

KL lifestyle

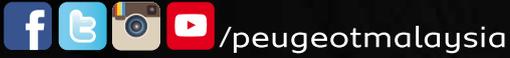
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Modern romance, old school parenting



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Jezamine Lim
Image courtesy;
Photographer - Sammykoo Photography
Make-up - Carina Makeup

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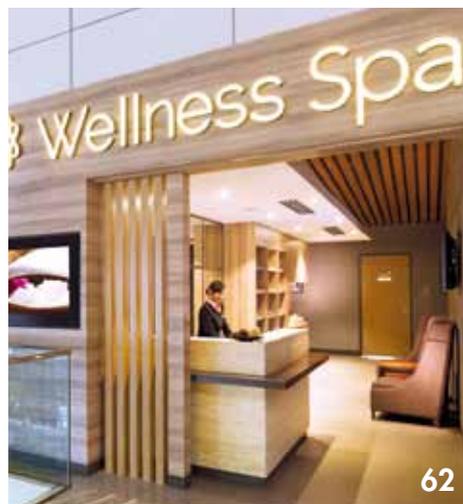
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SUNDAY

MONDAY

31

03

WESAK DAY

10

MOTHER'S DAY

17

24

LOVE & DESTINY

May 23 @ 8.30pm
May 24 @ 8.30pm
Dewan Filharmonik Petronas

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PESTA WAU ANTARABANGSA

KELANTAN
May 25 - 30
Geting Beach, Tumpat, Kelantan

■ - PUBLIC HOLIDAY

GOINGS-ON CALENDAR MAY 2015

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			01 BALLET ILLUMINATIONS May 1 & 2 @ 8.30pm May 2 @ 3pm May 3 @ 2pm Pentas 1, klpac LABOUR DAY	02 SABAH FEST - A CULTURAL EXTRAVAGANZA May 1 - 3 XTERRA MALAYSIA May 1 - 3, Langkawi MUSIC, NOISE & SILENCE May 2 @ 3.00pm May 3 @ 2.30pm & 4.30pm Dewan Filharmonik Petronas
05	06	07	08 BORNEO JAZZ FESTIVAL May 8 - 9 ParkCity Everly Hotel, Miri, Sarawak	09 LISZT & MAHLER May 8 @ 8.30pm May 9 @ 8.30pm Dewan Filharmonik Petronas
12	13 I HAVE A DATE WITH SPRING - THE MUSICAL May 9, 13, 14, 17, 21-23 @ 8:30pm May 10, 17 & 24 @ 3pm Pentas 1, klpac	14	15 A SPACE ODYSSEY May 15 @ 8.30pm May 16 @ 8.30pm Dewan Filharmonik Petronas	16 8th OMC ASIA CUP OPEN May 16 - 19 Kuala Lumpur Convention Centre
19	20	21	22	23
26	27	28 1 MALAYSIA INTERNATIONAL TOURISM NIGHT FLORAL PARADE - 'MAGIC OF THE NIGHT' May 28 - 31 Putrajaya Lake, Presint 2, Putrajaya, Kuala Lumpur	29 DEBUSSY'S LA MER May 29 @ 8.30pm May 30 @ 8.30pm Dewan Filharmonik Petronas	30 TADAU KAAMATAN May 30 - 31 Throughout Sabah and Labuan



XTERRA MALAYSIA

May 1 – 3

Xterra is the world's premier off-road triathlon. One part swimming, one part mountain biking and one part trail running, it has become the most anticipated event for many athletes. In addition to the triathlon, Xterra also has a stand-alone trail running event, featuring distances of 22km, 11km and 5km.

The Xterra Asian Tour Championship gives athletes the chance to race off road in some of the most spectacular places in Asia Pacific – Philippines, Guam, Saipan, Jarvis Bay and Malaysia. Athletes collect points at each race, and the champion of the tour will be crowned in Malaysia – the final race of the tour. Xterra Malaysia will conclude the Asian Tour Championship.

Venue
Langkawi



SABAH FEST - A CULTURAL EXTRAVAGANZA

May 1 – 3

Be mesmerised by the poetry of music, song and dance at a cultural extravaganza which showcases Sabah at its absolute best. This expression of the local spirit will relay stories about the diversity of a land that is rich in unique traditions and beliefs. Besides engaging in theatre production, visitors can also observe the distinctive art of producing handicrafts such as wooden carvings and hand-woven cloth by some of the most talented local artisans.

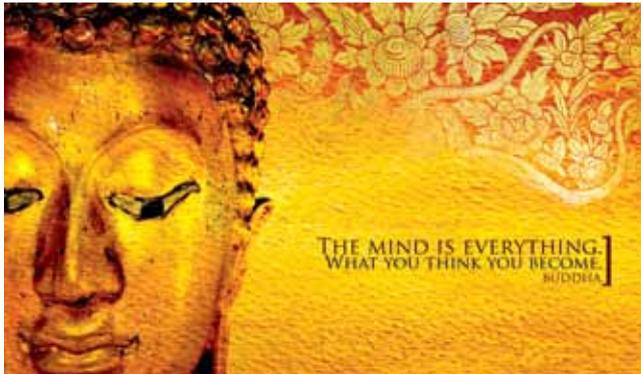


BORNEO JAZZ FESTIVAL

May 8 - 9

The inaugural Borneo Jazz Festival was held in 2006, with the vision of being the leading music festival in the region while promoting tourism in Miri and Sarawak's northern region. Not only would visitors have a fun-filled and entertaining experience, the annual event also showcases Miri as a truly cosmopolitan city with fascinating cultural attractions.

Venue
ParkCity Everly Hotel, Miri, Sarawak



WESAK DAY

May 3

Wesak Day marks the birth, enlightenment and passing of Gautama Buddha. Buddhists all over the country celebrate this day with religious offerings and rituals which are usually held at Buddhist temples. Be awed by the grand processions that take place at night.

Venue

Nationwide



TADAU KAAMATAN

May 30 – 31

This month-long Harvest Festival celebrates the cultural lifestyle of the Kadazandusun community of Sabah. It is held to welcome the new harvest season and to offer gratitude for the good harvest. The grand finale will be held in Hongkod Koisaan, the KDCA Hall in Penampang, with the final round of Unduk Ngadau (Harvest Beauty Pageant). About 5,000 people are expected to attend this event to enjoy folk songs, dances and traditional games.

Venue

Throughout Sabah and Labuan

8th OMC ASIA CUP OPEN

May 16 - 19

Since 2007, the OMC has established its own distinctive educational programme known as the OMC Trademark to promote and build the image and brand of national hairdressing schools and academies by proposing OMC educational courses.

The idea to create an event like the OMC Asia Cup Open is based on the OMC Hairworld, also known as the Hair Olympics. It aims to push the boundaries of hairdressing to a wider ground by supporting and featuring good hairstylists, competitors and hairdressers through a positive competition.

Venue

Kuala Lumpur Convention Centre



1 MALAYSIA INTERNATIONAL TOURISM NIGHT FLORAL PARADE - 'MAGIC OF THE NIGHT'

May 28 – 31

Enjoy a dazzling evening with the glittering lights of decorated floats brought in from every state of Malaysia. This event also promotes Malaysia as one of the world's top tourist destinations. Enjoy a grand showcase of the country's flora and fauna as well as the attractions found in the different states.

Venue

Putrajaya Lake, Presint 2, Putrajaya, Kuala Lumpur



PESTA WAU ANTARABANGSA KELANTAN

May 25 – 30

The sky's the limit at the annual 5-day Kelantan International Wau Festival. Colourful 'wau' (giant kites) of various shapes and sizes will paint the sky while fabulous food will whet your appetite. There will be an assortment of crafts for souvenir hunters. Visitors can also enjoy cultural shows and 'dikir barat' competitions that spice up the festival. With over 120 local and 47 international participants from 18 countries as well as exciting activities, this will be a great festival. Be wowed by the 'wau'!

Venue

Geting Beach, Tumpat, Kelantan

MUSIC, NOISE & SILENCE

Three meddlesome spirits – Music, Noise and Silence – invade the concert hall. The concert seems doomed as Silence and Noise attempt to seize control of the orchestra. Only with the help of the audience and Music will the conductor be able to break the fierce grip of Noise and bring harmony back to the orchestra. Another wonderful production from the innovative, imaginative Magic Circle Mime Company, one of today's most highly acclaimed family attractions!

May 2 @ 3.00pm

May 3 @ 2.30pm & 4.30pm

Venue: Dewan Filharmonik Petronas

Tickets: RM80, RM70, RM50, RM30

www.tickets.mpo.com.my





LOVE & DESTINY

Two big works from the late romantic period make up this programme. Jukka-Pekka Saraste conducts the great Fifth Symphony by his Finnish countryman Sibelius. Dark, sombre colours predominate, as is this composer's tendency, lending an air of passionate urgency to the music. Love, grief, crisis and destiny were favourite themes of the nineteenth-century Romantic composers, and nowhere in Tchaikovsky's life did they occur more dramatically than in 1877, the year he wrote his Fourth Symphony.

May 23 @ 8.30pm

May 24 @ 8.30pm

Venue: Dewan Filharmonik Petronas

Tickets: RM130, RM100, RM70, RM50

www.tickets.mpo.com.my



A SPACE ODYSSEY

The Planets by English composer Gustav Holst is a depiction of music of the planets in our solar system, from the serene beauty of Venus to the relentless military onslaught of Mars to the icy realms of Neptune. It all makes for a fascinating musical experience, preceded by another mind-blowing orchestral spectacle, Strauss's Also sprach Zarathustra, made famous in Stanley Kubrick's 2001: A Space Odyssey.

May 15 @ 8.30pm

May 16 @ 8.30pm

Venue: Dewan Filharmonik Petronas

Tickets: RM130, RM100, RM70, RM50

www.tickets.mpo.com.my



LISZT & MAHLER

Fabio Mechetti conducts his favourite Mahler symphony, the Sixth, sometimes referred to as the "Tragic". Brazilian-born pianist Arnaldo Cohen, whose playing The New York Times hailed as "technically flawless", reunites with the MPO for a virtuosic performance of Liszt's Second Piano Concerto.

May 8 @ 8.30pm

May 9 @ 8.30pm

Venue: Dewan Filharmonik Petronas

Tickets: RM130, RM100, RM70, RM50

www.tickets.mpo.com.my

DEBUSSY'S LA MER

Christoph König leads a programme of four works by four composers, two German and two French, all original and influential figures. From each composer we hear one of his most famous and most important works, providing listeners with a musical feast indeed, from Weber's stirring overture, the opera Der Freischütz, Hindemith's Symphonic Metamorphoses (derived from themes by Weber), Messiaen's inspired Offrandes oubliées (Forgotten Offerings) to one of the most thrilling seascapes in all music, Debussy's La Mer.

May 29 @ 8.30pm
 May 30 @ 8.30pm

Venue: Dewan Filharmonik Petronas
 Tickets: RM130, RM100, RM70, RM50
www.tickets.mpo.com.my



**I HAVE A DATE WITH SPRING
 – THE MUSICAL**

"I Have A Date With Spring – The Musical" is a Cantonese musical adaptation of the nostalgic and heart warming, critically-acclaimed stage and movie production, which won the Best Screenplay at the Hong Kong Film Awards.

Set in the 60s-80s, this musical follows the dreams, hopes, love as well as the trials and tribulations of four singers who became the dearest of friends while working at a nightclub. Butterfly Liu, the celebrated singer, returns to her hometown to hold a benefit concert at the soon-to-be-closed night club. And with her return to the club, Liu must come to terms with the ghosts of her past. This DAMA musical production was staged to critical acclaim and full houses at klpac in 2009 and in Perth in 2010.

May 9, 13, 14, 17, 21-23 @ 8:30pm
 May 10, 17 & 24 @ 3pm

Venue: Pentas 1, klpac
 Tickets: RM70 – RM305
www.ticketpro.com.my



BALLET ILLUMINATIONS

Experience a medley of diverse and exquisite ballets by award-winning choreographers at Singapore Dance Theatre's (SDT) Ballet Illuminations tour this May. SDT will be showcasing the finest examples of choreography to the Malaysian audience.

May 1 & 2 @ 8.30pm

May 2 @ 3pm

May 3 @ 2pm

Venue: Pentas 1, klpac

Tickets: RM18 – RM48

www.ticketpro.com.my



LABOUR DAY

May 1

Labour Day is originally a celebration that commemorates the economic and social achievements of workers. It is a national holiday for more than 80 countries.

Throughout Malaysia



MOTHER'S DAY

May 10

Mother's Day was first celebrated in 1908 by Anna Jarvis when she decided to hold a memorial for her mother. She then began a campaign and successfully made Mother's Day a recognised holiday in the United States in 1914. Other countries soon adopted the holiday and Mother's Day is now a celebrated occasion worldwide to honour mothers and motherhood. People also express their gratitude with gifts or in remembrance of their mothers or any other maternal figure on that day as well.

JEZAMINE LIM

Modern romance,
old school parenting

BY JANE BEE





Jezamine and her daughter, Alessandra

Dr Jezamine Lim is undeniably gorgeous. At first glance, she encapsulates perfectly the image of a successful career woman - she has beauty and brains as well as the charisma that allows her to shine like a star.

Despite the many milestones she has achieved in her career, nothing makes her prouder than being a wife and a mother. When she speaks of her family, each smile and word emit waves of contentment and pleasure. She's dazzling with happiness and it is breathtaking to see her rejoicing in motherhood.

The start of her career

"My mother was the one that opened the door for me. I was recruited by a modelling agency and my mum followed me to every grooming session that took place every weekend for three months. Since we were staying in Klang at that time, we spent a lot of time commuting to and fro on the train," says Jezamine.

And that marked the beginning of her career as a model. It wasn't long before modelling jobs came pouring in one after another and she found herself slowly making a name in the modelling world. She was the first runner-up in the Miss Malaysia Earth 2008, winner of FHM magazine Girl Next Door 2009, named as one of Female Magazine's 50 Gorgeous People 2010 (All Stars Edition) and also gracing the cover of countless local magazines as well as appearing in print advertisements for leading companies such as KLCC and Sime Darby.

Jezamine certainly left an impression in the entertainment world at that point of time. And while most people would have opted to make a long-term career out of it, she had another plan in mind.

"Modelling, to me, is like a part-time job. I would rather have a proper certificate and career and hence, I decided to pursue my studies in medicine," she says.

She spent four years studying in India and the remaining two years in Malaysia. Despite the hectic schedule as a medical student, she continued modelling and even had an online business where she supplied OEM that was exported to countries like Dubai and Singapore.

"I started modelling when I was 16. Thus, I know that it is not easy to earn money. I learned how to survive with the money I had and at the same time, I would like to relieve my parents' financial burden as well," she explains.

A Facebook Love Story

"Facebook - that's how I got to know Harith!" she says, laughing.

While the use of social media sites enable people to connect more easily, it is also believed that social media could ruin relationships and contribute to the loss of the art of offline dating. Hence, it did not come as a surprise that people were either shocked or raised eyebrows when they heard of a love story like Harith Iskandar and Jezamine's since such a story is rare.

"I was active in modelling and still in medical school at that time. I opened a Facebook account when I was in the midst of the FHM magazine Girl Next Door contest and Harith was among the first few who messaged me. We started chatting for one month before it hit me that he might be someone in the entertainment industry. And no, I never bothered to click or check on his Facebook profile at all," she recalls.

Soon, they began messaging each other frequently and there came a point when they were exchanging messages every hour. When she got to know that Harith would be shooting in Klang, they exchanged number and decided to meet up after two weeks.

"It was awkward. The only thing he asked was if he could buy me coffee. To which I replied 'No, I can buy my own coffee' and I went on talking for 20 minutes while he just sat there listening. Then I bade him farewell and as I left, I saw a lot of people asking for his photograph and autograph. I thought I saw him in the 'Jangan Ketawa' sitcom before, but I still didn't know who he was at that time. It seemed everyone knew who Harith Iskandar was except me," she says with a chuckle.

As for their age difference, Jezamine only found out about it when they were dating each other for three months.

"I was asking him casually his age when he was driving me home one day. When he told me he was 42, I screamed and jumped off my seat. I was really shocked as he did look young to me. I kept quiet for a while and started digesting what just happened. Then, I decided that age is just a number," says Jezamine who was 25 at that time.

For Jezamine, dating Harith was like getting herself a Jack in the Box – full of surprises each day. But Harith's quirk was not the only thing that attracted Jezamine. He charmed her heart when she saw how devoted he was in taking care of his frail mother.

"He took care of his mother as if she was a precious diamond. His mum refused to move in with him. Thus, he would visit his mother at least four times a day, regardless of his busy schedule, to ensure that she took her medication and meals. He is such a loving person and I knew that this man would take care of me for real," she says with a smile.

Till Death Do Us Part

While wedding bells would make everyone happy and excited, Jezamine found herself in a bind when it came to her marriage to Harith.

"I used to be an obedient child and was particularly daddy's little girl. I knew my parents would flip if they knew I went out with Harith. Conversion to Islam was definitely a big no-no to them," she says.

Harith, always a gentleman, on the other hand, did not like the idea of being together with her behind her parents' back. "From the first day he dated me, he persuaded me to break the news to my parents and make it official. But I simply did not have the courage to do so at that time," she continues.

True enough, all hell broke loose when her parents found out her relationship with Harith. "My parents thought I was joking when I said I wanted to marry Harith. I was not allowed to go out, had limited access to my phone and they were trying to cut me off from Harith. I decided that I had to put my foot down on this matter and thus, I sat my parents down and talk to them about my decision. And the next thing I knew, I got kicked out from the house," she says with a laugh.

At that time, Harith's mother was ill in the hospital. Both Jezamine and Harith knew that it was his mother's wish to see them get married. "We told her to stay strong and that we would get married on her birthday in the hospital. However, she passed away three days later. Still, we wanted to keep our word and proceeded with the wedding on her birthday," she says.

Despite that, Jezamine's parents approved neither her relationship nor marriage to Harith. When Harith attempted to speak to his future in-laws, he ended up standing under the rain for two hours while Jezamine tried her hardest to convince her parents to meet Harith in person, but to no avail.

"I was upset but at the end of the day, I understood that as parents, they were only concerned about my wellbeing and worried that I would not have a good life," she says.

They got married in 2010. Despite the ceremony being attended by friends and only her two aunts and cousins, Jezamine decided to appreciate the best that she could have at that moment.

During their wedding in 2010



"I am grateful to have my husband and children. I appreciate every single day as Harith and the kids never fail to surprise me."

Jezamine Lim

Turning Point

Despite the ups and downs, Jezamine and Harith are now in a good relationship with her parents and family.

"Harith would always keep my father or brother updated about how I was doing although they were not on talking terms. When I delivered Xander Zayre in 2012, they came to visit us in the hospital and at home. We spoke as if nothing happened for the past three years," says Jezamine who now has two children.

Embracing Motherhood

"Both my kids bring me so much joy. It has been a wonderful journey with them and something good always happened along the way. Xander takes after his father – always a sweet little heartthrob while Alessandra (aged 18 months) is more mischievous and cheeky," she adds.

Both Harith and Jezamine agree that old school parenting is the best. Hence, her children are allowed to watch television for one hour a day. "The television room is on the third floor – technically, they have to climb the steps to earn their television time," she says.

Instead, they encourage their children to read or be involved in artwork. The usage of phone is limited during mealtime and they would always bring a bag filled with books and toys to keep the children occupied.

"Somehow, this forces us as parents to be disciplined. But it's hard not to check your phone at times," she says.

Harith also makes it a point to send Xander to school everyday regardless of how hectic his schedule might be. "The excitement on Xander's face when he sees me after school and his enthusiasm in telling me his days at school, words can't describe how fulfilling and satisfying it is," says Jezamine.

Jezamine is not only a mother and wife. She is also a model, entrepreneur, managing director of Harith Iskandar VDAY Production as well as a PhD student in stem cell and tissue engineering. This is when she learns to be disciplined and the importance of time management.

"Regardless of how busy we are, we would make sure that we spend time with our kids. That's where all the diaries, schedules and daily checklist come in handy. We also make sure that we work in advance for any upcoming project," she shares.

One thing for sure, Jezamine appreciates motherhood, for it is motherhood that makes her life more meaningful. Gone are the



Jezamine with her husband and son, Xander Zayre

days where her daily routine consisted of waking up, working and exercising. She didn't have to worry much about the future as well. But being a mother, she sees her children as "helpless" beings who need to be taken care of and blending them in her life. Yet, each day spent with her children fills her with joy and happiness.

Upcoming Projects

Jezamine loves challenges – not only they force her to step out of her comfort zone, she also enjoys the thrills in doing and experiencing new things.

"I wasn't excited when I got my medical degree. In fact, I even skipped my own convocation. Everyone can easily obtain a medical degree nowadays, which is why I decided to do something different and venture into stem cell research and tissue engineering. I'll probably be a happier person when I complete my PhD," she says.

That's not all. She will be producing the Kuala Lumpur International Comedy Festival that will take place in September this year with her husband as well.

"Our last project, Laugh Malaysia saw Harith performing in front of 9,000 people. Thus this time, we intend to achieve something bigger. We will be bringing in 60 comedians from all over the world for the Kuala Lumpur International Comedy Festival. We hope this will make Malaysia a destination where tourists come for our art scene as well. Malaysia has much more to offer than food," she adds.

The Present and Future

Jezamine lives her life like there's no tomorrow. Both she and Harith make it a point to tell each other 'I love you' first thing in the morning, and have a night date once a week. Sunday is usually the special day of the week where they spend time as a family and engage the children in a variety of activities.

"I am grateful to have my husband and children. I appreciate every single day as Harith and the kids never fail to surprise me. The only extra thing on Mother's Day? That would be blowing a candle on a cake on that day," she concludes.

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THE FLAWLESS FALLBACK

By Kathlyn Ursula D'Souza

Nothing takes care of me and looks out for me like FIRST™ by Celcom does. As a person who constantly relies on my phone and the Internet for the most simplest tasks such as researching in Google and all the way to the data-heavy routines such as streaming videos, the Celcom OPTIMISER™ is a lifesaver.

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because I am assured that Celcom will continue to go beyond borders to cater to my needs. I feel free, and I feel as if a great weight has been lifted off my shoulders. I get free Internet even after I exceed my initial Internet plan.

This new built-in feature that comes with the FIRST™ Basic Plan (RM85) will have me receiving an extra 2GB Internet, 2GB WiFi, 150 minutes of calls and 150 on top of my existing plan, which is 2GB Internet, 2GB WiFi, 100 minutes of calls and 100 SMSes. That means I get to use twice the amount of Internet I normally am allocated to without forking out an extra bit of money.

Yes, that's right. I do not have to sign up nor pay for this new OPTIMISER™ feature. There isn't any prompting nor warning, just that the OPTIMISER™ keeps track of my Internet usage and notifies me via SMS and automatically gives me more without me asking.

FIRST™

The extra Internet provided is certainly more than enough but I am again assured that once I have fully utilised OPTIMISER™ and still need additional Internet (perhaps during my chronic surfing days), I can always purchase Max Up or Max Up All.

Apart from that, if I ever get the urge to tear myself away from the Internet and start frequently calling and texting my family and friends, the OPTIMISER™ will also give me 600 minutes of calls and 600 SMSes without any additional charges. OPTIMISER™ is really a unique feature that works to give me more of what I used.

On another note, the FIRST™ ELITE comes with a second SIM, the only plan that rises above with twice advantages and really knows how to butter up its most loyal customers, since it knows how to separate work and play.

The FIRST™ ELITE privileges allow one to get 2 Preferred Numbers. An exclusive lane will also be reserved at Blue Cube with dedicated Personal Service Consultant with reserved parking at selected Blue Cube and Celcom Centres. In addition, an exclusive and dedicated customer service number to address all one's mobile needs FIRST™ ELITE will get to enjoy Priority Access on the launch day of the latest devices and a premium area reserved only for the FIRST™ ELITE customers in KLIA2.

FIRST™ by Celcom evidently cares about how to make its customers happy, and is ever ready to provide for them. It is like the best friend that is constantly looking out for me, and doing kind favours without asking for anything in return. I am sure that this will be a long-lasting friendship.



