8
- 20 Grand Central Hotel Tel: 4041 3011 B5
- 21 Grand Continental Hotel Tel: 2693 9333 C5
- 22 Grand Millenium KL Tel: 2141 8000 E8
- 23 Grand Pacific Hotel Tel: 4042 2177 A5
- 24 Grand Seasons Hotel Tel: 2697 8888 B6

25 Hilton KL Tel: 2264 2264 G3

- **26 Hotel Istana**Tel: 2141 9988 **E8**
- 27 Hotel Maya Kuala Lumpur Tel: 2711 8866 D8
- 28 Impiana KLCC Hotel & Spa Tel: 2147 1111 D8
- 29 JW Marriott Hotel Tel: 2715 9000 E9
- 30 Kuala Lumpur International Hotel Tel: 2697 8833 B6
- 31 Le Meridien KL Tel: 2263 7888 G3
- 32 Malaya Hotel Tel: 2072 772 F5 33 Malaysia Hotel
- Tel: 2142 8033 F8
 34 Mandarin Oriental Hotel
- Tel: 2380 8888 **G6** 35 Mandarin Court Hotel
- Tel: 2273 9933 **G6 36 Maradian Oriental Hotel**
- 36 Maradian Oriental Hotel Tel: 2380 8888 **D8**
- **37 Melia Kuala Lumpur** Tel: 2785 2828 **F8**
- 38 Micasa All Suite Hotel Tel: 2179 8000 D10
- 39 Midah Hotel KL Tel: 2273 9999 G5
- 40 Mirama Hotel Tel: 2148 9122 G6
- 41 InterContinental KL
- 42 Novotel Kuala Lumpur City Centre
- Tel: 2147 0888 E8
- 43 Olympic Sports Hotel Tel: 2078 7888 F7
- 44 Pacific Regency
 Hotel Suite
 Tel: 2332 7777 D7
- 45 Parkroyal Kuala Lumpur Tel: 2147 0088 F8
- 46 PNB Darby Park
 Executive Suites
- Tel: 7490 3333 D10 47 Prince Hotel &
 - Residence Kuala Lumpur Tel: 2170 8888 D10

- 48 Quality Hotel Tel: 2693 9233 C5
- 49 Renaissance Kuala Lumpur Hotel Tel: 2162 2233 D7
- 50 Residence Hotel Tel: 2693 3333 C5
- 51 Ritz-Carlton Kuala Lumpur Hotel Tel: 2142 8000 F9
- 52 Seri Pacific Kuala Lumpur Tel: 4042 5555 B5
- 53 Shangri-La Hotel Tel: 2032 2388 D7
- 54 Sheraton Imperial Tel: 2717 9900 **D6**
- 55 Stanford Hotel Tel: 2691 9833 B6
- 56 Swiss Garden Hotel
 Tel: 2141 3333 F7
- 57 Swiss Inn Hotel Tel: 2072 3333 G6
- 58 The Heritage Station Hotel
- Tel: 2273 5588 **G5 59 The Legend Hotel**
- Tel: 4042 9888 **B5 60 The Lodge**
- Tel: 2142 0122 E8
- 61 The Plaza Hotel Tel: 2698 2255 **C5**
- 62 The Ritz-Carlton Residences Tel: 2142 9000 F9
- 63 The Royale Bintang Tel: 2143 8000 F8
- 64 The Westin KL Tel: 2731 8333 E9
- 65 The Zon All Suites Residences on the Park Tel: 2164 8000 C9
- 66 Traders Hotel Tel: 2332 9888 D8
- 67 Tune Hotels.com Tel: 7692 5888 C5
- 68 Vistana Hotel Tel 4042 80000 A5

Shopping Malls:

1. Ampang Park
Tel: 03-2161 7006 C10
2. Avenue K
Tel: 03-2166 7888 C9
3. Berjaya Times Square
Tel: 1-300-888-988 E9
4. City Square
Tel: 03-2162 1566 C10
5. KL Sogo
Tel: 03- 2698 2111 D5
6. Kompleks Kotaraya
Tel: 03-2072 2562 F6

7. Lot 10

8. Low Yat Plaza
Tel: 03-2162 1176 F8
9. Maju Junction
Tel: 03-2772 8550 C5
10. Pertama Complex
Tel: 03-2691 6599 D5
11. Starhill Gallery
Tel: 03-2148 1000 F8
12. Sungei Wang Plaza

Tel: 03-2148 1000 F8
12. Sungei Wang Plaza
Tel: 03-2148 6109 F8
13. Suria KLCC
Tel: 03-2382 2828 D8
14. The Mall
Tel: 03-4042 7122 B5

15. The WeldTel: 03-2162 3580 **E9 16. Yow Chuan Plaza**Tel: 03-2142 9701 **C10**



Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.