PEABO BRYSON

“KING OF THE BALLADEERS” LIVE IN GENTING



BY KATHLYN URSULA D'SOUZA

There isn't a chance that no one has ever heard of Peabo Bryson. His songs were the soundtrack for people in love back then. Even his younger fans are familiar with him, thanks to the Disney animated films *Aladdin*:

*"I can show you the world,
Shining, shimmering, splendid ..."*

and Beauty and the Beast:

*"Tale as old as time,
True as it can be ..."*

If those two still do not ring a bell, think of 'Tonight, I Celebrate My Love', which was the wedding song or first wedding dance for many, many couples. The good news is that the romantic and soulful singer is set to perform at Genting's Arena of Stars on May 16. Fans of old and new have the chance to fall in love once more with Peabo Bryson and his hits which include 'If Ever You're in My Arms Again', 'By the Time This Night Is Over' and a lot more.

Even after nearly five decades of being in the music industry, the American R&B and soul singer-songwriter from South Carolina isn't slowing down. He simply cannot imagine having any sort of trouble writing a new love song.

"There are no two relationships that are the same," said the artiste, "There are no two days in a relationship that are the same. Love and relationships – that's an inexhaustible subject matter."

“Love and relationships – that’s an inexhaustible subject matter.”



True enough, Bryson has been writing, singing, producing and wooing audiences ever since he was 14 years old.

“I think the sensitivity in my songs stems from my early childhood. I was raised by women - my grandmother, until she died, and my mother. My grandmother was a woman who lived and loved with incredible passion,” he said.

Bryson grew up around music, with the love for it being instilled in him by his mother who often took him to concerts. He mentioned Little Richard and Billie Holiday, but found that Sam Cooke had the utmost influence on him. It was pure quality, good wholesome from-the-heart music.

With his buttery soft voice and relaxed nature, Bryson completed the jump from being a back-up singer to singer-songwriter to being one of the big shots in the world of music today. He spawned many hits and a number of albums to date, but it was the two songs for Disney that earned Peabo two Grammys.

However, he isn't stopping there. After successfully transitioning into a world of international acclaim, he recently signed with Peak Records (a division of industry giant Concord Music Group) and proves that he still has got the goods to contend with today's R&B singers.

The legendary artiste truly is in a class of his own, offering a timeless mix of romance and soul which is – as he mentioned earlier – inexhaustible.

Date: Saturday, 16 May 2015

Time: 8.30pm

Venue: Arena of Stars, Genting Highlands

Tel: 03-2718 1118



Celebrity MUMMIES

Happy Mother's Day! This month we celebrate motherhood and the queen of our hearts. The bond between a mother and her children will never be broken no matter what, and mothers never cease to inspire, encourage and above all, love. They help their children to grow, prosper and reach greater heights. They have the greatest influence in human life. This month, we feature celebrity mums who are juggling their careers and motherhood. Despite them being celebrities, they are mothers first, and they go through the same things as well.

BY KATHLYN URSULA D'SOUZA



1. Marion Caunter

Known as the host of 8TV Quickie, and 8TV's urban content executive in charge of pre- and post-production of the station's in-house shows, Latte at 8 and Flava, Marion Caunter also co-hosted three seasons of One in a Million, 8TV's reality singing contest despite having joined Channel [V] as well. In 2010, she became the host of E! News Asia alongside Channel [V] colleague Dominic Lau and The Biggest Loser Asia Season 2 in 2010. She has two daughters with SM Nasaruddin, chairman of Naza Group of Companies.

"As a mum you're constantly juggling, you're still the mum, you still have to decide what they eat, and I'm constantly checking on them when I'm out," she says. "If you have more help the more you're controlling an entire household. It's managing everyone else as well."

2. Nora Danish

Stunning Malaysian actress Nora Danish is no stranger to controversy. Nora's striking good looks, with a hint of her Burmese ancestry, and her status as a single mother only serve as fodder for constant gossip. Despite the heavy attacks she is constantly facing, she deals with them calmly, as she stressed that her main concern has always and would always be her son, Putera Rayqal Rizal Ashram.

"I have to always be careful, even when choosing a school for him because people will always talk and he gets the brunt of it too. I want him to grow up happy and healthy," said the actress.

3. Sazzy Falak

Sazzy Falak, the current host of OMG (Oh My Gosh) on Astro Diva, is one of Malaysia's most recognisable stars. She flits easily between acting in Malay TV dramas and movies and hosting television shows in English and Malay. She is a mother to twin daughters – Iman Lily and Tiara Rose.

"Since I had my girls, it has gotten even better. In fact, my daughters have brought me luck. My passion for my career has also deepened because the realisation has sunk in that I now have to work to support my children. Why should marriage and children have any effect on a woman's career in the entertainment field? We should learn from Hollywood. Some of the most beautiful women like Angelina Jolie, J. Lo, Beyonce, Megan Fox, Sandra Bullock and so on have children and they are at the peak of their careers," she said.





4. Angelina Jolie

It is known all over the world that Angelina Jolie wears plenty of different hats. Apart from being an Oscar-winning actress, a humanitarian, a special envoy for the United Nations and wife of actor Brad Pitt, she is also a devoted mother of six – Maddox, Pax, Zahara, Shiloh, Vivienne and Knox. Her own mother, Marcheline Bertrand, had a great influence on Jolie as well.

“My mom loved being a mom and made sure her children knew every day how much joy we brought to her,” said Jolie. “I hope to give that to my kids.”

5. Victoria Beckham

Loving wife, originator of Girl Power, careers-switching entrepreneur, fashion designer and a mother of four. Fashion queen Victoria Beckham tops the charts as the world’s most inspiring mother. She has carved a successful fashion career while bringing up her large brood.

“I get up very early and go through spelling tests and time tables with the kids like any working mum. It’s difficult juggling work, having the children, and having a husband who travels,” said Beckham.

“It’s a huge juggling act, when you are a working mother and looking after your family. Millions and millions of women around the world are doing this every day. But it’s not easy and yes, you feel guilty every time you walk out of the door to go to work!” she added.

6. Gwen Stefani

She’s a band frontwoman, solo artiste, designer, singing competition judge, wife and a mother of three. She juggles her successful multi-faceted career and family life. Stefani initially dreamt of being a homemaker like her mother, but fate led her into her big brother Eric’s band, No Doubt.

“Making music is just not the same, and it’s never going to be the same after having kids,” said Stefani. “There’s no way to go back to having the freedom that you had creatively, because your energy is always going to be focused on the kids. Family and marriage and all those things have to come first, and it’s really different.”



PEUGEOT REDEFINES THE MALAYSIAN DRIVING EXPERIENCE

Nasim Unveils the All-New Peugeot 308 THP



From left to right: SM Nasarudin SM Nasimuddin, Christophe Penot, Samson Anand George dan Lionel Faugeres

Nasim Sdn Bhd, the official distributor for Automobiles Peugeot in Malaysia, unveiled the internationally acclaimed and award-winning all-new Peugeot 308 THP during a formal launch on April 8, 2015 at Zebra

Square, marking the car's official Malaysian release.

About 300 distinguished guests and members of the press were afforded the opportunity to

be introduced to the model and to experience for themselves its sleek design, premium interior, market-leading safety features and its significantly enhanced features. The event was also graced by the presence of French ambassador to Malaysia, Christophe Penot.

Having won the Car of the Year award at the Geneva Auto Show in March 2014, the all-new 308 THP is poised to redefine Peugeot's strength in the region, given its heightened focus on strategy, technology and ecology.

In essence, the unveiling of the all-new Peugeot 308 THP serves to solidify the marque's position as a formidable contender, not just in Europe but across the globe.

The all-new Peugeot 308 THP can now be viewed at the nearest showroom. It comes with a five-year warranty with unlimited mileage and complimentary Peugeot Lounge access. For a full list of showrooms, visit Peugeot's official website.

NAZA EURO MOTORS LAUNCHES AWARD-WINNING CITROEN GRAND C4 PICASSO

Naza Euro Motors has unveiled the award-winning Citroen Grand C4 Picasso in its Petrol variant. The MPV was first previewed in Malaysia in June last year. The following October saw the introduction of a now sold-out Diesel variant where it won in the MPV category at the NST-Maybank Car of the Year Awards 2014.

"Naza Euro Motors finished 2014 strong not only with a local Car of the Year victory for the Grand C4 Picasso but also recording over 110 percent sales growth compared to 2013.

"We will continue to ride on this wave of momentum by taking a step forward with the award-winning Citroen Grand C4 Picasso. According to MAA reports, MPVs were the second biggest sub-segment of the market in 2014 with a share of 16 percent. It is safe

to say the Grand C4 Picasso will be our main volume driver," said Datuk Samson Anand George, chief operating officer of Naza Euro Motors Sdn Bhd.

The Grand C4 Picasso was available to be test-driven at all Citroen outlets nationwide on April 18 and 19.

Klang Valley residents could pop by the Grand C4 Picasso roadshow at MidValley Megamall from April 16 to 19 for an up-close and

personal look at the multi award-winning MPV. They will be treated to coffee served by the Mobile Citroen Parisian Café, a distinctive touch by Citroen.

Currently showcasing the DS3, DS4, DS5, Grand C4 Picasso and the C3 are the Citroen Glenmarie showroom in Shah Alam, Citroen Puchong and NAZA Automall in Petaling Jaya, Citroen Penang Island in Island Glades, Citroen Juru Auto City on the Penang mainland and Citroen Johor Bahru.



MAKAN-MAKAN PREVIEW

Torii, Yakitori and Whiskey Bar



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Chinese Traditional Desserts

LISA WONG

On being a vegetarian and advocating healthy living

BY JANE BEE

Meeting Lisa Wong for the first time, she reminded us of a sunshine. The host for NTV7 simply got us moving along with her bubbly personality and her contagious laughter that exudes happiness to people around her.

But one thing for sure, Lisa is more than just a host, as she also takes pride in being a vegetarian and in following a healthy diet and lifestyle.

"I had always been tempted to be a vegetarian when I was a teenager. I used to stash carrots and tomatoes in my room to ensure I had a continuous supply of vegetables when I was in high school.

"However, when I watched a video about an animal slaughter that was forwarded to me via an email chain, it was the turning point. I realised I could never consume meat again and made a decision that Jan 1, 2010 would be the day when I became a vegetarian," she said.

And true enough, we could see her satisfaction and happiness when she was sharing the benefits of vegetables with

us at one of her favourite restaurants, Green Meadow.

"I was shopping around this area when I decided to have some organic vegetarian food. Started googling around and I discovered Green Meadow. I love the ambience of the restaurant and above all, I like its concept of using organic food. That's how I ended being a regular customer here," she said.

On days when she is feeling low in energy, Lisa will go for the Energy Booster (RM14), a drink that consists of lettuce, alfafa, mung bean sprouts, turnip, carrot, cucumber, pineapple, apple, raisins to replenish her energy.

And yes, just by reading the ingredients is more than enough to have most of us frowning in disapproval. "Not everyone can accept vegetable juices instantly. It took me a while to get used to the new flavour. And that is what amazing about human beings – the more you eat clean, your taste buds will eventually change to the preference of healthy food," she said with a laugh.

Lisa's favourites at Green Meadow include Korean Bibimbap (RM15.90) that comes in charcoal brown rice, lettuce, bean sprouts,

carrot, cucumber, nori, tofu and special homemade Kochujang sauce, and the Oriental Salad (RM12.90), where one can toss the carrot, cucumber, turnip, purple cabbage, beet root, pickled young ginger, brown rice crackers and special sauce (made from plum sauce, olive oil and peanuts) like a yee sang.

Lisa has also explored new dishes such as the Rojak (RM6.90), Salad Bean Pouch (RM5.90) and Sweet Potato Balls (RM5.50) where the three potato balls are coated with peanut, black and white sesame as well as 7-Treasure Booster.

"I love how the food served here as it leaves me feeling light and good about myself. Everything is homemade, especially the sauces and they was really healthy," said Lisa.

Despite each dish looking simple and plain, we were surprised to discover that a lot of research was required in coming up with these dishes. Being vegetarian is not all about just eating vegetables. One would need to take into consideration the nutrients to ensure sufficient essential nutrients for the body. The Oriental Salad, for example, consists of ingredients that compliment and enhance the benefits of each ingredient.

"As a vegetarian, I have very specific diet. It is essential that we consume a variety of vegetables – from beans, roots to leaves to ensure our body is not lacking in nutrients. It is also important to be well informed when you want to change your diet," Lisa noted.

Being a vegetarian does not stop Lisa from enjoying meals with her friends as well. "I can always pick up something, for example, I will still go for wantan mee but I'll just eat the noodles, vegetables and egg, if there's any. When I go home, I'll prepare a complete vegetarian meal in my kitchen," she added.

It took a lot of willpower when she started to be a vegetarian. But for Lisa, it was worth every effort she put in. She has always wanted to help people to live a better and healthier lifestyle and thus, decided to pursue her studies in diet and nutrition.

"This is my interest and passion. If I ever leave the broadcasting industry, it will be because of me wanting to speak on health-related topics," she said.



Korean Bibimbap



Green Meadow

62-62C Jalan SS2/67, 47300 Petaling Jaya, Selangor
Tel: 03-7873 0366

SALT 'N KOLFIE GALLERY

BY JANE BEE

A distinctively peculiar café

Thanks to the café boom that's been taking place in the Klang Valley; excellent coffees are available almost everywhere. Yet, there is one particular café that decided to break away from the usual norm – Salt 'N Kolfie Gallery simply doesn't have any room for mainstream coffee.

Tucked away in Jaya One, Salt 'N Kolfie Gallery is all about being unique with its out-of-the-box menu. Forget your usual espresso or latte, for everything about the café would basically have you going gaga over it.

To begin with, Salt 'N Kolfie Gallery makes a perfect place for a candid, pretty picture, particularly for the Instagrammers. The restaurant is filled with misfit furniture that somehow adds a touch of perfection to the interior. The pinch of bright colours when combined with the dim lights exudes warmth and cosiness to the palce. It wouldn't be surprised for one to get sunk in the comfort and lose track of time in here.

The coffee served here does not only appeal to coffee lovers and enthusiasts, but will also catch the attention of non-coffee drinkers. The Signature Salty Kolfie is a pleasant surprise. Consisting of latte, special syrup and a pinch of sea salt, it is both aromatic and refreshing. The Accidental Affogato, on the other hand, is the best of both worlds. It comes in espresso with a scoop of sangkaya ice cream, so it can be a drink or dessert. The mixture of both hot and cold, bitter and sweet is intriguing – sending a va va voom sensation to your tongue.

However, it is the aftertaste that gets you hooked on it. The transition from pleasant bitterness that is gradually replaced by a tingling saltiness left lingering in the mouth is what makes these drinks irresistible and memorable.



Tofufah Ice Cream & Salt N Kolfie



Signature Coconut Icecream



Accidental Affogato



Tiramisu

A cup of coffee is never complete without a piece of cake. Unlike others, Salt 'N Kolfie Gallery serves cakes that attract attention and curiosity with its atypical names and recipes. Taufu Fah Cheese Cake and Salt 'N Kolfie are a few of the cakes that are attention worthy, especially for avid foodies and adventure seekers.

Taufu Fah Cheese Cake provides the best of both taufu fah and cheese – with the smooth taufu fah texture accompanied by a tingling cheesiness in the mouth. The mild taste is enticing and timeless for one can never get tired of it. The Salt'N Kolfie would best suit those who are into flavourful food. Its chocolaty, coffeety and yet slightly salty, making it a certain awkward taste combination. But the taste isn't bad at all and when paired with the topping that consists of pretzel, seasalt and coffee, it is equally appetising.

Be sure to check out its Tiramisu as well. Don't be fooled by its appearance – the perfect texture and generous amount of mascarpone cheese can effortlessly charm your taste buds at first taste. Served in a jar, it looks as cute as it is delicious.

Be sure not to miss the famous Sangkaya ice cream as well. While it is served in cone and cup, it is recommended to go for the signature ice cream that comes with four scoops of ice cream, coconut flakes and a choice of three toppings from a selection of corn, peanut, coconut, Nestum oat, corn flakes and kidney beans.

Salt 'N Kolfie Gallery also serves good chocolate drinks with beans imported from New Zealand as well as Chateau & Rouge, where it is the only café that carries this tea brand. Toasties and bagels make up part of the menu as well.

Be it the atmosphere, desserts or drinks, one will definitely find one's way back to this café once again for more coffee or cake fix. After all, how can one ever get tired with all the peculiar, yet interesting menu?

Salt 'N Kolfie Gallery

E-83-G.3G The Square, Jaya One, 72A Jalan Universiti,
PJS 13, 46200 Petaling Jaya, Selangor

Tel: 03-7932 1523

Opening Hours: 10am to 10pm

WORLD'S TWISTED FOOD CATERING

Home Cooked Food with a Twist – Delivered!

(non-halal)

BY KATHLYN URSULA D'SOUZA



Burmese Pork Stew with Japanese Marinated Eggs with Sesame Rice

Are you away from home and missing home-cooked food? Have you ever thought how nice it would be to have home-cooked meals delivered to the office instead of having to drive out and think about where to eat today?

Well, thanks to a chap named Marcus, now you can. Satisfy your craving for those meals cooked by mummy or granny through WTF (World's Twisted Food) catering. You will have your meals delivered right at your doorstep, and we got him to deliver five sinfully delicious meals right to our office.

Started up in February this year, just in time for the Chinese New Year, this caterer turns basic home-cooked food into something more than that with a little bit of twist – jiving it up with his Asian fusion dishes.

Marcus was previously attached to an advertising firm for nine years where he was involved in Events Marketing, but after so many years, the mundaneness got too tiring. It was around the same time that his friends from Monkey Garage Gastropub (now closed) employed his help to do some PR and marketing for their dwindling restaurant. Being a foodie himself, he volunteered to taste the food which, unfortunately, were bought from other people and were microwaved.

"Salmon steak was like cat food, and the chicken chop was like cardboard!" he said, laughing as he reminisced.

He then suggested that he cook, so the rest could try them out and see how it went. The dishes that he made eventually became Monkey Garage's signature dishes – the Harmi Pasta, for example, obviously home-made with a bit of a twist to it.



Sesame Soba Salad



Pork Bone, Lotus Root & Roasted Dried Squid Soup with Truffle Oil



Salted Egg Chicken Burger

WTF Lunch Boxes

One may opt for the 1-week, 2-week or 1-month plan starting from this month (May).

Mondays to Fridays.

Menus are changed everyday and Friday is considered a cheat day, where one may indulge in pork, pasta and other delightfully heavy treats.

When asked if he had any other ideas under his sleeve, Marcus said, "Baby showers." According to the Chinese, it is customary to send gifts (in the form of food) to their friends to celebrate their child's birth – chicken, ginger, and other types of food that are often associated with prosperity.

WTF Catering also covers parties, private parties, couple dinners while Marcus can also serve as a private chef to cook in your own home.

For him, it is all about taste, and despite the haphazard style, the food is absolutely divine.

You may contact Marcus (WTF Catering) at 012-232 0239
Or follow him on Facebook at World's Twisted Food Catering.

Initially brought on to train the cook to recreate his dishes, the pattern of going back and forth from the office to the restaurant was too tiring. He also felt the need to be at the restaurant so he offered to stay at the restaurant and quit his job.

He continued his culinary voyage, and started his own catering company with lots of support from his loyal customers.

What initially started out as fresh fruits and yee sang with home-made pineapple

sauce, immediately took off and within days he had sold over a hundred boxes of it and continued even after Chinese New Year. That gave him the confidence to carry on, and now he is offering lunch box services – for those who are stuck at the office and loathe the idea of having to drive out for a meal. Health freaks who cannot find the right meal are a big part of his target market too, as the idea is to bring healthier food options to them instead of them having to wrack their head thinking of what to eat and that would not sabotage their diet.

TORII, YAKITORI AND WHISKEY BAR

OFFERING THE ESSENCE OF JAPAN

BY JANE BEE

Bonded Unagi & Foie Gras



Torii, Yakitori and Whiskey Bar

Lot 8-6 Jalan Batai, Damansara Heights
50490 Kuala Lumpur

Tel: 03-2011 3798 / 019-203 7093

Website: www.torii.my

Opening Hours: 11.30am to 2.30pm
& 5.00pm till late daily

The Torii & Hidden Green



Sweet Potato



Smoked Duck



Rock Lobster



Tucked away in Jalan Batai, Torii, Yakitori and Whiskey Bar offers the best of Japan – top-notch yakitori and whiskey. And while the food may not appear to be Instagram-friendly, the taste will surely blow your mind away with your taste buds begging for more of it.

The sleek design of the interior emits the essence that represents the best of both traditional and modern Japan. The wooden furniture, the sleek black wall painted with samurai warrior, the yakitori bar and a pinch of red throughout the restaurant make a perfect space to unwind after a hard day at work or for a casual catch-up with friends and family.

Skewers served here certainly give you a taste of Japan. Although only basic ingredients such as sea salt or shoyu sauce are used in the preparation, the chef does an excellent job in highlighting and enriching the original flavours of the ingredients. Take the Wings (RM8 per skewer), for example. Despite grilled with only sea salt, each bite introduces a tang of saltiness that dances on the chicken wing texture along with the smoky taste. Definitely a good example of originality.

The Smoked Duck (RM12 per skewer) and Rock Lobster (RM10 per skewer), are worth trying. The tender smoked duck, when paired with Welsh onion provides the addictive crunch at the beginning before settling for a softer chewing experience. The rock lobster is grilled to perfection where it retains the crunchiness without overcooking it.

While Pregnant Fish (RM12 per skewer) and Sweet Potato (RM5) do not have an attractive presentation, the flavour of the food nevertheless compensates the lack of presentation. While they may be on the simpler menu, they can hook your taste buds with their simplicity.

Torii, Yakitori and Whiskey Bar does not only focus on yakitori but also offers a range of tantalising and

scrumptious mains and delicacies. Indulge in the Bonded Unagi & Foie Gras (RM28) for a memorable appetite kickstart. The flavourful grilled river eel, egg and pan-seared foie gras leave your taste buds feeling ‘va va vooom’ with the excellent texture that melts in your mouth like butter.

Avocado De La Mer (RM18) charms you with its complexity. When you bake seafood along with avocado, mushrooms, piquant miso and cheese, there is no way you can resist the tempting aroma. Neither can you resist the mouth-watering texture that sends shock waves to your taste buds – with the fusion of flavours bursting in the mouth.



Looking for something filling? Be sure to go for the Mentaiko Pasta (RM20). While mentaiko (marinated roe of pollock and cod) tastes good on its own, it tastes even better when mixed with spaghetti, herbs and seaweed. Providing a tang of creaminess that blends perfectly with the fish roe, this plate of pasta is simply addictive and savourish.

Whiskey-N-Raisin and Yuzu Umeshu ice cream (RM11 per scoop) would be the best dessert to wrap up the meal. However, the meal can never be complete without the cocktails and whiskey. Here at Torii, Yakitori and Whiskey Bar, one does not only get to indulge in the finest-quality whiskey and sake, but also an extensive selection of cocktails and mocktails.

The minty yet refreshing Hidden Green that consists of a mixture of gin, umeshu, yuzu and green apple is definitely a lady’s ‘it’ drink. The Fat Baby, on the other hand, is bold in flavour. A mixture of spiced rum, baileys, salted caramel, milk and green tea, the tough factor of the drink in general depicts manliness and assured air of a man.

The eatery’s lunch menu and weekend brunch are worth trying as well. Not only affordable, one actually will be getting more than what one pays for, making the dining experience even more satisfying.

BAIT

Where you get to taste the best flavour of the ocean

BY JANE BEE



1/2 Kilograms Australian Yabbies

The colourful squishy pillows, wood furniture, multi-colored lights and sleek bar, when combined with the modern design leave one sinking into cosiness in the restaurant.

Since its opening two years ago, Bait has made itself the 'it' place for any occasion. Be it dinner, drinks or light food, its extensive menu would leave an indelible impression on your taste buds. As its tagline goes, "When you fish for love, bait with your heart, not your brain."

Oyster lovers would rejoice with its oyster bar. A variety of oysters is available but be sure to kickstart your appetite with Dutch Creuses No 3 (RM10 per piece nett) with its light and fruity flavour. The creamy and soft texture of the Irish Nugget (RM8 per piece nett) with a hint of spiciness is simply irresistible. Plus, one can enjoy the Irish Nugget at only RM7 per piece during happy hour particularly on Sunday. A perfect catch!

For adventurous foodies, the Oyster Shooter is highly recommended. It is brilliant that by using ingredients such as tomato juice, tobasco, pepper, vodka and with an oyster, would produce such a mindblowing cocktail. It is a perfect drink for a "Truth or Dare" challenge as well.

Oyster was not the only thing that got us excited here. The Porcini Mushroom and Parmagiano Reggiana (RM22) left us feeling va va voom with its unique twist. By utilising the strong character of porcini mushroom, the piquant flavour of the Swiss brown mushroom and smooth Parmagiano Reggiano cheese, each spoon of the soup was simply compelling and inviting.

Bait's main menu is carefully crafted where each dish is designed to introduce a small parts of the ocean to its patrons. The Seafood Jambalaya (RM138) is one of the perfect examples. Every spoonful of the long grained rice cooked in seafood stew will leave you feeling closer to the ocean. Plus, the sight of generous seafood such as jumbo freshwater prawns and mussels will sure to leave you delighted as well.



Sous Vide & Grilled Galician Octopus (220gm)



Vitello Tonnato

Bait

65 Jalan Telawi 3, Bangsar Baru 59100 Kuala Lumpur
Tel: 03-2201 8187
Website: www.baitkl.com



Sweets Platter

Yabbies is also a must have here. At Bait, half a kilogramme of Australian Yabbies (RM69) is a catch - not only it is at great value, savouring the fresh yabbies is simply satisfactory. It is cooked in tomato broth, piquillo peppers, saffron and white anchovies, making the dish savourish and it didn't come as a surprise that we ended up wiping the plate clean.

The Sous Vide & Grilled Galician Octopus (RM112) got us addicted with its chewy texture and tantalising flavour. Served together with potato confit, caramelised white onions with squid ink and fresh flinder leaves that compliment the octopus further, it got our taste buds hooked on it. It also makes a perfect dish to be taken over a drink or as a snack as well.

We were also going head over heels with the Tagliatelle Alaskan King Crab (RM66). The homemade tagliatelle pasta was made to perfection and when cooked with Alaskan king crab, cream and egg, it was a bomb. It was flavourful without overwhelming our taste buds and we just couldn't get enough of it.

It is also at Bait where one gets to have dessert in style. Bait Dessert on Plank 69 definitely had us going 'ooohhhh' and 'aahhhh'. Be it presentation or taste, no grade suits it better other than A+. The combination of dark and white chocolate gelato, chocolate crumbs, honey comb, salted sugar, panna cotta a'la kuih talam, sago with coconut gelato, gula Melaka, crema catalana with Saigon cinnamon, matcha (Kabusecha green tea) crème brulee and cotton candy gives you everything you need. Sweet, salty, bitter, sour and umami (a savoury taste) are all there for you through a mix-and-match.

BANANA LEAF RICE

Just the thought of banana leaf has the power to make you salivate. It probably is the messiest (somehow the food tastes even better when you eat with your hands), yet most fulfilling meal. Think about it – rubbing your belly with a goofy smile and a content sigh only comes about after this satisfying feast.

BY KATHLYN URSULA D'SOUZA

SRI NIRWANA MAJU

Perched right in the middle of the Bangsar upscale area, squeezed in between pastry shops and fine-dining eateries, one will find this establishment constantly packed and filled with long queues. Enjoy contrasting sides, textures and condiments with your rice, especially the fried bitter gourd that comes in heaps.

43, Jalan Telawi 3, Bangsar Baru, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

DEVI'S CORNER

There isn't a chance that anybody venturing into the Telawi area would miss this place. Located directly opposite Bangsar Village, this is a 24-hour eatery that is only closed on Deepavali. It is never empty and it is famed for its banana leaf rice. Climb upstairs to the air-conditioned space, for this is where they serve the banana leaf rice with seating arrangements that sometimes will have you sitting next to strangers – which sort of enhances the experience of enjoying a lovely meal with people who come by for the same purpose.

69, Jalan Telawi 3, Bangsar Baru, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

NAGASARI CURRY HOUSE

This joint is always overflowing with people too. It is said that this restaurant's vegetable curries are some of the best in town, so it is best that you drown your rice with them. However, the sought-after banana leaf rice is only available at lunch time, so prepare to be swarmed by office workers around that time. Beer is also served for those who want to up the satisfaction a little bit more.

Jalan Nagasari, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur



ANNALAKSHMI

"Eat to your heart's content, Pay what your heart feels."

The proceeds from the meals at this vegetarian restaurant (which runs as a non-profit organisation) are donated to charity, and the workers here are all volunteers. Classical Indian music and dance are taught here at the Temple of Fine Arts (which shares the same premises). The buffet, which is done in the style of banana leaf rice, is available daily except Monday. About 10 to 15 dishes are served here, and all at a very reasonable price.

116, Jalan Berhala, Brickfields, Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur



JAIPUR CURRY HOUSE

This is definitely the cheaper option when it comes to banana leaf rice. Customers may choose between the biryani or basmati rice. The thick, rich and spicy crab curry is highly recommended. The banana leaf rice here comes with payasam (Indian rice pudding dessert) and rasam (a sour-and-spicy soup that serves as the appetiser).

32, Jalan Tun Mohd Fuad 1, 60000 Kuala Lumpur

RESTORAN SRI SURIA CURRY HOUSE

South Indian food is served here with some bits of Malaysian influences. Located not far from the Sri Shakti Esuary Temple, the fried chicken is highly recommended here as it is fried with its secret batter and spices, which will serve as a nice companion for the banana leaf rice.

3A & 5, SS 3/39, PJ 21, Petaling Jaya, Malaysia

JALAN KENARI, PUCHONG

While Puchong may be a busy township, it is worth noting that they do have some comfort food to satisfy the cravings of both the residents and visitors. In this issue, we share with you our choices of food from Jalan Kenari.

BY JANE BEE



FOOD TALK CAFÉ

If you are looking for satisfying food, be sure to try out the Barcelona Chicken Chop (RM22.90). The charboiled chicken chop that is topped with ham, sliced sausage and melted cheese allows you to enjoy both the tender chicken and the savourish topping with one bite. It definitely makes a perfect, simple comfort food.

No 11 Jalan Kenari 8, Bandar Puchong Jaya, 47100 Selangor



KIMCHIHARU

Mention Korean BBQ and most of us would immediately think of beef or pork. KimchiHaru, however, begs to differ by offering something entirely different – the Kimchi Duck (RM37.80). Slices of duck breast are prepared in the Korean-style BBQ that enhances the natural flavour. Each slice of duck breast is streaky and crispy, making it irresistible. While it tastes good on its own, you can eat it with the Korean sauce for a kick of spice.

G55, IOI Boulevard, Jalan Kenari 5, Bandar Puchong Jaya, 47170 Puchong

DAMANSARA HOKKIEN MEE RESTAURANT (non-halal)

The signature hokkien mee (RM8.50) is not to be missed when one dines in this restaurant. They are not only generous with the ingredients such as prawn, fish, cabbage, fish cake and the irresistible lard, one would get to enjoy the flavourful yet tangy and chewy noodles as well, particularly when the dish is eaten together with sambal belacan. Unless you are a big eater, this plate of noodles is perfect for sharing by two persons.

No 37 Jalan Kenari 17C, Bandar Puchong Jaya, 47100 Puchong



U-DESSERTS

Durian lovers will definitely love the Ice Cream and Pomelo in Durian Sago Sweet Soup (RM12.80) served here. Unlike the usual commercialised durian ice cream, fresh durian pulp is used in preparing this dessert. Thus, one can easily taste the creamy yet smooth durian texture as well as the strong smell of durian. It's delicious and simply memorable.

G-19 Jalan Kenari 5, IOI Boulevard, Bandar Puchong Jaya, 47170 Puchong

ONE FAMILY STEAMBOAT

Steamboat – Malaysians can never resist this simple comfort food. We were more than happy to settle for the pork bone soup (RM13.80) and tom yam soup (RM8) – the spicy tom yam and flavourful pork bone soup are simply delightful. Taken with a variety of ingredients that come in a set that includes fresh seafood, noodles and homemade fish paste, this will certainly warm both your heart and stomach any time of the day.

G15, IOI Boulevard, Jalan Kenari 4, Bandar Puchong Jaya, 47100 Puchong



CHINESE TRADITIONAL DESSERTS

Modern desserts such as cakes and ice cream can never replace the traditional ones that are passed down for generations. They are irreplaceable, unique and each spoonful contains precious memories of days gone by or your childhood. In this issue, we share with you our pick of Chinese traditional desserts around the Klang Valley.

BY JANE BEE



GREEN BEAN SOUP (RM2.00)

One can never go wrong with this timeless green bean soup. Cooked together with sago, the aroma of the soup is all it takes to attract your attention. The smooth, and flavourful soup is easy on the taste buds. It is not greasy either and this allows one to go for a second or third serving without feeling overwhelmed.

*Hong Kee Dessert
Jalan 17/27, Seksyen 17, Petaling Jaya
Opens from 6pm till late night*

DAN CHA (RM2.30)

Once tasted, this bowl of dan cha will etch deeply in your memory. The mixture of both sweetness and bitterness of the Chinese herbal tea, when served together with the flavourful egg, is simply irresistible. Instead of just boiling the eggs, the dan cha served here is slow-cooked for a long time, allowing the eggs to adsorb the essence of the herbal tea. This is definitely a must-try!

A standalone stall beside HSBC Bank off Jalan Ipoh, 51200 Kuala Lumpur. Opens from 8am to 4pm on Monday to Saturday (currently only opens on Thursday and Friday)



STEAMED EGG (RM2.20)

It is not often that you get a bowl of delicious steamed egg nowadays. We were absolutely thrilled when we discovered this little stall – the steamed egg is not only smooth, but it also highlights the pleasant taste and flavour of the egg. Best eaten when served hot and we wouldn't mind indulging in it while standing by the roadside.

*Wai Sek Kai
Jalan Sayur, Pudu
Opens from 3pm to 9.30pm*



SWEET PEANUT SOUP

While most people would shy away from sweet peanut soup simply because the sweetness is overwhelming, this bowl of dessert served at this stall got us hooked and going gaga over it. A lot of people opt for take-away, so be sure to be there early to avoid any disappointment.

A standalone stall beside HSBC Bank Off Jalan Ipoh, 51200 Kuala Lumpur Opens from 8am to 4pm on Monday to Saturday (opens on Thursday and Friday for the time being)



SHOPPING PREVIEW



- 44 Hotpicks Women
- 45 Hotpicks Theme
- 46 Hotpicks Men

**FOR
HER**

GIFTS FOR OUR DARLING
Mothers



1

1. Sticker Artwork

"This style was inspired by the idea of taking stickers that were my schoolgirl version of 'personalisation' but making them beautifully handcrafted in leather. My idea was that you can 'sticker up' your handbag or phone or notebook and make it into your own personal artwork or buy bags that already have sticker designs worked into the leather. I love the combination of a grown-up snakeskin handbag smothered in leather stickers."

– Anya Hindmarch on the Ebury Large Featherweight All Over Stickers in Chalk Capra with Light Grey Suede, SS15 Collection



2

2. Retro Appeal

With high-fashion appeal and go-anywhere comfort, the Adeline features subtle cat-eye angles with striking metal accents. Strike gold in these Rose Crystal Rose Gold accented retro shades.

Hundred percent protection, metal temples, combination material front and hand-painted stripes. **TOMS' Adeline Rose Crystal Rose Gold RM659**



3

3. Mum's Treasure

Celebrate your mother with elegant pieces inspired by the herons that grace beautifully embroidered Manila shawls. An important bird in Eastern history, the heron is a talisman that attracts happiness and prosperity. In Feng Shui, it wards off negativity. The piece evokes class, elegance and grace, with master craftsmanship and attention to detail. Show her how much you love and honour her with a timeless addition to her jewellery collection, which she is sure to treasure for years to come. **Carrera Y Carrera, Garzas Seda Imperial Collection**

4. Close Bond

Looking for a nice, symbolic gift for mother? A combination of white gold, diamonds and leather adds a refreshing



4



5

twist to a mother's jewellery collection, giving her a stylish yet elegant persona. This bracelet is versatile and will surely stay classy for a long time to come. The white gold floral design features interweaving diamond-studded and highly-polished petals to symbolise the close bond between mother and child, while the classic four-leaf clover design signifies luck and good fortune.

POH KONG, Diamond Leather Bracelet

5. For the Queen of your Heart

A ring from the Gübelin Trilogy Collection, underscores the many different roles a modern mother plays as she juggles family and career. It can also symbolise the special way she has of bringing the family together. Featuring a brilliant combination of the finest coloured gems – the luscious green of a tsavorite set against a yellow sapphire or orange garnet, the deep blue of a sapphire combined with a peridot and amethyst – evoke harmony and allure. **Gübelin**



1

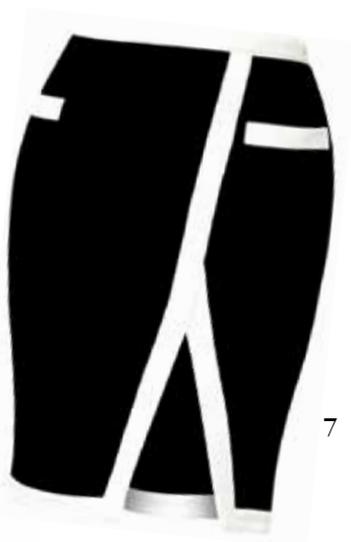
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6



2



7



4

5



ALL IN BLACK AND WHITE

1. Malvic Cuffs, **Intricate Cufflinks**, RM89.90 . 2. Something Borrowed, **Dual-Colour Metal Necklace**, RM35
 3. Striped Turtleneck Dress, **ZARA**, RM229 . 4. Melissa Bite, **Melissa**, RM599 . 5. Folded Lapel Jacket, **ZALORA**, RM99
 6. Coachella Patterned Scarf, **H&M**, RM24.90 . 7. Midi Wrap Skirt, **ZALORA**, RM89

FOR HIM

1



2



3



6



5



4



7



1. Wool Jacket, **H&M**, RM499 . 2. Modern Metal Polarized Sunglasses, **Emporio Armani**, RM880
3. Rib Cage Leather Wallet with Coin Pocket, **Alexander McQueen**, RM736 . 4. Double-breasted Blazer, **H&M**, RM249
5. 1953 Horsebit Loafer in Leather, **Gucci**, RM1960 . 6. Checked Faux Leather Laptop Bag, **Burberry**, RM4100
7. 501 Levi's Original Fit Field of Dreams, **Levi's**, RM329

ART & LIVING PREVIEW



KHALIL IBRAHIM B. Kelantan, 1934, Sawah Padi Series, 1957, Oil on board 30 x 45.5 cm RM 45,000 - RM 70,000

KLAS ART AUCTION MALAYSIAN MODERN & CONTEMPORARY ART



SUNDAY, MAY 24, 2015 | 1.00 PM | CONNEXION@NEXUS, BANGSAR SOUTH

KLAS ART AUCTION
MALAYSIAN MODERN & CONTEMPORARY ART
EDITION XV



AUCTION DAY : SUNDAY, MAY 24, 2015 | 1.00 PM | CONNEXION@NEXUS, BANGSAR SOUTH

Kuala Lumpur Full Preview

May 7 - 23, 2015

KL Lifestyle Art Space

150 Jalan Maarof, Bukit Bandaraya, 59100 KL

Open daily from 10am to 7pm



ABDUL LATIFF MOHIDIN B. N. Sembilan, 1941

Landskap Rimba, 1995

Oil on canvas 81 x 203 cm

RM 380,000 - RM 500,000



SRIHADI SOEDARSONO B. Indonesia, 1931

Bidayu Ketawang - Beauty of Soul, 2015

Oil on canvas 150 x 150 cm

RM 220,000 - RM 320,000

KLAS will present its third auction for 2015 – the KLAS Edition XV – on May 24, 2015 at Nexus 1 Ballroom, Level 3A Connexion@Nexus, Bangsar South City. The auction will feature an outstanding selection of works by Malaysian and Southeast Asian modern and contemporary artists.

An outstanding, remarkable piece by Abdul Latiff Mohidin makes an appearance in the upcoming auction – a piece off his renowned Rimba series. Incredibly stunning and aesthetically pleasing, this piece measuring 81 x 203cm and titled “Landskap Rimba” would most definitely garner a lot of attention, praise and bids, as is expected of a masterpiece by Abdul Latiff Mohidin.

A mammoth piece by Indonesian artist Srihadi Soedarsono will also go under the hammer, as this enthralling and spiritual oil-on-canvas piece measuring 150 x 150cm was what brought the artist to fame, as he was one of the rare artists to be invited to capture the Bedaya Ketawang dance performance. Opportunities to capture this dance are so rare, as it is only performed during the coronation of a sultan or on his birthday.

Another artist who is an avid capturer of the dance form and the amalgamation of dance and canvas, Ahmad Zakii Anwar will have



AHMAD ZAKII ANWAR B. Johor, 1955
Legong 4, 1997
Acrylic on canvas 120 x 180 cm (Diptych)
RM 90,000 - RM 120,000



CHUAH THEAN TENG, DATO' B. China, 1912-2008
Untitled, 1970s
Batik 57 x 44.5 cm
RM 25,000 - RM 45,000

one of his Legong dance pieces auctioned off. This 120 x 180cm is mystifying, mysterious and ethereal all at once and is expected to fare extremely well.

Fans of Yusof Ghani would be pleased as quite a few of his pieces are going to be auctioned off this time around, including pieces from Segerak, Tari and Topeng. A beautiful batik piece by Dato' Chuah Thean Teng has got many bedazzled already and is one of the top highlights in the upcoming auction.

Other regulars such as Awang Damit Ahmad will have his work from emotionally-charged EOC go under the hammer, as will



YUSOF GHANI B. Johor, 1950
Siri Topeng Jerantut, 1995
Oil on canvas 93 x 85.5 cm
RM 22,000 - RM 35,000

Khoo Sui Hoe's with two spiritually poignant pieces and Zulkifli Yusoff's sociopolitical and satirical pieces.

Other ensembles to go under the hammer are by notable artists such as Chen Wen Hsi's famous painting of gibbons, a Chinese classical painting by Yang Zhengxin, a canvas study on cats and leopards by Popo Iskandar, works by fantasy painters Jolly Koh and Ismail Latiff, and Khalil Ibrahim who is known to encapsulate the spirit of the East Coast with watercolour.

KLAS Edition XIV will also be featuring works by Filipino masters such as Cenon Rivera and Cesar Buenaventura.



YUSOF GHANI B. Johor, 1950
Segerak Series (Gracious Movement) Blue Wave, 2005
Oil on canvas 183 x 165 cm
RM 80,000 - RM 130,000



CESAR BUENAVENTURA B. Philippines, 1919-1983
Paddy farmers, 1972
Oil on canvas 35.5 x 45 cm
RM 4,000 - RM 7,000



TAJUDDIN ISMAIL, DATO' B. N. Sembilan, 1949
Untitled, 2013
Mixed media on canvas 61 x 61 cm
RM 5,000 - RM 10,000



SHARIFAH FATIMAH SYED ZUBIR, DATO'
B. Kedah, 1948
Bluescape, 2012
Acrylic on canvas 110 x 110 cm
RM 18,000 - RM 28,000



AWANG DAMIT AHMAD
B. Sabah, 1956
EOC Pilatong, 1993
Mixed media on paper 76 x 57 cm
RM 6,000 - RM 12,000



YANG ZHENGXIN B. China, 1941
Ducks, Undated
Ink and colour on paper 43 x 66 cm
RM 11,000 - RM 18,000



CHEN WEN HSI B. China, 1906-1991
Gibbons, Undated
Ink and colour on paper 69 x 69 cm
RM 18,000 - RM 28,000



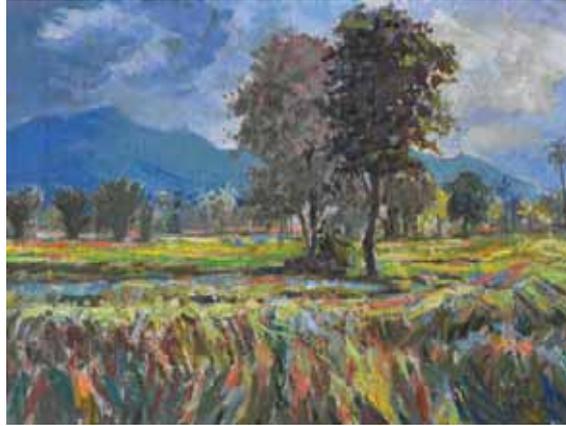
POPO ISKANDAR B. Indonesia, 1927-2000
Two Cat and The Sun, 1998
Oil on canvas 75 x 70 cm
RM 20,000 - RM 28,000



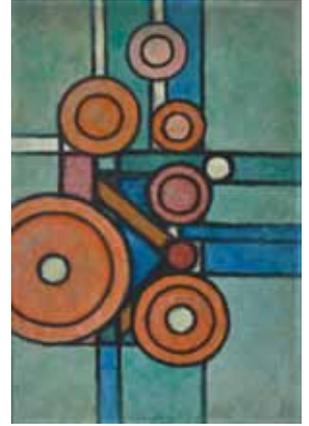
ZULKIFLI YUSOFF B. Kedah, 1962
Co-operation, 1997
Acrylic on canvas 152 x 152 cm
RM 22,000 - RM 35,000



KHOO SUI HOE B. Kedah, 1939
Swimmers Two, 2013
Oil on canvas 82.5 x 100 cm
RM 22,000 - RM 35,000



KHALIL IBRAHIM B. Kelantan, 1934
East Coast Landscape, 2007
Oil on canvas 23 x 30.5 cm
RM 6,000 - RM 9,000



CENON RIVERA
B. Philippines, 1922-1998
Untitled, 1966
Acrylic on canvas 90 x 60 cm
RM 2,500 - RM 4,500



ANISA B. Poland, 1985
Study of My Collage I, 2010
Paper collage on canvas 30 x 30 cm x 3 pieces
RM 2,800 - RM 3,500



Study of My Collage II, 2010



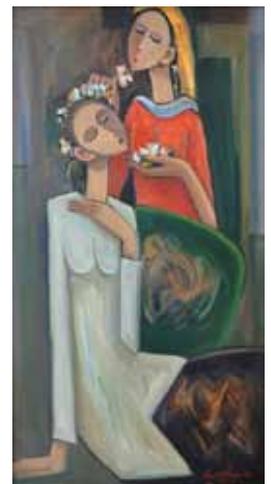
Study of the 'Beca' Light, 2010



ISMAIL LATIFF B. Melaka, 1955
Festival of Inner Jungle... Rainbow Paradise, 1999
Acrylic on museum board 81 x 81 cm
RM 10,000 - RM 15,000



JOLLY KOH B. Singapore, 1941
Morning in Bandar Maharani, 2012
Oil on canvas 30 x 40 cm
RM 9,000 - RM 12,000



KENG SENG CHOO
B. Kedah, 1945
Mother and Daughter, 2010
Oil on canvas 81 x 45 cm
RM 6,000 - RM 10,000



CHOO KENG KWANG B. Singapore, 1931
 Winter Birds, 1993
 Oil on board 80 x 120.5 cm
RM 45,000 - RM 55,000



ZAO WOU-KI B. China, 1921-2013
 Untitled, 1967 Edition 15/50
 Colour Lithograph 27.5 x 38.2 cm
RM 12,000 - RM 16,000



RAPHAEL SCOTT AHBENG
 B. Sarawak, 1939
 Home of the Pigeons, 2013
 Acrylic on canvas 120 x 90 cm
RM 8,000 - RM 12,000



KHOO SUI HOE B. Kedah, 1939
 Woman with a Man, 1993
 Oil on canvas 82 x 82 cm
RM 22,000 - RM 35,000