By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.70 to RM2.80 per single journey.



Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.10 for every 115 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM1 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.



Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.

By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.

KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children, 03-2691 1382

Getting to the Airport

KLIA Ekspres: The journey takes about 30 minutes from KL Sentral and the fare is RM35 per person per way. There is also check-in facility at KL Sentral for some airlines.

Taxi: The fare from the city centre to the airport is RM60 - RM90 per taxi.

Eco Transit: Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.

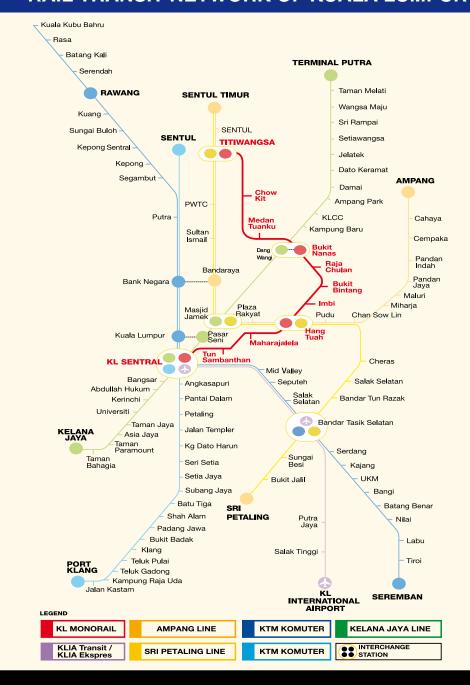
Limousine: Can be arranged with the hotel concierge and fare range from RM100 - RM200.

Coaches To KLIA and/or LCCT

The 1-hour journey costs between RM9 and RM25 per person.

- Airport Coach 03-8787 3894
- Sky Bus 03-6201 2742
- Aerobus 017-363 3255
- The Star Shuttle 03-4043 8811

RAIL TRANSIT NETWORK OF KUALA LUMPUR



Transportation



Air Travel

- KL International Airport Sepang 03-8776 2000
- LCC Terminal KLIA 03-8777 8888
- Domestic Airport Subang 03-7846 7777
- KL CAT (City Air Terminal) 03-2267 8000

Domestic Airlines

- MAS 03-7843 3000
- MAS Reservation Number 1 300 88 3000
- AirAsia 03-8775 4000
- Berjaya Air 03-7846 8228
- FireFly 03-7845 4543
- Fly Asian Xpress (fax) 03-8660 4343

Rail

- KL Sentral 03-2274 7435
- KLIA Ekspres 03-2267 8000
- KTM 03-2267 1200
- Rapid KL 03-7625 6999
- KL Monorail 03-2273 1888

Car Rental

- Apex 03-2142 1926
- Avis 03-2142 0166
- Orix 03-2142 3009
- Hertz 03-2148 6433
- Mavflower 03-2279 1188
- Sintat 03-2145 7988

Taxis

- Radio Cab 03-9221 7600
- Airport Limo Meet & Greet 03-8787 3678
- Saujana Cab 03-2162 8888
- Comfort Taxi 03-8024 2727
- Eco Transit 03-5512 2266
- Supercab 03-7805 5333
- Outstation Taxi 03-2078 0213

Emergency Services

- KL Tourist Police (24 hours) 03-2166 8322
- Police & Ambulance 999 or 112 (mobile phones)
- Fire & Rescue 994
- KL City Council 03-2691 6011

Tourism Offices

- Malaysia 1-300-88-5050
- Tourism Centre (24-hour) 03-2164 3929
- Kuala Lumpur 03-2693 6661
- Penang 04-261 9067
- Johor 07-222 3591
- Terengganu 09-622 1433
- Sabah 088-248 698
- Sarawak 082-246 575
- Kedah 04-731 2311
- Pahang 09-747 7520



Hairdressing I Fashion Design I Photography I Nail Art Salon Management I Mass Communication I Business Management



SUPER STAR/ACTING 演艺课程

FILM PRODUCTION 电影制作课程

MODELLING 模特儿培训课程

FACE ART 专业彩妆课程 @ Sg. Wang Plaza Level 6th

(yellow & green zone)

3 016-916 6600/11/22

Winner of 2015
TOP ACADEMY AWARD





Abdul Latiff Mohidin Siri Pago Pago - Debris, 1968 Oil on canvas 89 x 69.5 cm RM 390,000 - RM 500,000

NOW ACCEPTING CONSIGNMENTS

KLAS ART AUCTION
MALAYSIAN MODERN & CONTEMPORARY ART
APRIL 2016