RAFIEE GHANI B. Kedah, 1962
 Teluk Mas, 2014
 Oil on canvas 158 x 183 cm
RM 14,000 - RM 22,000



ERICA HESTU WAH YUNI B. Indonesia, 1971
 The Pigs Around the World, 2013
 Acrylic on canvas 80 x 110 cm
RM 5,000 - RM 7,000



ASWAD AMEIR B. Kelantan, 1977
 Untitled, 2006
 Mixed media on canvas 91 x 112 cm
RM 5,000 - RM 10,000

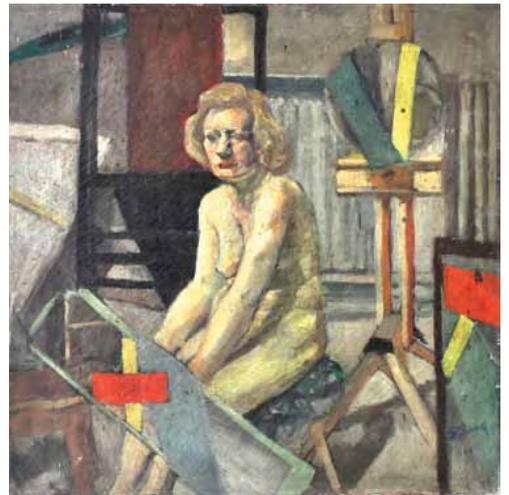


SEAH KIM JOO B. Singapore, 1939
 Abstract - Yellow & Orange, 2001
 Batik 85.5 x 58 cm
RM 7,000 - RM 10,000



NYOMAN GUNARSA B. Indonesia, 1944
Pedagang Ikan, 2014
Oil on canvas 94 x 94 cm
RM 10,000 - RM 15,000

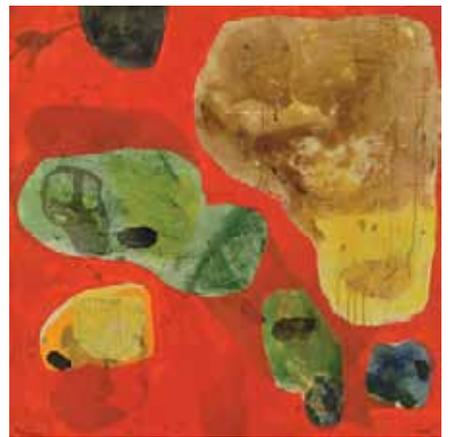
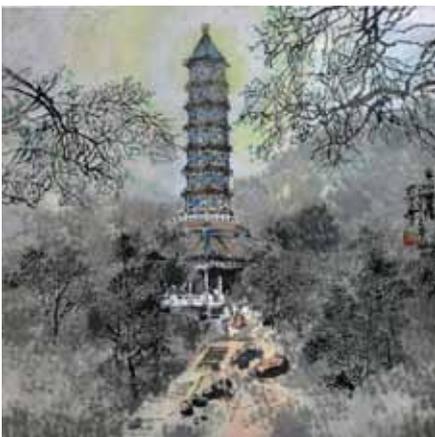
MOHD KHAIRUL IZHAM B. Pahang, 1985
Coal Miner, 2008
Mixed media on canvas 90 x 107 cm
RM 3,500 - RM 5,500



LEE LONG LOOI B. Kedah, 1942
Contemplating, 1982
Ink on paper 57 x 14 cm
RM 3,000 - RM 5,000

KELVIN CHAP B. Indonesia, 1974
Symbol of Mother Earth (Borneo Series), 2005
Mixed media on canvas 131 x 131 cm
RM 5,000 - RM 8,000

CHUAH SIEW TENG B. Penang, 1944
Nude Portrait - Class Study Ravensburne College, London, 1966
Oil on canvas 60.5 x 60.5 cm
RM 3,500 - RM 5,500



WANG MENG HU B. China, 1942
Pagoda in Xi Mountain, 1993
Ink and colour on paper 67 x 67 cm
RM 4,000 - RM 8,000

SOHAN QADRI B. Penang, 1930-2010
White Incantation II, 1974
Mixed media on canvas 30 x 30 cm
RM 6,000 - RM 9,000

FAUZUL YUSRI B. Kedah, 1974
Orange-Position, 2014
Mixed media on canvas 92 x 92cm
RM 4,000 - RM 6,000

PETER GENEVER

Making a difference
in Malaysia

BY JANE BEE

Hailing from England, Peter Genever has been making a difference for the squash players in the country through coaching and his dedication to the sport. While he may look composed, cool and quiet, there's the underlying fire in him to do his utmost for Malaysian squash.



Peter Genever and Datuk Nicol David in a practise session

1. When was your first time to Malaysia?

I first came to Malaysia in 1998. I was a professional player and participating in the tournaments held at the Jalan Duta squash complex. Apart from the hot court, the lasting memories of my first visit was of eating Thai food for the first time and it was an amazing dining experience. And also, getting caught in the afternoon rain in Kuala Lumpur, which made a mockery of any of the rainfall that I had encountered.

2. What do you think of Malaysia?

While there is plenty of things that could either bamboozle you or make you fall in love with it, Malaysia is a great place to live in. One thing for sure, the consistent temperature here is a pleasant change, compared to UK.

3. What is the thing that you love about this country?

The natural environment – the coastline, ocean, mountains, jungles, flora and fauna – everything about it has a potent mix of the tame and the wild.

4. What do you hope to achieve as the men's/women's national head coach at Squash Racquets Association of Malaysia (SRAM)?

When squash is finally recognised as one of the sports in the Olympics, I hope that I've played a significant role in contributing to Malaysia's first Olympic squash medal. Furthermore, I aspire to equip the players with valuable life skills that can be applied during and after their career in squash.

5. What would be the biggest challenge you have to face in achieving that goal?

It would be ensuring that all the stakeholders involved sustain all the hardwork and togetherness needed to achieve this goal (aside from getting the Olympics to recognise squash). At the moment, I would say that the professional culture in sports in this country is still in the developmental stage.

6. Share with us your inspiration that keeps you going in coaching Malaysia's squash players.

It is a privilege to be in a position where I get to work with the best and ambitious squash athletes in the country. Their desire and the need to constantly improve and challenge themselves inspire me to do the same.

7. About food, what would be your favourite and least favourite local dishes?

The food that top my favourite list include assam fish curry, tofu in sweet chilli sauce, banana leaf rice with curry and squid, the fish and egg curry served at the mamak stall, jackfruit, Sarawak pineapple and jambu air. On the side note, I never fancy petai.

8. What about your favourite holiday destination in Malaysia?

My wife and I got married at the Shangri-La Rasa Ria Resort & Spa in Kota Kinabalu, Sabah. The place is simply stunning and it holds a special moment in my life as well.

9. Any philosophy that you live by in life?

Learn as much as you can from your experiences. Be sure to stay positive and healthy as well. Like what Johann Wolfgang von Goethe said, "Without haste, but without rest."

10. Your advice for men/women wanting to pursue a career in squash?

Life can be tough and sometimes, lonely, when you are playing professionally. Not to mention, public holidays don't really apply to us as well. However, there are ample opportunities for those who work hard. You will find all the effort you put in to be meaningful as well.

11. What are the things that you look forward to in 2015?

Integrity, meaningful discussions, new ideas and oh, holidays with my wife!

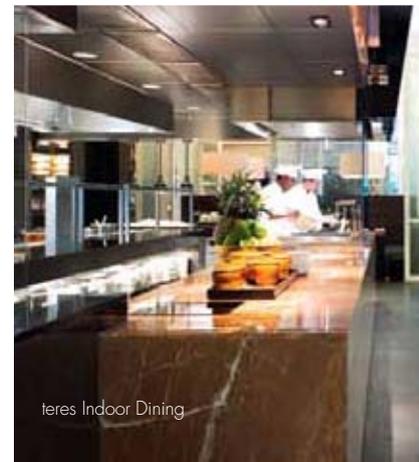


Presidential Bathroom



Grand Deluxe Room

**Grand Hyatt
Kuala Lumpur**
12, Jalan Pinang,
50450 Kuala Lumpur
Tel: 03-2182 1234



teres Indoor Dining



GRAND HYATT

BE AT THE HYATT OF LUXURY AND SOPHISTICATION

BY KATHLYN URSULA D'SOUZA

In the periphery of your mind, it is a never-changing known fact that Grand Hyatt is one of the big shots when it comes to the hotel industry. Strategically placed in the heart of the city and within walking distance to the Petronas Twin Towers, Suria KLCC Shopping Mall, KLCC Park, Pavilion Shopping Centre and KL's Golden Triangle, being at Grand Hyatt is undeniably an experience that transcends space and time.

Comprising 412 guestrooms including 42 suites, this gem of a building was designed by WATG, supported by project architects GDP and the interior designed by Bilkey Llinas Design. The hotel radiates majesty and splendour while being a promoter of the avant-garde.

Art pieces adorn the ground floor lobby, including a circular art piece inscribed with a Quranic verse – 'A thousand dinar', a gold, bronze towerlike sculpture with a crescent shape, symbolic to Brunei and Malaysia by Abdul Muthalib Musa, which serves as the main showpiece by the grand staircase.

Check-ins are unconventional, as you would expect at a place like Grand Hyatt, as they are arranged at the Sky Lobby on the highest level of the building, where one will be greeted by a breathtaking panoramic view of the city's skyline.

Having some of the largest rooms in the city, Grand Hyatt's guestrooms and suites are outlined with floor-to-ceiling windows to allow as much sunlight as possible and to augment the spellbinding perspective of the city.

The interior employs warm and neutral earth tones, enriching the inviting and elegant feel. It is as classy as it is homey.

Rooms are equipped with a sizeable work desk for business travellers, complimentary Internet access and an MP3 docking station. The bathroom features a liquid crystal glass (LCG) enclosed cube, complete with a bathtub and rain shower. At a mere touch of a button, the glass with turn opaque, allowing guests additional privacy if they so desire.

Top-notch restaurants, bar and lounge are located within the hotel such as THIRTY8, where guests can wine and dine with a selection of steaks, Chinese seafood, sushi and sashimi during breakfast, lunch, afternoon tea and dinner, all the while enjoying the stunning view of the Petronas Twin Towers, KL Tower and such.

JP Teres is noted as one of the best restaurants in town, and is also located on the Ground Floor, offering both indoor and outdoor dining with street access. Malaysian a la carte menus are served all day.

Poolside dining is also available here, on the Second Floor. Enjoy an all-day alfresco dining option with simple yet healthy favourites with fresh juices, smoothies and teas.

For those who prefer to mix business with pleasure, Grand Hyatt has more than 35, 530 square feet of exclusive meeting and event spaces. The hotel's dedicated event planners will customise the meeting and event experience, including creative layouts and flexible seating arrangements.

Special occasions are heightened with the oval-shaped pillarless Grand Ballroom and Grand Salon, with the stunning yet energy-efficient crystal chandelier that encases the entire ceiling, and frameworks which depict local Malay traditions bedecking the ballroom.

The verdict? This is the stay of a lifetime. You will never be treated better, or be more thoroughly spoiled, than you will be at Grand Hyatt.



Photo © Nicholas Teh / WWF-Malaysia



Some of the hundreds of excited Earth Hour 2015 Night Walk participants gathered under the Lion Head at Sunway Pyramid shortly before the countdown to Earth Hour, from 8:30pm to 9:30pm on 28 March 2015.

HUNDREDS PARTICIPATE

in Energy-free Dance for Earth Hour

The Earth Hour event, organised by WWF-Malaysia and Sunway Shopping Malls, and sponsored by Digi Telecommunications Sdn Bhd, saw more than 1,000 participants taking part in a 1.8km Night Walk and an energy-free dance to show their support for environmental conservation. Earth Hour, which took place from 8:30pm to 9:30pm March 28, 2015, was a global environmental initiative by WWF that asked everyone to take personal accountability for their impact on the planet and to make behavioural changes to facilitate a sustainable lifestyle, to help minimise the adverse impacts of climate change. Climate change is the alteration of the climate patterns in terms of temperature and rainfall largely caused by human activities.

WWF-Malaysia thanked the participants, and urged everyone to “Use Your Power to Change Climate Change” even beyond Earth

Hour, by supporting the organisation’s forest conservation efforts via wwf.org.my.

Its head of Policy and Climate Change, Lavanya Rama Iyer said: “Conservation is the key to climate action. Our natural ecosystems like forests, river basins, flood plains, mangroves and coral reefs – that capture carbon in exchange for oxygen, regulate the water cycle, provide soil stability, protect our coastlines and provide nursing grounds for fish – as well as biodiversity that provides an amazing gene pool, pollinates and maintains ecosystem balance – are the best insurance against a changing climate. Which is why in addition to calling on individuals to adopt less carbon-intensive lifestyles and working with businesses towards more sustainable business practices, WWF-Malaysia also undertakes biodiversity conservation projects. It is important to conserve our forests not only because they are vital



Photo © Lee Mee See / WWF-Malaysia

WWF-Malaysia Executive Director / CEO Datuk Dr Dionysius Sharma is raising funds for WWF-Malaysia’s reforestation and orangutan conservation efforts.

carbon sinks which help regulate the climate. Forests also have significant economic and ecological value from supporting biodiversity, providing clean water supply, food security and soil stability, as well as supporting local livelihoods.”

Kevin Tan, Chief Operating Officer of Sunway Shopping Malls said that being the first shopping mall in the country to officially celebrate Earth Hour together with WWF-Malaysia in 2011, it was excited once again to join with WWF in engaging its shoppers, other components of Sunway Resort City, and members of the public to participate in the exciting “Night Walk”, in conjunction with

Earth Hour. "Our mall in Penang, Sunway Carnival will also be doing their part by turning off non-essential lights. Keeping to our commitment in environmental conservation and as the leading iconic tourist destination in Selangor, we hope to inspire others to do more for Mother Nature with this green initiative. We all have a choice in protecting Mother Nature. Let it be the right choice always," he added.

For the past seven years, Digi has been actively supporting Earth Hour activities as part of its continuous effort to encourage customers to reduce their shared climate impact by adopting a more sustainable lifestyle. "This year, in line with the theme, we are excited to introduce an innovative solar-



Photo © Nicholas Teh / WWF-Malaysia

(From left) Mr Kevin Tan, Chief Operating Officer of Sunway Shopping Malls; Miss Lavanya Rama Iyer WWF-Malaysia Head of Policy and Climate Change; the WWF panda mascot; and Mr Philip Ling, Digi's Project Manager for Sustainability at the Earth Hour 2015 media conference.



Photo © Anwarul Amirah / WWF-Malaysia

Earth Hour 2015 Night Walk at Sunway Pyramid participants.

powered, device-charging station prototype for participants to use. This is part of Digi's environmental initiatives to address energy saving and promote the use of renewable energy amongst Malaysians. We also continue with our support by sponsoring 200 customers as participants to this year's Earth Hour Night Walk," said Philip Ling, Digi's project manager for Sustainability.

WWF-Malaysia thanked all Earth Hour 2015 participants for their support as well as venue partner Sunway Pyramid and corporate sponsor Digi Telecommunications Sdn Bhd, along with volunteers from TM4U, dancers from Sunway Dance Club and Monash Dance Fusion Club, Hands Percussion and Maybelline Wong for contributing their time and talent.

It also thanked the following corporations that sponsored more than 30 staff members to participate in the Earth Hour Night Walk: AEON Malaysia, Digi Telecommunications Sdn Bhd, Ernst & Young Malaysia, HSBC Malaysia, HSBC Electronic Data Processing Sdn Bhd, Ken Holdings, Maybank, Nestlé Products Sdn Bhd, Senheng Electric (KL) Sdn Bhd and Stamford College. All proceeds from the sale of the walk packs were channelled to WWF-Malaysia's conservation efforts.

The door gift sponsors for the event were Coca Cola Malaysia, Energizer, Nando's, BarBQ Plaza, Xixili, Juice Works, Burt's Bees, The Manhattan Fish Market, Polo Haus, Pisidia, Caffe benne, Santa Barbara, Dubu Dubu, The Chicken Rice Shop, Mary Chia, Coffee Bean, Sephora and Kiehl's.



WWF Malaysia - Take action with WWF's online ef...
<http://wwf.org.my/support>



<http://kaywa.me/9DGmm>

Download the Kaywa QR Code Reader (App Store & Android Market) and scan your code!

Beyond the Hour!

WWF-Malaysia executive director / CEO, known fondly as Datuk Dr Dino, is raising funds for orang-utans? In conjunction with his 50th birthday last year, he has made a personal challenge to plant 50 trees if he raises RM 50 000 on <http://www.simplygiving.com/50for50>

Use your power to change climate change and help conserve our forests and orang-utans now!

About WWF-Malaysia:

WWF-Malaysia (World Wide Fund for Nature-Malaysia), the national conservation trust, currently runs more than 90 projects covering a diverse range of environmental protection work. Since 1972, WWF-Malaysia has worked on important conservation projects, from saving endangered species such as tigers and turtles, to protecting our highland forests, rivers and seas. We also undertake environmental education and advocacy work to achieve conservation goals. By conserving our natural resources, WWF-Malaysia is helping to protect our livelihoods, food and water supply, thus securing our good quality of life and our children's bright future. We thank our supporters whose donations enable our conservation work. If you would like to donate to WWF-Malaysia or learn more about our projects, please call: +603-7450 3773 or visit our website at: wwf.org.my

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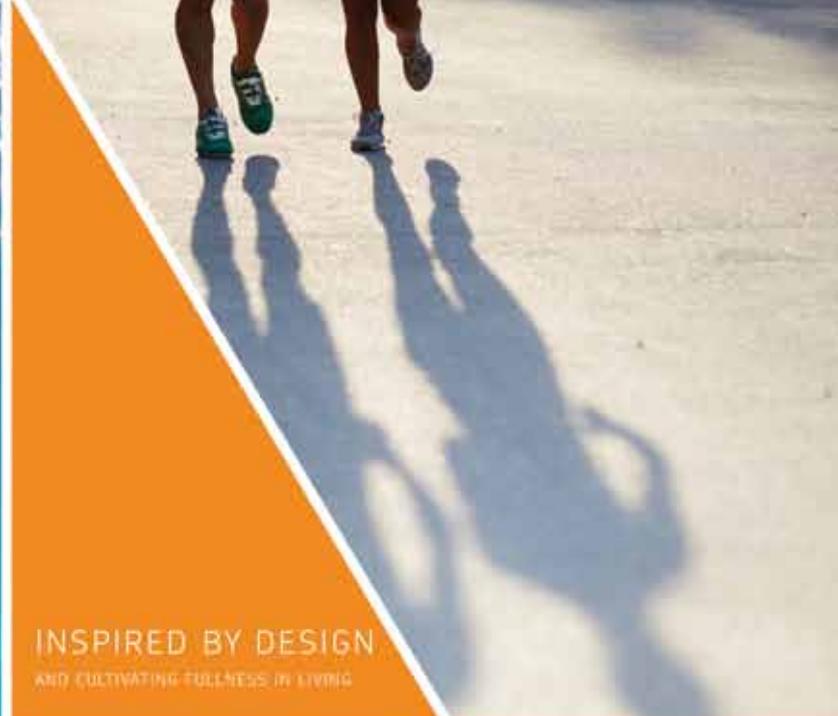
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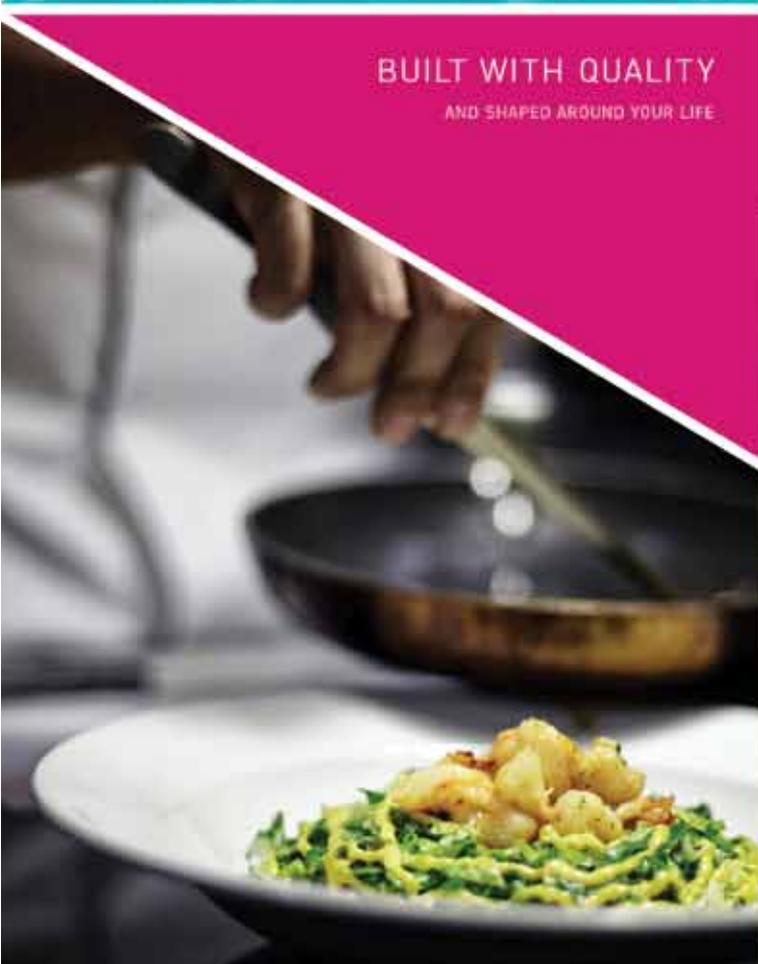
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SOHO
RESIDENCES
MARKETPLACE

IN A SUBURB ON THE RISE

A development by:
Mayfair Ventures Sdn. Bhd.
(A joint venture between Muijha Land Berhad & Mudajaya Corp)

Disclaimer: This visual serves as an invitation to get response from the public to preview and register of interest only and shall not to be treated as an offer for sale.



Datuk Jimmy Choo, Datuk Nancy Yeoh, Roland Folger, Mr Bernd Maylander, Best Designer of the Year 2015, Fairuz Ramdan, Emerging Designer of the Year 2015, Norsyahira Khairudin (MSU) and Datuk Seri Wong Chun Wai



Raymond Liew, Datuk Nancy Yeoh, Datuk Jimmy Choo, Roland Folger, Datin Sabrina Laila and Datin Winnie Loo

MERCEDES-BENZ STYLO FASHION GRAND PRIX MALAYSIA

In ultimate fashion defiance sans rules, the invite-only Mercedes-Benz STYLO Fashion Grand Prix 2015 premiered on March 25, 2015 to a rousing reception by KL's A-listers at Red Carpet Avenue @ Encorp Strand Mall.

Themed Fashion Anarchy – Rebel Revolution, it showcased a kaleidoscope of stylish individualistic trends and insurgent installations. Housed in a grand marquee erected outside the mall, it had all the usual STYLO fanfare in its signature red-and-black trimmings. Guests who walked the red carpet were welcomed to a black carousel with black mannequins at the entrance of the venue. The black-on-black look was highlighted further with the STYLO moniker in red. Inside the marquee, an after-party room, fashion showcase area

and unique installations together with a Fashion Exhibition greeted the guests. Mercedes-Benz cars including the new GLA250 MATIC themed "Crossing Over" and its new S-Class S400 L Hybrid were also displayed inside.

"Mercedes-Benz is synonymous with style, creation and design. Once again as in previous years, we are pleased to push the envelope in presenting Malaysia's best and most exciting fashion entertainment showcase in partnership with STYLO International," said Roland Folger, president & CEO of Mercedes-Benz Malaysia.

Reminiscent of the "Sons of Anarchy" series, the opening night set the tone of the highly anticipated fashion festival with a highly imaginative, non-conforming fashion



Dresses by Michelle Chia, INt University College, Fossil



Roland Folger and Suzanne Folger



Datuk Kelvin Tan and Carie Ng



Tan Sri Abdul Kadir Sheikh Fadzir and Puan Sri Suraya



Miss Universe Malaysia 2015 Finalists



Datuk Dr. Wenddi Ann Chong, Doreen Tan and Datin Winnie Loo



Datin Winnie Loo (Founder & Chief Creative D'tor of ACA) presenting Best Designer Showcase 2015 Award to Bon Zainal

Datin Sabrina Laila (Head of Encorp Strand Mall) presenting Best Made Model of the Year 2015 Award to Nick Shooing Wai Hong

presentation in the lines of punk, goth, bikers, chains, leather, tattoos, featuring not just classically beautiful models but muses handpicked by the line-up of designers for the night.

Apart from this, the opening night also highlighted an outlandish and avantgarde hair-segment in line with the theme, "Fashion Anarchy", by award-winning celebrity stylist, Winnie Loo and her protégé, Faevien Yee of A Cut Above. The salon was the winner of the Industry Award of the Mercedes-Benz STYLO Fashion Awards in 2009 and has been STYLO's Official Hair Partner since its inception.

Another interesting tribute this year is to automobiles, commemorating its partnership with Mercedes-Benz in relation to its "Fashion Anarchy" theme. From the first age-old transportation in the form of boats to bicycles, tricycles and Mercedes-Benz cars including A250, C200, CLA45AMG, E300 BTH, SLK200, these modes of transport took centre stage at this year's FGP.

At the opening of MBSTYLOFGP 2015, the Stylo II "Shabby Chic" boat was unveiled by Reissiger Marine, a subsidiary of STYLO

International and its maritime event partner set up to handle boat shows, maritime events and boat trading. The boat was launched over the weekend in sunny Langkawi together with Roland Folger, Datuk Nancy Yeoh, Datuk Jimmy Choo (honorary advisor to STYLO International), Datuk Azhar Mansor (first Malaysian to sail solo around the world), Pat Liew (CEO of BritishIndia) Rolv Reissiger (CEO of Reissiger Marine(RM)) and Neil Chapman (founder of Boatshed, RM's partner for Boatshed Asia).

Apart from this, the FGP showcased a classic motorbike, the first generation C70 by Boon Siew and an original tricycle by Bridgestone. The tricycles were made famous in the early 1980s for women who wanted the freedom of movement complete with a basket and dressed up to make a fashion statement. The presentation through the evolution of transportation - boats, motorbikes, tricycles and cars represents freedom of expression tying back to this year's FGP theme, "Fashion Anarchy".

The 8th Mercedes-Benz STYLO Fashion Grand Prix 2015 entered its second day with stunning presentations by young, upcoming designers from various leading fashion schools

in Malaysia. The Mercedes-Benz STYLO 2015 Fashion Grand Prix Emerging Designers Competition, dedicated for the first time as a stand-alone show at the FGP, witnessed each student's personal interpretation of this year's theme, "Fashion Anarchy". The much anticipated MBSTYLOFGP 2015 Emerging Designers Competition saw the submission of over 100 entries, with only the 12 best participants shortlisted to enter the semi-finals in a tough selection process.

Roland Folger said, "Mercedes-Benz as a purveyor of fashion has always encouraged and nurtured young talents. This competition acts as a springboard for the most promising of design hopefuls. We are happy to continue to cultivate these young designers, who have the potential to be on par with international designers around the world."

Datuk Nancy Yeoh added, "We, Malaysians are big on talent. Every year, I am amazed by the irrepressible passion and depth of creativity among our young emerging designers. Since we began this annual search four years ago, the competition has leapfrogged to be one of the most anticipated events with fashion design schools across the country."

The third night witnessed the crowning of the much awaited Emerging Designer of the Year 2015 winner. This year's competition, dedicated for the first time as a stand-alone show at the FGP, witnessed each student's personal interpretation of the theme, "Fashion Anarchy". The much anticipated MBSTYLOFGP 2015 Emerging Designers Competition saw the submission of over 100 entries, with only the 12 best participants shortlisted to enter the semi-finals.

The top 3 winners were Norsyahira Khairudin (Management & Science University), first runner-up Zoe Fang Chai Hui (SML Fashion Academy) and second runner-up Vinny Lie (Lim Kok Wing University of Creative Technology). All 3 winners are further supported with a prize money by MyCreative Ventures (a government investment arm to spur Malaysia's creative industry) and a platform to create and showcase their first collection at the Malaysia Fashion Week 2015 later this year.



HIGH FASHION & MUSIC AT THE PETRONAS GRAND PRIX GALA

It was indeed a glittery and dazzling night at the Petronas Malaysia Grand Prix Gala 2015 held at the Grand Ballroom of the Kuala Lumpur Convention Centre. The event took place on March 26, 2015 and was attended by international celebrities, Formula One fraternity, movers and shakers of the corporate world, socialites and fashionistas and other notable guests headed by the guests-of-honour.

The guests dazzled, dressed to the nines, looking stunning at the Red Carpet. And this year, what a Red Carpet moment it was! George Kotsiopoulos, celebrity stylist, formerly from the Fashion Police on E!, hosted the Red Carpet with Malaysia's very own superstar and starlet, Fazura.

The evening kicked off with the performance of a medley of songs by talented duo, Puteri Muna and Tun Putera Daniel, grandchildren of the Sultan of Pahang, Sultan Ahmad Shah. They entertained the guests with songs like Let's Stay Together, American Boy, Widuri and What's Going On.

SIC chairman, Tan Sri Mokhzani Mahathir took to the stage for his welcome speech during which he also thanked the guests-of-honour, international celebrities, Formula One drivers and team, sponsors, donors and distinguished guests for their support of the Petronas Malaysia Grand Prix Gala 2015.

A charity auction to raise funds for Bidara Kedah was held for guests to participate and do their bit for charity, featuring items sponsored by the Mercedes AMG Petronas Formula 1 racing team, Mouawad, Jaeger-LeCoultre, Art Expo Malaysia and other Formula One teams and drivers.

The nominated charity organisation this year, Bidara, was established in 1986 and is funded by public donations. It is run exclusively by wives of the elected representatives and female elected representatives of the Kedah Barisan Nasional. Bidara is headed by Toh Puan Norzieta Zakaria as the president and who is also the wife of the Kedah Menteri Besar.

For the charity auction, the Mercedes AMG Petronas F1 team donated 2 signed racing suits of Lewis Hamilton and Nico Rosberg.

Jeweller Mouawad donated a stunning world famous "Rosette Collection" ring, worn by celebrities like Jennifer Lopez and Angelina Jolie. It is crafted in 18ct white gold and set with 2.68 carats of white diamonds.

Jaeger-LeCoultre donated its AMVOX5 World Chronograph LMP1, which marks its long-term partnership with Aston Martin Racing. The latest creation in the racing line meets all the precision and endurance standards indispensable to racing drivers, while its mechanical and aesthetic characteristics illustrate the technical and inventive values shared by the two brands.

'Strokes of Generosity, a fabulous painting by Terengganu-born Suzlee Ibrahim, was donated by Art Expo Gallery for the auction. The painting was described by the gallery as cheerful and happy. The use of rough brush strokes and smooth and effortless movement gives strength to the overall composition of the work.

An outstanding vintage haute couture fashion show then followed. Cameron Silver, King of Vintage, of the famed Dukes of Melrose, charmed guests with his vintage pieces. Some of the ladies were seen pointing out their favourite pieces.

The evening continued, where guests were then ushered into the Plenary Hall for an explosive performance by The Jacksons. They wowed the crowd by rendering hits like Can You Feel It, Blame It On The Boogie, Rock With You, I Want You Back, ABC, Let's Get Serious Dancing Machine, Heartbreak Hotel and many more. The crowd got to swaying, singing and dancing to the songs.

The ballroom was cleared for the after-party where the No 1 Party band from France, Dov Amiel, got the guests dancing to their up-tempo beats and dancing tunes.

HEALTH & BEAUTY PREVIEW



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ALEX LIM

Of "Hairology" and Chi

BY KATHLYN URSULA D'SOUZA

Alex Lim is a multi-faceted man. Apart from being the founder of La' Mode Coiffure and La' Mode Academy, it is evident that he is not slowing down, grabbing every opportunity that comes his way and making full use of it. He has received many accolades – a judge for the Asia Pacific Hairdressers & Cosmetologists Association, a pioneer in acrobatic hair-cutting and dance show, the first hairdresser to stage his own hair concert, a judge for the Miss China Tourism Queen finals, recipient of Asia's Top Fashion Hair Stylist of the Year Award and the only hair designer nominated for the Malaysia Achievement Awards (MACA).

However, he is more notable for founding the term "hairology" – reading the character of a person from the hair texture, features, face shape, face feng shui and chi or personal energy.

We had a little chat with him and the friendly, high-spirited and warm hairdresser with over 35 years in the business divulged stories about himself and his work. We even got him to read our faces, characters and had him enhance our looks.

1. Tell us about yourself.

I actually started out as a dancer and model. Expectations weren't that great back then. I used to choreograph as well. But it wasn't a steady income and after Form Five I had to choose something stable. I chose hairdressing as a career because that has something to do with creativity as well. In 1990, I started La' Mode. Ever since then, I travelled a lot. I started a tiny salon of only about 300 square feet and started to expand.

2. How and why did you fall in love with hair?

Well I love beauty, I love creativity.

3. In your opinion, what is the trend in terms of style and colour now?

It's more on curls. It's back to retro, I should say. I remember in the 1980s, there were big curls, very layered and now it's a lot of curls, not so layered, and crazy colours. There weren't many colours back then, but now ... I can say 'modern retro'.

4. What is the secret to the most flattering or perfect hairstyle?

What we see in styling a customer's hair are their features, their skin tone, hair texture and the style they should have. Some people carry certain lengths better than others. You must always consult a professional hair stylist. People need to understand their own tastes as well. They need to be very sure and understand completely what the stylist will do for them. Some people like long hair but this doesn't suit them, so they must combine their own thoughts and professional ideas.

5. Tips for home care?

In taking care of the hair, it is always better to use a treatment cream more than a conditioner. Using it daily will help in the long run, but conditioner is for hair that is originally beautiful and untouched hair. Treatment cream is the best. Think of it as conditioner, like what loose powder is for the face.

6. What is the biggest challenge in your hairdressing career?

I always explain to my clients carefully and thoroughly before I do anything, so there haven't been any problems. The toughest, I think, is moulding the new generation into good hairdressers. I teach young hairdressers not to be too calculative. Chances are constantly given but you need to decide whether you want to take it or not.

7. Do you have any signature?

I've always liked ladylike cuts. At one time I was very much into blunt lines, the career woman look. After a while, I changed to layering. I like ladies to look feminine, classy and chic. Blunt lines limit you, so layers are the best. The cut is very important. I also always tell my students to never blow-dry clients hair with a hairbrush. I want them to look good in the salon and at home, and not say, "I only look good in the salon, and when I'm home I look completely different". I want them to see how they look like without the extra blow-dry and be happy with it.

8. Biggest gig so far?

When I was picked to represent Malaysia to compete with other participants from 11 other countries. Five finalists were chosen to fly to China. To me, it was something huge. It was not a product or a company that sent me, but it was just based on my skills. When I got the title, well ... now I know why people cry when they win an award [laughs].

**9. Any philosophy about hair?**

Well, I have to love hair because I am a hairdresser [laughs], but I think if you feel confident about your hair, you will shine from the inside. Secondly, I think the hair says a lot about a person. I've been analysing it for years and years and I started to read hair texture. It can tell a lot about a person.

10. Any advice for people who want to take the plunge into a different, drastic haircut?

If you want a change, really set your mind to it. Be prepared for a change. If you're too worried about what people say, it's pointless. Try not to have doubts. Leave it to the professionals. Also, look for a real professional [laughs].

La' Mode 25th Anniversary Hair Show
- "A New Beginning"
20.05.2015
7.00pm
South Court, Midvalley Megamall

La' Mode Coiffure

Mid Valley Megamall, F053,
Lingkar Syed Putra, 59200 Kuala Lumpur



LAVISH SPA

Sweet escape within the city

BY JANE BEE

Looking for a short escape away from the hustle and bustle of the city?

Look no further than Lavish Spa, a place that provides you with the getaway you have always wanted from the stressful city life without the need to break the bank or to travel far.

Despite its location at Fahrenheit88 in the middle of the city, Lavish Spa made us feel like we were in a little paradise from the moment we stepped into the spa. The sleek

design that emits grandeur with excellent service from attentive staff certainly made us feel like queens. We fell in love with this place almost instantly and it was not difficult to understand why.

Upon registration, we were guided to the changing room. We changed into the disposable panty/underwear and bra, donned the pink or green pyjamas as well as the comfy pink robe as outerwear and the house slipper. We felt so at home and cosy. All our belongings were placed in the locker that could only be opened by

the bracelet that was given to us during registration. With such tight security, there was no reason for us to be worried about the safety of our belongings in the locker at all.

A splendid jacuzzi is hard to come by and we must say that Lavish Spa has one of the best jacuzzis in the city. The jacuzzi is not only large, it is also pumped with strong water pressure. While it felt like the water was too hot for our liking when we first dipped in, it wasn't long before we felt comfortable in the warm water that we



Cinema



2-pax body Massage room

almost fell asleep. Not only that, there's a rain shower in the middle of the jacuzzi and a television to keep us occupied. There are also the steam room and sauna room as well.

Once we were done with the jacuzzi, the staff handed us a clean set of disposable undies and a change of clothes. Hair dryer, hair straightener and toiletries are all provided. The toiletries are disposable, to ensure hygiene.

Time spent at Lavish Spa left us feeling like we were whisked away to paradise. We either spent the time lazing and relaxing in the cinema or the resting rooms that are equipped with comfortable seats. Each seat is equipped with a personal computer and headphone. Depending on the patrons' needs, they can either turn the seat into a sofa or a singlebed-like – a total plus point. Blankets are provided and nothing made us happier than the privilege of being a couch potato even for just a day.

For avid swimmers, they can take a dip in the pool that overlooks the scenic city view. While we do love to swim, we decided to chill by the poolside and at the lounge. The laidback and relaxing environment makes it an ideal place for a catching-up session or business talk over a cup of tea. There is also a gymnasium for those who want to break into sweat.

For those who seek to pamper themselves, they should check out the nails and massage parlour. Lavish Spa places a lot of emphasis on quality service. Thus, only skilled masseuses are hired to work in the spa. While Chinese-style massage is practised by the masseurs, it didn't take us long to fall in

love with the gentle yet precise strokes that effectively untied the knots in our body. At the end of each session, we felt like we were reborn with a body as light as a feather and nails that befitted a queen.

Food is served at the café all day long with a different set of menu for breakfast, lunch and dinner. Experienced chefs were hired, thus one could indulge in delicious and scrumptious meals the whole day.

We walked into Lavish Spa feeling like a peasant but left the place like a queen. All this luxury of unwinding ourselves for 24 hours without having to put a strain on our bank account, what else could we ask for?

Lavish Spa

Lot 5.02.00, Level 5, Fahrenheit88,
Jalan Bukit Bintang, 55100 Kuala Lumpur
Tel: 03-2141 4959



Cafe



Jacuzzi

TIME Freeze!



TOWARDS A YOUTHFUL SKIN

Elizabeth Arden's Ceramide Capsules Daily Youth Restoring Serum does not only work wonder, but it is about convenience as well. Each capsule contains serum that would immediately retexture your skin for a more hydrated, firmer and fresh skin. Nothing feels better than touching a youthful skin.



EYE CARE

Dermalogica's Age Reversal Eye Complex certainly provides the necessary protection for the delicate eye area to prevent skin ageing. The retinol treatment helps to reverse problems such as wrinkles, crow's feet, puffiness and skin sensitivity due to dehydration.



WORKING WONDERS

Algenist Advanced Anti-Aging Repairing Oil is not only fast absorbing and non-greasy, it also furnishes the skin with instant nutrients. Formulated with microalgae oil, ceramides and brown algae extract, this oil works wonders where it helps to restore elasticity, and leaves the skin more supple and radiant.



KEEPING SKIN AGEING AT BAY

Worrying about fine lines and wrinkles as well as the wellbeing of your skin? Fret not for Laneige's Time Freeze Essence has all your worries taken care of. This essence is not only anti-ageing, but it also contains ingredients that will curb problems such as loss of skin firmness as well as dry, dull and rough skin.

LIFESTYLE ^{GUIDE}



KL Lifestyle Art Space @ Jalan Macarob

96
98
100

Reelview
KL Map
Getting Around KL

RETAIL THERAPY

the Curve

Mutiara Damansara, PJ
Tel : 03-7710 6868
Situated in PJ's golden triangle, this open-air mall boasts 700,000 sq ft of space spreading over 3 floors and accommodating 270 specialty shops. It is connected to Ikea, Ikano Power Centre and Tesco. • 10am-10pm daily.



Bangsar Village

Jalan Ara, Bangsar • 📍 Bangsar
Tel : 03-2282 1808
Located in happening Bangsar, this neighbourhood mall is vastly popular due to its individual specialist shops offering fashion wear, toys, jewellery, hardware, beauty salons and F&B. Anchor tenants include The Village Grocer. The newer and bigger Bangsar Village II that's connected to this mall offers more local and international brands.

Alamanda Putrajaya

Jalan Alamanda, Precinct 1, Putrajaya
Tel : 03-8888 8882
Accessibility: ERL Putrajaya & Nadi Putra (bus service) Located at the heart of Putrajaya, Alamanda offers a new resort-style shopping to suit the needs of all - with Parkson & Carrefour as anchor tenants, FOS, Somerset Bay, MPH and Toycity tagged with ARL Bowl.

CapSquare

Jalan Munshi Abdullah • 📍 M Tuanku
📍 Dang Wangi
Tel : 03-26912036
Strategically located in the heart of KL's midtown area, CapSquare is an eclectic mix of signature offices, Manhattan-inspired residences, a shopping centre and a vibrant 300-metre retail boulevard. It also houses intimate eateries, chill-out spots and a TGV cinema. • D6

Great Eastern Mall

303 Jalan Ampang
Tel : 03-4259 8090
Located along busy Jalan Ampang, this 6-storey mall has a host of shops including a pet shop, Aussino, British India and eateries like Starbucks and Alexis. It has Cold Storage as its anchor supermarket. • 11am - 9pm daily.



Bata

• Sunway Pyramid • LG14 Subang Parade • One Utama PHS 2 • KLCC
• Mid Valley Megamall • Alamanda Putrajaya • Pavilion KL • Jusco Bukit Tinggi

fahrenheit88

179, Jalan Bukit Bintang • 📍 B Bintang
Tel : 03-2148 5488

A hot spot for Fashion, Food, Gadgets and Entertainment with 200 retails stores over 7 levels of shopping space. Shop at South East Asia's largest Uniqlo store, the latest Shoes, Bags, Accessories on First Floor, or buy gifts and souvenirs. Discover new concept cafes and restaurant or entertain at CEO Karaoke Box and Club Vellin. • 10am-10pm daily

1 Utama

1 Lebuhr Bandar Utama, Bandar Utama, PJ
Tel : 03-7710 8118

A new generation shopping centre which satisfies all shopping needs under one roof. The old wing has Jusco as the main anchor tenant while the new extension houses many designer brands and has U Parkson, MPH & Jusco as anchor tenants • 10am - 10pm daily.

Berjaya Times Square

Tel : 03-21173111
1 Jalan Imbi • 📍 Imbi
The biggest in Southeast Asia, this mall which measures 7.5 million sq ft, is an integrated shopping-cum-entertainment centre with a hotel, the region's biggest indoor theme park and bowling centre. • 10am - 10pm daily. • F8

Bukit Bintang Plaza

111 Jalan Bukit Bintang • 📍 B Bintang
Tel : 03-2148 7411
Extending into Sungei Wang Plaza, BB Plaza offers an interesting variety of stores selling jewellery, fashion wear, books, AV equipment, etc. Metrojaya department store is the anchor tenant. • 10am - 10pm daily. • F8

KLIA Shopping

KL International Airport, Sepang ✈️ KLIA Ekspres-KLIA Tel : 03-8777 8888
One of airports with value-for-money shopping, it offers an excellent selection of goods like souvenirs, tobacco, liquors, perfume, chocolates and designer brands.

Publika Shopping Gallery

Tel : 03-62079426
No 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur
Tel : 03-621107877
www.publika.com.my
www.facebook.com/publikashoppinggallery

Suria KLCC

Petronas Twin Towers • 📍 KLCC
Tel : 03-2382 2828

Located at the base of the Petronas Twin Towers, Suria KLCC is the premier shopping centre in KL. It offers unique shopping, dining & entertainment experience. It houses exclusive designer brands and provides an abundant choices of goods and services for everyone. • 10am - 10pm daily. • D8

Sunway Pyramid

Bandar Sunway
Tel : 03-74943100
Impressive giant sphinx statue greets you at the entrance of this Egyptian-themed shopping centre situated next to Sunway Hotel and the Sunway Lagoon theme park.. The mall has a variety of shops and restaurants, an indoor ice-skating rink and a cineplex. • 10am-10pm daily.

Pavilion KL

168, Jalan Bukit Bintang • 📍 B Bintang
Tel : 03-2118 8833
The shopping centre blends the best of the international retail world with 450 stores - ranging from fashion to home deco and leisure to culinary delights - over its 7 levels and 6 themed precincts. 20% of its tenants represent debut brands in Malaysia. Anchor departmental stores are Parkson Pavilion and Tangs. • 10am to 10pm daily

Bangsar Shopping Centre

Jalan Maarof, Bangsar
Tel : 03-2094 7700
Located in the affluent Bangsar suburb, this mall buzzes with a trendy crowd and houses an array of individual specialist shops for every need. Jasons Food Hall is a favourite with shoppers, as it offers an extensive range of fresh and international food brands. 10am - 10pm daily.

Maju Junction Mall

1001 Jalan Sultan Ismail • 📍 M Tuanku 📍 S Ismail
Tel : 03-27728500
Located at the junction of Jalan Tuanku Abdul Rahman and Jalan Sultan Ismail, the five-storey mall has 101 outlets with Giant, Wh by British India, FOS, Nichii Fashion City being the anchor tenants. The mall provides concierge service and has an indoor archery centre, Big-Shot Archery. • 10am - 10pm daily.

Pertama Complex

Jalan Tuanku Abdul Rahman
• 📍 M Tuanku
• 📍 Bandaraya • 📍 Bank Negara
Tel : 03-2692 7457
One of the earliest shopping complexes in KL, this mall consists of many small shops selling an astonishing variety of goods and services appealing to the masses, including sports goods, leatherware, clothes, shoes and stationery. • 9am - 9pm daily. • D5

Sogo KL

Jalan Tuanku Abdul Rahman
• 📍 M Tuanku
• 📍 Bandaraya • 📍 Bank Negara
Tel : 03-2698 2111
This 10-storey shopping mall is well patronised for its quality goods (local and international) ranging from apparel, home furnishing to daily need items. It also has an international restaurant floor on the 6th floor • 11am-9pm daily • D5

Starhill Gallery

181 Jln Bkt Bintang • 📍 B Bintang
Tel : 03-2782 3855
Connected to JW Marriott Hotel and Ritz Carlton Hotel, Starhill houses the largest retail watch floor and a host of top fashion designer boutiques. An exclusive mall with excellent eateries and high-end shops. • 10am - 10pm daily • E9

Sungei Wang Plaza

Jalan Sultan Ismail • 📍 B Bintang
Tel : 03-2148 6109
Sungei Wang remains one of the busiest shopping centres for the last 2 decades. Linked directly to the Monorail, it has over 500 retail outlets and eateries. A great place to hunt for electrical and electronic products, mobile phones, fashionable street wear, shoes & accessories. The hip T-Hop zone at the 6th floor caters to trendy teenagers • 10am - 10pm daily • F8

Subang Parade

Subang Jaya • 📍 Subang
Tel : 03-5032 9778
This suburban mall offers an interesting mix of stores with goods ranging from apparels to antiques, and music to jewellery. Anchor tenants include Toy 'R' Us and Parkson. Carrefour hypermarket is located next door. • 10am - 10pm daily.



Gateway@KLIA2

Serving
French-American cuisine
that caters to Malaysian taste buds

Hartamas Shopping Centre

Plaza Damas, 60 Jalan Sri Hartamas 1
Tel : 03-6201 6553/ 8353.
Integrated with Plaza Damas & situated among retail shops, offices, serviced apartments and alfresco boulevards. Features Citi Super, SenQ and many other speciality retailers.

IPC Shopping Centre (Formerly Ikano)

2, Jalan PJU 7/2, Damansara Mutiara, PJ
Tel : 03-77207333
Located near 1 Utama and linked to IKEA, this centre only has XXL size stores. The 11 anchor tenants includes Harvey

Lot 10

50 Jalan Sultan Ismail • B Bintang
Tel : 03-2143 6092
Linked to the Bukit Bintang Monorail station and Sungei Wang Plaza by an overhead bridge, Lot 10 offers an upmarket and wide selection of fashion wear. It has Isetan as anchor tenant • 10am - 9.30pm daily • F8

Low Yat Plaza

Off Jalan Bukit Bintang • B Bintang
Tel : 03-2148 3651
Located next to the Federal Hotel, it has 250 tenants offering goods as varied as cameras, mobile phones, apparel, fashion accessories and antiques. This largest IT centre provides for all your computing needs. BB Park, located across the plaza and consisting of trendy restaurants and alfresco cafes, sees a hive of activities at night. • 10am - 10pm daily • F8

MINES Shopping Fair

Seri Kembangan • Serdang
Tel : 03-8949 6333
Cruise into the heart of a busy shopping mall with a vibrant mix of more than 300 retailers, fashion boutiques, F&B outlets, canal quay alfresco dining, IT & mobile gadgets and also leisure and entertainment facilities like a cinema, bowling alley and snooker centre. • 10am - 10pm daily.

Mid Valley Megamall

Lingkar Syed Putra • Mid Valley
Tel : 03-2938 3333
The shops go on and on in this mall strategically located between KL and PJ. It has Metrojaya, Jusco, Carrefour, Golden Screen Cinemas and MPH as anchor tenants, over 300 speciality stores and 70 F&B outlets under one roof. Adjacent to the mall are Cititel Mid Valley Hotel and Boulevard Hotel • 10am - 10pm daily.

The Gardens Galleria

Mid Valley City • Mid Valley
Tel : 03-2297 0288
This five-star component of Mid Valley comprises a contemporary four-storey shopping gallery with specifically designed floors for straightforward shopping experience. Check out the Roof Garden, touted to be an exciting fine dining destination in KL. Anchor tenants include Isetan of Japan, Robinson and Golden Screen Cinemas • 10am - 10pm daily

Sunway Putra Mall

(Formerly The Mall)
100 Jalan Putra, KL • PWTC
Tel : 03-4042 7122
Located across the Seri Pacific Hotel and Putra World Trade Centre, the Mall has anchor tenant Parkson Grand together with a host of retailers, offering a full range of products, services, food & amusement to shoppers • 10am - 10pm daily • B5

DINE



Torii, Yakitori and Whiskey Bar
Lot 8-6 Jalan Batai, Damansara Heights
50490 Kuala Lumpur
Tel: 03-2011 3798 / 019-203 7093



Bait
65 Jalan Telawi 3, Bangsar Baru
59100 Kuala Lumpur
Tel: 03-2201 8187

Chinese

Celestial Court

03-2717 9988 • M Tuanku • Sheraton Imperial Hotel • Halal • Casual Dining • C6

Chynna

03-2264 2264 • KL Sentral • Hilton KL • Halal • Casual Dining • H3

Dynasty

03-2162 2233 • B Nanas • East Wing, Renaissance Hotel • Non-Halal • Casual Dining • D7

Dynasty Dragon

03-2145 1628 • B Bintang • Time Square • Non-Halal • Casual Dining • F8

Hakka

03-21431907 • Raja Chulan 6 Jalan Kia Peng • Non-Halal • Casual Dining • E9

Imbi Palace

03-2145 4822 • Imbi • Jalan Barat, off Jalan Imbi • Non-Halal • Casual Dining • F8

Kim Ma

03-8946 4888 • Palace of the Golden Horses • The Mines Resort City • Halal • Fine Dining • Cantonese cuisine

Lai Po Heen

03-2179 8885 • KLCC • Mandarin Oriental Hotel • Halal • Casual Dining • Cantonese • D8

Lee Wong Kee

Bandaraya • 239 Jln Tuanku Abdul Rahman • Non-Halal • Casual Dining • Cantonese • D5 • 03-2692 2685

Li Yen

03-2782 9033 • B Bintang • The Ritz Carlton Hotel • Non-Halal • Casual Dining • F9

Maju Palace

03-2691 8822 • M Tuanku S Ismail • Level 5, Maju Junction Mall • Halal • Casual Dining • C5

Xing Zhu

03-8312 7223 • Cyberlodge Resort, Cyberjaya. • Halal

Mandarin Palace

03-2148 9166 • B Bintang • 2/F, Federal Hotel • Non-Halal • Casual Dining • F8

Marco Polo

03-2141 2233 • Raja Chulan • 1/F, Wisma Lim Foo Yong, Jalan Raja Chulan • Non-Halal • Casual Dining • E8

Meisan

03-2693 9233 • Bandaraya • Quality Hotel City Centre • Jalan Raja Laut • Halal • Casual Dining • Szechuan cuisine

Ming Palace

03-2161 8888 • Ampang Park • Corus Hotel, Jln Ampang • Casual Dining

Ming Room

03-2284 8822 • Bangsar • Bangsar Shopping Centre • Non-Halal • Casual Dining

Museum

03-4042 9888 • PWTC • The Legend Hotel • Halal • Private Dining

Oriental Noble House

03-2145 8822 • Imbi • 19 Jalan Delima, Off Jalan Imbi • Non-Halal • Casual Dining • F10

Overseas

03-2144 9911 • B Bintang • 84-88 Jalan Imbi • Non-Halal • Casual Dining • F8

Purple Cane

03-2272 3090 • Maharajalela • Selangor Chinese Assembly Hall, 1 Jln Maharajalela • Halal • Casual Dining • G6

Xin Cuisine

03-2144 2200 • B Nanas • Concorde Hotel • Non-Halal • Private Dining • D7

French

Café Café

03-2141 8141 • Maharajalela • 175 Jalan Maharajalela • Halal • Fine Dining • Fr & Italian • H7

Fusion

Cilantro

03-2179 8000 • MiCasa All Suite Hotel, 368B Jalan Tun Razak • Pork-Free • Halal • Fine Dining • D10

Etoile Bistro

03-2161 7777 • R Chulan • Hotel Equatorial • Halal • Casual Dining • E8

Frangipani

03-2144 3001 • B Bintang • 25, Changkat Bkt Bintang • Halal • Fine Dining

Isthmus

03-2282 8112 • Mid Valley • G/F, Northpoint, Mid Valley City • Thai & Nyonya • Pork-Free • Casual Dining • F8

Rahsia

03-2144 0059 • 13 Jalan Damai, off Jalan Tun Razak • Halal • Casual Dining Nyonya, Indonesian, European • C10

Senses

03-2264 2264 • KL Sentral • Hilton KL

Shook!

03-2719 8535 • B Bintang • Lower G/F, Starhill Gallery • Halal • Fine Dining • E9

Indian

Estana Curry House

03-2141 1958 • Raja Chulan • 23D, Jln Sultan Ismail • Halal • Casual Dining • C6

Kallianees

KLCC • 16 Lorong Yap Kwan Seng • Kerala cuisine • Halal • Casual Dining • C9
03-2161 0616

Khaana Peena

03-6201 3355 • E-01-04, Plaza Mont Kiara • North Indian • Halal • Casual Dining

Passage Thru' India

03-2145 0366 • 4, Jln Delima,kl
Halal • Casual Dining • E10

Spice Garden Imperial

03-2142 2220 • B. Bintang • 205 Jln Bkt Bintang.

That Indian Thing

Medan Tuanku • 52 Jalan Doraisamy • Halal • Casual Dining • D6

Indonesia

House of Sundanese

Sari Ratu
03-2141 1811 • B Bintang 42-2 Jalan Sultan Ismail • Halal • E8

International

Essence

03-2717 9900 • M Tuanku • Sheraton Imperial • Halal • Casual Dining • C6

The Resort Cafe

03 - 7495 1888 . Lobby Level, Sunway Resort Hotel & Spa
*Pork-Free Restaurant

Eight Gourmets Gala (EGG)

017 948 8684 . Suite G-01, Ground Floor, Pinnacle Annexe, Persiaran Lagoon, Bandar Sunway, 47500, Selangor

HOTELS & RESORTS

Maya Brasserie

03-2711 8866 📍 B Nanas • KLCC
• Hotel Maya KL • Halal • Casual Dining • Nyonya & International • D8

Melting Pot

03-2144 2200 📍 B Nanas Concorde Hotel, 2 Jln Sultan Ismail • Halal • 24-hour • Casual Dining • D7

Still Water Restaurant

03-27118866 📍 B Nanas • KLCC • Hotel Maya KL • Halal • Casual Dining • Japanese & Western • D8

The Vogue

03-2162 2233 📍 B Nanas • Renaissance Hotel • Halal • Casual Dining

PNB Darby Cafe

03-7490 3333 📍 Ampang Park • G/F, PNB Darby Park, Executive Suites, 10 Jalan Binjai • Halal • Casual Dining • D9

Italian

Cellini's

03-2715 1000 📍 B Bintang • Dorsett Regency Hotel • 172 Jalan Imbi • Halal • Casual Dining • F9

il Tempio

03-4256 9300 • Tamarind Springs Restaurant • Halal • Fine Dining

La Risata

03-4252 6269 • 26, Persiaran Ampang • Halal • Casual Dining

Prego

03-2773 8338 📍 B Bintang • The Westin Hotel • Halal • Fine Dining • E9

Villa Danieli

03-2717 9922 📍 M Tuanku • Sheraton Imperial Hotel • Halal • Italian • Fine Dining • C6

Japanese

Benkay

03-2782 6118 📍 Ampang Park • Hotel Nikko • Halal • Casual Dining • C9

Gen

03-4042 9888 📍 PWTC • Sunway Putra Hotel • Halal • Casual Dining • B5

Genki Sushi

03-2166 6220 📍 KLCC • 428 Level 4, Suria KLCC • Halal • Casual Dining

Iketeru

03-2264 2264 📍 Stesen Sentral KL • Hilton Kuala Lumpur, 3 Jln Stesen Sentral

Kampachi

03-2148 9608 📍 Raja • Pavilion KL

Kokufu

03-4049 4412 📍 PWTC • Pan Pacific Kuala Lumpur • Halal • Fine Dining

Komura

03-2161 8888 📍 Ampang Park Corus Hotel • Casual Dining • C9

Ozeki Tokyo Cuisine

03-2166 4263 📍 B Nanas • Menara TA One • Halal • Fine Dining • D8

Sagano

03-2162 2233 📍 B Nanas • Renaissance Hotel • Halal • Casual Dining

Korean

Da On

03-2141 2100 📍 B Bintang • Pavilion KL • Halal • Fine Dining • Korean • E8

Ko Hiang

03-4251 0492 • 314 Jalan Ampang • Non-Halal • Casual Dining

Koong Jung

03-2166 7181 📍 Ampang Park • PNB Darby Park • Halal • D9

Koryo Won

03-2143 2189 📍 Bukit Bintang • Starhill Gallery • Halal • Casual Dining • E8

Thai

Rama V Fine Thai Cuisine

03-2143 2428 / 03-2143 2663 5, Jalan U-Thant, 55000 Kuala Lumpur • Halal • Fine Dining

HOTEL & RESORT



Ascott KL

03-2142 6868
9, Jalan Pinang • 📍 R Chulan • From RM380-RM790

Berjaya Times Square Hotel & Convention Centre

03-2117 8000 • 1 Jalan Imbi • 📍 Imbi • Big Apple Restaurant (Fusion) Broadway Lounge, The Cafe, The Bar, • From RM245-RM700 • F8 • www.timesquarekl.com

Seri Pacific Hotel Kuala Lumpur

03-4042 5555 • Jalan Putra • PWTC Zende (Int'l), Kokufu (Jap), lounge to Chereza From RM198++ to RM3,000 • B5 www.seripacifichotel.com

Grand Hyatt Kuala Lumpur

03-2182 1234 • Jalan Pinang • 📍 KLCC • JP Teres (Malaysian), THIRTY8 (International), Poolside From RM550 - RM5610 www.kualalumpur.grand.hyatt.com

The Westin KL

03-2731 8333 199 • Jalan Bukit Bintang • 📍 B Bintang • Prego (Ita), Living Room (Int'l), Qba (Bar & Grill), Treats (gourmet bakery), Eest (Pan Asian) • From RM480-RM7,000 • E9 • www.westin.com

Grand Millennium KL

03-2117 4888 • 160, Jalan Bukit Bintang • 📍 Bukit Bintang • Zing (Chi), The Mill (Int'l) • From RM300-RM5,600 • www.millenniumhotel.com

Hilton KL

03-2264 2264 • 3, Jln Stesen • Sentral, KL Sentral • 📍 KL Sentral • Chynna (Chi), Senses (Fusion), Noodle Room, Sudu, Zeta Bar, Vintage Bank • From RM385-RM605 • G3 • www.1.hilton.com

Hilton PJ

03-7955 9122 • 2 Jalan Barat, PJ • 📍 Asia Jaya • Toh Yuen (Chi), Paya Serai Coffee House, Genji (Jap), Caffè Cino, Uncle Chilli's • From RM220-RM1685

Holiday Inn Kuala Lumpur Glenmarie

03-7802 5200 • 1 Jalan Usahawan U1/8, Shah Alam • Fu-Rin (Jap), Kites (Int'l), The Mix Restaurant & Bar • From RM290 • www.holidayinn.com/glenmarie



KL Tower

03-2020 5446 / 2020 5444
📍 Bukit Nanas • Jalan Punchak, off Jalan P Ramlee. • The KL Tower stands at 421 metres. The tower houses a revolving restaurant and an observation deck which takes 58 seconds to reach. Catch the sunset or experience sky jumping from the tower roof. • Opens 9am 10pm daily • E7



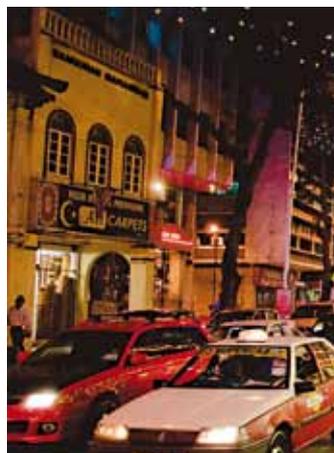
Istana Negara, Jalan Duta

Located along Jalan Duta, it is the official residence of Malaysia's king since Nov 11, 2011. Influenced by both Islamic and traditional Malay architecture, this unique structure is the latest addition to the country's architectural wonders.



National Monument

Jalan Tugu, off Jalan Parlimen
• Designed by American artist, Felix Weldon and cast in Italy, the immense bronze structure was built to commemorate the servicemen who lost their lives during the struggle against the communist insurgency in the 1950's. The 7 soldiers symbolise unity, strength, leadership, sacrifice, courage, suffering and vigilance • E3



Little India

📍 Masjid Jamek • Jalan Masjid India is a colourful street with numerous wholesale and retail Indian traders who sell everything from Indian brass, jewellery, sarees, Indian handicrafts to perfumes & spices. • E5



National Museum

03-2694 4590 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students



Jamek Mosque

Jalan Tun Perak • Situated at the confluence of the Klang and Gombak rivers, this grand old mosque was designed by British architect AB Hubbock in 1909. It incorporates many features of Moghul architecture • Opens 8am-1:30pm & 2:30pm-6pm.

Sheraton Imperial KL

03-2717 9900 • Jln Sultan Ismail • 🇲🇵 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5,825 • D6

Hotel Istana

03-2141 9988 • 73, Jalan Raja Chulan • 🇲🇵 R Chulan • Peach Garden (Chi), Urban Bistro (Aus), Taman Sari (Int'l) • From RM299-RM5000 • E8 • www.hotelistan.com.my

Hotel Maya KL

03-2711 8866 • Jalan Ampang • 🇲🇵 Bukit Nanas • KLCC • Still Waters, Maya Brasserie, Ramah Tamah • From RM325-RM1,800 • D8 • www.hotelmaya.com.my

InterContinental KL

03-2161 1111 • 165, Jalan Ampang • 🇲🇵 Ampang Park • Serena Brasserie, Tao (Chi), Tatsu (Jap), Bentley's Pub, Lobby Lounge & The Deli • From RM330-RM12,500 • C9 • www.intercontinental.com

JW Marriott Hotel KL

03-2715 9000 • 183 Jalan Bukit Bintang • 🇲🇵 B Bintang • 3rd Floor (Int'l), Marriott Café, Shanghai (Chi), JW Marriott Gourmet (Int'l), Havana Club • From RM400-RM8,000 • E9 • www.marriott.com

Le Meridien KL

03-2263 7888 • 2, Jln Stesen Sentral 5, KL Sentral • 🇲🇵 KL Sentral • One On One (Asian Fusion), Al Nafourah (Middle Eastern), The Conservatory (Lounge & Bar) • From RM 328- RM5,500 • H3 • www.lemeridienkualalumpur.com

Mandarin Oriental Hotel

03-2380 8888 • KL City Centre • 🇲🇵 KLCC • Lai Po Heen (Ch), Mandarin Grill and Mo Bar (Bar & Grill), Mosaic (Buffet), The Mandarin Cake Shop, Cascades (Int'l), Wasabi Bistro (Jap) • From RM409 (internet)/RM499 (phone) • D8 • www.mandarinoriental.com

Palace Beach and Spa

03-8943 6688 • Jalan Dulang, Mines Resort City, Seri Kembangan, Selangor • 🇲🇵 Serdang • Abdul and Charlie's (local), Cheng Ho Court (Chi), Beach Hut and Sunset Lounge (drinks and snacks) • From RM200-RM2000

Sama-Sama Hotel KLIA

03-8787 3333 • Kuala Lumpur International Airport • 🇲🇵 KLIA Degrees (Int), Traveller's Bar & Grill, Palmz Lounge (Wn) • From RM570++ • www.samasamahotels.com

Parkroyal Kuala Lumpur

03-2147 0088 Jln Sultan Ismail • 🇲🇵 B Bintang • Chatz Brasserie (Wn), Bossa Nova (Wn), Hot Gossip, Si Chuan Dou Hua (Chi), Klix Lounge • From RM270 • www.parkroyalhotels.com

PNB Darby Park Executive Suites

03-7490 3333 • 10, Jln Binjai • 🇲🇵 Ampang Park • The 39 Restaurant, Minmax (Chi), Koong Jung (Jap/Korean) • From RM350-RM686 • D9 • www.pnbdarbyparksuites-kl.com

Prince Hotel & Residence KL

03-2170 8888 • 4, Jalan Conlay • 🇲🇵 Raja Chulan • Tai Zi Heen (Chi), Eccucino (Café), Enju (Jap) • From RM270-RM670 • E9 • www.princehotelkl.com

Renaissance KL

03-2163 6888 • Corner of Jln S. Ismail/ Jln Ampang • 🇲🇵 B Nanas • Sagano (Jap), MED@Marche (Med), Vogue (Int'l) • East Wing: Dynasty (Chi), TEMPTationS (Int'l) • From RM215-RM6,000 • D7

Shangri-La Hotel KL

03-2032 2388 • 11 Jalan Sultan Ismail • 🇲🇵

B Nanas • Shang Palace (Chi), Zipangu (Jap), Lafite (Fr), Lemon Garden Café (Int'l), The Pub • From RM364-RM12,000 • D7 • www.shangri-la.com

Sheraton Imperial Hotel

03-2717 9900 Jln Sultan Ismail • 🇲🇵 M Tuanku • Essence (Int'l), Villa Danieli (Ita), Celestial Court (Chi) • From RM300-RM5,8250 • D6

Somerset Seri Bukit Ceylon

03-2055 8888 • No 8, Lorong Ceylon off Jalan Raja Chulan • NeroTeca (Ita) • From RM250-RM480 • E7 • www.somerset.com

The Gardens Hotel & Residences

03-2268 1188 • Mid Valley City • 🇲🇵 Mid Valley • The Soread (Int'l), Sage Restaurant & Wine Bar (Fr & Jap) • From RM600-RM2,600 • www.gardenshtres.com

Sunway Putra Hotel (Formerly The Legend Hotel)

03-4042 9888 • Putra Place, 100 Jalan Putra • 🇲🇵 PWTC • Museum (Chi), Di-Atas Brasserie (Int'l), Gen (Jap), Monkey Bar • From RM188-RM388 • B5 • www.legendhotelkl.com

The Ritz-Carlton KL

03-2142 8000 • 168, Jalan Imbi • 🇲🇵 B Bintang • Li Yen (Chi), Rossini's (Ita) • From RM418 • F9 • www.ritz-carlton.com

The Ritz-Carlton Residences

03-2142 9000 • 🇲🇵 B Bintang • From RM950-RM1,330 • F9

The Royal Chulan

03-2688 9688 • Jalan Conlay • 🇲🇵 R Chulan • Deli Cafe (Ita), Bunga Emas (Mas), L'Heritage (Fr) • F6 • www.theroyalchulan.com.my

**Aloft Kuala Lumpur Sentral**

03-2723 1188 Jalan Stesen Sentral KL Sentral • 🇲🇵 KL Sentral • Nook (International), MAI Bar (Bar Menu), w xyz(SM) Bar (Cocktails & Snacks) • From RM270 - RM388 • http://www.starwoodhotels.com/alofthotels

Ancasa Hotel KL

03-2026 6060 • Jln Tun Tan Cheng Lock • 🇲🇵 Plaza Rakyat • Saffron Brasserie and BabaReeba! • Ancasa Spa • From RM165-RM416 • www.ancasa-hotel.com

Boulevard Hotel

03-2295 8111/2295 8000 🇲🇵 Mid Valley City, Lingkaran Syed Putra • Mid Valley • Wild Rice (Int'l) • Rates from RM290Nett - RM420Nett • www.blvhotel.com

Carcosa Seri Negara

03-2295 0888 • Taman Tasik Perdana • The Dining Room (Fr), Gulai House (Malay) The Bar • From RM1,100-RM5,500 • F3

Concorde Hotel

03-2144 2200 • 2 Jalan Sultan Ismail • 🇲🇵 B Nanas • Spices (Western), Melting Pot (Int'l), Xin (Chi) • From RM178++-RM320++ • D7

Coronade Hotel KL

03-2148 6888 • Jalan Walter Grenier, Bkt Bintang • 🇲🇵 B Bintang • Makan-Makan (Local & Int'l), The Kasturi (Malay), Lobby Lounge • From RM208- RM500 • F8 • www.coronade.com

Corus Hotel KL

03-2161 8888 • Jalan Ampang • 🇲🇵 Ampang Park • Ming Palace (Chi), Dondang Sayang (Int'l), Komura (Jap) • From RM185-RM390 • C9 • www.corushotelkl.com

Dorsett Regency

03-2716 1000 • 172, Jalan Imbi • 🇲🇵 B Bintang • Checker's (Café), Cellini's (Ita), Windows Lounge (Wn) • From RM200



The Majestic Hotel Kuala Lumpur
5 Jalan Sultan Hishammuddin, 50000 Kuala Lumpur, Malaysia.
03-2785 8000
www.majestickl.com

onwards • F9 • www.dorsettregency-kl.com

Federal Hotel

03-2148 9166 • 35, Jalan Bukit Bintang • 🇲🇵 B Bintang • Mandarin Palace (Chi), The Verandah (Int'l) Revolving Bintang (European) • From RM170-RM600 • F8 • www.fh-hotels.com

Grand Seasons

03-2697 8888 • 72, Jalan Pahang • 🇲🇵 Chow Kit • 🇲🇵 KLCC • Season (Café), O'Las (Indian), Lobby Lounge (Wn), Kas Bah Bar (Wn) • From RM150-RM348 • B6

Impiana KLCC Hotel & Spa

03-2147 1111 • 13 Jln Pinang • 🇲🇵 R Chulan • Tonka Bean Cafe (Int'l) • From RM219-RM368 • D8 • www.impiana.com

Novotel City Centre KL

03-2147 0888 • 2 Jln Kia Peng • 🇲🇵 R Chulan • Qing Zhen (Chi Muslim), The Square (Int'l), Fun Pub, Al Fresco • From RM260-RM660 • E8 • www.novotel.com

Pacific Regency Hotel Suites

03-2332 7777 • Menara PanGlobal, Jalan Puncak • 🇲🇵 B Nanas • Soi 23, Luna, Olive & Geo Café • From RM290-RM500 • D7 • www.pacific-regency.com

Pyramid Tower Hotel

03-7492 8000 • Persiaran Lagoon Bandar Sunway Petaling Jaya

Quality Hotel City Centre

03-2614 8000 • Jalan Raja Laut • 🇲🇵 DBKL • Benteng Coffee House (Int'l), Meisan Szechuan (Chi), Club 300 • From RM150-RM550 • C5 • www.qualiti.com.my

Swiss Garden Hotel

03-2141 3333 • 117, Jln Pudu • 🇲🇵 Hang Tuah • Blue Chip Lounge (Int'l), Flavours Restaurant (Int'l), Green Treats Delicatessen (Int'l), T@ste 6 Restaurant (Int'l) • From 470+

The Royale Bintang KL

03-2143 9898 17-21 Jalan Bukit Bintang • 🇲🇵 B Bintang • Sunflowers Brasserie, Cafe Royale & Bar, Rimba Spa • From RM208 • F8 • www.royale-bintang-hotel.com.my

The Royale Bintang Damansara

03-7843 1111 • 6, Jalan PJU 7/3, Mutiara Damansara • The Restaurant (Int'l), Mystery Pub & Café • From RM195 • www.royalebintang.com.my

The ZON All Suites Residences on the Park

03-2164 8000 • 161D Jalan Ampang • 🇲🇵 Ampang Park • Terracotta Restaurant &

Lounge • From RM253-RM396 • D8 • www.zonhotel.com.my

Traders Hotel

03-2332 9888 • Kuala Lumpur City Centre • 🇲🇵 KLCC • Gobo Chit Chat, Gobo Upstairs, Sky Bar, Lounge & Grill • From RM270 • This hotel is located in the vicinity of KL Convention Centre • D8

Vistana KL

03-4042 8000 • 9 Jalan Lumut, off Jalan Ipoh, Kuala Lumpur • 🇲🇵 Titiwangsa • Vistana (Asian) • From RM172-RM230 • A5 • www.vistanahotels.com

**Alpha Genesis**

03-2141 2000 • 45 Tingkat Tong Shin • 🇲🇵 B Bintang • Tee Box Café • From RM150-RM380 • F7 • www.alphagenesishotel.com

Cititel Mid Valley

03-2296 1188 • Mid Valley, Lingkaran Syed Putra • 🇲🇵 Mid Valley • Citi Café • Rates from RM205Nett - RM320Nett

Corona Inn

03-2144 3888 • 22, Jalan Tong Shin • 🇲🇵 B Bintang • Corona Café • From RM130-RM180 • F8 • www.coronainn-kuala-lumpur.com

Grand Continental

03-2693 9333 • Jln Belia/Jln Raja Laut • 🇲🇵 PWTC M Tuanku • Grand Star (Chi), Lai Marble Coffeehouse • From RM135-RM800 • C5 • www.gh-hotels.com.my

First World Hotel

03-6101 1118 • Genting Highlands • ristorante Tarcello's (Italian), Lakeview Seafood Restaurant (Seafood), The Patio (Wn) • From RM85 - RM460

Hotel Malaya

03-2072 7722 • 162, Jalan Hang Lekir • 🇲🇵 Pasar Seni • Malaya Café • From RM120-RM250 • F5 • www.hotelmalaya.com.my

Midah KL

03-2273 9999 • 8, Jalan Kampung Attap • 🇲🇵 Maharajalela • Attapia Coffee House (Int'l), Rolling Good Times Café • From RM145-RM250 • G5

Prescott Inn

03-2713 7887 • 23 Lrg Medan Tuanku 1, off Jln Sultan Ismail • 🇲🇵 M Tuanku • Makana Restaurant • From RM110-RM170 • C5

SIGHTSEEING

Swiss-Inn KL

03-2072 3333 • 62, Jln Sultan • 📍
Maharajalela
• Café Petaling • From RM130-RM175
• G6

The Plaza Hotel

03-2698 2255 • Jalan Raja Laut • 📍 Sultan
Ismail • Pogo-Pogo Café (Continental),
Plaza Court (Chi) • From RM110-RM178
• C5

SIGHTSEEING

Aquaria KLCC

03-2333 1888 • 📍 Raja Chulan 📍 KLCC •
All 60,000 sq ft of Aquaria encompasses
Evolution, Jewels of the Jungle, Deep
Forest, The Coasts and Touch Pool, The
Living Oceans and The Living Reef, with
over 5000 aquatic and land-bound animals
representing over 150 different species.
Don't miss the 90-metre underwater tunnel.
Opens daily from 11am-8pm. (Including
weekends, school and public holidays) Last
admission at 7pm. Entry RM38 (adult), RM26
(children) • D8

Batu Caves

03-6189 6284 • This popular Hindu
temple draws hundreds of thousand
of visitors during Thaipusam. It
consists of three grand caves: the
Dark Cave, the Museum Cave and
the Temple Cave with brilliant rock
formations. The Museum Cave at
the foothills has interesting display
of Indian mythology. To reach the
main Temple Cave, one has to climb
272 steps.

Bird Park

03-2272 1010 • Located at the Lake
Gardens, this 8.4ha bird park is the
world's largest free-flight walk-in
aviary. It is home to more than
3,000 birds from approximately 200
species. Opens daily from 9am-
7.30pm. • F4

Butterfly Park

03-2693 4799 • Over 120 species
of butterflies can be found in this
park located at the Lake Gardens'
vicinity. Admission is RM9 for adults
and RM2 for children. Camera: RM3.
Opens 9am to 6pm daily. • F4

Bukit Nanas Forest Recreational Park

03-2306 3421 / 2064 4741 • 📍 Bukit Nanas
• Nestled in the heart of KL, the virgin
forest-clad hill is a 10.5 ha park offering a
10-minute & a 20-minute walk trails from
the Forest Information Centre at Jalan
Raja Chulan to KL Tower. • E7

Carcosa Seri Negara

03-2282 1888 • Perched on a quiet hilltop
overlooking the Lake Gardens, this 19th
century colonial mansion used to be
the residence of the British Governor
and High Commissioners. Today it is an
exclusive hotel offering a sense of history
and fine dining. • F2

Central Market

03-2031 0399 • 📍 Pasar Seni Once the
city's biggest wet market, it is now a
centre for food and cultural activities.
Cultural performances are staged during
weekends at the riverside amphitheatre.
Handicraft, souvenirs, art & portrait
paintings are sold at bargain prices. The
Annexe Gallery at CM is a progressive
art centre. • Opens 10am to 10pm daily.
• F5

Deer Park

03- 2693 6661 • Enclosed within a 2-ha
ground at the Lake Gardens, the deer,
fawns and does roam freely in a cool
and peaceful habitat with lush trees and
shrubs and ponds. • F3

Istana Negara

Official residence of Malaysia's King,
visitors can witness the changing
of the royal guards daily. The Rulers
Conference, various royal and national
ceremonies, investitures and official
banquets are held at this palace. • H5

Little India

📍 Masjid Jamek • Jalan Masjid India
is a colourful street with numerous
wholesale and retail Indian traders
who sell everything from Indian brass,
jewellery, saris, Indian handicrafts to
perfumes & spices. • E5

Jamek Mosque

📍 Masjid Jamek • Jalan Tun Perak
• Situated at the confluence of the
Klang and Gombak rivers, this grand old
mosque was designed by British architect
AB Hubbock in 1909. It incorporates



Craft Complex

03- 2164 8344
📍 Raja Chulan • 63, Jalan Conlay. •
Showcases ethnic handicrafts, batik
printing and pottery from the 13 states
of Malaysia. • Opens 9am- 6pm daily.
• E9 FREE



Telekom Museum

03-2031 9966
📍 Raja Chulan • Jalan Raja Chulan
• Displays interesting exhibits of
telephones and evolution of their
designs over the years.
• Opens 9am-5pm. Closed on Mondays
• E6 FREE



Sultan Abdul Samad Building

📍 Masjid Jamek • Jln Sultan
Hishamuddin • Also known as the Big
Ben of KL, this historical landmark and
heritage building is well known for its
Mogul architecture dating back to
1897. Originally the offices of the Colonial
Secretariat, it then housed the Supreme
Court. • E5



PETRONAS Twin Towers

03- 2615 8188
📍 KLCC • KL City Centre • The
88-storey Petronas Twin Towers stand at
451.9 metres. Seated in the heart of KL
and amidst a 50-hectare landscaped
park, a skybridge on the 41st floor is
open to visitors between 9am-7pm
daily, closed on Monday • D8

many features of Moghul architecture
a • Opens 8am-1:30pm & 2:30pm-6pm.
• E5

Lake Gardens

Jalan Parlimen • Located near the city
centre, this 9.2ha landscaped garden is
built around a lake. Several attractions
are found within the park including
an Orchard Garden, Hibiscus Garden,
Butterfly Park, Bird Park, Deer Park,
National Monument and the Asean
Sculpture Garden • F3

Malaysian Tourism Centre

03-9235 4848 • 📍 B Nanas • 109
Jalan Ampang • This is a one-stop
tourist service centre comprising the
information counter (7am-10pm)
Transnational Executive Coach counter,
domestic tour booking counter, money
changer, restaurant and craft demo
centre. Built in 1935, the building was the
home of wealthy tin-miner and planter,
Eu Tong Seng. Cultural shows are on Tues,
Thur, Sat & Sun 2-2.30pm. • D7

Merdeka Square

📍 Masjid Jamek • Jalan Raja •
Opposite the Sultan Abdul Samad
Building, this is the site where the
independence of Malaya was declared

on 31 August, 1957. The 100m high
flagpole is the tallest in the world. Live
entertainment and cultural shows are
staged here on festive occasions. The
Royal Selangor Club and St. Mary's
Cathedral are located nearby. • E5

National Mosque

03-2693 7784 • 📍 KL • Jalan Perdana
• This mosque embodies contemporary
designs, together with traditional Islamic
art, calligraphy and ornamentation.
The main dome with its 18-point star,
represents the 13 states of Malaysia
united by the Five Pillars of Islam. Visitors
must dress conservatively and remove
their shoes before entering the mosque
• Opens 9am to 12noon; 3pm to 4pm;
5:30pm to 6:30pm daily. • F4

National Planetarium

03-2273 4303 • Lot 54 Jalan Perdana •
Located close to the National Mosque,
the attractions include space science
and astronomy exhibits, a theatre
screening 3-Dimensional movies, a
viewing gallery and an observatory •
Admission is RM1 for adults and children
over 12 years [extra charges for all
shows]. Opens 9:30am to 4:15pm daily.
Closed on Monday except public &
school holidays • G4

National Science Centre

03- 2089 3400 • Persiaran Bukit Kiara •
Houses 9 galleries with different scientific
themes. Offers interesting interactive
displays for learning and entertainment.
• Opens 10am-5pm. Closed on Friday.

National Zoo

03-4108 3427 / 4108 3422 • Located in
Hulu Kelang, 12km from the city centre,
the zoo is home to 400 species of local
birds, mammals, reptiles and fishes. •
Opens 9am - 5pm daily. Night Zoo is on
Saturdays 7.30am - 10.30pm. Admission
: RM10 for adults and RM5 for children
under 12. Videocam RM15.

Old KL Railway Station

Jalan Hishammudin • Built in 1910,
the Moghul-inspired building was a
hub for Malaysian rail transport until it
was replaced by the new KL Sentral
Station. It remains a landmark and the
refurbished Heritage Hotel is still open for
business. Across the road, the Malaysian
Railway administrative building is also a
breathtaking architectural showpiece
• G5

Petrosains, The Discovery Centre

03-2331 8181 • 📍 KLCC • Petronas Twin
Towers, Level 4 Suria KLCC • Focusing on

Malaysia's oil and gas industry, it offers
an interactive approach to learning.
It takes you through a unique voyage
of discovery of science. • Opens daily
9.30am to 6pm. Last admission 4.30pm.
Closed on Monday • D8

Royal Selangor Visitor's Centre

03-4145 6000 • 4, Jalan Usahawan Enam,
Setapak Jaya • Located 15 minutes from
the city centre, the Royal Selangor which
is internationally known for its fine designs
and craftsmanship, offers a complete
visitor experience, enabling them to see,
hear, touch and learn how pewter is
made. • Opens daily from 9am-5pm.

Royal Selangor Club

03-2692 7166 • 📍 Masjid Jamek • Jalan
Raja • Once nicknamed 'The Spotted
Dog' during the colonial days, this club
which features Mock Tudor architecture,
is one of the oldest membership clubs
in KL. • E5

Thean Hou Temple

03-2274 7088 • 65 Persiaran Endah, off
Jalan Syed Putra • A beautiful blend of
Chinese and contemporary architecture,
this is one of the largest and most ornate
Buddhist temples in the region and a
venue for major religious festivals. Also

check out the herbs garden, wishing well and souvenir stall • Opens 9am to 9pm daily.

Museums

Asian Arts Museum Universiti Malaya

03-7967 3805 • Uni. of Malaya • A unique collection of Asian art & sculptures, ceramics, including Islamic & Malay art and textiles • Opens Mon - Sat. Closed on Sunday & public hols.

Bank Negara Money Museum

03-2698 8044 • Bank Negara Bandaraya • Block A, Bank Negara Malaysia, Jalan Dato' Onn • A repository for Malaysia's numismatic heritage, the museum displays an impressive collection of coins, bank notes, barter trade currencies & traces the evolution of the Malaysian currency • Opens Mon-Sat. Closed on Sunday • E5

Forest Research Institute Malaysia

03-62797 000 • Kepong • Located within the 1,500 hectares of natural land reserve, the institute showcases Malaysia's rich forest heritage. • Opens 8am-4pm, Fri 9am- 12pm.

Heritage Centre

03-2144 9273 • 2 Jln Stonor • Showcases Malaysia's architectural heritage, the centre also conducts 2 guided tours a day (11am & 3pm) of the Rumah Penghulu or Village Head's abode which has been furnished to reflect a house in the early thirties • E10

Islamic Arts Museum

03-2274 2020 • Jalan Lembah Perdana • Opened in 1998, the museum focuses on the rich diversity of Islamic arts and culture. Miniature replicas of Taj Mahal and other Islamic architectural wonders are on display • Tickets at RM12 (adults), RM6 (under 18, students & senior citizens) • Opens 10am to 6pm daily. • G4

Maybank Numismatic Museum

03-2070 8833 • Plaza Rakyat • Menara Maybank, 100 Jalan Tun Perak, KL • A fascinating display of coins dating back to the early history of the Malay Sultanate. • Open 10am-6pm daily • F6

Museum Orang Asli

03-6189 2122 • Km 24 Gombak • Displays a collection of over 3,000 artifacts showcasing the history, culture & lifestyle of indigenous tribes of Peninsular Malaysia. • Opens 9am-5pm. Closed Fri. FREE

National Museum

03-2282 6255 • 29 Jalan Raja • Displays a unique permanent collection of artifacts and materials showcasing the history and heritage of Malaysia • Opens 9am to 6pm daily • Admission RM1. Free for <12 yrs & students

ARTS & CULTURE

National Library

03-2687 1700 • 232 Jalan Tun Razak • This 7-storey building which blends traditional design with modern architectural elements houses more than 1.5 million books, some of them extremely rare. • Opens daily except Monday • A8 FREE

Galeri Petronas

03-2051 7770 • KLCC • Level 3 Suria KLCC. • Exhibits artworks by local and international artists. • Opens 10am to 8pm. Closed on Monday. • D8 FREE

National Theatre (Istana Budaya)

03-4026 5555 • Jalan Tun Razak • Designed by Malaysian architect Muhammad Kamar Ya'akub, this

modern theatre is one of the world's most sophisticated theatres with state-of-the-art stage equipment. It holds drama, dance and musical performances regularly. • A7

Petronas Philharmonic Hall

03-2051 7008 • KLCC • Located within the Petronas Twin Towers, it is home to the Malaysian Philharmonic Orchestra and the National Choir. It features performances of highest quality by visiting orchestras and world-renowned soloists, besides performances by the MPO which now ranks among the top orchestras in the region • D8

OTHER FUN-TASTIC THRILLS & SPILLS

Cruises

03-3101 1313 • Star Cruises, Pulau Indah, Klang

Casino

03-2718 1118 • Genting Highlands Hotel

D'Paradise

063, Jalan Solok Uban, Kampung Brisu, Lubok China, 78100 Melaka. 06-552 8010/0611 (Resort), 03-4256 0381 (KL Sales Office) www.d-paradise.com.my

Flying

03-2141 1934 • Royal Selangor Flying Club

Horse Racing

03-9058 3888 • Selangor Turf Club, Jln Sungai Besi

Horse Riding

03-4256 4531 • Royal Selangor Polo Club, Jln Ampang Hill

03-9058 3888 • STC Equestrian Centre, Jln Kuda Emas

03-209 35211 • Bukit Kiara Equestrian Club, Jln Bukit Kiara, Kuala Lumpur

Theme Parks

03-288 8888 • Colmar Tropicale, Bkt Tinggi

03-71188338 • Desa Water Park, Tmn Desa

03-8942 5010 • Genting Resort

03-8942 8942 • The Mines Wonderland



KL Lifestyle Art Space, Bangsar

150, Jalan Maarof, Bukit Bandaraya, 59100 Kuala Lumpur, MALAYSIA
For Enquiries Call : +6019 333 7668
Opening Hours: 10am to 7pm daily



University of Malaya Art Gallery (UMAG)

Tingkat 5, Bangunan Canseleri, Universiti Malaya, Petaling Jaya
Tel: 03-79671061
Opening Hours: 9.00am to 4.00pm
Closed on: Saturday and Sunday



Bank Negara Malaysia Museum and Art Gallery Sasana Kijang

No. 2, Jalan Dato Onn, 50480 Kuala Lumpur
Opening Hours: 10am to 6pm daily
For Enquiries Call: +603-9179 2742



Galeri Tenaga

Wisma TNB, Jalan Timur, Petaling Jaya
Tel : +603-2296 5566
Fax : +603-2282 3274
Opening Hours:
Monday – Friday : 10 am – 3 pm.

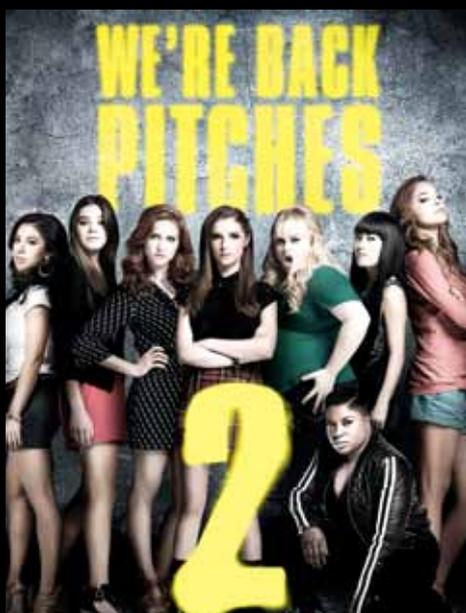
PITCH PERFECT 2

Directed by Elizabeth Banks, this movie is a sequel to the 2012 musical comedy that follows Fat Amy and Beca through their senior year at Barden University. "Pitch Perfect" is adapted from Mickey Rapkin's non-fiction book titled "Pitch Perfect: The Quest For Collegiate A Cappella Glory".

Cast: Anna Kendrick, Elizabeth Banks, Hailee Steinfeld, Brittany Snow, Alexis Knapp.

Genre: Comedy / Musical

Release Date: 14 May 2015



THE AGE OF ADALINE

Adaline Bowman is a 29-year-old woman who has remained the same age for eight decades. Due to her circumstances, she never allows anyone to get close to her or even lets herself get close to anyone because she is scared that her secret will be exposed. Everything changes when she meets a charismatic philanthropist named Ellis Jones, who reignites her passion for life and romance to the point that she is willing to give up her immortality.

Cast: Blake Lively, Harrison Ford, Michiel Huisman, Amanda Crew.

Genre: Drama / Romance

Release Date: 14 May 2015

MAD MAX: FURY ROAD

In a distant apocalyptic future, humankind has lost all hopes and the planet is nothing but a stark desert where everyone would do whatever it takes to survive. In order to save Earth and prevent bloodshed of innocent people, it is up to Max and Furiosa, two on-the-run rebels who may be the ones who can set things right.

Cast: Tom Hardy, Charlize Theron, Nicholas Hoult, Zoe Kravitz.

Genre: Action / Adventure / Thriller

Release Date: 14 May 2015





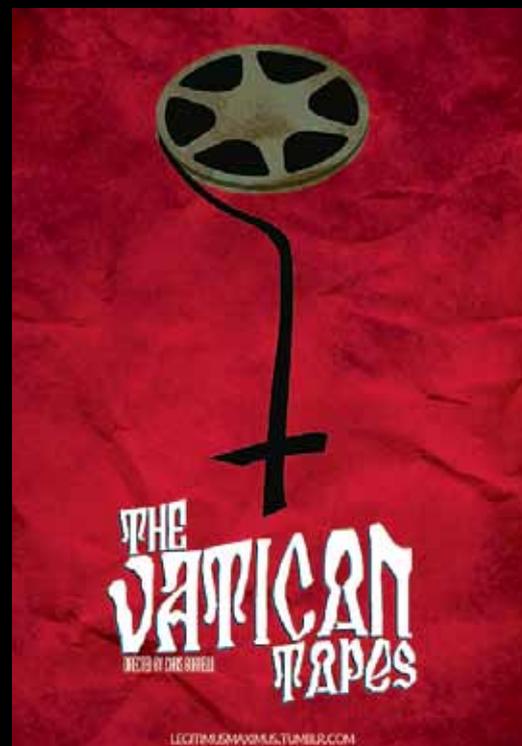
BIG GAME

This action movie is about the President of the United States, who gets stranded in the middle of a forest when his Air Force One is attacked and crashed. The president meets Oskari, a 13-year-old boy out to prove himself as a hunter. The two team up in order to escape from the assassins who are closing in to capture their own "big game" prize, the president himself.

Cast: Samuel L. Jackson, Ray Stevenson, Victor Garber, Felicity Huffman.

Genre: Action / Adventure

Release Date: 21 May 2015



THE VATICAN TAPES

When a mysterious video tape is accidentally leaked, everything turns wrong as the tape reveals the awry and twisted Vatican exorcism of 27-year-old Angela Holmes. She was an ordinary girl who began to have a devastating effect on anyone close to her, causing serious injury and death. The local priest, Father Lozano, examined Holmes and believed she was possessed, but when Vicar Imani and Cardinal Bruun were called from the Vatican to exorcise the demon, it proved to be an ancient satanic force more powerful than they imagined.

Cast: Djimon Hounsou, Dougray Scott, Kathleen Robertson, Michael Pena.

Genre: Thriller / Horror

Release Date: 21 May 2015



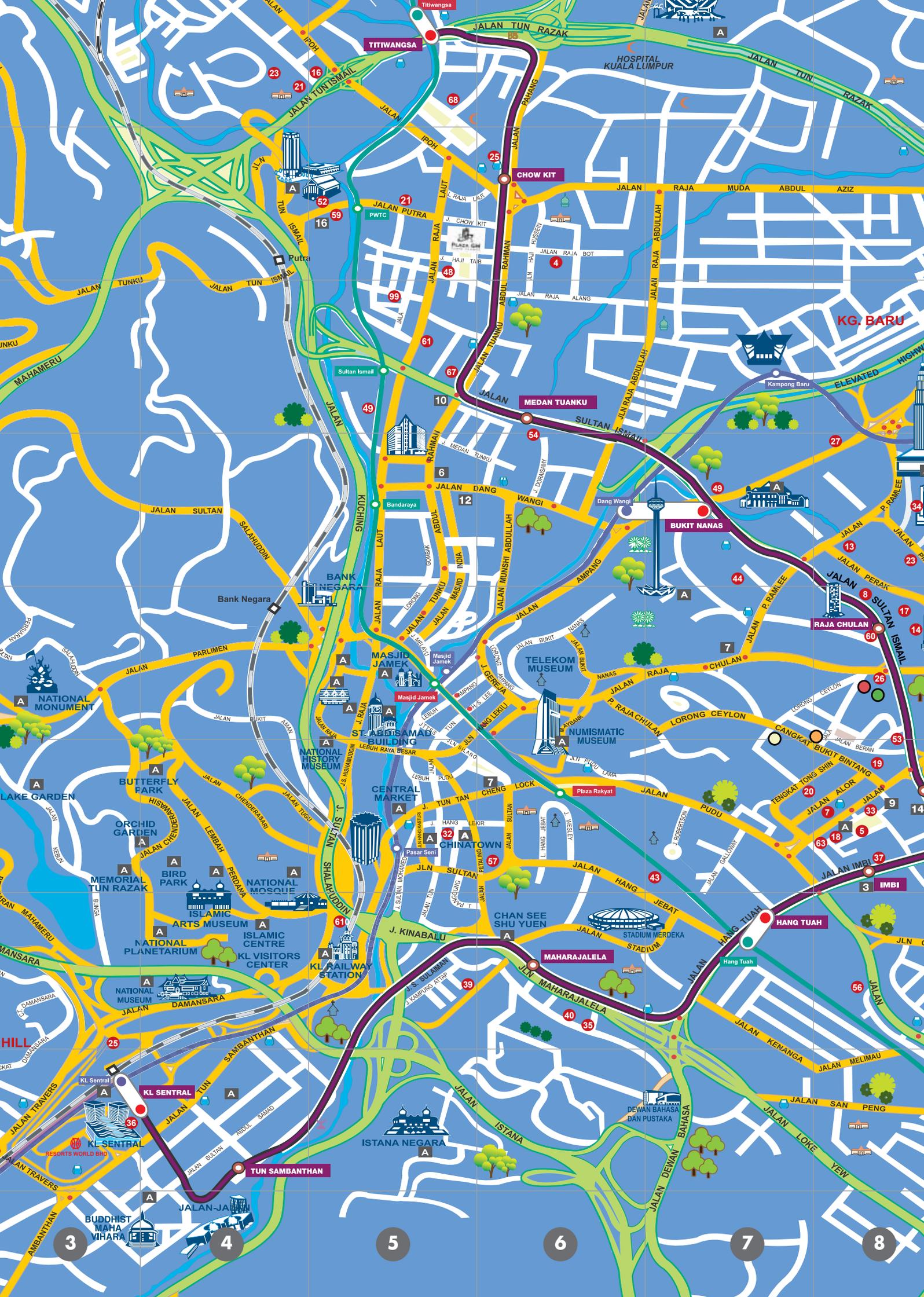
TOMORROWLAND

A teenage girl, a genius middle-aged man who was banished from Tomorrowland, and a pre-pubescent girl robot attempt to get to and unravel what happened to Tomorrowland in order to save Earth. The titular place exists in an alternative dimension, and is where science has blown past the world we live in. When Frank Walker was a young man, he first encountered the promise of Tomorrowland at the 1964 World's Fair. David Nix was there, showing off his own work, and he told Walker to come back when he was older and his inventions actually worked. A girl named Athena saw great promise in 11-year-old Frank, though, and she snuck him into Tomorrowland. Eventually, Frank was discovered by Nix and thrown out.

Cast: George Clooney, Hugh Laurie, Britt Robertson, Tim McGraw, Judy Greer.

Genre: Science Fiction / Mystery

Release Date: 21 May 2015



TITIWANGSA

JALAN TUN RAZAK

HOSPITAL KUALA LUMPUR

Putra

CHOW KIT

JALAN RAJA MUDA ABDUL AZIZ

KG. BARU

Sultan Ismail

MEDAN TUANKU

JALAN RAJA ABDULLAH

BUKIT NANAS

Bank Negara

BANK NEGARA

TELEKOM MUSEUM

JALAN RAJA CHULAN

NATIONAL MONUMENT

MASJID JAMEK

NUMISMATIC MUSEUM

JALAN PERAK

BUTTERFLY PARK

NATIONAL HISTORY MUSEUM

CHINA TOWN

JALAN IMBI

ORCHID GARDEN

CENTRAL MARKET

CHAN SEE SHU YUEN

JALAN HANG TUAH

MEMORIAL TUN RAZAK

KL RAILWAY STATION

MAHARAJALELA

JALAN HANG TUAH

NATIONAL MUSEUM

ISTANA NEGARA

STADIUM MERDEKA

JALAN KENANGA

KL SENTRAL

JALAN SULTAN

STADIUM

JALAN SAN PENG

KL SENTRAL

JALAN SULTAN

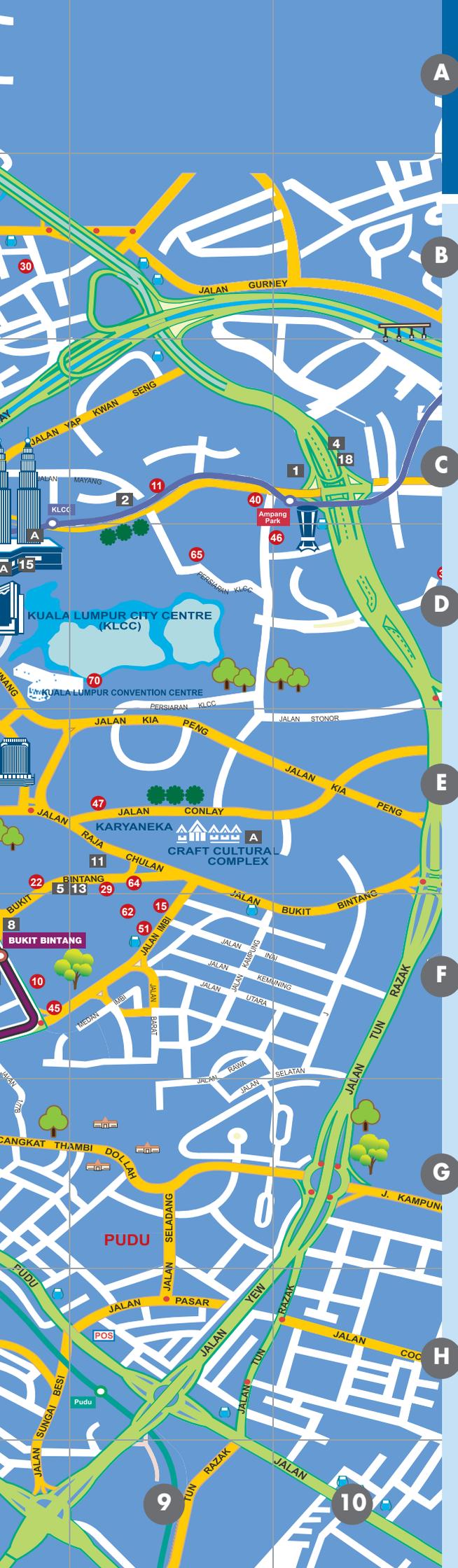
DEWAN BAHASA DAN PUSTAKA

JALAN LOKE YEW

Buddhist Maha Vihara

JALAN SULTAN

EXPLORE KUALA LUMPUR

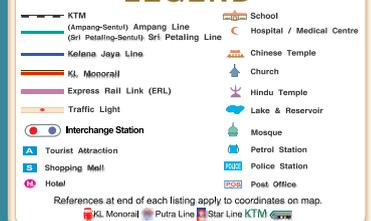


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|---|---|--|
| <p>1 Agora Hotel
Tel: 2142 8133 F8</p> <p>2 Alpha Genesis Hotel
Tel: 2142 6868 F7</p> <p>3 Berjaya Times Square Hotel & Convention Centre
Tel: 2117 8000 F8</p> <p>4 Brisdale International Hotel
Tel: 2694 8833 B6</p> <p>5 Capitol Hotel
Tel: 22143 7000 F8</p> <p>6 Carcosa Seri Negara
Tel: 2282 1888 F8</p> <p>7 Cardogan Hotel
Tel: 2144 4883 F8</p> <p>8 Concorde Hotel
Tel: 2144 2200 D7</p> <p>9 Corona Inn
Tel: 2144 3888 F7</p> <p>10 Coronade Hotel
Tel: 2148 6888 F8</p> <p>11 Corus Hotel
Tel: 2161 8888 C9</p> <p>12 Doubletree Hilton Kuala Lumpur
Tel: 2172 7272 C10</p> <p>13 Crown Regency Hotel
Tel: 2162 3888 D8</p> <p>14 Crowne Plaza Kuala Lumpur
Tel: 2148 2322 E8</p> <p>15 Dorsett Regency Hotel
Tel: 2715 1000 F9</p> <p>16 Dynasty Hotel
Tel: 4043 7777 A4</p> <p>17 Equatorial Hotel
Tel: 2161 7777 E8</p> <p>18 Federal Hotel
Tel: 2148 9166 F8</p> <p>19 Fortuna Hotel
Tel: 2141 9111 F8</p> <p>20 Grand Central Hotel
Tel: 4041 3011 B5</p> <p>21 Grand Continental Hotel
Tel: 2693 9333 C5</p> <p>22 Grand Millenium KL
Tel: 2141 8000 E8</p> <p>23 Grand Pacific Hotel
Tel: 4042 2177 A5</p> <p>24 Grand Seasons Hotel
Tel: 2697 8888 B6</p> | <p>25 Hilton KL
Tel: 2264 2264 G3</p> <p>26 Hotel Istana
Tel: 2141 9988 E8</p> <p>27 Hotel Maya Kuala Lumpur
Tel: 2711 8866 D8</p> <p>28 Impiana KLCC Hotel & Spa
Tel: 2147 1111 D8</p> <p>29 JW Marriott Hotel
Tel: 2715 9000 E9</p> <p>30 Kuala Lumpur International Hotel
Tel: 2697 8833 B6</p> <p>31 Le Meridien KL
Tel: 2263 7888 G3</p> <p>32 Malaya Hotel
Tel: 2072 772 F5</p> <p>33 Malaysia Hotel
Tel: 2142 8033 F8</p> <p>34 Mandarin Oriental Hotel
Tel: 2380 8888 G6</p> <p>35 Mandarin Court Hotel
Tel: 2273 9933 G6</p> <p>36 Maradian Oriental Hotel
Tel: 2380 8888 D8</p> <p>37 Melia Kuala Lumpur
Tel: 2785 2828 F8</p> <p>38 Micasa All Suite Hotel
Tel: 2179 8000 D10</p> <p>39 Midah Hotel KL
Tel: 2273 9999 G5</p> <p>40 Mirama Hotel
Tel: 2148 9122 G6</p> <p>41 InterContinental KL
Tel: 2161 1111 C9</p> <p>42 Novotel Kuala Lumpur City Centre
Tel: 2147 0888 E8</p> <p>43 Olympic Sports Hotel
Tel: 2078 7888 F7</p> <p>44 Pacific Regency Hotel Suite
Tel: 2332 7777 D7</p> <p>45 Parkroyal Kuala Lumpur
Tel: 2147 0088 F8</p> <p>46 PNB Darby Park Executive Suites
Tel: 7490 3333 D10</p> <p>47 Prince Hotel & Residence Kuala Lumpur
Tel: 2170 8888 D10</p> | <p>48 Quality Hotel
Tel: 2693 9233 C5</p> <p>49 Renaissance Kuala Lumpur Hotel
Tel: 2162 2233 D7</p> <p>50 Residence Hotel
Tel: 2693 3333 C5</p> <p>51 Ritz-Carlton Kuala Lumpur Hotel
Tel: 2142 8000 F9</p> <p>52 Seri Pacific Kuala Lumpur
Tel: 4042 5555 B5</p> <p>53 Shangri-La Hotel
Tel: 2032 2388 D7</p> <p>54 Sheraton Imperial
Tel: 2717 9900 D6</p> <p>55 Stanford Hotel
Tel: 2691 9833 B6</p> <p>56 Swiss Garden Hotel
Tel: 2141 3333 F7</p> <p>57 Swiss Inn Hotel
Tel: 2072 3333 G6</p> <p>58 The Heritage Station Hotel
Tel: 2273 5588 G5</p> <p>59 The Legend Hotel
Tel: 4042 9888 B5</p> <p>60 The Lodge
Tel: 2142 0122 E8</p> <p>61 The Plaza Hotel
Tel: 2698 2255 C5</p> <p>62 The Ritz-Carlton Residences
Tel: 2142 9000 F9</p> <p>63 The Royale Bintang
Tel: 2143 8000 F8</p> <p>64 The Westin KL
Tel: 2731 8333 E9</p> <p>65 The Zon All Suites Residences on the Park
Tel: 2164 8000 C9</p> <p>66 Traders Hotel
Tel: 2332 9888 D8</p> <p>67 Tune Hotels.com
Tel: 7692 5888 C5</p> <p>68 Vistana Hotel
Tel 4042 80000 A5</p> |
|---|---|--|

Shopping Malls:

- | | | |
|---|--|---|
| <p>1. Ampang Park
Tel: 03-2161 7006 C10</p> <p>2. Avenue K
Tel: 03-2166 7888 C9</p> <p>3. Berjaya Times Square
Tel: 1-300-888-988 E9</p> <p>4. City Square
Tel: 03-2162 1566 C10</p> <p>5. KL Sogo
Tel: 03- 2698 2111 D5</p> <p>6. Kompleks Kotaraya
Tel: 03-2072 2562 F6</p> <p>7. Lot 10
Tel: 03-2141 0500 F8</p> | <p>8. Low Yat Plaza
Tel: 03-2162 1176 F8</p> <p>9. Maju Junction
Tel: 03-2772 8550 C5</p> <p>10. Pertama Complex
Tel: 03-2691 6599 D5</p> <p>11. Starhill Gallery
Tel: 03-2148 1000 F8</p> <p>12. Sungei Wang Plaza
Tel: 03-2148 6109 F8</p> <p>13. Suria KLCC
Tel: 03-2382 2828 D8</p> <p>14. The Mall
Tel: 03-4042 7122 B5</p> | <p>15. The Weld
Tel: 03-2162 3580 E9</p> <p>16. Yow Chuan Plaza
Tel: 03-2142 9701 C10</p> |
|---|--|---|

LEGEND



Getting around in Kuala Lumpur is easy. The transit systems are efficient, taxis are plenty and buses are cheap. The public transportation usage peak hours are from 7am to 9am and 4.30pm to 6.30pm during the working days.

By Transit systems

The KL monorail and LRT coaches are air-conditioned and comfortable and run from 6am to midnight. The systems are connected to each other at several points and the network covers most parts of the city. Fares range from RM0.70 to RM2.80 per single journey.

By Taxis

Taxis are easily available at hotels or at taxi stands. Fares start at RM3 for the first kilometre and RM0.10 for every 115 metres thereon. There is a 50% surcharge on the metered fare from midnight to 6am and a baggage charge of RM1 per piece stored in the boot. There is also an additional RM1 for 3rd passenger (maximum 4 in a car). For an extra charge of RM2, you can book a taxi by phone.

By Ecovans

Ecovans can accommodate up to 5 passengers. They serve mainly guests at major hotels and follow the fare structure of taxis but charge RM4 instead of RM2 for the first kilometre.

By Buses

Buses serve all parts of Kuala Lumpur with fares beginning from RM1. Some hotels also offer free bus shuttle services to major shopping malls in the city.

KL Hop-on/Hop-off Bus Service

Links you to 40 attractions around the city with 22 designated stops. 8.30am to 8.30pm. Ticket: RM38 with discounts for locals, senior citizens, students and children. 03-2691 1382

Getting to the Airport

KLIA Ekspres: The journey takes about 30 minutes from KL Sentral and the fare is RM35 per person per way. There is also check-in facility at KL Sentral for some airlines.

Taxi: The fare from the city centre to the airport is RM60 – RM90 per taxi.

Eco Transit: Eco Transit can accommodate up to 5 adults and has a fixed fare of RM130/ trip.

Limousine: Can be arranged with the hotel concierge and fare range from RM100 – RM200.

Coaches To KLIA and/or LCCT

The 1-hour journey costs between RM9 and RM25 per person.

- Airport Coach - 03-8787 3894
- Sky Bus - 03-6201 2742
- Aerobus - 017-363 3255
- The Star Shuttle - 03-4043 8811

RAIL TRANSIT NETWORK OF KUALA LUMPUR



Transportation

Air Travel

- **KL International Airport Sepang** 03-8776 2000
- **LCC Terminal - KLIA** 03-8777 8888
- **Domestic Airport - Subang** 03-7846 7777
- **KL CAT (City Air Terminal)** 03-2267 8000
- **Domestic Airlines**
- **MAS** 03-7843 3000
- **MAS Reservation Number** 1 300 88 3000
- **AirAsia** 03-8775 4000
- **Berjaya Air** 03-7846 8228
- **FireFly** 03-7845 4543
- **Fly Asian Xpress (fax)** 03-8660 4343

Rail

- **KL Sentral** 03-2274 7435
- **KLIA Ekspres** 03-2267 8000
- **KTM** 03-2267 1200
- **Rapid KL** 03-7625 6999
- **KL Monorail** 03-2273 1888

Car Rental

- **Apex** 03-2142 1926
- **Avis** 03-2142 0166
- **Orix** 03-2142 3009
- **Hertz** 03-2148 6433
- **Mayflower** 03-2279 1188
- **Sintat** 03-2145 7988

Taxis

- **Radio Cab** 03-9221 7600
- **Airport Limo Meet & Greet** 03-8787 3678
- **Saujana Cab** 03-2162 8888
- **Comfort Taxi** 03-8024 2727
- **Eco Transit** 03-5512 2266
- **Supercab** 03-7805 5333
- **Outstation Taxi** 03-2078 0213

Emergency Services

- **KL Tourist Police (24 hours)** 03-2166 8322
- **Police & Ambulance** 999 or 112 (mobile phones)
- **Fire & Rescue** 994
- **KL City Council** 03-2691 6011

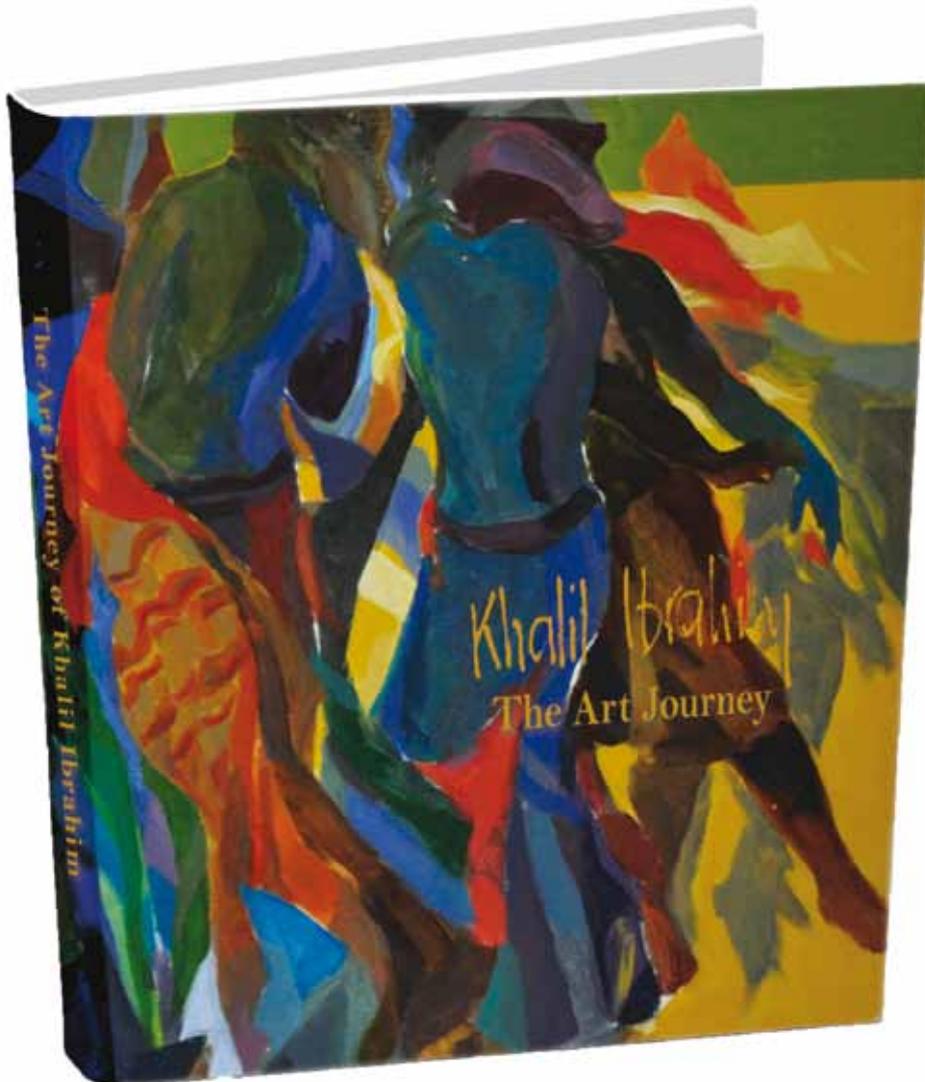
Tourism Offices

- **Malaysia** 1-300-88-5050
- **Tourism Centre (24-hour)** 03-2164 3929
- **Kuala Lumpur** 03-2693 6661
- **Penang** 04-261 9067
- **Johor** 07-222 3591
- **Terengganu** 09-622 1433
- **Sabah** 088-248 698
- **Sarawak** 082-246 575
- **Kedah** 04-731 2311
- **Pahang** 09-747 7520

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A Retrospective Exhibition & Coffee Table Book Launch

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<p>1st - 4th PERRIER JOUET CHAMPAGNE A unique signature style, always elegant and full of finesse. Try it and feel the difference.</p> 	<p>2nd - 3rd BLUE ELEPHANT COOKING DEMO Learn how to cook Royal Thai Cuisine at these exclusive cooking demos. 12.00pm & 3.00pm</p> 	<p>2nd MONTGRAS Wine tasting 2.00pm - 5.00pm</p> 	<p>9th POLIGNAC VSOP, XO ROYALE TASTING 2.00pm - 7.00pm</p> 
<p>15th THRILL OF THE CHEESE Cheese lovers...there's no better time or place to try rare and delectable cheeses from around the world! 11.00am - 6.00pm</p> 	<p>8th - 9th Love ice-cream? Come to Baskin Robbins ice-cream roadshow.</p> 	<p>10th MOTHERS DAY SPECIAL Roses especially for the 1st 100 mothers! Chocolate Making demo and tasting by professional pastry chef. 12.30pm - 2.30pm</p> 	<p>16th Japanese Mushroom cooking demo by Chef Jean Michel. 2.30pm</p> 
<p>22nd THREE OAKS CIDER & LEMON ED Launch & Sampling 11.00am - 5.00pm</p> 	<p>WOLF BLOSSOM 22nd - 24th 22nd - 23rd INTRODUCTION TO WOLF BLOSSOM 24th Blend it like Blossom 24th Launch of Exclusive Wolf Blossom Wine *Terms & Conditions Apply</p> 		
<p>HAPPY BIRTHDAY JASONS! Come celebrate with us!</p> 	<p>30th - 31st CRAFT BEER AND CIDER SAMPLING</p> 	<p>PWP Spend RM150 at Jasons Food Hall from 1st to 31st May and get an exclusive shopping trolley for just RM20!*</p>  <p>*While stocks last</p>	
<p>30th COTES DU RHONE PREMIUM WINE SAMPLING Synonymous for its great value red wines with rich and fruity appeal. Try it for yourself. 11.00am - 6.00pm</p> 	<p>31st BOURGONDY DAY Sample the best Bourgondy has to offer. 11.00am - 6.00pm</p> 		

Lot No. G1, Ground Floor, Bangsar Shopping Centre, 285, Jalan Maarof, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur, Malaysia

| T | +603-2094 2900 | F | +603-2284 6716



www.jasonsfoodhall.com.my

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